



Stuttgart Community Leaders Information Forum (CLIF) 10 September 2025



WE ARE THE ARMY'S HOME



Take Away Packet Table of Contents ★ ★



As of 10 September 2025

U.S. ARMY USAG Stuttgart CLIF - September 2025

Take Away Packet Table of Contents

- USAG Stuttgart App
- Interactive Customer Evaluation (ICE)
- **PAO** - My Army Post App
- **DFMWR** - Events Flyers
- **Exchange** - **September** Stuttgart Food Truck Schedule / Sensory Friendly / Dunkin Donuts, Panzer Street Market, Subway Hiring & Source List Application
- **DHR** - ASAP Newsletter, ASAP Upcoming Events / EAP QR Code Flyer
- **DPW** - Construction Update
- **Red Cross** - Mindful Movement, Class Schedule, OCONUS Emergency Assistance Travel Grant
- **Special Topic**: Garrison Communication Venues / Private Organizations and Home-Based Businesses (HBB) (see read ahead slide deck).

Have questions?
Use the CLIF
email:

usarmy.stuttgart.id-europe.mbx.dptms-operation@army.mil

Need previous
information? Use
the CLIF website:

<https://www.stuttgartciti zen.com/community-leaders-information-forum-clif/>



USAG STUTTGART APP



Interactive Customer Evaluation (ICE)

- We want your feedback on Garrison services - use ICE!
 - *Happy with the service you received? We want to hear from you.*
 - Your feedback helps us to recognize those garrison and mission partner professionals who are giving their all to support the Stuttgart community and reinforces what we are doing well.
 - *Have an improvement suggestion? We want to hear from you.*
 - Your input helps us to improve, solve problems, and focus on areas that would have otherwise gone unnoticed.



- *You Have a Voice!*
- <https://ice.disa.mil>



CLIF Survey via ICE

-



We would appreciate your feedback specifically on the CLIF via ICE

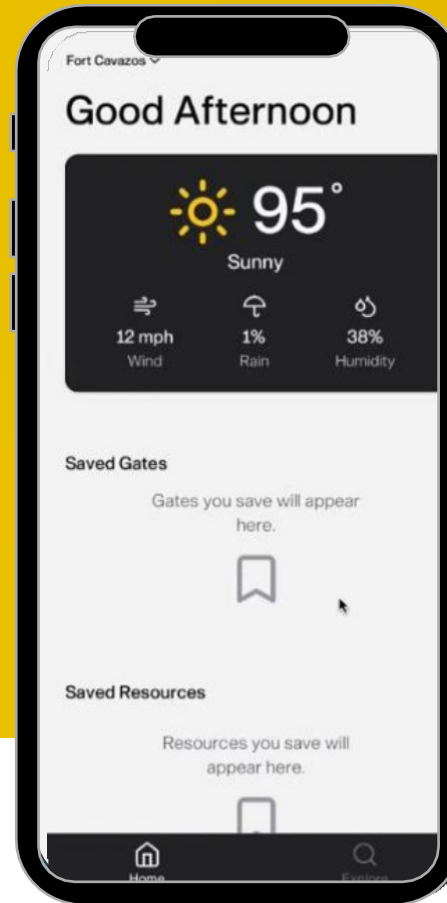
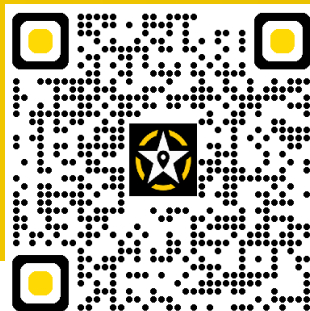
- Your input is important to the future of the CLIF events, and we have created a specific ICE survey on CLIFs.
- Just scan the below QR code to provide us your input to the CLIF.



My Army Post App

Coming soon! **• Stay the know!**

- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources



Garrison Public Affairs
usarmy.stuttgart.id-europe.list.pao@army.mil



WE ARE THE ARMY'S HOME





Harvest Fest

ENJOY OUR ANNUAL
FALL FESTIVAL OF FUN!

 **Saturday,
September 20**

 **10 a.m. - 2 p.m.**

 **Panzer Parade Field**

 
No federal endorsement implied.



STUTTART.ARMYMWR.COM

CYS Parent Central Services
Bldg. 2347, Patch Barracks
DSN: 596-7480/7467/7483/7488
CIV: 09641-70-596-7480/7467/7483/7488



FALL BAZAAR

**Over
60
European
Vendors**

**Cheese
Wine
Antiques
Furniture
Crafts
Pottery
Rugs &
Much more**

Sept. 26 & 27 | Sept. 28
10 a.m. - 7 p.m. | 10 a.m. - 4 p.m.

**Panzer Kaserne
Parade Field & Fitness Center**

**Open to: ID Card Holders with an
Approved NATO SOFA Status.**

No federal endorsement implied.



Scan the QR Code for
complete info.



Only Credit Cards Accepted. Event is Cashless.



WE ARE THE ARMY'S HOME





**CYS SKIES
PRESENTS**

**GET READY FOR HIGH
ENERGY ALL-OUT FUN!**
THIS WORKSHOP WILL CHANGE YOUR LIFE.

**OCT. 3-5
STUTTGART HIGH SCHOOL**

- Panzer Kaserne -

FRI. 4:30-6:30 P.M. Workshop

SAT. 8 A.M.-5 P.M. Workshop

SUN. 9-11 A.M. Rehearsal

SUN. 5-7 P.M Showtime

Times are subject to change.

- 3-day intensive musical and performing arts workshop for youth.
- Learn to create and perform a live musical concert.
- Learn music, dance styles, lighting, staging, costumes, and props.
- Children and youth ages 7-18.

Register via WebTrac, phone
or Parent Central Services by COB Oct. 3

STUTTGART.ARMYMWR.COM

HEART
GLOBAL
IS COMING BACK TO
USAG STUTTGART!



WE ARE THE ARMY'S HOME





JOIN US FOR OUR HALLOWEEN THEMED 5K FUN RUN AND WALK

Oct. 18 9 a.m.
Swabian Community Activity Center
Patch Barracks

**SHIRTS
AVAILABLE**
for \$15 while
supplies last

- Stroller, child, and pet-friendly course
- Sorry, no bicycles, skateboards or scooters

**PET
COSTUME
CONTEST***

No federal endorsement implied



BAVARIAN
Motor Cars GmbH



Bib pick-up and same day registration: Oct. 18 from 7:30-8:30 a.m. Swabian Community Activity Center

Register at any Fitness Center and WebTrac Sep. 22 - Oct. 15
\$10 no medal / \$15 with medal Same Day - \$15 no medal / \$20 with medal

*in collaboration with
Family Advocacy Program for
Domestic Violence Awareness Month



STUTTGART.ARMYMWR.COM

All Stuttgart Fitness Centers
Panzer, Patch, Robinson and Kelley
DSN: 596-7136
CIV: 09641-70-596-7136



WE ARE THE ARMY'S HOME





PARENT ADVISORY COMMITTEE (PAC) MEETING

2 0 2 5

📍 MS TEAMS

Quarterly Parent Advisory Committee (PAC) Meetings are open to all USAG Stuttgart Families with an interest in Child and Youth Services Programs to include full day care, part-day preschool and Strong Beginnings programs, School Age Care (school year and summer programs), Youth Programs (middle and high school), sports and SKIES.

SEP. 10, 12 PM

NOV. 5, 12 PM

Representatives from each program will attend the PAC meetings hosted by Parent & Outreach Services to share upcoming events/activities, friendly reminders and the highlights of the previous quarter.

[STUTTGART.ARMYMWR.COM](https://stuttgart.armymwr.com)



WE ARE THE ARMY'S HOME



CYS Teen BOWLING PROGRAM

FRIDAYS
3:15 P.M.
5:00 P.M.

This program offers a fantastic opportunity for participants to enhance their bowling skills, socialize, and engage in friendly competition.



No fee for participation.



Open to registered CYS youth with a current MST pass.

Contact Panzer Youth Center to register



STUTTART.ARMYMWR.COM



WE ARE THE ARMY'S HOME



 Galaxy Bowling & Entertainment Center

BOWL WITH YOUR STUDENTS!

 School Year 2025-2026

- Bring your students to enjoy 90 minutes of bowling to include shoes and a FREE game of bowling for future use!
- Teachers bowl free with students!

**\$10 PER
STUDENT**



STUTTGART.ARMYMWR.COM



WE ARE THE ARMY'S HOME



WOODWORKING 101

at Kelley Arts and Crafts Center



Class meets 5-8 p.m. on
four consecutive Thursdays.

Class dates for 2025 are:

- Sep. 4, 11, 18, 25
- Nov. 20, 27 Dec. 4, 11

Price: **\$150**



STUTTART.ARMYMWR.COM



WE ARE THE ARMY'S HOME



GET GOLF READY

PART-2 GROUP GOLF LESSONS

LEARN A SPORT WHICH CAN BE
PLAYED FOR A LIFETIME!



PRICE:
\$100

per person,
for ages 15 and
above.

Dates / Time:

Session 1: Aug. 12-14 6 - 7:30 p.m.

Session 2: Aug. 26-28 6 - 7:30 p.m.

Session 3: Sept. 9-11 6 - 7:30 p.m.

Session 4: Oct. 7-9 5:30 - 7 p.m.

Advanced Session (Must have participated in GGR-1):

Session 1: Aug. 12-14 6 - 7:30 p.m.

Session 2: Aug. 26-28 6 - 7:30 p.m.

Program is intended to introduce adults to the game of golf in a fast, fun and gratifying way, and get them closer to playing on the course. Meet new people, enjoy the outdoors and learn a sport which can be played for a lifetime!

Each session is a series of three 90-minute lessons, conducted by a PGA Associate Teaching Professional. Class includes range balls and clubs.

- ▶ Deadline to register is 5 p.m. on Saturday before each session.
- ▶ Minimum of 4 participants, maximum of 10.
- ▶ At least 4 must be paid by the entry deadline for the class to be conducted.
- ▶ If a class is canceled due to not meeting the minimum number of participants, a full refund will be issued.
- ▶ Additional classes can be added or customized for your group of 4-10.

STUTTGART.ARMYMWR.COM



Schloss Solitude

 **Sep.13**

Price: **\$35** Per Person includes bike, helmet, lock, and tour guide

**Call or stop by
Outdoor Recreation to register**



STUTTGART.ARMYMWR.COM



WE ARE THE ARMY'S HOME



SEPT.
20

WILHELMMA ZOO



PRICE:

- ✓ \$35 per person – includes bike, helmet, lock, and tour guide
- ✓ FREE for participants with their own bikes (registration still required)
- ✓ Zoo Entry Fee: €23 Adults | €9 Children
- ✓ Train Ticket (Zacke U10): €4



MEET UP LOCATION- KELLEY BARRACKS

Call Outdoor Recreation or
stop by our office to register



U.S. ARMY



STUTT GART.ARMYMWR.COM



WE ARE THE ARMY'S HOME



IMCOM-E COMMUNITY SOCCER TOURNAMENT

 Sep. 19 - 21

 Panzer Turf Field



This tournament is co-hosted between IMCOM-E and USAG Stuttgart

Each Garrison/Community is authorized one team

Each team must be composed of at least 50% Service Members



Register with your local Garrison Sports & Fitness Office.

STUTTGART.ARMYMWR.COM



WE ARE THE ARMY'S HOME



KICKBOXING COACHING

Personalized kickboxing coaching/training.

**Schedule your appointment with
our Kickboxing coach today!**

FOR MORE INFORMATION,
PLEASE CONTACT ANY FITNESS CENTER



STUTTGART.ARMYMWR.COM



WE ARE THE ARMY'S HOME



PERSONAL TRAINING

Our nationally accredited-certified personal trainers are motivated to help you meet all of your fitness and health goals. They will begin by assessing your current fitness levels and help set short- and long-term fitness goals. You will continue by learning proper technique in strength, cardiovascular and flexibility exercises, gain strength and endurance with scientifically based exercise programs and schedules, and ultimately improve body composition through proper nutrition and exercise. Personal training is available for individuals, pairs or small groups.

Register at all Fitness Centers.



Scan for more
information and prices



STUTT GART.ARMYMWR.COM



WE ARE THE ARMY'S HOME





STUTTGART FOOD TRUCK SCHEDULE

SEPTEMBER

PANZER PX			KELLEY BARRACKS -GYM-			J-MALL PATCH BARRACKS			ROBINSON BARRACKS		
WK1	1-7	Hann's Chicken Truck Thio's Inn Greek Gyros	WK1	1-5	Spudz	WK1	1-5 3-4	Chief's American Tex Mex Hilly Billy	WK1		
WK2	8-11 8-14	Hilly Billy Ali Doner	WK2	8-14	Hann's Chicken Truck	WK2	8-12	African Flavor on Wheels Thio's Inn Greek Gyros	WK2		
WK3	15-21	Spudz Thio's Inn Greek Gyros	WK3	15-18	Hilly Billy	WK3	15-19	American Eats BBQ Ali Doner	WK3		
WK4	22-26	American Eats BBQ Chief's American Tex Mex	WK4	22-26	Ali Doner	WK4	22-26	Thio's Inn Greek Gyros	WK4	22-25	Hilly Billy
WK5	29 Sept - 2 Oct	Hilly Billy	WK5	29 Sept - 3 Oct	Thio's Inn Greek Gyros	WK5	29 Sept 3 Oct	Chief's American Tex Mex	WK5	29 Sept - 3 Oct	Spudz
PANZER EXPRESS			KELLEY BARRACKS -THEATER-			PATCH FITNESS CENTER			<div>  <p>START A NEW BUSINESS OR FOODTRUCK</p> <p>Contact us: yyEUEUCOMServices@aafes.com</p> </div>		
WK1			WK1	1-5	African Flavor on Wheels	WK1	1-5	Ali Doner			
WK2	8-12	Spudz	WK2	8-12	American Eats BBQ	WK2	8-12	Chief's American Tex Mex			
WK3			WK3	15-19	Chief's American Tex Mex	WK3	15-19	Hann's Chicken Truck			
WK4			WK4	22-26	Spudz	WK4	22-26	Spudz			
WK5	29 Sept - 3 Oct	Ali Doner	WK5			WK5					

Food Truck Rotation is subject to change based on special events, unit requests, & holidays.

SPECIAL EVENTS:

US Federal Holiday - September 1st



Own a Food Truck & Want to Serve the Stuttgart Community?
Email: yyeuecomservices@aafes.com for more information.



WE ARE THE ARMY'S HOME



Sensory-Friendly Shopping

We're providing a quieter, calmer shopping environment that is more inclusive & sensory-friendly.

Saturday

13 September

07:55 - 08:55 AM

DURING THIS TIME, OUR CUSTOMERS WILL EXPERIENCE:



Dimmed Lighting



No overhead music or announcements



Low beeping sounds at registers



Minimal associate interactions



For more information, please see an associate.



WE ARE THE ARMY'S HOME



**DUNKIN'
DONUTS®**



JOIN OUR TEAM!

Available Positions

**Store Manager
Team Member**

PLEASE SEND YOUR RESUME TO:
c.cociobea@international-systems.de





PANZER
STREET MARKET

Location:
Panzer Exchange-Outside Patio Area

1100-1500

SEPTEMBER 13TH
OCTOBER 11TH
NOVEMBER 15TH
DECEMBER 13TH



WE ARE THE ARMY'S HOME









POSITIONS AVAILABLE

- STORE MANAGER
- TEAM MEMBER

BENEFITS

- €12,90/HR
- PAID SICK LEAVE
- 24 VACATION DAYS PER YEAR
- GERMAN PENSION
- CHILD BENEFITS

SOFA STATUS HOLDERS ELIGIBLE FOR HIRING TOO.

Apply Now

PLEASE CONTACT US AT
**C.COCIOBEA@INTERNATIONAL-
SYSTEMS.DE**



RESILIENCY NEWSLETTER



USAG STUTTGART

CONTACT: DSN 314 596 2530

PANZER KASERNE BLDG. 2948, 2ND FLR

Saying “Yes” to an EAP Supervisor Referral

If your supervisor suggests visiting the Employee Assistance Program (EAP) because of performance, attendance, or a personal concern, don't hesitate. You might think, “I should handle this on my own,” but EAPs exist to make getting help simple, confidential, and effective. EAPs quickly connect you with the right resources—saving time, reducing stress, and preventing procrastination. Every contact is private, free of charge, and focused on getting you the right help. Managing difficulties alone often allows them to grow worse, precipitating a crisis. EA professionals use proven approaches you may not easily find on your own. Employees who use the EAP often wonder why they didn't call sooner, realizing that what once felt overwhelming is now manageable. Saying yes to the EAP means choosing a faster, easier path to solutions with trusted guidance.



Signs of Substance Abuse That Parents Overlook

Early warning signs of teen substance abuse are often subtle, but patterns emerge—and that's the key. Overlooked symptoms include: 1) Insomnia, erratic sleep, or daytime drowsiness dismissed as normal adolescence; 2) Longtime friends abandoned for new groups they won't discuss; 3) Secretive phone use and reluctance to share daily activities; 4) Use of eye drops, heavy cologne, or perfume; 5) Declining grades; 6) Loss of interest in favorite activities; 7) Irritability, anxiety, mood swings, or changes in appearance and hygiene; and 8) Missing money or valuables. Isolated, these signs may seem minor, but together they warrant serious concern. Stay engaged, keep conversations open, and you'll improve the chance for earlier, possibly lifesaving, intervention.



Learn more: www.kenoshacountywi.gov [search “learn more substance abuse”]

Learn to Neutralize Stress Triggers

Learn to manage (neutralize) stress triggers and you will better control your emotional response to them. A diary will help you discover what consistently creates irritability—traffic, a looming deadline, unexpected expenses, or communication challenges with loved ones. Neutralize these triggers by first recognizing your reaction—sudden irritation or resentment; feeling disrespected or dismissed or ignored; feeling judgmental; having an urge to argue, criticize, or withdraw. This self-awareness is half the battle. It allows you to take control of your response more easily. Then discover what works for you: counting to ten, letting go, laughing it off, taking a walk, re-framing, or taking slow breaths. Neutralizing triggers is a life skill that builds resilience. Try it to improve relationships and make work and home life more rewarding.



Healthy Aging Month: Top Regrets Facing Adults as They Age

What do people in their 60s, 70s, and 80s say they wish they had done earlier to improve their health? Research on aging and regret may inspire you to prepare for a healthier future. The following were frequently mentioned: Not taking joint health more seriously, whether through strength training, treating knee or back pain sooner, or maintaining flexibility; not working on balance training and fall prevention; postponing vision or hearing care that resulted in limited driving and social connections; and skipping health screenings—those with diabetes, high blood pressure, or cancers realize such conditions could have been managed if discovered sooner. Commonly cited regrets were neglecting friendships or missing opportunities for gatherings while friends were still active; not preparing one's home for aging-in-place; or not accepting mobility aids sooner, which could have prevented falls and the isolation that followed.



Learn more: pubmed.ncbi.nlm.nih.gov/19711617/

Exercise and Creativity Can Help Ease Financial Stress

Financial stress and the weight of having no immediate solutions can feel crushing. It's easy to think the only answer is "more money." Yet research shows exercise and creative pursuits sharpen focus, boost resilience, and spark problem-solving skills—all of which can indirectly improve financial outlook. Under stress, motivation for these activities often disappears. It feels counterintuitive to focus on them when money problems demand urgent answers, but these very habits can act as catalysts for change. Exercise lowers stress hormones, improves sleep, and sharpens focus, giving you the clarity needed to think strategically about money. Creative pursuits engage problem-solving skills and encourage new perspectives. The bottom line? Don't put your life on hold. Even small steps—ten minutes of movement or another healthy pursuit—can restore a sense of control and momentum. This renewed energy often carries over, helping you tackle financial challenges with resilience. The irony is that while these activities don't directly earn money, they build the mindset that makes solutions possible. Try it: If you're weighed down financially and feeling stuck, choose one healthy habit this week—exercise, journaling, or a hobby—and notice how it shifts your perspective on financial challenges.



Learn more: <https://www.activecanterbury.org.nz/being-active/> [search "earning potential"]

Overlooked Role of the Workplace in Suicide Prevention

The workplace can play a strong role in suicide prevention. We spend much of our lives at work, and as a result, those around us often notice changes in our mood, behavior, and performance, possibly before others outside of work do. These early observations can open the door to support. Add a welcoming workplace that encourages employees to get help from the EAP for mental health issues, along with making it easy to do so, and you produce a strong foundation for prevention. Many suicide attempt survivors report a shared awareness regarding prevention. Many did not think their personal problems were that severe until they grew worse. Others believed their problems were ones they had to resolve on their own. So, education to understand that not all problems are "do-it-yourself" projects would have played a key role in reaching out. Tip: Break the isolation. If you notice a coworker struggling, reach out privately with concern rather than judgment. You might say, "I've noticed you seem stressed—would you like to talk?" Simply listening, without feeling a need to "have the answer" helps reduce isolation—a major factor in lowering suicide risk.



Empathy's Power in the Workplace

The importance of empathy in the workplace can't be overemphasized. How would you rate your ability to sense others' unspoken concerns, recognize when a coworker is struggling, or adjust your communication style so it matches the needs of a coworker at the moment? If that ability is high, your coworkers are probably more inclined to share their ideas with you, admit mistakes, and trust your advice. Here's why: Your empathetic style creates a psychologically safe workplace. To grow empathy skills, be genuinely interested in maintaining positive relationships with coworkers. Slow down, give full attention, and resist the urge to interrupt or plan what you are going to say while they're speaking. Ask clarifying questions, and if you are sure you understand what your coworker just said, reflect back (i.e., I heard you say that...). This reflection is experienced as validating, and it will deepen your relationships, and you'll witness positive effects that ultimately make your job more meaningful.



Prevent the Afternoon Crash from Carbs

Yes, you can snack for improved mental focus in the afternoon.

Best bets: 1) Nuts and seeds like almonds, walnuts, or pumpkin seeds deliver protein, healthy fats, and magnesium. 2) Greek yogurt with berries. The protein and antioxidants in Greek yogurt fuel the brain. 3)

Hummus and carrot sticks, bell peppers, or cucumber provide fiber and healthy fats. 4) Apple slices with nut butter offer complex carbs, fiber, and fat to prevent sugar spikes. 5) Whole-grain crackers with cheese or turkey deliver protein and carbs. 6) Small amounts of 70% dark chocolate can boost mood and alertness. 7) Hard-boiled eggs supply protein and nutrients to support memory and cognition. Dehydration often explains grogginess, so drink water to stay hydrated in order to maximize alertness. Learn more: everhour.com/blog/brain-food-snacks/





ASAP

ARMY SUBSTANCE ABUSE PROGRAM

UPCOMING ASAP EVENTS

EAP Training for Supervisors @ 15:00 (Time Change)

October 29th

Unit Deterrence Leader Training

October (Date TBD)

Prime for Life (ADAPT)

August 5th & 6th

October 7th & 8th

ACE-SI Tier I Training or Engage Suicide Prevention Training

On Request

Grief Support Group @ 17:00 – 18:30 Patch – BLDG 2332 (Next to Thrift Store)

September 9th & 23rd

October 14th & 28th

Most Events located in Building 2948 on Panzer Kaserne.

Registration Required

For more information, please call DSN: 314-596 2530 or COMM: 09647 70 596 2530

*Dates and Locations are subject to change



Counseling Services

EAP Office Hours for Robinson Barracks

**Starting
October 1st**



**Location
At the
Zentrum**

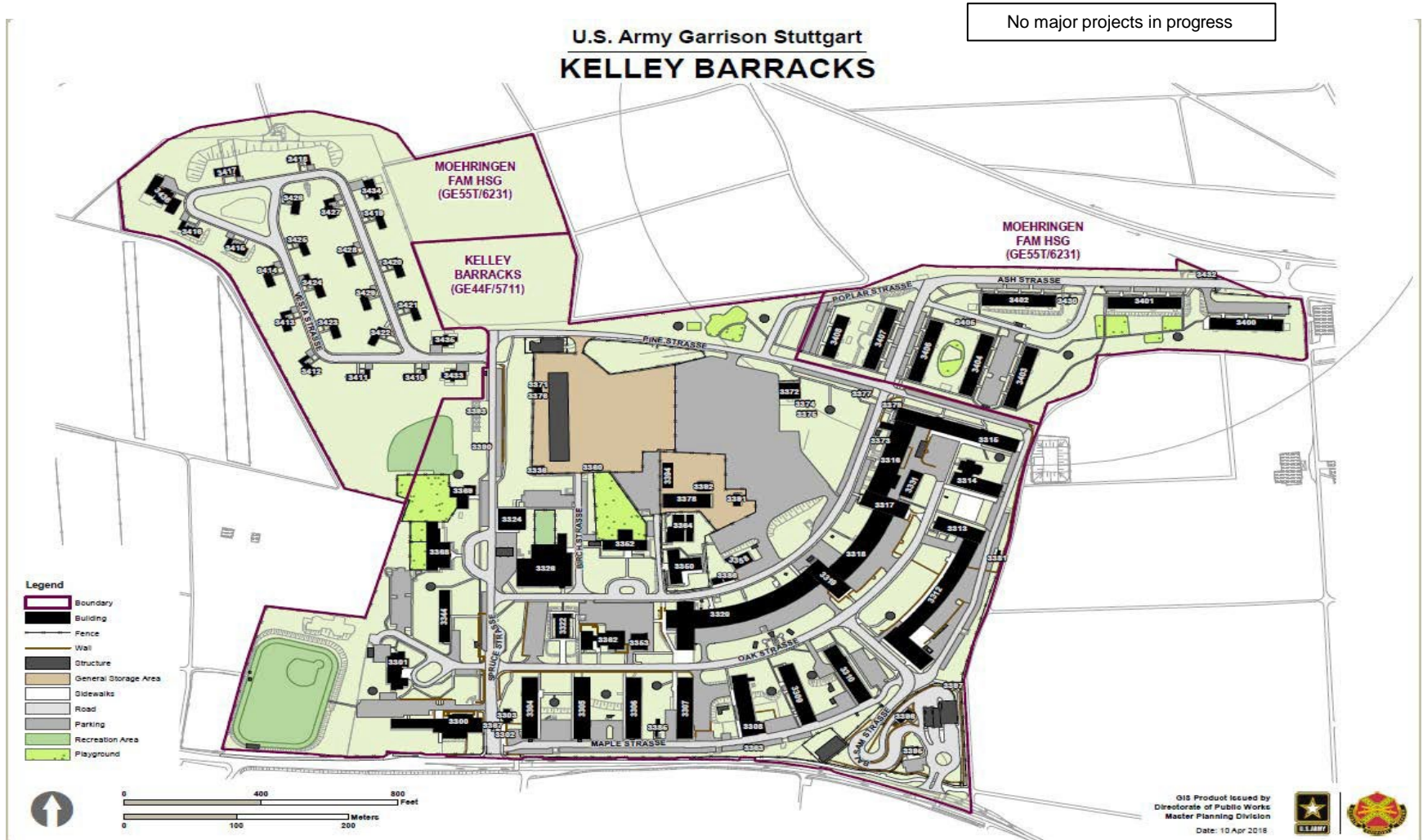
SCAN THE QR CODE

To make an appointment.

Krysti Orrell, MA, LPC, CEAP

DSN: 314 596 3234 COMM: +49 9641 70 596 3234

Kelley Barracks Construction & Parking Impacts – Sept 2025



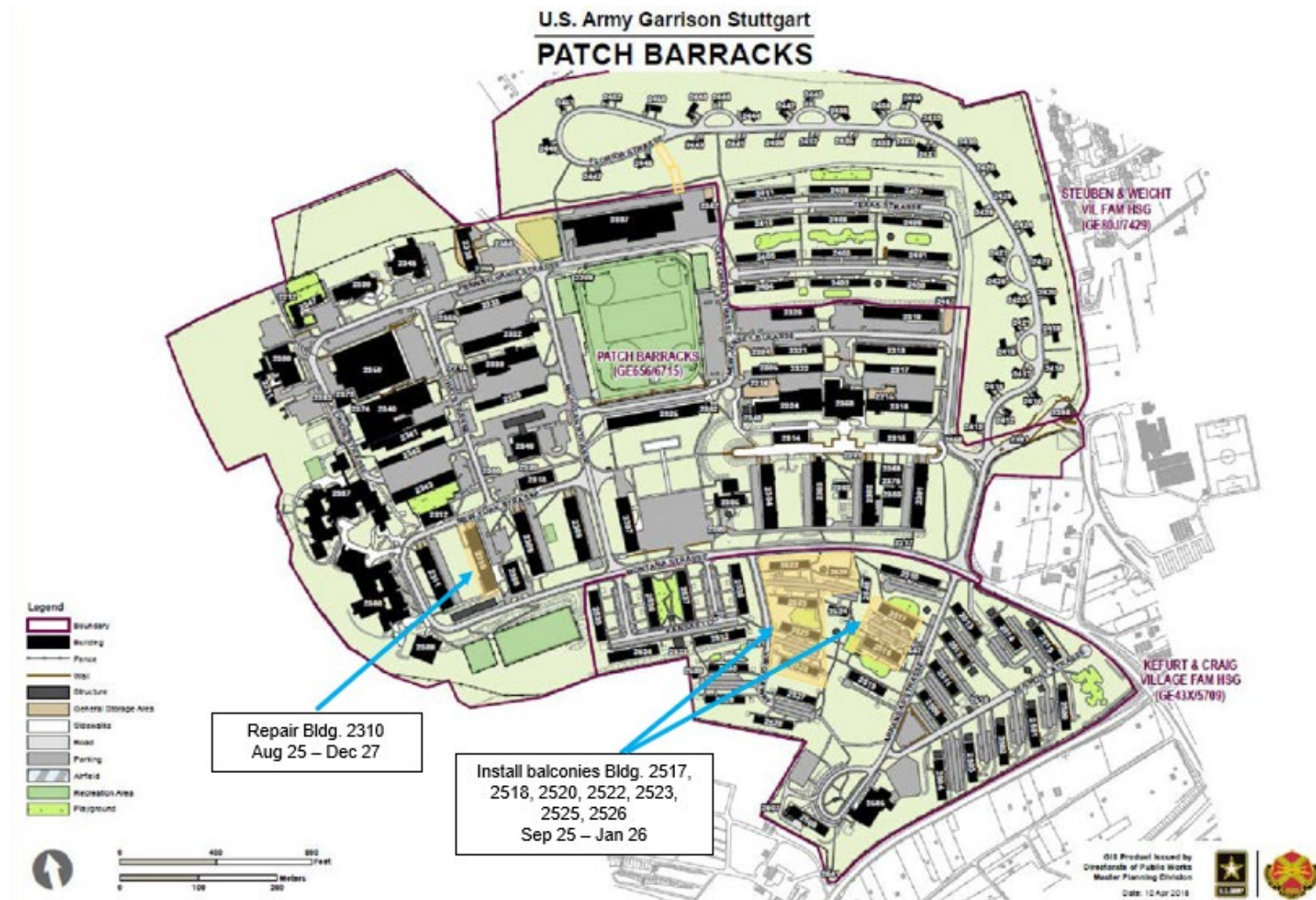
POC: jeanpierre.j.messier.civ@army.mil



WE ARE THE ARMY'S HOME



Patch Barracks Construction & Parking Impacts – Sept 2025



POC: jeanpierre.j.messier.civ@army.mil

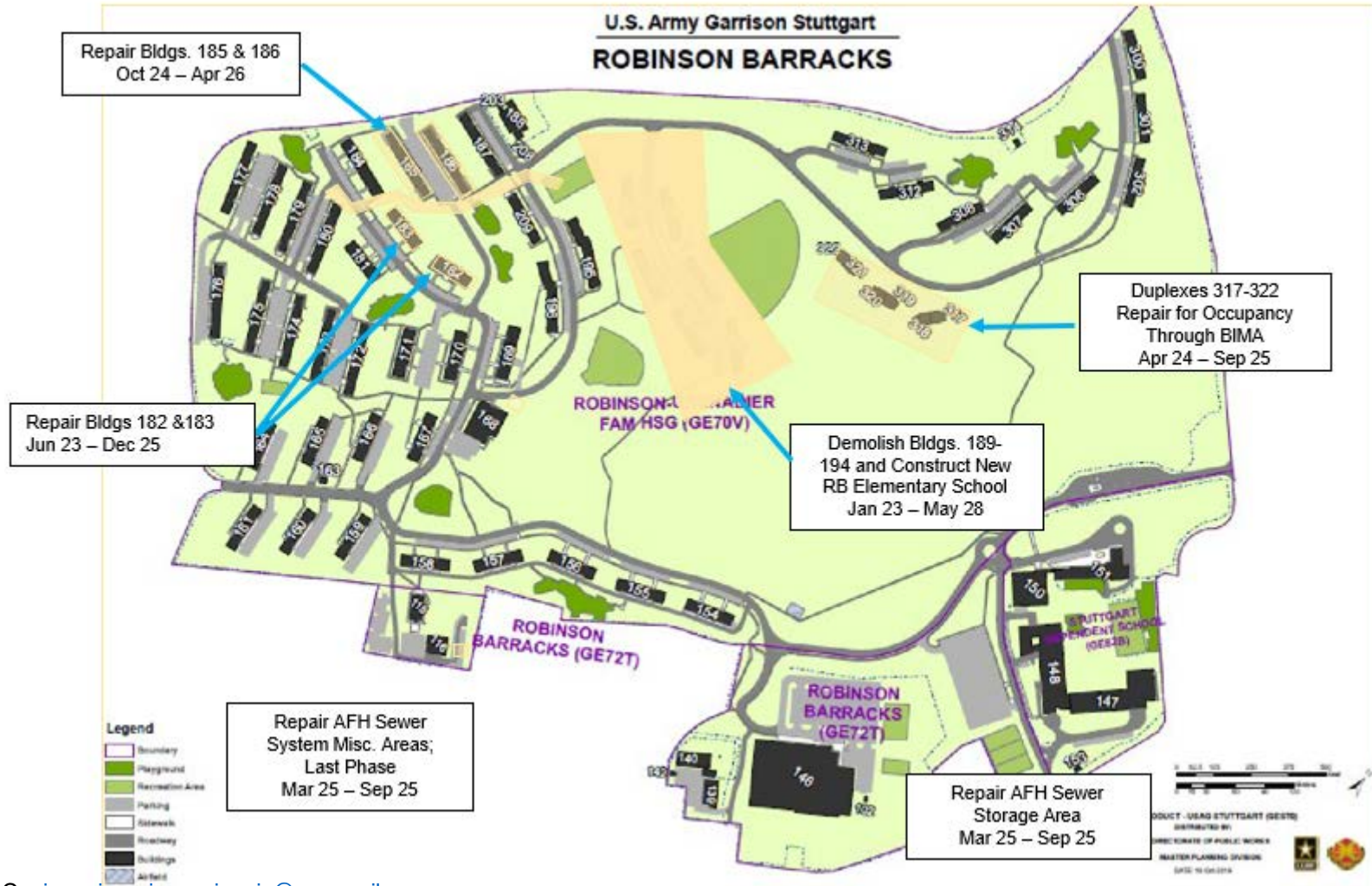


WE ARE THE ARMY'S HOME



Construction Update: DPW

Robinson Barracks Construction & Parking Impacts – Sept 2025



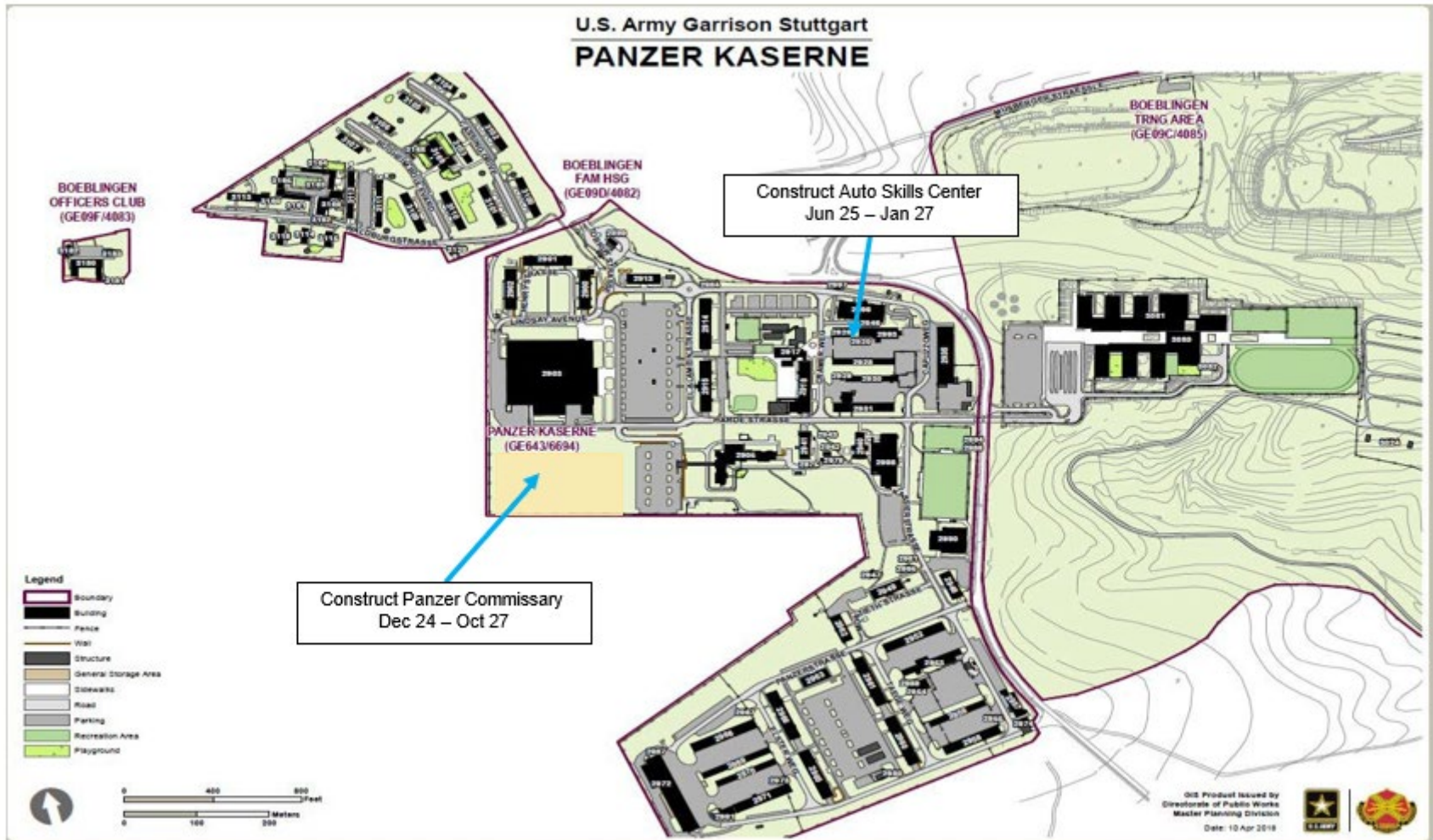
POC: jeanpierre.j.messier.civ@army.mil



WE ARE THE ARMY'S HOME



Panzer Kaserne Construction & Parking Impacts – Sept 2025



POC: jeanpierre.j.messier.civ@army.mil



WE ARE THE ARMY'S HOME





**American
Red Cross**

Stuttgart Station



MINDFUL MOVEMENT

With Coach: Steve Dunlap

Thursday, September 25, 2025 at 10am

Panzer Firehouse

Ages 18+

What You'll Experience:

- Learn techniques to reduce stress levels
- 45 minutes of relaxation
- Includes 10 minutes of walking/jogging

What to Bring:

- Water Bottle
- Comfortable Clothing
- Yoga Mat (if you have one)





**American
Red Cross**

Class Schedule

Adult & Pediatric CPR/AED/1st Aid

- Thursday, 25 September; 1600-1900
- Saturday, 18 October; 0900-1200
- Thursday, 30 October; 1600-1900
- Thursday, 13 November; 1600-1900
- Monday, 17 November; 0900-1200

Basic Life Support CPR*

- Tuesday, 16 September; 1600-1900
- Tuesday, 21 October; 1600-1900

CPR/AED for Professional Rescuers (CPRO)

- Saturday, 20 September; 0900-1600

First Aid for Severe Trauma

- Friday, 10 October; 1400-1600

Babysitter Course

- Saturday, 27 Sept.; 0900-1500 (Full)
- Friday, 24 October; 0900-1500 (Full)

*BLS is CPR training for healthcare professionals.

Classes are held in the Red Cross training room in Building 2915, room 007 on Panzer Kaserne.

Blended Learning
Online
and
In-Person

**Register
for
Classes
here:**



<https://linktr.ee/AmericanRedCrossStuttgart>

Email:
**Stuttgart@
Redcross.org**

Phone: 09641-
70596-2812



OCONUS Emergency Travel Assistance Grant

Grant Program for Military Members

Aligning with the American Red Cross mission of helping military members prepare for, cope with, and respond to the challenges of military service, Service to the Armed Forces (SAF) is implementing the OCONUS Emergency Travel Assistance Grant.

This program will provide financial assistance to military members, including National Guard and Reserve, actively serving Foreign Outside the Continental United States (F-OCONUS) who are currently on or about to begin emergency leave.

This limited-time program provides \$500 grants to active-duty military members (including activated National Guard/ Reserve members) who are stationed Foreign OCONUS (F-OCONUS) are currently on or about to begin emergency leave or ordinary leave under emergency conditions. (Service members must be able to provide a copy of their emergency leave orders.) We're sorry you're going through a difficult time and we're here for you. Call the American Red Cross Hero Care Center at +1-877-272-7337 to speak to a specialist who'll help you apply.

All categories of emergency leave are eligible for this grant. Service members must provide a copy of their emergency leave orders. Eligible service members will be awarded a \$500 grant.

The OCONUS Emergency Travel Assistance Grant will be available for a limited time based on the availability of funds.

To apply, please contact the Hero Care Center at 1-877-272-7337.



**American
Red Cross**

Service to the Armed Forces