

Stuttgart Community Leaders Information Forum



WE ARE THE ARMY'S HOME



Take Away Packet April 2025

USAG Stuttgart CLIF - April 2025

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- **Vet Clinic** - Information on Pets
- **Special Topic**: Childcare / CDC, CYS; Summer Activities Overview
(See read ahead)

Have questions?
Use the CLIF
email:

usarmy.stuttgart.id-europe.mbx.dptms-operation@army.mil

Need previous
information? Use
the CLIF website:

<https://www.stuttgartciti zen.com/community-leaders-information-forum-clif/>



USAG STUTTGART APP

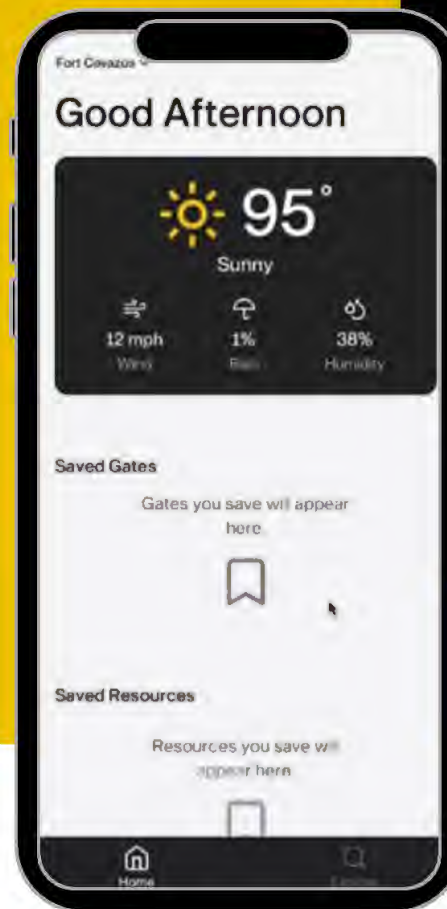


My Army Post App

Coming soon!

Stay in the know!

- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE



Andrea Ryan
Garrison Public Affairs
Andrea.k.Ryan.civ@army.mil
DSN (314) 596-3105



Interactive Customer Evaluation (ICE)

- We want your feedback on Garrison services - use ICE!
 - *Happy with the service you received? We want to hear from you.*
 - Your feedback helps us to recognize those garrison and mission partner professionals who are giving their all to support the Stuttgart community and reinforces what we are doing well.
 - *Have an improvement suggestion? We want to hear from you.*
 - Your input helps us to improve, solve problems, and focus on areas that would have otherwise gone unnoticed.



- *You Have a Voice!*
- <https://ice.disa.mil>



CLIF Survey via ICE

-



We would appreciate your feedback specifically on the CLIF via ICE

- Your input is important to the future of the CLIF events, and we have created a specific ICE survey on CLIFs.
- Just scan the below QR code to provide us your input to the CLIF.





The poster features a central blue panel with gold text and borders. At the top is the U.S. Army seal, which includes the text "DEPARTMENT OF THE ARMY", "UNITED STATES OF AMERICA", and "1775". Below the seal is a red, white, and blue ribbon banner with the text "Stuttgart, Germany". The main title "The 250th Army Birthday Ball" is in a large, gold, serif font. Below the title, in a smaller gold font, is "FORMAL ATTIRE". The date "07 JUNE 2025" is in a large, gold, serif font. Below the date, in a smaller gold font, is "Cocktail hour begins at 1700, ceremony begins at 1800". A gold banner with the text "BAR - DINNER - MUSIC" is below this. The venue "Maritim Hotel" is in a large, gold, serif font, followed by "Tickets: \$100 each" in a smaller gold font. At the bottom is a QR code. The background of the poster is dark blue with white stars, and the sides are decorated with red, white, and blue stripes and stars.

Stuttgart, Germany

The **250th Army
Birthday Ball**

FORMAL ATTIRE

07 JUNE 2025

Cocktail hour begins at 1700, ceremony begins at 1800

BAR - DINNER - MUSIC

Maritim Hotel

Tickets: \$100 each



For more information scan QR code



USO ENTERTAINMENT PRESENTS

LIVE PERFORMANCE!



ARMANI



MEGAN



JADA



KLEINE



KAYDIANNA



TORI



APRIL 8

FREE TO ATTEND!

Stuttgart High School Auditorium

3:30 p.m. | Doors Open

4 p.m. | Main Performance and Meet & Greet



KELEE



LEA

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SPRING FEST 2025 HOSTED BY CYS



 **Apr. 26**

 **10 a.m. - 2 p.m.**

 **Parade Field Tent, Panzer Kaserne**

Celebrating the Month of the Military Child!
"BUILDING STRONGER CHARACTER AND RELATIONSHIPS"

No Federal Endorsement Implied.

Proudly Sponsored By



- * Youth Art Gallery
- * Performances By Local Community Youth
- * Bounce Houses

- * Home Based Businesses
- * Games & Activities
- * SKIES Demonstrations
- * Arts & Crafts



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PICTURES WITH THE

Easter Bunny

Apr. 12
11 a.m. – 1 p.m.

Apr. 12
2 – 4 p.m.

Apr. 16
4 – 6:30 p.m.

Stop by the Patch Arts & Crafts Center

No reservations or purchases required.
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Open to: ID Card Holders with an Approved NATO SOFA Status.

Spring Bazaar



Scan the QR Code for complete info.



May 1 – 3

10 a.m. – 7 p.m.

May 4

10 a.m. – 5 p.m.

Panzer Kaserne

Parade Field & Fitness Center

No federal endorsement implied.



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STAIRMASTER CHALLENGE MT. EVEREST

DO YOU HAVE WHAT IT TAKES TO CLIMB MT. EVEREST?

 **APR. 7 - JUL. 7 | 5 A.M. - 7 P.M.**

 **PANZER FITNESS CENTER**



Are you ready to climb?!

Take on the ultimate challenge and conquer the World's Largest Mountain. Total elevation of Mt. Everest is 29,030 feet to the Peak Of the summit.

Panzer Fitness Center participants will climb 29,030 feet or 46,448 steps or 2,903 flights on the StairMaster over the course of 90 days.

Tracker sheets will be provided each day to record your progress.

Registration opens Apr. 7.

Open to U.S. ID Cardholders; active-duty soldiers, DOD civilian employees, family members, and all patrons with access to USAG Stuttgart Fitness Centers.

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KIDS BASIC CARVING COURSE

Price:
\$120
per child

Participants will safely develop the confidence and skill required to handle edged tools and learn the essential techniques of maintaining a sharp edge on their tools because blunt edges and dull knives are considerably LESS safe to use than tools that are sharp.

The course is designed to be a fun and engaging event in a low stress and climate-controlled environment in order to foster a life-long interest in creating hand-crafted objects.

 Apr. 19  9 a.m. - 2 p.m.

 Garden of Eden,
Panzer Range Complex

Registration deadline
Apr. 18

Call Outdoor Recreation or
stop by our office.

- Community members ages 8 and up.
- Each participant of the Kids Basic Carving Course will receive a carving tool kit.
- The course will be supervised by qualified experts.



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SAC SUMMER CAMP 2025

JUN. 16 - AUG. 15

Programs will operate **Monday - Friday, 6 a.m. - 6 p.m.**

Programs will operate at Panzer SAC, Patch SAC, Kelley SAC.
Robinson Barracks program will close for the summer.

***CLOSED on Jun. 19 & Jul. 4**
for Federal Holidays.

Families interested in any of the
locations can submit request for care on
www.militarychildcare.com

Fees are based on Total Family Income.

CYS Parent Central Services office will begin offering placement on Apr. 1.
CYS registration required through Parent Central Services.
Information available at Parent Central, Patch "HUB" or
Panzer Youth Center.

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PATCH YOUTH CENTER

“HUB”

SUMMER CAMP 2025

**JUN. 16 -
AUG. 15**

MONDAY/TUESDAY/THURSDAY/FRIDAY, 8 AM - 1 PM.
WEDNESDAYS - NO CAMP DUE TO FIELD TRIPS
CLOSED ON JUN. 19 & JUL. 4 FOR FEDERAL HOLIDAYS

*CAMP PROGRAMMING INCLUDES BGCA, 4H, STEM, FITNESS AND RECREATION ACTIVITIES.

**REGISTRATION OPENS APR. 1 FOR ALL YOUTH.
FEES ARE BASED ON TOTAL FAMILY INCOME.
PRIORITY BASED ON FIRST COME FIRST SERVICED.**



CYS registration required through Parent Central Services.
Information available at Parent Central and
Patch & Panzer Youth Centers.

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CYS Babysitters Course



Session 1: Apr. 14-18 | M/T/W/F 3:30 – 5:30 P.M. & Th 2:30 – 5:30 P.M.

Session 2: Jun. 23-27 | M – F 9:30 A.M. – 12 P.M.

Fee: \$40

📍 Patch Barracks, The Hub, Bldg. 2337

CYS babysitters course uses 4H Curriculum and will certify in CPR/First Aid.

Age Qualification: 13 years of age and older.

Registration available on WebTrac or in person at Parent Central Services starting Mar. 1 and May 1 for the respective sessions.

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Sawdust Briquettes Sale

10 A.M. - 1 P.M.

Events are held the 2nd Tuesday of each month!

May 13 | Patch Bldg. 2312, 3rd Floor

Child & Youth Services
RECRUITMENT

New Hourly Rates: \$18.52-\$22.06

Apply now!



*Now offering 100% discount on childcare for the first child,
25% discount for each additional child. Subject to approval annually*

Now available at Kelley Arts & Crafts Center & Outdoor Recreation
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CYS SPORTS & FITNESS ENROLLMENT CALENDAR USAG STUTTGART

ENROLLMENT & REGISTRATION: PARENT CENTRAL SERVICES

Patch Barracks, Bldg. 2347
CIV: 09641-70596-7467/ 7488/ 7480/ 7483
DSN: 596-7467/ 7488/ 7480/ 7483

SPORTS INFORMATION: CYS SPORTS & FITNESS

Panzer Kaserne Family Housing Gate, Bldg. 3162, 2nd Floor
CIV: 07031-15-2616/ 2597
DSN: 431-2616/ 2597



2025 ENROLLMENT DATES

WINTER SEASON

ENROLLMENT PERIOD:
OCT 15 – NOV 7, 2025

SEASON TIMEFRAME:
JANUARY – MARCH

BASKETBALL (AGES 3-15)
CHEER (AGES 5-15)
WRESTLING (AGES 6-14)
BOWLING (AGES 9-18)
MOVEMENT MANIA (AGES Gr 1-8)

SPRING SEASON

ENROLLMENT PERIOD:
FEB 5 – 21, 2025

SEASON TIMEFRAME:
APRIL - JUNE

TEEBALL (AGES 3-6)
BASEBALL (AGES 7-15)
SOFTBALL (AGES 9-15)
SOCCER (AGES 5-15)
VOLLEYBALL SKILLS (9-18)
TRACK & FIELD (AGES 5-15)
MOVEMENT MANIA (Gr 1-8)
BOWLING (9-18)

SUMMER CAMPS

ENROLLMENT PERIOD:
MAY 15 – JUL 18, 2025

SEASON TIMEFRAME:
JUNE – AUGUST

ARCHERY (9-15)
DODGEBALL (9-15)
CAMPS (AGES 3-15)
LEISURE GAMES, KICKBALL,
SOCCER,
BASKETBALL, GOLF, CHEER,
LACROSSE, TRACK,
FOOTBALL

FALL SEASON

ENROLLMENT PERIOD:
MAY 28 – JUL 11, 2025

SEASON TIMEFRAME:
SEPTEMBER - NOVEMBER

SOCCER (AGES 3-15)
VOLLEYBALL (AGES 9-15)
TACKLE FOOTBALL (AGES 10-15)
CROSS COUNTRY (AGES 9-15)
CHEER (AGES 7-15)
FLAG FOOTBALL (AGES 7-12)
BASEBALL SKILLS (9-12)
PICKLEBALL SKILLS (8-15)
MOVEMENT MANIA (Gr 1-8)
LACROSSE SKILLS (9-15)

ENROLLMENT PERIOD DATES ARE SUBJECT TO CHANGE.
AVAILABILITY OF PROGRAMS IS SUBJECT TO CHANGE AND WILL VARY PER SEASON.

LAST REVISED: JAN 2025



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RUN SERIES 2025

MAY
17

9
A.M.

ROCK
THE
80S

Swabian Community Activity Center

Pump up the jam with this fun, family-friendly 5K fun run! Participants are encouraged to wear their raddest leg warmers, head bands, and other iconic 80s items.

REGISTRATION: MAY 1-14 \$15
WITHOUT MEDAL \$10

SAME DAY \$20
WITHOUT MEDAL \$15

SHIRTS FOR \$15

Register at all Stuttgart Fitness Centers or WebTrac.

No federal endorsement implied.



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FREE THROW COMPETITION

MAY 7-9
11 AM-1 PM



 **PATCH FITNESS
CENTER**



**PARTICIPANTS WILL HAVE TWO MINUTES TO MAKE THE
GREATEST NUMBER OF FREE THROWS THAT THEY CAN.**

PARTICIPANTS HAVE ONE ATTEMPT.

**ALL ATTEMPTS ARE TRACKED BY THE PATCH
FITNESS CENTER STAFF.**

Event is Free
Registration May 1-9

Winners are notified via email.

Event is open to US ID cardholders; active-duty soldiers,
DOD civilian employees, family members, and
all patrons with access to USAG Stuttgart Fitness Centers.



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2025 CYCLING CHALLENGE


CYCLING CHALLENGE
 ARMY OUTDOOR RECREATION
 MAY 1 - AUGUST 31



Visit your local Outdoor Rec or armymwr.com/odrcyclingchallenge
 OPEN TO ALL AUTHORIZED MWR PATRONS.

THE U.S. ARMY FAMILY AND MWR PROGRAMS IS BROUGHT TO YOU BY THE U.S. ARMY INSTALLATION MANAGEMENT COMMAND.



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STUTTGART FOOD TRUCK SCHEDULE

APRIL

PANZER PX

WK1	31 Mar - 6 Apr	African Flavor on Wheels Chillers
WK2	7-13	American Eats BBQ Spudz
WK3	14-20	African Flavor on Wheels
WK4	21-27	Chillers
WK5	28 Apr - 4 May	Thio's Inn Greek Gyros Chief's American Tex Mex

KELLEY BARRACKS -GYM-

WK1	31 Mar - 4 Apr	Hann's Chicken Truck
WK2	7-11	African Flavor on Wheels
WK3	14-18	Spudz
WK4	21-25	Chief's American Tex Mex
WK5	28 Apr - 2 May	American Eats BBQ

J-MALL PATCH BARRACKS

WK1	31 Mar - 4 Apr	American Eats BBQ Thio's Inn Greek Gyros
WK2	7-11	Chief's American Tex Mex Chillers
WK3	14-18	Chief's American Tex Mex Chillers
WK4	21-25	African Flavor on Wheels
WK5	28 Apr - 2 May	African Flavor on Wheels

ROBINSON BARRACKS

WK1		
WK2		
WK3		
WK4	21-25	Spudz
WK5		

PANZER EXPRESS

WK1	31 Mar - 4 Apr	Spudz
WK2	7-10	Hilly Billy
WK3	14-18	Thio's Inn Greek Gyros
WK4		
WK5	28 Apr - 2 May	Spudz

KELLEY BARRACKS -THEATER-

WK1		
WK2	7-11	Thio's Inn Greek Gyros
WK3		
WK4		
WK5	28 Apr - 2 May	Chillers

PATCH FITNESS CENTER

WK1	31 Mar - 4 Apr	Hilly Billy
WK2	7-11	Hann's Chicken Truck
WK3		
WK4	21-25	Thio's Inn Greek Gyros
WK5		

START A
NEW
BUSINESS
OR FOODTRUCK

Contact us:
yyEUEUCOMServices@aafes.com

Food Truck Rotation is subject to change based on special events, unit requests, & holidays.

SPECIAL EVENTS:

Spring Fling: Patch J-Mall April 11
Chief's American Tex Mex + Chillers



Own a Food Truck & Want to Serve the Stuttgart Community?
Email: yyeueucomservices@aafes.com for more information.

Sensory-Friendly Shopping

We're providing a quieter, calmer shopping environment that is more inclusive & sensory-friendly.

Saturday

12 April

07:55 - 08:55 AM

DURING THIS TIME, OUR CUSTOMERS WILL EXPERIENCE:



Dimmed Lighting



No overhead music or announcements



Low beeping sounds at registers



Minimal associate interactions



For more information, please see an associate.

SIXT

**WE ARE
OPEN!**



MEET THE NEW NEIGHBORS.

Find our new SIXT Branch directly on base in Patch Barracks.



NOW HIRING

(m/f/d)

**Service Team
Kitchen Team
Cook**

Interested?

Apply now by sending your resume to bewerbungen@lagardere-tr.de
or send a Whatsapp to +49 152 514 09 728



USAG STUTTGART

RESILIENCY NEWSLETTER



CONTACT: DSN 314 596 2530

PANZER KASERNE BLDG. 2948, 2ND FLR

Beating Workplace Fatigue

Workplace fatigue has contributed to some of the world's greatest disasters, including Chernobyl, the Challenger explosion, and the Exxon Valdez oil spill. Fatigue typically happens after prolonged mental and physical activity. In today's always-on, technology-driven world, its frequency and impact on health and productivity are gaining attention. Recognize the signs of fatigue and take action to protect your health. Symptoms include difficulty concentrating, slowed reaction time, irritability, persistent drowsiness, and reduced motivation. You may also experience frequent yawning, headaches, forgetfulness, blurry vision, and increased mistakes. If fatigue continues, see a medical doctor to discover its underlying cause, and if your lifestyle creates fatigue, talk to the EAP. On the job, take a break. Walk, stretch, hydrate, do breathing exercises, and get fresh air. If your fatigue is severe, let someone know to reduce the risk of injury or prevent a calamity.

Source: healthmatch.io/blog/are-you-too-tired-causes-and-solutions-for-tiredness-and-chronic-fatigue



Don't Get Your Phone Hacked

Phone hacking is on the rise with more people relying on these devices for an increasing number of life tasks. Unfortunately, there is a misconception that a phone is less vulnerable than a desktop computer. Not true. There is a new cyber risk called a "zero-click exploit." This can attack a phone without trickery, clicks, or any interaction by the phone user. Smartphone companies are staying ahead, but if you don't stay on top of security updates in a timely way, you increase the risk of being attacked silently and invisibly. Periodically turn off your phone entirely, maintain updates properly, and install apps only from official and

Source: <https://www.documentcloud.org/documents/21018353-nsa-mobile-device-best-practices/>



Alcohol Use and Breast Cancer Prevention

According to the World Health Organization, breast cancer is the most common type of cancer linked to alcohol consumption in women. One drink per day raises risk by 15%. A new report from the National Academies of Sciences, Engineering, and Medicine reviews scientific evidence on the latest-understood relationship between moderate alcohol consumption and health outcomes. The report concluded "with moderate certainty that consuming a moderate amount of alcohol (one drink/5 oz. of wine) per day is associated with a higher risk of female breast cancer compared to never consuming alcohol." It also concluded with low certainty that higher amounts of moderate alcohol consumption are associated with a higher risk of breast cancer. Is alcohol use a concern for you or someone you care about? Learn more about how to get help or how to help another person by contacting your employee assistance program.

News Release: <https://www.nationalacademies.org/news/2024/12/new-report-reviews-evidence-on-moderate-alcohol-consumption-and-health-impacts>



Avoid Passive-Aggressive Communication at Work

Passive-aggressive communication is distressing and contributes to poor morale, higher turnover, and lower productivity. Recognizing its impact and avoiding it can create a more positive workplace, reduce stress, and decrease burnout. Do you participate in passive-aggressive communication? Common behaviors include sending emails to a coworker but copying it to their supervisor; withholding information; using the silent treatment; leaving notes that create distress (e.g., "See me" or "We need to talk"); giving a compliment containing a hidden insult (e.g., "Wow, good work for a newbie."); using an insincere tone (e.g., "Yeah, sure, I'll get that done pronto."); and undermining a positive relationship between two coworkers with gossip or falsehoods.



Learn more: uk.indeed.com/career-advice [search "passive-aggressive"]

The Power of Feeling

Time Affluent

Do you have enough time to do the things you want—and need—to do? Answering yes means you are “time affluent.” It is a key to feeling happy and satisfied with life. The opposite would be feeling constantly under pressure, harried, and “without a second to breathe.” That feeling of being in control of your time isn’t necessarily acquired by having money—financial affluence—but instead by appreciating time as an irreplaceable commodity and applying skills that give you more control over it. To gain time affluence, consider seven skills: 1) Learn to prioritize to prevent less-important tasks from consuming time. 2) Practice doing key tasks in “chunks of time.” This increases focus and speed and gives you more life balance. 3) Learn to say no; this requires learning when and what to say no to while staying proficient at it. 4) Delegate more—a cost-free example might be delegating household chores to other family members. 5) Reduce/avoid social media/technology use. 6) Change your perception. Put time gaps between chores to enjoy a break rather than stitching them together all day and feeling harried. 7) Discover the art of mindfulness and utilize this life skill to appreciate the present moment. Learn more: maxwellleadership.com/blog/team-potential-value-effective-delegation/



Avoid Lifestyle Habits

That Harm Kidneys

Don’t harm your kidneys with lifestyle behaviors that place stress on their ability to function. Kidneys filter blood at the rate of about 200 quarts per day. They remove waste products, selectively reabsorb or excrete water, control blood pressure, produce hormones, and maintain electrolyte levels. The following put stress on kidneys: 1) Late-night eating and bedtime snacking interrupt your circadian rhythm and adversely affect metabolism, causing stress on kidneys. 2) Skipping breakfast is linked to poor metabolic control, specifically increasing the risk of protein in urine, a sign of unhealthy kidney function. This can also increase hypertension. 3) Poor hydration reduces blood flow to the kidneys, making them work harder. Stay hydrated by drinking water during the day to help your kidneys do their job. 4) Oversalting your food can increase blood pressure. Avoiding these behaviors can help prevent inflammation, poor hydration, and disturbances of your metabolism—all enemies of your kidneys’ health. Learn more: pubmed.ncbi.nlm.nih.gov/28385348/



Tips from the Field: April is

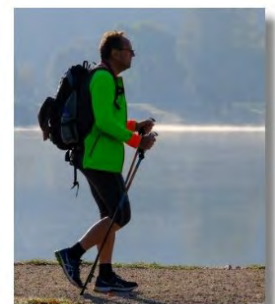
Alcohol Awareness Month

Spend some time with USAG Stuttgart’s Army Substance Abuse Program (ASAP) team during the month of April as we inform the community about the dangers of alcohol use, addiction, and intervention. As part of the awareness campaign, we’ll be hosting a series of events including a symposium, outreach, Alcohol Awareness Training, and more. The ASAP team will also share insights on destigmatizing alcohol addiction and highlighting early intervention and treatment. Both short and long-term effects of alcohol use can have a negative effect on one’s body and their ability to make sound decisions, which impacts overall readiness. Awareness of the harmful effects of alcohol use can aid in living a healthy lifestyle and help educate those around us. Studies show that alcohol awareness can save lives. So be sure to complete your annual ASAP training and look for us in the community throughout the month of April to learn more.



Fifteen Benefits of Walking

Knowing the benefits of walking 30 minutes a day five days a week may well increase your motivation for doing it. Do you see in the following list any benefits that excite you? Decreased risk of cardiovascular disease; decreased risk of cerebrovascular disease; decreased risk of type 2 diabetes; decreased risk of cognitive impairment and dementia; improved mental well-being; improved sleep; increased lifespan; reduced risk of cancer; increased effectiveness of immune function; greater calorie expenditure during and after the walk; reduced effects of stress; improved self-esteem and positive self-talk from achieving walking goals; improved overall endurance; improved insulin sensitivity and glucose control; and alone time to reflect on thoughts, feelings, and goals for improved self-awareness and personal growth. Talk to your doctor about your exercise plans. Note that incorporating short, intense bursts of walking fast or jogging for, say, 20 seconds periodically can help you achieve greater health benefits *in less time* compared to a moderate walking pace alone!





ASAP

ARMY SUBSTANCE ABUSE PROGRAM

UPCOMING ASAP EVENTS

Army Substance Abuse Program Training @ 09:00

Suicide Prevention Training @ 10:00

April 30th

May 28th

EAP Training for Supervisors

April 30th

Unit Deterrence Leader Training

April 22nd – 24th

August 19th - 21st

Prime for Life (ADAPT)

April 8th & 9th

June 3rd & 4th

ACE-SI Tier I Training or Engage Suicide Prevention Training

On Request

Grief Support Group @ 17:00 – 18:30 (ACS Annex – Patch)

April 8th & 22nd

May 13th & 27th

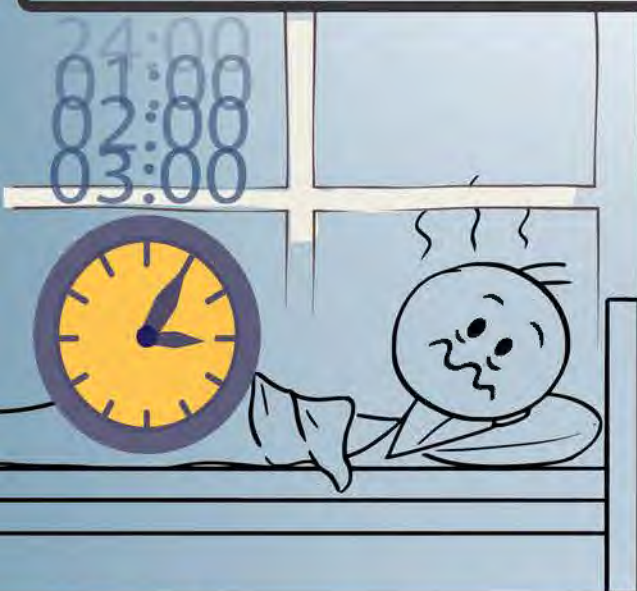
*Most Events located in Building 2948 on Panzer Kaserne. **Registration Required***

For more information, please call DSN: 314-596 2530 or COMM: 09647 70 596 2530

CHRONIC SLEEP DEPRIVATION



2/3 of adults are chronically sleep deprived and get less than the recommended 7-8 hours of sleep per night.



**Sleep is a biological necessity!
Lack of sleep affects your:**

- Ability to judge the quality of your physical & mental performance
- Ability to learn & make memories
- Emotional & mental stability
- Immune system
- Overall quality & length of life

So how can you improve your sleep?

Increase your quality and quantity of sleep through:

- Be consistent (stick to a standard “shut down”/“wake up” routine)
- Eliminate non-essential tasks before bed
- Limit caffeine and alcohol intake
- Keep your room dark, cool and quiet

Just one hour more of deep, restful sleep per night can have an immediate impact on your performance and well-being.



For more ways to strengthen your resilience, connect with us at:

@ArmyResilience



MOMC EVENTS AND VOLUNTEER OPPORTUNITIES SPONSORED BY PATCH ELEMENTARY PTA AND PATCH MIDDLE SCHOOL PTSA

Sign-ups available for distribution!

SCHOOL	FRIDAY 11 APRIL	FRIDAY 18 APRIL	THURSDAY 24 APRIL	WEDNESDAY 30 APRIL
PATCH ELEMENTARY SCHOOL	OBSTACLE COURSE 1045-1245	2ND ANNUAL COLOR RUN 1045-1245	CELEBRATE THE ARTS FAMILY NIGHT AT BOTH SCHOOLS 1700-1900	CLAP OUT CELEBRATION FOR BOTH SCHOOLS AT PATCH SCHOOL QUAD 1415-1445
PATCH MIDDLE SCHOOL	RECESS GAMES 1045- 1315			





Personal Property Process Office - PPPO

- Location: Bldg. 2913, 3rd Floor, Panzer Kaserne
- DSN: 596-3338
- Comm. 09641-70-596-3338
- Email: usarmy.stuttgart.405-afsb-lrc.mbx.pppo@army.mil

PPPO Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1300-1600
- Thursday open from 1200-1600
- Lunch: 1200-1300
- Closed: Every Thursday morning and on American Holidays

POC:

Mr. Timothy M. Moncman, DSN: 596-2691, timothy.m.moncman.civ@army.mil



Transportation Motor Pool - TMP

- Location: Bldg. 3241 Stuttgart Army Airfield (SAAF)
- DSN : 596-2454/2451/2389
- Comm: 09641-70-596-2454/2451/2389
- Email: usarmy.stuttgart.405-afsb-lrc.mesg.tmp@army.mil

TMP Customer Service Hours

- Open: Monday - Friday
- Hours: 0730-1200 and 1300-1600
- Lunch: 1200-1300
- Thursday open from 1200-1600
- Closed: Every Thursday morning and on American/German Holidays

POC: (Interim TMP Manager)

Mr. Christopher Ferguson DSN 596-2360, christopher.ferguson22.civ@army.mil

ITO: Mr. Michael H. Hope, DSN 596-3410, michael.h.hope.civ@army.mil

LRC Transportation – Official Travel

Passenger Travel (SATO) Patch Barracks

- Location: Bldg. 2307, Room 104
- DSN : 596-2108
- Comm: 09641-70-596-2108
- Civ. Email: StuttgartCTO@cwtsato.com
- usarmy.stuttgart.405-afsb-lrc.mbx.id-europe-sato@army.mil

Passenger Travel (SATO) Kelly Barracks

- Location: Bldg. 3300, Room 202
- DSN : 421-5812
- Comm: 0711-550-4210
- Civ. Email: stuttgart-africomcto@cwtsato.com
- usarmy.stuttgart.405-afsb-lrc.mbx.id-europe-sato@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1300-1600
- Lunch: 1200-1300
- Closed: On American Holidays

ITO: Mr. Michael H. Hope, DSN 596-3410, michael.h.hope.civ@army.mil



Drivers Training and Testing Station

- Location: Bldg. 2913, 3rd Floor, Panzer Kaserne
- DSN : 596-2007
- Comm: 09641-70-596-2007
- Email: usarmy.stuttgart.id-europe.mbx.dtts@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1300-1600
- Thursday open from 1300-1600
- Lunch: 1200-1300
- Closed: Every Thursday morning and on American Holidays
- Appointment only on German Holidays

POC: Ms. Athina Ardangelou, DSN 596-2007, athina.ardangelou.ln@army.mil

LRC Supply and Services - HAZMAT

Official HAZMAT

- Location: Bldg. 2958, Panzer Kaserne
- DSN: 596-2071
- Email: richardzinkeng.alabeh.ln@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1230-1600
- Thursday open from 1230- 1600
- Lunch: 1200-1230
- Closed: Thursday mornings and American and German Holidays

POC: Mr. Joshua Giese, DSN 596-3413, joshua.c.giese.civ@army.mil



Installation Property Book Office

- Location: Bldg. 2956, Panzer Kaserne
- DSN: 314-596-2598/2760
- Email: usarmy.stuttgart.405-afsb-lrc.list.ipbo@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1230-1600
- Thursday open from 1230- 1600
- Lunch: 1200-1230
- Closed: Every Thursday mornings and on American Holidays
- Appointments only on Germany Holidays

POC: Mr. Edwidge Romain, DSN 596-2327, edwidge.romain.civ@army.mil



Central Issue Facility

- Location: Bldg. 2931, Panzer Kaserne
- DSN: 596-2154
- Primary Email: usarmy.stuttgart.405-afsb-lrc.list.cif@army.mil

Customer Service Hours

- Days: Monday - Friday
- Hours: 0730-1200 and 1230-1600
- Thursday open from 1230- 1600
- Lunch: 1200-1230
- Closed: Every Thursday mornings and on American Holidays
- Germany Holidays: Appointments only; walk-in services for clearing

POC: Mr. Adreaell T. Ray, DSN 596-3210, adreaell.t.ray.civ@army.mil



The Originals Café - Warrior Restaurant

- Location: Panzer Kaserne, Bldg. 2963, 1-10th SFG(A)
- DSN: 569-2680
- Manager: SGT Brown, Jacob
- Available to all DoD card holders

Customer Service Hours

- Monday-Friday
- Breakfast Serving Hours: 0730-0900
- **Lunch: Closed**
- **Dinner: Closed**
- **Weekends and on Training Holidays: Closed**
- Find us on A365 Teams for monthly menus/calendars and MAPA app for hours of operations changes

POC: Mr. Ezekiel Shepherd DSN 596-3412, ezekiel.shepherd@army.mil



USAG Stuttgart Presents: Suicide Prevention and Alcohol Awareness Symposium

In recognition of Alcohol Awareness Month, USAG Stuttgart ASAP is partnering with Behavioral Health for a panel discussion with Service Members who share their behavioral health experiences. Please join us for an impactful conversation as we work to fight stigma and promote help-seeking behaviors in our community.

Swabian Events Center
Patch Barracks
April 17th, 2025
1300 - 1430

Can't join in-person? Watch
the stream on Teams!
Microsoft Teams App required



For more information, please call ASAP at:
+49 (0) 9641-70-596-2743



SPEAK UP!

Patient & Family Partnership Council

Join our Patient and Family Council team and let your opinions be heard.

MEETINGS: 2ND TUESDAY OF ODD MONTHS @ 5PM IN THE CLINIC MAIN WAITING ROOM

The PFPC ensure we capture the voices of patients and families. Become a Patient and Family Advisor and help with our clinic's decision-making.



PFPC participation activities could include discussing healthcare experiences, reviewing health education materials, and sharing ideas about the best ways to communite with patients.

For More Information: dha.bavaria.Stuttgart-AHC.mbx.patient-advocate@health.mil

Around the Horn: VRA-RP Stuttgart

Is your time at USAG Stuttgart Coming to a Close?

Use this CONUS PCS Checklist to make sure your furry family members are ready to leave Germany

A Few Months Before you Leave:

- Ensure that your pet's vaccinations are up to date. Airlines and some destinations can refuse entry to pets who have been vaccinated within 30 days of flight.

3-4 Weeks Before your Flight:

- Call to book a Health Certificate Appointment. We will need proof your pet has a current rabies vaccine.
- Make sure you have an original copy of your pet's most recent rabies certificate.
- Update your contact information with your pet's microchip company. The most common US microchips are AVID and HOMEAGAIN

Rehoming your pet?

- Prior to transferring ownership of your pet, both you and the new owner must be present with IDs to sign an Ownership Transfer Form.

Stuttgart Veterinary Treatment Facility

Building 2996A Panzer Kaserne
Comm: 06371-9464-1888
DSN: 314-590-1888



Is your time at USAG Stuttgart coming to a close?

Use this OCONUS PCS Checklist to make sure your furry family members are ready to leave Germany

As soon as you have an assignment to an international location:

- Visit <https://www.aphis.usda.gov/aphis/pet-travel> for the most up to date importation requirements.
- Ensure vaccinations are current and won't lapse prior to arrival. Many countries refuse entry for vaccinations done within 21 days of entry.
- Permits may be required by your import destination. It is the responsibility of the owner to obtain these when required, prior to export.

**Pet import into Japan, South Korea, Hawaii, and Guam takes months of preparation.
Call the Stuttgart VTF for more information.**

3-4 Weeks Before your Flight:

- Call to book a Health Certificate Appointment. We will need proof your pet has a current rabies vaccine.
- Make sure you have your pet's most recent rabies certificate(s). Some locations require more than one rabies certificate for entry.

Stuttgart Veterinary Treatment Facility

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