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The Citizen

CULTURAL EVENT

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Thursday, June 2, 2016 Sustaining & Supporting the Stuttgart U.S. Military Community Garrison Website: www.stuttgart.army.mil Facebook: facebook.com/USAGarrisonStuttgart

stuttgartcitizen.com

Stuttgart Piranhas train with Olympians



Photo by Carolyn Andros

Olympic athletes Aaron Peirsol and Kim Vandenberg visited Sindelfingen on Saturday, May 21, for a swim clinic to help Stuttgart Piranhas with drills that will help improve the foundations of the backstroke and butterfly for the swim team. — **Pages 14-15**

BACKGROUND CHECK

The process for getting a background check for volunteers and contractors explained. — **Page 4-5**

IN UNIFORM

Army to allow Soldiers to wear headphones in gym while in uniform during workout. — **Page 7**

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HEALTH BEAT

New Department of Defense smartphone application helps diffuse nightmares for better sleep. — **Page 10**



Family &
MWR INSIDER

Enjoy fun-filled events throughout May!
See details inside.

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USAG Stuttgart hosts Safety Awareness Day



Community members find out what it's like to ride with Beer Goggles on in the DUI exercise May 18 during USAG Stuttgart's Safety Awareness Day at the Panzer Exchange. — *Photo by Kevin S. Abel, USAG Stuttgart Public Affairs Office*

By Holly DeCarlo-White
USAG Stuttgart Public Affairs Office

U.S. Army Garrison Stuttgart Safety Office team, hosted a Safety Awareness Day for workforce and community members, May 18 outside the Exchange on Panzer Kaserne. Attendees viewed and took part in exciting demonstrations to learn more about staying safe in different situations.

The safety and well-being of service members, personnel and their family members is of utmost importance to the USAG Stuttgart command, according to Col. Glenn K. Dickenson, garrison commander. The safety event addressed various important safety and health topics to improve safety awareness throughout the community.

The event included a full day of activities from safety demonstrations and displays by garrison, tenant and

Host Nation agencies such as fire extinguisher training, fire truck demonstrations and Army Substance Abuse Program's Beer Goggles Rodeo.

Additional event participants included the American Red Cross, Directorate of Emergency Services and the Provost Marshal Office, Stuttgart Family and Morale Welfare and Recreation, the Directorate of Public Works and the Occupational Health Nurse.

Memorial Day



Col. Glenn K. Dickenson, U.S. Army Garrison Stuttgart garrison commander spoke to guests about the importance of honoring the fallen during a Memorial Day Ceremony hosted by the American Legion Stuttgart Post 6, May 30 at the Patch Chapel, Patch Barracks. — *Photo by Holly DeCarlo-White, USAG Stuttgart Public Affairs Office*

The process, consequence of abandoning vehicles in Stuttgart



By Sgt. Venable Leon
and the USAG Stuttgart Public Affairs Office

There is a lengthy process that occurs when a vehicle has been identified as abandoned.

Sgt. Dennis Brown is a Traffic Accident Investigator. His responsibilities include advising the garrison commander on roadway safety, enforcing traffic laws, and processing abandoned vehicles and accident collisions. He also works with Stuttgart's Army Substance Abuse Program to help educate the public on roadway safety, and how to prevent DWIs.

Brown explained that once a vehicle has been abandoned on one of the installations in the Stuttgart area, the MP will tag the vehicle. Once tagged, the vehicle is eventually sent to the Stuttgart Army Airfield Impound Lot, but not without consequence for the original owner.

Once a service member chooses to abandon their vehicle, the process involves the time and coordination of multiple personnel.

A notice of abandoned vehicle form DD 2504, is put into the vehicle with the Directorate of Emergency Services contact information. Once the vehicle is tagged for tow, the traffic section conducts a search of the U.S. Army Europe Motor Vehicle Registration, and also use Installation Access Control System to determine if the vehicle was in fact abandoned, or simply illegal parked. Once this process is completed, the traffic section will attempt to make contact with the owner within 72 hours either by phone or email.

At the 45 day mark, the vehicle

paperwork then moves through the customs process. A board review occurs to ensure that the Traffic Accident Investigator has met all the legal requirements to process the abandoned vehicle. Once the vehicle has met the legal requirements, it goes to U.S. Customs and German Customs offices, to be declared officially abandoned. If the vehicle is found to have an existing lien, the MPs have to obtain a lien release form to release the vehicle to Family and Morale Welfare and Recreation in order to be disposed of.

Consequences of vehicle abandonment

The owner of the vehicle is sent a legal notice requiring them to reimburse the U.S. Government for the towing fees.

Service members are titled with Abandoned Vehicle under Article 134 of the Uniformed Code of Military Justice, and the command can potentially take non-judicial actions against the service member.

Civilians will be titled with Abandoned Vehicle under Army Europe Regulation 190-1 and local commands can take disciplinary actions toward the civilian.

In addition to the personal expense to reimburse the U.S. Government, this cost is also passed on at the unit level to repay the garrison to recoup the towing expenses the service member caused the garrison to incur.

Vehicle sale and donation options

In addition to positioning your vehicle in the lemon lot located on Panzer Kaserne before your departure

located by the main Exchange, the local Stuttgart Citizen print newspaper offers free classified ads for car parts, functioning cars and resale items. There are other online classified sites (in English) and resale Facebook pages and groups that are easy to find with a quick internet search.

Giving Power of Attorney to friend, unit leader or co-worker is another option if your car has not sold before departing Stuttgart.

Family and Morale Welfare and Recreation accept vehicles in any condition for a fair fee.

Sell a vehicle to a Department of Defense ID card holder

- If seller has a joint-owner on the vehicle, both parties must be present.
- If vehicle has a lien on it, a lien release letter is required.
- Buyer must have insurance for the vehicle.
- If the registration is current and the vehicle is 9 years old or newer, the buyer can accept the current expiration date on the registration without having an inspection. For the buyer to have a 2 year registration on vehicles 9 years old or newer an inspection within 30 days of the transfer date is required.
- Vehicles 10 years or older require an inspection within 30 days of the transfer.
- Transfer cost is \$30.

Sell a vehicle to a Local National or someone who does not have Individual Logistical Support

- Service member must visit the

U.S. Customs office in Building 2913, Room 303 on Panzer Kaserne and obtain the Army Europe Form 550-175B, "Permit to Transfer."

- Seller must go with the Local National or non-ILS buyer to the local German customs office so the Local National can pay the taxes on the vehicle.

- The AE Form 550-175B must have the blue stamp from German customs.

- The service member must return the U.S. Army Europe license plates to vehicle registration, bill of sale, and AE Form 550-175B to clear the vehicle out of the USAREUR system.

- If the vehicle has a lien, a lien release letter is required to complete the transaction.

Donate a vehicle to Family and Morale, Welfare and Recreation

- The vehicle must have current non-operational registration or permanent registration.

- Service member must go to the MWR Auto Skills center on Panzer Kaserne.

- Once donated, MWR will give the service member a receipt and paperwork showing that the vehicle was turned over to MWR.

- Bring the receipt, paperwork from MWR and license plates, if applicable, to vehicle registration to clear the vehicle from the U.S. Army Europe system.

- If the vehicle has a lien, a lien release letter is required.

- Cost of donation is \$75 which covers any towing fees associated with the vehicle.

Background check process: volunteers, contractors working with children

Updated by USAG Stuttgart Public Affairs Office, originally published by USAG Bavaria Public Affairs

Everyone working with children in U.S. Army Garrison Stuttgart must pass a criminal history background check, in compliance with public law, Department of Defense instructions and Army directives.

This requirement, outlined in DoDI 1402.5 and AD 2014-23, is one measure the Army uses to ensure that all employees, contractors and volunteers who regularly interact with children in Army programs are fit for their roles.

The background check provides information on incidents of violent offenses, sexual offenses, child abuse or neglect, and other behaviors that affect a person's suitability to work with children.

While the local Civilian Personnel Advisory Center conducts background investigations for employees who provide child care services, the process is different for contractors and volunteers.

Local Background Check Administrators, or BCAs, conduct these investigations for contractors and volunteers, in cooperation with the manager of the program the contractor or volunteer is working with.

In general, when a contractor or volunteer wants to start working with a program, he or she submits an application packet that includes initial background investigation forms. The program manager submits these initial forms and the request for a background investigation to the BCAs. The BCAs then contact the contractor or volunteer to complete fingerprinting and additional forms.

For more details on the background check process—including the kinds of checks required by different programs, whether background checks are valid for more than one program, and what happens if derogatory information is returned—see Background Checks for Volunteers and Contractors: Frequently Asked Questions.

USAG Stuttgart's Background Check Administrators are located in Building 2949 on Panzer Kaserne and serve all USAG Stuttgart installations.

If you have a question not addressed in one of the FAQs, visit the USAG Stuttgart Plans & Operations Security Office section of the webpage at <http://www.stuttgart.army.mil/org-dptms.html>, or contact the Security office at DSN: 431-2008/2013/civ. 07031-15-2008/2013.

Frequently Asked Questions

Q1: Who is required to get

background checks?

All employees, contractors and volunteers who work with children in an Army program must pass a criminal history background check. This includes both adult and youth volunteers, contractors who provide in-home care and their household members, and contractor instructors and activity leaders.

Q2: Why are background checks required?

All employees, contractors and volunteers who work with children in an Army program must pass a criminal history background check per U.S. Code, the Crime Control Act, DoD instructions (DoDI 1402.5) and Army directive (AD 2014-23). This requirement is in place to protect children by ensuring that everyone who interacts with minors in Army programs is of good character, law abiding, and fit to be responsible for children.

Q3: What kinds of background checks are required?

The investigative requirements vary based on your status—volunteer or paid contractor—and which program you want to work with. (See FAQ 4.)

Federal Bureau of Investigations (FBI) fingerprint checks. If required, your fingerprints will be captured using a Livescan fingerprinting system and then transmitted digitally or printed and mailed to investigators. The FBI will conduct a database check based on your fingerprints and also conduct checks using your name, Social Security Number, date and place of birth.

Installation Records Checks (IRCs) are database checks of systems owned by the Army Criminal Investigations Division, Army Substance Abuse Program and the Family Advocacy Program.

Tier 1 OPM investigation. This is a basic background investigation conducted by the Office of Personnel Management (OPM), and the most common investigation type. It includes checks of employment and residential history, character references, military records, previous federal investigations, law enforcement checks, education checks, state checks (see SCHR, below) and other federal agencies as required.

State Criminal History Repository (SCHR) checks. If you already have a previous, favorable OPM investigation (Tier 1 or higher), you might just need some additional checks to meet the requirement for working with children. These may include checks done in the U.S. states where you have lived within the past five years. SCHR include

checks of criminal and sex offender registries, court records and other law enforcement entities.

Your Background Check Administrator can also provide more details about what type of investigation you might need, and what checks are included in that investigation.

Q4: Which programs and positions require what background checks?

Child & Youth School Services (CYSS) SKIES (Schools of Knowledge, Inspiration, Exploration and Skills) Instructor—contractor

- FBI Fingerprints and Installation Records Checks

- Tier 1 OPM Investigation

Youth Sports & Fitness Programs—volunteer

- FBI Fingerprints and Installation Records Checks

Family Child Care (FCC)—contractor

- FBI Fingerprints and Installation Records Checks

- Tier 1 OPM Investigation

Child Development Center (CDC)—volunteer

- FBI Fingerprints and Installation Records Checks

School Age Centers, Youth Services—volunteer

- FBI Fingerprints and Installation Records Checks

Religious Services Office (RSO)

Club Beyond—volunteer

- FBI Fingerprints and Installation Records Checks

Protestant Women of the Chapel—volunteer

- FBI Fingerprints and Installation Records Checks

WatchCare Program—contractor

- FBI Fingerprints and Installation Records Checks

- Tier 1 OPM Investigation

Vacation Bible Study—volunteer

- FBI Fingerprints and Installation Records Checks

Distinctive Religious Group Leader—volunteer

- FBI Fingerprints and Installation Records Checks

Army Community Services (ACS)

Family Advocacy Program—contractor or volunteer

- FBI Fingerprints and Installation Records Checks

- Tier 1 OPM Investigation

Exceptional Family Member Program—contractor or volunteer

- FBI Fingerprints and Installation Records Checks

- Tier 1 OPM Investigation

Respite Care Provider—contractor

- FBI Fingerprints and Installation Records Checks

- Tier 1 OPM Investigation
- Other ACS volunteer or contractor
- FBI Fingerprints and Installation Records Checks
- Tier 1 OPM Investigation

Q5: How do I get the background check process started for the position I'm interested in?

Religious Services Office

For volunteer or contract positions with the Religious Services Office:

1. Contact the Program Manager (contact information at on the garrison Religious Support Office webpage at www.stuttgart.army.mil).
2. Complete and return a volunteer/employment packet.
3. RSO will submit the request for a background investigation.
4. A Background Check Administrator will contact you to complete fingerprinting and other investigative paperwork.
5. A chaplain may interview you, if required.

Army Community Service (ACS)

ACS, located in Building 2915 on Panzer Kaserne offers an abundance of volunteer opportunities and free career training classes to all ID cardholders in the Stuttgart military community. ACS can also assist in setting you up in the Volunteer Management Information tracking System, or VMIS.

For volunteer positions with the Family Advocacy Program or Exceptional Family Member Program:

1. Create an online account in the Volunteer Management Information System at Army OneSource.
2. Search for FAP or EFMP volunteer positions and apply online.
3. The FAP or EFMP manager will contact you for an interview.
4. ACS will submit the request for a background investigation.
5. A Background Check Administrator will contact you to complete fingerprinting and other investigative paperwork.
6. Complete required ACS training.

For contract positions with the Family Advocacy Program, Exceptional Family Member Program or other ACS programs:

1. Apply for a contractor position (process varies by contract company).
2. Once you are selected for a contractor job at ACS, ACS will submit the request for a background investigation.
3. A Background Check Administrator will contact you to complete fingerprinting and other investigative paperwork.

Child, Youth & School Services

For volunteer positions with the Child Development Center, School

Age Center, Youth Services or Parent & Outreach Services:

1. Contact Parent Central Services, Building 2347 on Patch Barracks, Monday through Friday, 8 a.m. to 5 p.m. at DSN: 430-7480/civ. 0711-680-7480.
2. Complete and return a volunteer packet.
3. CYSS will submit the request for a background investigation.
4. A Background Check Administrator will contact you to complete fingerprinting and other investigative paperwork.
5. Complete required CYSS training.

For contractor positions with SKIES Unlimited:

1. Contact Parent Central Services, Building 2347 on Patch Barracks, Monday through Friday, 8 a.m. to 5 p.m. at DSN: 430-7480/civ. 0711-680-7480 for a SKIES Instructor packet.
2. Return the completed packet with a current résumé. The SKIES Director will interview you.
3. SKIES will submit the request for a background investigation.
4. A Background Check Administrator will contact you to complete fingerprinting and other investigative paperwork.
5. Obtain a German tax ID and complete additional training.

For volunteer positions with Youth Sports & Fitness:

1. Contact CYS Services Sports & Fitness, Building 3162, 2nd Floor on Panzer Kaserne, DSN: 431-2616 or civ. 07031-15-2616.
2. Complete and return a volunteer packet. You may be interviewed.
3. CYSS will submit the request for a background investigation.
4. A Background Check Administrator will contact you to complete fingerprinting and other investigative paperwork.
5. Complete required CYSS training.

For contract or full and part-time positions with Family Child Care:

1. Contact the FCC Director to obtain an FCC application packet, Building 2347, Barracks Building 2347, DSN: 430-4100/4047/civ. 0711-680-4100/4047
Paid opportunities are also available and posted to USAJOBS frequently. FCC personnel often schedule in-person stations within the Panzer Exchange for interested candidates to discuss the program and employment opportunities face-to-face. Check the schedule to become an FCC provider at <http://stuttgart.armymwr.com>.
2. Return the completed FCC application packet.
3. FCC will submit the request for a background investigation.
4. A Background Check Administrator

will contact you to complete fingerprinting and other investigative paperwork. Your sponsor and other family members over the age of 12 will also need to complete a background check.

5. Once the background investigation is complete, the FCC director will conduct a family interview.
6. Complete FCC orientation, training, home observations and a home inspection.

Q6: Who conducts these investigations?

The Background Check Administrator (BCA) assigned to your case will submit your investigative checks to the appropriate agencies. Installation Records Checks are

processed by local agency points of contact. The FBI returns its fingerprint check results via the Office of Personnel Management (OPM). OPM conducts Tier 1 investigations and SCHR checks. USAG Stuttgart's BCAs are located in Building 2949 on Panzer Kaserne.

Q8: I already work in another childcare program. Do I need a new background check to volunteer?

Some checks might need to be re-done. All personnel working with children in an Army program must have FBI fingerprinting and IRCs done on a recurring basis, in accordance with Army Directive 2014-23. (See FAQ 4 for the kind of checks required by different programs.)

Family Child Care (FCC), Respite Care providers. Emergency Placement Care providers and Foster Care providers are required to have FBI fingerprints and IRCs re-done annually. This category of contractor also requires some additional annual checks for family members over the age of 12 living in the home.

Volunteers are required to have FBI fingerprints and IRCs re-done every three years.

Contractors are required to have FBI fingerprints and IRCs re-done every five years.

Q9: I previously volunteered with RSO/CYSS/ACS at my last duty station. Do I need a new background check?

Probably. We can retrieve results of FBI fingerprint checks and OPM investigations directly, so those checks may not need to be run again.

However, all categories of child-related volunteers and contractors require Installation Records Checks. IRCs are conducted and maintained by local organizations and we are usually unable to retrieve them, so the checks may need to be run again. The IRCs take about 14 days to complete.

Q10: I currently volunteer with RSO, but also want to volunteer with CYSS. Do I need another investigation?

As long as your background checks haven't expired, the checks performed

for one organization are valid for another. Let your Program Manager know that you are already an active volunteer so that the Background Check Administrators can provide the required proof of investigation results to the new program.

Q11: I want to volunteer with Boys Scouts/Girl Scouts/Family Readiness Group/American Red Cross. Do I need an investigation?

The Army is not authorized to process child-related background investigations for non-federal entities.

Q12: Will these checks transfer to other DoD programs if I change employers?

The investigative checks we run for you are based on DoD and DA policy. Other agencies may have different background investigation requirements. Consult with your hiring department to determine if the checks already done meet their requirements.

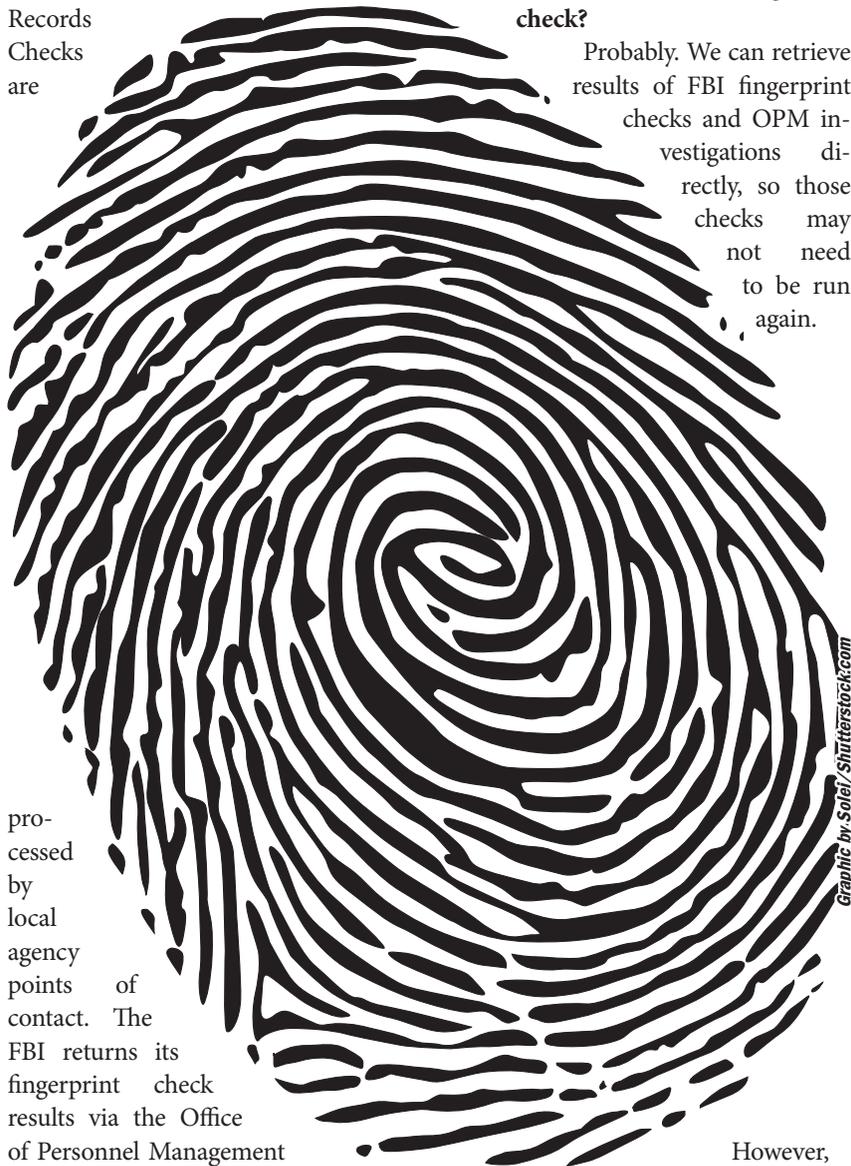
Q13: How long do background checks take?

FBI fingerprint results take up to 12 days from the date you are fingerprinted. Installation Record Checks take approximately 14 days from the date you sign the IRC consent forms. Tier 1 OPM investigations with childcare checks (formerly called "CNACIs") can take up to 120 days and are required for all paid contractors but only some categories of volunteers. In most programs, if your IRCs and FBI fingerprints are favorably completed, but you are still waiting on completion of a Tier 1 OPM investigation, you can begin to work under Line of Sight Supervision—that is, as long as another cleared adult care provider is in the room with you.

Q14: Where can I get my fingerprints taken?

Your Program Manager will send a request form directly to our Background Check Administrators (BCAs), identifying you and which background checks are required. Once this request is received, the BCA assigned to your case will contact you by phone or email, usually within one business day, to schedule an appointment for fingerprinting, to sign consent forms, or to initiate the OPM investigation request. If you do not receive notice in this time frame, contact the Security Office for an appointment directly. (See FAQ 15 for more information about your appointment with a BCA.)

Q15: What do I need to know for my background investigation appointment?



Graphic by Soled/Shutterstock.com

ARMY BIRTHDAY LUNCH

The 1st Battalion, 10th Special Forces Group (Airborne) Dining Facility, located in Building 2963 on Panzer Kaserne, will host the Army's 241st Birthday Luncheon June 14 from 11:30 a.m. to 1 p.m. A special cake cutting will take place at noon. An extensive menu will be served, to view the full menu visit www.stuttgartcitizen.com. For more information, contact DSN: 431-2602/civ. 07031-15-2602.

STUTTGART COMMUNITY ARMY BALL

The annual Stuttgart Community U.S. Army Ball, celebrating the Army's 241st Birthday is scheduled to take place June 18 at the Sindelfingen Stadthalle, beginning at 4:30 p.m. open to all military personnel, Defense Department civilian and contractors. This year's theme is "Honoring our Army Families." The 241st Army Birthday celebrates and honors the support and sacrifices made by our Army families. Bus transportation, child care, and a professional photographer will be available for this event. For tickets and information, visit [USArmyBirthdayBallStuttgart](https://www.facebook.com/USArmyBirthdayBallStuttgart) on Facebook.

PANZER SHUTTLE BUS STOP RELOCATED

The bus stop located next to the Stuttgart Welcome Center on Panzer Kaserne has been relocated between Buildings 2915 and 2918 due to construction on the Access Control Point (gate). There are no changes to the shuttle bus schedule. For further information call the Transportation Motor Pool at DSN 421-2389/civ. 0711-729-2389.

SHAREPOINT MOVES SERVERS

To better serve all branches of the military community in Stuttgart, U.S. Army Garrison Stuttgart has migrated its SharePoint site to a new server to provide better access for customers with Common Access Cards. On the new SharePoint site, personnel can locate appointment links and directorate information.

All appointment systems linked on www.stuttgart.army.mil have migrated to this server so registration and certificates at home.army.mil is no longer necessary.

Personnel should clear their cache and any previously saved SharePoint appointment links in order to access the correct appointment pages going forward. The old site will be disabled soon.

All CAC card holders can access the garrison SharePoint through the

link at www.stuttgart.army.mil or find the link at www.stuttgartcitizen.com. Note: Certain Internet browsers work better than others.

COOL TREATS NOW OPEN

Cool Treats opened for the season at the Stuttgart Theater Center on Kelley Barracks. Cool Treats is open through the summer, Monday through Friday, noon – 4 p.m. serving ice cream, root beer floats, and novelty treats. Contact DSN: 421-4704/civ. 0711-729-4704.

ID Card Appointments Now Online The ID card and Defense Enrollment Eligibility Reporting System (DEERS) office in Stuttgart now uses an online appointments system. Make appointments within 90 days of ID card expiration. Get the link on the U.S. Army Garrison Stuttgart website, <http://www.stuttgart.army.mil>, Identification Card Service page.

KELLEY FITNESS CENTER SHOWERS CLOSED

Date Extended: Showers, saunas and the women's restroom in the Kelley Fitness Center are now projected to be closed through June 14 for plumbing and drainage repairs. An alternate restroom is provided. Alternate showers are available, located in the Kelley Club and a portable shower trailer. Patrons should connect with onsite fitness center staff for access and instructions.

FIRE DEPT. OPEN HOUSE

June 4, from 10 a.m. to 2 p.m., Panzer Exchange will host an annual Safety Open House in conjunction with the U.S. Army Garrison Stuttgart Fire Department. The day will be filled with several events to include static displays of fire trucks, a Panther Airfield Crash Rescue Truck and a Polizei Cruiser. Ladder truck and fire engine rides will be offered throughout the day for children.

USO MODEL RACE CAR WORKSHOP

Dads, grab your kids and race to the United Service Organizations for a Father's Day model race car building workshop event, June 16 from 6-8 p.m. Sign up in advance by stopping by the USO or call 07031-15-3345.

FAMILY MEMBERS TAKE DRIVERS TEST ONLINE

Family members can now also take advantage of the U.S. Army Europe Privately Owned Vehicle orientation and test prior to arrival to U.S. Army Garrison Stuttgart or from the comfort of their own home upon arrival. To take advantage of the process, active duty and Department of Defense civilians should use their Common Access Card and family members should use

the "Benefits Number" found on the back of their ID Card.

Go to <http://jko.jten.mil>

Enroll in the Orientation is "USA-007, U.S. Forces Driver's Training Program for Europe," followed by the test "USA-007-B, U.S. Forces Driver's Training Program for Europe-Final Course Exam."

Once completed, bring the paperwork to the Driver's Testing Training Station to be issued a POV license. The Driver Testing Station is located in Room 301, Building 2913 on Panzer Kaserne.

LACTATION ROOMS NOW OPEN

The U.S. Army Garrison Stuttgart Family Advocacy Program in conjunction with the Community Health Promotion Council has announced the following public facilities available to breastfeeding mothers needing to express milk.

Newly designated Lactation Rooms are open now at the JAMMI Community Room, Building 3312 (next to the Stuttgart Law Center) on Kelley Barracks, and at Army Community Service, Building 2915, 2nd floor, Panzer Kaserne, and at the Patch Fitness Center on Patch Barracks.

Community members should visit the reception area to sign out a key to the designated rooms. Rooms are outfitted with a seating area and toys for accompanying siblings, along with reading materials and other resources for new parents.

Each Lactation Room is available for use at any time during the facilities regular hours of operations.

All Child Development Centers also accommodate all breastfeeding mothers within the CDC's located on Panzer Kaserne and Patch and Kelley Barracks.

Note: The areas within the CDC are not designated private rooms as the other locations are.

For information and new parent support, contact Stuttgart's Family Advocacy Program through Army Community Service at DSN: 431-3362/civ. 07031-15-3362.

STUTTGART MOTORCYCLE SAFETY COURSE CLOSED

The U.S. Army Garrison Stuttgart training site used to provide active duty personnel their motorcycle training courses is closed. The site is expected to reopen in the summer following repairs and recertification. Motorcycle Safety Foundation training courses are required for all personnel to receive a valid MSF card in order to legally ride motorcycles in Europe.

In the meantime, active duty service members have two alternate options:

Sign-up for a course at another U.S. Army Installation Command site by registering through the CAC-enabled Army Traffic Safety Training Program. Find the direct link at www.stuttgartcitizen.com.

Locate a volunteer MSF instructor available to conduct individual training. Volunteers typically provide training to civilians, family members and contractors not eligible for ATSTP courses.

For more information, contact the USAG Stuttgart Safety Office at DSN: 431-3132/civ. 0703115-3132.

TRAVEL ADVISORIES

Travel restrictions are in place for personnel/dependents for travel to certain areas in Europe. Personnel should check in with their individual commands for specific travel restrictions.

Register for absentee voting Through the Federal Voting Assistance Program, service members, their eligible family members and overseas citizens are able to vote from anywhere in the world. Stuttgart community members interested in voting in 2016 elections need to register to request an absentee voting ballot. Registration is available for your respective state at: www.fvap.gov. For information on overseas voting or assistance with absentee ballots, contact the Installation Voting Assistance Officer Building 2913, Rm. 114, Panzer Kaserne at DSN: 431-2865/civ. 07031-15-2865.

TAX CENTER CLOSING

Effective June 1, the Stuttgart Law Center's Tax Center will adjust to a half-day schedule from 9 a.m. to noon, by appointment only, no walk-ins. The Stuttgart Tax Center will accept walk-ins on one day only, June 7. June 10, the office closes for the season. To make an appointment call DSN: 421-4588/civ. 0711-729-4588.

Sign up for USAG Stuttgart email U.S. Army Garrison's community online and print news publication, The Citizen, is updated daily with announcements on services, programs, events and information for the Stuttgart military community living both on and off-post. People are encouraged to use a non-.mil email to ensure delivery of information on garrison activities. Those who have previously subscribed with an email that ends in mail.mil may no longer receive updates due to recent computer and operating system restrictions. Visit www.stuttgartcitizen.com on the homepage right panel to sign up to stay informed.

SIGNUP FOR ATHOC

ATHOC has self-service sign-up available with Common Access Cards (CAC) online. Service members may also enter a dependent (one additional account). AtHoc alerts users with emergency notifications multiple ways through computers pop-ups,

voice calls to landline and mobile phones, emails and text messages. Follow the step-by-step instructions on stuttgartcitizen.com, search AtHoc. Contact the Emergency Management Protection Branch officer at DSN: 431-2031/civ. 0703-115-2031, or contact your local commands Protection office.

IREPORT EUROPE

iReport is a theater-wide reporting system that Soldiers, civilians, contractors and family members in Europe can use to report suspicious behavior to the appropriate authorities. iReport is available online and as

a mobile app, visit www.eur.army.mil/iReport.

To report an imminent threat or crime in progress, immediately contact the military police or reach host-nation law enforcement by dialing commercial in Germany: 112.

Army allows Soldiers to wear headphones in gym while in uniform during workout

Story by C. Todd Lopez
Army News Service

Soldiers jogging or lifting in the gym may now be allowed to listen to music through small headphones or ear buds, according to Army Directive 2016-20, released May 6.

Acting Secretary of the Army Patrick J. Murphy signed a memo that authorizes Soldiers to listen to music on a variety of devices and ear pieces while doing personal physical training inside gyms, though the memo does give final word on the new policy to installation or unit commanders.

“Effective immediately, unless the unit or installation commander prohibits otherwise, Soldiers may use headphones, including wireless or

non-wireless devices and earpieces, in uniform only while performing individual physical training in indoor gyms or fitness centers,” Murphy wrote in the memo.

The headphones cannot be more than 1.5 inches in diameter and the memo states violators may be subject to administrative or disciplinary action under the Uniform Code of Military Justice.

To push music through “conservative and discrete” earpieces, Soldiers are also permitted to “wear electronic devices, such as music players or cell phones” on their waistband, in accordance with AR 670-1. That regulation says the color of the carrying case for such a device must be black.

The directive also permits Soldiers

to wear a “solid black armband” to hold their electronic device, but only while in the gym or fitness center.

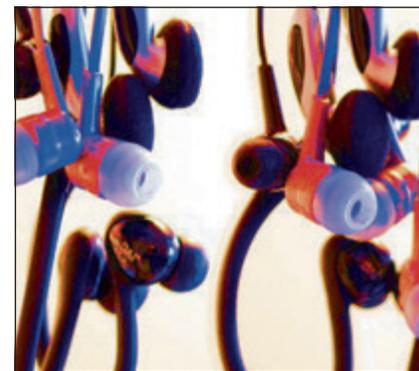
When Soldiers leave the gym or fitness center, however, the arm bands, the music devices and the headphones must be put away.

Sgt. Maj. of the Army Daniel A. Dailey said the new policy is something Soldiers have told him they wanted for a while.

“This change came about because Soldiers stood up at one of my town halls and asked about it,” Dailey said. “If we can make changes that improve morale and they don’t adversely affect discipline, I’m all for it.”

The memo applies to Regular Army, Army National Guard and Army Reserve Soldiers. It’s expected

that the new rules regarding the wear of music devices and headphones in installation gyms will be incorporated into the existing uniform policy, AR 670-1, by the Army’s G-1.



A new Army Directive, released May 6, 2016, allows Soldiers to wear headphones or earbuds while in fitness centers or gyms.



Patriot Express to BWI limits pets per flight

Story by BASOPS Transportation Division,
European Travel Branch

Summer PCS travel season will soon be upon us. If you are traveling with pets, be advised that the Patriot Express flights to Baltimore Washington Intl. (BWI) will only accommodate ten (10) pets per flight, on a first come first serve basis.

Commercial air travelers may elect to transport a pet as checked baggage, but during the summer months (May through September), the heat can make travel difficult for your pet. Many airlines don’t allow pets aboard flights as checked baggage or as cargo when temperatures are high. For most airlines, pet embargoes take effect when the temperature is forecasted to be above 85 degrees at any point of travel — origin, transit, or destination.

If you’re traveling with your pet this summer, familiarize yourself with the airline’s pet embargo and acceptance policies before making your travel arrangements. In some cases, advanced reservations are required. You should also give yourself ample time to prepare your pet prior to travel. Most airlines have pet safety programs identified on their website that provide tips for travel.

It is the traveler’s responsibility to make arrangements to get their pet to the desired destination as pets do not have a government travel entitlement. Being aware and prepared will ensure the flight is a positive experience for both you and your pet.

For information, contact DSN: 314-483-8184/civ. 0631-411-8184.

COMING TO PATCH THEATER

Thursday June 2

X-Men: Apocalypse (PG-13) 1800

Friday June 3

Teenage Mutant Ninja Turtles: Out Of The Shadows in 3D (PG) 1800

Me Before You (PG-13) 2100

Saturday June 4

The Angry Birds Movie (PG) 1500

Teenage Mutant Ninja Turtles: Out Of The Shadows in 3D (PG-13) 1800

X-Men: Apocalypse (PG-13) 2100

Sunday June 5

X-Men: Apocalypse (PG-13) 1600

Teenage Mutant Ninja Turtles: Out Of The Shadows (PG-13) 1900

Wednesday June 8

Teenage Mutant Ninja Turtles: Out Of The Shadows (PG-13) 1800

Thursday June 9

Me Before You (PG-13) 1800

Friday June 10

Warcraft in 3D (PG-13) 1800

The Conjuring 2 (R) 2100

Saturday June 11

Alice Through The Looking Glass in 3D (PG) 1500

Captain America: Civil War (PG-13) 1800

Warcraft (PG-13) 2100

Sunday June 12

Teenage Mutant Ninja Turtles: Out Of The Shadows (PG-13) 1600

Warcraft (PG-13) 1900

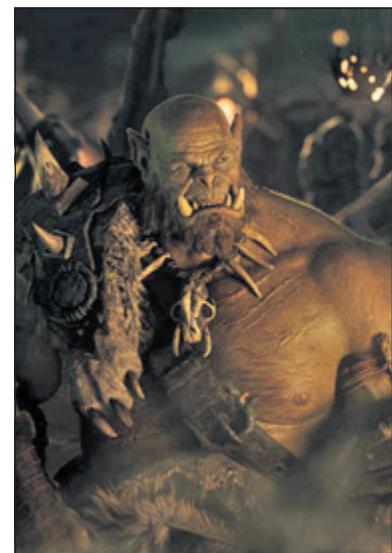
Wednesday June 15

The Conjuring 2 (R) 1800

Editor’s note: The movies listing was the most current at the time of publication. Dates are subject to change.

Please check with your local theater online for the most up-to-date schedule:

[https://www.shopmyexchange.com/reel-time-theatres/Patch-Barracks-\(Stuttgart\)-1371010](https://www.shopmyexchange.com/reel-time-theatres/Patch-Barracks-(Stuttgart)-1371010)



© 2016 Universal/Photo courtesy of Movieweb.com

Warcraft — The peaceful realm of Azeroth stands on the brink of war as it’s civilization faces a fearsome race of invaders: Orc warriors fleeing their dying home to colonize another. As a portal opens to connect the two worlds, one army faces destruction and the other faces extinction. From opposing sides, two heroes are set on a collision course that will decide the fate of their family, their people and their home. Rated PG-13 for extended sequences of intense fantasy violence.

Dutchman's 14-year journey brings WWII Soldier back to life

By Katie Lange
Defense Media Activity

Eight-thousand three-hundred and one – that's the number of U.S. World War II soldiers buried at the American Cemetery in Margraten, Netherlands. It's also the number of graves that have been adopted there.

If you didn't know you could adopt a soldier's grave, you can. More than 400,000 U.S. service members died during World War II – too many to bring home, unfortunately – so several American cemeteries were built around the world to mark the final resting places of more than 172,000 of them. Just as at Margraten, most, if not all of the graves and names of those still missing in action, have been adopted.

One of those graves belongs to U.S. Army Pfc. James Wickline. His life and time in war were short, but thanks to one young Dutchman's interest in preserving history, he's been brought back to life.

"If I didn't start this in 2002, James Wickline would have been forgotten," Maarten Vossen said when I interviewed him at the Netherlands Embassy in Washington, D.C. We were there for a screening of the new documentary, "Ageless Friends," which is about his epic 14-year journey of discovery

Vossen was only 13 in 2002, but his

interest in World War II was strong.

"My grandma told me stories about the resistance [to the Nazis], about the Americans that she met, about the chocolates that they got – things like that," Vossen said. "Then I heard you could adopt a grave at the U.S. military cemetery in Margraten, so I did."

He was randomly assigned Wickline, so he started digging into U.S. and Dutch records to find out what happened to him. Sadly, Vossen discovered that Wickline's time in battle ended before it had even begun; the 21-year-old paratrooper died Sept. 17, 1944, when his parachute failed to open in Operation Market Garden. He had only been deployed in Europe for about a month.

Vossen felt the need to explore more, though. What was this young American like before war? What were his interests? So he reached out to Wickline's remaining family, friends and acquaintances in his hometown of Morgantown, West Virginia. Vossen got very few pings at first – only one response for 100 emails sent – so he went to the town in 2012 to expand his search.

"I just went to separate households, ringing bells, explaining to them my story," Vossen said – a tactic that brought him great success. "I was able to recreate James' whole life – when he was born, when he was little, just before he entered the war, what



Maarten Vossen places flowers at the grave of his adopted soldier, U.S. Army Pfc. James Wickline, at Margraten American Cemetery in the Netherlands. — Photo courtesy of West Virginia Veterans Memorial

happened then, during the war ... and even after the war – how his parents lived through losing their only child.

It only took him 14 years.

"I never thought I'd ever be able to get this far, and I'm relieved," he said. "It feels really good that the questions I had in 2002, I don't have them anymore."

Taking On a Life of Its Own

Articles written about Vossen's journey led him to Dutch filmmaker Marijn Poels, who – despite not being a fan of war – decided to take on the quest with Vossen. "Maarten was talking about his grave, his soldier, as if he lost his brother or family. That was a very beautiful thing for me as a filmmaker to understand – that someone can have affection for a person from a completely different time," Poels said.

Their adventure also got the attention of West Virginia's Monongalia County Commissioner Tom Bloom, who helped Vossen in his ultimate goal of giving back – renaming a bridge in Wickline's honor, right near where the soldier grew up. Vossen said the bridge

and the documentary are new and creative ways to narrow the gap between younger and older generations.

"I do see a lot of people my age and younger who are really enthusiastic about [World War II history] and want to learn even more about it. I think that's a really good thing," Vossen said. "I hope that 'Ageless Friends' is just one road ... when it comes to honoring the fallen and remembering our freedom. We shouldn't forget their sacrifices."

Wickline's story isn't one that would make a movie's plot line. It was just a tragic consequence of war, like so many others who died during that time. But for many Europeans who lived through Nazi occupation, it's extremely important to show gratitude to all of them.

"All Americans over there – they were all heroes. They all had courage to go to battle, even though they were very young," Vossen said.

You can see "Ageless Friends" at film festivals and, if you happen to live in Morgantown, West Virginia, it'll be released at the MET Theater on June 18.

And I have to admit, I've written this story before. My great uncle died in World War II, and his grave at Henri-Chapelle American Cemetery was adopted by a fantastic young Belgian man, Lander Allaert. So I know firsthand the sense of gratitude that comes from knowing that a stranger can care so much about someone they never knew.

We need more of these young people. But judging by the fact that there's a waiting list to adopt a grave at Margraten, I think the younger generation is doing a good job of remembering.

You can view "Ageless Friends" movie trailer at <https://player.vimeo.com/video/129092988>



Army Pfc. James Wickline. — Photo courtesy of West Virginia Veterans Memorial

Stay informed with AFRICOM mobile app

USAG Stuttgart Public Affairs Office

The U.S. Africa Command has free mobile app available to help personnel stay informed about the AFRICOM mission, right in their pocket.

In addition to providing timely news about the command, the USAFRICOM mobile app contains information about the command's programs and recurring military exercises all in one place.

The app is packed with information and is a quick link to the latest news making headlines across the continent.

Personnel heading to Africa in need information about the area they are going to travel to can use the app to become more familiar with every country.



In addition to providing timely news about the command, the USAFRICOM mobile app contains information about the command's programs and recurring military exercises all in one place. — Photo by Kevin S. Abel, USAG Stuttgart Public Affairs.

BACKGROUND

Continued from page 5

Your appointment with the Background Check Administrator can be anywhere from 15 minutes to an hour, depending on the type of investigation needed. When a Background Check Administrator contacts you to set up your appointment, they will tell you what to bring. At most, you will need to bring proof of citizenship or U.S. immigration.

Q16: What types of information are considered “derogatory”?

Minor derogatory information. Document or date discrepancies, traffic violations, administrative actions or credit issues. We do not run credit reports on contractors or volunteers, so credit issues appear only if an applicant has a higher-level OPM investigation for a different purpose, such as a clearance or military investigation.

Moderate derogatory information. Minor, isolated criminal conduct that occurred more than 10 years in the past. Minor drug issues, an isolated DUI, other non-violent criminal act that is non-recurring.

Significant derogatory information. Non-minor drug issues, recurring alcohol related incidents, any violent crime or recurring criminal behavior. Acts that tend to indicate poor judgment, unreliability or untrustworthiness in working with children.

Mandatory disqualifying information. Conviction of a sexual offense, drug felony, violent crime or a criminal offense involving a child or children.

Q17: What if I have a criminal record? Can I still work with children in an Army program?

It depends on the type, severity and how recent the record is. Army Directive 2014-23 (with additional guidance memoranda) outlines the handling of specific categories of derogatory information. Your Program Manager or Background Check Administrator can provide more information on the Assistant Secretary of the Army guidance. (See also FAQs 16 and 18.)

Q18: What happens if you find derogatory records for me?

The process for handling derogatory information varies based on the investigative requirements of the program and the type of derogatory record (see FAQ 16). Your Program Manager will notify you in writing if any derogatory results in your background checks require you to respond. There are several processes based on the type of information returned on your background checks

Garrison Commander waiver for

minor derogatory information. In many cases, minor issues can be locally waived with no further action. The Garrison Commander (GC), at his or her discretion, may choose to waive minor derogatory information. If the GC chooses not to issue a waiver, the issue may be presented at the Installation Program Review Board.

Installation Program Review Board (PRB) for moderate and significant derogatory information. The Installation PRB is a board of subject matter experts that meets approximately twice a month to review cases of moderate and significant derogatory information. The Installation PRB includes representatives from the Garrison Commander’s office, the Staff Judge Advocate, Army Law Enforcement, the Army Substance Abuse Program, Child, Youth & School Services, Installation Security, the Family Advocacy Program, and other agencies as necessary. The PRB panel reviews investigative documents and makes a recommendation to the

Garrison Commander about the applicant’s suitability to work with children in accordance with DA policy. Moderate issues may be decided at the Installation PRB. Significant issues go through both the Installation PRB and the Department of Army PRB.

Department of Army Program Review Board (PRB) for significant derogatory information. All issues that require a Department of Army PRB decision must first be routed through the Installation PRB. If the Installation PRB renders a favorable decision, the case is then sent to the Department of Army PRB for a final decision. Once the Department of Army PRB makes a decision on a case, the decision is final. Even if an applicant moves to a new Army organization, the case will not be screened through this process a second time for the same issues.

Q19: If I have specific questions about my investigation status, who should I call?

Once the Background Check

Administrators have submitted all the background checks for you, the results are communicated to your Program Manager for their decision. Background Check Administrators only process investigative requests, but do not process or make decisions on the results.

Q20: My background checks are done, when can I start working?

Keep in mind that the background checks are only part of the vetting process. Other program requirements may include health assessments, CPR or other training, and orientations or inspections. Only your Program Manager can decide when you can begin working.

Q21: Where can I get a copy of my OPM investigation?

We are prohibited from releasing investigative results to the subject of an investigation. However, you may submit a Freedom of Information Act (FOIA) request to obtain a copy of your background investigation.

Visit www.opm.gov to learn more.

Your summer body by SOCAFRICA

SOCAFRICA adds outdoor fitness area on Kelley Barracks



Staff Sgt. David Bordbar (left) and Capt. Taniel E. Barragan construct pull up bars on Kelley Barracks, April 2016.

Story and Photos by Sgt. 1st Class Jessica Espinosa

Special Operations Command Africa made a boost toward better fitness for the community on Kelley Barracks by adding pull up bars and dip bars near the Cooper Field track throughout the beginning of April.

SOCAFRICA leadership coupled with engineers from the Logistic (J4) section to construct the new

equipment. Capt. Taniel E. Barragan and Staff Sgt. David Bordbar constructed the bars to be a graduated width and alternate heights to accommodate multiple body types.

“We’re doing this to help promote overall fitness in the Kelley community,” said Barragan. “It was constructed solely with troop labor and skills and all while maintaining the mission.”

Health Beat: New DOD App Helps Diffuse Nightmares for Better Sleep

By National Center for Telehealth & Technology (T2)

Being ambushed in a firefight but can't escape to safety. Being chased and can't find safe shelter. Flying through the air after an explosion flips your vehicle. From reliving our worst experiences to playing on our deepest fears, bad dreams – nightmares – can not only interrupt our rest, they can make us afraid to even go to sleep.

Nightmares are a normal way for the brain to process a traumatic event. Isolated nightmares are normal, but when dreams that consist of flashbacks, unwanted memories, visceral fear or anxiety recur often, they can become a debilitating sleep disorder, according to research done by the National Center for PTSD. The Defense Department's National Center for Telehealth & Technology has developed a new mobile application to help users

rewrite bad dreams to reduce the frequency and intensity of nightmares. The app, called Dream EZ (<http://t2health.dcoe.mil/dream-ez>), is based on a nightmare treatment called imagery rehearsal therapy (IRT).

According to Dr. David Cooper, psychologist and T2 mobile applications lead, Dream EZ is the first mobile app that uses IRT therapy to address nightmares. The app helps patients stay engaged in their own health care by continuing to practice IRT techniques between appointments.

IRT has steadily gained favor as a treatment for nightmares. In 2001, a landmark study found that this kind of therapy can help reduce nightmares' frequency and intensity, or even eliminate them.

The technique follows a step-by-step process for identifying, confronting and gaining control over the content of a nightmare. Working with a doctor or

therapist, a patient uses IRT to recall a nightmare. Then, using their emotions and senses, they visualize a new ending to the dream and regularly replay it over and over (similar to how an athlete visualizes their desired performance). Although patients do not usually dream their reimagined dream, most report fewer nightmares, or none at all, or they experience a different, less-disturbing dream.

IRT is effective, but it can be intense. Many people struggle with the idea of replaying frightening details about a disturbing dream over and over. Experts like Cooper recommend integrating the technique with psychiatry and behavioral health therapies to treat the underlying condition.

"Up to now, there's really been no app for treating nightmares that accompany PTSD," Cooper said. "In IRT, a patient must put effort into confronting the nightmare,

visualizing it, rewriting the plot and ending, and reiterating the new dream over and over for the therapy to be effective. In the past, this was done by hand on paper – but now we've worked to make it easier so you can just use your smartphone."

The Dream EZ app enables users to:

- Write and log a description of the nightmare
- Track when and how often the nightmare occurs
- Practice visualization techniques to rewrite the dream's plot and ending
- Record a new version of the dream, which can be played over and over before bedtime

"Dream EZ continues the T2 tradition of making apps that make behavioral health treatment easier," said Cooper.

The free app is available for Android and iOS devices at the App Store and Google Play.

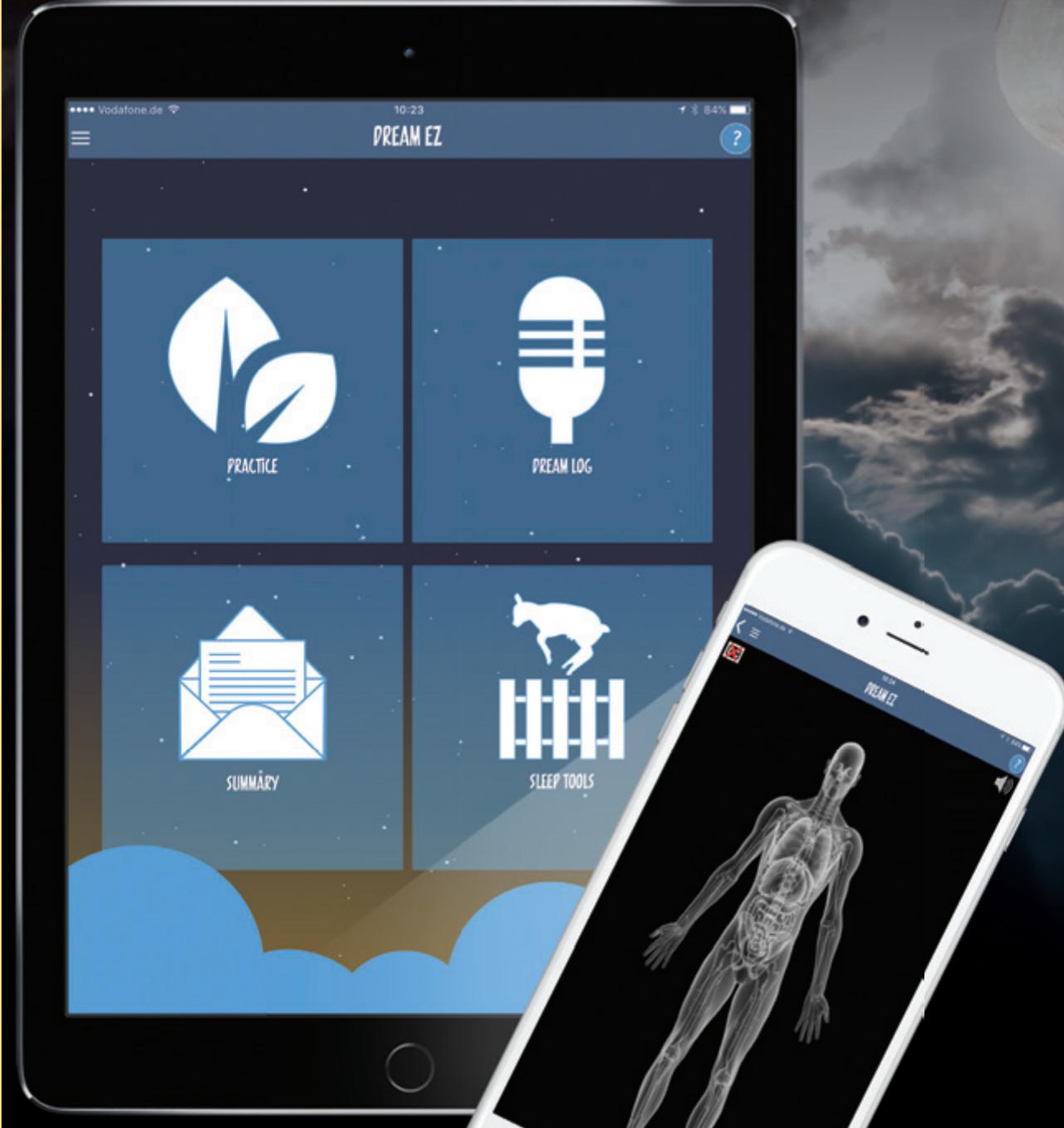


Photo by kdshutterstock/Shutterstock.com

About Dream EZ



The Dream EZ app also features:

A dream log with a rating function to track the intensity of dreams
Sleep tools such as muscle relaxation and diaphragmatic breathing exercises to help the user reduce feelings of stress and anxiety, and promote better sleep.

Reminders prompt users to practice the new version of the dream before going to sleep, and to log the previous night's dream after they awake.

A summary section that users can share with their health care provider to show how they've been doing between appointments.

CU 4 Reality program gives lesson in real-life finance



The Patch Middle School 7th grade class put their financial smarts to the test at the CU4 Reality educational program hosted by Service Credit Union May 13 at the Patch Community Club, Patch Barracks. — *Photo by Isabella Weibel*

By Holly DeCarlo-White
USAG Stuttgart Public Affairs Office

The CU 4 Reality Education Program, hosted by Service Credit Union, gave middle school students within the Stuttgart community a chance to learn about managing real-world finances, May 13 at the Patch Community Club on Patch Barracks.

The CU 4 Reality curriculum creates a fun and interactive learning environment where students can practice specific financial management skills and learn early on the consequences of debt when it comes to financial matters.

The program uses an in-class curriculum during the school year, culminating with the CU 4 Reality Fair, to teach participants important skills to equip them to handle money responsibly, set and adhere to budgets and avoid the pitfalls of debt.

The students created a spending plan based on a salary, balance needs versus wants, and make sure they are living within their means.

At the fair, each student received a file detailing the student's personal information specific to their career choice. It included their monthly gross income, and students calculated

their take-home pay and created a monthly spending plan as they progressed through booths representing various categories of expenses they can expect to incur. Students made decisions about what they would spend on various items such as food, clothing, housing, transportation, insurance, home furnishings, savings, investments, entertainment and credit.

To complete their course of studies, the seventh grade students spoke with representatives assigned to each of these life areas to help them understand the importance of their choices on many expenses they will face in adulthood.

View the event photo album on our Flickr site at <http://bit.ly/CU4Reality>



Volksmarching: Get fit and see Germany today

By Megan Brown
Special to the Citizen

Editor's Note: Megan Brown is a Stuttgart High School career practicum intern for the USAG Stuttgart Public Affairs Office.

J.R.R. Tolkien once said, "not all those who wander are lost." The Stuttgart German-American Wandering Club (SGAWC) understands this point better than most.

Volksmarching, or peoples march, is one of the safest, noncompetitive, and popular activities around the world. Even though there is always a destination and a clearly marked path, it is easy to lose yourself in the journey, discovering waterfalls, Christmas Markets, and even festivals along the way.

Volksmarching was founded in Germany in the 1960's. The SGAWC was founded not long after in 1972. Since then, organized marches have



been taking place all over the world from Kentucky to Florida.

What is Volksmarching?

Volksmarching is an informal club dedicated to exploring the forest and promoting a healthy outdoor lifestyle. Its main objective is to foster fellowship, comradery, and most importantly, the spirit of adventure.

The SGAWC promotes participation in the walks of the various Volksmarching clubs here in Baden Württemberg and the rest of Europe. The club plans and marks several walking trails and excursions within Baden Württemberg area on a monthly basis, open to anyone interested in joining.

The march begins by finding the "starthalle," or the location of where to start each Volksmarch. The starting points are listed on the SGAWC website as they are confirmed throughout the month with GPS coordinates and public transportation information on how to get there. The starting point is also usually the place where the walk ends. Make sure to pay attention for the "Startkarten-Ausgabe" sign as it will direct you to the starting area.

Distances normally offered are 5, 10, or 20 km, with the occasional marathon distance of 42 kilometers.

The start time is open, people arrive and begin the trail as they like during the day. Walks are not timed and can be completed at each individual's own pace.

Upon arrival to the starthalle, if SGAWC representatives are there, people can purchase a membership stamp card (in orange or yellow) to receive extras for participating. The regular card is two euro and comes with free refreshments. The "Auszeichnung" card is four euro, and includes a prize at the end of the trail such as a collectible medallion to show for completing the march.

Once passing the starting area, follow the trail markings (example markings include color tape on trees) of the specific course of interest. Distances range from 5 to 42 kilometers. It is important to follow the designated markings so not get caught up in another trail.

Along the pre-determined routes, participants can take part in a challenge to obtain stamps at different points along the way in order to win

a token prize upon completing the full trail. These meeting points are where to get the cards stamped to prove course completion and enjoy refreshments.

Once completed, the stamped Start Card must be presented to the Medallion-Ausgabe table to claim the "Auszeichnung" and then turned into the Stempel Table to receive credit (stamps in one's "tracking book").

Tips

Do not forget your camera, the scenery is worth taking pictures off.

New walkers can receive a free beginner's stamp book.

Young walker tours are available for children. Participants receive crayons and an answer sheet to answer questions along the trails. At the end, children can turn in their answers for a prize or certificate.

Bring a backpack to carry water, snacks, euro, sunglasses, and a camera.

Comfortable walking shoes are a must.

The 5K walk is generally stroller friendly, sometimes the 10K is as well. The information will specify on the GAWC website for each march.

Dogs are allowed as long as they are on a leash.

To purchase food or drinks at the control points during the march, go to the cash register for a receipt to redeem at the food tables.

Clubs, private organizations and groups with the most participants can win special group prizes, so be sure to state your affiliation when obtaining the membership card at the beginning of the march.

For more information

U.S. based Volksmarching events,
<http://clubs.ava.org>.

World-wide Volksmarching events,
<http://www.ivv-web.org>

Baden Württemberg Volksmarching events, <http://www.sgawc.org>

Upcoming Volksmarch events scheduled in June

Jun. 4 Buchenbach/Jagst / Baden-Württemberg

Trails: 5, 10 and 20 km route options. Start between 8 a.m. - 1 p.m. End at 5 p.m.
Address: Mehrzweckhalle, Herrenwiesenweg 20, 74673 Mulfingen-Buchenbach.
GPS-coordinates: 49.304403,9.804991

Jun. 5 Buchenbach/Jagst / Baden-Württemberg

Trails: 5, 10 and 20 km route options. Start between 7 a.m. - 1 p.m. End at 5 p.m.
Address: Mehrzweckhalle, Herrenwiesenweg 20, 74673 Mulfingen-Buchenbach.
GPS-coordinates: 49.304403,9.804991

Jun. 11 Wolfschlügen / Baden-Württemberg - Stammtisch

Trails: 5, 10 and 20 km route options. Start between 7 a.m. - 1 p.m. End at 5 p.m.
Address: Festhalle, Ulrichstraße 9, 72649 Wolfschlügen.
GPS-coordinates: 48.650157,9.291349

Jun. 12 Wolfschlügen / Baden-Württemberg - Stammtisch

Trails: 5, 10 and 20 km route

options. Start between 7 a.m. - 1 p.m. End at 5 p.m.
Address: Festhalle, Ulrichstraße 9, 72649 Wolfschlügen.
GPS-coordinates: 48.650157,9.291349

Jun. 18 Mühlacker-Enzberg / Baden-Württemberg - Stammtisch

Trails: 5, 10 and 20 km route options. Start between 10 a.m. - 3 p.m. End at 5 p.m.
Address: Festhalle Enzberg, Kanalstraße 2, 75417 Mühlacker-Enzberg
GPS-coordinates: 48.932343,8.801389

Jun. 19 Mühlacker-Enzberg / Baden-Württemberg - Stammtisch

Trails: 5, 10 and 20 km route options. Start between 7 a.m. - 1 p.m. End at 5 p.m.
Address: Festhalle Enzberg, Kanalstraße 2, 75417 Mühlacker-Enzberg
GPS-coordinates: 48.932343,8.801389

Jun 25 Guided Volksmarch through Schömburg-Langenbrand / Baden-Württemberg.

See website for details coming soon.

Jun. 26 Albstadt-Onstmettingen / Baden-Württemberg

See website for details coming soon.

Stuttgart gets a taste of Asian American, Pacific Islander heritage



The "Pilipinas Dance Group" enchants the crowd in colorful costumes during Asian American Pacific Islander Heritage Month observance, May 7, at the Exchange on Panzer Kaserne.

Story and Photo by Holly DeCarlo-White
USAG Stuttgart Public Affairs Office

U.S. Army Garrison Stuttgart celebrated Asian American Pacific Islander Heritage Month in partnership with the Exchange, May 7 on Panzer Kaserne with entertainment, an art exhibit and dessert samplings.

Col. Glenn K. Dickenson, USAG Stuttgart commander, kicked off the observance by first sharing important statistics with the audience: more than 67,575 Asian Americans and Pacific Islanders currently serve in the U.S. military; over 56,200 are enlisted, while about 11,375 are officers. Approximately, 28,265 serve as Department of Defense civilians.

During the month of May, garrisons across the globe hold observance

events to celebrate Asians and Pacific Islanders in the U.S. A rather broad term, Asian-Pacific encompasses all of the Asian continent and the Pacific islands of Melanesia (New Guinea, New Caledonia, Vanuatu, Fiji and the Solomon Islands), Micronesia (Marianas, Guam, Wake Island, Palau, Marshall Islands, Kiribati, Nauru and the Federated States of Micronesia) and Polynesia (New Zealand, Hawaiian Islands, Rotuma, Midway Islands, Samoa, American Samoa, Tonga, Tuvalu, Cook Islands, French Polynesia and Easter Island).

Attendees enjoyed an artwork exhibit, with traditional heritage costumes on display provided by the Philippine American German Association.

With three traditional dance

performances, led by the "Pilipinas Dance Group," dressed in colorful costumes, the entertainment was the highlight of the event enchanting the crowd of all ages. The history and meaning behind each dance was introduced, and at the final dance, the group happily encouraged eager audience members to join in to learn the steps.

Exchange staff member and event organizer, Cynthia Jack, who is of Filipino descent herself, shared that hosting a cultural event like this one for military families is important to bring awareness to the traditions and heritage of so many personnel. In fact, one of the dance group performers is an active duty service member.

The event concluded with traditional Asian dessert samples for all

Stuttgart community members to taste.

To volunteer for future observance events, contact the Equal Opportunity office at DSN: 430-7945/civ. 07031-15-7945.

For more photos of the event visit <http://bit.ly/StuttgartAAPIHM>



Olympians help Stuttgart Piranhas

By Kevin S. Abel

USAG Stuttgart Public Affairs Office

Olympic athletes Aaron Peirsol and Kim Vandenberg visited Sindelfingen on Saturday, May 21, for a swim clinic to help Stuttgart Piranhas improve their swimming strokes and get ready for swim season, which runs from August through February.

The clinic featured two sessions that allowed the Olympians to teach in a small group settings, maximizing the time spent with each swimmer. During the clinic, the Olympians focused on favorite drills that helped them throughout their career to become a faster swimmer.

“As a coach, I learned some new drills that will benefit our swimmers,” said Andrea Symak, head coach, Stuttgart Piranhas. “I think overall our team was thrilled to have Aaron Peirsol and Kim Vandenberg here to instruct.”

Peirsol is a three-time Olympian and seven-time Olympic medalist, earning five gold and two silver medals. He currently holds the world record in the 100-meter and 200-meter backstroke and the 4×100-meter medley relay. Vandenberg who is a butterfly swimmer, was a member of the bronze-medal-winning U.S. team in the women’s 4×200-meter freestyle relay at the 2008 Summer Olympics in Beijing.

“These kids are at the age that both Aaron and I started swimming,” said Vandenberg. “When I was their age, I looked up to the Olympic athletes, so for me it’s so important to give back to the community.” Adding that she, “find(s) that a lot of younger swimmers doubt their abilities; you must believe in yourself and your abilities.”

The day started with the younger swimmers getting their chance in the pool and two hours of training to help improve the foundations of the backstroke and butterfly.

The afternoon training session



Stuttgart Piranhas swimmers practice what they have learned during the day of drills and training taught by the Olympic swimmers as Aaron Peirsol watches from center pool. — Photo by Kevin S. Abel, USAG Stuttgart Public Affairs Office

allowed the seasoned swimmers to take a moment to get to know the Olympians and their training regiments. “It is interesting to know their favorite drills to correct technique, what type of sets they like to work on and their approach to teach different age groups,” said Symak.

“The best thing about the Olympians being with us was when each one of us had the chance to interact with Peirsol and Vandenberg, personally, all throughout the clinics,” said Annelise Meyer, senior swimmer, Stuttgart Piranhas. “A few of us have had other opportunities to meet Peirsol and Vandenberg long before this clinic. I was coached by Peirsol at the University of Texas swim camp when I

was nine years old, and it was really cool to interact with him once again.”

To round out the clinic the Stuttgart Piranhas’ swimmers had the opportunity to race the Olympians in their choice of strokes.

“It was an awesome privilege to have Aaron Peirsol and Kim Vandenberg here conducting a clinic for the Piranhas in Germany,” said Meyer. “We don’t have the same opportunities to attend swim clinics as other swimmers do in the United States, it was a very exciting and unforgettable experience.”

The Stuttgart Piranhas are an international youth swim team open to swimmers in the Stuttgart area, representing

the United States and the Stuttgart Community. The team is part of the European Forces Swim League, competing in swim meets around Europe including Germany, Italy, Netherlands and Belgium.

For more information on the Stuttgart Piranhas or to register contact registrar@stuttgartpiranhas.org

To view more photos from the swim clinic visit our Flickr site at <http://bit.ly/stuttgartpiranhas>



Olympic athlete Aaron Peirsol races the length of the pool at the Maichingen Gartenhallenbad in Sindelfingen, Germany, May 21 against swimmers of the Stuttgart Piranhas to finish out a day of drills and training. — Photo by Kevin S. Abel, USAG Stuttgart Public Affairs Office

Piranhas has perfect swim strokes



Olympic athlete Aaron Peirsol gives instructions from the starting block as members of the Stuttgart Piranhas listen intently during a day of drills and training at the Maichingen Gartenhallenbad in Sindelfingen, Germany, May 21. — Photo by Carolyn Andros



Young Stuttgart Piranhas watch as Olympic athlete Kim Vandenberg demonstrates her favorite drills that helped throughout her career to become a faster swimmer. — Photo by Kevin S. Abel, USAG Stuttgart Public Affairs Office



Stuttgart Piranhas listen to Olympic athlete Kim Vandenberg explains how to become a better swimmer by training with drills that help increase efficiency and speed. — Photo by Carolyn Andros

Have fun with the locals



events



Photo by yumofoto & Contrail / Shutterstock.com

Strawberry festival

Sat, Jun 11

Esslingen, city center

Visit the Strawberry Festival on Esslingen's Otilienplatz on June 11 for a full day of red-berried fun including exotic recipe inspirations, delicious fruity treats and everything else that your summer-loving heart desires. Admission is free. For more information go to www.esslingen.de

EVENTS

Horse market

Fri, Jun 3 – Mon, Jun 6

Ludwigsburg, Marktplatz

The traditional horse market in Ludwigsburg is the oldest event in the city and will take place from June 3 to 6. The highlight will be the pageant where spruced up horses and adorned carriages will be voted on. Besides great horse shows and tournaments, a traditional merchant market "Kramermarkt," an arts and craft market and more will be provided. Children can ride the ponies and take part in other activities. For more info and the entire program see www.ludwigsburg.de

Dine & dance in Neuberths am See

Fri, Jun 3

Böblingen, Neuberths am See

Enjoy a delicious dinner with your family or friends at Neuberths am See in Böblingen along with its beautiful view of the lake before it turns into an illuminated dance floor on June 3 from 9 p.m. to get the party started. For more information go to www.stuttgart-tourist.de

Gourmet market

Fri, Jun 3

Leonberg, city center

Buy fresh, locally grown and produced foods at Leonberg's weekly gourmet market every Friday on market square. You can find everything from fruits and vegetables including free-range eggs, dairy and meat, and freshly baked goods at appropriate prices. For more informa-

tion go to www.leonberg.de

City tour

Sun, Jun 5

Leonberg, Alter Friedhof

Join a two-hour guided tour of Leonberg to find out more about the city's history, especially its role during the Third Reich including the concentration camp. The group meets on June 5 at the Alter Friedhof (old cemetery) at 11:15 p.m. for a two-hour walking tour in German, English info is available. Admission costs €3.50 per adult, children under 16 are free. For more information go to www.leonberg.de

Matter of View

Thu, Jun 9 – Fri, Jun 10

Plochingen, Galerie der Stadt Plochingen

Architecture photographer Frank Double welcomes you to his exhibition of photographic masterpieces at the Galerie der Stadt Plochingen on June 9 from 7:30 p.m. For more information go to www.plochingen.de

Irish music on the Enz river

Sat, Jun 11

Vaihingen, Kleines Podest am Enzufer

On June 11, Vaihingen invites you to enjoy a romantic punt-tour on the Enz river including Irish live music, a delicious dinner with a view of the castle and an illuminated river on your way back around 10 p.m. The tour starts at the Kleines Podest am Enzufer, costing €49 per adult. For more information go to www.stuttgart-tourist.de

Roller Girls vs. Roller Derby

Sat, Jun 11

Stuttgart, Sporthalle West

Roller Derby can be shortly summarized to a race on roller skates but in reality there are endless rules to make games more exciting and action-packed. Whether you're already a fan or just want to know what it's really like: Stuttgart's Hit Girls, Germany's very first roller derby team, invite you to watch them speed against France's team, the Roller Derby, and cheer them on at the Sporthalle West on June 11. Admission is free. For more information go to www.rollergirlz.de

Underground Tour

Thu, Jun 16

Esslingen, city center

Experience Esslingen's underground during the tour "Keller, Krypta, Katakomben" (cellars, crypts, catacombs). The tour will start at 5 p.m. from the "Dicker Turm" (big tower) at the castle and will lead to Esslingen's ossuary under the city archive, some excavations and many more secret locations. The tour is normally in German but if you inform the Tourist Information at your registration, they do a bilingual tour. Admission is €11. For more info call 0711-39693969 or see www.esslingen-marketing.de

CONCERTS

Elton John

Sun, Jun 5

Rastatt, Residenz-Schloss

See Elton John live in Rastatt at the Residenz-Schloss on June 5. Show starts at

7 p.m. Ticket price starts at €98.90. For more information go to www.eventim.de

Paul McCartney

Fri, Jun 10

München, Olympiastadion

One of Liverpool's finest is coming to Germany. To be more exact, he is coming to München on June 10. Paul McCartney is known as the singer and bass guitarist of the Beatles. Ticket prices start at €95 and the event starts at 8 p.m. in the Olympiastadion. Get your tickets quick to see this legend. For more information go to www.eventim.de

SPORTS

American Football

Sat, Jun 11

Stuttgart, GAzi-Stadion

ASC Stuttgart Scorpions are playing against Allgäu Comets on June 11 in the GAzi-Stadion. Ticket price starts at €10. Game start at 6 p.m. For more information go to www.stuttgart-scorpions.de

Mercedes Cup

Sat, Jun 4 – Sun, Jun 12

Stuttgart, Tennisclub Weissenhof

The Mercedes Cup is one of the world's most important tennis tournaments and is to be considered a ATP classic event. From June 4 to June 12 you can see some of the top players. This event has been held since 1979 in the Weissenhof tennis grounds. Ticket prices vary pending seating area. For more information go to www.mercedescup.de

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8:30 a.m. – Panzer Liturgical, Bldg. 2940
10 a.m. – Robinson Barracks, Bldg. 115 and 116
10:30 a.m. – Panzer Contemporary, Bldg. 2940
11 a.m. – Patch Collective Protestant, Bldg. 2304
12:30 p.m. – Panzer Gospel Service, Bldg. 2940

JEWISH SERVICE
(1st and 3rd Friday of each month)
7 p.m. – Panzer, Bldg. 2940*

*Small side Chapel. Enter from the Galaxy Bowling and Entertainment Center side.

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Monday
11 a.m. – Patch, Adoration
11:45 a.m. – Patch
Tuesday
11:45 a.m. – Patch
Wednesday
11:45 a.m. – Kelley
Thursday
11:45 a.m. – Panzer
Saturday
4:15 p.m. – Panzer, Reconciliation
5 p.m. – Panzer
Sunday
9 a.m. – Patch
Noon – Robinson Barracks
5 p.m. – Patch

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2010 Volkswagen GTI, 2.0L Turbo 200HP, Sport Hatch, automatic, gas, Dark Grey Metallic, GTI Cloth Interior, \$15.995, contact mark@americanmotors.net, 0176-93136972



2010 Volvo XC90 3rd Row SUV (S1396), Used Car Guys Used Cars Ramstein Kaiserslautern Baumholder, Jacob-Pfeiffer-Straße 100 67661 Kaiserslautern Germany, \$19499, phone: 0631 98 741, email: nathan@usedcarguys.net

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2011 Ford Fusion SEL. NADA lists for \$15,000; selling for \$14,000. 47,000 miles; 6-Speed autom; Red candy metallic tinted w/ charcoal black leather upholstery. New all-weather tires and new rear brakes. Contact mjmapes@yahoo.com or 015232717578.

2011 Hyundai Sante Fe GLS V6 (S1431), Automatic Crossover, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$15799, phone: 0631 98 741, email: nathan@usedcarguys.net

2011 Jeep Compass Sport (S1454), Automatic SUV Crossover, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$10999, phone: 0631 98 741, email: nathan@usedcarguys.net

2012 BMW 128i, 3.0L, i6, 230HP, 28,470 miles, Blue Metallic, Cream Leather interior, \$25,495, contact mark@americanmotors.net, 0176-93136972

2011 Jeep Grand Cherokee 4x4 Laredo (S1437), Automatic SUV 4X4, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$22999, phone: 0631 98 741, email: nathan@usedcarguys.net

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2011 Volvo C30 T5 Turbo LOADED (S1478), Automatic Turbo Hatchback, Jacob-Pfeiffer-Straße 100 67661 Kaiserslautern Germany, \$19799, phone: 0631 98 741, email: nathan@usedcarguys.net.

2012 Dodge Durango SXT AWD 7 Seats (S1434), Automatic 7 Seater SUV, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$21699, phone: 0631 98 741, email: nathan@usedcarguys.net.

2012 GMV Acadia, 3.6L V6 288HP, 63,764 miles, automatic, Gas, black metallic, grey leather, \$24,995, contact mark@americanmotors.net, 0176-93136972

2012 Honda Pilot EX-L 4WD 8 seater (S1311), Automatic SUV 8 Seater 4 Wheel Drive, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$28999, phone: 0631 98 741, email: nathan@usedcarguys.net

2012 Hyundai Elantra, 1.8L, Sedan, 48,050 miles, automatic, gas, Grey Metallic, Grey Leather interior, \$15,995, contact mark@americanmotors.net, 0176-93136972



2012 Hyundai Sonata SE Sedan (S1345), Used Car Guys Used Cars Ramstein Kaiserslautern Baumholder, \$15999, phone: 0631 98 741, email: nathan@usedcarguys.net.

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2012 Jeep Patriot Latitude 4x4 Sunroof (S1436), Automatic SUV, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$17499, phone: 0631 98 741, email: nathan@usedcarguys.net

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2012 Jeep Wrangler Rubicon, 3.6L, V6, 285 HP, 49,209 miles, SUV, manual, gas, Silver Metallic, Dark Slate Grey interior, \$29,995, contact mark@americanmotors.net, 0176-93136972

2012 Nissan Maxima, 3.5L, V6, 290HP, Sedan, 24,250 miles, automatic, gas, Deep Purple, Beige Cloth interior, \$23,495, contact mark@americanmotors.net, 0176-93136972

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2014 Honda Pilot EX with Leather (S1305), Automatic SUV 7 Seater, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$30999, phone: 0631 98 741, email: nathan@usedcarguys.net.

2014 Jeep Cherokee Latitude 4x4 (S1475), Automatic Crossover 4X4, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$22999, phone: 0631 98 741, email: nathan@usedcarguys.net

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Belkin, Surge Master, under monitor power center, 110V, never used, \$15.00. Pic available - cchhrrriiss99@netscape.netWiesbaden, 0611 / 5858 9640, call after 19:00 or leave message.

Canon BJC 7000 Color Bubble Set Printer. Incl. Cartridge and USB Cable. CD Booklet. chefsteven2015@gmail.com

Dell Inspiron 23 - All-in-one desktop computer, desktop computer, Brücken (Pfalz) Germany, \$450.00, email: charleshtollejr@outlook.com, phone: 015144959369

Food Steamer. 3 Tiers of Stackable Baskets. 60 min. Timer with Bell. Up to 8ltr. Capacity and 1.1ltr. Rice Container. 220V. Orig. Box.chefsteven2015@gmail.com

Foot Massage Bath. 5 Massage Settings. With Heating. Massageball + Massagebrush. 3.3ltr. 100 Watt.220V. User Guide. Orig. Box. \$15. chefsteven2015@gmail.com

Honda Cassette Car Ra dio.chefsteven2015@gmail.com

Garment Press, Kalorik, 110V, Kalorik Garment Press, 110V, new \$ 349.00, asking \$75.00.Wiesbaden, 0611 / 5858 9640, call after 19:00 or leave message.

Great Hyundai Computer screen - 17 inch. comes with stand. Dual voltage. Includes VGA monitor cord. Works great. \$40 brethelenius@googlemail.com

Hair Dryer. 3Heat + 2Speed Settings. Cold Shut Button. Concentrator + Finger Diffusor Attachment. Lightweight. Super Quiet. Removable End Cap. 1875 Watt. User Guide. Orig. Box. chefsteven2015@gmail.com

Heating pad, neck massage, Sofa heating pad, Silver Crest, 220V, 100W, 30x40 cm, rapid heat up, 0-6 temperature settings, Automatic switch-off function after approx. 90 minutes, washable, red color; andElectric neck heating pad, TCM, 38x38 cm, 100% cotton, 220V, 46W, washable, 0-3 heating settings; andNeck massager with Sound, Scholl, with heat setting, magnets, 8 natural sound options, generated from 2 built-in speakers, mains or battery operatedall of them in a good shape, lying idle, separately, \$20, pacesun@gmail.com

HP PC with Mouse, Keyboard and Remote. Orig.Box.chefsteven2015@gmail.com

Induction hob ECO 2000, Inductionhob ECO 2000, glass-ceramic surface, plastic touchpad, automatic pot recognition, 10 power settings, time function 1 to 180minutes at 1 minute intervals, temperature preselecting 60-240°C, 220V, overheating protection, lying idle - looks like a new one, pacesun@gmail.com

Juicer sized to fit lemons, limes, oranges and grapefruits.Orange top w/ filter & pourer.Container made from glass.12 ounces (355ml.).NEW.chefsteven2015@gmail.com

LCD TV 24" HDMI/DVI/VGA/PC/DVI/USB Remote Control User Guide Orig. Box.chefsteven2015@gmail.com

Phillip iPod/CD Stereo, Designer, table top stereo. Holds a CD or put your iPod Touch on it. Loud enough for one room. Perfect for a small location. Can charge it and take it outside when grilling, too! Original price: €350. Used only a couple of times. john@advanti.pro.de

Transformer. USA Voltage Converter.chefsteven2015@gmail.com

Sony 20 CRT TV (model KV 20S40), \$20 - NOT a flat screen, but works well. phone: 015144955943



Router, Belkin N150, \$10, jcamb@yahoo.com

Sony Cassette Car Stereo. Protection Case. Cables and User Guide. chefsteven2015@gmail.com

The perfect system to watch satellite programs in English or German Sony Bravia LCD flat screen color TV and Atemo AM 500 HD Satellite receiver selling as a complete set. \$195. for both, al@merwitz.com

Toshiba 40 inch Regaza HDTV For Sale, Flatscreen HDMI Remote Surround Sound, 67273 Weisenheim am Berg Germany, €175, email: brethelenius@googlemail.com, phone: 01623305535

Treadmill - Proform 635 CW, \$249, timboney_52@hotmail.com, well maintained/functioning treadmill. Adjusts for speed & slope. Cross fit ski poles adjustable for tension. Emergency situation stop.

TVs, Voltage Regulators, €250, cbpohlman@aol.com

White leatherette case for IPAD mini W/removable bluetooth keyboard, \$45.00, firm. al@merwitz.com / 06371-60179



White Mini IPAD. Infrequently used. No scratches or blemishes. Latest IOS installed. \$169.00. 06371-60179

XtremeMac iPhone Radio Clock, MP3 Player Remote Alarm Docking Station, 67273 Weisenheim am Berg Germany, \$75, brethelenius@googlemail.com, 01623305535

Samsung TV's, 1 black, 1 silver, 21" screen. very good condition. Asking \$40.00 ea. OBO. For more info please after 1700 hrs. 01638853574.

Yamaha AV Receiver/Amplifier Premium Aluminium. Dolby Digital/ EX Decoder. Pro Logic II. 100 Watts x 10. AF/FM Tuner. 40 Station Random + Direct Tuning. Remote Control. User Guide. Dual Voltage. Excellent Working. chefsteven2015@gmail.com

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2012 rear seat cover made for Volvo XC60, designed by Volvo to fit the rear seat like a glove with spaces for the seat belts and zippers to accommodate the 40/60 split design, must have for kids and/or dogs! Kaiserslautern \$100.00 obo, text 0151-706-11124

30 Plastic Clothes Hangers. Strong and Durable. Black. bethmary100@gmail.com

50 Plastic Clothes Hangers. Black. Strong and Durable. chefsteven2015@gmail.com

50 Plastic Clothes Hangers, Strong and Durable, Black, €10, bethmary100@gmail.com

6 Step Metal Ladder. Foldable. bethmary100@gmail.com

8 beverage glasses. 16 oz. 6.5highx3.5diameter. Perfect for ice tea, smoothies. bethmary100@gmail.com

9 Slot Storage Block. Space for Chef Knife, Meat Forke, Sharpener, Shear and 5 other knives. Hard and Durable Wood (Buche). \$25. bethmary100@gmail.com

Adidas Traxion Soccer shoes for men size 8.5, soccer soccer shoes adidas adidas traxion used, 75385 Bad Teinach-Zavelstein Germany, €15, phone: +4932212152735, email: asti.wb@gmail.com.

Alessis 110V/220V digital performance/studio piano w/chair, music stand, stool, hard case 750\$, call 06374-991073 pls leave a message

Baby Jogger Summit 360 Jogging Stroller, \$275, phone: 015144955943

Barbie and Ken Collection. bethmary100@gmail.com

Bath Robe.Black. 100% Polyester Sherpa Fleece. Shawl Collar.Long Sleeve. One Size fits All.Orig. Box. NEW. bethmary100@gmail.com

Bicycle, Womans Fischer German Bike. Like new. \$50.00. Must be able to pick-up. Please email: tropicalparadise96@gmail.com

Bicycles, 4 Bikes. 2 Adult Girls style, 1 Adult Male Style, 1 Kid bike. One girls bike needs new brake cable, others in minor states of needed repair. \$175 for all 4 or \$50 Each. Sold As Is. Make an offer! Pick Up Only! email stvvee@sbcglobal.net for pictures.

Blanket Horse. 72"x52". Reversible. Heavy Quality. Machine Washable. Machine Dry At Low Heat. Great Condition. \$25. chefsteven2015@gmail.com

Body Fat Scale. Digital Display. Precision of 100g. Precision Body Fat 0.1%. Max 140 kg. Save Info for up to 10 User. User Guide. Orig.Box.chefsteven2015@gmail.com

Brambach Baby Grand Piano (manufactured NYC) Built in the early 1920s, this 5' baby grand is in very good condition and plays perfectly. Tuned last on February 19,2016. \$2500 or best offer.marthaoyan@gmail.com

Brass Companion Set, 5 pieces.Poker, Tongs, Dust Brush and Pan.16 High.Orig. Box.NEW.bethmary100@gmail.com

Brassed 4 fold firescreen stands.21 High.Orig. Box.NEW.bethmary100@gmail.com

Buffalo leather shoes for men size 10, shoes leather shoes men size 10 used, 75385 Bad Teinach-Zavelstein Germany, €15, phone: +4932212152735, email: asti.wb@gmail.com.

Candle Holder, Has black metal and glass housing. Large, over 3 feet high. Rustic look. Great for Indoors or Outdoors. Holds a very large candle. Helps create a warm, cozy atmosphere. john@advantipro.de

Candle Holder. Iron Base with Glass Cylinder. 9" High.chefsteven2015@gmail.com

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Canon Camera with Case.Canon Camera Sure Shot 85 Zoom.User Guide.Orig. Box.Case Logic Camera Case 3 Pockets (2 Zipper Pockets).Belt Loop).Very Sturdy. chefsteven2015@gmail.com

CD/DVD Organizer, Perfect for a small location. Black metal. Sturdy. john@advantipro.de

Chopper. Stainless Steel Blades. Stainless Steel Body for Durability. Orig.Box. NEW.chefsteven2015@gmail.com

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Covered Bowl Korea. Porcelain. 24 Carat Gold Trim. 3.5" Diameter. Handpainted. €35. chefsteven2015@gmail.com

Craftsman Gas Lawn Mower, \$150, 2 years old Please contact goworko_99505@yahoo.com

Crystal Heart Rosenthal, Germany. Heart Shaped Crystal. Clear Crystal. 3". Orig. Box. chefsteven2015@gmail.com

CURVE for MEN, Curve Cologne Men scent perfume, NEW, Kaiserslautern \$15, email: ace333jenny@yahoo.com

Dallas Cowboy Hat. NEW. chefsteven2015@gmail.com

Decorative Glass Bowl Blue.Square.10.5".bethmary100@gmail.com

Mirror with Wood Frame.27Highx19Wide. bethmary100@gmail.com

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Foldable Laundry Drying Rack.Very Sturdy.Rustproof Design and easy to store.38Wx26Dx36High. Extends max. to 44Deep. bethmary100@gmail.com

For Sale, €150, ysamek@googlemail.com, German 220, Whirlpool front loader washing machine. Please after 1700 hrs. 0163-8853574

Garment Bags, 2 garment bags with pockets-for up to 5 garments-durable material-weather resistant-2 pockets for accessories-full length center zipper-great-condition (used the bags twice, ab918855@gmail.com

German Beer Stein Octoberfest. Decorative Pewter Lid (Carriage). Limited Edition. Heavy Quality. 10"High. €115. chefsteven2015@gmail.com

German Beerstein Octoberfest.Decorative Pewter Lid (Carriage).Limited Edition.Heavy Quality.10"High.NEW.chefsteven2015@gmail.com

German Pewter Cup Set. Engraved with Wildlife Theme. 3.25"High. 95% Pewter. NEW.chefsteven2015@gmail.com

German Pewter Cup. Engraved with Steffi Graf Design (3 Different Motifs). 3.5" High. 95% Pewter. new. chefsteven2015@gmail.com

German Pewter Plate. Engraved with all 16 German Regional District Logos. 9"Diameter.chefsteven2015@gmail.com

Gilde Clown. Gilde, Germany. 3.5" High. Handpainted. €12. chefsteven2015@gmail.com

Gourmet Grill Utensil Set, Beautiful high-end chrome set. Solid quality for the serious Grill Meister! Packed in an elegant chrome briefcase! Never been used! john@advantipro.de

Griddle Cuisinart, Dual Temperature Controls for Grill/Panini and Griddle, Reversible Nonstick Plates Switch from Grill to Griddle, Integrated Drip Tray for Easy Storage, User Guide, Orig. Box, NEW, €65 chefsteven2015@gmail.com

Hand-carved Indonesian table + 6 chairs + two matching cabinets \$990 Indonesian and Thai dolls - each \$35 Antique French Louis XIV cabinet - \$750Set of 6 Indonesian shadow dolls - \$125, call 06374-991073

Hindu Goddess Statue, Bought in New Delhi, India in 1988. Solid brass. Golden accents. Really nice conversation piece and cool, artsy decoration for your home. Great gift! john@advantipro.de

Horizon Adventure 6 Treadmill, \$300.00, phone: 015251048003, email: tvaughn31@gmail.com.This treadmill is aimed at the professional runners, with an extra wide running track it is very robust. This treadmill folds for storage and has wheels for moving.

House Plant with Planter PotLarge house plant. Very healthy and still growing. john@advantipro.de.

Ice Skates black.Size 10.5 (42).NEW.bethmary100@gmail.com

Indoor Putting Set, Nice leather case, zips up for easy of carrying, storing. Perfect gift for your addicted golfer. Comes with everything you need to get started. john@advantipro.de

Items for Sale, Crane tabletop leg/arm exerciser, \$25.00, Callaway Clones Golf Clubs, 3-9 Irons, PW, SW, good condition, \$40.00. Contact Tom Rewis, Casa.rewis@t-online.de or 0171-363 0906.

Kitchen Aid Hand Blender silver. 2 Speed. Quiet, Powerful Motor. Blend, Puree and Crush. Soft Grip Handle. Blending Arm Dishwasher Safe. 3 Cup Jar with Lid. User Guide. Orig.Box. NEW.chefsteven2015@gmail.com

Lot's of things, All Free. A stand for a terrasse Satellite Dish, A Garden Classic Spreader, A 110V Alarm Clock. A Proctor Silex Stream Excel 110V, 2 Line Cordless Phone with headset 110V, A Cuisiant toaster 110V. goworko_99505@yahoo.com

Lounge Chair, Hunter Green with nice (neutral) green mat that goes on top. Heavy metal frame -- very durable. Has wheels, easy to move around. Folds together to ease carrying. Get ready for spring! john@advantipro.de

Luxury Makeup Brushes Emerald City, makeup classes, makeup brushes, Leonberg Germany, €72.00, phone: 015128123403, email: tabby6199@gmail.com

Marilyn Monroe Glass Coasters Set of 4. \$12. chefsteven2015@gmail.com

Marilyn Monroe Box 12" x 8". \$15. chefsteven2015@gmail.com

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Nike Sports Travel Bag Large.Black.3 Compartments.2ft.Longx1ft.Highx1ft.Wide.Perfect Condition.chefsteven2015@gmail.com

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Nike Zoom New for men size 8.5, sneakers nike zoom new shoes, 75385 Bad Zeinach-Zavelstein Germany, €80, phone: +4932212152735, email: asti.wb@gmail.com.

Old broken bicycle, Cannondale V500 blue, only part broken is Manitou shocks, no longer have original shocks, Kaiserslautern, \$250.00, aarontgrogg@gmail.com, 0151-12687290

Panasonic bread maker, 20volt, 67688 Rodenbach, \$80, email: isabell_1_98@yahoo.com or 017622987498

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Picture Frame 50x70cm. Orig. Packed.NEW.bethmary100@gmail.com

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Spoon Set (6 Spoons).Stainless Steel.Dishwasher Safe.Matt.Perfect for Joghurt, Ice Cream, Latte Macciato.....WMF, Germany.Orig. Box.NEW.bethmary100@gmail.com

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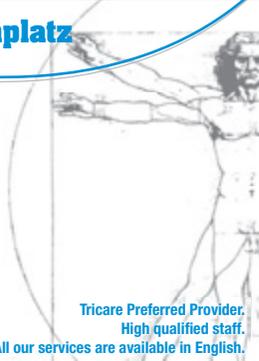
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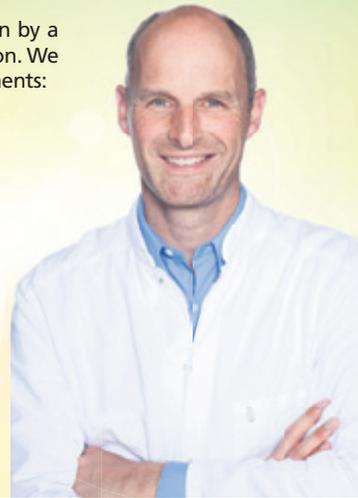
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Swarovski Crystal Mouse. Collectible Edition. Made in Austria. Orig.Box. Great Condition. \$50 chefstevan2015@gmail.com



Swiss Cow Bell. €12 chefstevan2015@gmail.com

T.U.K. Leather Shoes for Men Size 10, shoes leather shoes men size 10 used clean soles, 75385 Bad Teinach-Zavelstein Germany, €40, phone: +4932212152735, email: asti.wb@gmail.com



Toaster, 4 Slice Long Slot, 7 Adjustable Shade Settings, Bagel + Frozen Buttons, Toast + Cancel Buttons, Removable Crumb Tray, User Guide, Orig.Box. chefstevan2015@gmail.com

Toilet Putting Set, Know somebody that is a golf nut who needs to always be practicing? Give him the Toilet Putting Set. He can then practice putting while sitting on the John! Only for people who have everything! Great gag gift! john@advantipro.de

Tray. Plush Cushion Base provides comfort and stability. 17.5" x 13.5". NEW.chefstevan2015@gmail.com

Tricycle: Deluxe Steer & Stroll Trike by Radio Flyer, \$50, phone: 015144955943

Used RU Braun Automatic Chrono Watch, Watch Date Hand Black Metal, 67273 Weisenheim am Berg Germany, \$300, bretheleneius@googlemail.com, 01623305535

V&B Cermaic X-MAS Ornament Set: German Male/Female Gingerbread Ornaments. 4" High, Villeroy & Boch Germany. NEW. Orig.Box. \$20. chefstevan2015@gmail.com

Various size new gym bags \$10.00 each, spvondor@gmail.com

Viking Sword. Handle and Blade Engraved on both Sides. Real Steel. With Black Wall Display Mount. Made in Spain. chefstevan2015@gmail.com

Wall Decor Picture. Hand Crafted. Deer Hide. Made In Siberia.chefstevan2015@gmail.com

Window Panel 50x84. Heavy Quality. Caramel Brown. Orig. Packed. NEW.bethmary100@gmail.com

WMF Cookware 11pc. Covered Low Casserole 16cm+20cm. Covered High Casserole 16cm+20cm+24cm. Saucepan 16cm. Cold Handles of Stainless Steel. Dishwasher and Oven Safe. Orig.Box. NEW. chefstevan2015@gmail.com

WMF Knife Set with Storage Block (Wood). 9 Pieces. Blades made from Forged Special Blade Steel. Made in Germany. Orig. Box. NEW. chefstevan2015@gmail.com

Deep Freezer 220V, EUR50, phone 015208261982

Deluxe Steer & Stroll Trike by Radio Flyer, \$50, phone: 015144955943

Wristwatch Zodiac Sign. Gemini Design. Black Leather Band. Orig. Box. NEW.chefstevan2015@gmail.com

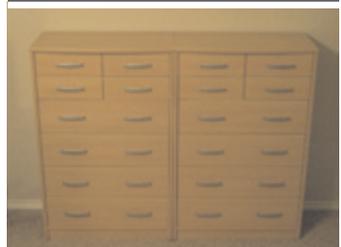
FURNITURE

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2013 pair of lazy chairs, leather white. €230 for both chairs. Like new condition. Please contact Nathalie at macarthurnathalie@gmail.com

3 & 2 Seat Couches, €500.00, parwk@superkabel.de

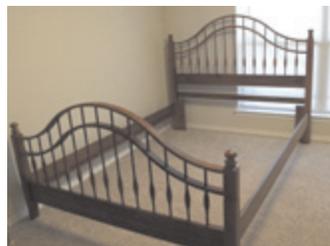
6 Drawer Dresser. Great Condition. bethmary100@gmail.com



8 Drawer Dresser. Lots of storage space. 45"H. x 29"W x 14"D. Picture shows 2 Dressers. bethmary100@gmail.com

American Bedroom Set, €190, (or make offer), consisting of dresser with 3part mirror, and 2 night tables, solid oak with brass handles, very beautiful 06302-5554 francuml@yahoo.com

Antique 100 yr. old German china cabinet, matching dining table with 4 chairs. See photo on KA classifieds web page. Contact Eric and Mia at 063759949674, €950, eyates9761@aol.com



Antique Oak Furniture, Dining table w/4 chairs (\$300), sewing machine (Singer) (\$125), hall tree with bench (\$300)-All items available now. Email vmdaniel2@gmail.com or phone 06314114246 (0730-1700).

Antique reproduction secretary desk. See photos on KA classifieds web page. Contact Eric and Mia at 063759949674., €120, eyates9761@aol.com

Bed, Single w/mattress. Solid wood frame. Mattress like new condition. €75, jcambroya.hoo.com

CD/DVD Storage with 12 adjustable shelves. 45"H. x 26"W. x 10"DEEP. €25. chefstevan2015@gmail.com

Clock, \$150.00, spvondor@gmail.com

Coffee Table w/Magazine Shelf and Glass Center Piece. 4x2ft. 16"High. great condition. bethmary100@gmail.com

Complete German Water Bed Luna- 12 Years Old, May need one of two new water mattresses. It's disassembled. Must Pick up. Please contact: goworko_99505@yahoo.com

Couch set, €900, stefandsanya@gmail.com

Couch Table. Glass Table with Magazine Shelf (Wood). 46"L. x 27"W. chefstevan2015@gmail.com

Desk (with 3 rollout shelves). 30"H. x 35.5"W. x 18"D ep.hefstevan2015@gmail.com



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FURNITURE

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Dining Table Set. Dining table w/ 4 design arm chairs. Dining table 44 diameter. W/ extension 61.5x44. Great condition. bethmary100@gmail.com

Futon/Couch, the top, plush cushions are constructed from 30mm of memory foam very sturdy east to fold down 2 cup holders built in seated position: 86"L x 36"D x 33.5"H flat position: 86"L x 46"D x 22.5"H great condition. €75. ab918855@gmail.com

Large 4 Section Closet (Schrank), \$250, 7ft 4in by 11ft 5in (3 sections are 3ft 3in wide, 1 section is 1ft 8in wide). Two Clothes Hanging Rails, Many Shelves. We will help take apart. Buyer Must Pick Up. Please Call 0159 0297 6140

La-Z-Boy Rocker Recliner, \$75, Dark Green Fabric, Clean and Cozy. Buyer Must Pick Up. Please Call 0159 0297 6140.

Love Seat, \$75, Warm Gold Fabric, Clean and Cozy. Buyer Must Pick Up. Please Call 0159-0297 6140.

Mattress Pad. Full Size. Tommy Hilfiger. Great Condition. No Stains. bethmary100@gmail.com

Mattress Set: Stearns and Foster Queen, Spangdahlem Air Base, \$800, phone: 015144955943

Metal Coat Rack with Brass Buttons Very Sturdy 69"H. x 16"W. chefsteven2015@gmail.com

Metal/Mirror shoe cabinet with 5 drawers and body length mirror. 69H.x20W. bethmary100@gmail.com

Microscope, Lomo MB-10 stereo microscope with various parts and lenses included. Excellent condition. €400, jcambr@yahoo.com

One Each 2&3-Seat Couches, €500.00. Like new from smoke & pet-free home, anthracite-colored cloth front & back. New price 1450€ asking 500€. Pick up in Siegelbach. Call 06301-7988092 after 8PM. parwk@superkabel.de

Piano nicely done in good condition recently tuned 590 euro, phone ditthierbach@aol.com, phone: 06731 44782

Race Car Bed, Twin, solid wood, color blue, Length: 234 cm Width: 102 cm Height at highest point: 63 cm fits mattress size 200 x 90 cm (not included), buyer must be able to pick up. \$80 Call/text 015204445052

Recliner couch loveseat leather, \$390, stefandsanya@gmail.com, real leather black, works great not often used, very comfy, back pillows come off easy to carry, cell 0152-06786080

Large office desk/workspace, office desk workspace, Brücken (Pfalz) Germany, \$150.00, charleshtollejr@outlook.com, 015144959369



Red velvet Pier One couch. Great condition. 500 obo. Will accept either EUR or USD. Pickup Only. jasonk6413@gmail.com

TV Stand with 4 Wheels. 3 Levels. 46.5"W x15"D x20"H. Great Condition. bethmary100@gmail.com

TV Stand/End Table with Shelf. With 4 Wheels. 20.5"W.x16"D.x23"High, bethmary100@gmail.com

White IKEA Twin Trundle Beds w/ Mattresses, \$175, Buyer Must Pick Up. Please Call 0159 0297 6140.

White lux designer couch, 37in W X 82in L, asking \$875.00 or BO. Excellent condition. More info, please after 1700 hrs. Cell 01638853574

Wooden bookshelf. See photo on KA classifieds web page. Contact Eric and Mia at 063759949674, \$150, eyates9761@aol.com

Zither, €950 (or make offer), francuml@yahoo.com, 06302-5554 near Sembach

Solid rustic oak dining room, €500, (or make offer) cabinet 3,80m long, table 2m long with 8 chairs. Hel-Sus80@gmx.de

Stearns and Foster Queen Mattress Set, Mattress, Spangdahlem Air Base 54529 Spangdahlem Germany, \$800, email: cj.lamont@hotmail.com, phone: 015144955943

HOUSES / APTS FOR SALE

All ads & pics on www.FindItGuide.com

For Sale: Building site in Kollweiler 1922 sqm, Hofstraße 35 66879 Kollweiler Germany Gosenberger Hof, €89000, phone:+49-6373-893499, email: info@khschoon.de.

3 Bedroom + FROG + 2 Car Garage Single-Family House in NW Grafenwohr / Grafenwoehr, Yard: 913 square meters with mature pine trees and landscaping Tiled basement Floor heating (electric heat exchange) Tile (ceramic) wood-burning stove in living / dining room Wood pellet stove in basement game room Built-in kitchen Two-car garage, FROG (Front Room Over Garage): Completed studio, a7v@yahoo.com, €400,000

For Sale: Unique landhouse, 2 bd, 1.5 bath, 135 sq meters, Höstraße 86 66887 Jettenbach Germany, €250000, email: petter.jentzsch@steuerler-kch.de, phone: 0049-151-18213905 15 min. to RAB, If you want to live somewhere Special - dont wait!

JOBS

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Goufrais Representative, Freelance, with Angelic Imports. Example opportunity: Chocolate Fest 681 Maryland Ave Burlington WI 53105 USA, email: info@angelicimports.com.

Executive Assistant: RESPONSIBILITIES: Devising and maintaining office systems, incl data management and filing. Coordinate with HR dept, travel agent and Administration for visas, making travel arrangements & follow up on accommodation arrangements. REQUIREMENTS Secretary degree. Minimum 5 years of experience in the same role. German, English bilingual, another language will be a plus. lm.humancapital@lauramerino.com

MOTORCYCLES

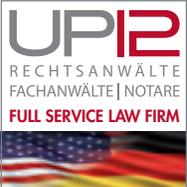
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2001 BMW R1150RT Silver (German spec) 38000 KM, Excellent condition/garage kept/no accidents/falls, hard sidecases and topcase, heated grips, Throttlemeister (cruise control), footpeg lower kits (can be removed), \$5500/OBO, thomas621@comcast.net; Stuttgart area.

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2008 Kawasaki Concours 14 motorcycle--34K miles--sports-touring lots of upgrades--new rear tire, heated grips, tip over protection, highway pegs, saddlebag/engine guards, windsheld extenders, & more. \$6700 or equivalent in EURO, email: mnovobilski@gmail.com

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TLA / TQSA /Short term, 3 bd, 2 bth, 120 sq meters, Ramstein-Miesenbach Germany, phone: 0179 145 6657, email: temp_house@hotmail.com

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Pet sitter (2 cats) wanted, Cat sitter wanted on occasions where family is on leave or on travel. Daily rate negotiable. Administer meds, dry food and water, clean kitty litter. lorileeramirez@gmail.com

Wanted: PA/Sound System, Four piece ensemble touring from USA seeks economical PA system to buy/rent/borrow for performance on Friday May 13th or Saturday May 14th. Minimum four xlr inputs, 2 x 600W power, two mains and a monitor wedge, plus cables/stands needed. Thanks! cxgartner@yahoo.com



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Photographer: **John Wollenbecker**
Date: **28 May 2016**
Location: **Castle Lichtenstein**
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JUNE 2 - JUNE 15 EDITION



**Das
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Jun. 3, 4, 10, 11, 17, 18, at 7:30 p.m., and Jun. 5, 12 & 19 at 3 p.m.

Das Barbecü Performance, Stuttgart Theatre Center, Kelley Barracks.

Get your tickets now for "Das Barbecü" and witness mismatched lovers who meet on the day of their shotgun double wedding that makes for one wild comedy. Tickets \$15 for adults, \$13 for children. Minimum age to attend any performance is 5 years. You can reserve your tickets by visiting Stuttgart.armymwr.com or call DSN 421-3055 / CIV 0711-729-3055.

Jun. 3: Parent's Night Out, Kelley CDC/SAC, 6:30 – 11:30 p.m.

Do you need some time to relax and enjoy the beautiful city of Stuttgart? CYS Services can help with Parent's Night Out. Drop the kids off (6 weeks – 5th grade) and they will take care of the rest. Child must be registered with Parent Central Services. \$20 per child. DSN 430-7480 / CIV 0711-680-7480.

Jun. 6 – Jul. 15: CYS Sports Fall Registration, Parent Central Services, Patch Barracks, 8 a.m. – 5 p.m.

Register your children for fall sports. The sports being offered are tackle football (ages 9 – 14) for \$135, flag football (ages 7 – 12) for \$40, soccer (ages 5 – 15) for \$40, cross country (ages 9 – 15) for \$40, volleyball (ages 9 -15) for \$40, or developmental soccer (ages 3 – 4) for \$20. Sign up fast as spaces are limited. Register with Parent Central Services or online via WebTrac. DSN 430-7480 / CIV 0711-680-7480.

Jun. 6: Toddlers in the Park, ACS, Panzer Hotel Playground, & Jun. 13, Kelley Playground Park, 10 a.m. – 12 p.m.

Come and play with the New Parent Support Program. Developmentally age appropriate games and activities will be arranged. Toddlers in the Park gives parents and toddlers of the USAG Stuttgart community an opportunity to meet and interact. Age is recommended from birth to five years. Older siblings are welcome to attend. Registration is not required. DSN 431-3518 / CIV 07031-15-3518.

Jun. 9: Exceptional Family Member Program Soccer Sport Clinic, Husky Field, Patch Barracks, 4:30 – 5:30 p.m.

The Exceptional Family Member Program is teaming up with Child, Youth and School Services (CYSS) Sports to provide basic skills training to Exceptional Family Member children in the sport of soccer. Register by Jun. 3 at ACS in Bldg. 2915 or call DSN 431-3362 / CIV 07031-15-3362.

Jun. 13: Learn Digital Storytelling, 3:30 – 4:30 p.m.

Teens will learn how to use digital tools to tell their personal stories online. No need to pre-register. DSN 430-7138 / CIV 0711-680-7168.

Jun. 14: Tummy Time Playgroup, ACS Bldg. 2915 Rm 312B, 10:30 a.m. – 12 p.m.

Let new baby interact and bond with others while you socialize and share experiences with other new parents by joining our Tummy Time group! For parents with babies ages newborn to 1 year. Registration is not required. DSN 431-3518 / CIV 07031-15-3518.



Jun. 16: Candy Science, Robinson Library, Robinson Barracks, & Jun. 21, Patch Library, Patch Barracks 4 – 5 p.m.

To celebrate National Candy Month, the library is inviting all elementary/middle school aged kids to join in a crazy science experiment with candy. They will be separating the dyes on M&M's and Skittles using common household materials – who knew that Chromatography can actually be fun? Please sign up two weeks prior to the class to reserve space. DSN 430-7138 / CIV 0711-680-7138.

Jun. 16: Art with Ashley, Patch Library, 3:30 – 4:30 p.m.

Kids will be given a cut-out cardboard letter and will then decorate them with quilting fabrics. This event is geared to kids ages 4 – 8 but everyone is welcome. Registration begins on Jun. 1. DSN 430-7138 / CIV 0711-680-7138.

Jun. 23: Tiny Tots Lunch & Play, ACS Bldg. 2915 Rm 312B, 10:30 a.m. – 12 p.m.

Come visit our lunchtime playgroup, designed specifically for toddlers and young children ages 1 to 4. We will discuss toddler related topics along with the opportunity for your child to learn through play! Lunch is not provided but feel free to bring your own. Registration is not required. DSN 431-3518 / CIV 07031-15-3518.

Jun. 25: School's Out! 5K Fun Run, Husky Field, Patch Barracks, 9 a.m.

Come students, teachers and parents to celebrate the beginning of summer vacation with a 5K Fun Run! Enjoy free, same-day registration. This race is stroller and pet friendly and is not timed. DSN 430-7136 / CIV 0711-680-7136.

Jun. 25: Badeparadies Schwarzwald Waterpark Trip, Outdoor Recreation, 8 a.m. – 8 p.m.

Find your own personal paradise at the Badeparadies Schwarzwald Waterpark with opportunities for fun and action at the Galaxy Schwarzwald Oasis, one of the most modern and largest slide systems in Europe, relax at the Palm Oasis which is flooded with light and genuine palm trees, and reflect at the Palm and Wellness spa by floating in the warm water where peace and quiet are guaranteed. Price is \$79 for adults and youth, \$49 for children 4 and under, \$40 for SWPC and includes transportation, basic entrance fee, and an ODR escort. Register by Jun. 17. DSN 431-2774 / CIV 07031-15-2774.

Jun. 27: Toddlers in the Park, ACS, Robinson Playground next to the RB Library, 10 a.m. – 12 p.m.

Come and play with the New Parent Support Program. Developmentally age appropriate games and activities will be arranged. Toddlers in the Park gives parents and toddlers of the USAG Stuttgart community an opportunity to meet and interact. Age is recommended from birth to five years. Older siblings are welcome to attend. Registration is not required. DSN 431-3518 / CIV 07031-15-3518.

activities!



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**Jun. 17: Commander's Cup Golf Tournament,
Stuttgart Golf Course, Kornwestheim, 9 a.m.**

Who will take home the coveted Commander's Cup trophy? Build your own team or leave it to us to assign you one and participate in this 4-person scramble. The team with the lowest GROSS score will win the trophy and all other prizes will be based on NET score. The tournament is handicapped by the USGA recommended 20%, 15%, 10%, and 5% system. Only \$35 per member or \$50 per non-member. Price includes green fees, golf cart, range balls, lunch and prizes. CIV 07141-879151.



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