

Stuttgart Community Leaders Information Forum



WE ARE THE ARMY'S HOME



Take Away Packet May 2025



USAG Stuttgart CLIF - May 2025

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- **Special Topic:** Housing Process
(See read ahead)

Have questions?
Use the CLIF
email:

usarmy.stuttgart.id-europe.mbx.dptms-operation@army.mil

Need previous
information? Use
the CLIF website:

<https://www.stuttgartcitizen.com/community-leaders-information-forum-clif/>



USAG STUTTGART APP



Interactive Customer Evaluation (ICE)

- We want your feedback on Garrison services - use ICE!
 - *Happy with the service you received? We want to hear from you.*
 - Your feedback helps us to recognize those garrison and mission partner professionals who are giving their all to support the Stuttgart community and reinforces what we are doing well.
 - *Have an improvement suggestion? We want to hear from you.*
 - Your input helps us to improve, solve problems, and focus on areas that would have otherwise gone unnoticed.



- *You Have a Voice!*
- <https://ice.disa.mil>



CLIF Survey via ICE

-



We would appreciate your feedback specifically on the CLIF via ICE

- Your input is important to the future of the CLIF events, and we have created a specific ICE survey on CLIFs.
- Just scan the below QR code to provide us your input to the CLIF.

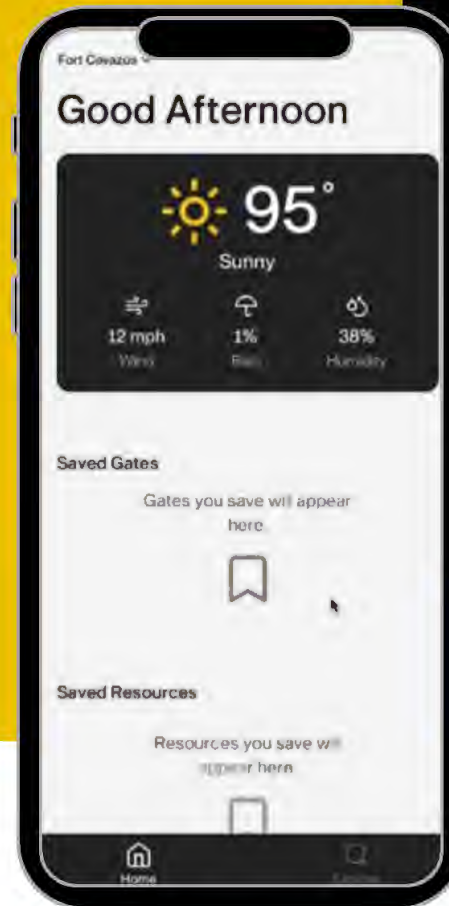
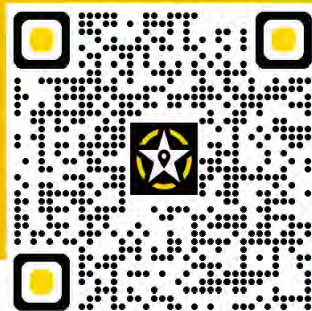


My Army Post App

Coming soon!

Stay in the know!

- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE



Andrea Ryan
Garrison Public Affairs
Andrea.k.Ryan.civ@army.mil
DSN (314) 596-3105





The poster is a vertical rectangular graphic with a dark blue background. At the top, the U.S. Army Department of the Army seal is centered, surrounded by a circular border of red, white, and blue stripes. Below the seal, the text "Stuttgart, Germany" is written in a white, serif font. The main title, "The 250th Army Birthday Ball", is prominently displayed in a large, gold, serif font. Below the title, the words "FORMAL ATTIRE" are written in a smaller, gold, sans-serif font. The date "07 JUNE 2025" is written in a large, gold, sans-serif font. Below the date, the text "Cocktail hour begins at 1700, ceremony begins at 1800" is written in a small, white, sans-serif font. A gold horizontal band contains the text "BAR - DINNER - MUSIC" in a black, sans-serif font. Below this band, the text "Maritim Hotel" is written in a large, gold, serif font, followed by "Tickets: \$100 each" in a large, gold, sans-serif font. At the bottom, a QR code is displayed, and below it, the text "For more information scan QR code" is written in a small, white, sans-serif font. The entire poster is framed by a border of red, white, and blue stripes and stars.

Stuttgart, Germany

The **250th Army
Birthday Ball**

FORMAL ATTIRE

07 JUNE 2025

Cocktail hour begins at 1700, ceremony begins at 1800


BAR - DINNER - MUSIC

Maritim Hotel

Tickets: \$100 each

For more information scan QR code



 **U.S. ARMY**
THIS WE'LL DEFEND



ARMY BIRTHDAY CELEBRATION

JUNE 14
11 A.M. TO 4 P.M.

MWR SPECIAL EVENT GROUNDS
PANZER KASERNE

- Cake Cutting
- Live Entertainment
- Bouncy Houses
- Food & Beverages
- CYS Art Gallery
- Yard Games
- Historical Display
- Leadership Dunk Tank
- Car Deadlift Challenge
- Community Outreach Booths



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2025 CYCLING CHALLENGE


**CYCLING
CHALLENGE**
ARMY OUTDOOR RECREATION
MAY 1 - AUGUST 31



Visit your local Outdoor Rec or armymwr.com/odrcyclingchallenge
OPEN TO ALL AUTHORIZED MWR PATRONS.

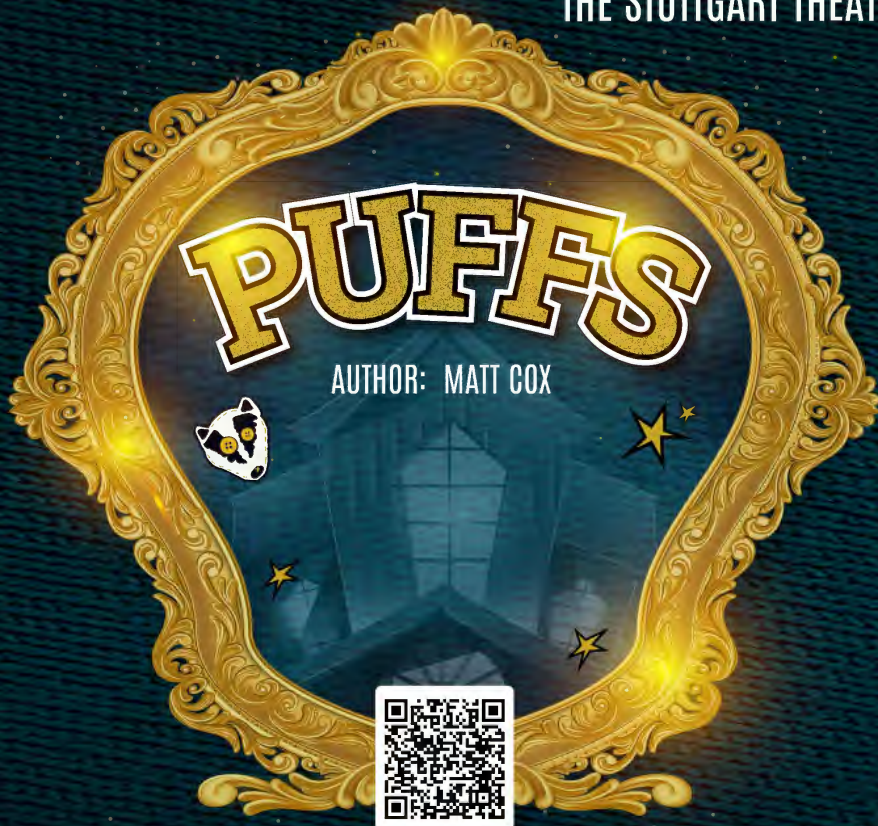
THE U.S. ARMY FAMILY AND MWR PROGRAMS IS BROUGHT TO YOU BY THE U.S. ARMY INSTALLATION MANAGEMENT COMMAND.



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THE STUTTGART THEATRE CENTER PRESENTS



Performance Dates:

May 16, 17, 30 & 31

Jun. 6 & 7 at 7:30 p.m.

Jun. 1 & 8 at 3 p.m.

Ticket Prices:

\$18 Adults | \$13 Students

Ticket Sale Start Date: May 6

Reservations are recommended and can be made by calling the Theatre Center Office: Tue. - Fri., 12:30 - 5:30 p.m.

or via the Theatre Page of the Stuttgart MWR website.

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RUN SERIES 2025

**MAY
17**



**9
A.M.**

**ROCK
THE
80S**

Swabian Community Activity Center

Pump up the jam with this fun, family-friendly 5K fun run! Participants are encouraged to wear their raddest leg warmers, head bands, and other iconic 80s items.

**REGISTRATION: MAY 1-14 \$15
WITHOUT MEDAL \$10**

**SAME DAY \$20
WITHOUT MEDAL \$15**

SHIRTS FOR \$15

Register at all Stuttgart Fitness Centers or WebTrac.

No federal endorsement implied.



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Outdoor Recreation Flea Market

Jun. 7, 10 a.m. - 2 p.m.

Bldg. 2990, Panzer Fitness Center,
Panzer Kaserne (indoors)

\$30 fee (one fest table and space)

Spaces are limited - no refunds!
Deadline to register is Jun. 6.

Set-up begins at 9 a.m.
Breakdown at 2:15 p.m.



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GET GOLF READY

PART-1 GROUP GOLF LESSONS

LEARN A SPORT WHICH CAN BE
PLAYED FOR A LIFETIME!



Dates / Time:

Session 1: Apr. 23-25 6 - 7:30 p.m.

Session 2: May 14-16 6 - 7:30 p.m.

Session 3: Jun. 3-5 6 - 7:30 p.m.

Session 4: Jun. 24-26 6 - 7:30 p.m.

Advanced Session: Jul. - Oct. Call for details.

Program is intended to introduce adults to the game of golf in a fast, fun and gratifying way, and get them closer to playing on the course. Meet new people, enjoy the outdoors and learn a sport which can be played for a lifetime!

Each session is a series of three 90-minute lessons, conducted by a PGA Associate Teaching Professional. Class includes range balls and clubs.

- ▶ Deadline to register is 5 p.m. on Saturday before each session.
- ▶ Minimum of 4 participants, maximum of 10.
- ▶ At least 4 must be paid by the entry deadline for the class to be conducted.
- ▶ If a class is canceled due to not meeting the minimum number of participants, a full refund will be issued.
- ▶ Additional classes can be added or customized for your group of 5-10.



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WEDNESDAY NIGHT SCRAMBLE

Stuttgart Golf Course

Entry fee:

\$20

for Annual members

\$34

for all other US ID cardholders

6 P.M. Shotgun

May 14, 21, 28

Jun. 11, 18, 25

Jul. 9, 16, 23, 30

Aug. 13

4-person 9-hole scramble.

Join in the fun to compete for prizes and build camaraderie with our German co-use partners.

Field is limited to 15 teams.

First 60 paid players will participate.

Sign-up starts on the previous Sunday at noon.



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PERSONAL TRAINING

Our nationally accredited-certified personal trainers are motivated to help you meet all of your fitness and health goals. They will begin by assessing your current fitness levels and help set short- and long-term fitness goals. You will continue by learning proper technique in strength, cardiovascular and flexibility exercises, gain strength and endurance with scientifically based exercise programs and schedules, and ultimately improve body composition through proper nutrition and exercise. Personal training is available for individuals, pairs or small groups.

Register at all Fitness Centers.



Scan for more
information and prices



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STAIRMASTER CHALLENGE MT. EVEREST

DO YOU HAVE WHAT IT TAKES TO CLIMB MT. EVEREST?

 **APR. 7 - JUL. 7 | 5 A.M. - 7 P.M.**

 **PANZER FITNESS CENTER**



Are you ready to climb?!

Take on the ultimate challenge and conquer the World's Largest Mountain. Total elevation of Mt. Everest is 29,030 feet to the Peak Of the summit.

Panzer Fitness Center participants will climb 29,030 feet or 46,448 steps or 2,903 flights on the StairMaster over the course of 90 days.

Tracker sheets will be provided each day to record your progress.

Registration opens Apr. 7.

Open to U.S. ID Cardholders; active-duty soldiers, DOD civilian employees, family members, and all patrons with access to USAG Stuttgart Fitness Centers.



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#STRONGBANDS



LET'S GET PHYSICAL!

BALANCE ACTIVITY NUTRITION DETERMINATION STRENGTH

MONTH OF MAY

May 3 | 10-11:30 a.m. | Zumba Party | Patch Fitness Center | \$5 | No pre-registration required.

May 7-9 | 11 a.m. - 1 p.m. | Free Throw Competition | Patch Fitness Center | Register at Patch Fitness Center | May 1-9.

May 17 | 9 a.m. | Rock the 80s 5K Fun Run | Swabian Community Activity Center | \$15 | Register at any Stuttgart Fitness Center.

May 22 | 11 a.m. | 80s Spin | Patch Fitness Center | \$5 | No pre-registration required.

May 31 | 8 a.m. | MAS Wrestling | Kelley Fitness Center | \$5 | Register at any Stuttgart Fitness Center.



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SAC SUMMER CAMP 2025

JUN. 16 - AUG. 15

Programs will operate **Monday - Friday, 6 a.m. - 6 p.m.**

Programs will operate at Panzer SAC, Patch SAC, Kelley SAC.
Robinson Barracks program will close for the summer.

***CLOSED on Jun. 19 & Jul. 4
for Federal Holidays.**

Families interested in any of the
locations can submit request for care on
www.militarychildcare.com

Fees are based on Total Family Income.

CYS Parent Central Services office will begin offering placement on Apr. 1.
CYS registration required through Parent Central Services.
Information available at Parent Central, Patch "HUB" or
Panzer Youth Center.

STUTTGART.ARMYMWR.COM

PATCH YOUTH CENTER

“HUB”

SUMMER CAMP 2025

**JUN. 16 -
AUG. 15**

MONDAY/TUESDAY/THURSDAY/FRIDAY, 8 AM - 1 PM.
WEDNESDAYS - NO CAMP DUE TO FIELD TRIPS
CLOSED ON JUN. 19 & JUL. 4 FOR FEDERAL HOLIDAYS

*CAMP PROGRAMMING INCLUDES BGCA, 4H, STEM, FITNESS AND RECREATION ACTIVITIES.

**REGISTRATION OPENS APR. 1 FOR ALL YOUTH.
FEES ARE BASED ON TOTAL FAMILY INCOME.
PRIORITY BASED ON FIRST COME FIRST SERVICED.**



CYS registration required through Parent Central Services.
Information available at Parent Central and
Patch & Panzer Youth Centers.



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CYS SPORTS & FITNESS ENROLLMENT CALENDAR USAG STUTTGART

ENROLLMENT & REGISTRATION: PARENT CENTRAL SERVICES

Patch Barracks, Bldg. 2347
CIV: 09641-70596-7467/ 7488/ 7480/ 7483
DSN: 596-7467/ 7488/ 7480/ 7483

SPORTS INFORMATION: CYS SPORTS & FITNESS

Panzer Kaserne Family Housing Gate, Bldg. 3162, 2nd Floor
CIV: 07031-15-2616/ 2597
DSN: 431-2616/ 2597



2025 ENROLLMENT DATES

WINTER SEASON

ENROLLMENT PERIOD:
OCT 15 – NOV 7, 2025

SEASON TIMEFRAME:
JANUARY – MARCH

BASKETBALL (AGES 3-15)
CHEER (AGES 5-15)
WRESTLING (AGES 6-14)
BOWLING (AGES 9-18)
MOVEMENT MANIA (AGES Gr 1-8)

SPRING SEASON

ENROLLMENT PERIOD:
FEB 5 – 21, 2025

SEASON TIMEFRAME:
APRIL - JUNE

TEEBALL (AGES 3-6)
BASEBALL (AGES 7-15)
SOFTBALL (AGES 9-15)
SOCCER (AGES 5-15)
VOLLEYBALL SKILLS (9-18)
TRACK & FIELD (AGES 5-15)
MOVEMENT MANIA (Gr 1-8)
BOWLING (9-18)

SUMMER CAMPS

ENROLLMENT PERIOD:
MAY 15 – JUL 18, 2025

SEASON TIMEFRAME:
JUNE – AUGUST

ARCHERY (9-15)
DODGEBALL (9-15)
CAMPS (AGES 3-15)
LEISURE GAMES, KICKBALL,
SOCCER,
BASKETBALL, GOLF, CHEER,
LACROSSE, TRACK,
FOOTBALL

FALL SEASON

ENROLLMENT PERIOD:
MAY 28 – JUL 11, 2025

SEASON TIMEFRAME:
SEPTEMBER - NOVEMBER
SOCCER (AGES 3-15)
VOLLEYBALL (AGES 9-15)
TACKLE FOOTBALL (AGES 10-15)
CROSS COUNTRY (AGES 9-15)
CHEER (AGES 7-15)
FLAG FOOTBALL (AGES 7-12)
BASEBALL SKILLS (9-12)
PICKLEBALL SKILLS (8-15)
MOVEMENT MANIA (Gr 1-8)
LACROSSE SKILLS (9-15)

ENROLLMENT PERIOD DATES ARE SUBJECT TO CHANGE.
AVAILABILITY OF PROGRAMS IS SUBJECT TO CHANGE AND WILL VARY PER SEASON.

LAST REVISED: JAN 2025



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PATCH LIBRARY | 2025 SUMMER READING PROGRAM

PRESENTED BY
**DoD MWR
LIBRARIES**

LEVEL UP AT YOUR LIBRARY

Jun.16-Aug.8

Registration opens May 15.
Logging minutes will start June 1.
Last day to update Aug. 8.



Scan to
register.



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UNIT LEVEL SOCCER

 PANZER TURF FIELD

Coaches Meeting

Jun. 3, 2 p.m.

Sports Office in the
Patch Fitness Center.

Season Starts

Jun. 10

Game Times
Mon. & Wed. at 6 & 7 p.m.



Open to all military units in the USAG Stuttgart Community.
Must be 18+ years of age and out of high school.
Contact stuttgartmwrsportsandfitness@army.mil
to register and for more information.



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USAG STUTTGART

UNIT LEVEL SOFTBALL



Coaches Meeting | Jun. 2, 2 p.m.
Sports Office in the Patch Fitness Center.

Season Starts | Jun. 9

Game Times | Mon. & Wed. at 6 & 7 p.m.



Husky Field, Patch Barracks

- Open to all military units in the USAG Stuttgart Community.
- Must be 18+ years of age and out of high school.
- Contact stuttgartmwrsportsandfitness@army.mil for more information.



STUTTGART FOOD TRUCK SCHEDULE

MAY

PANZER PX			KELLEY BARRACKS -GYM-			J-MALL PATCH BARRACKS			ROBINSON BARRACKS		
WK1	5-11	African Flavor on Wheels Spudz	WK1	5-9	Thio's Inn Greek Gyros	WK1	5-9	American Food	WK1	5-9	Ali Doner
WK2	12-16 12-18	Hann's Chicken Truck Chillers	WK2	12-16	American Food	WK2	12-16	Thio's Inn Greek Gyros Ali Doner	WK2		
WK3	19-22 19-25	Hilly Billy Ali Doner	WK3	19-25	Hann's Chicken Truck	WK3	19-23	African Flavor on Wheels	WK3	19-23	Spudz
WK4	26 May - 1 June	American Food Thio's Inn Greek Gyros	WK4	26-30	Ali Doner	WK4	26-28	Hilly Billy	WK4	26-30	Chillers

PANZER EXPRESS			KELLEY BARRACKS -THEATER-			PATCH FITNESS CENTER		
WK1	6-8	Hilly Billy	WK1			WK1	5-8	Chillers
WK2	12-16	Spudz	WK2	13-15	Hilly Billy	WK2	12-16	African Flavor on Wheels
WK3	19-23	Thio's Inn Greek Gyros	WK3	19-23	Chillers	WK3		
WK4			WK4	26-30	Spudz	WK4	26-30	Hann's Chicken Truck



START A
NEW
BUSINESS
OR FOODTRUCK

Contact us:
yyEUEUCOMServices@aafes.com

Food Truck Rotation is subject to change based on special events, unit requests, & holidays.



Own a Food Truck & Want to Serve the Stuttgart Community?
Email: yyeueucomservices@aafes.com for more information.



Sensory-Friendly Shopping

We're providing a quieter, calmer shopping environment that is more inclusive & sensory-friendly.

Saturday

14 June

07:55 - 08:55 AM

DURING THIS TIME, OUR CUSTOMERS WILL EXPERIENCE:



Dimmed Lighting



No overhead music or announcements



Low beeping sounds at registers



Minimal associate interactions



For more information, please see an associate.



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NOW HIRING

(m/f/d)

**Service Team
Kitchen Team
Cook**

Interested?

Apply now by sending your resume to bewerbungen@lagardere-tr.de
or send a Whatsapp to +49 152 514 09 728



To Our Valued Customers:

Construction is underway for Panda Express.

**We apologize for the mess and any
inconvenience it may cause.**

**Thank you for your patience and
understanding during this time.**





ASAP
ARMY SUBSTANCE
ABUSE PROGRAM

USAG STUTTGART

RESILIENCY NEWSLETTER



CONTACT: DSN 314 596 2530
PANZER KASERNE BLDG. 2948, 2ND FLR

Develop a Perseverance Mindset

Have you ever interacted with a coworker so focused on work that they didn't know when to quit? You may have been witnessing the work trait of perseverance—the ability to demonstrate sustained effort despite obstacles and setbacks. Any worthwhile goal will face obstacles. While perseverance may appear like workaholicism, it's goal-directed rather than pathological. Many people are ambitious, possessing the desire, motivation, and excitement to achieve a goal. However, they lack the perseverance needed to make it happen. Perseverance is the bridge to the goal. Research shows perseverance is the #1 predictor of work success and personal achievement. To create this driving force within yourself, spend time on the first step: Create a powerful “why” so compelling that you'll laugh in the face of obstacles. Really dig deep. When you reach the “big why,” it will feel like rocket fuel. The rest is mechanics: create steps to the goal, track progress, anticipate and embrace challenges, practice positive self-talk, shun distractions, stay inspired, and reward yourself for progress.



Mental Health Awareness Month

It's “Mental Health Awareness Month.” Celebrate it by experimenting with this 30-day positivity exercise. Instructions: At night, before falling asleep, take a few moments to jot down one positive moment from the day, and take 60 seconds to really feel it again. Research demonstrates this exercise shows “neuroplasticity of the brain.” This refers to its ability to “rewire” itself and, in this case, nurture a more positive mental attitude—one that is more optimistic, resilient, and emotionally balanced.

Supportive research: pmc.ncbi.nlm.nih.gov/articles/PMC8640953/



Discover JOMO—the Joy of Missing

FOMO—the “fear of missing out”—is anxiety caused by the perception that others have more exciting lives. Social media often triggers it, but there's a flip side called “JOMO”—the joy of missing out. It's a conscious reaction to feeling controlled by social media, encouraging turning it off, reclaiming time, and focusing on mental health benefits. When hit by FOMO, stop. Take a break. Recognize it, then identify the positives in your life and be thankful. If possible, try a “technology-free” trip to the store or outing to feel fully present in the real world.

Source: babel.com/en/magazine/the-meaning-of-fomo-yolo



Avoid Common Regrets with Elderly Loved Ones

When an elderly family member passes away, it's common to regret missed chances for a deeper connection. Research reveals common regrets that, if understood, can help family members be more proactive and later more thankful for the time spent together. May is “Older Americans Month.” Consider taking steps inspired by the following regrets to engage more deeply with your elderly loved one: 1) not spending enough time to hear their unique stories, wisdom, and perspectives; 2) not trying to resolve past conflicts and rifts; 3) unspoken words of affection, along with a lack of appreciation and gratitude; 4) assuming there will always be time to connect or repair issues, taking time for granted; 5) not providing caregiving, emotional support, or help with difficult issues as an advocate; 6) not asking about their life experiences, childhood, family history, faces in photos, or personal wisdom.

Source: www.samaritannj.org/hospice-blog-and-events/hospice-palliative-care-blog/end-life-regrets/



Maintain Healthy Boundaries Between Work and Home



Even employees who believe in keeping healthy boundaries between work and home struggle to do it. Research shows, however, that maintaining boundaries is good for you and your employer. Productivity does not suffer! In fact, keeping boundaries can help workplace productivity by reducing burnout and turnover, improving focus, and creating a more positive work environment. Here are five boundaries most people struggle to maintain. If you recognize any of them and are ready for change, contact the EAP to explore your next steps to make some or all happen: 1) not responding to work communications after hours; 2) having a dedicated place in your home to work—no, this is not only to avoid distractions but also to eventually train your brain to “turn on for work,” thereby improving productivity; 3) taking a real honest-to-goodness lunch break, rather than eating at your desk or skipping it altogether; 4) when possible, politely saying you can’t take on more work or at least negotiating on deadlines; 5) making it step one when you arrive home to get out of your work clothes. Again, this ritual is not just about being more comfortable. It signals to your brain to destress and recognize the “day is over.”

Learn more: hubstaff.com/blog/work-life-balance-statistics/

Parenting Tips: Spring Means Stress for Young People



Spring is usually an inspiring season, but it can also bring major stress for young people. Academic demands, social dynamics, and environmental changes all converge at once. During this time, they face pressure to perform, fit in, and make important life decisions. The list is long: exams, project deadlines, financial aid decisions, senior-year transitions, prom, graduation, college admission issues, FOMO, changing friendships and romantic relationships, disrupted sleep, extracurricular demands, anxiety about summer plans, and possibly moving away. These maturity-building challenges still benefit from parental support. The key is awareness and open communication—try asking, “Hey, Billy, how are you feeling about school right now?” Let them vent. Offer tips on scheduling and study habits. Encourage taking things one day at a time. Talk about the importance of breaks and sleep. Model good stress management. Stay alert for signs of mental health struggles: withdrawal, depression, or sleep or appetite changes. Don’t overlook the value of professional counseling. Ask your EAP for checklists on symptoms of anxiety, stress, and depression. And seek support for yourself to explore how balanced parenting—without overstepping—can help build resilience.

Building Teams: When Unreliability Strikes

It’s not uncommon to have an unreliable team member, but most coworkers hold back too long in being assertive, hoping for change, improved performance, or follow-through with commitments. Sound familiar?



Assertiveness often creates tension, and your fear of losing group harmony or fear of conflict, or simply not wanting the emotional burden of confronting a coworker is understandable. But avoidance risks hurting your team. Solution: Create traditions and shared values your team agrees to uphold, so when assertiveness is needed, it’s seen as a commitment to those values—not a personal attack. If you do this, you’ll increase productivity and accountability, and cohesiveness will ironically increase. If you’re struggling now, meet and get agreement on this assertiveness tradition. It will be okay to speak up sooner with respect. You’ll dispense with lingering frustrations and feel happier about your team with less fear about facing challenges. Hint: Ask the EAP about the language of assertiveness and how to maximize its impact while preserving trust and teamwork.

Stress Tips from the Field: Managing Stress One Day at a Time



“Take it one day at a time.” This common saying means “stay present -focused” as a way of managing stress, but many related tips can help maximize this mindset—freeing you from spiraling into fear, sleep loss, and burnout. Consider: Avoid being overwhelmed by staying in the present. Still acknowledge today’s stressors, but address only what is in front of you. Limit catastrophic thinking and “what-ifs” by focusing on what can be done now. Ground yourself in the moment and take purposeful action, even if small. This reduces anxiety and the risk of imagined worst-case scenarios. Let go of what you can’t control. Build resilience through daily coping. Practice self-compassion—it muzzles your inner critic. Start the day with a simple goal to focus on the here and now, and realize that today’s challenges build resilience for tomorrow’s hurdles.



ASAP

ARMY SUBSTANCE ABUSE PROGRAM

UPCOMING ASAP EVENTS

Army Substance Abuse Program Training @ 09:00

Suicide Prevention Training @ 10:00

May 28th

EAP Training for Supervisors

June 25th

Unit Deterrence Leader Training

August 19th - 21st

Prime for Life (ADAPT)

June 3rd & 4th

August 5th & 6th

ACE-SI Tier I Training or Engage Suicide Prevention Training

On Request

Grief Support Group @ 17:00 – 18:30 Patch – BLDG 2332 (Next to Thrift Store)

May 13th & 27th

June 10th & 24th

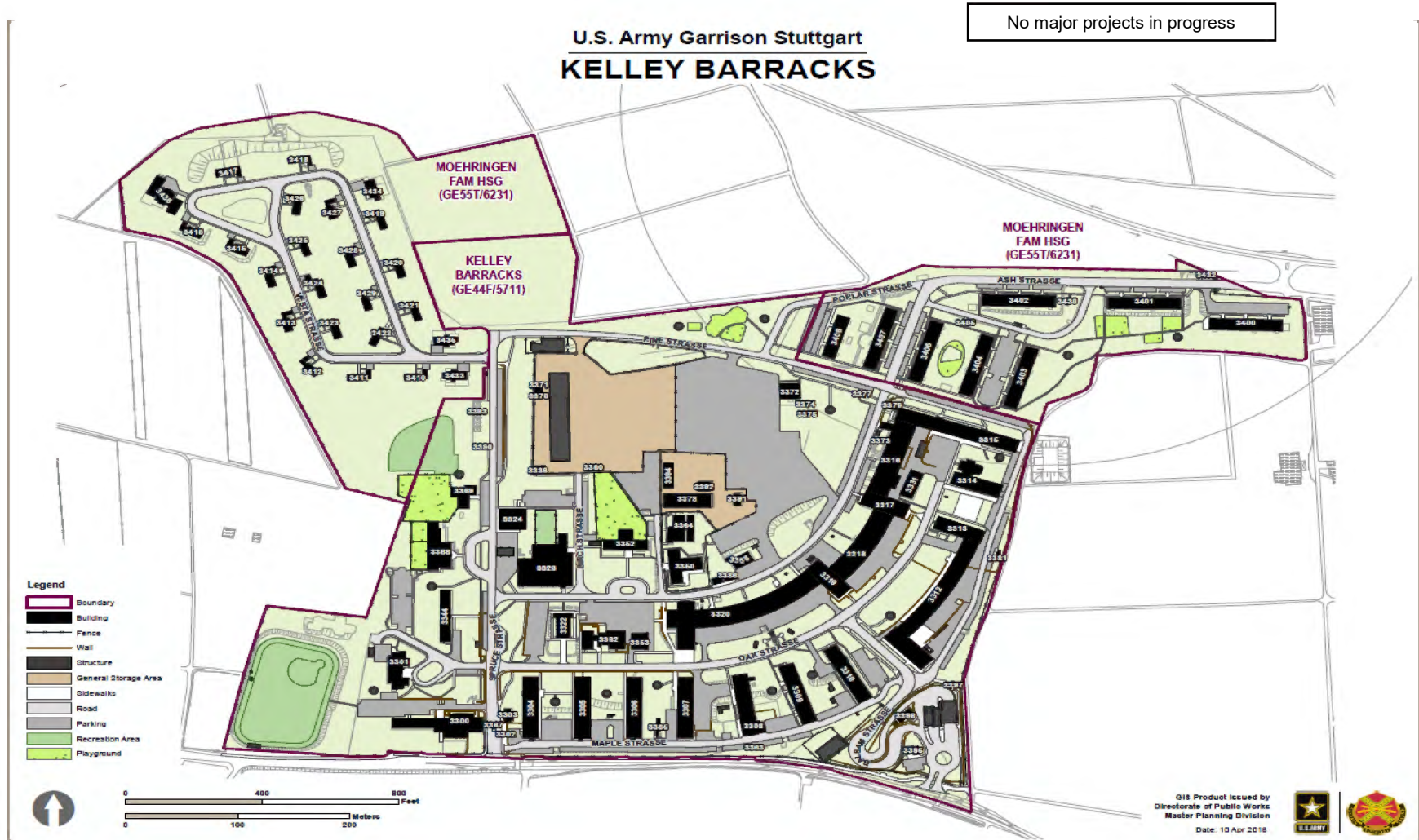
Most Events located in Building 2948 on Panzer Kaserne.

Registration Required

For more information, please call DSN: 314-596 2530 or COMM: 09647 70 596 2530

Construction Update : DPW

Kelley Barracks Construction & Parking Impacts – May 2025

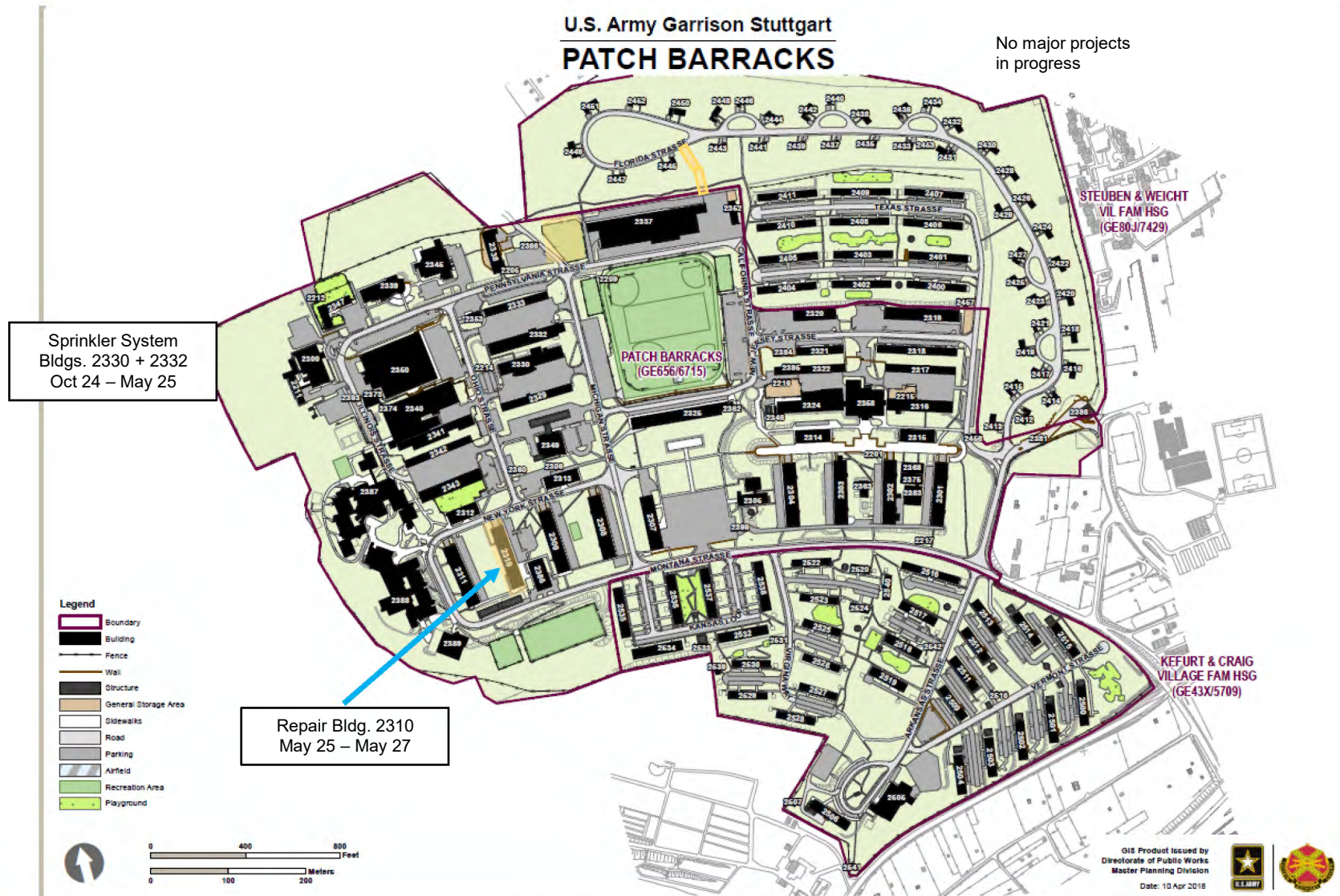


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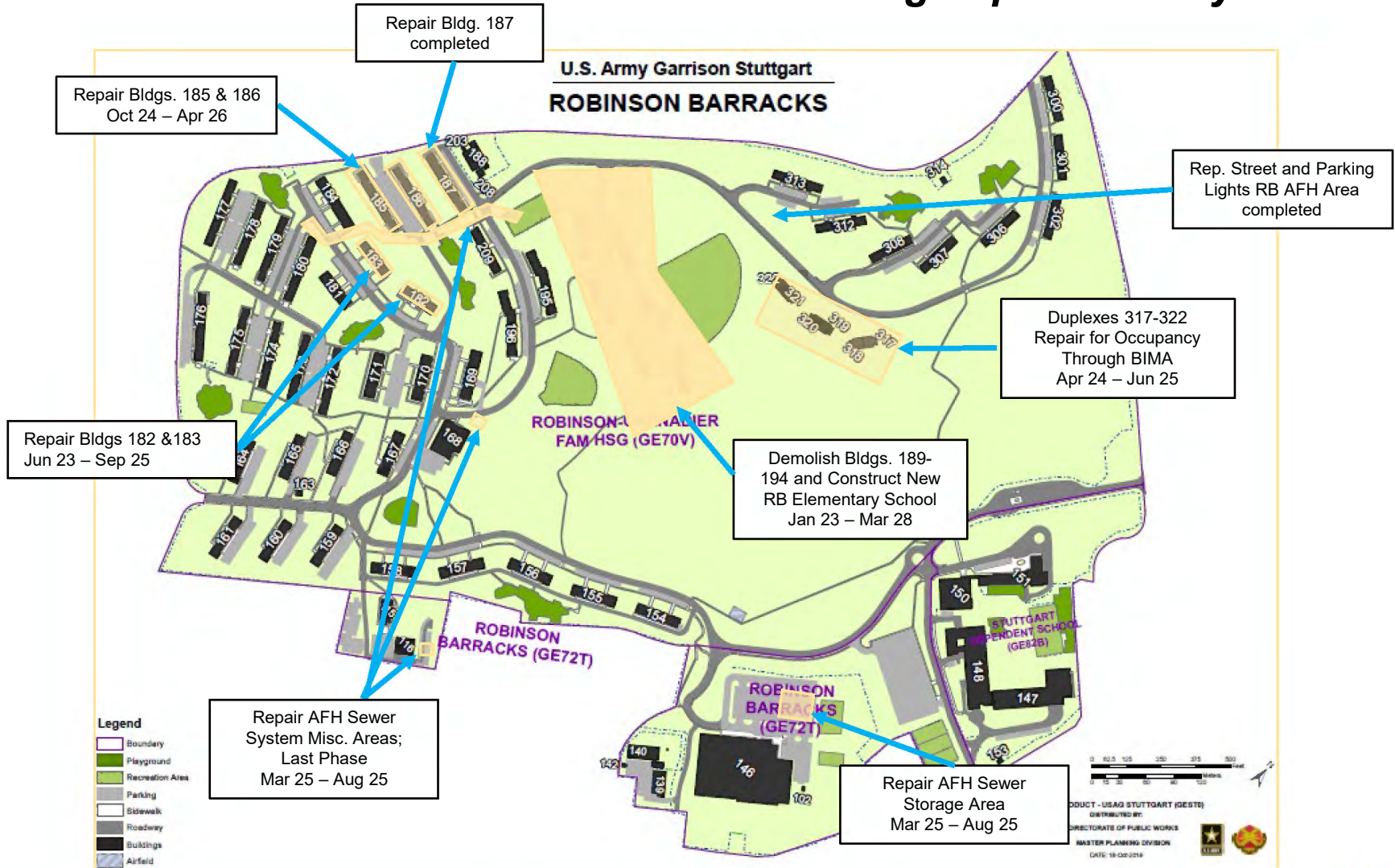
Construction Update : DPW

Patch Barracks Construction & Parking Impacts – May 2025



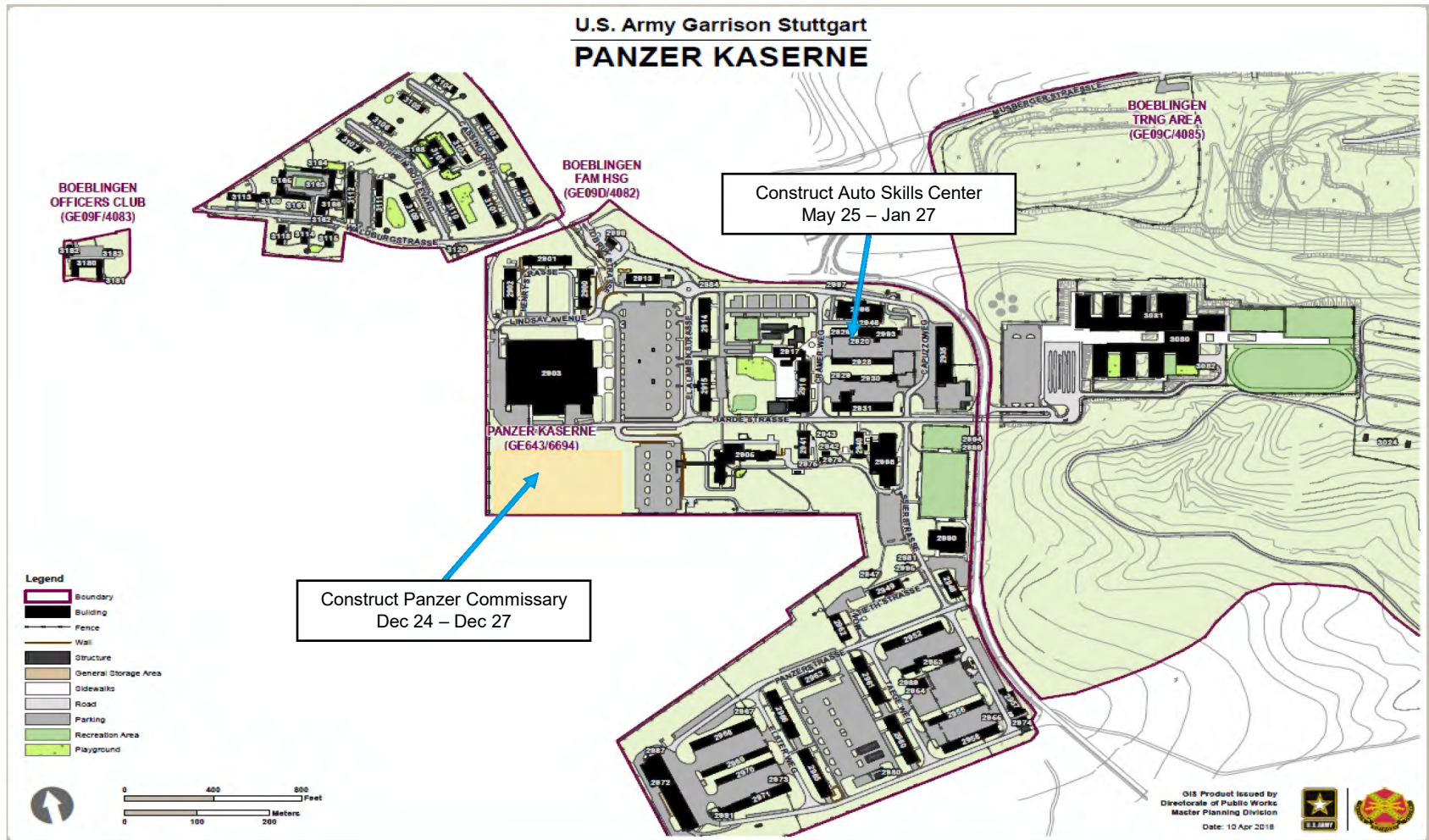
Construction Update : DPW

Robinson Barracks Construction & Parking Impacts – May 2025



Construction Update : DPW

Panzer Kaserne Construction & Parking Impacts – May 2025





Personal Property Process Office - PPPO

- Location: Bldg. 2913, 3rd Floor, Panzer Kaserne
- DSN: 596-3338
- Comm. 09641-70-596-3338
- Email: usarmy.stuttgart.405-afsb-lrc.mbx.pppo@army.mil

PPPO Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1300-1600
- Thursday open from 1200-1600
- Lunch: 1200-1300
- Closed: Every Thursday morning and on American Holidays

POC:

Ms. Larisa Tanasa, DSN: 596-2691/2289, ionela.l.tanasa.ln@army.mil



Transportation Motor Pool - TMP

- Location: Bldg. 3241 Stuttgart Army Airfield (SAAF)
- DSN : 596-2454/2451/2389
- Comm: 09641-70-596-2454/2451/2389
- Email: usarmy.stuttgart.405-afsb-lrc.mesg.tmp@army.mil

TMP Customer Service Hours

- Open: Monday - Friday
- Hours: 0730-1200 and 1300-1600
- Lunch: 1200-1300
- Thursday open from 1200-1600
- Closed: Every Thursday morning and on American/German Holidays

POC: (Vacant)

ITO: Mr. Michael H. Hope, DSN 596-3410, michael.h.hope.civ@army.mil

LRC Transportation – Official Travel

Passenger Travel (SATO) Patch Barracks

- Location: Bldg. 2307, Room 104
- DSN : 596-2108
- Comm: 09641-70-596-2108
- Civ. Email: StuttgartCTO@cwtsato.com
- usarmy.stuttgart.405-afsb-lrc.mbx.id-europe-sato@army.mil

Passenger Travel (SATO) Kelly Barracks

- Location: Bldg. 3300, Room 202
- DSN : 421-5812
- Comm: 0711-550-4210
- Civ. Email: stuttgart-africomcto@cwtsato.com
- usarmy.stuttgart.405-afsb-lrc.mbx.id-europe-sato@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1300-1600
- Lunch: 1200-1300
- Closed: On American Holidays

ITO: Mr. Michael H. Hope, DSN 596-3410, michael.h.hope.civ@army.mil



Drivers Training and Testing Station

- Location: Bldg. 2913, 3rd Floor, Panzer Kaserne
- DSN : 596-2007
- Comm: 09641-70-596-2007
- Email: usarmy.stuttgart.id-europe.mbx.dtts@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1300-1600
- Thursday open from 1300-1600
- Lunch: 1200-1300
- Closed: Every Thursday morning and on American Holidays
- Appointment only on German Holidays

POC: Ms. Athina Ardangelou, DSN 596-2007, athina.ardangelou.ln@army.mil



LRC Supply and Services - HAZMAT

Official HAZMAT

- Location: Bldg. 2958, Panzer Kaserne
- DSN: 596-2071
- Email: richardzinkeng.alabeh.ln@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1230-1600
- Thursday open from 1230- 1600
- Lunch: 1200-1230
- Closed: Thursday mornings and American and German Holidays

POC: Mr. Joshua Giese, DSN 596-3413, joshua.c.giese.civ@army.mil



Installation Property Book Office

- Location: Bldg. 2956, Panzer Kaserne
- DSN: 314-596-2598/2760
- Email: usarmy.stuttgart.405-afsb-lrc.list.ipbo@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1230-1600
- Thursday open from 1230- 1600
- Lunch: 1200-1230
- Closed: Every Thursday mornings and on American Holidays
- Appointments only on Germany Holidays

POC: Mr. Edwidge Romain, DSN 596-2327, edwidge.romain.civ@army.mil

Central Issue Facility

- Location: Bldg. 2931, Panzer Kaserne
- DSN: 596-2154
- Primary Email: usarmy.stuttgart.405-afsb-lrc.list.cif@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1230-1600
- Thursday open from 1230- 1600
- Lunch: 1200-1230
- Closed: Every Thursday mornings and on American Holidays
- Germany Holidays: Appointments only; walk-in services for clearing

POC: Mr. Adreaell T. Ray, DSN 596-3210, adreaell.t.ray.civ@army.mil



The Originals Café - Warrior Restaurant

- Location: Panzer Kaserne, Bldg. 2963, 1-10th SFG(A)
- DSN: 569-2680
- Manager: SGT Brown, Jacob
- Available to all DoD card holders

Customer Service Hours

- Monday-Friday
- Breakfast Serving Hours: 0730-0900
- **Lunch & Dinner, Weekends and on Training Holidays: Closed**
- Find us on A365 Teams or MAPA App for additional information

POC: Mr. Ezekiel Shepherd DSN 596-3412, ezekiel.shepherd@army.mil





USAG STUTTGART SAFETY BULLETIN



Motorcycle Safety Awareness Month

Situation	Motorcycle accidents impact readiness. May is the beginning of peak riding season. As the number of motorcycles on the road increases, so does the potential for accidents. Motorists are reminded to share the road. Motorcyclists must abide by the Installation Traffic Code, other applicable regulations and local law, and wear their personal protective equipment (PPE).
Example	
Motorist Safety Tips	<ul style="list-style-type: none">➤ Keep motorcyclists in mind. Always check for any nearby, especially at intersections.➤ Look twice. Use turn signals, check mirrors and blind spots before changing lanes.➤ Turning left? It can be hard to judge a motorcycle's speed and distance, so let them pass first.➤ Pay extra attention at intersections. 40% of motorcycle fatalities occur at intersections.➤ Give driving your full attention. Stay 100% engaged and alert for motorcycles.➤ Train yourself to notice motorcycles. They're smaller and lower to the ground.➤ Use caution when turning. Drivers have trouble judging the speed and distance of motorcycles. Never try to rush or turn ahead of an oncoming motorcycle.➤ Don't tailgate. Allow for plenty of space around motorcycles to maneuver. Motorcycles can slow down by downshifting, which doesn't activate their brake lights.➤ Don't crowd. If you need to pass a motorcycle, treat it like a car and give it a full lane of space.➤ Slow down. Speeding makes crashes more deadly. Obey speed limits and drive safely.➤ Drive sober. Whether driving a vehicle or motorcycle, plan for a sober and safe ride.
Motorcyclist Safety Tips	<ul style="list-style-type: none">➤ Get licensed. Motorcycle licensing requirements can be found in AEA 190-1.➤ Prioritize training. The Basic Rider Course (BRC) is valid for 1 year. The Advanced Rider Course (ARC) is valid for 5 years. Check calendar and register at: https://airs.safety.army.mil/.➤ Be seen. Keep headlights on at all times. Wear high-visibility gear. Arms and legs should be covered, boots/shoes should cover ankles, and gloves should provide extra grip.➤ Keep your head in the game. Always wear a helmet, properly fastened under the chin.➤ Protect your eyes. Wear impact-resistant or shatter-resistant eye protection – every ride.➤ Slow down. Speeding can be deadly. Keep speed in check. Reckless riding could wreck you.➤ Drive sober. Whether driving a vehicle or motorcycle, plan for a sober and safe ride.➤ Prep like a pro. Keep bikes in good shape. Conduct regular inspections, check and fix recalls.➤ Know the rules. Read and follow the Driver and Vehicle Requirements and the Installation Traffic Code for U.S. Forces in Germany (AEA 190-1).
Action	➤ Contact the Garrison Safety Office (GSO) by Email or call 596-3832 / 3132 / 3133 / 3134.

USAG STUTTGART SAFETY OFFICE

Protect People...Prevent Loss

☎ DSN 314-596-3832

FY25-16

Patient and Family Partnership Council
May 13, 2025, 5-6 pm

Welcome	LTC Zachary Heinrich Commander
Introduce Command Staff and Partners	Participants
School/Sports Physicals	LTC Jonathan Pickett Chief Medical Officer
Pharmacy Scriptcenter	Major Ogechukwu Erinne Chief, Department of Pharmacy
Patient Liaison Services	Ms. Monica Sykes Patient Liaison
Summer Transition Impact on Healthcare	LTC Zachary Heinrich Commander
Questions and Answers	Participants
Closing Future Topics	LTC Zachary Heinrich Commander

U.S. Army Health Clinic Stuttgart
Clinic Main Waiting Room
Patient and Family Partnership Council
Meets every other month (odd month), second Tuesday
Next meeting: July 15, 2025, 5:00-6:00pm
dha.bavaria.stuttgart-ahc.mbx.patient-advocate@health.mil

SPEAK UP!

Patient & Family Partnership Council

Join our Patient and Family Council team and let your opinions be heard.



NEXT MEETING: 13 MAY 25 @ 5PM IN THE CLINIC MAIN WAITING ROOM

The PFPC ensure we capture the voices of patients and families. Become a Patient and Family Advisor and help with our clinic's decision-making.



PFPC participation activities could include discussing healthcare experiences, reviewing health education materials, and sharing ideas about the best ways to communicate with patients.

For More Information: dha.bavaria.Stuttgart-AHC.mbx.patient-advocate@health.mil