



DEPARTMENT OF THE ARMY  
UNITED STATES ARMY GARRISON, STUTTGART  
UNIT 30401  
APO AE 09154-0401

AMIM-SGG-ZA

2 May 2022

MEMORANDUM FOR RECORD

SUBJECT: COVID-19 Guidelines for Stuttgart Military Community

1. References.

a. DOD Memorandum, Consolidated Department of Defense Coronavirus Disease 2019 Force Health Protection Guidance, 04 April 2022 (<https://www.defense.gov/Explore/Spotlight/Coronavirus/Latest-DOD-Guidance/>).

b. Baden Württemberg state ordinances (<https://www.baden-wuerttemberg.de/de/service/aktuelle-infos-zu-corona/>).

c. HQ USAREUR-AF, AEDC-A, General Order 1D (General Order Number 1D (GO-1D) Public Health Measures for U.S. Army Garrison Stuttgart) 15 March 2021, available at: COVID-19 Guidance on the USAG Stuttgart app.

d. Re-open EU (<https://reopen.europa.eu/enis>).

e. The Robert Koch Institute (RKI) (<https://www.rki.de/EN/Home/homepage.html>).

f. U.S. CDC's Travel Health by Destination, 27 January 2022, (<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>).

g. U.S. CDC's Symptoms of COVID-19, 22 March 2022, (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>).

h. NATO Status of Forces Agreement (SOFA) Article IX, and Supplementary Agreement for Germany, Art. 56 (Applicability of HN Safety & Health regulations to the LN workforce).

i. DHA Memorandum, Coronavirus Disease 2019 Test to Treat Initiative and Outpatient Therapy Treatment Options – Update April 18, 2022, 18 April 2022.

j. German COVID-19 Workplace Occupational Safety and Health Ordinance (Arbeitsschutzverordnung), 20 March 2022  
[http://www.gesetze-im-internet.de/corona-arbschv\\_2022-03/index.htm](http://www.gesetze-im-internet.de/corona-arbschv_2022-03/index.htm).

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k. German COVID-19 Workplace Occupational Safety and Health Technical Rule (Arbeitsschutzregel), 24 November 2021  
([https://www.baua.de/DE/Angebote/Rechtstexte-und-Technische-Regeln/Regelwerk/AR-CoV-2/pdf/AR-CoV-2.pdf?\\_\\_blob=publicationFile&v=1](https://www.baua.de/DE/Angebote/Rechtstexte-und-Technische-Regeln/Regelwerk/AR-CoV-2/pdf/AR-CoV-2.pdf?__blob=publicationFile&v=1)).

l. USAREUR Memorandum, Highest Service Authority Guidance for Civilian Personnel on Essential COVID-19 Protection Measures, 30 September 2020.

m. USAREUR-AF Memorandum, COVID-19 Implementation Guidance Related to Travel and Meetings, 3 November 2021.

n. DOD Memorandum, Tools to Mitigate the Threat of the Omicron Variant of Coronavirus Disease 2019 in the Department of Defense, 30 DEC 21.

o. HQDA COVID-19 Relevant Authorities FRAGO Reference Guide, 25 MAR 22.

2. Purpose. This memorandum provides guidance for the U.S. Army Garrison (USAG) Stuttgart Community on Corona Virus Disease 2019 (COVID-19) public health response. It rescinds COVID-19 Guidelines dated 12 April 2022 and provides updated enclosure, COVID-19 Quick Reference Guide.

3. Applicability. This guidance only applies to activities conducted on USAG Stuttgart. The guidance herein does not apply to off-post activities. When off-post individuals must comply with host-nation COVID-19 regulations.

4. Non-Compliance: Violations of the below guidelines may result in unit notification, loss of access to installation services or facilities, a temporary or permanent bar from the installation, suspension or revocation of Individual Logistical Support (ILS), Early Return of Dependents (EROD), or other adverse action.

5. COVID-19 Illness: The definitions of common public health terms related to the COVID-19 pandemic can be found on the Center for Disease Control and Prevention (CDC) website (<https://www.cdc.gov/coronavirus/2019-ncov/your-health/index.html>).

6. Testing for Suspected COVID-19 Cases: USAG Stuttgart Community members must self-monitor for COVID-19 symptoms and when present will stay at home, avoid group activities (work, school, sports), get tested, and seek medical evaluation as required. For more information visit <https://rhce.amedd.army.mil/stuttgart/>, [www.stuttgartcitizen.com](http://www.stuttgartcitizen.com) or the USAG Stuttgart App.

7. COVID-19 Positives: The individual will stay isolated for 5 days (day 0 is the day symptoms started or date of specimen collection if asymptomatic). The COVID-19 positive individual may leave isolation after 5 days, if no symptoms are present or if

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he/she is free of fever for more than 24 hours and any remaining symptoms are resolving. Mask wearing must continue for 5 days after leaving isolation when around others, even if mask wearing is not otherwise required by DoD guidance. If fever, shortness of breath, or severe fatigue start or persist, the individual will stay isolated until these symptoms resolve. The Service Member should be seen and managed by medical personnel. A negative test is not required to discontinue. This is consistent with the CDC's recommendation to not test during the 90-day period following initial diagnosis. This applies to all viral testing methodologies, including antigen testing. Community members who test positive for COVID-19 should contact their Primary Care Provider who can evaluate therapy treatment options and prescribe antiviral medication if indicated.

8. International Travel: Travelers must understand and comply with COVID-19 testing and movement restrictions for each nation they will enter and transition through. Additional requirements may be imposed by airlines and local public health authorities. Check with the airline and understand how layovers or multi-destination travel may impact individual testing requirements. See enclosure.

9. Mask Wear: Host nation and Garrison community transmission rates are presently assessed to be at HPCON Alpha and low. See enclosure.

10. In order to meet German workplace safety & health standards applicable in accordance with paragraph 1. h, j, k, l, and m, LNs must continue to practice physical distancing, observe occupancy limits, and wear masks as required in work areas (including customer service areas) where physical distancing cannot be ensured. Masks shall always be worn in public-use areas, such as hallways and restrooms. Supervisors of LN employees will enforce HN guidance and ensure that work areas meet contact reduction/distancing requirements, applying the Technical-Organizational-Personal (TOP) hierarchy of controls.

11. Commanders and supervisors may make exceptions to this memorandum as necessary to ensure a safe workforce.

12. This guidance is subject to change. The point of contact for this memorandum is LTC Kristopher Wilson at AHC-S, at E-mail: [kristopher.c.wilson2.mil@mail.mil](mailto:kristopher.c.wilson2.mil@mail.mil).

Encl.  
COVID-19 Quick Reference Guide  
(Updated)

MATTHEW T. ZIGLAR  
COL, CA  
Commanding

## U.S. Army Garrison Stuttgart COVID-19 Quick Reference Guide

### COVID-19 Travel Quick Reference Guide (See Notes 3, 4, 5, 9, and 15)

**Note:** This guidance applies to personnel entering Baden-Wuerttemberg, Germany and applies to official and unofficial travel. This guidance is a compilation of current U.S., DoD, USAG Stuttgart, and Host Nation guidance. All travelers entering Germany from high risk and variant areas, regardless of method of transportation, must complete the online travel registration: <https://www.einreiseanmeldung.de/>. For information regarding travel from Germany to other countries, adhere to U.S. guidance, DoD policy, HN requirements, the Electronic Foreign Clearance Guide, and destination guidance.

Pre-Travel Requirements (Travelers 12 & older)	Traveling From (Note 3)	Digital Registration	Pre-Travel Testing Requirement	Restriction of Movement/ Quarantine Requirement	Notes
Proof of Vaccination (Note 5) or Proof of Recovery or Negative Result	Other areas not covered	Check before Travel & Return	Negative Result Option Only-NEG PCR-Test (w/in 72h) or Antigen-Test (w/in 48h)	No	N/A
	High Risk Area	Yes		Yes, 10 days OR day 6 or later with a negative PCR test	N/A
	Area of Variant of Concern	Yes	All Travelers, NEG PCR-Test (w/in 72h)	Yes, 14 day (No exemption for fully vaccinated nor test out option); release with proof uploaded in digital registration	Test regardless of mode of travel

### COVID-19 Positive Quick Reference Guide (Note 6, 9, 10, 11, and 13)

Status	Testing Requirement	Restriction of Movement (Isolation)	Notes
COVID-19 Positive	N/A	Yes, minimum of 5 days from POS Test (Day of symptoms starting is Day 0)	Required to wear a mask for 10 days from POS test (Note 6). Isolation over 10 days may be required; AHC-S will provide a isolation release plan. Release contingent on significant improvement in initial symptoms and free of fever for 24 hrs without the use of medications, shortness of breath and severe fatigue.

### COVID-19 Close Contact Quick Reference Guide (See Notes 1, 2, 6, 7, 8, 11, 12, and 13)

Vaccination Status	Restriction of Movement (Quarantine)	Testing Requirement	Notes
Not Up to Date (Note 1)	For at least 5 days from last contact with COVID positive person	Recommend at least 5 days after last contact with COVID positive person	Wear a mask for 10 days from last contact (Note 6). Monitor for symptoms. If symptomatic see Symptomatic Section of the Quick Reference Guide.
Up to Date (Note 2)	No		

### COVID-19 Like Symptoms (Sick/ill) Quick Reference Guide (See Notes 9, 10, 11, and 13)

Status	Testing Requirement	Notes
Symptomatic	Home Test or Official Test (Note 9)	<a href="https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#warning-signs">https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#warning-signs</a>
Emergency Warning Signs	Go to the ER or Call 112	<a href="https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html#seek-medical-attention">https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html#seek-medical-attention</a>

### COVID-19 Mask Reference Guide (Notes 6, 7, 8, 14, and 15)

Status	HPCON A & B or Low & Medium Community Levels	HPCON C or High Community Levels	Notes
5 years-old or older	No	Yes	N/A

- Not Up to Date – Either primary series is not complete (i.e. 14 days post the last shot(s) in the series(s)), or has not received recommended COVID-19 booster despite being eligible (See Note 2).
- Up to Date on Recommended Vaccines = Received an FDA licensed or authorized COVID-19 booster; OR it has been less than 5 months since completion of the primary series (14 days after 2nd dose) of a mRNA vaccine (i.e., Pfizer-BioNTech Comirnaty or Moderna); OR it has been more than 14 days but less than 2 months since receiving Johnson and Johnson a COVID-19 vaccine OR Recovered = COVID-19 Positive within 90 days of Testing Positive.
- To determine the status of the area you are traveling from, check the Robert Koch Institute (RKI) website at: [https://www.rki.de/DE/Content/InfAZ/N/Neuartiges\\_Coronavirus/nCoV\\_node.html?sessionid=9F08BDC3C127D60B3E0356639673195F.internet051](https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/nCoV_node.html?sessionid=9F08BDC3C127D60B3E0356639673195F.internet051), look for a link labeled "Internationale Risikogebiete, ausgewiesen durch das Auswärtige".
- Travelers must understand COVID-19 testing and movement restrictions for each nation they will enter and transition through. Additional requirements may be imposed by airlines and local public health authorities. Check with the airline and understand how layovers or multi-destination travel may impact individual testing requirements.
- HN vaccination requirements can be found in the German Federal Interior Ministry's website, <https://www.bmi.bund.de/SharedDocs/faqs/EN/topics/civil-protection/coronavirus/travel-restrictions-border-control/IV-restrictions-applying-to-air-and-sea-travel-outside-of-europe/what-rules-apply-for-fully-vaccinated-people.html> 'What rules apply for fully vaccinated people?', Note: Germany's full vaccination definition for entry until 30 Sep 22 requires two vaccine doses (i.e., no booster if you got Pfizer or Moderna).
- Cloth Masks are not authorized, masks must at a minimum be Medical Grade (Recommended FFP2 and N95 Masks).
- Masks are required in Stuttgart medical facilities to include the COVID-19 test and vaccination sites.
- Masks when not mandated are always permissible.
- Only a PCR or Certified Antigen are considered official tests. Home Tests Information <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#warning-signs>.
- Beneficiaries who test positive for COVID-19 should contact their PCM who can evaluate therapy treatment options and prescribe antiviral medication if indicated.**
- COVID-19 Positives are required to notify their close contacts. Close contacts are required to comply with the Close Contact Quick Reference Guide.
- Close contacts are someone who was less than 6 ft away from an infected person in the previous 48 hours of symptom onset or diagnosis for a cumulative total of 15 mins or more over a 24-hr period.
- Due to current risk level COVID-19 screening is not required.
- CYS staff and children 6 and up in CYS programs will be required to wear masks for 5 days from last close contact.
- Ensure your familiarity and compliance with Host Nation and community partner COVID-19 Guidelines as additional measures may apply.