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The Citizen

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NEWS

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Family &
MWR INSIDER

Join us for fun summer activities!
(see details inside)

Stuttgart garrison welcomes new CSM

By USAG Stuttgart Public Affairs Office

U.S. Army Garrison Stuttgart welcomed Command Sgt. Maj. Mariano Z. Alvarez officially to the garrison command team family during an Assumption of Command Ceremony on Panzer Kaserne, June 29.

Alvarez joins USAG Stuttgart with his wife, Argelia Rodriguez and three of their four children; Tatiana, Katerina and Andres, from the 3rd Infantry Division Headquarters and Headquarters Battalion, Fort Stewart, Georgia where he also served as the Command Sergeant Major.

Bio: Command Sergeant Major Mariano Z. Alvarez

Command Sergeant Major Mariano Z. Alvarez was born in Brownsville, Texas and enlisted in the United States Army in 1988. He completed Basic Combat Training at Fort Leonard Wood, Missouri and Advanced Individual Training at Fort Gordon, Georgia, where he was awarded the Military Occupational Skill classification 29E-Radio Repairer. His military assignments include 2nd Armor Cavalry Regiment Regimental Support Squadron Nurnberg, Germany where he served as a Radio Repairer; 24th Mechanized Infantry, Fort Stewart, Georgia where he served as a Squad Leader; 596th Maintenance Company, Darmstadt, Germany where he served as a Squad Leader, Shop Foreman, and Communications Electronics Maintenance Chief; A Company 73rd Ordnance Battalion, Fort Gordon, Georgia where he served as HQ/A Company Platoon Sergeant, Communication Electronics Instructor and Senior Instructor Writer; C Company 73rd Ordnance Battalion, Fort Gordon, Georgia where he served as a Drill Sergeant and Senior Drill Sergeant; B Company 73rd



Command Sergeant Major Mariano Z. Alvarez.
— U.S. Army Photo



U.S. Army Garrison Stuttgart held the Assumption of Responsibility Ceremony relieving acting Command Sgt. Maj., 1st Sgt. Amador Aguillen Jr. of Headquarters and Headquarters Company (left) and welcoming Command Sgt. Maj. Mariano Z. Alvarez (right) officially to the garrison command team, June 29, 2016. Garrison Commander Col. Glenn K. Dickenson (center) led the event on the parade field of Panzer Kaserne. — Photo by Kevin S. Abel

Ordnance Battalion, Fort Gordon, Georgia where he served as the Senior Drill Sergeant; selected as the 2002 73rd Ordnance Battalion “Drill Sergeant of the Year”; Materiel Maintenance Command, Fort Hood, Texas, where he served as a Signal Officer; 157th Quartermaster Company, 551st QM Battalion, Fort Hood Texas, where he served as the First Sergeant; 21st Theater Sustainment Command, Kaiserslautern Germany where he served as the G4 SGM; 21st Theater Sustainment Command where he served as the Special Troop Battalion CSM; and the 3rd Infantry Division Headquarters and Headquarters Battalion, Fort Stewart, Georgia where he served as the Command Sergeant Major.

His military schools include Warrior Leader Course; Advance Leader Course; Senior Leader Course; Cadre Training; Basic Instructor Training Course; Army Retention Course; NBC Officer Course; SHARP Training Course; Drill Sergeant School; Brigade Pre-Command Course (PCC); IMCOM PCC; Battalion PCC; Army Force Management Course and Sergeant Major Academy Class 58.

Command Sgt. Maj. Alvarez has served in numerous deployments to include Gulf War 1991, Iraq; IFOR Bosnia 1995; SFOR Bosnia

1997; Iraq 2005 and Afghanistan in 2014. Command Sgt. Maj. Alvarez has a Masters of Education in Organizational Leadership from North Central University of Arizona and a Bachelor of Science in Liberal Arts from Excelsior College with a Certification in Homeland Security.

Command Sgt. Maj. Alvarez's awards and decorations include the Bronze Star, Meritorious Service Medal (4OLC), Army Commendation Medal (4OLC), Joint Service Achievement Medal, Army Achievement Medal (4OLC), Good Conduct Medal, National Defense Service Medal, Armed Forces Expeditionary Medal, Southwest Asia Medal, Afghanistan Campaign Medal, Iraq Campaign Medal, Global War on Terrorism Expeditionary Medal, Armed Forces Service Medal, Humanitarian Service Medal, Military Outstanding Volunteer Service Medal, Overseas Service Medal, NATO Service Medal, Kuwait Liberation Medal (SA), Kuwait Liberation Medal (GK), Army Superior Unit Award Citation (ASUA), and the Army Valorous Unit Award. He also earned the US Army Drill Sergeant Badge and the Combat Action Badge.

Command Sgt. Maj. Alvarez is married to the former Argelia Rodriguez. They have four children Ezra, Tatiana, Katerina and Andres.

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Incoming Commander Lt. Col. Andrew R. Ries, 1st Battalion, 10th Special Forces Group (Airborne), receives the unit colors from Col. Isaac J. Peltier, commander 10th SFG(A) during the unit's change of command ceremony held on Panzer Kaserne, July 7, 2016. 1st Bn. 10th SFG(A) is one of two forward stationed battalions within Special Forces tracing its history to 10th SFG(A) establishment in Bad Toelz, Germany, in 1953. 1st Bn. 10th SFG (A) moved Panzer Kaserne on Aug 1991 where it is still based today. — *Photo by Staff Sgt. Lorraine Whetstone*



Colonel Andrew S. McClelland receives the colors from the Defense Information Systems Agency — Europe Director, Lt. Gen. Alan R. Lynn, during a change of command ceremony on Patch Barracks, July 8. McClelland assumes command from Col. Jacqueline D. Brown. — *Photo by Master Sgt. Anthony O'Brien, DISA-Europe*



New Special Operations Command — Europe Commanding General Maj. Gen. Mark Schwartz speaks to his new command during the SOCEUR change of command held June 8, 2016, at Washington Square on Patch Barracks. Schwartz left 1st Cavalry Division after serving as the Deputy Commanding General for Maneuver and stepped up to the podium as the new Commanding General of SOCEUR. — *Photo by Eric Steen*

Safety Corner: Bike Safety: Rules of the road on post, off post

By Jessica Lipari
USAREUR

As John F. Kennedy once said, "Nothing compares to the simple pleasure of riding a bike."

Whether taking a leisurely bike ride with the family, using a bicycle as a means of transportation or riding a bike as part of one's fitness routine, safety must be a primary concern.

U.S. Army Europe requires that anyone riding a bicycle on a military installation to wear a helmet and have lights and reflectors on their bike.

It is also recommended to wear brightly colored clothing or a safety vest, padded gloves and padded bicycle pants. Proper fitting of all safety equipment, including helmets, is a necessity.

Carrying an emergency safety bag is also recommended. The bag should contain at least a cell phone or money to use a pay phone, insurance card, personal identification card and an

emergency contact card.

For more information on properly fitting a bicycle helmet or other bicycle safety, visit the National Highway Traffic Administration website at www.nhtsa.gov/Bicycles.

When riding your bicycle off-post one must respect the host nation laws and be aware that they can receive fines and points from the German Polizei.

In addition to having lights on the front and back of the bike, it must also be equipped with a bell.

It is only mandatory for children under 13 to wear a helmet while riding their bike in Germany, but studies show that helmets were found to be 85 percent protective against head injury and 88 percent protective against brain injury.

Riding while on a cell phone or texting is forbidden, as well as riding while intoxicated or on drugs. Fines for riding under the influence are hefty in Germany.



Photo by MNStudio / Shutterstock.com

Going Green: Sustainable tourism in the Alpine region

By Federal Ministry for Economic Affairs and Energy

The international conference "Sustainable tourism in the Alpine region: a challenge (without alternative)" took place in June in Sonthofen (Allgäu)

as part of Germany's presidency of the Alpine Convention. It is being hosted by the German government in cooperation with the Bavarian state government. The Alpine region is one of the most important recreation areas in Europe. Around 100 million tourists visit the Alps every year.

Jochen Flasbarth, State Secretary at the Federal Environment Ministry, commented: "Tourism is more dependent on healthy and attractive natural spaces than almost any other sector. However, in the case of tourism hotspots that are often in ecologically sensitive areas, like in the Alps, the tourism industry is often a source of environmental pollution and harm to nature. Sustainable tourism in harmony with nature and landscapes that is geared towards sustainable management and based on resource efficiency and climate action provides ideal prerequisites for making a lasting contribution to regional value added".

Iris Gleicke, Federal Government Commissioner for Small and Medium-sized Enterprises and Tourism, noted: "Germany has become a very popular holiday destination. We are one of the most popular destinations for nature-based holidays in Europe. The Alpine region also benefits from this. To ensure this continues, it is essential to maintain an equal balance between the ecological, economic and social aspects of sustainability. This includes social inclusion and economic prospects for rural regions that are often structurally weak. We need the combination of these sustainability elements to

develop successful and competitive tourism options and services for the long term."

Around 200 participants discussed the impacts that the latest developments relating to climate change, new travel habits and holidaymakers' changing expectations have on tourism options and services in the Alpine region, and how Alpine tourism can be shaped in a sustainable and forward-looking way. As well as ecological sustainability, this involves securing economic viability for the future, conserving the special diversity of Alpine culture and the social aspects connected to good work and income opportunities.

Germany took over the presidency of the Alpine Convention for two years in November 2014. The German government is working closely with the Free State of Bavaria on this. The comprehensive policy called for in the Alpine Convention to ensure both protection and sustainable development in the Alpine region is at the heart of Germany's activities during its presidency. Germany is placing particular focus on greening the economy in the region, including from a tourism perspective.



Photo by Kochneva Tetyana / Shutterstock.com

Price of school lunches to increase overseas

By Army & Air Force Exchange Service
Public Affairs

Starting August 2016, school lunch prices at all Department of Defense Education Activity (DoDEA) schools outside the continental United States (with the exception of Guam) will increase because of rising operational costs and to comply with federal law.

“Wholesome, balanced meals are vital to the academic achievement of school-age children,” said Air Force Chief Master Sgt. Sean Applegate, Exchange senior enlisted advisor. “It’s important for us to keep offering these nutritious meals and, in order to do so and to keep pace with the increasing food and operational costs, the school meal prices will increase for the first time in more than four years.”

The new increase is \$0.10 per full price for elementary students’ meals, making their new prices \$2.50 and a \$0.20 increase for secondary students, making their meals \$2.75 for the 2016 – 2017 school year. The last price increase was \$0.35 per meal in 2012. Families qualifying for the Free and Reduced Meal Program will not have an increase in the cost of their meals. Per federal guidelines, the cost of a reduced-price meal will remain \$0.40 per meal.

The Healthy, Hunger-Free Kids Act (Public Law 111-296) requires DoDEA schools, as participants in the



School lunch prices at all Department of Defense Education Activity schools outside the continental United States will increase because of rising operational costs and to comply with federal law. — Photo by Monkey Business Images / Shutterstock.com

USDA meal program, to raise paid student lunch prices to a level comparable to the rates used for USDA reimbursement. To meet this requirement, prices in the OCONUS schools will be gradually increased over the coming years.

As the designated School Food

Authority, the Army & Air Force Exchange Service provides schools meals on a nonprofit, break-even basis, for the DoD School Meal Programs (SMPs). The SMP meets the same USDA guidelines as schools in the continental United States by providing

meals that have the required nutrients for children.

For more information on the School Meal Program, visit <http://www.aafes.com/about-exchange/school-lunch-program>.

US, PORTUGAL JOIN FORCES FOR EXERCISE ORION 16

By Staff Sgt. Tia Nagle
Marine Corps Forces Europe

SANTA MARGARIDA, Portugal — U.S. Marines partnered with Portuguese forces to extract people in danger during a non-combatant evacuation exercise, June 21-24, 2016.

“Our role was to support the 1st Paratrooper Battalion in extracting designated personnel from various evacuation collection points dispersed around our forward operating base,” said 2nd Lt. Kevin Ryan, a platoon commander with Special Purpose Marine Air-Ground Task Force-Crisis Response-Africa.

The Marines shared their small unit leadership approach with the Portuguese throughout Exercise Orion 16, demonstrating the importance of leadership at the squad and fire team levels.

“A chaotic and uncertain environment, such as the [counter-insurgency] environment the Marines conducted this exercise in, requires decentralized command. This allows



U.S. Marine Corps Cpl. Joshua Gray, a squad leader with Special Purpose Marine Air-Ground Task Force-Crisis Response-Africa, coordinates with a Portuguese radio operator during Exercise Orion 16 in Santa Margarida, Portugal, June 23, 2016. The Marines were tasked as the quick response force during the exercise, supporting Portuguese soldiers during non-combatant evacuation operations. — Photo by Marine Staff Sgt. Tia Nagle

for rapid reaction and fluid functioning on the ever-changing battlefield,” said Ryan.

Exercise Orion is an annual crisis response training event hosted by the Portuguese military, bringing together

forces from Portugal, Spain and the U.S. to enhance interoperability among NATO forces. This year marks the first time the U.S. was able to participate in the large-scale exercise.

“Exercises like Orion allow

Marines the opportunity to work with foreign militaries, providing invaluable experience for real life scenarios in which Marines will be cooperating and interacting with foreign security forces,” said Ryan.

COMMUNITY SURVEY

The Stuttgart Public Affairs Office Summer Hire team will be out in the Stuttgart military community during the month of July to conduct a face-to-face survey on how community members receive garrison-related information and topics of interest. All feedback will help the garrison Public Affairs Office and Command Team toward a better informed community.

Take the survey with any of the team members directly throughout designated locations in U.S. Army Garrison Stuttgart, or online on www.stuttgartcitizen.com or directly at <https://www.surveymonkey.com/r/NPBSB8R>.

VEHICLE REGISTRATION UPDATES

Two new clerks have been added to the Vehicle Registration team to expedite customer transactions as of July 6. The U.S. Army Garrison Stuttgart Vehicle Registration Office has added online appointments for community members clearing and shipping vehicles, in addition to registration renewal. Clearing and shipping includes "shipping plates" and the turn-in of plates for destruction.

Stuttgart community members can now make online appointments via the registration renewal appointment link available on the homepage at www.stuttgart.army.mil.

**Note - Appointment pages are CAC access only.*

TECHNOLOGY EXPO

A Tech Expo featuring over 60 technology exhibitors will be held at the Swabian Special Events Center on Patch Barracks, July 26 from 9 a.m. to 2 p.m. Exhibitors and displays include computer networking, cyber security, encryption defense, workforce training, fiber optic communications and more. Open to all ID cardholders.

SOFA, ID CARDS, PASSPORTS

Staffing shortages within the Military Personnel office will require the hours to be adjusted until further notice. The office will close during lunch from noon to 1 p.m. until further notice.

Currently the MPD is experiencing longer than normal waiting times for ID Cards, Passports, SOFA cards and Military Personnel Support, especially on walk in services.

The community is asked to use the online appointment system available for

both ID Cards and Passports. The link to make an appointment is available on the garrison SharePoint accessible using a Common Access Card (CAC) as well as on the MPD services page at www.stuttgart.army.mil.

RESIDENT BALCONY UPDATES

Many residents have taken to grilling on their balconies which is not permitted on post. Housing has an updated Resident Handbook they will be distributing via Building Coordinators, or check it out online at the garrison websites.

Phase two of balcony construction is on schedule (end of June) as slated by the Directorate of Public Works and the Stuttgart Housing Office. Phase two includes buildings 160, 161, 164-167, and 170-180. The resident buildings are scheduled to be completed by November 2016. Building coordinators will be notified by DPW/Housing as construction progresses throughout installation housing areas. No dates are confirmed for screen door additions at this stage.

FREE ADAC CHECKS

The German Automobile Club ADAC, in cooperation with the U.S. Army Garrison Stuttgart Safety Office, will offer free-of-charge vehicle safety checks to community members between July 25-28.

The checks include items such as brakes and shock absorbers. The mobile test stand will be at Patch and Kelley Barracks; exact locations and times will be published and posted soon throughout the community.

ADAC's mobile test locations will be open 9 a.m. to 1 p.m. and 2 p.m. to 5 p.m. at the following locations:

- July 25-26 at the AAFES Gas Station on Patch Barracks.
- July 27-18 on Kelley Barracks in the parking lot opposite from Building 3318

Note: These are courtesy checks which do not replace the vehicle inspection required to obtain and maintain a vehicle registration. To make a Privately Owned Vehicle Inspection Appointment find the link on www.stuttgart.army.mil.

TBI 101 CLASS

FOCUS (Families OverComing Under Stress) is hosting a free class to learn the basics of Traumatic Brain Injury, or TBI. Topics include identification, treatment, caregiver support, resources and transitional care.

The class is presented by Lorrie Cappellino, RN, MS, CNOR Regional Health Command TBI Nurse Educator and Melissa Andrews, LICSW DVBC TBI Recovery Support Specialist. All ID cardholders are welcome to attend, July 26 at 1 p.m. at the Panzer Chapel Fellowship Hall, Panzer Kaserne. RSVP

to attend through the announcement at stuttgartcitizen.com.

PANZER KASERNE CONSTRUCTION

Panzer Kaserne road repairs began June 20 at the intersection of Capuzzo Weg and El Alamein Strasse. (T intersection to east of Building 2913). Work is limited to that intersection. The traffic is reduced to one lane and is controlled using automated traffic signals. Repairs are expected to be completed by Aug. 27. Use caution if opting to drive through the Exchange parking lot. School is out – drive slow, watch for pedestrians!

PANZER BACK GATE HOURS

School is out, the Panzer Back Gate (by the commissary) is closed in the mornings for the summer. The back gate afternoon hours remain the same: Outbound Traffic (Right Turn Only): Monday – Friday: 4-6 p.m. (Every day, regardless of school schedule).

Inbound morning access will resume at the back gate when school begins in the fall.

FARMERS MARKET SIDEWALK SALE

To celebrate and promote healthy living, the Patch Commissary is hosting a farmers market style sidewalk sale, July 15-17 from 10 a.m. to 6 p.m. featuring specials on fresh produce, plants and health minded items. Look out for monthly summer sidewalk sale events hosted by the Patch Commissary, while supplies last.

YOUTH NEWCOMERS ORIENTATION

The youth version of the Host Nation Orientation includes: a tour of the Stuttgart military community and downtown sights, instruction on how to use public transit, and an introduction to German customs and the language. The Stuttgart Youth Newcomers Orientation is open to youth in grades 6-12. Parents should register with Child, Youth and School Services (CYSS) if you have not already on arrival.

2016 Dates: July 14-15; Aug. 4-5; Aug. 25-26

For more information, or to register, stop by the Patch Youth Center, "The HUB" Building 2337, Patch Barracks, or Parent Central Services, Building 2347. Pre-registration and a permission slip are required. If you haven't pre-registered yet but want to attend, arrive early the Hub to complete the forms, contact DSN: 430-7204/civ. 0711-680-7204.

Note: all in-processing classes for service members and staff are also open for spouses to attend at garrison central processing, Building 2913, Panzer Kaserne.

COMMANDER'S CUP RAIN DATE

Originally scheduled June 17, but cancelled due to rain, the Commander's Cup Golf Tournament is rescheduled to August 13 at Stuttgart Golf Course, Kornwestheim, 9 a.m. Build your own team of 4 or be assigned to a team to participate in the 4-person scramble. For more information and to register, visit <http://stuttgart.armymwr.com>.

WEEKLY LAUGHTER CLUB

Join the U.S. Army Garrison Stuttgart's Laughter Club once per week, for 15 minutes to start your day off with a good laugh and a smile. Be a part of this "seriously hilarious" movement. Release stress, enhance your energy levels, boost your immune system, enrich relationships and simply have more fun and laughter in your life. The club meets every Thursday morning at 6:45 a.m. on the Parade Field across from Building 2948 on Panzer Kaserne.

If you can't make it to Panzer but want to bring a bit of laughter and positivity into your unit, contact Army Substance Abuse Program's Certified Laughter Yoga leaders to schedule a training at DSN: 431-2530.

STUTTART GIRL SCOUTS SUMMER CAMP

The Stuttgart Girl summer camp, Magical Adventures in Scouting is Aug. 8-12, 8 a.m.-4 p.m. The camp is open to all girls within the Stuttgart military community ages 6-14. Children must have completed kindergarten. Students have completed the sixth grade can also apply to be a camp counselor with discounted registration. Activities include potions, transfiguration, magical instruments, herbology, defense against the dark arts, magical creatures and beasts and yes, even learn to play Quidditch! Registration is open until July 31 to the first 120 registrants. Register at www.stuttgartgirlscouts.org.

REGISTER TO VOTE ABSENTEE

Register by the suggested deadline Aug. 1 through the Federal Voting Assistance Program. Service members, their eligible family members and overseas citizens are able to vote from anywhere in the world. Stuttgart community members interested in voting in 2016 elections need to register to request an absentee voting ballot. Registration is available for your respective state at: www.fvap.gov. For information on overseas voting or assistance with absentee ballots, contact the Installation Voting Assistance Officer Building 2913, Rm. 114, Panzer Kaserne at DSN: 431-2865/civ. 07031-15-2865.

COOL TREATS IS OPEN

Cool Treats opened for the season at the Stuttgart Theater Center on Kelley Barracks. Cool Treats is open through the summer, Monday through Friday, noon – 4 p.m. serving ice cream, root beer floats, and novelty treats. Contact DSN: 421-4704/civ. 0711-729-4704.

CYS IS HIRING

Child, Youth and School Services Sports and Fitness is looking for sports officials for the following sports: Football; Soccer; Baseball/Softball; Volleyball; Wrestling; Basketball. Both volunteer and paid contracting positions are available. You must be 18 years old to be a contractor. Contact Parent Central Services at DSN: 431-2616 /civ. 07031-15-2616 for information.

Family, Morale, Welfare and Recreation (FMWR) is currently recruiting Child and Youth Program Assistant positions within various Child, Youth and School Services (CYSS) facilities. Nonappropriated Fund (NAF) positions are open to all qualified candidates eligible for appointment under U.S. employment conditions. Visit the USA Jobs link to view online vacancies: www.usajobs.gov.

CYS SPORTS PHYSICALS

Registration for fall sports is open until July 15. Contact Parent Central Services at DSN: 431-2616 /civ. 07031-15-2616 for information.

Child, Youth and School Services Sports and Fitness physicals must be completed annually prior to the start of the sports season. The form must be completed with a doctor's signature and stamp and submitted to Parent Central Services during registration. Physicals are for all eligible children including DOD Civilians and contractors. All patients must be registered with the Stuttgart Health Clinic in order to schedule an appointment.

Physical Dates are July 22, July 29 and Aug 5 from 1 – 4 p.m.

Tip: The best time to get your child's physical, if possible, is in July so your child's physical will be valid for all sports for one full year. Contact the Stuttgart Health Clinic to make an appointment at DSN: 590-2900/civ. 06371-9464-2900.

EUROPE TRAVEL ALERT

The U.S. State Department recently issued a travel alert warning of potential terrorist attacks throughout Europe through Aug. 31 (<https://travel.state.gov>). Targets could include major events, tourist sites, restaurants, commercial centers, and transportation.

The warning specifically highlights the Tour de France from July 2-24, and World Youth Day events in Poland from July 26-31.

As a reminder, U.S. European Command requires all DoD travelers to register in the State Departments Smart Traveler Enrollment Program (STEP) at <https://step.state.gov/step/>.

This is a free service that sends important information from the Embassy about safety conditions in countries where you live or travel, and helps the U.S. Embassy contact you in an emergency.

Other useful resources for like information include the U.S. Army Europe Travel Safe site page at <http://www.eur.army.mil/travelsafe/> and the USAREUR Stay Safe Facebook site at <https://www.facebook.com/StaySafeAntiterrorism>.

NEW VISITOR PASSES

All visitors will receive a new IACS paper Visitor Pass when they visit a Stuttgart installation available at the Panzer Kaserne Main Gate and Kelley Barracks Main Gate. The Visitor Pass allows escorted access for up to three days within the garrison's footprint. This paper pass requires that the visitor be accompanied by their sponsor at all times. The new Visitor Passes provide the convenience of having the guard scan the pass like a DoD ID. It also increases security by capturing the visitor's photo. Sponsors are required to physically escort their visitors while on post and are still limited to no more than four individuals at a time. The new Visitor Passes expire at midnight of the period they are granted access and sponsors do not have to sign-out their visitors. The Visitor Pass will expire automatically and can be disposed of by the visitor or sponsor after expiration.

PATCH THRIFT SHOP SUMMER HOURS EXTENDED

Stuttgart Community Spouses Club added two Saturdays during this summer PCS season through August. The opening hours for the thrift shop for June through August are as follows.

- Mon., Wed., Fri. 10 a.m. - 4 p.m.
- Thur. 3 p.m. - 7 p.m.
- Every Saturday 10 a.m. - 2 p.m.

As you prepare for your PCS out of Europe or you just have a few items to donate, the SCSC asks that you review their donation policy.

EVENT CANNON FIRE NOTICE

U.S. Africa Command is scheduled to host a special event July 18 on Patch Barracks. A test fire is scheduled

to include three rounds the morning of the event at approximately 7 a.m., a second round will be fired during the event between 10 a.m. and noon.

PATCH GYM CLOSED, PARKING BLOCKED

Patch Fitness Center will be closed, July 18 from 5 a.m. - 1 p.m. for an AFRICOM Special Event. Panzer, Kelley, and Robinson Barracks Fitness Centers will be open normal business hours on July 18 for your fitness needs.

Family and MWR has this closure information on our Web site, posted to Facebook, and signage at Patch Fitness Center to notify customers.

Parking will be blocked on Patch Barracks to support the event beginning July 17 in the areas of Washington Square and the Patch Community Club. Follow signage and instruction of the MP's.

SIGN UP FOR USAG STUTTGART EMAIL

U.S. Army Garrison's community online and print news publication, The Citizen, is updated daily with

announcements on services, programs, events and information for the Stuttgart military community living both on and off-post. People are encouraged to use a non-.mil email to ensure delivery of information on garrison activities. Those who have previously subscribed with an email that ends in mail.mil may no longer receive updates due to recent computer and operating system restrictions. Visit www.stuttgartcitizen.com on the homepage right panel to sign up to stay informed.

241ST CHAPLAIN CORPS ANNIVERSARY LUNCHEON

The Stuttgart Military Community is invited to the 241st Chaplain Corps Anniversary Luncheon at the Panzer Chapel Fellowship Hall, July 27 from 11:45 a.m. to 12:45 p.m. The program includes a catered lunch with remarks by U.S. Army Garrison Stuttgart's Commander, Col. Glenn K. Dickenson, and the Garrison Chaplain, Chaplain (Col.) Terry L. Whiteside. For more information, contact the Religious Support Office at civ. 07031-15-3079.

COMING TO PATCH THEATER

Thursday July 14
The Shallows (R) 1800
Friday July 15
Ghostbusters in 3D (PG-13) 1800
The Legend of Tarzan (PG-13) 2100
Saturday July 16
Finding Dory (PG) 1500
The Secret Life of Pets (PG) 1800
Ghostbusters (PG-13) 2100
Sunday July 17
The BFG (PG) 1600
Central Intelligence (PG-13) 1900
Wednesday July 18
CLOSED
Thursday July 21
Ghostbusters (PG-13) 1800
Friday July 22
Ice Age: Collision Course in 3D (PG) 1800
Star Trek Beyond in 3D (PG-13) 2100
Saturday July 23
Ice Age: Collision Course in 3D (PG) 1500
Star Trek Beyond in 3D (PG-13) 1800
Lights Out (PG-13) 2100
Sunday July 24
Ice Age: Collision Course (PG) 1600
Star Trek Beyond (PG-13) 2100
Wednesday July 27
Star Trek Beyond in 3D (PG-13) 1800

Editor's note: The movies listing was the most current at the time of publication. Dates are subject to change. Please check with your local theater online for the most up-to-date schedule: <http://www.aafes.com/exchange-stores/Movie-Guide/showtimes-Patch-Barracks.htm>



© 2016 Paramount/Photo courtesy Movieweb.com "Star Trek Beyond," the highly anticipated next installment in the globally popular Star Trek franchise, created by Gene Roddenberry and reintroduced by J.J. Abrams in 2009, returns with director Justin Lin ("The Fast and the Furious" franchise) at the helm of this epic voyage of the U.S.S. Enterprise and her intrepid crew. In "Beyond," the Enterprise crew explores the furthest reaches of uncharted space, where they encounter a mysterious new enemy who puts them and everything the Federation stands for to the test.

General Scaparrotti holds first all hands



U.S. Army Gen. Curtis M. Scaparrotti, Commander, U.S. European Command, and NATO Supreme Allied Commander, held his first All Hands Call for several hundred members of his headquarters staff at Patch Barracks, Stuttgart, June 22, 2016. — Photo by Master Sgt. Charles Larkin Sr

Soldiers can now roll sleeves up

By David Vergun
Army News Service

Effective immediately, commanders may authorize Soldiers to roll up the sleeves on Army combat uniforms, according to a memorandum signed by Lt. Gen. James C. McConville, deputy chief of staff, G-1, June 28.

The new policy pertains to the universal camouflage pattern, operational camouflage pattern and Operation Enduring Freedom camouflage pattern ACUs.

“We’re going sleeves up, camo out,” said Sgt. Maj. of the Army Daniel Dailey.

The sleeves will be rolled above the elbow, right-side out with the camouflage pattern showing. They should be rolled no more than three inches above the elbow, according to the memo, and this method will be used primarily in garrison.

‘Delta roll’

In addition, during field training exercises or operations, upon approval of the commander, sleeves may be opened and cuffed inward above the wrist on the forearm.

“It’s often referred to as a Delta roll or SF roll,” Dailey said.

This second method of staying cool is specifically for Soldiers in a field or deployed environment, he emphasized.

Soldiers have to remember, though, that these authorizations are only good when not precluded by safety, Dailey said. “Like when you’re in a combat vehicle, the sleeves have to go down.”

No time restrictions

There will be no time restrictions on the new policy, Dailey said. “For instance, company commanders in Hawaii can make the decision to go sleeves up any time of year.”

The ultimate decision to roll sleeves any time rests with unit commanders, he said, but added that the Army-wide policy has changed due to input from Soldiers.

“The overwhelming support from Soldiers around the Army was a big factor in coming to this decision,” he said.

Some early rollers

Soldiers at Fort Hood, Texas, were given permission earlier this month to

begin rolling up their sleeves for a 10-day period, when visited by Dailey and Chief of Staff of the Army Gen. Mark A. Milley.

At the time that permission was given mid-month, the sleeve-rolling was considered an experiment for a possible Army-wide policy, according to a G-1 spokesman.

That spokesman, Lt. Col. Jerry Pionk, said “Feedback from Soldiers resulted in us wanting to do a trial over the next ten days to see the feasibility of updating AR 670-1 and incorporating in the future for the force to give commanders flexibility in wear based upon their unit’s mission.”

Feedback

Soldier feedback on the issue has been populating social media sites for the past two weeks.

For instance, in a June 21 post on the Army Facebook page, the question was asked: “Let your voice be heard!! If you’re a #USArmy Soldier, the #15th SMA wants to know what you want: Camo in or Camo out?”

One commented: “Go back to the good ole days! It was an art to roll those sleeves!” She was referring to 2006,



Sgt. Maj. of the Army Daniel Dailey demonstrates how to roll up the sleeves on the Army combat uniform when in garrison. — U.S. Army photo

before the Battle Dress Uniform was phased out. At the time the camouflage pattern remained on the outside.

Most, but not all of the sentiment appeared to be “camo out.” Some didn’t agree at all with rolling them up, but that appeared to be a small minority.

That Army Facebook posting generated a lot of interest. Twitter and other social media sites generated similar outpourings.

Waldhauser to succeed Rodriguez as next AFRICOM commander

Commentary by Secretary of Defense
Ash Carter

I want to congratulate Gen. David L. Goldfein on his confirmation as chief of staff, United States Air Force; Gen. Joseph L. Lengyel on his confirmation as chief of the The National Guard; and Gen. Thomas D. Waldhauser on his confirmation as commander, U.S. Africa Command (AFRICOM).

Gen. Goldfein's remarkable abilities as a visionary leader, commander, and a strategist have been proven over decades of dedicated service to the Air Force. In his most recent responsibilities as director of The Joint Staff and as vice chief of staff of the Air Force, he demonstrated superb skill as a consensus builder and a manager. His experience and excellence as an officer will enable the men and women of the Air Force to build on the excellence they have achieved under the leadership of Gen. Mark A. Welsh III.

Gen. Lengyel's leadership as vice chief of the National Guard Bureau played a critical part in ensuring

that our 470,000 U.S. Army and Air National Guard personnel are accessible, capable and ever-ready to provide combat resources to protect our homeland. Like General Frank J. Grass, Gen. Lengyel will give the men and women of the National Guard the strong advocacy and confident leadership that they deserve.

Gen. Waldhauser has demonstrated strong military leadership, deft political-military judgment, and superb management skills during his three decades as a Marine, from the Gulf War to the invasion of Afghanistan to his most recent assignment at the Pentagon as director for Joint Force Development. Gen. Waldhauser brings the same caliber of strong leadership that Gen. David Rodriguez has given the men and women of AFRICOM over the past three years.

I appreciate the efforts of the Congress to swiftly confirm all three of these great leaders who will keep our military strong and our nation safe. I extend my congratulations to Gen. Goldfein, Gen. Lengyel, Gen. Waldhauser, and their families.



Marine Corps Lt. Gen. Thomas D. Waldhauser to be promoted to the rank of general and replace retiring Army Gen. David Rodriguez as U.S. Africa Command commander. — U.S. Department of Defense

Shopping the Exchange pays \$237 million in dividends

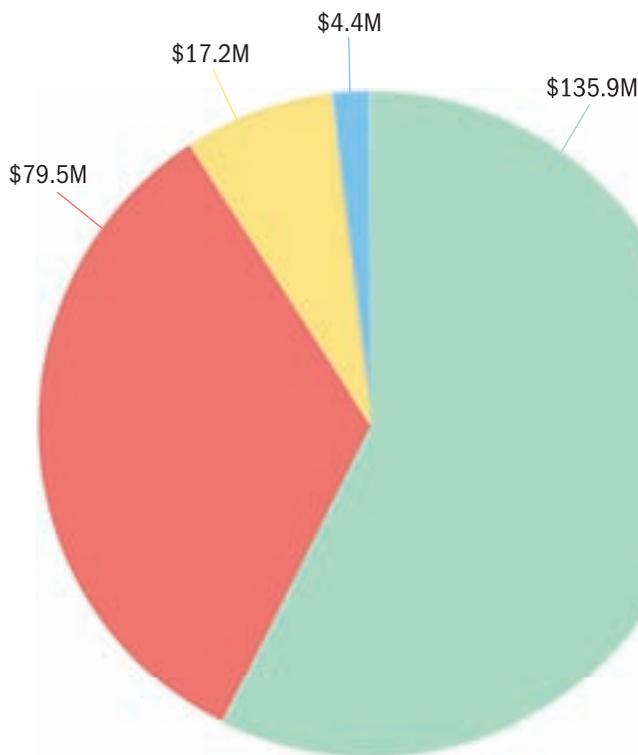
By Army & Air Force Exchange Service
Public Affairs

The Army & Air Force Exchange Service announced dividends of \$237 million in 2015 to Army, Air Force, Marine Corp and Navy quality-of-life programs—up \$13 million, nearly 5.5 percent from the previous year. In the past 10 years, the Exchange has contributed more than \$2.4 billion in dividends to youth services, family counseling, physical fitness programs and other activities that make life better for service members and their families. 100 percent of Exchange earnings support service members and their families.

“Roughly two-thirds of Exchange earnings go toward the Services’ quality-of-life programs, which promote readiness and resiliency and benefit military families,” said Air Force Chief Master Sgt. Sean Applegate, the Exchange’s senior enlisted advisor. “When service members shop or dine at the Exchange, they are investing in their own communities.”

The remaining one-third of Exchange earnings pays for building new stores or updating existing ones to improve customers’ shopping experiences. In 2015, the Exchange opened brand-new shopping centers at Fort Hood, Texas, and U.S. Army Garrison

The FY 2015 dividend of \$237 million was distributed as follows:



● Army ● Air Force ● Marines ● Navy Total: \$237M

Wiesbaden, Germany. In addition, the Airborne Express at Fort Bragg, N.C., was expanded in the last fiscal year.

Exchanges at Nellis Air Force Base, Nev.; Joint Base Langley-Eustis, Va.; Beale Air Force Base, Calif.; Fort Campbell, Ky.; Fort Carson, Colo.; Fort Bliss, Texas; and Fort Leonard Wood, Mo.; as well as a Mini Mall at Fort Drum, N.Y., received face-lifts in 2015—all paid for with Exchange earnings.

Exchange support to the military goes beyond Soldiers and Airmen. Because the Exchange operates at some Marine and Navy locations, funds are also returned to Marines and Sailors.

The Exchange’s mission of providing quality goods and services at competitively low prices while generating earnings to support quality-of-life programs means that the Exchange benefit is more than finding a good price on merchandise.

“Shoppers who take advantage of their Exchange benefit at our stores or online at <http://www.shopmyexchange.com> are working to improve their communities,” Applegate said. “100 percent of Exchange earnings support Soldiers, Airmen and their families. The Exchange is dedicated to standing alongside our service members.”

TBI Awareness Month highlights prevalence of injury

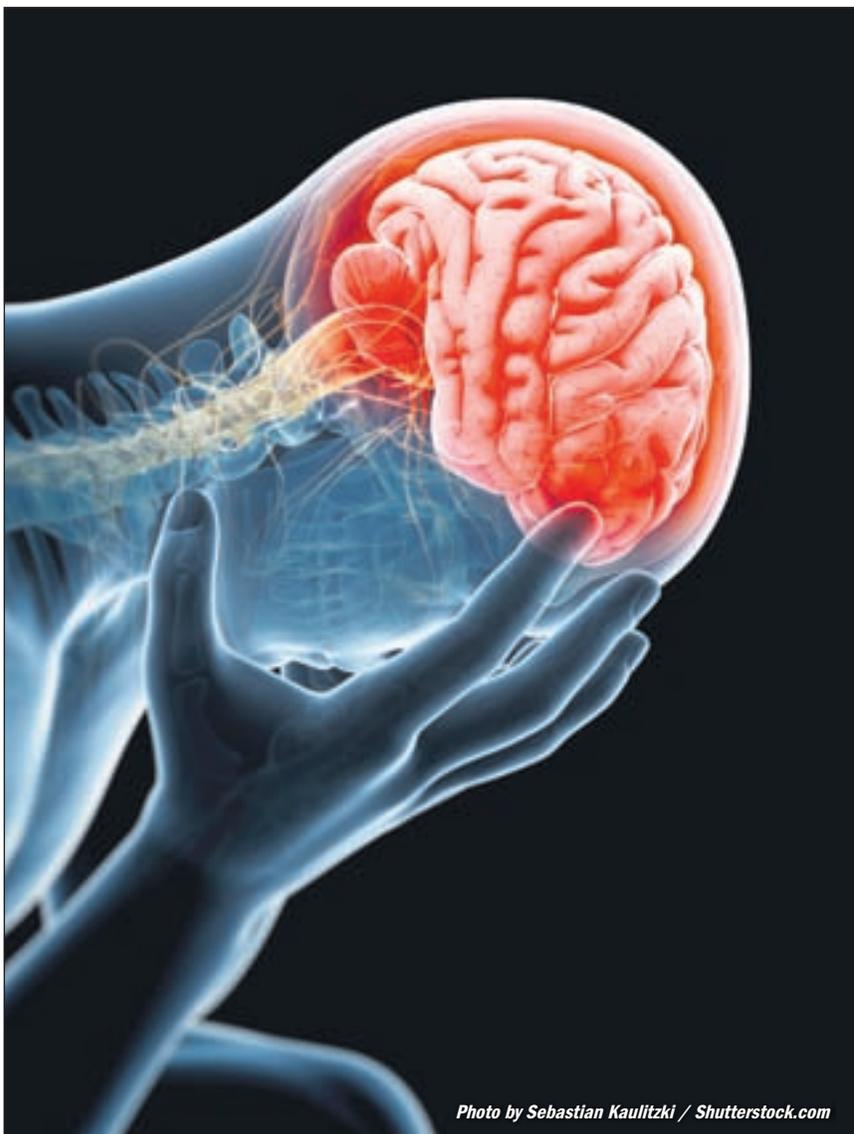


Photo by Sebastian Kaulitzki / Shutterstock.com



Photo by Triff / Shutterstock.com

By Staff Sgt. Joseph C. Hill
Kirk U.S. Army Health Clinic

Throughout the year, we designate specific months to remind us of varying topics that are important to our well-being and/or culture. Often times we forget or overlook the significance of these awareness months due to their repetitious nature.

National Brain Injury Awareness Month March is intended to remind us of the serious impact of traumatic brain injuries, or TBI, throughout our population.

The numbers are telling.

The Centers for Disease Control and Prevention reports that approximately 2.5 million emergency room visits, hospitalizations, or deaths were associated with a singular TBI or a combination of a TBI and additional sources of injury and that annually, traumatic brain injuries are responsible for an estimated 50,000 deaths.

The Defense and Veterans Brain Injury Center tracks the total number of service members throughout the Department of Defense whom have been diagnosed with a TBI. Since 2000, over 313,000 service members have been diagnosed with a TBI.

TBI-associated costs within the

United States are estimated at a staggering \$56 billion annually. The DOD spends an estimated \$1.1 billion each year on TBI education and treatment.

There are more than five million Americans living with a TBI that has resulted in a permanent need for assistance in daily functioning. These TBI survivors are left with severe behavioral, cognitive, and communicative impairments.

TBIs pose a significant public health problem, especially for children aged 5 years and younger, male adolescents and young adults ages 15 through 24, and the elderly who are 75 years or older. In fact, this form of injury is the most common cause of death and acquired disability among children and adolescents in the U.S.

Dr. Carolyn Caldwell, a neuropsychologist assigned to Kirk U.S. Army Health Clinic at Aberdeen Proving Ground, MD, is far too familiar with the effects that TBI has on an individual and their loved ones. On a daily basis she treats the survivors of these traumatic injuries and the aftermath it creates within their occupational, social, family and interpersonal environments.

Caldwell said no matter how a mild TBI — the most common severity type

— occurs, whether an IED blast, a hard hit in a football game or a fall, the impact on the injured is similar.

“The nerves or neurons in our brain can be compared to silly putty. They are very elastic and stretch easily; however, if they are stretched too far, they can break,” Caldwell said. When this happens, she added, the normal chemical and electrical functions of the brain are disrupted and can cause a person to experience physical cognitive and emotional symptoms.

For example, following a mild TBI it is common for a person to experience headache, sleep disturbance, difficulty with balance, reduced attention/concentration, reduced memory ability, irritability, and/or mood swings.

But regardless of the patient's age or type of injury, there is one common treatment for everyone: physical and cognitive rest. With adequate rest, the brain will recover its normal chemical and electrical balance. Most individuals will recover from a mild injury within days to a few weeks.

A traumatic brain injury is a serious health concern. As a community we must remain cognizant of the seriousness of a TBI. It is within this awareness that we find a greater chance of preventing these injuries.

People who have had a concussion may say that they are “fine” although their behavior or personality has changed. If you notice such changes in a family member or friend, suggest they seek medical care.

TRAUMATIC BRAIN INJURY, TBI 101 CLASS

FOCUS (Families Overcoming Under Stress) is hosting a free class to learn the basics of Traumatic Brain Injury, or TBI such as identification, treatment, caregiver support, resources and transitional care.

The class is presented by Lorrie Cappellino, RN, MS, CNOR Regional Health Command TBI Nurse Educator and Melissa Andrews, LICSW DVVIC TBI Recovery Support Specialist.

All ID cardholders are welcome to attend, July 26 at 1 p.m. at the Panzer Chapel Fellowship Hall, Panzer Kaserne.

RSVP to civ. 0173 762 6099 or email: FOCUS4SOF@gmail.com.

The Culture Calendar

Visit the off-post calendar at www.stuttgartcitizen.com, under Culture & Leisure. Tune-in to the Culture Corner on AFN Stuttgart radio station 102.3 FM Thursday's at 8 a.m. or watch the Culture Corner update live on the garrison's Facebook page; [USAGarrisonStuttgart](https://www.facebook.com/USAGarrisonStuttgart).

Abendmarkt (Evening Market) Bad Cannstatt

Every Friday (through Sept. 9), Bad Cannstatt will host the Abendmarkt, or evening market, at the Marktplatz (market square) in the historic downtown area.

The market will boost local, regional and international foods, such as cheeses, meats and baked goods. Arts and crafts, and food trucks selling antipasti and cheese plates, as well as cocktails and wines, will also be offered.

While shopping and indulging in the various foods, patrons can enjoy special entertainment with live music. Wine tastings will also be offered by local vintners.

Dates are: July 15, July 22, Aug. 5, Aug. 12, Aug. 19, Aug. 26, Sept.

2 and Sept. 9 from 5-10

Sommerfestival der Kulturen (Culture Summer Festival) July 12-17

Stuttgart will host the "Sommerfestival der Kulturen," or culture summer festival, at the market square (Marktplatz) in downtown Stuttgart.

The festival aims to bring people of all nationalities together to celebrate their cultural heritage and will feature live bands, dance performances, comedy and a culture market offering arts and crafts from all over the world.

Entrance is free. July 12-17, the festival is open from 5:30-10 p.m., July 16 from 4:30 to 10 p.m. and July 17 from 11 a.m. to 10 p.m.

"SchoWo" Summer Street Festival Schorndorf July 15-19

Schorndorf's "SchoWo," the city's summer street festival will span from Marktplatz and Spitalhof to am Ochsenberg, Schloss and throughout the historic downtown area.

Concerts, dance performances, entertainment and children's activities will be offered. Local restaurants will provide regional and international food and beverages.

For more information and times, visit <http://www.schowo.de>.

"Schlemmermarkt" Culinary Festival Sindelfingen July 15-17

Sindelfingen will host the "Schlemmermarkt," or culinary festival, at the Marktplatz, or market square, in the historic downtown area. During the festival, visitors can indulge in fine foods ranging from regional Swabian cuisine to international delicacies.

Live music and entertainment will also be offered.

Schlemmermarkt will open July 15 from 5 p.m. to midnight, July 16 from 10:30 a.m. to midnight and July 17 from 10:30 a.m. to 9 p.m.

Internationale Festspiele Ludwigsburg July 16

The annual Internationale Festspiele in conjunction with

the Ludwigsburg Symphony Orchestra has an open air concert fireworks sensation set to music with popular themes from Robin Hood to Star Wars to Harry Potter. For the first time, the Prague Orchestra will be visiting also to perform at the event.

Admission opens at 6 p.m. For ticket pricing and information, visit <https://www.schlossfestspiele.de/>, select EN for English.

Culinary Festival at the Böblingen Lake July 20-24

During the "Schlemmen am See" culinary festival, visitors can indulge in fine foods ranging from regional Swabian cuisine to international delicacies. Live music and entertainment, as well as a children's program will also be offered.

The culinary festival will be open July 20 from 5-11 p.m., July 21 from 5 p.m. to midnight, July 22-23 from noon to midnight, and July 24 from 11 a.m. to 10 p.m. Location: Parkstrasse Böblingen, 71034.

"Bohnenviertelfest" Bean Quarter Fest July 21 - 23



Visitors enjoy food, drinks and company during a previous year's "Bohnenviertelfest" at Stuttgart's historic bean quarter. The timbered building in the background is the "Schellenturm," or "handcuff tower," that was built in 1564 as part of the city fortification. The Schellenturm received its name from the "Schellenwerkern," prisoners who had to fulfill their public service and wore leg irons to prevent them from escaping. Today, the Schellenturm houses a Swabian wine restaurant. — *Photo courtesy of Handels- und Gewerbeverein Bohnenviertel*

During the street festival, visitors have the chance to tour and explore the bean quarter's cobblestoned streets, hidden alleys and timbered houses.

Visitors can also indulge in Swabian, African, Greek, Italian, Croatian and Asian foods, as well as in local wines, summer cocktails, chocolate-covered fruits and homemade cakes.

A children's program with arts and crafts and face painting will be offered, as well.

The fest will start July 21 at 5 p.m., July 22 at 6 p.m. and July 23 at 1 p.m. The fest will be open until midnight on all three days.

The bean quarter is located between the "Charlottenplatz" and "Leonhardsplatz" squares.

Short history on Stuttgart's Bean Quarter:

The bean quarter was founded in the 15th century and was one of Stuttgart's first housing areas to be built outside the city fortification.

The quarter was mainly occupied by the city's poorer residents, such as craftsmen and vintners, who worked there as well.

The name "Bohnenviertel," or bean quarter, originates in the fact that most of its residents grew pole beans and vegetables in their gardens to feed their families. For years, the residents knotted beans on strings so that they grew like garlands around the housing facades.

Visitors to the bean quarter will find furniture, interior decorations, antiques, jewelry, books, galleries, arts and crafts as well as traditional Swabian wine restaurants, Italian, Greek, Russian and Asian cuisine and specialty stores.

The tradition of the Bohnenviertelfest dates back to 1991, when local merchants decided to form a business association to reestablish the quarter's historic heritage. Ever since, on the last weekend in July, patrons crowd the streets and alleys of the Bohnenviertel for the annual outing.

Safety and security for US youth traveling abroad

Courtesy of the Federal Bureau of Investigation Counterintelligence

During the summer break before going off to college, many students may take this final opportunity to travel with friends or even on their own through summer student programs within Europe or abroad.

Living and traveling in another country is an enriching and rewarding experience, especially if you are prepared and take certain precautions.

“Act Smart. Be Safe.” An ounce of prevention is worth a pound of cure.

Before You Go

Familiarize yourself with local laws and customs in the areas you plan to travel. You are expected to obey their laws, which may include dress standards, photography restrictions, telecommunication restrictions, curfews, etc.

Plan your wardrobe so that it does not offend the locals, nor draw unwanted attention to yourself. Americans are perceived as wealthy and are targeted for pick pocketing and other crimes. Do not wear expensive looking jewelry and avoid wearing American team sports shirts or baseball caps that might indicate you are an American.

Do not take unnecessary identification or credit cards in case they are stolen. Take only what is necessary.

Establish points of contact for your family to contact and for your foreign hosts to contact in the event of an emergency. Register your trips with the State Department, called the Smart Traveler Enrollment Program or STEP (<https://step.state.gov/step/>).

Make copies of your passport, airplane ticket, driver's license, and credit cards that you take with you. Keep one copy at home; carry a second copy with you but separate from the originals. This will help speed the replacement process if they are lost or stolen.

Take any necessary medications with you in their original containers and keep them in your carry-on luggage (not checked baggage) during the flight. Verify you have adequate medical insurance.

Obtain specific pre-travel country risk assessments for the country/countries you plan to visit from the Installation Safety or Security Offices, the State Department, and/or the FBI. There may be specific issues you should be aware of and prepare for that will ensure your safety and peace of mind.

During Your Stay

Protect your passport! Theft of American tourist passports is on the rise. It is recommended that you carry your

passport in a front pants pocket or in a pouch hidden in your clothes, and that it remain with you at all times. Some hotels require you to leave it at the desk during your stay and they may use it to register you with the local police—a routine policy. Ask for a receipt and be sure to retrieve your passport before continuing your trip. If your passport is lost or stolen, report the situation immediately to the nearest U.S. Embassy or Consulate.

Do not invite strangers into your room.

Be courteous and cooperative when processing through customs. Do not leave your bags unattended. Stay alert.

Use only authorized taxis. Passengers have been robbed or kidnapped when using “gypsy” taxis.

Avoid traveling alone, especially after dark. Be conscious of your surroundings and avoid areas you believe may put your personal safety at risk. Be wary of street vendors and innocent-looking youngsters. While one person has your attention, another may be picking your pocket.

Do not carry large amounts of cash. Always deal with reputable currency exchange officials or you run the risk of receiving counterfeit currency. Keep a record of your financial transactions.

Beware that theft from sleeping compartments on trains is common.

Do not leave drinks unattended — someone could slip a drug into it that causes amnesia and sleep.

Avoid long waits in lobbies and terminals, if possible. These areas may harbor pickpockets, thieves, and violent offenders. Laptop theft is especially common in airports.

Avoid civil disturbances and obey local laws. If you come upon a demonstration or rally, be careful; in the confusion you could be arrested or detained even though you are a bystander. Be mindful that in many countries, it is prohibited to speak derogatorily of the government and its leaders. It may be illegal to take photographs of train stations, government buildings, religious symbols, and military installations. Avoid actions that are illegal, improper or indiscreet.

Avoid offers of sexual companionship; they may lead to a room raid, photography, and blackmail. Do not attempt to keep up with others in social drinking. Do not engage in black market activities. Do not sell your possessions. Do not bring in or purchase illegal drugs or pornography. Do not seek out political or religious dissidents. Do not accept packages or letters for delivery to another location.

If you are arrested for any reason, ask to notify the nearest U.S. Embassy or Consulate. A consular officer cannot arrange for free legal aid or provide bail

money, but they can assist you. Do not admit to wrongdoing or sign anything. Do not agree to help your detainer.

Keep a low profile and shun publicity. Do not discuss personal or family information with local news media, and as a general rule, be careful what information you share with foreigners. They may have been directed to obtain information about you for duplicitous purposes and may use what they learn to target or use against you.

Evade criminals and terrorists by being aware of your surroundings and alert to the possibility of surveillance. Take mental notes of anyone following you and promptly report it to the appropriate security officials. In general, criminals will strike when their target seems most vulnerable and lax about his/her security. If anyone grabs you, make a scene—yell, fight and try to get away! If you are kidnapped, remain alert and establish a program of mental and physical activity for yourself; try to remain calm and non-threatening.

Beware of new acquaintances who probe for information about you or who attempt to get you involved in what could become a compromising situation.

Do not gossip about character flaws, financial problems, emotional relationships, or other difficulties of your fellow Americans or yourself. This information is eagerly sought by those who want to exploit you or your fellow travelers.

Beware that your conversations may not be private or secure. Unlike the U.S., most other countries do not have legal restrictions against surveillance. Most foreign security services have various means of screening incoming visitors to identify persons of potential intelligence interest.

Phone & Laptop Security: If you can do without the device, Do Not Take It!

Do not leave electronic devices unattended. Do not transport them (or anything valuable) in your checked baggage. Shield passwords from view. Avoid open Wi-Fi networks if you can. In some countries they are controlled by security services; in all cases they are insecure.

Sanitize your laptop, telephone, & PDA, prior to travel and ensure no sensitive contact, research, or personal data is on them. Backup all information you take and leave that at home. If feasible, use a



Photo by Sergey Nivens / Shutterstock.com

different phone and a new email account while traveling.

Use up-to-date protections for antivirus, spyware, security patches, and firewalls. Don't use thumb drives given to you — they may be compromised.

Clear your browser after each use: delete history files, caches, cookies, and temporary internet files.

In most countries, you have no expectation of privacy in Internet cafes, hotels, airplanes, offices, or public spaces. All information you send electronically (fax, computer, telephone) can be intercepted, especially wireless communications.

Beware of “phishing.” Foreign security services and criminals are adept at pretending to be someone you trust in order to obtain personal or sensitive information.

If your device is stolen, report it immediately to the local U.S. Embassy or Consulate.

Change all your passwords including your voicemail and check devices for malware when you return.

Cyber criminals from numerous countries buy and sell stolen financial information including credit card data and login credentials (user names and passwords).

Report any unusual circumstances or noteworthy incidents via iReport/iWatch app on your mobile phones or online at <http://www.eur.army.mil/iReport>. If you are travelling with an organized group or study program, report it to your program manager also. Notifying officials through the easy reporting apps will help ensure that future travel advisories take into consideration the circumstances and incidents you encountered.

Reminder: Our country will be judged by the impression you make. As an American abroad, you serve as a spokesperson for the United States.

SUMMER FUN IN STUTTGART

By Stuttgart Public Affairs Office

Pools in the Stuttgart area

To make the most of the season, check out some of our favorite things to explore in the area. From pools, fests, and city beaches, to theme parks, leisure and adventure areas, offering activities for the entire family all summer long.

The “Inselbad Untertürkheim” outdoor pool offers a wave pool, a 10-meter diving platform, a 90-meter slide and more. Visitors can also play beach volleyball, basketball or ping pong. The Inselbad is located at Inselbad 4, 70327 Stuttgart-Untertürkheim. U-Bahn trains U4 and 13 take visitors to the “Bahnhof Untertürkheim” stop. For more information, visit www.stuttgart.de/baeder.

The “Fildorado” adventure pools in Fildertstadt-Bonlanden offer indoor and outdoor areas, a wave pool, slides as well as a wellness and spa area. Fildorado is located at Mahlestrasse 50, 70794 Fildertstadt-Bonlanden. S-Bahn train S2 takes visitors to the “Filderstadt-Bernhausen” stop. From there, take Bus 35 to the “Bonladen Fildorado” stop. For more information, visit www.fildorado.de.

The “Badezentrum Sindelfingen” offers three indoor and five outdoor pools as well as a wellness area with saunas and whirlpools. The Badezentrum is located at Hohenzollernstrasse 23, 71067 Sindelfingen. S-Bahn train S1 takes visitors to the “Goldberg” stop. From there, take Bus 708 to “Sindelfingen Sommerhofenstrasse” stop. For more information, visit www.badezentrum.de.

The “Mineraltherme,” or mineral spa in Böblingen provides indoor and outdoor mineral pools, saunas and massages. The Mineraltherme is located at Am Hexenbuckel 1, 71032 Böblingen (5-minute drive from Panzer Kaserne). S-Bahn train S1 takes visitors to the “Goldberg” stop.

From there, take Bus 721 or 708 to the “Mineraltherme” stop. Stuttgart-Bad Cannstatt has the second largest mineral sources in Europe.

For those interested in a relaxing bath, the pools listed below offer indoor and outdoor areas, and give visitors the chance to soak in healing mineral water:

- Mineralbad Berg: Am Schwanenplatz 9, 70190 Stuttgart. U-Bahn trains U1, U2 and U14 to the “Mineralbäder” stop.
- Das Leuze Mineralbad: Am Leuzebad 2, 70190 Stuttgart. U-Bahn trains U1, U2 and U14 to the “Mineralbäder” stop.
- MineralBad Cannstatt: Sulzerrainstrasse 2, 70372 Stuttgart. U-Bahn train U2 to the “Kursaal” stop. For more information, visit stuttgart.de/baeder.



Bridge over the Neckar River opposite the city beach. — Photo by Holly DeCarlo-White



Put your toes in the sand

Who knew you could go to the ‘beach’ in Stuttgart?



Photo by MaszaS / Shutterstock.com

Sky Beach is a bar, complete with sand, boardwalk and beach chairs, located on the roof of the GALERIA Kaufhof, Königstraße 6, 70173 in downtown Stuttgart. U-Bahn and S-Bahn trains to the main “Hauptbahnhof” stop. Only open during the summer season. For information, visit skybeach.de.



Sky Beach roof beach bar located in downtown Stuttgart. — Photo by Holly DeCarlo-White

Stadtstrand “city beach” is an outdoor beer garden area with chairs set up in the sand overlooking the Neckar River. Rosenaustrasse 5, 70376 Stuttgart. U-Bahn trains 1, 2 and 13 to the “Wilhelmsplatz” stop and then walk to the beach via Eisenbahnstrasse or Badstrasse or U-Bahn trains U1, U2 and U14 to the “Mineralbäder” stop. Stadtstrand is located at Seilerwasen across from

the Wilhelma Zoological and Botanical garden. Patrons could also get out at the “Wilhelma” stop when taking U14 and then cross the bridge spanning over the Neckar River to get to the beach. Only open during the summer season. For more information visit, www.stadtstrand.com.

Stuttgart Community cele

Story and photos by Kevin S. Abel
USAG Stuttgart Public Affairs

U.S. Army Garrison Stuttgart hosted a July 4th celebration, here, for military members, their families and community leaders to pay tribute to their contributions in the defense of freedom.

The first national celebration was held on July 4, 1777 at Bristol, Rhode Island. In 1870, Congress declared Independence Day a national holiday. In 1938, Congress reaffirmed July 4th as a national holiday and made it a paid holiday for federal employees.

As members of the Stuttgart Community celebrated America's independence they were reminded of something remarkable that happens almost every day. Americans and their military share a trust that was built over two hundred and forty years. The United States military has proven that it was not only necessary in the fight for independence, but it is still necessary in the struggle to maintain it.

USAG Stuttgart hosted its annual celebration, starting with the German National Anthem by Staff Sgt. Ashley Sangret, U.S. Army Europe Band and Chorus and Ms. Denise Woodmansee singing the American National Anthem USAREUR Band at Husky Field on Patch Barracks, July 4th culminating with fireworks.

This year's celebration had something for everyone, from bouncy houses for tiny tots to a tailgating area for adults. The first 500 kids received an ice cream sandwich and the first 500 adults receive

a commemorative t-shirt.

There will be plenty of games and activities for the kids as well as music provided by bands including the USAREUR Band, Booze Bombs, and the LIVIN Music Family. Free rides opened at 5 p.m. including an all-terrain vehicle course, Segway rides, bungee jump, spinning swing and an elevated confidence course for everyone to enjoy along with Family and MWR and Private Organization vendors selling food and cold drinks.

For those who wanted to enjoy the experience of the traditional American summer barbecue there was an area set aside for tailgating.

Throughout the evening music entertainment was provided by three bands starting with The Musik Brigade from the USAREUR Band & Chorus for a unique blend of rock. The additional bands to round out the night were Booze Bombs, and the LIVIN Music Family.

With help from local sponsors and the hard work of staff from Directorate of Family and Morale, Welfare and Recreation, this year's grand prize raffle was a patriotic red Vespa Scooter.

The evening ended with oohs and aahs from the crowd to the sounds of crackling in the sky saluting the United States of American, July 4, 2016 marking the 240th anniversary of Independence Day.

View the event photo album on our Flickr site at <http://bit.ly/USAG-S-4July>



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Installation Team Needed for Projects on military bases throughout Germany, installation construction electrical carpentry flooring furniture plumbing painting wallpaper CCTV audio visual, Our physical address is in the US but these projects are located at military bases throughout Germany., phone: 763-746-2272, email: steve@killc.com.

Looking for Participants, project on Ethnography/Post-Colonialism Linden Museum, 'The People's Collection', which I am developing during my residency at Akademie Schloss Solitude, in Stuttgart. I am especially interested in working with people who are originated from a country colonised or invaded in the past, as I think that their views on this issue are different. Hence, the project is entitled The People's Collection...The visit takes about 45 minutes, in the Linden Museum. Contact me for more details. Tel: 016097067224 E-mail: ana@anamendes.com

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Which German language school should my son attend? What was your experience learning German? He wants to study 9-12 months from A1 to C1 and would like to choose from your recommendations. reuterj@pacbell.net. Danke!

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02 Peugeot MUST GO!!! Description: Dealer maintained!!! Great car in excellent condition (minor scratches and scraps on exterior). Equipped with Computer (Driver Information System), Keyless Entry, Power Windows, 3x3 point rear seat belts, Height adjustable drivers seat, Power steering, Remote central locking, Central locking, Airbags, CD Player, Radio, Folding rear seats, and 40 MPG! Car will also come with winter cover. Fresh oil change, new tires, muffler, battery, and more! A great and reliable car! Available May 1st. Please call 0174-949-8063 for additional questions or showing. \$3000.

1997 BMW 523i Sport Sedan, \$6,495, Eur Spec, Automatic, Leather, Heated Seats, Just serviced, 12 months guarantee included in price! Perfect Condition, Call: 0176-22730967, Email: info@europeanmotors.org, Web: <http://www.europeanmotors.org>



1997 BMW 735i great condition, about 170,000 miles, very reliable, clean in and out, new tires and brakes, not trashed out, moving back to states and need quick sale. Call Louis @ 0151 6414 6124

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2000 Skoda Fabia, good on gas, dependable, dealer maintained, asking \$2500 obo, for more info contact Brian at 0176-31508726 slavix132@gmail.com

2001 BMW 318i Sport Sedan, \$6,495-, German SPEC, Manual Transmission, Cloth Seats, Automatic Climate Control, Power Windows Excellent Condition, Call:0176 22730967, Email: info@europeanmotors.org, Web:http://www.europeanmotors.org

2006 Toyota RAV 4 US specifications, suv toyota, stuttgart germany, \$8200, nancyme72@gmail.com

2001 BMW 320i Sport Sedan, \$7,995-, EU SPEC, Automatic, Leather Sport Seats, Cruise Control, Alloy Wheels, Excellent Condition, 12 Months Warranty, 1 Owner Vehicle, Call: 0176 2273 0967, Email: info@europeanmotors.org

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2012 Jeep Liberty, 3.7L, V6, 210HP, SUV, 23,598 miles, gas, Black Metallic, \$24,995, contact mark@americanmotors.net, 0176-93136972

2005 Mercedes ML 270 CDI 4x4, Turbo Diesel, 2.7L 5 Cyl, Turbo Diesel, Automatic/Tiptronic, 96,900 KMs/60,000 Miles, Obsidian Black Metallic Price: \$16,990, 0631-354-9908

2012 GMV Acadia, 3.6L V6 288HP, 63,764 miles, automatic, Gas, black metallic, grey leather, \$24,995, contact mark@americanmotors.net, 0176-93136972

2012 Honda Pilot EX-L 4WD 8 seater (S1311), Automatic SUV 8 Seater 4 Wheel Drive, Jacob-Pfeifer-Straße 67661 Kaiserslautern Germany, \$28999, phone: 0631 98 741, email: nathan@usedcarguys.net

2012 Hyundai Elantra, 1.8L, Sedan, 48,050 miles, automatic, gas, Grey Metallic, Grey Leather interior, \$15,995, contact mark@americanmotors.net, 0176-93136972

2003 Porsche Cayenne S AWD-Euro Spec, \$8600 obo, phone: 01622964164, email: tsather31@gmail.com.

2006 Honda Accord "EX" Sport Sedan, \$9,995, US spec, Manual, Power Glas Sunroof, Cruise Control, Cloth Seats, Alloy Wheels, Excellent Condition, Call: 0176-22730967, Email: info@europeanmotors.org, Web: http://www.europeanmotors.org

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2007 Chevrolet Corvette, 6.0L, V8, 400HP, 71,591 miles, red, black leather interior, \$26,995, contact mark@americanmotors.net, 0176-93136972

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2007 MINI Cooper "S" Hardtop, \$12,695, US spec, Manual, Leather, Cruise Control, Heated Seats, Alloy Wheels, Power Glass Sunroof, Perfect Condition, Call: 0176-22730967, Email: info@europeanmotors.org, Web: <http://www.europeanmotors.org>

2007 Mustang GT, 4.8L, V8, 300HP, Coupe, 74,262 miles, manual, gas, Grey Metallic, Black Premium Leather, \$13,995, contact mark@americanmotors.net, 0176-93136972

2008 Corvette Z51, 3LT options package, Z51 handling package, 0-60 in 4.0 seconds, heads-up display, lateral G-force sensors, driver-programmable power leather seating w/ exit assist, touchscreen bluetooth DVD player w/ stealth subwoofer, removable Targa-top, \$26499 email: luftwaffe808@gmail.com

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2008 VW Touran, BEST OFFER, low miles 63000 km, excellent condition, like new, one owner 87 year old, email: KEModest@t-online.de, phone: 06374-5162.

2009 Toyota RAV4 Limited (S1472), Automatic SUV 4X4, Jacob-Pfeiffer-Straße 100 67661 Kaiserslautern Germany, \$16999, phone: 0631 98 741, email: than@usedcarguys.net.

2010 Buick Lucerne CXL V6 (S1254), Automatic Sedan V6, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$13999, phone: 0631 98 741, email: than@usedcarguys.net

2012 BMW 128i, 3.0L, i6, 230HP, 28,470 miles, Blue Metallic, Cream Leather interior, \$25,495, contact mark@americanmotors.net, 0176-93136972



2010 Dodge Caliber SE, \$8500 obo. 29K miles! AC/Heated Seats. Inspection completed. Perfect family car. Must sell by 1 Aug 2016. email: sweetautumn915@yahoo.com

2010 Dodge Challenger R/T Coupe, \$25,995, US spec, Automatic, Cruise Control, Power Glass Sunroof, Power Seats, 20 inch Alloy Wheels, Perfect Condition, Call: 0176-22730967, Email: info@europeanmotors.org, Web: <http://www.europeanmotors.org>

2010 Dodge Challenger R/T, 5.7L, V8 Hemi, Coupe, 55,531 miles, manual, gas, Black Crystal, Black premium Leather interior, \$24,495, contact mark@americanmotors.net, 0176-93136972

2010 Honda Element EX 4Door (S1467), Automatic Crossover, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$12999, phone: 0631 98 741, email: than@usedcarguys.net

2010 MAZDA 3i Sport Sedan, \$10,995-, US SPEC, Automatic Transmission, Cloth Seats, Cruise Control, Front Wheel Drive, Alloy Wheels, Excellent Condition, Call: 0176 2273 0967, Email: info@europeanmotors.org, Web: www.europeanmotors.org

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2010 Volkswagen GTI, 2.0L Turbo 200HP, Sport Hatch, automatic, gas, Dark Grey Metallic, GTI Cloth Interior, \$15.995, contact mark@americanmotors.net, 0176-93136972



2010 Volvo XC90 3rd Row SUV (S1396), Used Car Guys Used Cars Ramstein Kaiserslautern Baumholder, Jacob-Pfeiffer-Straße 100 67661 Kaiserslautern Germany, \$19499, phone: 0631 98 741, email: nathan@usedcarguys.net

2011 Ford Fusion SEL. NADA lists for \$15,000; selling for \$14,000. 47,000 miles; 6-Speed auto; Red candy metallic tinted w/ charcoal black leather upholstery. New all-weather tires and new rear brakes. Contact mjmapes@yahoo.com or 015232717578.

2011 Hyundai Sante Fe GLS V6 (S1431), Automatic Crossover, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$15799, phone: 0631 98 741, email: than@usedcarguys.net

2011 Jeep Compass Sport (S1454), Automatic SUV Crossover, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$10999, phone: 0631 98 741, email: than@usedcarguys.net

2011 Jeep Grand Cherokee 4x4 Laredo (S1437), Automatic SUV 4X4, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$22999, phone: 0631 98 741, email: than@usedcarguys.net

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2011 Volvo C30 T5 Turbo LOADED (S1478), Automatic Turbo Hatchback, Jacob-Pfeiffer-Straße 100 67661 Kaiserslautern Germany, \$19799, phone: 0631 98 741, email: nathan@usedcarguys.net

2012 Jeep Patriot Latitude 4x4 Sunroof (S1436), Automatic SUV, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$17499, phone: 0631 98 741, email: than@usedcarguys.net

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2012 Jeep Patriot, 2.0L, 158HP, SUV, 16,961 miles, automatic, gas, Silver Metallic, Dark Slate Grey interior, \$15,495, contact mark@americanmotors.net, 0176-93136972

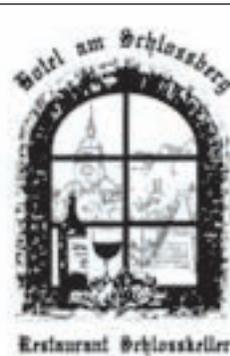
2012 Dodge Durango SXT AWD 7 Seats (S1434), Automatic 7 Seater SUV, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$21699, phone: 0631 98 741, email: nathan@usedcarguys.net

2012 Jeep Wrangler Rubicon, 3.6L, V6, 285 HP, 49,209 miles, SUV, manual, gas, Silver Metallic, Dark Slate Grey interior, \$29,995, contact mark@americanmotors.net, 0176-93136972

2003 VW Sharan Diesel Family and Utility Van, Diesel Fuel Turbo diesel engine - German Specifications -TUV Inspection valid to April 2018 - 235 000kms (145 000 miles) Seven (7) passengers/Car-go Driver/Front Passenger seats heated, and adjustable. Child safety seats- two seats convert rapidly to built-in child safety seats. Five seats snap in/ out for cargo space Tires: Two sets-winter and summer (1 set of wheels/rims) Stereo Radio and CD player Air conditioning system (needs compressor) Price: \$5,000, €4,450 OBO Contact: John 0152-0702-7323 (English) Location: Glan-Münchweiler

2012 Nissan Maxima, 3.5L, V6, 290HP, Sedan, 24,250 miles, automatic, gas, Deep Purple, Beige Cloth interior, \$23,495, contact mark@americanmotors.net, 0176-93136972

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2012 Volvo XC60, 3.2L, V6, SUV, 32,059 miles, automatic, gas, Black Metallic, Black Premium Leather, \$29,495, contact mark@americanmotors.net, 0176-93136972

2012 Volvo XC70 3.2 I6 AWD (S1412), Automatic AWD, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$25999, phone: 0631 98 741, email: nathan@usedcarguys.net

2013 Audi A3 Quattro, 2.0L, 220HP, 6,788 miles, automatic, like new, \$34,995, contact mark@americanmotors.net, 0176-93136972

2013 Dodge Dart, 2.0L 160, Sedan, 36,591 miles, automatic, gas, grey metallic, Diesel Grey Cloth interior, \$15,495, contact mark@americanmotors.net, 0176-93136972

2013 Dodge Journey SE FWD (S1463), Automatic SUV, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$17999, phone: 0631 98 741, email: nathan@usedcarguys.net

2013 Ford Escape Titanium 4WD (S1449), Automatic SUV 4WD, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$22499, phone: 0631 98 741, email: nathan@usedcarguys.net

2013 Ford Focus, 2.0L i4, Hatchback, 23,642 miles, automatic, gas, deep cherry red, Dark Slate Grey interior, \$14,995, contact mark@americanmotors.net, 0176-93136972

2013 Honda Odyssey EX-L Minivan (S1312), Automatic Minivan 7 Seater, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$28999, phone: 0631 98 741, email: nathan@usedcarguys.net

2013 Nissan Altima, 3.5L V6 240HP, Sedan, 24,300 miles, automatic, gas, storm blue, black premium cloth interior, \$20,995, contact mark@americanmotors.net, 0176-93136972

2013 Toyota Avalon, 3.5L, V6, 268HP, Crimson metallic, Black leather interior, \$25,995, contact mark@americanmotors.net, 0176-93136972

2013 Toyota Highlander, 2.7L, SUV, 17,109 miles, automatic, gas, Grey Metallic, Grey Cloth interior, \$26,495, contact mark@americanmotors.net, 0176-93136972

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2015 Honda Pilot EX-L AWD 8-Seater Tow Pack (S1394), Used Car Guys Used Cars Military Kaiserslautern, Weilerbacher Str. 110 67661 Kaiserslautern Germany, \$36999, phone: 0631 98 741, email: nathan@usedcarguys.net

2014 Ford Mustang 5.0 GT/CS Coupe, \$28,895, US Spec, Manual, Leather, Power Seats, Alloy Wheels, California Special Pack, Perfect Condition, Call: 0176 22730967, Email: info@europeanmotors.org, Web: http://www.europeanmotors.org

2014 Ford Mustang GT, 5.0L, V8, 405HP, Coupe, manual, gas, Gun Metal Grey, Black Premium Leather interior, \$32,495, contact mark@americanmotors.net, 0176-93136972

2014 Honda Pilot EX with Leather (S1305), Automatic SUV 7 Seater, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$30999, phone: 0631 98 741, email: nathan@usedcarguys.net

2014 Jeep Cherokee Latitude 4x4 (S1475), Automatic Crossover 4X4, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$22999, phone: 0631 98 741, email: nathan@usedcarguys.net

2014 MINI Countryman JCW ALL4, Blue, \$34900, 12821 miles, Manufacturer Warranty, Automatic, Panoramic Sunroof, Leather, Navigation, Auto Climate, Xenon Lights, Heated Seats, Rain Sense Wipers, Upgraded Sound System. Call or text 017680420465

2015 Honda Accord EXL 3.5L V6 Sedan (S1405), Automatic Sedan V6, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$26999, phone: 0631 98 741, email: nathan@usedcarguys.net

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2015 Hyundai Sonata HYBRID Limited (S1347), Automatic Hybrid Sedan, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$24999, phone: 0631 98 741, email: nathan@usedcarguys.net

2015 Hyundai Sonata Limited Navi Panoramic Sunroof Loaded! 2.4L (S1407), Automatic Sedan, Jacob-Pfeiffer-Straße 67661 Kaiserslautern Germany, \$24499, phone: 0631 98 741, email: nathan@usedcarguys.net

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2015 Jeep Patriot 4X4, 2.4L, SUV, 2,715 miles, automatic, gas, Deep Blue Metallic, Dark Slate Grey interior, \$21,995, contact mark@americanmotors.net, 0176-93136972

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Audi A4, 1998, 2.4L V6, Automatic/Tiptronic, 119,600 KMs/74,300 Miles, Santorin Blue Mica Metallic, \$5,030, Euro Spec, 0631-354-9908

AUTOS

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2nd Owner selling 1995 BMW 320i, solid transportation reliable low mileage, Winnweiler Germany, \$2400, phone:06302-982-5977, email: JFF@use.start mail.com.

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BMW 320d touring, HU 04/2017, Automatic transmission, 110 kW (150 PS), Diesel, FR 05/2004, 170,000 km, full leather grey, Accident-free, full serice history, full equipment, all comfort, Negotiable €8700, call 0176-62056022

BMW 525i Model 2000, new German inspection, power steering, power locks, air cond, leather interior, seat heating, power windows, alloy rims w/ new summer tires, new battery and brakes. €1800. 0152-06467728

BMW730i 2005 automatic, 63000 miles, 258PS, sunroof, wood, accident-free, full service history, garaged, non-smoker, AC, avigation professional, telephone, leather powe seats w/heating, 4winter+5summertires, perfect condition, \$14,900.Call 0151-27104833

Camper For Sale, \$29000, ed_thornburg@yahoo.com, Mercedes-Benz Marco Polo with Activity Package-loaded. Auto, diesel, AC, stove, frig, awning, sleeps 4.

Car for Sale, 2006 VW Touran, low miles 63000 km, excellent condition, like new, one owner 87 year old, best offer, email: KEMo dest@t-online.de, phone: 06374-5162

Chevrolet HHR LT, 2009, Mileage 78000 mi, Options Air Conditioning, All Season Tires, Pwr mirrors, Power locks, Power seat, Power windows, Alloy wheels, Body Sedan Doors 5, Engine 2.2L 4cyl, Auto, Patriot Military Sales Tel: +49 (0) 631 357 8231

Ford Ka - Model 2004, €1380, ste fansanya@gmail.com, Ford 140.000km, silver, 5speed, very clean. Great car for the winter, new winter tires, front-wheel drive, phone calls 0152-06786080

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Ford Kuga, 2015, \$28,500, German Specs. Titanium (Escape) 1.5l Eco-Boost. 150hp. 6 speed manual. Polar Silver Metallic. Leather Heated seats. Keyless entry, push button start. 4 winter and summer tires, auto headlights, and much more. eapropin@outlook.com

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Hyundai Accent, GLS, 4, door, automatic, ABS, power stering, 1.4 LTR, \$1550, if you have any car for dispose of, accident, non operational, we remove it for you.Email ddundkk@hotmail.de

Mazda 626 Gray 4 Door 5 speed air cond KMS 19400 €2900 with 1 year warranty on motor trans and diffarant, email ddundkk@hotmail.de

Mazda Precary Turbo Diesel Air Cond 5 speed 1st hand year 1998 new inspection and 1 year warranty, 90, Babenhausen Germany, €3000., email: ddundkk@hotmail.de.

Mazda Xedos/626 1992 Miles: 200000km Color:blue Transmissi-on: manual Upholstery:leather Description: selling a 92 mazda xedos or 626. v6. has a 5 spd manual transmission, car has been tuv inspected. selling because we now have a suv. car runs great and has new brakes all around, new tie rods and ball joints. \$1800 obo. if you would like to come see it or get pictures or have questions text/whats app me 01711805686 Kevin

Mercedes 190 E 5 speed 4 door power stering ABS new inspection and 1 year warranty on motor trans and rear end, 90, Babenhausen Germany, €3000., email: ddundkk@hotmail.de.

Mitsubishi Cosama, 1.6ltr, green, 4-door, 5-speed, ABS, power steering, German TÜV till Jan 2017, my phone is 0175-3213199, \$1500, ddundkk@hotmail.de

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Opel Tigra Twin Top 1.4 Convertible in TOP Condition, German spec, 70,000 miles, manual, black interior/exterior, chrome rims plus winter tires, parking control, just serviced, Kaiserslautern €5900, call Jasmin: 015773049505, email: jasmin_reichle@yahoo.com.

Nissan Almera TINodi, 2002, German specs, pw.windows, 2nd owner, no accidents, TÜV summer/2016, AC, 5seat, standard, great travel car, no rust, POV inspection guaranteed, €2400, full tank goes 1100km, call 0151-45261009 or stefandsanya@gmail.com



TOYOTA PICNIC 2 Liter 6 seater with manual transmission. \$2000. Great commuter car that can also carry the family or cargo 145k miles, german spec, just passed inspection. Email jl2@live.com

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Volvo Model: XC90 T6 AWD R-Design Year: 2016 Color: Bursting blue metallic Upholstery: Charcoal Nubuck / Nappa leather with contour seats Transmission: 8-speed automatic w/ geartronic, info@vipsales.eu or 06134-284943

Volvo XC 60 T5 AWD 2016 : Crystal White Pearl/ Charcoal Leather Seats, Platinum Pack Climate Pack, Laminated Panoramic Roof, Keyless Drive, Navigation, Rear Park Assist Camera, Cruise Control, Lane Departure Warning US Navigation, Active Dual Xenon Headlights, Heated front & Rear Seats Heated Steering Wheel, Park Assist Front & Rear, Blind Spot Information System, much more...250 Hp/2,5 Liters 5 CYL. Please Contact: Jason.Lappin@t-online.de/phone 0711-6204885, Cell: 0172-6756002 Total Price: \$ 39.900,--



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Sale by Owner: 2013 VolvoXC90 R-Design Platinum 7-seater. Excellent cond rating! Fully-loaded: Platinum, Climate pkgs, NAV, Bluetooth, sun/moon rf, BLIS, rear sensor, leather int, black metallic ext. \$29,928, tiffanylanigan@yahoo.com

VW Golf 16V Black Magic !! 75PS 157000Km 6 x Airbags . ESP , Central Look , Aircondition , Radio CD USB , Electric Windows and Mirrors.Very Nice Shape , Black Magic Color and Rear Windows with Black Foil. LED Rearlights.Good Condition.Pass Inspection !!!!!0170 - 1910484

VW golf cabriolet, This convertible was born in 2013, has 40,000 km, GPS, automatic, air conditioning, black leather interior, dealer maintained, all the bells and whistles one could want. For €15,000 someone is walking away with the fun car of their dreams. francisporter2@yahoo.com

VW Golf IV 1.4 1998 with 150000 km for Sale.Vehicle just past German Inspection without any issues. Inspection will be accepted from US Registration for 30 days.€2490, for more info call: +491708128934, email: stger1976@gmx.de or see online.

VW GTI 2013, \$16999k, The perfect car! 66,000 mi, xtra winter alu rims/tires, roof rack, winter matts, new clutch, bluetooth, heated seats, satellite radio, keyless, power everything, iPod connect, plad interior, airbags. Very good cond brethelenius@google mail.com

VW Passat Wagon 1999, 1.6 liter, Silver, 5-speed, ABS, power steering, air cond, winter tires, German TÜV, lots of new parts and dealer maintenance, elect.windows front, keyless entry, \$2250, ddundkk@hotmail.de

White all black interior BMW 328i, Fully loaded M Sport package BMW with 63000 miles. In good condition! Heated seats, navigation, comfort access package and so much more. Email for more details. The picture of the car is in the profile picture. faithandlive8484@gmail.com

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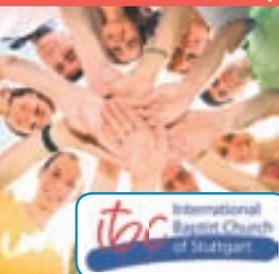
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8:30 a.m. – Panzer Liturgical, Bldg. 2940
10 a.m. – Robinson Barracks, Bldg. 115 and 116
10:30 a.m. – Panzer Contemporary, Bldg. 2940
11 a.m. – Patch Collective Protestant, Bldg. 2304
12:30 p.m. – Panzer Gospel Service, Bldg. 2940

JEWISH SERVICE
 (1st and 3rd Friday of each month)
7 p.m. – Panzer, Bldg. 2940*

*Small side Chapel. Enter from the Galaxy Bowling and Entertainment Center side.

CATHOLIC WEEKLY MASS SCHEDULE

Monday
 11 a.m. – Patch, Adoration
 11:45 a.m. – Patch

Tuesday
 11:45 a.m. – Patch

Wednesday
 11:45 a.m. – Kelley

Thursday
 11:45 a.m. – Panzer

Saturday
 4:15 p.m. – Panzer, Reconciliation
 5 p.m. – Panzer

Sunday
 9 a.m. – Patch
 Noon – Robinson Barracks
 5 p.m. – Patch

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AEG ÖKO-favorite, 220 volt dish washer, ex. condition. More info please call after 1700 hrs. 0163-8853574

Belkin, Surge Master, under monitor power center, 110V, never used, \$15.00. Pic available - cchhriiss99@netscape.net/Wiesbaden, 0611 / 5858 9640, call after 19:00 or leave message.

Canon BJC 7000 Color Bubble Set Printer. Incl. Cartridge and USB Cable. CD Booklet. chefsteven2015@gmail.com

Dell Inspiron 23 - All-in-one desktop computer, desktop computer, Brücken (Pfalz) Germany, \$300.00, email: charleshtollejr@outlook.com

Foot Massage Bath. 5 Massage Settings. With Heating. Massageball + Massagebrush. 3.3ltr. 100 Watt.220V. User Guide. Orig. Box. \$15. chefsteven2015@gmail.com

Have fun with the locals



events

AFRICA FESTIVAL

Thu, Jul 21 – Sun, Jul 24

Tübingen, Festplatz

The 7th annual Africa Festival in Tübingen will focus on Cameroon this year. Visit the Festplatz from July 21 to 24 to discover the country, culture and most importantly: music. Meet people from all over Europe and Africa and connect over your shared interest in performers and their arts. If you want to come with your family, you and your children can participate in workshops and watch one of the dance or theater shows. For more information about the festival go to www.afrikafestival-tuebingen.de

Photo by Blue is True / Shutterstock.com

EVENTS

Open air theater

Now – Fri, Aug 26

Schwäbisch hall, Große Treppe

Schwäbisch Hall is a wonderful place for site seeing and enjoying plays at the open air theater. Over the course of the summer, starting May 29 through August 26, you will be able to see various performances in German. For information about the plays that will be performed throughout the summer go to www.freilichtspiele-hall.de

City summer night

Fri, Jul 15

Vaihingen an der Enz, Marktplatz

We still haven't figured out how to do the whole 24/7-thing, though we are getting a little closer all the time. For example on July 15 in Vaihingen an der Enz' city center, shops will be open until 11 p.m. along with many other family-friendly attractions. Admission is free. For more info go to www.stuttgart-tourist.de

Late night shopping

Fri, Jul 15

Metzingen, Outlet city

Trying to shop after a full work week can be pretty hectic. Well, on July 15 you can shop until midnight at the Outlet City in Metzingen. The shops will be open from 10 a.m. to 12 p.m. Check out all the bargains without having to rush around. To find out more about the outlet go to www.outletcity.com

Culinary walks

Sat, Jul 16

Stuttgart, city center

If you are looking to enjoy a bit of culture then join the culinary walk in Stuttgart, offered from January 25 until December 31, 2016. This tour will take you through the streets of Stuttgart and to top it off also includes a full 3-course meal. The tour is approximately 4 hours. You will be hearing some interesting facts about Stuttgart's specialties, its past and present. For more information see www.stuttgart-tourist.de or call 0711 222 81 00 to reserve. A maximum of 10 participants is needed. Price is €38. For more info about the tour go to www.stuttgart-tourist.de

Classical open air and fireworks

Sat, Jul 16

Ludwigsburg, Seeschloss Monrepos

The Ludwigsburg symphony and other orchestras cordially invite you to their classical music open air festival at the Festinwiese Seeschloss Monrepos on July 16 from 9 p.m. including a colorful fireworks display. Tickets cost €38. For more information go to www.stuttgart-tourist.de

The Color Run

Sun, Jul 17

München, Riemer Park

The Color Run which is also known as "The Happiest 5k on the Planet" will take place July 17 in München. This event is great fun for the whole family. Each

participant will receive their starter kit which includes a t-shirt, color powder, headband and a bib number. After every kilometer you will be covered with 100% natural color. Start of race is noon but doors open at 9 a.m. The only tickets left are the small color runner for €8 so be quick. For more information and pics see www.thecolorrun.de

International Breakfast

Fri, Jul 17

Esslingen, Kulturzentrum Dieselstrasse

Discover different cultures and most importantly different culinary delights over a cup of Çay, Mokka or coffee at Esslingen's international breakfast at the Dieselstraße Kulturzentrum on July 17 from 11 a.m. Admission costs €7. For more information go to www.esslingen.de

Feast at the lake

Wed, Jul 20 – Sun, Jul 24

Böblingen, Am See

Don't miss the Schlemmen am See (feast at the lake) festival in Böblingen at the Seepromenade (lake promenade) starting on July 20 at 5 p.m. Around the lake you can find culinary delights from all over the world while live bands are playing. Highlights are a Harley meeting, a fireworks display and an extensive children's program on Saturday and Sunday. For more info see www.schlemmenamsee.com

SPORTS

American football

Sat, Jul 23

Stuttgart, Gazi-Stadion

Stuttgart Scorpions are playing against Schwäbisch Hall Unicorns on July 23 at 6 p.m. For more information and tickets go to www.stuttgart-scorpions.de

Soccer

Sun, Aug 7

Stuttgart, Mercedes-Benz Arena

Grab your tickets soon to see Stuttgart play against FC St. Pauli on August 7. The game starts at 8:30 p.m. For tickets go to www.vfb.de

CONCERTS

Katie Melua

Sat, Jul 23

Esslingen, Esslinger Burg

See world star Katie Melua and her band live at the Burg in Esslingen on July 23 from 8 p.m. including hits like "Nine Million Bicycles" and "The Closest Thing To Crazy." Tickets cost €49. For more information go to www.esslingen.de

The Who

Mon, Sep 12

Stuttgart, Hanns-Martin-Schleyer Halle

Check out the British rockband from the 60s and 70s on September 12 in Stuttgart. They are going on tour this year. Ticket price starts at €81.90. For more info go to www.eventim.de

All events listed on MilitaryInGermany.com and in print are subject to change without notice. Please check directly with event organizer.

More events on: www.MilitaryInGermany.com

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Garment Press, Kalorik, 110V, Kalorik Garment Press, 110V, new \$ 349.00, asking \$75.00. Wiesbaden, 0611 / 5858 9640, call after 19:00 or leave message.

Great Hyundai Computer screen - 17 inch. comes with stand. Dual voltage. Includes VGA monitor cord. Works great. \$40 brethelenius@googlemail.com

LG Freezer, good condition. For pickup only. Kaiserslautern city. €80. Call Jacky 0179-5352827



White Mini IPAD. Infrequently used. No scratches or blemishes. Latest IOS installed. \$169.00. 06371-60179

FOR SALE

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Caution: Some Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

2 each 120V Cisco Wireless-G Internet Home Monitoring Cameras Model WV54GCA, with manual and CD. \$40, spvondor@gmail.com

2012 rear seat cover made for Volvo XC60, designed by Volvo to fit the rear seat like a glove with spaces for the seat belts and zippers to accommodate the 40/60 split design, must have for kids and/or dogs! Kaiserslautern \$100.00 obo, text 0151-706-11124

3 Drawer Wide Cart White. With 4 Rollers. Compl. Size: 25"H x 22"W x 15"D. Each Drawer: 7"H x 19.5"W x 13.5"D. Lots Of Storage Space. Very Sturdy. Made in USA. chefsteven2015@gmail.com

50 Plastic Clothes Hangers. Black. Strong and Durable. chefsteven2015@gmail.com

50 Plastic Clothes Hangers, Strong and Durable, Black, €10, bethmary100@gmail.com

Aeropostale Hoodie. Turquoise-blue. Lettering "aero" and zipper at the front. Size M. Barley worn. €13. janina.wuttke@gmx.de

Bicycle, Womans Fischer German Bike. Like new. \$50.00. Must be able to pick-up. Please email: tropicalparadise96@gmail.com



Adidas Traxion Soccer shoes for men size 8.5, soccer soccer shoes adidas adidas traxion used, 75385 Bad Teinach-Zavelstein Germany, €15, phone: +4932212152735, email: asti.wb@gmail.com.

Aeropostale long sleeve. Pink. On the front are pictures of peace signs and the label name is shown. Size M. Barely worn. Good condition. For pics see www.finditguide.com. €9. janina.wuttke@gmx.de

Alessis 110V/220V digital performance/studio piano w/chair, music stand, stool, hard case 750\$, call 06374-991073 pls leave a message

Beautiful hand-made purple/pink felt flower brooch, perfect gift, can be pinned on jackets, scarves, bags and more! €12, for pics see class-world.com jenniferwilking@hotmail.com

Black knitted pullover. Size XS but fits also for size M. €5. See www.finditguide.com for pictures. Janina.Wuttke@gmx.de

Blanket Horse. 72"x52". Reversible. Heavy Quality. Machine Washable. Machine Dry At Low Heat. Great Condition. \$25. chefsteven2015@gmail.com

Brambach Baby Grand Piano (manufactured NYC) Built in the early 1920s, this 5' baby grand is in very good condition and plays perfectly. Tuned last on February 19,2016. \$2500 or best offer. marthaoyan@gmail.com

Brand new never worn fitted cap from New Era, Little Rock Travelers Minor League hat Size 7 3/8 Happy to ship to APO contact brethelenius@googlemail.com

Craftsman Gas Lawn Mower, \$150, 2 years old Please contact goworko_99505@yahoo.com

Decorative Glass Bowl Blue. Square. 10.5". bethmary100@gmail.com

Buffalo leather shoes for men size 10, shoes leather shoes men size 10 used, 75385 Bad Teinach-Zavelstein Germany, €15, phone: +4932212152735, email: asti.wb@gmail.com.

Candle Holder, Has black metal and glass housing. Large, over 3 feet high. Rustic look. Great for Indoors or Outdoors. Holds a very large candle. Helps create a warm, cozy atmosphere. john@advantipro.de

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Cooks 10 Eggs at Once, Non-stick 4egg Poaching Tray, 3egg Omelet Tray, Brush. Stainl.Steel Lid, On/Off Switch, Audible Alert, Standby Mode, Easy Cleanup, 2Egg Holders, Beaker with Piercing Pin, User Guide, Orig. Box, chefsteven2015@gmail.com

Custom-made children's kindergarten bag with name. Send me a message if you are interested in a unique bag for your child. Perfect present. All bags are made using wet-felting technique with sheep wool, soap and water only! € neg, depending on design, jenniferwilking@hotmail.com

Dark green Roxy Jeans. Size 30. Find pictures at www.finditguide.com. €10. janina.wuttke@gmx.de

Eco warrior shoulder bag, hand-made felt, environmentally friendly bag made using only wool, water and soap, €25, jenniferwilking@hotmail.com

Felt bag, gorgeous hand-made felt bag with blue design, medium size, €30, jenniferwilking@hotmail.com

For Sale, €150, ysamek@googlemail.com, German 220, Whirlpool front loader washing machine. Please after 1700 hrs. 0163-8853574

Garmin 360 Navigation, \$50, spvondor@gmail.com

For That Special Collector a Beautiful The United States Commemorative Presidential Collection, spvondor@gmail.com

Foxy lady, small felt shoulder bag with fox design. Discover your wild side! All bags are completely environmentally friendly made with wool, soap and water only! €25, jenniferwilking@hotmail.com

Garment Bags, 2 garment bags with pockets-for up to 5 garments-durable material-weather resistant-2 pockets for accessories-full length center zipper-great-condition (used the bags twice, ab918855@gmail.com

Griddle Cuisinart, Dual Temperature Controls for Grill/Panini and Griddle, Reversible Nonstick Plates Switch from Grill to Griddle, Integrated Drip Tray for Easy Storage, User Guide, Orig. Box, NEW, €65 chefsteven2015@gmail.com

Hand-carved Indonesian table + 6 chairs + two matching cabinets \$990 Indonesian and Thai dolls - each \$35 Antique French Louis XIV cabinet - \$750 Set of 6 Indonesian shadow dolls - \$125, call 06374-991073

Hollister strapless top. White color, size M. With ribbons to tie a bow on the back. €15. For pics see www.finditguide.com. Contact janina.wuttke@gmx.de

Horizon Adventure 6 Treadmill, \$300.00, phone: 015251048003, email: tvaughn31@gmail.com. This treadmill is aimed at the professional runners, with an extra wide running track it is very robust. This treadmill folds for storage and has wheels for moving.

Intake manifold, never used, for a civic type R or a Acura Acura RSX type S PRC \$120, isabell_1_98@yahoo.com or 017622987498

Items for Sale, Crane tabletop leg/arm exerciser, \$25.00, Callaway Clones Golf Clubs, 3-9 Irons, PW, SW, good condition, \$40.00. Contact Tom Rewis, Casa.rewis@t-online.de or 0171-363 0906.

Like New Poker Chips with carrying case, \$20.00, spvondor@gmail.com

Lot's of things, All Free. A stand for a terrasse Satellite Dish, A Garden Classic Spreader, A 110V Alarm Clock, A Proctor Silex Stream Excel 110V, 2 Line Cordless Phone with headset 110V, A Cuisiant toaster 110V. goworko_99505@yahoo.com

Lounge Chair, Hunter Green with nice (neutral) green mat that goes on top. Heavy metal frame -- very durable. Has wheels, easy to move around. Folds together to ease carrying. Get ready for spring! john@advantipro.de

Luxury Makeup Brushes Emerald City, makeup classes, makeup brushes, Leonberg Germany, €72.00, phone: 015128123403, email: tabby6199@gmail.com

Must sell 65 year old flawless solitaire .45 carat diamond ring set in white gold. Asking best offer \$700. Will accept \$ or €. Call: 06332-41560 from 9 - 18:00.

New never worn fitted caps, New York Mets. The price is \$10 ea, caps sizes 7 3/8 and 7 3/4, will mail vial APO brethelenius@googlemail.com



Router, Belkin N150, \$10, jcambr@yahoo.com

The perfect system to watch satellite programs in English or German Sony Bravia LCD flat screen color TV and Atemo AM 500 HD Satellite receiver selling as a complete set. \$195. for both, al@merwitz.com

Toshiba 40 inch Regaza HDTV For Sale, Flatscreen HDMI Remote Surround Sound, 67273 Weisenheim am Berg Germany, €125, email: brethelenius@googlemail.com, phone: 01623305535

Treadmill - Proform 635 CW, \$249, timboney_52@hotmail.com, well maintained/functioning treadmill. Adjusts for speed & slope. Cross fit ski poles adjustable for tension. Emergency situation stop.

TVs, Voltage Regulators, €250, cbpohlman@aol.com

White leatherette case for IPAD mini W/removable bluetooth keyboard, \$45.00, firm. al@merwitz.com / 06371-60179

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Must Sell, Swarovski crystal at half the value given by the Swarovski company! The last two Retired pieces, whale \$690, turtle \$150. Both for \$755. Will accept best offers \$/€: call 06332-41560 between 9am to 8pm. Can deliver to RAB!

Nike Zoom New for men size 8.5, sneakers nike zoom new shoes, 75385 Bad Teinach-Zavelstein Germany, €80, phone: +4932212152735, email: asti.wb@gmail.com.

Official New York Mets Jerseys and Equipment, Official MLB New York Mets Jerseys from Majestic-Team set of jerseys for sale! Enough to outfit your whole baseball or softball team! These are official jerseys from Majestic. They have been used for a couple seasons, but are still in good shape. The black home jerseys are in good shape. The Orange Spring Training Jerseys have some fading in the ventalated under arm area, but still are good to go. \$300, brethelenius@googlemail.com

Org. Thomas Sabo Charm, price new was 49€, never used, was a bday present, selling price €20, for pics please see class-world.com, s.vogl75@web.de

Perfume Mint by Tony Gard (for men), full bottle, €26, email: ace333jenny@yahoo.com

Oversized Cardigan from Re-view. Black and white stripes. For pictures visit www.finditguide.com. €10. janina.wuttke@gmx.de

Panasonic bread maker, 20volt, 67688 Rodenbach, \$40, email: isabell_1_98@yahoo.com or 017622987498

Porcelain dolls, over 100 to choose from, all dressed. Price Obo Call: 0176-90796039

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Set of three pink vases, different shapes but matching in color, perfect for shabby-chic feature or to upcycle. €10, jenniferwilking@hotmail.com

Small grey felt shoulder bag with mushroom design, perfect gift, €20 jenniferwilking@hotmail.com

Striped hand-made felt shoulder bag, large, trend colors, perfect gift, €30, jenniferwilking@hotmail.com

Super Mario kart lunch cooler, \$8,017622987498

Super Mario Kart Wii Reversible throw. Fitted sheet pillow case and lining. Never used. Paid over \$100, asking \$65,017622987498.

Swarovski Pegasus - From the 1998 "Fabulous Creatures" Series. Retired in 1998, Asking \$500. Ph. 06374/944828

Target practice, eco warrior shoulder bag, hand-made felt, environmentally friendly bag made using only wool, water and soap, €25, jenniferwilking@hotmail.com

T.U.K. Leather Shoes for Men Size 10, shoes leather shoes men size 10 used clean soles, 75385 Bad Teinach-Zavelstein Germany, €40, phone: +4932212152735, email: asti.wb@gmail.com

The Swarovski Pierrot measures 8". This is the first edition of "Masquerade" series. Retired in 1999. isabell_1_98@yahoo.com

Tricycle: Deluxe Steer & Stroll Trike by Radio Flyer, \$50, phone: 015144955943

Various music CDs for sale, all from the 2000er years. Single CDs from Nelly Furtado, Christina Aguilera etc. for €3, music samplers like Bravo Hits and The Dome €4. For a picture of the selection see www.finditguide.com. Contact janina.wuttke@gmx.de

Various size new gym bags \$10.00 each, spvendor@gmail.com

Vintage Classic Video game from Mattel - Classic Baseball. A must have for the collection. Still works great. \$20 brethelenius@googlemail.com

Vintage handheld video game from Coleco. Alien Attack is a classic and a must have for every game collection! in great scape. Runs on 4C batteries. \$20 brethelenius@googlemail.com

FURNITURE

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2013 pair of lazy chairs, leather white. €230 for both chairs. Like new condition. Please contact Nathalie at macarthurnathalie@gmail.com

3 & 2 Seat Couches, €500.00, parwk@superkabel.de



Adjustable Full/Queen Size Bed. Headboard, Footboard and Rails. Cherry Wood. Very Sturdy. Assembly is easy, no tools required. Made in USA. bethmary100@gmail.com

American Bedroom Set, €190, (or make offer), consisting of dresser with 3part mirror, and 2 night tables, solid oak with brass handles, very beautiful 06302-5554 francuml@yahoo.com

Antique 100 yr. old German china cabinet, matching dining table with 4 chairs. See photo on KA classifieds web page. Contact Eric and Mia at 063759949674, €950, eyates9761@aol.com

Antique Brittany French Bench for 300\$, antique French Louis XIV Schrank \$650, antique German dark oak buffet (top used as bar) 500\$. Call 06374-991073 pls leave a message.

Antique English Book Case, \$75, 45 inches high, 11 inches deep, 29 inches wide. Curved Door with Glass Insets. Side Panels with Glass Insets, 2 Glass Shelves. Buyer Must Pick Up. Please Call 0159 0297 6140.

Antique French Louis XIV Schrank \$650. Call 06374-991073 pls leave amessage.

Antique Oak Furniture, Dining table w/4 chairs (\$300), sewing machine (Singer) (\$125), hall tree with bench (\$300)-All items available now. Email vmdaniel2@gmail.com or phone 06314114246 (0730-1700).

Bed, Single w/mattress. Solid wood frame. Mattress like new condition. €75, jcambroyahoo.com

Brown Corduroy Upholstered Chair, \$25, Buyer Must Pick Up. Please Call 0159 0297 6140

CD/DVD Storage with 12 adjustable shelves. 45"H. x 26"W. x 10"DEEP. €25. chefsteven2015@gmail.com

Clock, \$150.00, spvendor@gmail.com

Couch set, €900, stefandsanya@gmail.com



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Couch Relax Chair, €199, great furniture use as a relax chair or bed diff moves, cover washable, like new, was new 398 euro at Möbel Martin, from a smoke and pet free home, cell 0151-45261009 stefandsanya@gmail.com



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Large 4 Section Closet (Schrank), \$250, 7ft 4in by 11ft 5in (3 sections are 3ft 3in wide, 1 section is 1ft 8in wide). Two Clothes Hanging Rails, Many Shelves. We will help take apart. Buyer Must Pick Up. Please Call 0159 0297 6140

La-Z-Boy Rocker Recliner, \$75, Dark Green Fabric, Clean and Cozy. Buyer Must Pick Up. Please Call 0159 0297 6140.

Love Seat, \$75, Warm Gold Fabric, Clean and Cozy. Buyer Must Pick Up. Please Call 0159-0297 6140.

Mantel Clock from the 60 era. Key wind chimes on the half and full hour, \$70.00, spvondor@gmail.com

Mattress Set: Stearns and Foster Queen, Spangdahlem Air Base, \$800, phone: 015144955943

Microscope, Lomo MB-10 stereo microscope with various parts and lenses included. Excellent condition. €400, jcambr@yahoo.com

One Each 2&3-Seat Couches, €500.00. Like new from smoke & pet-free home, anthracite-colored cloth front & back. New price 1450€ asking 500€. Pick up in Siegelbach. Call 06301-7988092 after 8PM. parwk@superkabel.de

Piano nicely done in good condition recently tuned 590 euro, phone ditthierbach@aol.com, phone: 06731 44782

Race Car Bed, Twin, solid wood, color blue, Length: 234 cm Width: 102 cm Height at highest point: 63 cm fits mattress size 200 x 90 cm (not included), buyer must be able to pick up. \$80 Call/text 015204445052

Recliner couch loveseat leather, \$390, stefandsanya@gmail.com, real leather black, works great not often used, very comfy, back pillows come off easy to carry, cell 0152-06786080



Round marble table with four chairs, \$250.00, phone: 015208856178, email: speedsew99@yahoo.com

White IKEA Twin Trundle Beds w/ Mattresses, \$175, Buyer Must Pick Up. Please Call 0159 0297 6140.

White lux designer couch, 37in W X 82in L, asking \$875.00 or BO. Excellent condition. More info, please after 1700 hrs. Cell 01638853574

Wooden bookshelf. Contact Eric and Mia at 063759949674, \$150, eyates9761@aol.com

Zither, €950 (or make offer), francuml@yahoo.com, 06302-5554 near Sembach

Solid rustic oak dining room, €500, (or make offer) cabinet 3,80m long, table 2m long with 8 chairs. Hel-Sus80@gmx.de

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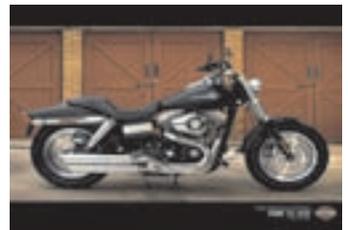
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2001 BMW R1150RT; 38000KM (German spec cycle); Excellent condition, \$5500/OBO, thomas621@comcast.net; Stuttgart area.



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2008 Kawasaki Concours 14 motorcycle--34K miles--sports-touring lots of upgrades--new rear tire, heated grips, tip over protection, highway pegs, saddlebag/engine guards, windsheid extenders, & more. \$6700 or equivalent in EURO, email: mnovobilski@gmail.com

Lookin for Sportster parts or a bike (Ironhead too) which needs some work, basket case or sittin longer time too. BT Ultra Classic perhaps too. Just make me your offer what you have and we will see. 2wheelmechanic@web.de



Dining table and 4 chairs, Dark brown dining table and 4 matching chairs, email: gosia19@hotmail.com

Large office desk/workspace, of-ice desk workspace, Brücken (Pfalz) Germany, \$150.00, charleshtollejr@outlook.com, 015144959369



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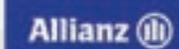
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Violin Lessons, Bruchstraße 13 67655 Kaiserslautern Germany, phone: 0179 1662 828, email: michelle.livingston1@gmail.com.

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Real Estate Services are offered by registered businesses as well as private people. To ensure a satisfactory service experience, please always ask for credentials and deny payments up front.

City apt for rent Stuttgart sud, Tulpen strasse Stuttgart, €1550, phone: 7038435934, email: ameliecarole@hotmail.com.

For Sale: Building site in Kollweiler 1922 sqm, Hofstraße 35 66879 Kollweiler Germany Gosenberger Hof, €82000, phone: +49-6373-893499, email: info@khschoon.de.

TDY IN GRAFENWOEHR? SPACIOUS LONG-/SHORT-TERM APARTMENT! € 75 per night, Phone: 0961 - 38 18 9438 Mobile: 0170 - 93 13 60 9 E-Mail: business-apartment@t-online.de; www.business-apartment-online.de

TLA / TQSA /Short term, 3 bd, 2 bth, 120 sq meters, Ramstein-Miesenbach Germany, phone: 0179 145 6657, email: temp_house@hotmail.com

WANTED

All ads & pics on www.FindItGuide.com

MRE (Meal Ready to Eat) Wanted!!! Offers to: 0170-1910484

Pet sitter (2 cats) wanted, Cat sitter wanted on occasions where family is on leave or on travel. Daily rate negotiable. Administer meds, dry food and water, clean kitty litter. lorileeramirez@gmail.com

Seeking Racquetball partner. Retired guy 63 desires a Racquetball partner, M/F, WI area, couple times a week on base for exercise, fun, NOT competition. Been years since I've played. Ready to play again. agameone@yahoo.com

YARD SALES

All ads & pics on www.FindItGuide.com

Various dresses for women, size S and M. They can be bought at our fleamarket stand in Mehlingen. Ask for Marianne. Every Saturday from 7 a.m. to 4 p.m. Abtrasse, 67678 Mehlingen

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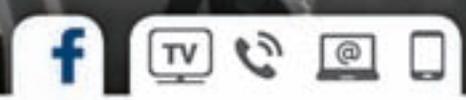
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BIRTHDAY



Jul. 23: ACS Birthday Celebration, Panzer Main Exchange, 10 a.m. - 2 p.m.

ACS is celebrating its 51st year of proudly serving those who serve! Join ACS and to celebrate their birthday and enjoy community resource information, free birthday cake, and giveaway items including gift cards.

DSN 431-3362 / CIV 07031-15-3362

For upcoming ACS classes go to back page



BOSS & WARRIOR ZONE
Patch Barracks, Bldg. 2505
DSN 430-7135 / CIV 0711-680-7135

Jul. 15, 22 & 29: Jam Session, 6 – 10 p.m.

BOSS and the Warrior Zone are hosting "Jam Session," the perfect place for community musicians, singers, or just fans of music to gather together to collaborate, learn, teach, and jam with one another. Extra guitars will be available for you to play on. All levels of experience are welcome. No registration required. Open to all Servicemembers and their guests 18 years and older.



Jul. 16: Who's Got Game: Clue, 4 – 9 p.m.

Join us at the Warrior Zone for our range of table top games, learn a new game, or enjoy our classics. Snacks will be provided. No registration required. Open to all Servicemembers and their guests 18 years and older.

Jul. 20: Movie Night, 6 – 9 p.m.

Join us at the Warrior Zone for a free screening of *In the Heart of the Sea* and free popcorn. 60 inches of viewing pleasure to include very comfortable recliners. Give yourself a chance to sit back and unwind in a relaxing environment. Open to all Servicemembers and their guests 18 years and older.



Jul. 21 & Aug. 18: BOSS Bowling Night, 6 p.m.

Roll down to the Galaxy Bowling and Entertainment Center on Panzer Kaserne and enjoy free bowling fun with BOSS. Food and beverages available for purchase at the Strike Zone Snack Bar. Program reserved for single Servicemembers and geographical bachelors only.

Jul. 23: Who's Got Game, Bring Your Own Game 4 – 9 p.m.

Join us at the Warrior Zone for our range of table top games, learn a new game, or enjoy our classics. Snacks will be provided. No registration required. Open to all Servicemembers and their guests 18 years and older.



Aug. 4: Calculated Winning, 5 p.m.

Increase your odds of winning at games with logical thinking. Learn tricks to baffle your friends with your new found capabilities. We will look at probability, process of elimination, and deduction. This session is free and open to all US ID cardholders and their guests 18 years and older. No registration required.



OUTDOOR RECREATION
Panzer Kaserne, Bldg. 2953
DSN 431-2774 / CIV 07031-15-2774



Jul. 23 & Aug.13: Paintball Program, 9 a.m. – 4 p.m.
Get your paintball on with ODR. \$25 for ID cardholders, \$45 for non-ID cardholders. Price includes marker, mask rental, and bag of paint (500 balls). Reserve your marker a week before and register to play on-site.

Jul. 30: Skydiving, 11 a.m. – 10 p.m.

Sign up for skydiving. \$270 up to 90 kg or 200 lbs., \$300 91 – 100 kg or 201 – 220 lbs., \$325 101 – 110 kg or 221 – 242 lbs., \$135 (all weights) SWPC/ASAP (limited seats). Price includes transportation on MWR vans, equipment, instruction session, and one tandem jump. The trip departs at 11 a.m. and returns at 10 p.m. Registration deadline is July 22.



Aug. 6: Intro to Scuba, 1 - 8 p.m.

Take the Intro to SCUBA class and give yourself the opportunity to find out what SCUBA is all about. You will learn about the equipment, how to set it up and put it on, and then go for a dive. The trip departs Outdoor Recreation at 2 p.m. and returns approximately 8 p.m. All seats cost \$119 / SWPC \$60 (limited spaces available). Registration deadline is Aug. 3.

Aug. 6: "The Beast" Mountain Bike Race, 11 a.m.

Riding categories include Men's/Women's Open, Men's Senior, Men's Masters, Men's Clydesdale open. There will be awards for 1st, 2nd, and 3rd place in each category and t-shirts for all participants. Cost is \$25 pre-registration and \$35 on the day of the race. Participants must be 18 years and older.



Aug. 14: Four Castle Ruins Hike, 9 a.m.

Come join Outdoor recreation for a four Castles hike! Cost is \$29 for adults, \$19 for youth (17 years and younger), and \$15 for SWPC/ASAP (limited seats). The price covers transportation and guide. The hike is considered strenuous to challenging. The trip will depart from Outdoor Recreation 9 a.m. and return approximately 6 p.m. Register by Aug. 5

Aug. 20-21: Raft and Ride in Bavaria.

Join us for a raft and ride adventure through Bavaria. Trip includes transportation, lodging at Edelweiss Lodge and Resort (based on double occupancy), rafting equipment, instruction, rafting guide, transfers, guided Munich city bike tour, and ODR escort. Patrons must be at least 8 years and older to raft. All rafting patrons must be 18 years and older or accompanied by an adult. The trip departs 6 a.m. on Saturday and returns approximately 10 p.m. on Sunday. Registration deadline is Aug. 12.



Jul. 18: Toddlers in the Park Playgroup, Kelley Playground behind Bldg. 3406, 10 a.m. – 12 p.m.

Come and play with the New Parent Support Program. Developmentally age appropriate games and activities will be arranged. Toddlers in the Park gives parents and toddlers of the USAG Stuttgart community an opportunity to meet and interact. Age is recommended from birth to five years. Older siblings are welcome to attend. Registration is not required.

Jul. 20 & 27: SOS for Emotions (Formerly Managing Emotions), Panzer Kaserne, Bldg. 2915, 11:30 a.m. – 1 p.m.

Be well and care for your emotional health! The one thing we all have in common as people is that we are emotional creatures. Take charge of your emotional health and learn new skills and strategies with this 4-session course. Attend as many as you are able to. Classes include Identifying Stress, Identifying Anger, Coping: Communication, and Let It Go: Laughing Yoga and do not need to be completed in consecutive order. Call to register.

Jul. 21: Tiny Tots Lunch and Playgroup, Panzer Kaserne, Bldg. 2915, 10:30 a.m. – 12 p.m.

Come visit our lunchtime playgroup, designed specifically for toddlers and young children ages 1 to 4 to provide monthly toddler-related topics along with the opportunity for your child to learn through play! No registration required. Lunch is not provided, but feel free to bring your own! No registration required.

Jul. 25: Toddlers in the Park Playgroup, Patch Playground, Vermont Street, 10 a.m. – 12 p.m.

Come and play with the New Parent Support Program. Developmentally age appropriate games and activities will be arranged. Toddlers in the Park gives parents and toddlers of the USAG Stuttgart community an opportunity to meet and interact. Age is recommended from birth to five years. Older siblings are welcome to attend. Registration is not required.

Jul. 27: Comfort Measures, Patch Fitness Center Aerobics Room, 1:15 – 4 p.m.

Formerly known as "Lamaze," Comfort Measures teaches and practices techniques with you and your birthing coach in order to help you stay as comfortable as possible during the birthing process. Please bring a towel, water bottle, and wear comfortable clothing. Please call to register.

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