



Gloria Colon-Buzatu

Cancer warrior Tracy Olivo's T-shirt says it all during the USAG Stuttgart Run 4 Life held Oct. 1 on Husky Field. Olivo completed her last chemotherapy session a few weeks ago and begins radiation treatments in November.

Champions against cancer 'Run 4 Life'

By Gloria Colon-Buzatu
 USAG Stuttgart Public Affairs Office

Cancer survivors — both those free of or living with the disease — brought their battle against the illness to Patch Barracks to remind the Stuttgart military community that there's no quitting the fight until there's a cure.

In a symbolic stand against cancer and other disabilities, more than 375 participants walked and ran laps on the Husky Field track in the second annual Run 4 Life relay Oct. 1.

"October is National Disability Employment Awareness Month, and cancer is a disability," said Eshe Faulcon, an Employment Equal Opportunity

specialist with the U.S. Army Garrison Stuttgart EEO Office.

Bringing attention to the dreaded disease was the driving force behind this event, which was co-hosted by the garrison Religious Support Office's cancer support group and the EEO Office.

Kathleen D. Cole, the USAG Stuttgart deputy to the commander, flanked by cancer warriors on stage, kicked off the relay.

"Cancer is an equal opportunity disease," Cole said. "We've all been affected by it in one way or another. It doesn't discriminate ... I'm wearing a black shirt because I have been through

See *Champions* on page 4

In the Stuttgart Theatre Center's production of "Dracula," Renfield, a bug-eating madman tormented by Count Dracula, played by David Church (center), is consoled by an asylum attendant played by Claire Schoonover (left), and Dr. Seward, played by Steve Butler.



Photos by Susan Huseman

'Dracula' rises again

The Stuttgart Theatre Center brings "Dracula" to life — and the Kelley Theatre — just in time for Halloween. Evening performances of the production, directed by Richards Roberts, will be held Oct. 21-22, 29 and 31 at 7:30 p.m. Matinee performances are scheduled for Oct. 23 and 30 at 3 p.m. To reserve tickets, visit www.stuttgartmwr.com or call the theater office at 421-3055/civ. 0711-729-3055.



Professor Van Helsing, played by Heather Pache (left), drives a stake through Mina, a vampire, as a chorus of vampires react with horror.

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Photo contest winners announced

Forty-nine local photographers entered 390 photos in the USAG Stuttgart 2011 Digital Photography Contest. For a look at some of the winning entries, turn to pages 12-13.



Daylight Saving Time ends

Most of Europe will move its clocks backward by one hour when daylight saving time ends on Sunday, Oct. 30. In Germany, daylight saving time ends at 2 a.m. (set clocks to 1 a.m.)



USAG Stuttgart volunteers 'make a difference' every day

Commentary by Carola Meusel
USAG Stuttgart Public Affairs Office

Make A Difference Day, this year celebrated on Oct. 22, is the largest day of volunteering in the U.S., with millions of people on a single day helping to change the world.

But here in U.S. Army Garrison Stuttgart, volunteers are present every day, manning the phones at Army Community Service, coaching youth sports, cooking and serving food at the United Service Organizations, mentoring high school students after school ... even writing and taking photos for this newspaper.

Laura Davis, the former Army Community Services volunteer corps coordinator for USAG Stuttgart, said that each year more volunteers step forward to help the community.

In 2010, some 2,000 volunteers donated over 200,000 hours of their time, saving the garrison more than \$4 million in labor costs, according to Davis.

Master Sgt. Rudolfo Fuentes, the operations division senior enlisted advisor for the Defense Information Systems Agency Europe, has been volunteering for over 10 years.

In 2010, he helped out at the community post office and at the library.

Fuentes, last year's Military Volunteer of the Year, said it does not take a big chunk of time to make a difference. He encourages time-strapped people to volunteer just one hour a week.

"If we get 1,000 community members to do this, we provide 4,000 hours to all the amazing organizations that support us daily," Fuentes said.

In today's climate of reduced funding and staffing shortages, volunteers have a powerful impact within the military community.

Tanya Young, a volunteer at the USAG Stuttgart Public Affairs Office, donated her talent as a writer for this newspaper during a time when the office was understaffed.

Her stories helped to inform and educate community members on school and language programs, community events and USAG Stuttgart energy-saving activities.

Young said that her experiences as a volunteer have been enriching and fulfilling. She was able to learn new skills and maintain her proficiency in reporting and writing for a newspaper,

In today's climate of reduced funding and staffing shortages, volunteers have a powerful impact within the military community.

after several years out of the workforce.

But according to Young, the most rewarding thing about volunteering in a military community is knowing — and being reminded on a regular basis — that many of the programs and events being offered wouldn't be possible without volunteers who devote their time and talents.

April Adkins, another dedicated USAG Stuttgart volunteer, said that making people smile by simply helping out is the most rewarding thing.

Adkins donates her time to plan religious special events such as gospel concerts and teaches Sunday school and

Bible studies.

Last year, she received the Presidents Volunteer Service Award, yet explained that the real prize for her is not the award, but the ability to help others.

By donating their precious time and effort, these volunteers not only make their communities a better place to live, they make their lives better.

They certainly keep this community moving forward.

You, too, can be that person who makes a difference, not just on Oct. 22, but every day.

Just contact the local Army Volunteer Corps coordinator and find out how.

CORRECTION

In the story "Space Walkers Inspire Students to Reach For the Stars" in the Oct. 6 issue of *The Citizen* (page 5), we misspelled Lexi Pache's name.

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www.stuttgart.army.mil

ON THE STREET

What was your favorite Halloween costume?



Jewel Csiszar
(Civilian)

"A cat, because it was really comfortable."



Lt. Col. Kevin Daniels
(U.S. Army)

"A wildcat with long whiskers and fingernails. My daughter didn't think I would do it."



Shannon Ervin
(Spouse)

"A cheerleader, because they are happy and spirited."



Col. Kevin Mullally
(U.S. Marine Corps)

"G.I. Joe. He was awesome."



Tech. Sgt. Dennis McMurray
(U.S. Air Force)

"Marcus Allen ... my favorite football player."



Tanna Luther
(Civilian)

"I wrapped myself in tin foil and was leftover succotash."



Melody Rahn
(Spouse)

"My husband and I used cardboard boxes, and we were a pair of dice."



Maj. Derek Wrench
(U.S. Army)

"Freddy Krueger, because he had an ugly mask."



A fireball shoots out as Nico Mayan, the Böblingen Youth Fire Department leader, demonstrates what happens when water is thrown onto a grease fire, during USAG Stuttgart's Fire Prevention Day held outside the Panzer Exchange Oct. 15.



Heiko Schweinkle (left), 12, and Rafail Emili, 12, of the Böblingen Youth Fire Department, give a fire hose demonstration Oct. 15.



USAG Stuttgart firefighter Manfred Hees takes Dana Wharton and her children, Rhianna (in blue) and Riley, high above the Exchange in the rescue bucket of the fire department's new aerial ladder truck.

Fire safety a year-round mission for USAG Stuttgart Fire Department

Photos & story by Susan Huseman
USAG Stuttgart Public Affairs Office

Do you know what to do when a kitchen fire breaks out?

Those who attended U.S. Army Garrison Stuttgart's Fire Prevention Day, held outside of the Panzer Exchange on Oct. 15, know not what to do, thanks to a dramatic grease fire demonstration.

The lesson — never throw water on a grease fire — was evident as flames leapt out several feet from a pot of burning oil after Nico Mayan, the Böblingen Youth Fire Department leader, poured a small amount of water into the burning pot.

"The number one cause of residential fires — in the garrison, the Army and the U.S. — is unattended cooking fires," said Len Fagan, assistant fire chief for USAG Stuttgart.

"The phone rings, the kids are crying ... whenever you have something on the stove and you have to leave the kitchen, you need to turn off the heat. A fire can happen in an instance," he said.

The grease fire demonstration was just one of several activities available during Fire Prevention Day, hosted by the USAG Stuttgart Fire Department with the help of the Böblingen Fire Department.

Both fire departments gave community members rides 100 feet in the air in the rescue buckets of their aerial ladder trucks. The Böblingen Fire Department also gave children rides around Panzer Kaserne in a fire truck as members of its youth fire department taught others how to operate a fire hose.

Meanwhile, garrison firefighters gave hands-on demonstrations on how to use fire extinguishers to put out fires.

Fires don't occur often in the garrison, according to Fagan, because the garrison sponsors an aggres-

sive year-round outreach program, in addition to Fire Prevention Day.

"We conduct fire drills at the schools, evacuation coordinator training, and fire extinguisher training for organizations such as the clinics; Child, Youth and School Services; and the banks. Training pays off," he said.

The exhibit capped off the garrison's observance of National Fire Prevention Week Oct. 9-15, which commemorates the Great Chicago Fire of 1871 that killed hundreds of people and destroyed over four square miles of the city, Fagan said.

It was fitting, then, that the garrison fire department received its latest piece of fire fighting equipment, an aircraft rescue firefighting vehicle on Oct. 7, just in time for Fire Prevention Week.

"In simplest terms, it's a large rolling fire extinguisher," said Karl Dörsam, the USAG Stuttgart fire chief.

Also known as a "crash truck," the ARFF carries 12,000 liters of water and 1,500 liters of foam component, according to Dörsam. The built-in pump has a discharge capacity of 6,000 liters per minute, meaning at full force, it takes only two minutes to empty its water supply.

This is important because, according to Dörsam, "The fuselage of a standard aircraft is supposed to withstand a working fire for about 90 seconds. You need a lot of extinguishing agent in a very short time."

The ARFF replaces a 23-year-old vehicle with about a third of the new vehicle's capacity.

The fire department, based at Stuttgart Army Air Field, will put the 665 horse-powered ARFF to work during military aircraft emergencies and refuelings.

"We're also expected to respond to civilian aircraft emergencies at the airport," Dörsam said.

News & Notes

Get a free lighting inspection

Car owners are encouraged to have their car lights inspected during the month of October, before the winter weather sets in.

German garages, Exchange Car Care Centers and most U.S. Forces Vehicle Inspection Stations will conduct courtesy inspections to check vehicle lighting systems, to include headlights, taillights, fog lights and turn signals. Exchange Car Care Centers will also inspect windshield wipers, exhaust systems and tires.

Any repair work to correct deficiencies is the responsibility of the vehicle owner.

For more information, check out the Army's Fight the Risk website at www.fight-the-risk.army.mil.

Retiree Appreciation Day

U.S. Army Garrison Stuttgart will host a Retiree Appreciation Day Oct. 27 from 9 a.m. to 2 p.m. in the Swabian Special Events Center on Patch Barracks.

The U.S. Army Health Clinic Stuttgart will offer the flu vaccine, diet counseling, eye exams, blood pressure screening, blood sugar testing and pharmacy information.

Dental clinic personnel will provide oral hygiene information and exams.

Representatives from the Defense Finance Accounting Service and the Federal Benefits Unit, Frankfurt, will also attend, as well as representatives from the Religious Support Office, Customs Office, American Red Cross, Army Community Service, ID Card section, Passport Office, Installation Access Control System, Stuttgart Law Center, Exchange, Service Credit Union, Community Bank and other local organizations.

For more information, call 431-2745/civ. 07031-15-2745.

Beware political activity

With all the campaign rhetoric in the media, federal civilian employees should familiarize themselves with the Hatch Act, which regulates the political activities of federal employees.

Most federal employees are considered "Less Restricted" under the Hatch Act. These employees may take an active part in partisan political management or partisan political campaigns. However, while on duty, Less Restricted employees are prohibited from engaging in political activity, to include:

- Distributing or displaying campaign materials or items;
- Performing campaign related chores;
- Wearing or displaying partisan political buttons, T-shirts, signs or other items;
- Making political contributions to a partisan political party, candidate for partisan political office, or partisan political group.

• Posting a comment to a blog or a social media site or using any e-mail account or social media to distribute, send or forward content that advocates for or against a partisan political party, candidate for partisan political office, or partisan political group.

For more information, visit www.osc.gov/hatchact.htm.

Champions

Continued from page 1

this and survived.”

Cole’s words, a speech by Liz Cruickshank, and Gabby Nelson’s recitation of the poem, ‘I Wear Pink,’ visibly moved many of the cancer warriors on the stage, as tears filled many of their eyes.

The mood quickly changed, however, as small “hope flags” with names of cancer warriors written on them were placed alongside the edge of the Husky Field track.

“Hope flags are a tribute to those who are battling cancer, those who have survived cancer, and also those people who have braved cancer and lost the battle,” said EEO Specialist Faulcon.

With music in the background, the cancer warriors, all clad in black T-shirts, then took a “victory” lap while carrying a cloth banner with the slogan “No one fights alone.”

Meanwhile, supporters formed a human chain along the perimeter on parts of the track, shouting, applauding and cheering them on.

Liz Cruickshank, a Navy spouse, was one of the warriors on that initial lap.

“I am a cancer survivor. I currently have cancer,” said Cruickshank, who was diagnosed with cancer before age 40.

The journey has not been an easy one for Cruickshank, the team leader for the Run 4 Life Pink Platoon team and Run 4 Life co-coordinator, yet she remains positive. “I have a rare cancer . . . an inoperable tumor, she said, “but I’m healthy. This is a huge event for me . . . to stand alongside people like me.”

After the victory lap, sixteen teams from various tenant units in the Stuttgart military community joined the warriors on the track.

“We’re not raising any money. It’s in honor to show our support,” said Air Force Master Sgt. Michael Kinney, U.S. European Command directorate of communications senior enlisted leader and Run 4 Life team captain for Team Linda.

Team Linda ran for Linda Ferrell, a Department of Defense civilian communications planner who was recently diagnosed with leukemia.

“I have a slow-growing bone marrow disease. It takes years to show up in your blood,” Ferrell said. “It’s not something that they routinely find.”

Ferrell urged others to reduce their cancer risk with regular checkups. “Please get a blood test every year, because that’s how mine was caught,” Ferrell said.

A diagnosis of cancer can be overwhelming. One common piece of advice among the survivors was to “be around people who know what you’re talking about and can understand what you’re going through.”

“Birds flock, fish school, buffaloes herd, but when we hurt we tend to separate, and we’re stronger when we come together,” said Chaplain (Col.) Randall Dolinger, the USAG Stuttgart command chaplain.

While the first Run 4 Life grew out of the RSO cancer support group founded last year by Alma Fowler, a former United Service Organizations director, today, that support group is joining forces with Army Community Service.

Those community members looking for a cancer support group will now find resources through the garrison’s Exceptional Family Member Program.

EFMP works with local agencies to provide families with special needs a wide variety of comprehensive and coordinated services.



Joe Mancy

Cancer warriors (in black T-shirts) lead the way during USAG Stuttgart’s second annual Run 4 Life, a cancer and disability awareness relay, held Oct. 1 on Husky Field.



Consuelo ‘Epi’ Pitre, a DISA Europe contractor, places a hope flag in tribute to her mother-in-law, Carmen Silvia Pitre. Carmen Pitre worked at the Kelley Barracks Shoppette from 1990-2000 and lost her battle to cancer in March 2011.

Gloria Colon-Buzatu



Gloria Colon-Buzatu

Boy Scouts from Troop 44 hand out popsicle sticks to Run 4 Life participants. The sticks were used to keep track of each participants’ laps. The Pink Platoon was the top team, with 1,086 laps.

The program hosts a cancer support group that meets on the last Thursday of each month from 6-7 p.m. at ACS on Panzer Kaserne.

Lisa Gregor, the USAG Stuttgart Exceptional Family Member Program manager, was at Run 4 Life. “This is a way for me to reach out . . . so that they know I’m here to help,” Gregor said.

Midway through the event, she had registered 15 cancer survivors for her program. “It has been amazing,” Gregor said.

Yet, no more amazing than the support shown by the Run 4 Life participants.

When the last lap was called, and the scores were tallied, Pink Platoon racked up 1,086 laps to earn the team title.

The team You Are Not Alone received the most members’ certificate award for having 43 participants.

For more information on the USAG Stuttgart Exceptional Family Member Program and its support groups, call Army Community Service at 431-3362/civ. 07031-15-3362 or visit www.stuttgartmwr.com.

“**Cancer is an equal opportunity disease. We’ve all been affected by it in one way or another. It doesn’t discriminate . . . I’m wearing a black shirt because I have been through this and survived.**”

Kathleen D. Cole
USAG Stuttgart deputy to the commander and cancer survivor

AFRICOM holds its first Hispanic Heritage Month celebration

Story & photo by
Petty Officer 1st Class Steve Owsley
U.S. Africa Command
Public Affairs Office

U.S. Africa Command held its first Hispanic American Heritage Month celebration last month at Kelley Barracks.

More than 100 guests attended the event, which was themed “Many Backgrounds, Many Stories — One American Spirit,” and featured music, dancing, speeches and a food tasting.

Air Force Lt. Col. Susie Lewis, the AFRICOM Headquarters commandant, thanked everyone for attending and emphasized the importance of ethnic observances in bringing diverse groups together.

Yasmin Rosa, AFRICOM Equal Employment Opportunity Manager and event coordinator, followed Lewis and introduced the dancing demonstrations. “There’s one thing that brings Hispanics together aside from language — we all love music,” she said.

Alejandro and Andrea Holguin demonstrated traditional salsa, bachata and merengue dances.

Next, Navy Lt. Theresa Adair and Shariah Gibbs demonstrated Zumba, a popular exercise program that combines aerobics with traditional Hispanic dancing. The recent fitness craze was invented by Columbian aerobics instructor Alberto Perez when he forgot his aerobics music and substituted his personal tapes of salsa and merengue music for an improvised class.

Rhonda Diaz, acting J1/J8 Director of



Alejandro and Andrea Holguin demonstrate traditional salsa, bachata and merengue dances during U.S. Africa Command's First Hispanic Heritage Month celebration held on Kelley Barracks Sept. 23.

Resources for U.S. Africa Command and a member of the Senior Executive Service since June 2003, spoke about her family, which includes two Hispanic grandfathers: one who was Mexican and one who was half Puerto Rican and Italian.

She credited her father with instilling her with a solid work ethic. Diaz also spoke about having a child at an early age, earning a General Education Development certificate, and ultimately earning a bachelor's and master's degree, and

reaching her goal of becoming an SES.

Diaz concluded her speech by urging the crowd to embrace diversity. “Having people with diverse experiences and ideas are useless if they aren’t used, so please embrace diversity,” Diaz said.

Deputy Director for J2 Operations and Plans Division, Army Col. Gloria Rincon, who graduated from the University of Texas at Austin before being commissioned through the Officer Candidate School program, spoke about her family, as well. She is a first generation American, and neither of her parents finished school, yet they instilled the importance of education in their daughter.

Rincon spoke about her experiences as a Hispanic woman serving in the Army’s intelligence community. “My career has been full of opportunities, adventure and making history. To me, being a service member is the highest calling and will always be the highlight of my life.”

Rincon went on to say that she never felt she had limitations. “I’ve grown up believing I can do anything and that the things that I can’t do are the exception.”

A food tasting that featured more than 20 different Hispanic dishes and beverages, all prepared by AFRICOM community members, capped off the event.

The celebration was produced as part of the Special Emphasis Program under the Equal Employment Opportunity program. SEP is designed to highlight the diversity of various ethnic groups represented throughout the workforce.

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Holiday mailing advice: sooner better than later

By Susan Huseman

USAG Stuttgart Public Affairs Office

With Halloween still days away, one may think it's a tad too early to worry about the upcoming gift-giving season.

But think again.

If you plan to send packages to friends and loved ones in the States or at other duty locations, the holidays will be here before you can finish off that last piece of candy corn.

To ensure cards and packages reach their destinations in time, the Military Postal Service Agency highly encourages customers to mail packages on or before the following mail category deadlines:

- Space Available Mail — Nov. 25;
- Partial Air Lift — Dec. 2;



photos.com

To ensure holiday cards and packages reach their destinations in time, heed the mailing deadlines.

- Priority parcels, 1st class letters and cards — Dec. 9;
 - Express Mail — Dec. 16.
- To better serve customers, the

Patch Barracks and Panzer Kaserne Post Offices will expand their hours of operation for the holiday season beginning Nov. 15.

The Patch Post Office will be open Monday to Wednesday and Friday from 9 a.m. to 4 p.m. and on Thursday from 10 a.m. to 5 p.m.

The Panzer post office will be open from Monday to Friday from 10 a.m. to 4 p.m.

From Nov. 19 to Dec. 17, both locations will be open on Saturdays from 11 a.m. to 3 p.m.

The Kelley Barracks Post Office is open Monday through Friday from 10 a.m. to 4 p.m. The Robinson Barracks Post Office is open on Tuesday and Thursday from 9:30 a.m. to 4 p.m.

Customers can make appointments for holiday mailings by calling the post

office during business hours.

On the flip side, those expecting parcels will be able to pick them up from their community mail room outside of the normal Monday to Friday hours of operation.

The Stuttgart CMR customer service windows will be open on Saturdays, from Nov. 19 to Dec. 17, from 11 a.m. to 3 p.m. On Christmas Eve, the CMRs will open at 11 a.m. and close at 4 p.m.

For more information, call your serving post office. For Kelley Barracks, call 421-2542/civ. 0711-729-2542. For Panzer Kaserne, call 431-2563/civ. 07031-15-2563. For Patch Barracks, call 430-7226/civ. 0711-680-7226. For Robinson Barracks, call 420-6223/civ. 0711-819-6223.

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RBEMS addresses suicide, depression, bullying

Editor's Note: Tom Driscoll is an eighth-grade journalism student at Robinson Barracks Elementary/Middle School. He covered RBEMS' Suicide Prevention Month activities this month and contributed the following report.

By Tom Driscoll
Special to The Citizen

Last year, Houston eighth-grader Asher Brown killed himself. His family said he was "bullied to death."

Suicide is one of the leading causes of death for kids in middle school and high school, and can be prevented if friends are aware of the warning signs and know what to do, according to the National Association of School Psychologists' website.

That's why this month, Robinson Barracks Elementary/Middle School is conducting suicide prevention training for seventh and eighth-grade students.

The program, mandatory for seventh-graders and recommended for eighth, is designed to raise awareness of the warning signs and causes for suicide, and preventive measures.

"We teach children warning signs for suicide and depression. We also teach kids what to do," said Dr. Rebecca Bialopotocki, the school psychologist.

Students are taught the steps they should take when they know of someone who is considering



Children who are bullied in school are at high risk of suffering from depression and developing anti-social disorders that could lead to isolation.

photos.com

I've had kids come in and say that it saved their lives.

Dr. Rebecca Bialopotocki
RBEMS psychologist

Bullies who beat kids up for their lunch money don't really exist in today's world. Cyber, mental, and verbal forms of bullying are more common.

According to a study from bullyingstatistics.org, bullying victims are two to nine times more likely to consider suicide than non-victims. Suicide is also connected to sexting, cyber, physical and emotional bullying.

"I feel that bullying [occurs] when students or adults are not aware of their own self-worth ... so to change or stop this action, people need to learn the acceptance of others and find ways of loving themselves," said April White, an RBEMS counselor.

"Bullying is not tolerated on any level," she added.

The school counselors and psychologist are confident that this program will make a difference to the student body.

"I've had kids come in and say that it saved their lives," Bialopotocki said.

suicide, using an easy to remember acronym, ACT:

- **A** — **acknowledge** the problem, the depression and suicidal thoughts of the person;
- **C** — show that you **care** about the person;
- **T** — **tell** a friend or a trusted adult.

But the program does not solely concentrate on suicide prevention. "Every child's life is important ... even [those] students who don't want to die, but cut who themselves, are a focus," Bialopotocki said.

Bullying is also touched on in the program, albeit lightly, according to Bialopotocki.

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Visitors to the "Stuttgarter Jazztage XL," or Stuttgart Jazz Days, listen to a jazz band at the Bix Jazz Club in downtown Stuttgart during last year's event. This year's Jazz Days will run from Oct. 31 to Nov. 6 throughout various jazz clubs in Stuttgart.



Photo courtesy of Media and More/Peter Steinheisser

'All that jazz:' Stuttgart hosts Jazz Days Oct. 31 to Nov. 6

By Carola Meusel

USAG Stuttgart Public Affairs Office

It's all about "that jazz" in Stuttgart during the "Stuttgarter Jazztage XL," or Stuttgart Jazz Days, from Oct. 31 through Nov. 6.

For the 32nd edition of the jazz festival, various jazz societies, clubs and music enthusiasts from Stuttgart have joined together to create a multifaceted program featuring Dixieland, modern and contemporary jazz.

"The main idea of the jazz days is to highlight local jazz musicians and artists," said Martin Keller, head chairman of the IGJazz Stuttgart (Stuttgart Jazz Society), the main organizer of the event.

But this year, the festival extends its reach beyond the confines of Stuttgart. Local musicians and bands were asked to invite musicians from other cities and countries in order to bring an international feel to the event.

The Stuttgart Jazz Days were celebrated for the first time in 1976 and are known as the oldest jazz festival in Stuttgart, according to Keller.

Popular jazz clubs and culture centers in downtown Stuttgart, such as the **Bix Jazz Club**, **Jazz Club & Bar Kiste**, the **Traditional Jazz Hall** and the "**Kulturzentrum**" (culture center) **Merlin** will host concerts throughout all seven days of the event.

Tickets cost between €10 and €20 and can be purchased on the night of each concert at all participating locations.

Concerts will be held concurrently in various locations. Jazz Days patrons can purchase a ticket at one club, and if they decide to visit a second or third club that same night, will pay a reduced entrance fee, according to Keller.

"We want people to see and hear as much as possible when visiting the Stuttgart Jazz Days. During the event, they should get to know the different clubs to fully experience Stuttgart's jazz scene," Keller said.

Some of the clubs, such as the **Bix**, **Kiste** and the **Traditional Jazz Hall**, are in close proximity of each other, which allows attendees to easily move from venue to venue.

The Stuttgart Jazz Days will officially open Oct. 31 at 9 p.m. at the **Jazz Club & Bar Kiste**, with "Remembering Ella Fitzgerald," featuring Nina Michelle. Michelle, a Canadian jazz singer living in Munich, will sing with the Gee Hye Lee Trio (piano, bass, and drums) from Stuttgart, exclusively for the opening event.

According to the IGJazz website, the concert will be the perfect evening for jazz lovers and patrons

are invited to simply "dream away" while listening to the music.

Another highlight will be the "Triolog" concert Nov. 2 at 8:30 p.m. at the **Bixx Jazz Club**, featuring Bodek Janke, one of the most talented percussionists of the modern jazz scene.

Janke, a world traveler between the U.S., Russia, Poland and Germany, invited the singer and "Kora" (a West African harp) player Ablaye Cissoko from Senegal, and the trumpeter Volker Goetze, a German artist living in New York, to the jazz days. The musicians will take visitors on an inspiring musical journey through Stuttgart, Senegal and New York.

The culture center **Merlin** will host a concert with Saadet Türköz, a Kazakhstan-Turkish singer, and Thomas Maos, a guitarist and composer from Tübingen, Nov. 4 at 10 p.m. According to the IGJazz website, Saadet aims to create images and special atmospheres with her songs that will cross cultural boundaries. Maos combines rock and pop tunes with more experimental musical elements.

Since there has always been a significant connection between Brazilian folk and jazz music, the **Traditional Jazz Hall** will feature "The Minas Project" concert with Brazilian vocalist Viviane de Farias Nov. 5 at 8 p.m.

Farias' songs are inspired by jazz and Bossa Nova, a fusion of samba and jazz. Besides Farias, other Brazilian musicians and the German bass player and composer Thomas Rotter will join together to present a lively mixture of jazz, Bossa Nova and other musical elements.

"We are very excited to hear new jazz creations," said Keller. "The festival will be a cultural exchange between local and international jazz musicians. I am sure there will be many surprises, and visitors to the event should dive into the music and just enjoy some new 'jazzy' creations.

The Bix Jazz Club will also host a hands-on jazz session for children Nov. 6 from 3-4 p.m.

The Bix Jazz Club is located at Gustav-Siegle-Haus, Leonhardsplatz 28, 70182 Stuttgart.

Jazz Club & Bar Kiste is located at Hauptstätter Strasse 35, 70173 Stuttgart.

The Traditional Jazz Hall is located at Marienstasse 3B, 70178 Stuttgart.

Culture Center Merlin is located at Augustenstrasse 72, 70178 Stuttgart.

For more information, visit www.igjazz/jazztage.de or www.bix-stuttgart.de, www.kiste-stuttgart.de, www.jazz-hall.de, www.merlin-kultur.de.

Out & About

Stuttgart Night

Stuttgart Night features more than 70 events, such as concerts, lectures and club parties, in and around downtown Stuttgart. The evening begins at 7 p.m. on Oct. 22 and lasts until 2 a.m. Oct. 23.

Tickets cost €14 when purchased in advance and €16 at the event and include transportation along with admission into every location. Shuttle buses will run all night from the Stuttgart Stadtmitte (Rotebühlplatz), Siegle-Haus and Hauptbahnhof (main train station).

For more information, or to purchase tickets, visit www.stuttgartnacht.de, or call civ. 0711-601-5444. Tickets can also be purchased during the event at all participating event locations.

Poetry reading at the DAZ

The Deutsch-Amerikanisches Zentrum/James F. Byrnes Institute will host a poetry reading with Sarah Arvio, a poet from New York, Oct. 27 from 7-8:30 p.m. at the DAZ. Arvio's poems have been published in *The New Yorker* and *Washington Post*, among other publications.

Tickets cost €5 and can be purchased on the night of the event at the DAZ (Charlottenplatz 17, 70173 Stuttgart).

A poetry workshop with Sarah Arvio will be held Oct. 29 from 10 a.m. until noon. Tickets cost €15 and can be purchased at the DAZ until Oct. 28 or at the poetry reading on Oct. 27.

For more information, visit www.daz.org or call civ. 0711-228-180.

Live music

- **Max Fracas** will play a free rock and pop Halloween concert Oct. 29 from 9 p.m. to 1 a.m. at O'Donovan's Irish Pub in Böblingen. O'Donovan's is located at Breite Gasse 5, 71032 Böblingen. For more information visit www.odspub.de or www.maxfracas.com.

- **Flagship**, the rock band component of the **U.S. Naval Forces Europe Band**, will play at the car and event center "Meilenwerk" in Böblingen Oct. 30 from 11-11:45 a.m. and from 1-1:45 p.m. The free event is open to the public. Parking will be available at the event center.

The Meilenwerk is located at Wolfgang-Brumme-Allee 55, 71034 Böblingen.

For more information, visit www.meilenwerk.de/Meilenwerk_Stuttgart_index.php.

Pumpkin fest continues

If you haven't had the opportunity to visit the Ludwigsburg pumpkin festival, never fear. The fest runs through Nov. 6 in the garden area of the Ludwigsburg Castle in Ludwigsburg and is open daily from 9 a.m. to 6 p.m. A family Halloween event is scheduled for Oct. 22 from 2-7 p.m.

For more information, visit www.kuerbisausstellung-ludwigsburg.de, www.blueba.de or www.juckerfarmart.ch.

CPR training

The American Red Cross Stuttgart Chapter offers an adult and pediatric first aid/CPR/AED class Oct. 22 from 9 a.m. to 4 p.m.; a baby sitter training class will be offered Oct. 29 from 9 a.m. to 5 p.m.

To register or for more information, call the American Red Cross at 431-2812/civ. 07031-15-2812 or stop by Room 314, Building 2915, Panzer Kaserne.

Health clinic to close

The U.S. Army Health Clinic Stuttgart will close Nov. 11 in observance Veterans Day. In case of an emergency, contact the Military Police at civ. 0711-680-114.

For immediate health care needs, contact the Nurse Advice Line at 0800-4759-2330.

ACAP training

The U.S. Army Garrison Stuttgart Army Career and Alumni Program will host an advanced resume seminar Oct. 25 from 1:30-4:30 p.m.

A **Veterans Administration benefits** brief will be held Oct. 31 from 8 a.m. to noon, followed by a **Disabled Transition Assistance Program** brief from 1-2 p.m.

A **Transition Assistance Workshop** for separating service members will be held from 8:30 a.m. to 4:30 p.m. Nov. 1-3.

To sign up, or for more information, call 431-2191/civ. 07031-15-2191, or stop by the ACAP office in Building 2915, Panzer Kaserne.

ASAP training

The U.S. Army Garrison Stuttgart Army Substance Abuse Program will conduct



Birgit Thompson

Planting the seeds of friendship

U.S. Army Garrison Stuttgart Commander Col. Carl D. Bird and the Lord Mayor of Stuttgart, Dr. Wolfgang Schuster, fill in dirt around a newly planted chestnut tree at Robinson Barracks' Friendship Row Oct. 11. The men planted two trees as symbols of German-American friendship.

three sessions of annual ASAP training on Nov. 17 in the Patch Theater: from 9-10 a.m. and 10:30-11:30 a.m. for civilian employees, and from 1-2 p.m. for civilian supervisors.

Unit Prevention Leaders Certification training will be offered Nov. 28 to Dec. 2 in Building 2948 on Panzer Kaserne. This training requires advance registration.

For more information, or to schedule on-site training, call ASAP at 431-2530.

Improve GT scores

The Stuttgart Education Center will conduct Functional Academic Skills Training Nov.

17 to Dec. 12 from 8 a.m. to noon at the Education Center, Building 2915, Panzer Kaserne. Students must have command permission to attend.

A pre-test is required and will be offered Oct. 26 at 8 a.m. and Nov. 9 at 1 p.m.

For more information, call 431-2684/civ. 07031-15-2684.

USO Stuttgart news

The USO mobile canteen will serve **free hot dogs** from 11 a.m. to 2 p.m. at the Kelley Commissary Oct. 21 and at the Robinson Barracks Commissary on Oct. 22.

A **chili cook-off contest** is the theme of the USO

monthly free luncheon on Oct. 26 at the USO on Panzer Kaserne. The contest is open to all community members. The chili and chips will be served from 11 a.m. to 1 p.m.

Beginning Oct. 27, USO Stuttgart offers a **free Zumba** dance class at the Robinson Barracks Elementary School gym on Thursday at 3:15 and Sunday at 2 p.m.

For more information, call the USO Stuttgart at 431-3505/07031-15-3105.

Banks to close

Many of the Stuttgart Community Banks will be closed for computer system upgrades. The bank on Patch Barracks will be closed Nov. 8, while the Kelley Barracks and Panzer Kaserne banks will be closed Nov. 9.

Open season for benefits

The next Federal Benefits Open Season will be from Nov. 14 to Dec. 12.

In order to assess whether federal employees have the right health, dental, or vision insurance coverage for themselves and their families, health insurance representatives from Blue Cross Blue Shield, Foreign Service Benefit Plan and the Mail handlers Plan will be at the Panzer Exchange mall Oct. 27 from noon to 2 p.m. to answer questions regarding

their plans.

Veterans Day ceremony

U. S. Army Garrison Stuttgart and American Legion Post 6 will conduct a Veterans Day wreath ceremony Nov. 11 at 11 a.m. at Washington Square, Patch Barracks. The short program includes a guest speaker.

For more information, call 431-2362 or civ. 0172-373-5771.

Free ice skating

The Stuttgart Community Spouses Club and Stuttgart Military Community Eishockey Club will sponsor a family ice skating night on Oct. 29 from 5:15-6:45 p.m. at Eisstadion Wernau, Stadionweg 12, 73249 Wernau. Admission is free, and skates can be rented for a moderate fee.

For more information, contact smchockey@ymail.com or call civ. 0711-680-8304.

Limited service at the vet clinic

The Stuttgart Veterinary Treatment Facility is relocating to a new building on Panzer Kaserne in October and will be open Wednesday through Friday from 8 a.m. to noon and 1-4 p.m. for over-the-counter sales, pet registration and medical record pick-up only.

For other pet needs, contact an off-post veterinarian or the Heidelberg VTF at 388-9470/civ. 06221-338-9470.

The Stuttgart VTF will resume normal operations in November.

Kelley traffic pattern to change

Beginning Oct. 24 on Kelley Barracks, the one-way traffic on Pine Strasse will be changed to flow in the opposite direction, from west to east to east to west.

Parking will remain on the same side of the street as currently marked. This new orientation is safer and improves traffic flow. It also allows drivers who park on Pine Strasse to exit their cars directly onto the sidewalk.

The change will require that residents of Roosevelt Village turn right when departing the housing area.

Send community-wide announcements to stuttgartmedia@eur.army.mil

Landscape Conservation Day

Did you know that the Panzer Local Training Area is home to a variety of endangered plants and animals, and that protecting this environment is part of U.S. Army Garrison Stuttgart's mission?

Community members are invited to participate in Landscape Protection Day Nov. 5 from 9 a.m. to 4 p.m. at the Panzer LTA.

More than 100 volunteers from German conservation groups, the Böblingen youth firefighter association, members of the Stuttgart military community Scouting programs and others will clear overgrown shrubs, fallen branches and rake up grass clippings.

For more information, contact the U.S. Army Garrison Stuttgart Directorate of Public Works Environmental Division at 421-6130/civ. 0711-729-6130.



USAG Stuttgart Directorate of Public Works Environmental Division

Think 'PINK' to fight breast cancer

Theresa K. Jackson, Ph.D.

U.S. Army Public Health Command

October is National Breast Cancer Awareness Month.

Breast cancer is the most common cancer in women worldwide. About one in eight women in the U.S. will develop invasive breast cancer over the course of their lifetimes. In fact this year in the U.S. alone, more than 230,000 women — or nearly 600 women per day — will be diagnosed.

The U.S. Army Public Health Command encourages all female Soldiers and Army wives, sisters, mothers and daughters to "Think PINK" this month.

P — Participate in screenings

The chances of survival are better if any cancer is detected early and before it spreads to other parts of the body. In fact, when breast cancer is found early and confined to the breast, the five-year survival rate is 98 percent.

To promote early detection, the American Cancer Society recommends that women in their 20s and 30s receive a clinical breast exam every three years and that women age 40 and older receive a yearly CBE, as well as a yearly mammogram.

I — Invest in prevention

Women often struggle with balancing family, work and taking care of themselves.

Being sure to eat right, get enough sleep, avoid alcohol, and exercise. These actions not only help you feel better but may also reduce your risk of cancer.

In one study from the Women's Health Initiative, as little as 75 minutes to two and one-half hours per week of brisk walking reduced a woman's risk of developing breast cancer by 18 percent.

N — Note your risks

All women are at risk for breast cancer. The two most important risk factors for breast cancer are being female and getting older.

Most breast cancers and associated breast cancer deaths occur in women ages 50 and older. Risk also increases if you have a first-degree relative (mother, daughter or sister) who has been diagnosed with breast cancer.



photos.com

In the battle against breast cancer, think "P.I.N.K."

Knowing your risks, communicating them with your health care provider and following the appropriate screening recommendations is key to early detection.

K — Know your body

No matter your age, you should become familiar with how your breasts look and feel.

If you notice any changes such as a lump, swelling, dimpling, pain or redness, see your health care provider right away.

Finding a breast change does not necessarily mean that you have cancer; your health provider will be able to offer you additional information and next steps.

For more information on breast cancer awareness, visit the following websites: American Cancer Society, www.cancer.org; National Cancer Institute, www.cancer.gov; National Women's Health Resource Center, www.healthywomen.org; and Susan G. Komen for the Cure, ww5.komen.org.



Healthy meals in minutes

Learn how to cook quick, healthy meals at home with the Army Wellness Center Stuttgart's Meals in Minutes class on Oct. 26 from 9-10 a.m.

Participants will learn how to read food labels in English and German, and receive health-smart shopping tips and recipes.

The Army Wellness Center Stuttgart is located in Building 2337 on Patch Barracks.

For more information, call 430-2997/4073/civ. 0711-680-2997/4073.

Flu vaccine clinics scheduled

The U.S. Army Health Clinic Stuttgart now has the flu vaccine. High risk patients, new-borns and active duty personnel may make appointments for flu vaccines through the clinic.

All other eligible beneficiaries can receive the vaccine on the following dates:

• Oct. 21 and 28, 8 a.m. to 3 p.m., Kelly Clinic Annex, Kelley Barracks

• Oct. 24-25, 8 a.m. to 3 p.m., Patch Fitness Center, Patch Barracks

• Oct. 26-27, 8 a.m. to 3 p.m., Exchange Food Court, Panzer Kaserne

From Oct. 31 until the end of the season, the flu vaccine will be available at the health clinic on a walk-in basis.

For more information, call 430-6383/civ. 0711-680-6383.

Breast Cancer Screening Month

As part of Breast Cancer Screening Month, eligible Tricare beneficiaries can stop by the front lobby of the U.S. Army Health Clinic Stuttgart every Friday in October from 8 a.m. to noon for mammography screening orders (for preferred providers or at Heidelberg).

For more information, call the community health nurse at 430-7069/civ. 0711-680-7069.



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Help Stop Suicide

If you or someone you know has thoughts of suicide, call the USAG Stuttgart Military Police at 430-5262/ civ. 0711-680-5262.



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Marine Ball tickets on sale now

The 2011 U.S. Marine Corps Forces, Europe/Africa, Marine Corps Birthday Ball will be held Nov. 5 in Stuttgart.

The evening will begin with a 6 p.m. cocktail hour, followed by a 7 p.m. birthday ball ceremony, then dinner and dancing.

For more information or to purchase tickets, call 431-2700/civ. 07031-15-2770.

Give blood Oct. 24, give life

The Armed Forces Blood Program will host a community blood drive on Oct. 24 from 10 a.m. to 4:30 p.m. in the Patch Community Club.

Appointments may be made at www.militarydonor.com; walk-ins are welcome, too. Donors must be at least 17 years old.

Become a dental assistant

Applications are now being accepted for the Stuttgart American Red Cross Dental Assistant Training Program. The training program is conducted through the Patch Barracks Dental Clinic.

Candidates must be military family member ID cardholders, have two years



Silent witnesses

Tonya Harris (from left), the U.S. Army Garrison Stuttgart Victim Advocate Coordinator, discusses the Silent Witness exhibit displayed Oct. 12 at the Panzer Exchange for Domestic Violence Awareness Month, with Amy Dewitt, Connie Alameda and Barbara Dickinson. Each silhouette, or "silent witness" tells the story of a victim of domestic violence. The Army Community Service Family Advocacy Program will host an information booth and Silent Witness display again on Oct. 26 from 11 a.m. to 1 p.m. during the USO month luncheon in Building 2915 on Panzer Kaserne.

Community members can participate by identifying issues where they see room for improvement in the military community at large.

Submit issues online at www.stuttgart.army.mil (click on "Submit 2012 AFAP issues") or www.stuttgartmwr.com (click on "Army Community Service," then "Army Family Action Plan").

Issue forms can also be found at AFAP issue boxes located in facilities such as mail rooms and the Exchange.

Active duty service members, reservists, retirees, civilians, family members and teens can participate in the AFAP conference by applying to be a delegate.

Volunteers are also needed to be conference facilitators, recorders, transcribers, or issue support personnel. Civilian dress is required.

For more information, call 431-3643/civ. 07031-15-3643.

DFAC to host Thanksgiving meals

The 1st Battalion, 10th Special Forces Group (Airborne) Dining Facility on Panzer Kaserne will serve a Thanksgiving meal on Nov. 19.

The Black Stallion Inn Dining Facility on Patch Barracks will serve a traditional Thanksgiving meal Nov. 24 from 11:15 a.m. to 4 p.m.

Both meals are open to all Stuttgart military community members.

Send community-wide announcements to stuttgartmedia@eur.army.mil.

retainability in the command, and able to devote 20 hours per week to the program.

Applications must be returned to the Red Cross office by Nov. 4.

For more information, call 431-2812/civ. 07031-15-2812 or send an e-mail to redcross.stuttgart@eur.army.mil.

1/10 SFG DFAC closures for October

The 1st Battalion, 10th Special Forces Group (Airborne) Dining Facility on Panzer Kaserne will be closed on Oct. 25, 28 and 31.

For more information, call 431-2602.

Halloween trick or treating

The U.S. Army Garrison Stuttgart will observe Halloween trick or treating hours from 5-8 p.m. Oct. 31.

For more Halloween events, visit www.stuttgartmwr.com.

AFAP conference needs your help

The next Army Family Action Plan conference will be held Nov. 8-9 in the Swabian Special Events Center on Patch Barracks.

Be Halloween Safe

- Decorate or trim costumes, bags or sacks with reflective tape. Carrying flashlights will help children see better and be seen more clearly.
- Costumes should be short enough to prevent children from tripping or falling, and should be made of flame retardant material.
- Children should wear well-fitting, sturdy shoes. Mother's high heels are not a good idea for safe walking.
- Hats and scarfs should be tied securely to prevent them from slipping over children's eyes. Masks can obstruct a child's vision. Use facial make-up instead. If masks are worn, they should have nose and mouth openings, and large eye holes.
- Children should not be allowed to carry sharp objects.
- Young children should always be accompanied by an adult or an older, responsible child. All children should walk, not run from house to house and use the sidewalk.
- Drivers should be especially cautious and reduce speed in residential areas during trick or treating hours.

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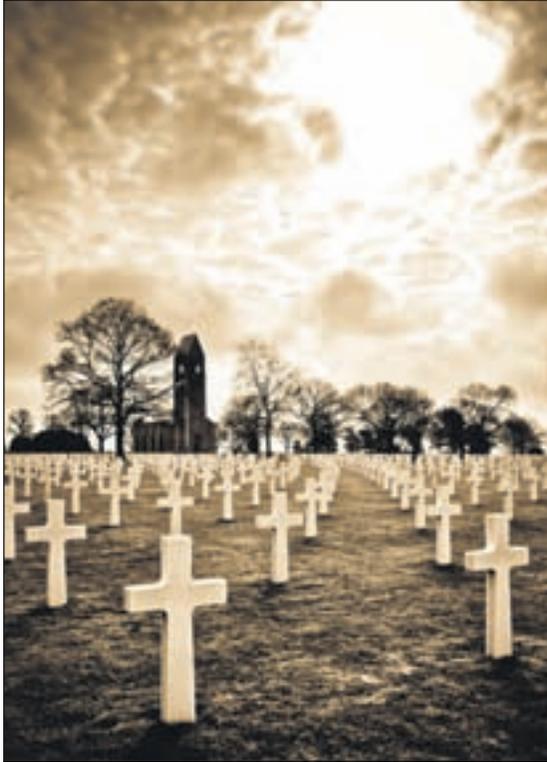
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DAMENMODE

Chaplain (Lt. Col) Ken Bellinger's "French Pride" earned an honorable mention in the Active Duty Nature and Landscape category.



Marisa Hera Stohner's "Memory" won first place in the Civilian Military Life category. Stohner also took second place in this category.



Army Lt. Col. David Tygart's "Working on the Beach," taken in Thailand on the island of Ku Samui,

Pictures worth a thousand words

The 2011 U.S. Army Garrison Stuttgart Digital Photography Contest winners were announced during an awards ceremony held Oct. 12 in the Patch Library. This year, 49 photographers entered 390 photographs in the annual contest sponsored by Family and Morale, Welfare and Recreation's Patch Arts and Crafts Center.

The photographers were limited to three entries per category. The photos had to be original works taken within the past year.

The winning photographs, including those that won honorable mentions, will now be entered in the Department of the Army-level contest.

2011 USAG Stuttgart FMWR Digital Photography Contest winners

Active Duty People

1. "Working on the Beach," Lt. Col. David Tygart
2. "Hear O Israel," Lt. Col. Ken Bellinger
3. "Pa Dong Karen Girl," Lt. Col. David Tygart

Military Life

1. "Surveyors," Col. Joseph Mancy
2. "Just Like Dad," Lt. Col. David Tygart
3. "Stepping Out," Lt. Col. David Tygart

Nature and Landscapes

1. "Fog Spots," Lt. Col. David Tygart
2. "Sullivan's Island," Col. Joe Mancy
3. "Cavern Flows," Lt. Col. David Tygart

Animals

1. "Jack Webb," Lt. Col. David Tygart
2. "Slug Speed," Col. Joe Mancy
3. "Proud as a Peacock," Col. Joseph Mancy

Still Life

1. "Light House," Lt. Col. David Tygart
2. "Broken Egg," Col. Joe Mancy
3. "Beaujolais," Col. Joe Mancy

Design Elements

1. "Paper Umbrellas," Lt. Col. David Tygart
2. "Charles de Gaulle," Col. Joe Mancy
3. "Beams Over Bangkok," Lt. Col. David Tygart

Digital Darkroom

1. "Reflections of Vietnam," Col. Joe Mancy
2. "Tse' Nikani," Spc. Landon Elliot
3. "Snake Charmer," Col. Joseph Mancy

Monochrome

1. "The Craftsman," Col. Joseph Mancy
2. "Senegal Rocks," Col. Joseph Mancy
3. "Geschlossen," Col. Mairi Marquart

Civilian People

1. "Maultaschen," Renee Cizek-Ward
2. "Hey Mukker," Renee Cizek-Ward
3. "Wichita Indian," Lisa-Marie Putna

Military Life

1. "Memory," Marisa Hera Stohner
2. "Surviving Deployments," Lisa-Marie Putna
3. "Remembrance," Marisa Hera Stohner

Nature and Landscapes

1. "50¢ Skyline," Maddie Holbrook
2. "Two Paths," Marisa Hera Stohner
3. "Trees for Monet," Yash Holbrook

Animals

1. "Mr. Spider," Cara Smith
2. "Snow Dog," Marisa Hera Stohner
3. "Spring Hill Sand Hill," Cara Smith

Still Life

1. "Paperclips," Cara Jill Smith
2. "Peacock Feather Drop," Stephen Cullum
3. "OHM," Renee Ward-Cizek

Design Elements

1. "Inside a Dandelion," Stephen Cullum
2. "Purple Rush," Stephen Cullum
3. "Wattle and Daub," Marisa Hera Stohner

Digital Darkroom

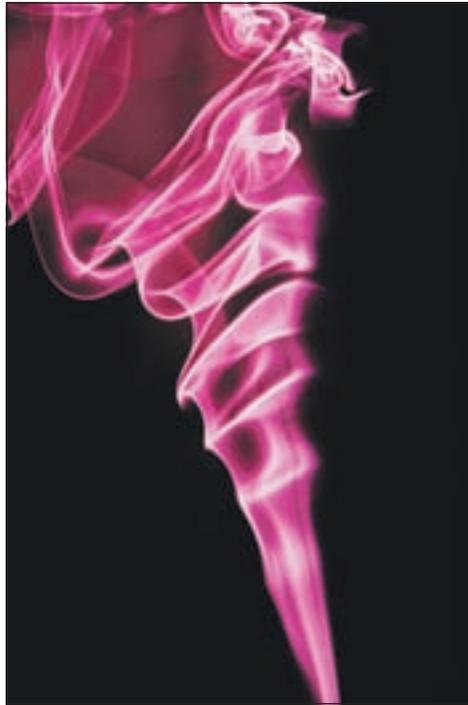
1. "Purple Haze," Cara Smith
2. "Johanneskirche," Steven Cullum
3. "Zugspitze Vista," Steven Cullum

Monochrome

1. "Photographer," Cara Smith
2. "Cranes," Cara Smith
3. "Prague Reflections," Renee Ward-Cizek



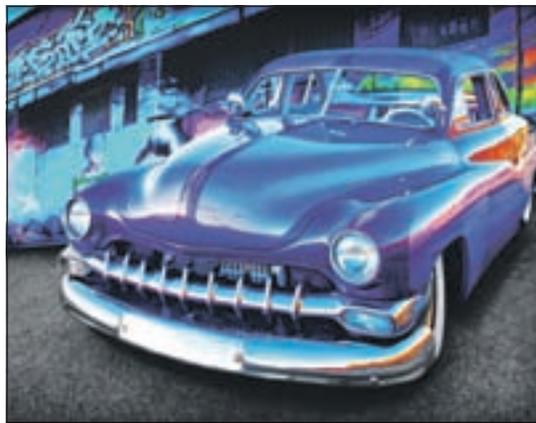
won first place in the Active Duty People category.



“Purple Rush” earned Steven Cullum second place in the Civilian Design Elements category. Cullum’s “Inside a Dandelion” took first in the same category. The photographer also won second and third place in the Civilian Digital Darkroom category.



“Over the Wall,” by Air Force Master Sgt. Brian Scoggins, won an honorable mention in the Active Duty People category.



Cara Smith’s “Purple Haze” won first place in the Civilian Digital Darkroom Category. Smith won two other first place awards.



Army Col. Mairi Marquart won third place in the Active Duty Monochrome category for “Geschlossen.”



Lee McCraw-Leavitt won an honorable mention for in the Civilian Monochrome category for “Bevel.”



“Proud Peacock,” by Air Force Col. Joseph Mancy, won third place in the Active Duty Animal category. Mancy also took second in the same category.



“Mystic,” by Isabella Capocelli, earned an honorable mention in the Civilian People category.



Maddie Holbrook’s “50 cent Skyline” won first place in the Civilian Nature and Landscapes category.



“Prague Reflections,” by Renee Cizek-Ward, won third place in the Civilian Monochrome category.

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What's happening in FMWR

Free movies on RB

The RB Theater in the RB Club features free movies at 6:30 p.m.

Enjoy the following films:

Oct. 26-29: Green Lantern (PG-13)

Party at Arts and Crafts

The Patch Arts and Crafts Center is the place to party ... birthdays, baby showers and farewell occasions can all be celebrated with fun crafts such as ceramic painting, mosaics and decoupage.

For more information, call 430-5270/civ. 0711-680-5270.

Indoor flea market

Looking to clear out some of your belongings or find some used treasures? Then hit the Patch Community Club Nov. 19 for the next MWR-hosted flea market.

For more information, call 430-2110/civ. 0174-248-9940.

Dirty dog?

An automated dog wash is available at the Auto Skills Center, Building 2916, Panzer Kaserne. The dog wash is open Tuesday through Friday from 1-9 p.m. and Saturday from 9 a.m. to 5 p.m.

For more information, call 431-2555/civ. 07031-15-2555.

Halloween activities

Pumpkin carving, costume bowling and creating trick or treat bags are some of the Halloween events planned by Family and MWR. Get all the details at www.stuttgartmwr.com.

Discount bowling

The Galaxy Bowling and Entertainment Center on Panzer Kaserne offers a bowling discount card that saves customers \$7.50 off the price of 10 games. The cards make great gifts. For more information, call 431-2719/07031-15-2719.

Lift to the airport

The FMWR Stuttgart airport shuttle service can get you to the airport from any Stuttgart installation.

For more information, call 431-2555/civ. 07031-15-2555.

For the latest in Family and MWR activities, visit www.stuttgartmwr.com. For e-mail updates, e-mail mwrmarketing@eur.army.mil.



Coming to Patch Theater

Oct. 21 — The Big Year (PG) 6 p.m., Rise of the Planet of the Apes (PG-13) 9 p.m.

Oct. 22 — Monte Carlo (G) 4 p.m., The Big Year (PG) 7 p.m., Final Destination 5 (R) 9 p.m.

Oct. 23 — Monte Carlo (G) 2 p.m., The Big Year (PG) 4 p.m., Rise of the Planet of the Apes (PG-13) 7 p.m.

Oct. 24 — The Big Year (PG) 6 p.m.

Oct. 25 — Monte Carlo (G) 6 p.m.

Oct. 26 — Final Destination 5 (R) 6 p.m.

Oct. 27 — Rise of the Planet of the Apes (PG-13) 6 p.m.

Oct. 28 — Spy Kids: All the Time in the World (PG) 6 p.m., Paranormal Activity 3 (R) 9 p.m.

Oct. 29 — Dolphin Tale (PG) 4 p.m., Spy Kids: All the Time in the World (PG) 7 p.m., Paranormal Activity 3 (R) 9 p.m.

Oct. 30 — Dolphin Tale (PG) 2 p.m., Spy Kids: All the Time in the World (PG) 4 p.m., Paranormal Activity 3 (R) 7 p.m.

Oct. 31 — Halloween Costume



20th Century Fox

Three bird watchers compete to spot the rarest birds at a prestigious annual event in "The Big Year."

Contest 4-6 p.m., Paranormal Activity 3 (R) 7 p.m.

Nov. 1 — Spy Kids: All the Time in the World (PG) 6 p.m.

Nov. 2 — 30 Minutes or Less (R) 6 p.m.

Nov. 3 — Dolphin Tale (PG) 6 p.m.

Family & MWR Featured Events

www.stuttgartmwr.com



PUMPKIN

PUMPKIN CARVING WORKSHOP

Carve your own design. Bring your pumpkin. Carving supplies provided.

October 28 11 a.m. - 5 p.m.

Patch Arts & Crafts Center

DSN 430 5270 CIV 0711 680 5270

8TH ANNUAL GREAT PUMPKIN RUN

5K & 10K Run. Register by October 26 at Patch Fitness Center. Costumes encouraged!

October 29 9 & 10³⁰ a.m.

Patch Husky Field

DSN 430 7136 CIV 0711 680 7136



HORROR

DRACULA

"Pure escape and great fun."

- The New York Post

October 29 & 31 7³⁰ p.m.

October 30 3 p.m. Stuttgart Theatre

Center. To book your tickets go to

www.stuttgartmwr.com, or call

DSN 421 3055 CIV 0711 729 3055

KIDS COSTUME BOWLING

Child Costume Contest and free bowling for those in costume!

October 29 6 - 8 p.m.

Galaxy Bowling & Entertainment Center

DSN 431 2575 CIV 07031 15 2575



GANDY

RB TRUNK OR TREAT

Come to Brewed Awakenings Cafe parking lot to hand out treats to the children. Cafe will be open for hot cocoa and cider.

October 31 8 - 11 p.m.

DSN 420 6037 CIV 0711 819 6037

GARRISON TRICK OR TREAT

October 31 5 - 8 p.m.

All Housing Areas

Like



SPORTS SHORTS

Wrestling referees needed

The Kaiserslautern Officials Association will hold a wrestling rules and certification clinic at Landstuhl Regional Medical Center Oct. 29 from 9 a.m. to 2 p.m. Officials wishing to call DODDS tournaments and to prepare for Child, Youth and School Services matches can certify at the clinic.

For more information, call civ. 06371-94-6084.

Enter Great Pumpkin Run

U.S. Army Garrison Stuttgart's Family and MWR will host the Great Pumpkin 5K and 10K Run Oct. 29. The run starts and finishes at Patch Barrack's Husky Field.

Race T-shirts will be given to the first 300 registrants. Sign up at the Patch Fitness Center. Late registration starts Oct. 20. No runners will be accepted after Oct. 26.

For more information, visit www.stuttgart-mwr.com or call 430-7136/civ. 0711-680-7136.

Basketball officials clinic

U.S. Army Garrison Stuttgart's Family and MWR will host a basketball official's clinic Oct. 25-28 at the Patch Fitness Center.

For more information or to sign up, call 430-4512/civ. 0711-680-4512 or visit www.stuttgartmwr.com.

Community-level basketball

Men and women 18 years and older are invited to participate in the U.S. Army Garrison Stuttgart community-level basketball league.

For more information or to sign up, call 40-4512/7135 or civ. 0711-680-4512/7136.

CYS Servces winter sports

Winter sports registration for U.S. Army Garrison Stuttgart Child, Youth and School Services sports will be held through Nov. 10 at Parent Central Services, Building 2347, Patch Barracks.

For more information, call 430-7480/7483/civ. 0711-680-7480/7483.



Miguel Angel (in gray T-shirt) forward for the Patch Clinic indoor soccer team, has control of the ball against the MWR all-women's team, the Honey Badgers, during a game on Oct. 6 in the Panzer Fitness Center gymnasium.

Players take passion for soccer indoors

Story & photo by Susan Huseman
USAG Stuttgart Public Affairs Office

The ball careened off the basketball backboard, hit the fire alarm then boomeranged toward the bleachers, where it ricocheted off the boards, spinning toward the opposite end of the Panzer gym. Goal!

Welcome to the world of indoor soccer, where virtually anything goes, at least in the U.S. Army Garrison Stuttgart intramural coed league.

Also known as arena soccer, the game allows the ball to be played off walls and other obstacles, resulting in a fast and furiously paced game.

"Basically everything's in play here ... the exit signs, door handles and other obstructions," said Andy Kneff, the league's head referee. "We tell the players to be prepared, because the ball may not go where you think you're sending it."

The defense also has to be on their toes for the exact same reason.

Because of its intensity, indoor soccer is not the easiest game to play or the most mainstream.

In fact, USAG Stuttgart is one of a handful of garrisons in Europe to offer the sport, according to Matt Gilliard, the sports coordinator for the garrison.

"Not everyone wants to play sports like flag football, softball and basketball. We had quite a few

requests from Soldiers for indoor soccer, and we're happy to accommodate them," Gilliard said.

Oneil Rhooms enjoys playing the sport.

"I look forward to it every year. It's really intense, it's a high tempo, and you get a really good work out from it," said Rhooms, who plays for the Patch Clinic team.

His team, last year's undefeated champions, has its sights on taking the title again this year.

With a record of 2-0 at press time, the team is off to a good start. "We're going to keep working on it," Rhooms said. "There are improvements to make, but I'm confident. I'm sure there are teams out there gunning for us."

Indeed. Six other teams have their eyes on the championship this year, including an all-women's team.

"It's been a lot of fun but also a challenge to play against the men," said Laine Skiendiel, a player on the Honey Badgers, the all-women team.

"It's much different than playing 11-man soccer," she added. "But everybody loves it, and it's a great fitness program."

The indoor soccer season runs through mid-November. Games are played Tuesday and Thursday at 6 p.m. and 7 p.m. in the Panzer gymnasium. Spectators are welcome, but be prepared to duck.

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Take a look at whats going on in Stuttgart's schools.

Youth Activities



Photo by Ed Thornburg



Photo by Ed Thornburg



Photo by Ed Thornburg

Smile for the camera

TOP LEFT: Christianna Holimon presents a big smile for the photographer in her photo day pose.

TOP RIGHT: Jacob Leshinsky and Ashley Rivette await their turn to be photographed.

LEFT: Photos for the yearbook! Picture day is a big event at Böblingen Elementary Middle School. Deane Swickard poses for his yearbook photo while Alessandro Trujillo anxiously awaits his turn.



Photo by Ed Thornburg



Photo by Ed Thornburg

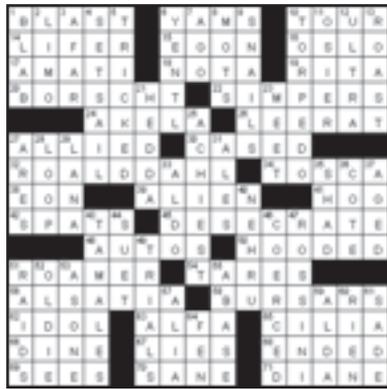
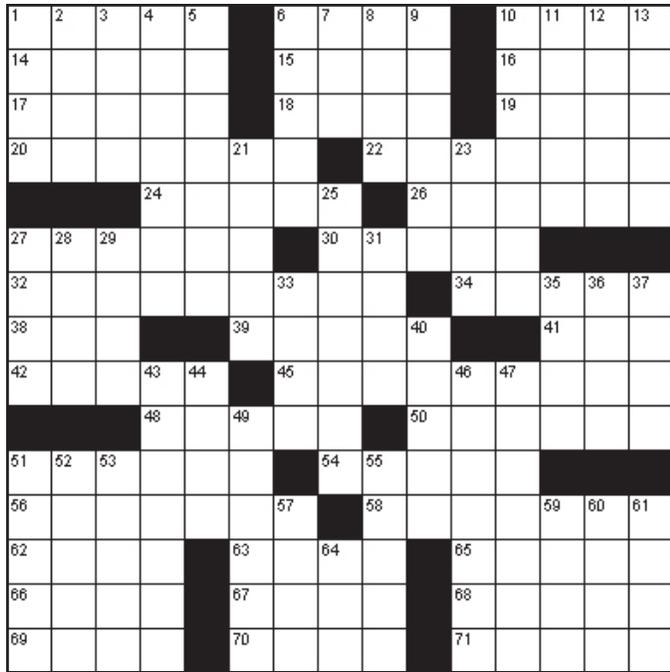
Artist at work

Ms. Jager, the Böblingen Elementary Middle School art teacher, helps Kiara Perry and Sophia Cummings apply the finishing touches to the mask of Max Tortorelli.

Katie Fowler and Madison Prince are busy making a mask of Brandon Hilburn in Ms. Jager's art class.



Crossword Puzzle



This is the solution to the crossword puzzle from Oct. 6!

DOWN

1. Highlander, perhaps
2. Freight car hopper
3. Author unknown: Abbr.
4. Eminent conductor
5. Following
6. Daisy Mae's man
7. Blithe
8. Riverside plant
9. Montezuma's people
10. Chief town of Tahiti
11. Lewis Carroll heroine
12. Shades
13. "The Glass-Bead Game" author
21. Iterate
23. At that time
25. Dupes
27. Hindmost
28. Goes wrong
29. Covent Garden solo
31. Tiny sound
33. Joint point
35. Astringent substance
36. Become weary
37. Hastened
40. Smooth glossy fabric
43. Cads
44. Indian attire
46. Deliverance
47. Mideast metropolis
49. "___ is the Night"
51. More rational
52. Overhead
53. Evaluated
55. "The Planets" composer
57. Air force?
59. Perform anew
60. Arduous journey
61. Fictional alter ego
64. "___ Pinafore"

ACROSS

1. Disgrace
6. Taj Mahal site
10. Track
14. Superhero of pulp fiction
15. Singer Joan
16. "I cannot tell ___"
17. Woodwind instruments
18. Russian refusal
19. Bowling targets
20. Monk's haircut
22. Picks up
24. Rows of seats
26. Parmesan, e.g.
27. Finds out
30. Unexpected defeat
32. Overbearing pride
34. Below, in poesy
38. ___ Lanka
39. Joins the team?
41. Roman 52
42. Russian emperors
45. Starting out
48. Western
50. Abounded
51. Existentialist author
54. Huckster's confederate
56. Dying down
58. Here, not in heaven
62. Observe
63. Willie Wonka creator
65. Animator Tex
66. At any time
67. "Desire Under the ___"
68. Allied
69. 1981 Warren Beatty film
70. Musical pause
71. Bring to mind

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Halloween: Fitz & Floyd, Signature Collection, Limited Edition, Gypsy Witch Cookie Jar. No.629 of 3,000. \$230 0160 714 5512 / martin.kahn@gsa.gov

Hitachi Multisys 32" Flatscreen TV with remote-Great for 2nd TV for kids/spare rm. Dual Voltage. like new 016092831676 or 07117295024 (Stephanie) \$100 sjung91@aol.com

Kids Black & Decker tool desk. Several tools included. In next to new condition. \$25 0162-297-2490

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Thomas the Train toddlers bike with training wheels and matching helmet. \$40 0162-297-2490

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Wood Dining Table w/ six chairs. \$20. Wood drawers & shelf unit. Approx 3'wx2'dx4'h. \$20 Wood Cabinet w/ sliding Doors. \$20. 0160 714 5512 / martin.kahn@gsa.gov

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Postage Stamp Exchange Sindelfingen
October 27-29, 2011
Not just for specialists – new stock on Thursday

An opportunity for collectors not to be missed is the International Postage Stamp Exchange Sindelfingen. A "novelty show", in which collectors show stamps from four countries which has been collected piece by piece during the past years.

The German postal service and the postal service organizations Liechtenstein, Switzerland and Austria come together for the first time in Germany to open this new exhibition. No stamp may be older than 40 years. The size of each exhibit is limited to 12 album pages.

The jury consists of the racer Mario Farnbacher (Speed Academy), the former Prime Minister Wolfgang Böhmer (Saxony-Anhalt) as well as Philately specialists from Austria, Switzerland and Liechtenstein. The best displays will receive cash prizes. In addition, a popularity award is awarded by visitor's votes of the international postage stamp exchange.

This attractive exhibition also presents an historic letter from the Dalai Lama that according to researchers emerged around 1640 and regulates a plot of land.

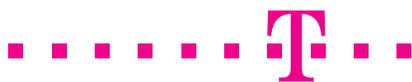
The youth area offers the Grande JUPEX AMERICANA 2011, a competition display of the youth on national rank. A stage program with a Native American quiz, presentations, lots of fun and detailed information on Native Americans as well as an audio and handcraft corner as part of the program at the exhibition to support the youth. The International Postage Stamp Exhibition Sindelfingen will be open from Thursday, 27 October through Saturday, 29 October 2011 at the Sindelfingen trade-fair premises. The fair opens its doors at 10a.m on all three days. Admission is free. For more information please visit: www.briefmarken-messe.de.

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