

Hospitals require upfront payment for health care

By Col. Larry Connell
 U.S. Army Health Clinic Stuttgart

Most nation health care facilities in the Stuttgart area are now charging upfront deposits for medical care for U.S. civilians, retirees and contractors.

This policy does not apply to active duty and active duty family members.

In the Stuttgart area, the Sindelfingen, Böblingen, Tübingen, and Robert-Bosch hospitals now require a payment before administering routine care at their medical facilities.

This new policy was instituted by the hospitals in response to unpaid medical debts owed by members of the Stuttgart military community, specifically Defense Department civilians, military retirees and their family members, and Tricare Standard beneficiaries.

Approximately €700,000 is owed to the Boblingen and Sindelfingen hospitals alone, according to officials at the hospitals.

Some of the local hospitals will charge €250, payable by cash or credit card, prior to rendering any medical care for an outpatient visit, and will require a €1,000 deposit for inpatient care.



Local German hospitals now require military retirees, Defense Department civilians and contractors to make an upfront payment before they receive care. Emergency care for a condition that threatens life, limb or eyesight is not subject to this requirement.

Susan Huseman

After receiving care, if the invoice total is less than the upfront deposit paid, patients will receive a refund within three days. If the final invoice is higher than the upfront payment, then the remaining balance will be charged against the patient's credit card.

Patients will then have to file for reimbursement through their respective health insurance companies.

It is important to understand that emergency care for a condition that threatens life, limb or eyesight is not subject to these fees.

Gen. Carter F. Ham, the U.S. Africa Command commander, jokes with Scout leaders from the Transatlantic Council before an Eagle Scout Recognition ceremony May 12 on Patch Barracks. Ham became an Eagle Scout in 1965 and was presented with the Distinguished Eagle Scout Award during the ceremony.



Photos by Mark J. Howell

Lt. Gen. Mark P. Hertling, the U.S. Army in Europe commanding general, is awarded the Distinguished Eagle Scout Award May 12. Since the award was established 43 years ago, only 17 others have been presented the award by the Transatlantic Council.

Stuttgart Scouts honor Ham, Hertling with Distinguished Eagle Scout awards

Page 3

Marine spouses have a fighting chance

Marine spouses learn how to defend themselves using modified Marine Corps Martial Arts Program techniques during a rape prevention and self-defense class.



Pages 12-13

Stuttgart WPC: where fun is no obstacle

More than 200 participants ran, climbed, jumped and crawled their way through the Stuttgart Warrior Pride obstacle course challenge on April 27 — for fun!



INSIDE
 THIS
 EDITION

Website helps kids on the move

Commentary by Lisa Daniel
Armed Forces Press Service

It's that time of year again when so many military families are starting their relocation plans — and dealing with the fallout from kids who would rather stay put.

As a parent of young children, I often think if I ever want a change of scenery, i.e., moving to a new area, I have a window of opportunity — before the kids become teenagers.

That's because I remember vividly my own 14-year-old inner voice screaming “no way, not now, not ever” at the slightest hint that my parents might upend my comfort zone with a move.

But I don't have the weight of the U.S. military behind me, and my parents didn't either.

Military kids don't have that luxury of influencing a family's decision to move, which is among the many reasons the Defense Department deemed April the Month of the Military Child — to celebrate military children's shared sacrifice for the nation.

While even one relocation is traumatic for most teens, military kids have done it multiple times. But that doesn't necessarily make it easier, as Karen Morgan knows firsthand.

Morgan is a senior program analyst with the department's Military Community and Family

Policy office in the Pentagon. But she also was a Marine Corps wife for 25 years and mother of two children.

“Moving anywhere can be traumatic for anyone, but it's doubly traumatic with kids,” she told me recently.

Morgan mostly remembers their relocations fondly — as a family bonding experience and a chance to experience new areas together.

But there were hard times, too, like when they moved in the summer and couldn't find other children to play with, and when their daughter left for college in Virginia while they still were stationed in Okinawa.

Now Morgan uses those experiences to give insight into a DOD website designed to help military kids with their parents' many relocations.

Military Youth on the Move has tabs for teens, pre-teens, and younger kids to help with everything from preparing for college, to dating, to making new friends.

There is a “Moving Out” section with advice on packing, saying ‘goodbye,’ and keeping in touch, and a “Get Help” tab offers advice on dealing with a parent's deployment, divorce and bullying.

Moving is never easy, but sites like Military Youth on the Move certainly help.

To view the Military Youth on the Move website, visit <http://apps.mhf.dod.mil>.

Moving Out, Moving Up, Moving On!

Let's Move it!

Military Youth on the Move - The Department of Defense website just for military youth!

Get advice and tips about the stuff that matters!

Popular Topics:

- Keeping in Touch
- Dealing with Deployment
- Changing Schools
- Staying Fit and Healthy

Explore Military Youth on the Move!

- Join our social network
- Check out the latest podcasts
- Explore articles written just for you

Get connected, get the info you need, and get moving through Military Youth on the Move!

<http://apps.mhf.dod.mil/myom>

THE CITIZEN

Col. Carl D. Bird

U.S. Army Garrison Stuttgart Commander

Public Affairs Officer

Mark Howell

mark.j.howell14.civ@mail.mil

CI Chief/Editor

Culture Editor

Susan Huseman

Carola Meusel

susan.j.huseman.civ@mail.mil

carola.e.meusel.ln@mail.mil

Contact Information

Telephone: 431-3105/civ. 07031-15-3105

Fax: 431-3096/civ. 07031-15-3096

E-mail: stuttgartmedia@eur.army.mil

Web site: www.stuttgart.army.mil

Office Location: Building 2949, Panzer Kaserne

U.S. Army Address: Unit 30401, APO AE 09107

German Address: USAG-S PAO, Panzer Kaserne,

Geb. 2949, 3rd Floor, Panzerstrasse, 71032 Böblingen

This newspaper is an authorized publication for members of the Department of Defense. Contents of The Citizen are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army. All editorial content in this publication is prepared, edited, provided and approved by the USAG Stuttgart Public Affairs Office. Private organizations noted in this publication are not part of Department of Defense.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The Citizen is a biweekly offset press publication published by AdvantiPro GmbH. Circulation is 6,000 copies. For display advertising rates, call Sabine Vogl at civ. 0631-3033-5537, or e-mail ads@stuttgartcitizen.com. For classified advertising rates, call Anna Weyrough at civ. 0631-3033-5531, e-mail class@stuttgartcitizen.com.

www.stuttgart.army.mil

Live 1-on-1 Help

Confidential

Worldwide 24/7

DoD
Safe Helpline
Sexual Assault Support for the DoD Community

Help is just a *Click, Call or Text* away!



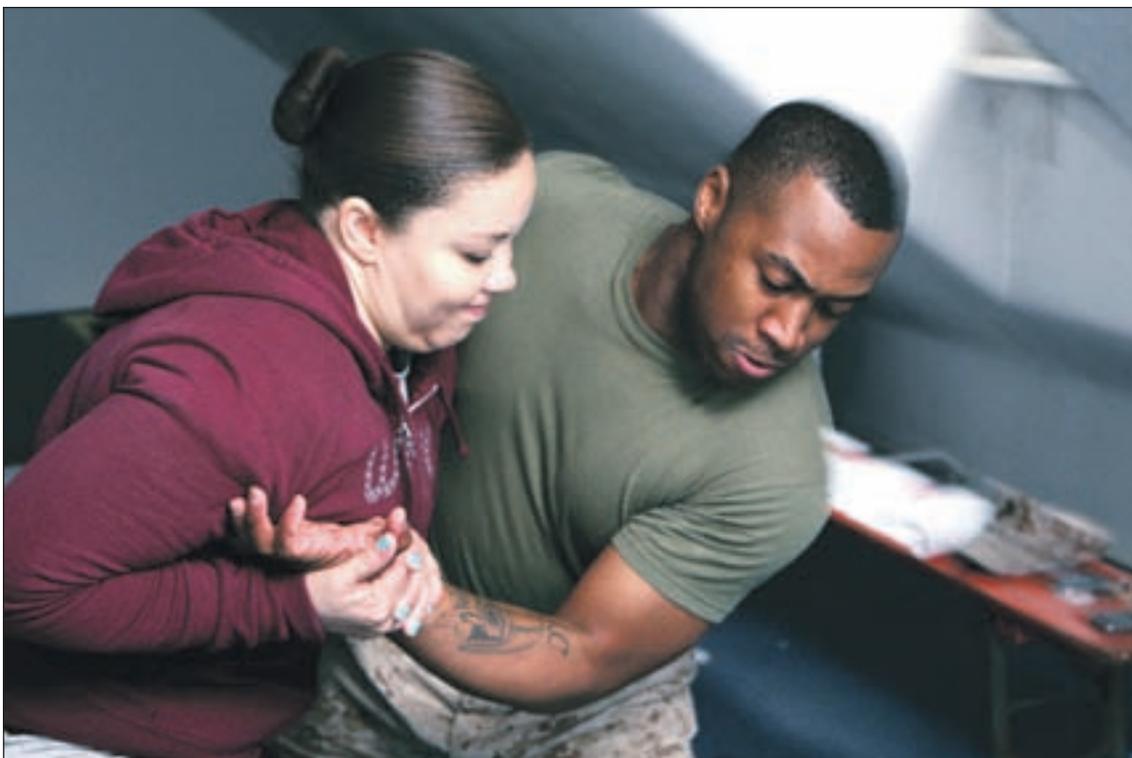
Click www.SafeHelpline.org

Call 877-995-5247

Text* 55-247 (INSIDE THE U.S.)

202-470-5546 (OUTSIDE THE U.S.)

*Text your location for the nearest SARC



Marine spouse Karen Riles uses a modified technique derived from the Marine Corps Martial Arts Program to take down Cpl. Christopher Terrell, the assistant Family Readiness Officer and an assistant self-defense instructor, during a rape prevention and self-defense class at the Marine Forces Europe headquarters building.

Marine spouses take action to learn self-defense, rape prevention

Story and photo by Cpl. Tatum Vayavananda
U.S. Marine Forces Europe Public Affairs Office

Anyone can be a victim when it comes to threats to individual safety and security. But the Family Readiness Office of U.S. Marine Corps Forces Europe and Africa is trying to help even the odds by offering Marine spouses a rape prevention and self-defense class at MARFOREUR headquarters last month.

Along with Marine Corps Martial Arts Program techniques that were modified specifically for the course, the class emphasized situational awareness, planning ahead, and minimizing risk in real-world situations, such as when at a parking lot or leaving a hotel alone.

“Women can’t fight like men, and Marines can teach MCMAP all day, but that doesn’t mean we will be able to execute it and remember it in [scary] situations,” said Katherine Nelson, the MFE/MFA Family Readiness Officer who also took the class.

“[Women] should know a few basic things to help themselves be more aware when they are alone,” said Nelson. “We find ourselves leaving the post exchange, commissary or school functions alone a lot. We are in a foreign country; things can happen to anyone.”

The course was instructed by Master Sgt. James Hall, the intelligence chief for MARFOREUR and a certified rape-prevention instructor.

Hall has practiced martial arts since he was 6 years old, has been a martial-arts instructor since the age of 15, and, along with a black belt in MCMAP, holds black belts in the disciplines of Ninjutsu, Koppojutsu and Kenpo.

“His passion and knowledge for martial arts is phenomenal,” said Cpl. Christopher Terrell, the assistant MFE/MFA Family Readiness Officer who assisted with teaching the course.

The class took the students through real, documented scenarios that dealt with assault,

“[Women] should know a few basic things to help themselves be more aware when they are alone.”

Katherine Nelson
Family Readiness Officer

rape and abuse.

“We wanted to emphasize how real-world it is,” Terrell said. “When we gave the different scenarios, the students were surprised that they were situations that really happened, not just made-up training scenarios.”

The students learned various MCMAP techniques most relevant to women, such as moves that are effective against weight-and-strength differences.

“[The spouses] realized that these threats really exist, and I noticed the point where they felt really adamant about what was being taught because they [had] never thought about some of these things,” Terrell said.

Both Family Readiness Officers hope to be able to spread the training and knowledge on to all services’ spouses and family members in the future.

“Before the ladies left, we already talked about doing a second class and getting the word out,” Nelson said.

“I feel everyone should take the opportunity to get to a class,” Terrell said. “You can never have too much training in this, whether you’re in a uniform or not.”

For more information on possible future rape prevention and self-defense classes, contact the Marine Forces Europe Family Readiness Office at katherine.nelson@mfe.usmc.mil.

News & Notes

Coupon policy changes at commissaries

The Defense Commissary Agency has changed how commissaries handle coupons and product returns without receipts.

Some of the key changes, which went into effect May 1, include issuing gift cards to a customer, in conjunction with cash:

- whenever a transaction total reflects that \$25 or more is owed to the customer due to coupon “overages” (when the face value of the coupons exceed the selling price of the items purchased, and the transaction results in a negative balance);
- for refunds of \$25 or more when a receipt is presented showing the merchandise was originally purchased with gift cards;
- for refunds of \$25 or more when a receipt is not presented.

For more information, visit www.commissaries.com.

(This information was provided by the Defense Commissary Agency)

USPS now prohibits mailing lithium batteries

As of May 16, the U.S. Postal System has prohibited lithium metal or lithium-ion batteries and devices containing lithium batteries, in international mail.

This prohibition includes mail sent to and from Army, Fleet and Diplomatic Post Office locations.

Postal clerks have been directed to check customs forms and question customers as to whether lithium batteries are in any international shipments, including mail addressed to or from APO, FPO or DPO locations.

Customers sending shipments containing lithium batteries will have the option of removing the lithium batteries from the package, or not mailing the package.

Those sending electronic devices containing removable lithium batteries must remove the batteries before the package can be sent. Electronic equipment with nonremovable lithium batteries may not be sent by international or military/diplomatic mail.

According to the U.S. Postal Service website, the international standards were recently reviewed by the International Civil Aviation Organization and the Universal Postal Union.

The Postal Service anticipates that on January 1, 2013, customers will be able to mail specific quantities of lithium batteries internationally (including to and from an APO, FPO, or DPO location) when the batteries are properly installed in the personal electronic devices they are intended to operate.

But until such time when a less restrictive policy can be implemented consistent with international standards, and in accordance with UPU Convention, lithium batteries are not permitted in international mail.

(This information was provided by the U.S. Army Garrison Stuttgart Directorate of Human Resources)

Future handyman, Marshall Lamprecht, 3, checks out the big boy tools at the Kidz Flea Market held April 28 on Patch Barracks.



[Photo left] Community children are all set to enjoy some cotton candy at the Girl Scout booth during SpringFest.

[Photo right] Angelina Garcia, 4, and mother Veronica put the finishing touches on a balloon creation at SpringFest April 28.



Victoria Lamp, 17 months, puts her eye-hand coordination to the test with a ring toss game during Spring Fest.



Best friends Nazjhai Cozart, from left, 8, and Leci Dunlap, 10, along with twin Lexi, weigh their choices during the RB Sundae Fun Day in the Brewed Awakenings Cafe April 27. After ice cream, families could enjoy a free movie.

Celebrating military children

Since 1986, throughout the month of April, Army installations around the world recognize the honor and courage of military children by celebrating the Month of the Military Child. In U.S. Army Garrison Stuttgart, Family and MWR's Child, Youth and School Services sponsored events such as an egg hunt, movie matinees, lock-ins, a youth job fair, parent workshops, and the RB Sundae Fun Day and Spring Fest.

Photos by Mary "Tweedy" Knef

New books at Patch Library aimed at military families

Story & photo by Susan Huseman
USAG Stuttgart Public Affairs Office

Stuttgart military parents looking to support the emotional needs of their children now have resources readily available, thanks to the "Entitlements" collection unveiled May 10 at the Patch Library.

The collection consists of 53 books and 10 story kits designed to address the unique challenges faced by children of military families.

While the story kits will be incorporated into the curriculums of U.S. Army Garrison Stuttgart child development and school-age centers, the Patch Library will house the books.

About half of the collection is aimed at children, with selections ranging from storybooks dealing transitions — separations, moves, the loss of a parent — to military heritage, such as "Mercedes and the Chocolate Pilot" and "America's White Table," according to Juanita Harvin, the AFRICOM Educational and Cultural liaison.

Adult selections are nonfiction titles that focus on how to support children through deployment and separation, and build confidence and resiliency.

The collection was the idea of Christi Ham, wife of Gen. Carter F. Ham, the U.S. Africa Command commanding general.

"Mrs. Ham wanted parents to be able to access the Military Child Education Coalition's recommended resources ... at one location, free of charge," said Brenda Coffield Fellmer, the MCEC European Program manager. "It took off from there."

MCEC, a nonprofit organization, is focused on ensuring quality educational opportunities for military children through initiatives such as "Student 2 Student," "Parent to Parent" and "SchoolQuest."

The Stuttgart Community Spouses Club, U.S. Army Garrison Stuttgart Family and MWR, and Installation Management Command joined forces to purchase the books, Harvin said.



Children's librarian Tracie Miller reads "Olivia" to a group of children and their parents May 10 following the unveiling of the "Entitlements" collection of books at the Patch library. The collection of 53 books is designed to address the unique challenges faced by children of military families.

Is your car registration about to expire?

With the PCS season about to start, consider renewing your vehicle's registration as soon as you receive notification, usually about 75 days before it expires.

Completing the renewal process early does not shorten the registration time; the renewed registration will commence once the old registration expires, but you may be able to avoid a wait during peak periods.

And should your vehicle fail the inspection, you normally will have enough time to correct the deficiency and renew within the renewal window.

For more information, visit the U.S. Army Europe Registry of Motor Vehicles website at www.hqusareur.army.mil/rmv.

Facilities to close for U.S., German holidays

Most organizations and facilities in U.S. Army Garrison Stuttgart will be closed May 28 in observance of the Memorial Day federal and training holidays.

Some will also close in observance of German federal holidays on May 28 and June 7.

Patrons are advised to call ahead before visiting any facility.

- All **Community Banks** in U.S. Army Garrison Stuttgart will be closed on May 28 and June 7.

- **U.S. Army Garrison Stuttgart's Vehicle Registration and Housing Offices** will close May 28 and June 7.

- The **Black Stallion Inn Dining Facility** will be closed on May 25, in addition to May 28.

- The **1st Battalion, 10th Special Forces Group (Airborne) Dining Facility** will be closed May 25-28 and May 30-31.

- The **U.S. Army Health Clinic Stuttgart** will be closed May 28. Contact the military police in case of an emergency. For immediate health care needs, contact the toll-free Nurse Advice Line at civ. 0800-825-1600.

No gas at Patch May 21

Gas will not be available May 21 from 1:45-4:15 a.m. at the Patch Barracks Shoppette gas station because of a fuel system test.

However, the Shoppette will be able to issue gas cards and load accounts.

"Xanadu" comes to Kelley Theater

As its final production of the season, the Stuttgart Theatre Center will offer a campy version of the

cult movie "Xanadu."

Performances will be held June 1-2, 8-9, 15-16 at 7:30 p.m. with matinee shows June 3, 10 and 17 at 3 p.m., all in the Kelley Theatre.

Tickets go on sale May 22. Reservations can be made online at www.stuttgartmwr.com or by calling the theater office at 421-3055/civ. 0711-729-3055 (Tuesday through Friday from 12:30-5:30 p.m.).

EEO Lunch and Learn

The U.S. Army Garrison Stuttgart Equal Employment Opportunity Office will host a Lunch and Learn session June 28 from 11 a.m. to 1 p.m. in the Army Community Service conference room, Building 2915, Panzer Kaserne.

The free session will cover how to identify and prevent bullying in the workplace.

To register, or for more information, email usagstuttgarteeo@eur.army.mil.

Family and MWR has NAF positions available

The Nonappropriated Fund Human Resources Office at the Civilian Personnel Advisory Center will accept applications for various NAF positions within Child, Youth and School Services as child and

youth program assistants.

Positions are open to all qualified candidates eligible for appointment under U.S. employment conditions.

To view vacancies, visit the USA Jobs website at www.usajobs.gov.

Renting? Learn about local landlord laws

The Stuttgart Law Center will offer German landlord and tenant law briefings for newcomers on May 24 and 31 at 10 a.m.

The briefings aim to familiarize community members with the differences in law and legal culture.

The briefings will be held in the Stuttgart Law Center courtroom, Building 3312, Kelley Barracks.

For more information, call 421-4152/civ. 0711-729-4152.

See Europe with USO

The United Service Organizations Stuttgart offers several upcoming tours: June 10 — Neuschwanstein and Hohenschwangau; June 17-20 — Italian Riviera, July 4-7 — Provence, France.

For more information, email tour.stuttgart@uso.org or visit www.uso.org/stuttgart.

Send community-wide announcements to stuttgartmedia@eur.army.mil

Confidential help for the U.S. Army Europe community
Call 00800 1273 8255
 DSN 118



NICKEL
US & GERMAN ATTORNEYS
 US & German Divorces • Support Issues • Wills and Probate
 Employment • Personal Injury • Contractor Issues • Tax
CALL 069-299-2069-0
 OR email: maiss@nickelonline.de

Immobilien-Büro Gaißert 
 Inhaber: Peter und Anja Wilke
HOMES FOR RENT
 honest~reliable~competent
 Hauptstr.72
 71093 Weil im Schönbuch
 Telefon 07157-61273
 Fax: 07157-66339
ibg.gaissert@t-online.de
WWW.IBG-GAISSERT.DE

HELP IS ON THE WAY
 We've been making loans of up to \$10,000 to active duty military for over 61 years.

 Click today... cash tomorrow® www.MilitaryLoans.com "We love to say yes"®

RELOCATING? WE CAN HELP!
 Check Out www.militaryonesource.com
 and make a smooth move with these online tools:

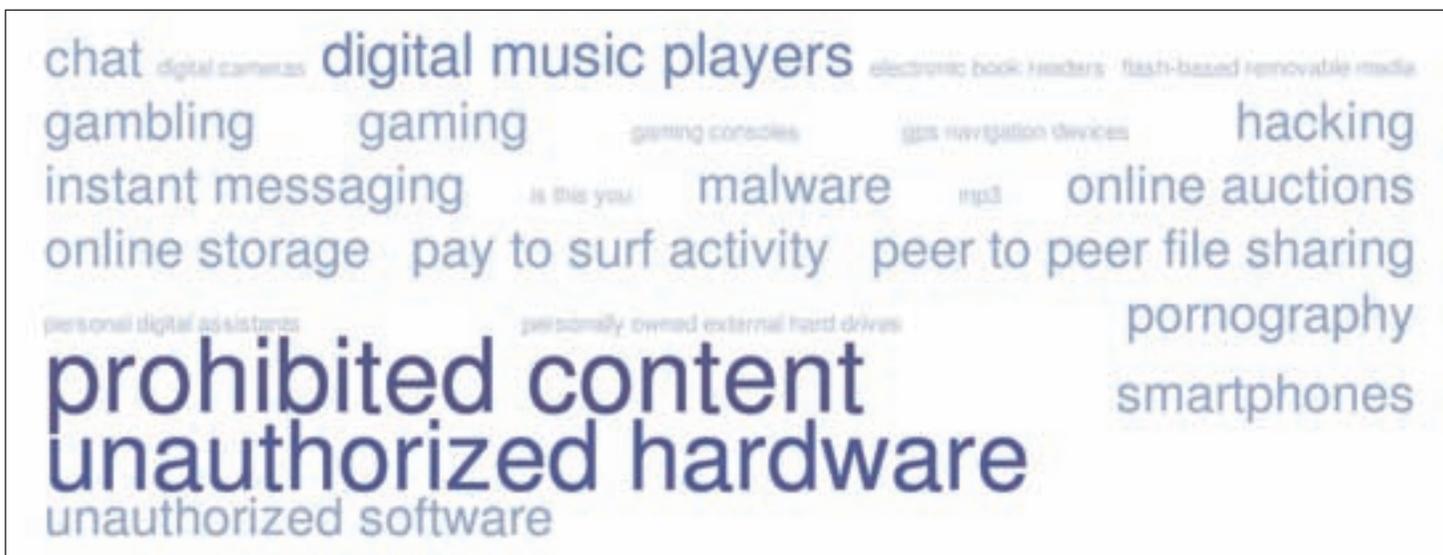
- Military INSTALLATIONS:** Find maps, photos and more on over 250 military installations worldwide.
- Plan my move:** Provides e-moving tools, planning calendars, checklists and information on education and employment.
- Military OneSource Relocation Tool:** Compare communities throughout the US. Find cost of living reports, school report cards, a salary analyzer, crime and safety reports, calculators and more.

Contact Military OneSource at 1-800-342-9647
 for your specific relocation needs.
 You name it. We can help—24/7!



Visit our website for overseas, Spanish and hearing impaired toll free telephone numbers.
 Provided by the Department of Defense at no cost to active duty, Guard and Reserve, and their families.
 Military OneSource is a virtual extension of installation services.

Accessing prohibited content while on a government computer or connecting unauthorized hardware to it can land you in hot water, leaving you to face oral or written reprimand, an adverse performance evaluation and suspension from employment, with or without pay, and possibly even civil or criminal prosecution.



Graphic illustration by Susan Huseman

Violations mean harsh consequences for computer users

By Spc. Joshua Leonard
U.S. Army Europe
Public Affairs Office

U.S. Army Europe personnel are being reminded of the risks and consequences of connecting their personal computers or other devices to government-operated networks.

Because the ability to monitor USAREUR networks and react to any threat activity is vital to defending those networks, USAREUR has “very robust” defensive and detection capabilities and can monitor all systems and network traffic, said Gerald Holland, with the USAREUR Communications directorate’s (G6) Information Assurance Program Management, Policy.

“The USAREUR network is a weapon system. Commanders must protect and defend cyberspace as vigilantly as they would protect and defend any other area of operation,” according to an information assurance reference guide provided to commanders.

‘ *There is no excuse to say you didn’t know.*

Gerald Holland
USAREUR Information Assurance Program Management, Policy

Plugging personal equipment into a government network creates unnecessary security risks, Holland said, and the Army goes to great lengths to protect its networks.

If personal devices are located they will be removed and the offender will be subject to penalties.

Personal systems are more prone to infection or compromise, as users connect these devices to other networks that may not have the same safeguards as USAREUR.

Once connected, personal systems

could disrupt protected networks by introducing existing or new variants of malicious software, according to Solomon Kiakona, operations lead for U.S. Army Cyber Command’s Regional Computer Emergency Response Team-Europe.

If a personal computer is connected to an official network, commanders have authority to take immediate and necessary action, said Holland, of USAREUR’s G6. The system is immediately removed from the network and the user can face harsh consequences.

Holland pointed out that all users of official U.S. government information systems are required to complete yearly information assurance training, as well as sign an “acceptable use policy” document that outlines these prohibitions and consequences.

“There is no excuse to say you didn’t know,” he said.

To find out more, read Army Regulation 25-2 (Information Assurance) and Army in Europe Regulation 25-2 (Army in Europe Information Assurance).

Unauthorized hardware for official networks

- personally owned computers
- MP3 or other digital music players
- GPS navigation devices
- personal digital assistants
- electronic book readers
- smartphones
- digital cameras
- unauthorized or personally owned wireless access points
- gaming consoles
- personally owned external hard drives
- any flash-based removable media

Prohibited content, activities

- pornography
- online auctions
- chat and instant messaging
- gambling and gaming
- hacking and malware
- illegal drugs
- Internet telephone systems
- online storage
- “pay to surf” activity
- peer-to-peer file sharing
- personals and dating
- unauthorized software
- proxy or “anonymizer” use
- violent, hate, racist or terrorist materials

STUTTGART
realtors
HOMES FOR RENT
www.stuttgartrealtors.com
Contact 0179- 39 36 835

BUCKLE UP AMERICA
Every Trip. Every Time.

They say:
it is the best Poolhall in Germany

#1
Americas
welcome

DIE DREI
BILLARD DART AND MORE...
Billards, Darts, Sportsbar and just good Music ...
Sindelfingen, near Breuningerland
http://billard-diedrei.de, Tel. +49 (0)7031-878330

WEBSITE & MENU
IN ENGLISH

HÄBERLE & PFLEIDERER
SWABIAN SPECIALTIES RESTAURANT

RESTAURANT
Enjoy homemade, traditional products in a modern atmosphere.
Daily changing Menues also available for take away.

SPECIALTIES SHOP
Come in and buy our Swabian specialties in our shop:
Food, Coffee, Wine, Swabian Whisky, Sparkling Wine, Accessories ...
everything you need to cook Swabian meals at home.

COOKING CLASS
To make your Swabian meals perfect, join our cooking class. We teach you how to cook the traditional Swabian noodles “Spaetzle” in our Restaurant. For more information and appointments send an e-mail to kontakt@haeberle-pfleiderer.com or call +49 - 711 - 78 23 166.

Eberhardstrasse 31-33 • 70173 Stuttgart (downtown)
For reservations call +49 - 711 - 51 88 69 00 or 78 23 166
www.haerberle-pfleiderer.com

Follow USAG Stuttgart on Twitter

Memorial Day ceremony set for May 28, 11 a.m.

U.S. Army Garrison Stuttgart and American Legion Stuttgart Post 6 will conduct a Memorial Day ceremony May 28 at 11 a.m. on Washington Square, Patch Barracks.

Installations to undergo APC maintenance

• Access Control Point maintenance on **Kelley Barracks** will be conducted **May 26** from 7-10 a.m. All vehicle traffic must exit the installation through the housing gate near Building 3400.

Maintenance will be conducted on the access control points near the hotel from 11 a.m. to 2 p.m., and at the Kelley Club from 3-6 p.m. In both instances, personnel will lower the barrier to facilitate in and outbound traffic.

• On **May 27**, the **Patch Barracks** inbound lanes will be closed from 7-10 a.m. All inbound traffic will enter through the K and K Gate.

The outbound lane will be closed from 11 a.m. to 2 p.m. All outbound traffic must exit through the K and K Gate.

Maintenance on the K and K access control point will be conducted from 3-6 p.m.

• On **May 28**, maintenance will be conducted on the **Panzer Barracks** access control point from 7-10 a.m. Traffic management personnel will lower the barrier to facilitate in and outbound traffic.

The inbound lane for Panzer Family Housing will close from 11 a.m. to 2 p.m. Pond Security officers will control the in and outbound traffic through the outbound traffic lane. The outbound lane will close from 3-6 p.m. The security officers will control in/outbound traffic through



Working for a living

The business of U.S. Army Garrison Stuttgart never stops. More than 700 garrison employees keep the garrison moving in the right direction. Here, Directorate of Public Works employees Tim Kaiser and Ahmet Yildirim load supplies onto a truck in the DPW storage yard on Kelley Barracks last month.

Susan Huseman

the inbound traffic lane.

American Red Cross seeks youth chairman

The American Red Cross Stuttgart seeks a youth chairman to be responsible for youth volunteer participation in Red Cross activities across U.S. Army Garrison Stuttgart installations. This is a volunteer position.

For more information, visit the American Red Cross, Building 2915, Panzer Kaserne, or call 431-2812/civ. 07031-15-2812.

Sign up now for RSO's Vacation Bible School

The U.S. Army Garrison Stuttgart Religious Support Office will host a Vacation Bible School July 30 to Aug. 3 at Patch Elementary School.

Children who have completed American kindergarten to those

who will be entering sixth grade are eligible to attend.

Adult and youth volunteers are also needed. Youth volunteers must have completed sixth grade.

Register as a participant or volunteer online at <https://www.groupvbspro.com/vbs/ez/usagstuttgartso/gpgs/home.aspx>.

For more information, call 430-2338 or 431-3078 or email patchvbs@googlemail.com.

CID agents wanted

The U.S. Army Criminal Investigation Command is seeking qualified applicants to become criminal investigators.

These special agents are responsible for investigating felony-level crime of Army interest, conducting protective-service operations, and working with other federal, state and local law enforcement agencies to solve crime and combat terrorism.

To qualify, applicants must be a U.S. citizen, at least 21 years old, be an E4 through E6 with at least two years, but not more than 12 years, time in service.

For complete requirements and how to apply, visit www.cid.army.mil or contact the Stuttgart CID Office, Building 2307, Patch Barracks, or call 430-2974.

Housing residents: call 117 for fires

Residents of Stuttgart family housing areas must report fires and other emergencies to the U.S. Army Garrison Stuttgart Fire Department by calling 117 or civ. 0711-680-117.

The fire department will respond or request support from host nation emergency services.

Send community-wide announcements to stuttgartmedia@eur.army.mil

Leonbergerstr. 97
(2nd floor)
71229 Leonberg
Tel: 07152-903232
www.kashmir-restaurant.de
info@kashmir-restaurant.de

Kashmir
Authentic Indian Cuisine

Opening hours:
daily 12:00-14:30
17:30-23:00

- Lunch Special (Mon - Fri) •
- Tandoori & Curry Special •
- Party & Catering Service • Take away •

For the most current, up-to-the-minute information

 Like

USAG Stuttgart Facebook Page

Plan my Move!



Military HOMEFRONT

<http://planmymove.mhf.dod.mil>



MAY SPECIAL
Matie, May plaise and venison

Gasthaus zum Hirsch • Ziegelstr. 32 • 71063 Sindelfingen
Tel: 0 70 31 - 80 90 06
Web: www.gasthaus-hirsch-sindelfingen.de
Hours: Mon from 6 p.m.
Tue - Sun 11 a.m. - 2 p.m. and 5.30 p.m. - 12 a.m.

We have a variety of specialties...
...only the best for our guests.

American Specialties
STEAKHOUSE * BEER * RIBS * LOBSTER



Mon **CLOSED**
Tue **BBQ FOR YOUR BUDGET**
Wed & Sun **ALL YOU CAN EAT - SPARE RIBS**
Thur **AFTER WORK PARTY**
Fri **PITCHER TIME**

Take away
★
Catering

English Menu available!
Hornsteige 1 - 71069 Sindelfingen
Please call for reservations: 0 70 31-41 19 10
www.route66web.de | Open from 17:30



Three cases of hantavirus confirmed in Stuttgart military community

Europe Regional Medical Command

Reported cases of hantavirus in the Stuttgart area have increased dramatically this year, according to German Health Department representatives.

Three cases involve service members assigned to the Stuttgart military community.

In these three cases, the individuals were treated and have recovered from the illness.

“We’re fortunate in one respect that the strain of hantavirus common to this area is a relatively milder form of the disease than we sometimes see in other parts of the world, including the United States,” said Col. Larry Connell, the U.S. Army Stuttgart Health Clinic commander.

“While preventing exposure to the virus is key, we also encourage anybody with symptoms of hantavirus to contact their primary care clinic so they can be evaluated,” he added.

According to the U.S. Centers for Disease Control, the strain of hantavirus common to this area has a mortality rate of less than 1 percent. Patients may suffer from the abrupt onset of fever and flu-like symptoms, followed by abdominal pain and, in some severe cases, kidney failure. Because European hantaviruses do not spread from human to human, no isolation is needed.

In 2010, more than 1,500 cases of hantavirus

infection were reported across Germany, with the majority reported in Baden-Württemberg and Bavaria.

Most occurred among adults living or working in rural areas, living close to a forested area, with frequent outdoor activities in these areas or employed in farming or construction. However it has been noted that urban cases have been on the rise in recent years.

Hantavirus is carried by rodents — the Red Bank Vole in Germany — and is usually spread through contact with their urine and excrement.

In most cases, people are infected when they stir up dust in areas that are frequented by the rodents and breathe in the dried particles of those droppings.

Increased numbers of human cases are usually associated with an increase in the red bank vole population in the area and varies from year to year.

Preventing hantavirus begins with keeping rodents away from your home, garage or campsite.

When cleaning in areas that are dusty (e.g. attics, garages and basements), wet down or wet mop the area first to avoid disturbing any dust that contain dried rodent droppings, and wear a filter mask to avoid breathing in any particles while cleaning. If disposing of dead voles, always wear a mask and gloves.

There is no vaccine available to prevent infection with hantaviruses.

For more information, visit the Centers for Disease Control and Prevention website at www.cdc.gov.

Avoid Lyme disease, tick-borne encephalitis

Europe Regional Medical Command

Lyme disease and tick-borne encephalitis are common to Germany and, in some areas such as Baden-Württemberg and Bavaria, are prevalent.

But all can be prevented with some simple precautions.

Lyme disease is caused by bacteria, while tick-borne encephalitis is caused by a virus, both of which live in ticks and can be transmitted when the tick bites a host.

The earliest symptom of Lyme disease is a rash that looks like a bull’s-eye at the site of the tick bite, and can progress to flu-like symptoms, including muscle soreness, headache, fever and malaise.

Early treatment with antibiotics can usually cure the disease, but left untreated it can cause persistent chronic problems and physical disability.

Tick-borne encephalitis can affect the central nervous system and causes symptoms similar to Lyme disease: headache, fatigue and muscle pain. In the event the virus does affect the central nervous system, paralysis can occur, and hospitalization might be required.

In the case of tick-borne diseases, the best offense is a good defense.

The Centers for Disease Control and Prevention recommends minimizing areas of exposed skin by wearing long-sleeved shirts, long pants, boots and hats. Tucking in shirts, tucking pants into socks, and wearing closed shoes instead of sandals may reduce risk. Repellents or insecticides, such as those that contain DEET, can be applied to clothing and gear for added protection.



A bull’s-eye rash appears at the site of a tick bite on the right upper arm of a woman who subsequently contracted Lyme disease. Lyme disease, common in Germany, is caused by a bacteria that lives in ticks.

Photo courtesy of CDC

You should also check yourself, your loved ones and your pets for ticks after a trek through the outdoors.

If you have been bitten, you should remove the tick carefully as soon as you discover it. Use a pair of tweezers to remove it as close to the skin as possible. Avoid squeezing the tick or removing the head while removing the tick.

An effective vaccine for tick-borne encephalitis is available, and consists of a series of three shots given over a period of approximately nine to 12 months. The makers of the vaccine have not sought U.S. licensure, so it is not available at military treatment facilities.

However, Tricare beneficiaries with at least nine months remaining in Germany may obtain the vaccine from a host nation facility, with a prescription from their primary care manager.



Peter Zeisberger

An Oak Processionary caterpillar nest on an oak tree is a clear warning sign to stay away: These caterpillar hairs release a toxin that could cause a rash or asthma.

Small creatures can cause big health problems

The Oak Processionary Moth, a native species of the Mediterranean region, has extended northward, possibly as a result of climate change.

It is now well established in the Stuttgart region.

Oak trees at the edge of a forest can be infested, as well as a single oak tree at a garrison housing area, park or playground.

The caterpillars typically follow one another head-to-tail in long “processions” to and from the nest, and from one feeding position to another.

The caterpillars are covered in tiny hairs that can cause itchy and painful rashes if they come into contact with skin.

Contact with these hairs can irritate one’s lungs, eyes and skin, and in some cases, can cause severe allergic reactions.

What can you do?

- Do not play, picnic or walk under oak trees.
- Do not wear short-sleeved clothing in wooded areas.
- If you are exposed to the oak caterpillar hairs, take a shower and wash your clothes immediately.
- Close the windows if you live in a neighborhood with oak trees.
- Consult a physician if severe symptoms develop.
- Do not touch caterpillars and or attempt to remove their nests.

To report a nest, call the U.S. Army Garrison Stuttgart DPW Environmental Division at 421-6132/civ. 0711-729-6132.



What's happening in FMWR

Parents' Night Out

Enjoy a night out May 25 while the kids have fun at the Kelley Child Development Center and School-Age Center. Child care will be available from 6:30-11:30 p.m. Parents must register with Child, Youth and School Services by May 23.

For more information, call 430-7480/civ. 0711-680-7480.

Sing your heart out

Show off your singing ability at Karaoke Night on May 31 from 8-11 p.m. at the Irish Pub in the Galaxy Bowling and Entertainment Center on Panzer Kaserne.

For more information, call 431-2575/civ. 07031-15-2575.

Foreign Film Sunday

See and discuss "Munyurangabo," a 2007 film about two orphans during the Rwandan genocide, at 3 p.m. on May 20 in the Patch Library.

For more information, call 430-7138/civ. 0711-680-7138.

Summer party gear

Outdoor Recreation offers rentals for spring outdoor fun such as

fest tables, grills, canoes and bikes. To find out exactly what's available, visit the Outdoor Recreation pages at www.stuttgartmwr.com/odr.

For more information, call 431-2774/civ. 07031-15-2774.

Play paintball

Play paintball on June 9 and June 23 from 9 a.m. to 4 p.m.

Paintball is open to adults 18 and over, and to teens 16-17 (with a parent on site). Shuttle transportation will be available.

For cost and reservations, call Outdoor Recreation at 431-2774/civ. 07031-15-2774.

Do you know when to 'Hold 'Em'?

Try your hand and have fun at Texas Hold Em night at the Patch Community Club on May 25. Registration is 6 p.m. and game start is 7 p.m. The top three winners will receive prizes.

For more information, call 430-5433/civ. 0711 680-5433.

For more activities and events, visit www.stuttgartmwr.com.



Coming to Patch Theater

May 18 — Dark Shadows (PG-13) 6 and 9 p.m.

May 19 — John Carter (PG-13) 4 p.m., Dark Shadows (PG-13) 7 p.m., Silent House (R) 10 p.m.

May 20 — Wrath Of The Titans (PG-13) 2 p.m., John Carter (PG-13) 4 p.m., Dark Shadows (PG-13) 7 p.m.

May 21 — Dark Shadows (PG-13) 6 p.m.

May 22 — Wrath Of The Titans (PG-13) 6 p.m.

May 23 — John Carter (PG-13) 6 p.m.

May 24 — The Three Stooges (PG) 6 p.m.

May 25 — Battleship (PG-13) 4 p.m., A Thousand Words (PG-13) 7 p.m., Battleship (PG-13) 9:30 p.m.

May 26 — Bolt (PG) 4 p.m., Battleship (PG-13) 7 p.m., The Hunger Games (PG-13) 10 p.m.

May 27 — The Three Stooges (PG) 2 p.m., A Thousand Words (PG-13) 4 p.m., Battleship (PG-13) 7 p.m.



Warner Brothers

In "Dark Shadows," Johnny Depp stars as a vampire who awakens in 1972 after having been buried for 200 years and tries to reconnect with his descendants.

May 28 — Battleship (PG-13) 3 and 6 p.m.

May 29 — A Thousand Words (PG-13) 6 p.m.

May 30 — The Three Stooges (PG) 6 p.m.

Family & MWR Featured Events

www.stuttgartmwr.com



GOLFING

GOLF EVENTS

Wednesday Night Scramble starts May 23 5⁴⁵ p.m.

Golfer's Garden Restaurant Grand Opening - food samples and prizes! May 30 5 - 9 p.m.

Commander's Cup Tournament June 1 9 a.m.

Stuttgart Golf Course, Kornwestheim

CIV 0714 187 9151



BIKING

BIKE TO WORK WEEK

Strong B.A.N.D.S. event. Lunch time clinics and demonstrations. Thursday community ride Kelley Barracks to Tübingen (take train back). Wristband to all riders while supplies last.

May 21 - 24

Tent on Kelley Barracks, by Stuttgart Theatre Center

DSN 430 7136 CIV 0711 680 7136



JOGGING

DOG JOG

Dog Jog 5K with your humans, competitions and awards, demonstrations. All dogs must be on a leash. Bring Euros for food and drinks.

June 2 10 a.m. - 2 p.m.

Dog Training area right outside Patch, next to Gastatte Hondler.

DSN 430 5386 CIV 0711 680 5386

To sign up for 'Weekly Updates' go to www.stuttgartmwr.com

To follow us on Facebook go to www.facebook.com/familyandmwr and us!



A knight demonstrates ring jousting during the Maximilian Ritterspiele in Horb. This year, and for the first time ever, "Haraldos," a group of stuntmen from the Czech Republic, will participate in the festival. The professional stuntmen were part of the "Dragonheart," "Gladiator," "Van Helsing" and "A Knight's Tale" movie casts. The Ritterspiele in Horb am Neckar, one of Europe's largest medieval festivals, will run June 15-17.

Photos courtesy Maximilian Ritterspiele



Relive Horb's medieval past during knight's spectacular

By Carola Meusel

USAG Stuttgart Public Affairs Office

Visitors to Horb am Neckar are often impressed by the city's medieval character. Timbered houses, winding alleys and hidden courtyards spin a bond to days long gone.

During the "Maximilian Ritterspiele," or knights' festival, June 15-17, the medieval era will come back to life.

The Ritterspiele is one of Europe's largest medieval festivals, according to Elke Cosmo, of the Marketing and Festival Management Company.

The festival is based on a true event that dates back to 1498, when King Maximilian, later the German emperor, sealed the succession to the throne of Württemberg in front of Horb's town hall: He disempowered Duke Eberhard.

During the following years, and under Maximilian's reign, southern Germany's economy flourished.

The Ritterspiele not only features knights' tournaments throughout all three days of the festival, but a medieval market as well, with more than 300 booths selling arts and crafts, food, and offering hands-on activities, recreating the way of life during the Middle Ages, according to Cosmo.

Traveling minstrels, jugglers and craftsmen dressed in medieval garments will entertain patrons as they speak the language of medieval times.

"The combination of knights' tournaments, the market, medieval entertainment and Horb's historic atmosphere make this festival a one-of-a-kind experience for the entire family,"



Craftsmen offer handmade knives during last year's medieval market in Horb. This year, more than 300 market booths will offer arts and crafts, food and hands-on activities, recreating the way of life during the Middle Ages.

Cosmo said.

The festival will be located throughout Horb's downtown area. Jousting tournaments and sword fights will be held daily at the "Turnierwiese," a designated tournament area, located at the Neckar River.

This year, and for the first time ever, "Haraldos," a group of stuntmen from the Czech Republic, will participate in the festival.

The professional stuntmen were part of the "Dragonheart," "Gladiator," "Van Helsing" and "A Knight's Tale" movie casts.

Another first-time event will be the fanfare concert of the festival's marching bands on June 16 at the market square.

According to Cosmo, the "Lager-

leben," or tent city, along the Neckar River can also be considered a highlight of this year's festival.

"Medieval tents will be displayed and their inhabitants will talk to visitors about the way of life during the Middle Ages.

Visitors also have the chance to look inside the tents to fully experience what life was like 500 years ago," Cosmo said.

At the medieval market, visitors will have the opportunity to witness a blacksmith working on swords, jewelry and silver boxes. They can also purchase hand-crafted baskets, soaps, furniture, woven scarves and many other medieval-inspired products.

The market also offers a multifaceted entertainment program including

fire breathers, jugglers, music and dance performances. Performances will be held daily at the market square.

In the evening, jugglers and musicians will come together at the market square for the "Tavernenspiel," or a medieval tavern gaming session, promising an "exciting" and "very funny" outing, according to Cosmo.

Visitors will find a variety of food ranging from hearty meat dishes, such as deer goulash and bratwurst, to soups, oriental and vegetarian delicacies and "Stockbrot," or bread on a stick.

For dessert, Cosmo recommends "Nusschnecken," made from yeast dough and filled with hazelnuts. You'll also find sweet dumplings and waffles with apple sauce.

Patrons can also indulge in "Met," or honey wine, an alcoholic drink made out of honey, water, fruit juices, spicy herbs and yeast that was typically consumed during the Middle Ages.

One-day tickets to the Ritterspiele cost €11. Visitors dressed in medieval garments will pay €8. Family tickets (two adults and children 11 years old and younger) cost €25. Tickets for children age 6-11 cost €4.

Entrance is free of charge for children 5 years old and younger.

Tickets can be purchased at the event.

Visitors can check on times for jousting tournaments, sword fights and the fanfare concert on June 16 at the festival's information center.

For operating hours and more information, visit www.ritterspiele.com.

At your leisure



Linden Museum Stuttgart

A wooden figure "Tekoteko" is displayed at the Linden Museum Stuttgart during the 'Maori, New Zealand's First Inhabitants' exhibition that will run until Oct. 14.

Exhibitions

The Linden Museum Stuttgart will host a "Maori. Die ersten Bewohner Neuseelands" (Maori, New Zealand's First Inhabitants) exhibition through Oct. 14.

The exhibition aims to display the Maori's past and present with artifacts and video presentations reflecting on their everyday life and traditions.

The exhibition is open Tuesday, Thursday, Friday and Saturday from 10 a.m. to 5 p.m., Wednesday from 10 a.m. to 8 p.m., and Sunday or German federal holidays from 10 a.m. to 6 p.m.

Tickets to the special exhibition cost €7. For €9, visitors will have access to the special exhibition, as well as the museum's entire collection.

English language guided tours

can be booked by calling civ. 0711-2022-579.

The Lindenmuseum is located at Hegelplatz 1, 70174 Stuttgart.

For more information, visit www.lindenmuseum.de/html/english/home/home.php.

Ludwigsburg will host a **Retro Classics meets Barock** car exhibition June 8-10 at the Blühendes Barock (garden area at the Ludwigsburg Castle). The exhibition will be open June 8 from 10 a.m. until midnight, June 9 from 8:30 a.m. until midnight, and June 10 from 8:30 a.m. until 6 p.m.

More than 200 luxurious classic cars and automobile icons from all over the world will be displayed.

The Blühendes Barock/Ludwigsburg Castle is located at Mömpelgardstrasse 28, 71640 Ludwigsburg.

Tickets are €8.

For more information, call civ. 07141-975-650, or visit www.blueba.de.

Hiking



Tourismgemeinschaft Marbach-Bottwartal

The Lichtenberg fortress in Oberstenfeld is one of many landmarks that visitors will pass during the wine hike in Grossbottwar, Kleinbottwar and Beilstein.

Those interested in wine and hiking can enjoy just that June 3 from 11 a.m. to 6 p.m. during the **Wein-Lese-Landschaft Wine Hike** in Marbach-Bottwartal. Visitors can walk along two trails in Grossbottwar, Kleinbottwar and Beilstein. Vintners will offer regional wines and food throughout the day.

Marbach-Bottwartal is located 20 kilometers north of Stuttgart. ZIP code for the wine hike is 71723 Grossbottwar.

For more information, call civ. 07144-102-250/375, or visit www.marbach-bottwartal.de.

Fun



Bürger-und Verkehrsverein Tübingen

Local teams participate in the "Stoherkahnrennen," or boat race, in Tübingen during last year's event.

Tübingen will host its annual "Stoherkahnrennen," or boat race, June 7 from 1-5 p.m. along the Neckar River (Neckarinsel, 72070 Tübingen).

According to the Stuttgart Tourist website, www.stuttgart-tourist.de, the race is one of Tübingen's most "funny" and "crazy" events of the year. More than 40 local teams will participate.

Private or group boat trips in a Stoherkahn at the Neckar River can be booked from May until October at the Tübingen Bürger- und Verkehrsverein (tourist information).

For more information, visit www.tuebingen-info.de or call civ. 07071-9136-0.

This weekend

Bad Cannstatt will host the "Cannstatter Musiknacht," or music night, May 19 from 6:30 p.m. to 3 a.m. in downtown Bad Cannstatt (Marktstrasse, main train station).

More than 20 event locations, such as the "Theaterschiff," or theater boat, city church, restaurants and bars will feature local bands playing almost every style of music. Outdoor concerts will be held at the market square.

Tickets cost €10 when purchased in advance and €13 at the event, and include admission into every venue. Tickets can be purchased at all event venues.

For more information, visit www.cannstatter-musiknacht.de.

The annual **Stuttgart Spring Flea Market** will be held May 20 from 11 a.m. to 6 p.m. spanning from Markt, Schiller and Karl's squares to Hirsch, Kirch and Dorotheen streets (in downtown area).

Shoppers will find jewelry, antiques, clothing, furniture, home decor and more.

For more information, visit www.maerkte-stuttgart.de.



THE LEADERS OF TOMORROW ARE STUDYING WITH EMBRY-RIDDLE TODAY

EMBRY-RIDDLE
Aeronautical University
WORLDWIDE

EMBRY-RIDDLE RAMSTEIN CAMPUS
RAMSTEIN EDUCATION CENTER
BUILDING 2120, RAMSTEIN AIRBASE
DSN 480-5755
CIV 06371-475755
E RAMSTEIN@ERAU.EDU

WORLDWIDE.ERAU.EDU/RAMSTEIN

Degree programs:

Undergraduate:

Aviation Business Administration
Aviation Maintenance
Professional Aeronautics
Technical Management

Graduate:

Logistics and Supply Chain Management
Aeronautical Science
Management
Project Management
Space Education



Stuttgart Warrior Pride Challenge

Where fun is no ob

Story & photos by Joe Mancy
Special to the Citizen

When it comes to reducing alcohol misuse among service members, U.S. Army Garrison Stuttgart is overcoming the obstacles, well, with obstacles. The Stuttgart Warrior Pride Obstacle Course Challenge held on April 27 gave more than 200 members of the Stuttgart military community a chance to test their agility, strength, endurance and bravery as they ran, climbed, jumped and crawled their way through the Panzer Local Training Area obstacle course. The event was sponsored by the garrison's Army Substance Abuse Program, with the help of the Headquarters

Support Company, 1st Battalion, 10th Special Forces Group (Airborne).

The obstacle course challenge was the third ASAP fitness event, following a pentathlon and triathlon held last year.

"The main goal in deciding to include an obstacle course was to have fun. However, it was also to create a challenging experience, build social ties and foster wellness ... I think we were successful in doing this," said Marianne Campano, the prevention coordinator for USAG Stuttgart's ASAP.

Thirty-seven four-person teams competed in the obstacle course, in-

cluding three all-women teams. Even the German armed forces fielded a co-ed team. The challenge was also open to individual participants.

Ten obstacles pushed the participants to their limits, as they climbed a 40-foot obstacle with nets, low crawled under barbed wire, scaled walls, balanced along beams, flipped large truck wheels, and ran while carrying two filled five-gallon water cans.

Most of the participants said that the obstacle aptly named "Tarzan" was the most difficult to conquer. They had to balance their way along several

horizontal logs of increasing height, finish by swinging hand over hand on monkey bars made of wood beams that were hard to grip.

Air Force 1st Lt. Charneice McClintock, a member of the first-place Defense Information Systems Agency women's team, entered the competition for fun and found it challenging and rewarding.

"The course increased my confidence and was great for team-building. Without help from my team, it would have been much more difficult," she said.

Warrior Pride Challenge is a program that encourages service members in the ranks of E1 through E7 and O1 through O2 to participate in adventure sports and travel in order to foster wellness and reduce risky behaviors.

Patterned after the successful "environmental approach" used at U.S. college campuses, it is designed to change the environment that leads to excessive drinking. WPC gets service members involved in healthy activities during high-risk drinking times or during early morning hours to preclude heavy partying and drinking the night before.

Stuttgart Warrior Pride Challenge



Antonio Green strikes track and field star Usain Bolt's "To Di World" pose before competing in the ASAP Warrior Pride Challenge Obstacle Course April 27.

Men
1 —
2 —
3 —
4 —

Men
1 —
2 —
3 —
4 —

Wom
1 —
2 —
3 —

Wom
1 —
2 —
3 —

stacle

t and is the first of its kind in the Army, from Campano added.

Since the program's inception in July of last year, Stuttgart service members have traveled to Paris, Nürnberg and The Netherlands, and have gone paragliding and snowboarding.

Upcoming events include a trip to Prague, sky-diving, white water rafting, canyoning and mountain biking in Switzerland, all at a reduced cost or at no cost to the service member.

Perhaps not just by chance, the DUI rate in the Stuttgart military community has decreased by 18 percent, compared with the same time last year, according to Campano.

"Improving the well-being of our service members is in itself the worthiest of goals; and military readiness, unit cohesion, family strength and our community health will all benefit as a result," Campano said.

For more information on Warrior Pride Challenge activities, link to their Facebook page at <http://facebook.com/USAGStuttgartWPC>. More photos can be seen at www.flickr.com/photos/usagstuttgart.



Stabsunteroffizier (or corporal) Tobias Thomas, of the German armed forces, low crawls under a barbed wire obstacle April 27 at the Panzer LTA obstacle course.



1st Lt. Charneice McKenzie, representing the DISA-Europe team, throws herself over an obstacle while competing in the Warrior Pride Challenge.



A Special Forces Soldier negotiates the "Tarzan" obstacle. He completed the course three times April 27 — for Team JOC-TRAM-USAFRICOM, Team Bad Ass and as an individual competitor..



Results

Team Division

- Team Bad Ass, 1-10 SFG (C Co.), 8:25
- Team X, 52nd Sig. Bn., 13:40
- Shadow Warriors, SOCEUR Sig. Det., 14:26
- Semper Fly, Marines, 15:33

Overall Individual Division

- Elbert Ekeh, Marines, 6:15
- Joshua Thibodeaux, 1-10 SFG (A Co.), 6:28
- Lorenzo Garbiso, 1-10 SFG (C Co.), 6:38
- Mario Johnson, SOCEUR, 7:33

Women's Team Division

- DISA Europe, 36:25
- Lady Souljas, 52nd Sig. Bn., 35:34
- Wardawg Wives, 554th MP Co. Spouses, 46:03

Women's Overall Individual Division

- Bethany Guzman, EUCOM, 12:47
- Karen Williams, EUCOM, 13:15
- Michelle Heagney, EUCOM, 13:20

Navy spouse Elizabeth Carroll, a member of the Looney's Loon team, flips large tires five times up a hill, then five times down a hill as part of the ASAP Warrior Challenge Obstacle Course.



Team Nuke Em, Spc. Corey Boggs (from left), Pvt. Tyler Johnson, Staff Sgt. Ramon Ramos and Pfc. Mike Alverenga, head toward the finish line.



Before the competition gets underway, Spc. Daniel Kirchens, assigned to Headquarters Support Company, 1-10 SFG(A), demonstrates how to properly negotiate the "Leg Over" obstacle during the USAG Stuttgart ASAP Warrior Pride Obstacle Course Challenge.

Sport Shorts

Get ready for body-building contest

U.S. Army Garrison Stuttgart's Family and Morale, Welfare and Recreation will host the fifth annual Bodybuilding and Figure Competition Aug. 25.

The contest is sanctioned by the International Natural Bodybuilding and Fitness Federation.

For more information, call the Patch Fitness Center at 430-7136/civ. 0711-680-7136.

Health clinic to host sports physical days

The U.S. Army Health Clinic Stuttgart will offer sports physicals for school-age children on June 9, July 14, Aug. 3 and Aug. 17.

Appointments will be available 28 days from the event date. Sports physicals are open to all children, regardless of their sponsors' beneficiary status (active duty, retiree, contractor, Defense Department civilian). If you are not a Tricare Prime beneficiary, bring a copy of your insurance card with you to the visit.

Call the Europe Regional Medical Command Call Center at 371-2622/civ. 06221-17-2622 for an appointment.

Frank Valdes, an AFRICOM contractor, watches a duck waddle across the seventh hole fairway at the Stuttgart Golf Course during the annual Spring Scramble on May 5. The course was the first military golf course in Europe to be awarded full accreditation by Audubon International for its efforts in maintaining an eco-friendly facility.



Stuttgart Golf Course worth the "drive"

Story & photo by Mark J. Howell
USAG Stuttgart Public Affairs Office

The Stuttgart Golf Course is getting a long overdue face lift.

The 57-year-old course has never received a full renovation ... until now.

Last fall, the golf course started a \$1.5 million project that will totally overhaul the course to make it more playable for modern golfers.

"Traditionally, a course should be renovated every 25 years," said Gary Groff, golf manager and a 24-year member of the Professional Golfer's Association of America. "Though we've done small projects like repairing the greens, we were due for a total makeover."

Golfers who play the 7,000 yard course will notice that the changes to the course are more than just cosmetic.

The course's layout is being rede-

signed with modern equipment in mind, according to Groff.

"Years ago, golfers used wooden clubs," Groff said. "With today's technology, balls travel further, so we're readjusting to make the course more playable and challenging."

During the construction, the course will only operate with nine playable holes until fall 2013. The first nine holes are open now, but will close this fall. Holes ten through 18 will then be operational until the renovation is complete.

"We understand this is an inconvenience, but to make up for it we've partnered with five other local courses," Groff said. "They're providing golfers up to 50 percent off of their green fees, so they have a few more options."

The fairways and greens aren't the only things at the club that are being upgraded. The Golfer's Garden Restaurant inside the clubhouse recently un-

derwent a major renovation, including new flooring, an updated bar and furniture, and a larger menu that includes American, German and Italian dishes.

While the official grand opening for the new restaurant is scheduled for May 30, golfers have access to the eatery now.

For those looking to improve their game, the club also offers lessons with computerized video analysis, on-site instructors and junior camps.

The driving ranges will also remain open throughout the transformation.

"We're just asking our customers to be patient," Groff said. "There's a big reward coming when this project is over ... it's going to be a much better overall experience for players."

For more information on the Stuttgart Golf Course, tournaments and golf camps, call civ. 0714-187-9151.

Have a comment on garrison services?



Go to www.stuttgart.army.mil and click on the "ICE" tab.

Bible Church of Stuttgart

Holding Forth the Word of Life Phil. 2:16



Sunday School 9:30 a.m.
Fellowship Coffee 10:30 a.m.
Sunday Morning Worship . . . 11:00 a.m.
Thursday Prayer Meeting . . . 7:00 p.m.

Pastor Ron Benzing
cell: 0173-415-6886, office: 0711-93388243
Schockenriedstrasse 42 · 70565 Vaihingen
www.bible-church-of-stuttgart.com

International Baptist Church of Stuttgart



Services:
Sunday 9:30 AM & 11:30 AM • Wednesday 6:30 PM
Untere Waldplätze 38 • 70569 Stuttgart (Vaihingen)
Phone: +49 711 687 43 65
Fax: +49 711 678 80 26
E-Mail: email@ibcestuttgart.de
Web: www.ibcestuttgart.de

On-post emergency numbers
Military Police: 114
Fire: 117

Victory Baptist Church
Pastor M.H. Mullane

Independent, Fundamental, KJV
Serving the U.S. Military & English speaking community of Stuttgart, Germany since 1998

Service Times:
Sunday School.....10 am
Sunday Preaching.....11 am
Sunday Evening..... 6 pm
Wednesday (Prayer & Bible study)..... 7 pm
Children's Junior Church Sunday mornings
Keepers at home & Contenders for the Faith
Children's Program (Monthly)
Nursery provided each service
Breitwiesen Str. # 13
70565 Stuttgart-Vaihingen
Pastor's Phone: 0177-811-2696
Church Phone: 0711-489-3548
E-mail: baptist@pjsnet.de
<http://baptist-stuttgart.com>

2012 Summer Teen Camp 18-23 June
Open to Middle and High School Students - ages 12-18
Spend 6 high energy days and 5 nights in a 17th Century Castle near SHAPE, Belgium

Activities include:
Six Flags Theme Park, Day Trip to Holland, Laser Tag, Teen Talent, Music Concert and much more...



Only \$185.00
(round-trip bus is available for an additional \$50.00)

Contact: Alex & Evelyn Morales
e-mail: summercamp@stuttgartchurch.com
www.stuttgartchurch.com
TEL: 0 72 34 / 409 - 44 44

got church?
STUTTGARTCHURCH.COM

I AM THE FORCE BEHIND THE FIGHT.™

As a Leader in the U.S. Army, I am setting the foundation for the Army's enforcement of our Standards of Conduct*. By setting the example and shaping the behaviors of tomorrow's Army Leaders, I am enforcing the Army's and my personal desire for the Army Family to live and work in communities free of Sexual Harassment and Sexual Assault. I am a force in the fight to Protect My Team.



BE A FORCE



Find out how you can Protect Your Team.

www.PreventSexualAssault.army.mil

DoD Safe Helpline: 1-877-995-5247

*Joint Ethics Regulation, DODD 5500-7R, Chapter 12, Sections 3, 4, 5.



Youth Activities

Take a look at what's going on in Stuttgart's schools.

Exhibition

62 grade 6 to 8 students participated in the Robinson Barracks Elementary Middle School Alpha Phi Alpha (APA) Fraternity Reading Exhibition, April 19. Pictured are (from left) 8th grade winner Nautical Burden, 7th grade winner Andrew Holmes and the overall winner 6th grader Tacy Surrett.



Photo by Dale Leifson



Photo by Ed Thornburg

Writing an essay

As part of the school's CSI plan, 7th grade Böblingen Elementary School students were tasked with writing a persuasive essay. Here we see Rachel Riviera planning and writing her rough draft in a thirty minute session during her Advisory class. BEMS plans to provide an ELA assessment each quarter in school year 2012-2013 that tests students writing skills in both 7th and 8th grades.



Photo by Ed Thornburg

Supply of baby items

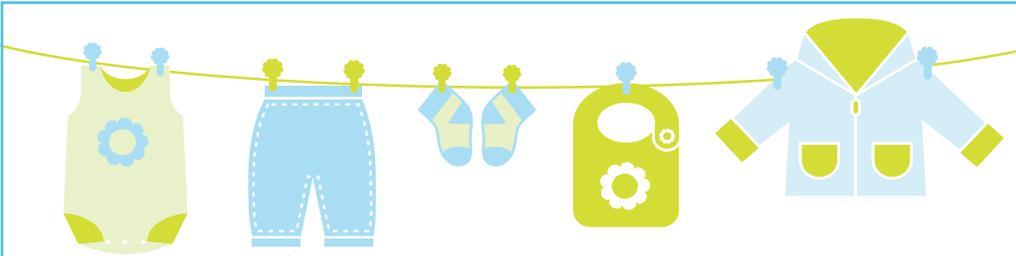
A Good Deed: Expectant mothers at St. Benedict Joseph's Medical Center in Comayagua, Honduras will soon be the recipients of a year's supply of new baby items. This good deed was performed by Böblingen Elementary Middle School 8th grader Connor Pritchard. Connor learned about the hospital's needs from his father, LTC Keith Pritchard, who is currently serving in Honduras.



Photo by Teresa Senna

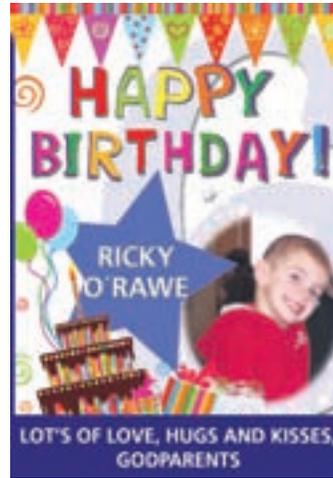
The tree project

In honor of Earth Day Mr. Harrison's BEMS 8th grade Algebra students participated in "The Tree project"



Jason Francis Emerson

Jason was born at 2:50 p.m. April 23 at the Böblingen Hospital in Stuttgart. He was 8 pounds, 9 ounces and was 20.9 inches. Proud parents are Kenneth and Selena Emerson.



EVERYTHING YOU FIND IN THE CITIZEN YOU CAN ALSO FIND ONLINE: www.stuttgartcitizen.com

READ THE CITIZEN ALL AROUND THE WORLD!

THE CITIZEN IS PROUDLY BROUGHT TO YOU BY **AdvantiPro**
www.AdvantiPro.de



You've found your (German) dream home already?

We make it happen by providing you with our unique mortgage loan solution that has specifically been developed for the needs of U.S. citizens in Germany. Trust our professionals to find the mortgage loan that best suits your needs. Our friendly and well trained staff offers you a very good service, advice and all the assistance you need (during and after the process), so you can just concentrate on moving in.

Give us a try and convince yourself.

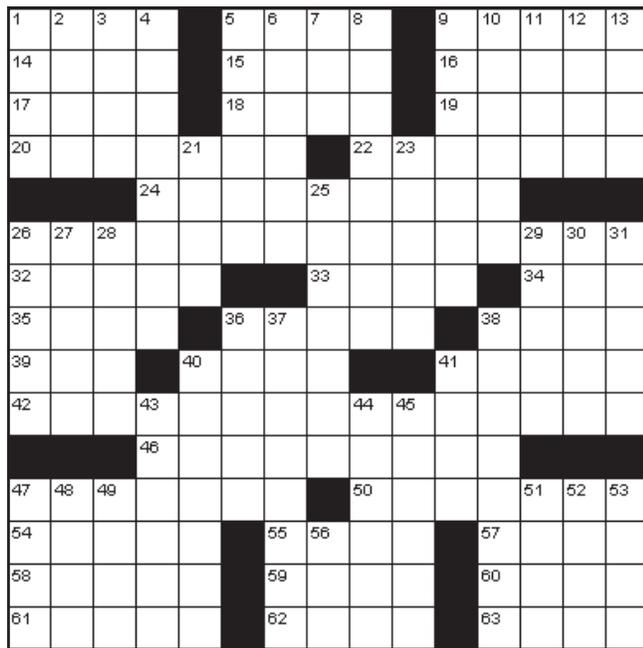


Gianclaudio Sena e. K., Allianz Generalvertretung
Sietener Hauptstr. 62, D-70771 L. E. Sietem
service.sena@allianz.de, www.sena-allianz.de
Tel. 07 11.93 32 17 00, Fax 07 11.93 32 17 01

Birth Announcement

Send your birth announcement to the Citizen. Include your baby's name, time and date of birth, hospital name, weight and length, parents' first and last names, and the place where your family is stationed, along with a JPEG photo. Send information to: pictures@stuttgartcitizen.com

Crossword Puzzle



ACROSS

- Eastern European
- Part of the leg
- Balance sheet item
- French soldier's hat
- Jason's vessel
- ___ Dame
- "___ Around"
(Beach Boys tune)
- Oktoberfest draft
- Promotional link
- Spanish inns
- Turned inside out
- Significant stage
- Wife of Louis XVI of France
- Big occasion
- Fitzgerald of jazz
- Radiation unit
- Record
- Calling
- Aarhus resident
- Bullfight cry
- Darling
- Bit of punctuation
- Wife of Henry VIII of England

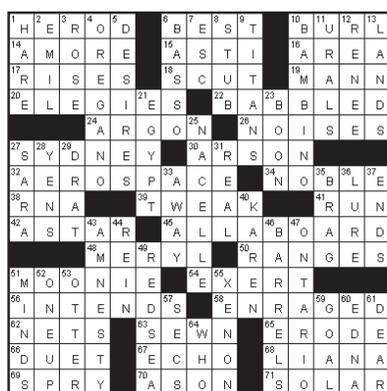
46. "West Side Story"

- composer
- Stationery purchase
- Vestibule
- "It's only ___"
- Devastation
- Honolulu's island
- Balkan natives
- Some time ago
- Affirm decidedly
- Highest point
- Nosegay
- Actress Moore

DOWN

- Omit
- Toy-block brand
- Barbary beasts
- Ascorbic acid
- Jewish occult philosophy
- Cropped up
- Clothing size: Abbr.
- Predicted
- Aerial
- Evening reception
- Proofreader's mark
- Buffalo's lake
- Care for

- Reduced fare
- Lightweight fabric
- T S Eliot's middle name
- Bordeaux wine
- Saint Teresa's home
- Calibrate anew
- Happy-go-lucky song part
- Domingo, for one
- Do some editing
- ___ incognita
- Shower unit?
- Get from the Net
- Most profound
- Snaky shape
- Atomic weapons
- Moral principles
- "Death of a Naturalist" poet
- Fem.'s opp.
- Elbe tributary
- Colt's mother
- Acknowledge the crowd
- "Beg pardon ..."
- Cosmonaut Gagarin
- Número ___



This is the solution to the crossword puzzle from April 19!



classified world

PRIVATE ADS ARE ALWAYS FREE!!!

RATES FOR COMMERCIAL ADS ARE VERY REASONABLY PRICED!

www.class-world.eu

Questions? Please call AdvantiPro at 0631 • 30 33 55 31 AdvantiPro GmbH takes no responsibility or liability whatsoever for any of the products and services advertised in the Herald Union. Readers are responsible for checking the prices, qualifications, warranty and any other factor that might help you decide whether to do business with an individual or company advertising herein.

Proudly presented to you by **AdvantiPro**

Im Vogelsang 17
71101 Schönaich
+49 7031 413388

SCHROPP
FAHRZEUGTECHNIK
www.schropp-tuning.com

When it comes to cars we simply do it all. We offer our clients a complete program for their cars. Everything from a regular service to custom tuning on our inhouse dyno.

We take vatforms

We accept visa mastercard

We are located near panzer kaserne



AUTOS

All ads & pics can be viewed @ www.class-world.eu

Caution: Some Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

!!!!1994 Red Corvette LT1!!! Automatic, 154000 miles just passed USAREUR inspection (2 May 2012) Fun car to drive and parked during the winter. \$6200 Rob 0176-42577761

'10 Infiniti G37x Great Luxury Fun Car: it seats 5, V6 3.7L Eng, 328HP, AWD Automatic 7spd w/ Manual mode. Bose sound, heated seats & b/u camera etc \$33500 moonlite79@ymail.com

Recently passed inspection. \$1800 015150637865

1994 Renault 19, Manual Tran, Only 33,000m, sunroof, all power options, it is like it is brand new, has to be seen to be believed, a real bargain \$2800 01623765746 / dj266788@yahoo.com

1997 BMW 316i Only 113000m, Manual Trans, in excellent condition, sunroof, cd player, all power options, looks great and is in perfect mechanical order \$3700 hm198680@yahoo.com

2001 Audi A3 Only 83000m Manual trans, leather interior, heated seats, reverse parking sensors, all power options, immaculate condition inside and out \$9800 raymunzer@yahoo.com/ 01623750236

2001 BMW 520i stat. wagon 6 cyl 130K miles Automatic, transmission climatronic. Heated leath. seats. Parking sensors. Passed German inspection April 2012 \$6000 hack1.1@gmx.de

2001 Renault Megane Diesel Station Wagon Only 106,000m In Excellent condition Manual Trans All power options Excellent on gas Reflex silver in color \$4400 01736932271 / jdan2667@yahoo.com

2001 silver Honda Odyssey, 159,000 miles, cloth interior, extra set of tires (winter), very good family car, available end of May \$3500 071120708458 or sandyamy1994@yahoo.com

2002 Dodge Ram Pick Up Truck Auto, AC, Cruise, no accidents, good condition \$3000 e_rains@hotmail.com

2004 Chrysler Pacifica/drk blue/tan cloth interior/Automatic/89k/FWD/PWR everything/3rd row/DVD & wireless headsets/new all season tires +more. email \$9000 mattpeck63@hotmail.com

2009 Hummer H-3, Adventure pkg, black, leather, 3.7L, auto, exc cond, available end of May, diplomat vehicle. Germany \$25000 Jepmj@yahoo.com

Special order your 2013 Volkswagen at 2012 Prices!



Golf GTI

Available on all models



Visit our showroom at:
Robert-Koch Str. 2, 70563 Stuttgart

Military Sales

Volkswagen Carefree Maintenance (limited to the first three years or 36,000 miles*)

AUTO EXCHANGE
autoexchangeonline.com

Contact your Local Sales Representative:
Nicholas Morley
Tel. 0711-72241831

Offer subject to change without notice. Cannot be combined with any other consumer offers. Applies to carry-over 2012 base vehicles and options pricing only. New 2013 options must be priced at 2013 prices. *The Volkswagen Carefree Maintenance Program covers the vehicles scheduled maintenance for three years or 36,000 miles, whichever comes first. Some limitations apply. Vehicles shown are for illustration only, and may contain optional equipment available at additional cost. Program and guarantees are subject to terms and conditions. Speak to your sales representative for details. (A3 1194)

AUTOS

All ads & pics can be viewed @
www.class-world.eu

2007 Chevy Avalanche deploying soon must sell. Runs amazing in Ktown more pictures and details upon request 92,000 miles fully loaded w/o navigation \$18990 adam.p.maxwell@gmail.com

2008 Tundra 5.7L V-8 381hp/401tq 4WD 32K mi Silver Dble Cab, Cold Wx & Tow Pkgs 6-CD/MP3/FM, Bedliner, 10-Tie Down Tracks & Rings, Storage & Tool Boxes \$27500 063718020093/DeCorteFamily@Yahoo.Com

2009 328xi Coupe, Space Gray with Saddle Brown leather, cold weather and premium package, heated seats and steering wheel, All Wheel Drive -Nice! \$27000 safetyg@gmail.com

2009 Mercedes Benz A170, excellent condition, 5-door hatchback, 39,270 mi/63, 200 km, black ext/black leather, auto trans, power locks/windows, OBO \$16600 james@smartcio.com

2010 BMW 550 GT Private Seller! Free Shipping back to the U.S! Fully Loaded -- Only 16K miles! Showroom Condition! *2.5 yr ext. warranty included!* \$47999 015223424776 / bryhoggard@hotmail.com

2011 BMW Active Hybrid X6 Base for \$17,300 and 2011 Nissan Pathfinder LE for \$10,700, Email: aammarhadad@yahoo.com

2010 Ford Fusion Sel, Sync, dual climate control, 2.5L 4cyl. Bluetooth, Fwd, Heated/dual power Front Seats. 15000 Miles. \$18500 Obo. 49-015151235274/X_Jeska@yahoo.com

2011 Mini Cooper S w/Automatic Transmission and has 36,000KM / 22000M. Packages include: Convenience, Cold Weather, Premium and Sport. Many More Options \$24000 015115241320 / t.twister@surface.us

2012 Toyota Tundra Limited for sale: for \$21800 almost like new and a 2011 Nissan Pathfinder: \$11,500 jamnatnick@yahoo.com or jamnatnick@hotmail.com

370Z Touring 2009 Platinum Graphi Black Interior Sports pacakge Only 9,5000 miles, auto or 7 sp shift paddles. See at RAS lot. Garage kept. \$29000 g1031@aol.com

Acura Integra '95. Rare, 120k, USA spcs. Exc ride, dealer mntd, no smoke, AM/FM cass, moon rf, cruise. End June in Wbdn. Discounted: blemished paint. \$2195 Gary.Dombroff@gmail.com 06971402791 015112987158

Attention: BMW 320d Touring, Model 2004, second hand, well maintained, non-smoking, 6-gear stick shift, all leather seats, power dorrs/windows/brakes, sunroof, stereo CD, A/C, new tires & battery & oil change. 65miles a gallon. Only €6950 0172-676 2717

BMW 316i E36 Automatic Transmission / 2DoorsSport / Year / 1995 Full Options with white leather and Tuning. Phone: 015117610336 \$3200

BMW 325i Coupe 2 doors sport Year 1993 Automatic Transmissi-on Full Options with Tuning6 Cylinder 150 HP + S&M systemAlu Rims+Winter tires \$3500 essamhindi@online.de

BMW 545i. US Specs, 325hp V8, Nav, SMG/sport pkg, custom wheels. Dealer maintained. Over \$60K new. Pix avail on request. Serious buyer only. \$20000 06336-911345 after 1800, michaelpelzner@hotmail.com

Brand new. Only 5000 miles. The reason for selling: Bigger car & bigger family. Besides that, it's a great car! Need gone asap. vanceworthen@gmail.com \$18000 015161504210

Fully loaded White 2010 Dodge Journey FWD SXT (V6 3.6L) with Video package and brand new winter tires, bought in Feb 2011 and has 30K miles plus warranty abgrimes2005@yahoo.com, \$20500

Want to stay in Europe?
Carreers in financial planning available, your choice of location.
US Broker / Dealer in Heidelberg seeking sales representatives.
www.ifpsonline.com
Tel. 06221-23597

Selfstorage – dry, clean and secure:
 **mein mietlager**
www.mein-mietlager.de
Schönbuchstr. 50, Böblingen
Phone 07031/7656890

Great family car, color white, around 62.000 miles, 2007, one owner, GPS and the entire technology package. Call 0151-24147627 \$21000

I need a reliable car for work! If anyone knows about a car, that is just sitting around collecting dust, please contact me. I need a car for work!!!! \$500 jason.deuster@amedd.army.mil

Stokes Agency...
All Your Insurance Needs In One Office

- Auto Insurance
- American Companies
- Renters Ins.
- Financial Planning
- All types of Life Insurance
- Loans- Up to \$10,000

Kurmarkerstr. 30
70569 Stuttgart-Vaihingen
Tel: 0711-6873096 • E-mail: stokesagency@yahoo.com

Mahdentalstraße 70
71065 Sindelfingen
Tel. 07031-8662-0
Next door to Marriott Hotel.
Mon – Fri 08:30 – 12:00 & 13:00 – 17:30
Sat 09:00 – 13:00

Auto-Höfle
Die schönsten Formen der Mobilität

YOUR HONDA PARTNER IN SINDELFINGEN




- ➔ New and used motorcycles
- ➔ Custom bikes ➔ Rent-a-bike
- ➔ HONDA service, parts & tires
- ➔ Test drives ➔ Financing

Mercedes-Benz Car Show May 18 - 19 - 20
2013 Early Bird Specials ➔ Free Maintenance Special

2012/13 Mercedes Benz C 250
starting at
\$ 30,999 4 cylinder + Turbo



Hot, but cool!

2012/13 Mercedes Benz GLK 350
starting at
\$ 31,999



See you on the slopes!

2012/13 Mercedes Benz E 350 Sport
starting at
\$ 44,999



Trades welcome!

Test Drive your favorite Mercedes-Benz C 350/ 302 HP, GLK 350 and E 350 at Patch Barracks - opposite the Commissary in the Patch Community Club on Patch Barracks

- Mercedes-Benz Premium Benefits:**
- 4 year/50,000 mile warranty honored both in GERMANY & USA!!!
 - Free floormats and a full tank of gas!!!
 - SAVE on the base price AND enjoy an additional savings on all your options!!!
 - No Destination charges!!!
 - 100% price protection guarantee!!!
 - Mercedes-Benz exceptional value for your money!

Mercedes-Benz - The right car! Torpedo Garage - The right place!

Contact your Mercedes-Representative **Christiane Zeiger** now!
Appointments and Test Drives Stuttgart area possible!

Email: christiane@torpedomilitarysales.com
Phone: 0178-8586969
Web: www.torpedomilitarysales.com

Torpedo Garage Mannheim GmbH, Bartensteiner Stich 3, DE-68307 Mannheim

12 YEARS of Cosmetic Surgery IN K-TOWN



Dr. Peterson

K-Town: 0631 89 29 122
0631 62 56 211
www.dr-peterson.de



LIPOSUCTION* \$ 2,199

*starting at (GOÄ); also Lips, Botox, Male chest reduction, Laser Lipo etc.; free consultation

YOU DESERVE TO LOOK YOUR BEST

Enjoy a new lease of life, free of undesirable, disturbing and embarrassing body hair and tattoos!

Permanent Hair removal

IPL hair removal is a safe and gentle way to remove unwanted hair with permanent results.

Tattoo removal

Nd Yag Laser permits the removal of most tattoo inks with a very low risk of scarring.

Skin rejuvenation

Microdermabrasion in combination with Laser treatment is a safe quick procedure to rejuvenate and revitalize the skin.

VAT forms accepted

Contact us:

Cleanskin Stuttgart West
Rotebühlstr.121, 70178 Stuttgart
Tel +49 (0)711 / 67410085
Mobil +49 (0) 173/ 9205332 (for English speaking people)
Email info@cleanskin-stuttgart-west.de
Web www.cleanskin-haarentfernung-stuttgart.de



AUTOS

All ads & pics can be viewed @ www.class-world.eu

Jeep Liberty 2002, Silver Sport Utility, 3.7L/V6, 91, 653M 5-Speed Heavy-Duty Trans, AC, ABS, Airbag, AM/FM Stereo CD Tel. 01737406216 or 07052933759 \$8000 ear nest.epps@t-online.de

Mercedes Benz A170, perfect housewife car, navigate tiny streets & even smaller parking. Excellent condition. Your wife will love you. Don't miss out. \$16600 james@smartcio.com

Mercedes C240, 2001. DE specs, dealer mntd, very clean, no-smoke, 150k. Blue w/ black leather, heated seats, sunroof, multiCD. Mid-June in Wiesbaden. \$5295 gary.dombroff@gmail.com 06971402791 015112987158

Peugeot 206, 2-Door, Black, year 2006 - Dealer Inspection 02/12, EU Specs, Round 93000 KM, Great Gas Mileage, Price Negotiable. €5500 0152-3797-5035

Pontiac Bonneville 1998 - Automatic-Maroon metallic-leather seats-4 electric windows-new transmission-new tires-remote key-new breaks-good condition €3000 cknoerzer@hotmail.de

Price cut - Peugeot 206, 2-door, black, built '06 - Dealer inspection 02/12, EU Specs, approx 93000 KM, great gas mileage €4500 0152-3797-5035

Real nice!! 2005 Chevy Tahoe only 82000 miles on it, new tires and brakes. New DVD player and surround sound. I am the second owner of this vehicle. clean \$16500 01747576266/ coffeed_usaf@yahoo.com

Selling a 97BMW 320 Convertible Automatic M-Power 162tkm Black leather, heated Seats Air condition to much to list. For more inf. call. 01717960958, €5600 pmkolb@t-online.de

VW RNS 315 Touch Screen Navigation System (North America) From 2011 Tiguan. Never used. \$1000 0174-7798376

We Tow Cars For Free - we buy all cars even damaged and non-op cars. "Licensed". Help with Customs and Veh Reg paperwork Call anytime 0163-556-3333

2002 BMW K1200 LT for sale US SPECS, Low miles (6600 miles), Garage Kept, New Battery Contact Michael Guadagnoli \$6800 DSN 337-7236, Commercial 0611 705 7236, Home 06241-5025190, or E-mail bmwk1200forsale@gmail.com

2006 Ducati 749BIP with lots of extras; 4,020 miles, red with race graphics, carbon fiber tank protectors, open clutch cover and other accessories. \$7500 jeremyrj2009@gmail.com

2010 Harley Davidson CVO Screamin Eagle Ultra Classic. Blue/Silver, 11K miles, 3-yr warranty, many extras. \$29500 0171-196-7769 or randyandpetra@hotmail.com

ANNOUNCEMENTS

All ads & pics can be viewed @ www.class-world.eu

Alpha Phi Alpha Fraternity, Inc Theta Theta Lambda Chapter Black & Gold Banquet Ramstein Officer's Club May 19, 2012 1800 social 1900 event starts \$40 Please contact Henry A. Williams, williha@gmail.com

THE FIND IT GUIDE

Massages, Facials, Manicures, Pedicures? Check out spas on www.FindItGuide.de

MOTORCYCLES

All ads & pics can be viewed @ www.class-world.eu

Caution: Some Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

OXIDIO



Prevention to Perfection We're Here for Your Smile

Our Office Hours are:
Mon to Thu 7:00 am - 5:00 pm
(Lunch Break 12:30 pm - 2:00 pm)
Friday 7:00 am - 12:00



Dentist **Dr. Reinhard Winkelmann**
wima@oxidio.com



Dental Office **Dr. Reinhard Winkelmann**
Blücherstraße 13
71116 Gärtringen

www.oxidio.com **NEW!**
Email: praxis@oxidio.com
Phone: 07034 20561

Your bill will be generated in English using the US code for dental services. **Your US insurance will understand it.** We are TRICARE Provider (www.tricare dentalprogram.com)



DR. BIANCA KNOLL - PLASTIC SURGEON (YALE/USA)
+++ American Standard and Care in Germany +++

Aesthetic Surgery
Eyes, Nose, Face, Breast, Body, Liposuction, Botox ©Filler, Peels

Reconstructive Surgery
Face, Breast, Body, Hand, Pediatric Plastic Surgery, Burns, Skin Cancer

+++ We offer America's #1 medical cosmetic line OBAGI +++

We accept 19% VAT forms • TRICARE preferred provider
Dr. Bianca Knoll • Savignyrstr. 61 • 60325 Frankfurt • Fon: 069-7422-7979
Email: info@dr-bianca-knoll.com • www.dr-bianca-knoll.com

die Friseure
Baldinu & Kunert

Beauty your Feet for the Summer (Professional Pedicure)

Treatments

- Medical pedicure
- Foot reflexology massage
- Cosmetic pedicure
- Cosmetic pedicure with French gel
- Foot massage

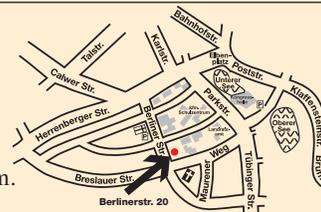


Hours which will embellish your life!

Berliner Str. 20
71034 Böblingen

Telefon 0 70 31 / 23 68 24
www.diefriseure.com

Hours: Mon - Fri 9 a.m. - 8 p.m.
Sat 8 a.m. - 2 p.m.



ANNOUNCEMENTS

All ads & pics can be viewed @ www.class-world.eu

Bike Hospital: Your source for used bicycles in the Stuttgart area for over 6 years. We offer good, clean, used bikes at fair prices. Featuring oldtimers, retro bikes and newer models as well. We are a social project working with troubled youths and use the shop as a daily living structure. Our open hours are from 8:30-19:00hrs Wednesdays. We are in Stuttgart Gaisburg, at Hagerstr.16, 70188 Stuttgart. You may also call us for an appt. at 0711-462630 Donation of unwanted bikes are always welcome

CFC-OCoin Design Contest Submit your design today! More info: http://www.cfcoverseas.org/announcement/inaugural_cfc_o_coin_design_contest Additional information and e-mail listed on Website! Submit by April 15th!

Check out the Great Cloth Diaper Change on Ramstein 21 April 2012 at 4:15. <http://www.facebook.com/events/321133261267362/> 83dmp@msn.com

PMI Stuttgart English group will meet 10 May 2012 at DRS. Topic: Procurement & Acquisition. Admission is free. For info & RSVP to pmistuttgart@gmail.com

Kaiserslautern Military Community - Sergeants Major Association will be hosting the 2nd Annual Golf Scramble which will take place on the 1st of June at the Woodlawn Golf Course. Cash prize will be offered to the top three teams. The entrance fee is \$60 per player, four person team. Price will include green fees, cart and lunch. Check in is at 0700-0745 and shotgun starts at 0800. Pre-register your team by emailing or contacting one of the individuals: KMCSGMA@hotmail.com / 0631-413-7290 / 0631-413-7329

FOR SALE -- MISC

All ads & pics can be viewed @ www.class-world.eu

Caution: Some Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

1000 Watt Transformer - 110v to 220v - good condition \$60 marshall4@happer.com

150 Watt Transformer - 110v to 220v - good condition \$35 marshall4@happer.com

17th C John London of Bristol Brass Lantern Clock Antique John London of Bristol brass lantern clock. \$800 travisbarker33@live.com

300 Watt Transformer - 110v to 220v - good condition \$45 marshall4@happer.com

19th Century Atkinson Lancaster Mantle clock. Antique Atkinson Lancaster wooden mantle place chime clock clad with bronze. contact for more details \$2500 travisbarker33@live.com

75 Watt Transformer - 110v to 220v - good condition \$20 marshall4@happer.com

American country music artist singer seeking places to do music events.... website <https://sites.google.com/site/realamericanmusic/> €450 countrymusichighway@yahoo.com

Antique Cabinets from the "Biedermeier Time" 160 years old! 1 big one & 1 small one with a mirror. Pictures on Classified World. Make an offer! amweyrough@googlemail.com

Classy 1 1/3 carat diamond ring for that special someone. I bought it at Kay jewelers (still sales for \$3499). In excellent condition and rarely worn! \$3000 0171-995-5834 or tamarad_ly13@yahoo.com

Coach Baby or Business Bag: gold nylon with tan and pink leather trimmings; handles and shoulder strap; signature mat insert. Good as new. \$120 steerslda@yahoo.com

Coach Summer Bag: tan canvas and leather. Perfect condition. \$80 steerslda@yahoo.com

Craftsman built DJH 00 gauge locomotives, Fine Scale Swiss motors, P2, 282/462 Princes. BLK5, Crab. 264T. 462Britania + Kit Built Rolling Stock. New Points etc €1600 0176-96776870

English Windows XP Professional software original CD and serial number, also many other small computer items. €30 0177 2340234

For Sale: Factory Brand New Unlocked Apple iPhone 4G 32GB/Blackberry Bold, Storm. \$349, email: elect2000ltd@gmail.com

German bed frame with "lattenrost" size is 2 twin equalling a king size bed. Blonde wood finish and in good condition, just add your (2) mattresses. \$75 aviatornow@hotmail.com

German Handmade! Oculi Cultus Secreti 2nd Military Intelligence Battalion Unit Insignia Wood Picture Inlay. Pair 37x25 cm. sweilacher@t-online.de €100

Hornby Digital 00 collection. 10 loco's, 6 Pullmans/lights. 3bachman / 2/47's one with sound. Track, base boards buildings etc Best offer accepted. €1700 0176-96776870

I have some 1 and 2-day Paris Disney tickets I can sell for 10€/20€ off. They are good between may 14th and sep 30th and we can't go any longer. eurotradert@googlemail.com / 015114940668

Italian smoked glass table. Chrome legs, good condition and beautiful table, seats 4. €40 aviatornow@hotmail.com

Lady DeRosa Techno road bike. Italian, 48cm frame, Campagnolo Veloce/Triple group and wheels, Michelin tires, Fizik Speed saddle. In Stuttgart. \$500 07031-2680478 (evenings)

Noble tablecloth with eyelet embroidery in white, Gr. 130/170, never used! oval. €20 sweilacher@t-online.de

Nutrition that works! Read more! Buy Now! <http://myaimstore.com/bleibgesund/>

S. Oliver Watch very good condition. Battery necessary! Light blue round dial. Width 3 cm metal strip length 14.50cm. €15 sweilacher@t-online.de

Small electric appliances, \$110V: \$25 each, shiatsu foot massager (in box) and hot wax for hands and 220V raclette set, (in box) all in excellent condition \$25 aviatornow@hotmail.com

Snow blower MTD SnoTHOR Self Propelled Model: ST380D 55/56 Used only a few times. See it in action: <http://youtu.be/DTVNd1nO6iU> €850 samual.dominic@googlemail.com

Texas Instruments Calculator TI-89 Titanium. Not used but just tested. Cancelled tour so not needed. 2008 purchased. Nearest offer Taken €56 0176-96776870

Two white electric Fans, one table top, one floor model both 220V. Be ready for summer heat €25 aviatornow@hotmail.com

You can use it as a screen saver or as a TV verwenden. 19 "Hardly used. Its in good condition. With interest +49173 / 1611987 \$150 shabazgermany@yahoo.com

GET READY FOR YOUR NEXT MISSION

Be one of over 650 veterans to join the ranks at Schneider National this year. With core values of safety, integrity, excellence & respect, Schneider is a natural fit for anyone with a military background.

- Military Apprenticeship Program: Earn an extra \$1,069/month your first year (plus your paycheck)
- The best training in the industry, including tuition reimbursement for CDL training
- Guaranteed home time for drill & annual training
- Extended benefits & differential pay if deployed for up to 18 months
- Hiring all ranks and all MOS from all branches
- Opportunities across the U.S. — travel to see new places or stick close to home

★ ★ ★ **SCHNEIDER** ★ ★ ★
www.schneiderjobs.com
1-800-44-PRIDE

DB BAHN

Stuttgart–Paris in less than 3¾ hours. From 39 Euros.
By high speed train TGV.

Reach Paris at top speed and low price.
Stuttgart–Paris 4 times a day in less than 3¾ hours. Sit back and relax on TGV as you speed towards your destination at up to 320 km/h. Enjoy the top-level service and comfort on board. Included for first class passengers on this route: a light, tasty meal served at their seat. Information and booking in English at www.bahn.de

Railteam High Speed Europe

DB SNCF
in Kooperation/en coopération

PETS

All ads & pics can be viewed @ www.class-world.eu

There have been reports of pets being sold from breeding facilities that are not managed at the highest professional standards. Please choose your pet carefully. Make sure you check the credentials of the people selling the pet, and get proper paperwork showing shots and/or other proof of healthy condition. For further advice, consult your Veterinarian.

2 cats, 1 year old. Male is very affectionate, female is more teasing in attentions. Both fixed and current on shots. Indoor cats so far. \$200 ninajohnson23@gmail.com

Bengal kittens for adoption contact us for more information about adopting one of them \$210 boybetter8@gmail.com

Bichon Frise puppy, due to some family problems, vaccinatet, chipped, EU-passport, anty-allergy, 12 weeks, female, named Gia. €600 sachse.nicole@arcor.de

Irish Wolfhound puppy. Sand color Now available! only for family with Time and large Yard. Must have experience with Large Dog breed's. 06307-401322 or david.reasoner@t-online.de

WANTED

All ads & pics can be viewed @ www.class-world.eu

Experienced office worker and sworn translator for German and English (German LN) seeks permanent part-time job. Stuttgart area only. jobchallenge2012@arcor.de

Still looking for a PowerVu receiver with valid subscription for afn tv ptech@gmx.co.uk

Yard help needed! Mow, edge, weed, treat for weeds, shape bushes, etc. Holzgerlingen home. Pls call for on-site assessment is discuss cost. 016094906323

PROFESSIONAL SERVICES

All ads & pics can be viewed @ www.class-world.eu

Professional Services are offered by registered businesses as well as private people. To ensure a satisfactory service experience, please always ask for credentials and deny payments up front. For cleaning services, arrange for payments after a final walk-through and inspection of the clean house.

PERSONAL

All ads & pics can be viewed @ www.class-world.eu

Big Beautiful Woman, single, late 40s seeking seeking nice gentleman for a friendship. W/pi renate233@hotmail.com

Looking For My "Angel", Single woman, 46 looking for an American (caucasian) my age, who can speak German because my English is not so great. Only Singles! 0160/6737687

FURNITURE

All ads & pics can be viewed @ www.class-world.eu

Bar Set \$150 015150637865

Exclusive Black Leather Furniture \$2500 015150637865

Round sofa \$325 015150637865

Wall unit \$650 015150637865

ELECTRONICS

All ads & pics can be viewed @ www.class-world.eu

100 Watt Transformer - 110v to 200v - good condition \$25 marshall4@happer.com

CHECK OUT



THE FIND-IT GUIDE

www.finditguide.de



BUY, SELL, TRADE your personal stuff online and in print!

www.class-world.eu

Law Office of J. Alan Goodwin, LLC. Civilian defense services and family law mediation for Servicemembers in Europe and Southwest Asia. Over 13 years of military and civilian litigation experience. Website: www.goodwinmilitarylaw.com Email: alan@goodwinmilitarylaw.com. Phone: 0162-695-4076

Need a vacation? Check out the travel agencies in the Find-it Guide or at www.FindItGuide.de

H&R BLOCK® Results – Guaranteed. At H&R Block, we stand behind our work. If we make a mistake, we will pay any additional interest and penalties. Plus, if the IRS should call you in for an audit, we will explain your audit notice and the documentation you need to provide, at no extra cost. We have experts on hand year around to help you. All prior years can be done as well.

Can your tax services give the same Guarantee?

Kurmarkerstr. 30 • 70569 Stuttgart-Vaihingen
Tel: 0711-6 87 30 96 • E-Mail: stokesagency@yahoo.com

THIS ADVERTISING SPACE COULD BE YOURS!

Are you interested in placing an advertisement in The Citizen?

Contact AdvantiPro today at ads@stuttgartcitizen.com or call 0631-30335537

Proudly presented to you by



Thanks to our members, we're \$2 billion strong and growing.

For more than 50 years, Service Credit Union has provided excellent financial products and services to its military members. We pride ourselves on serving those who serve and their families.

Take advantage of these great deals at any branch, online or by phone 24/7.

Offers good for existing and new members.

Live Person Service 24/7 • 00800.4728.2000
servicecu.org/citizen

ALL U.S. MILITARY AND DOD CIVILIANS



Open an 11-month certificate and get a

1.00% APY certificate rate.

\$1,000 minimum.

Open a new ServicePlus Checking with direct deposit and get

\$150

in your account.

Refinance your auto loan with Service Credit Union and get

\$100

in your account.

Get a new Visa® credit card and get a

\$25

gift card.

FEDERALLY INSURED BY NCUA

*Rate shown is Annual Percentage Yield (APY), accurate and effective as of 3/1/12 and subject to change without notice. Penalty for early withdrawal. **Individual must open a new ServicePlus Checking account with direct deposit of entire net pay in order to qualify for the \$150 offer. \$150 will be deposited into your eligible checking account when direct deposit is verified. ***Rate terms and conditions subject to change without notice. Loan subject to credit approval. Offer does not include refinances on Service Credit Union loans. Offer available on loan amounts of \$2,500 or more. †Gift card will be issued when credit card is approved.

Gift cards are subject to applicable law, beginning the 13th month after there has been no activity on your card, a monthly inactivity fee of \$2.95 will be assessed to your card. This fee will be assessed to your card as long as there are funds remaining on your card. If your card is lost or stolen, there will be a fee of \$5.00 to replace it. Visa is a registered trademark of the Visa International Service Association. Visa gift card issued by Metabank pursuant to a license from Visa U.S.A. Inc. If the total income reportable equals \$400 or more in a taxable year, the credit union may issue you a 1099-MISC. Must be a member of Service Credit Union or eligible for membership. Employees of Service Credit Union are not eligible for these offers. Offers valid May 1st to May 31st. Offers can be cancelled at any time. Not valid with any other checking, auto or Visa credit card offers.

Introducing...

TKS easyMobile

NEW

✓ **no minimum contract duration**

✓ **cost control and easy payment**

✓ **support & billing in English**

* With select tariffs. A prorated device payment applies if cancelled prior to 24 months. VAT exemption not available for services bundled with a phone. Offer is subject to change.



**iPhone 4S
16GB
€1***



TKS : A KABEL DEUTSCHLAND COMPANY
www.tkscable.com

OUT OF GAS?

LOOKING FOR AN **ESSO** STATION?



Use the **FREE Find-It Guide App** to find the closest ESSO station in your area. Don't know how to get there? Use the "Route" option to get GPS directions from your present position.



Android



BlackBerry



iPhone

The Find-It Guide App is available for iPhone, Android or BlackBerry.

If it's in the Find-It Guide, it's in the App!

AdvantiPro

Publishing House • Advertising Agency