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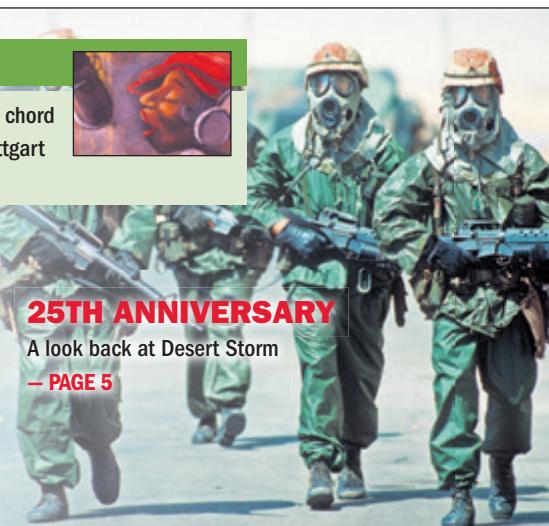
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Thursday, January 28, 2016 Sustaining & Supporting the Stuttgart U.S. Military Community Garrison Website: [www.stuttgart.army.mil](http://www.stuttgart.army.mil) Facebook: [facebook.com/USAGarrisonStuttgart](https://facebook.com/USAGarrisonStuttgart)

# The Citizen

## Fanciful Fasching



Celebrate German carnival, or Fasching, Feb. 4-9. Get the details on Pages 14-15.

Photo by S. Kuelcue / Shutterstock.com

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Check out  
the all new

Family &  
**MWR INSIDER**

publication  
located inside.

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## New IMCOM commander challenges employees to be agile

By Robyn Mack  
USAG Stuttgart Public Affairs

Commanding general of U.S. Army Installation Management Command, Lt. Gen. Kenneth R. Dahl, held a workforce town hall for U.S. Army Garrison Stuttgart military and civilian employees at the Patch Barracks Chapel Jan. 14.

Dahl, who took command Nov. 4, is responsible for the management of 75 installations worldwide, including USAG Stuttgart.

"We are in the business of supporting all those supported commanders out there," Dahl said.

IMCOM professionals provide Base Operations Support, as well as services like housing and family programs to community members.

During the session, Dahl asked the audience to apply their expertise to help inform the command's decision-making as they deal with continued resource and environmental changes.

"One of the first trips I wanted to make was to come here, to Europe," Dahl said. "The reason is, things are changing. As Europe was drawing down and getting smaller and consolidating, there was a lag time in policy, manpower, and resources catching up with that. And then, just as it catches up, guess what happens? As you know, the mission starts to grow and change. So that requires a lot of agility."

Dahl said he plans to take the good ideas he has seen across IMCOM and apply them in new areas to address both the challenges and priority needs of the organization. "There's nothing wrong with copying good ideas and spreading them around."

Over the next few years, IMCOM plans to make changes to installation support to ensure readiness continues to be served as priority No. 1.



Lt. Gen. Kenneth R. Dahl, commander of U.S. Army Installation Management Command joined military and civilian employees of U.S. Army Garrison Stuttgart at the Patch Barracks Chapel for a workforce engagement meeting, Jan. 14, 2016. — Photo by Martin Greeson.

"I need your input," the general told the audience. "You've got the texture, you're down there where the rubber meets the road, you're at the delivery level of those services, where the soldiers and their families are. You are going to have to help me make some tough decisions. You'll definitely have a better idea of what the alternatives are, because the alternatives depend on the local environment."

According to Dahl, these employee assessments are needed to address

garrison support in a world that is rapidly changing. "That's why I think we have to do the reassessments more often than we have previously done. How do we massage and move things around and remain agile."

IMCOM Command Sgt. Maj. Jeffrey S. Hartless added that the flexibility in service doesn't go unnoticed. "I want to thank you for everything you do to help the senior commander here to support our Soldiers and families that are stationed here. It's very important."

## Stuttgart Law Center opens Tax Center Feb. 2

By Robyn Mack  
USAG Stuttgart Public Affairs

The Stuttgart Law Center will open its Tax Center Feb. 2 offering free tax preparation to service members, retirees, civilian employees, and family members.

Tax services will be offered from 9 a.m. to 4:30 p.m. Monday to Friday in Building 3312 on Kelley Barracks. "We'll also be offering extended hours, so watch for announcements on those days and times," said Army Capt. Catherine Vollersten, a Stuttgart judge advocate.

"Appointments are preferred," she said. "Walk-ins will be taken in the

mornings from 9 a.m. to noon on a drop-off basis. Expect to meet with intake personnel to ensure we have all required documents. You will schedule an appointment to come back and sign your prepared return."

People using the Tax Center services should bring a photo identification, social security cards, birth dates, wage and earning statements, last year's federal and state returns, bank account routing and account numbers, and health care statements.

The Stuttgart Tax Center preparers are Internal Revenue Service Volunteer Assistance certified, and can provide preparation on traditional returns as well as those that include rental

income and child care businesses.

"For more complicated returns, people should contact the Tax Center by phone first to get guidance specific for their needs," said Vollersten.

The Tax Center will give priority to 1040 EZ filers during the first two weeks of the tax season, Feb. 2 to 12.

For information on Defense Finance and Accounting Service 2015 tax statement and myPay delivery visit: <http://www.dfas.mil/pressroom/dfasnewsreleasearchive/Release1512001.html>

For questions on Tax Center services, call DSN 421-4588/civ 0711-729-4588, and for appointments, call 421-4152/civ. 0711-729-4152.

# Mobile Training Team keeps Stuttgart Victim Advocates readily available

**By Robyn Mack**  
USAG Stuttgart Public Affairs

U.S. Army Europe's Sexual Harassment/Assault Response and Prevention Mobile Training Team ensures availability of crisis response by providing training to Europe's newest Victim Advocates.

Unit commanders from across Stuttgart work with the Sexual Assault Response Coordinator, Luis Bispo, to identify personnel that have the traits necessary to serve in an advocacy role for this training.

"Candidates are first selected by their chain of command, and then go before an interview with the installation SARC. The SARC then informs the leadership if that person is optimal or not to become a Victim Advocate,"

Bispo said. "There are many criteria the SARC looks for in individuals. However, personnel must be E-6, O-2, or GS-9 and above; must not be in a leadership position due to confidentiality; and must have 1 year retainability in their unit."

Once prospective advocates are identified, the USAREUR two-man mobile training team provides lessons on emergency and follow-up support services so they can support victims of abuse.

The advocates learn skills in crisis response, information on reporting options, medical treatment, law enforcement, emergency services, and safety planning.

Bispo, who is also a Victim Advocate, said this training ensures Stuttgart has professional victim

advocates to support their units and community 24/7.

"By providing an opportunity for organizations within the Stuttgart community to get the right people trained to be effective advocates, we move one step closer to the overall Department of Defense effort to eliminate sexual assault and harassment from the ranks," noted Army Col. Glenn Dickenson, USAG Stuttgart commander.

The next SHARP/MTT will be held Feb. 1 to 11 on Patch Barracks.

SHARP advocacy services are available to service members and Department of Defense civilians, as well as their dependents 18 years of age who were victims of sexual assault perpetrated by someone other than a spouse or intimate partner.

People can access victim advocates

by calling the Stuttgart Sexual Assault Response Coordinator main office at DSN: 431-3656/3327 or civ. 0703115-3656/3327, by calling the Stuttgart sexual assault hotline at DSN: 484-7280/ civ. 0631-413-7280, or via the DoD Safe Helpline at 1-877-995-5247 or via the web at: <https://www.safehelpline.org>.

*For victims of sexual assault perpetrated by a spouse or intimate partner, contact the Stuttgart Health Clinic/ Family Advocacy Program Social Work Services at DSN: 590-1615/1616 or civ. 06371-9464-1615/1616 during duty hours; the Military Police, after duty hours, at DSN: 430-5262/ civ. 0711-680-5262 ; or 24/7 through the Report Domestic Violence at civ. 0176-262-48894.*

## USAG Stuttgart Professionals of the Year

You know them as Rhonda and RaShonda from ASAP



(Above) Lt. Gen. Kenneth R. Dahl, commander of U.S. Army Installation Management Command, Command Sgt. Maj. Lynice D. Thorpe, U.S. Army Garrison Stuttgart, USAG Stuttgart Professionals of the Year, RaShonda Labrador and Rhonda Kaalund of USAG Stuttgart's Army Substance Abuse Program, Command Sgt. Maj. Jeffrey S. Hartless, IMCOM, Col. Glenn K. Dickenson, USAG Stuttgart garrison commander, Michael Formica, director of IMCOM Europe, and Command Sgt. Maj. Gene Canada, IMCOM-E, joined military and civilian employees to award the winners of Stuttgart Professional of the Year during a workforce engagement meeting at USAG Stuttgart's Patch Barracks Chapel, Jan. 14.

(Right) Lt. Gen. Kenneth R. Dahl, commander of U.S. Army Installation Management Command, recognized U.S. Army Garrison Stuttgart's Professionals of the Year, RaShonda Labrador and Rhonda Kaalund (pictured) of USAG Stuttgart's Army Substance Abuse Program at the Patch Barracks Chapel, Jan. 14. Stuttgart's ASAP program was presented with the 2015 Department of Defense Community Drug Awareness Award at the Defense Department's 25th annual Awards ceremony in the Pentagon's Hall of Heroes Oct. 15, 2015. — Photos by Martin Greeson.



## Going Green: Hold the salt when de-icing



Courtesy of USAG Stuttgart Public Affairs

Snow and ice are slippery hazards. De-icing salt has long been the most common way to clear snow and ice from sidewalks, roadways and driveways. While it's convenient, there are drawbacks.

Ecosystems adjacent to salted roads are often damaged by the contact. Plants are damaged or killed, water and soil is contaminated, and in severe cases, wildlife can become ill or die. Salt can also cause serious damage to lawns and gardens.

### What you can do

- Use as little de-icing salt as possible.
- Using a small amount of de-icer before a snowfall helps reduce the amount of product needed.
- On dry days, sweep up loose salt to prevent the excess being washed into the environment.
- Try sand or kitty litter.
- Use elbow grease — shovel quickly, use a broom and something to break any ice. In Germany, there are several re-usable salt-free abrasives available.

For a list of manufacturers, visit [www.blauer-engel.de/en/index.php](http://www.blauer-engel.de/en/index.php).



Photo by Eric Brown/Shutterstock.com

## Ask a JAG: Home based business



**By Capt. Keenan Daniels**  
USAG Stuttgart Law Office

**Q:** I left my previous employer to follow my spouse to Germany. I am licensed for a particular craft. Can I open my own private business at my residence on-post?

**A:** Yes! However, opening a home based-business (HBB), on-post, here in Germany, is not as easy as one might guess! Individuals properly residing in government-owned or - leased quarters may request permission from the garrison commander to operate a HBB. First, the request should be initiated by sending all requisite documentation to the Army Community Service (ACS). Once the application is complete, it will then be reviewed for legal sufficiency by the garrison legal office. The HBB may involve the sale of goods (such as homemade wreaths), or the provision of services (such as tutoring). Please note, the request must be provided by the individual who will operate the HBB,

not the non-owner sponsor. The request must include the proposed name of the business, address, telephone number, service or goods offered for sale, and proposed methods of advertising.

Now, here is the tricky and unfamiliar part of the equation. Garrison property, located in Germany, belongs to Germany! Thus, although the HBB will operate on-post, the owner must comply with host-nation law. As such, your first stop should be the German Rathaus. There, you will obtain instructions for registering your business. The Rathaus will help coordinate with the German Finance Office. You must obtain a German tax identification number and may be asked to also provide a copy of any professional licenses required for operation of your particular business. Other licenses, such as the Reisegewerbeplatte and/or Fuhrungszeugnis, may be required to prove good standing with the German authorities. All business-related income must be reported to both the

German and American tax authorities.

It is very important to remember, once approved by the garrison commander to conduct business, your business is prohibited from using tax-free gasoline or a U.S. Army Europe-plated privately owned vehicle. Furthermore, the military postal service may not be used to support your business, you may not use Army and Air Force Exchange Service or equipment purchased at the commissary or Exchange, and your business may not use Value-Added Tax (VAT) forms.

In sum, all potential owners of HBBs are advised to consult with an attorney! Regrettably, Legal Assistance Office services are not available to commercial businesses or, as a result, HBB owners.

For more information, refer to Army in Europe Regulation 210-70, "On-Post Commercial Solicitation" and Army Regulation 27-3, "The Army Legal Assistance Program."

Photo by S L/Shutterstock.com

# 6 things to know about Operation Desert Storm

By Katie Lange  
DoD News, Defense Media Activity

Nowadays, when people think of Iraq, they think of the war that began in 2003, ISIS and the long fight against terrorism. But the U.S. military's first major conflict with the country came more than a decade before that — 25 years ago, in fact.

Operation Desert Storm began Jan. 17, 1991, after Iraqi forces who had invaded neighboring Kuwait refused to withdraw. The conflict is now commonly known as the Gulf War.

**Here are six important facts you should know about it.**



F-16A, F-15C and F-15E aircraft fly over Kuwaiti oil fires set by the retreating Iraqi army during Desert Storm. — Photo by Tech. Sgt. Fernando Serna

accused Kuwait of stealing from an oil field on the Iraq-Kuwait border, and he accused the U.S. and Israel of encouraging Kuwait to lower its oil prices.

Relations deteriorated with all parties, which led to Hussein invading and annexing Kuwait in August 1990. The United Nations Security Council placed an embargo and sanctions on Iraq, but months later, when Hussein refused to comply with a resolution requiring him to withdraw, Desert Storm began.

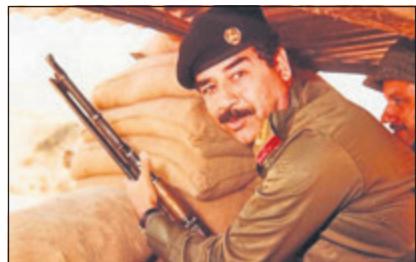
## The 'Coalition of the Willing' was an extraordinary partnership



During a ceremony, Bahraini Defense Minister Maj. Gen. Shaikh Khalifa Bin Ahmed Al-Khalifa presents U.S. Army Gen. Norman Schwarzkopf with a sword in recognition of his role in the allied success during Operation Desert Storm, March 26, 1991. — Photo by Staff Sgt. Dean Wagner

## The war was pretty short

From start to finish, Desert Storm only lasted 43 days, from Jan. 17 to Feb. 28, 1991. In fact, the land campaign is infamously known as the "100-hour ground war" for obvious reasons — that's about as long as it lasted.



Iraqi President Saddam Hussein during the Iran-Iraq War. — Courtesy photo

## Why it happened

After the Iran-Iraq War of the 1980s, Iraq was in debt to Kuwait and the United Arab Emirates, who had financed its war efforts. Iraqi President Saddam Hussein insisted both countries cancel that debt because he felt they owed him for protecting them against Iran. Both countries refused, however, so Hussein threatened Kuwait, its oil-rich, militarily-weak neighbor, reigniting a decades-old border dispute over Kuwait itself.

In July 1990, Saddam claimed that Kuwait and the UAE were overproducing crude oil, driving down prices and depriving Iraq of critical oil revenues. He

before the invasion, 40 countries quickly entered into a nonbinding alliance against Iraq. The "Coalition of the Willing" included NATO allies, several Arab nations and — most importantly — several former Cold War adversaries, including the Soviet Union. The Cold War had thawed the year before the invasion, which helped ease U.S. and United Kingdom security concerns and ensured near global unity in opposition to Iraqi aggression.

Also, for the first time, a U.S. Central Command commander, Army Gen. "Stormin" Norman Schwarzkopf, teamed up with a regional ally, Saudi Arabia's Prince Khaled bin Sultan, to co-command the allied forces. Saudi Arabia was where U.S. land forces gathered during the build-up to Desert Storm, so the collaboration was an



U.S. Air Force aircrew members gather for a photo at Barksdale Air Force Base, La., before the mission that fired the opening shots of Desert Storm. — Courtesy photo



important dynamic and integral to the operation's overall success.

## Classified 'Secret Squirrel' mission makes history

Desert Storm started as an air campaign with Operation Senior Surprise, which became known as "Secret Squirrel." Seven B-52G Stratofortresses left Barksdale Air Force Base, Louisiana, and flew 14,000 round-trip miles to, for the first time, launch 35 conventional air-launched cruise missiles at strategic Iraqi targets. It was the longest aircraft combat sortie of its time.



Air Force Senior Master Sgt. James Miles examines the tail section of a Scud missile shot down by a MIM-104C Patriot missile during Operation Desert Storm. — U.S. Air Force photo

## Iraq's Scud missiles were meant to split the coalition

Hussein realized he couldn't defeat the military forces and international political will represented by the coalition, so his only option was to try to divide it. In retaliation for Secret Squirrel, Iraq launched Scud missiles at Israel and Saudi Arabia.

Hussein's hope was that Israel



The MIM-104C Patriot missile "Scud buster" in use during Desert Storm. — U.S. Army photo

would retaliate, as it historically had, with military force — a move that would have transformed the fight into yet another Arab-Israeli conflict. But Israel resisted as the U.S. promised to help protect it.

## Patriot missiles used for the first time in combat

The MIM-104C Patriot missile detects, targets and detonates near incoming ballistic missiles to disable or destroy them. It had been under development since the 1960s, but its first successful use in combat was during Desert Storm.

The first Patriot missile intercepted a Scud launched over Dhahran, Saudi Arabia, on Day 1 of the conflict. Two days later, President George H.W. Bush sent two Patriot air defense missile batteries to Israel, marking the first time U.S. Army crews had ever been sent to help with that country's defense (and, as stated above, helping to keep the coalition together).

The Patriot missile system intercepted many Scuds over the course of Desert Storm, making major contributions to the success of the operation. It's still a key defense platform for U.S. forces today.

## The war's enduring impact

While Desert Storm has largely been overshadowed by the more recent Iraq War and the current crisis with ISIS, the impact and relevance remain. About 697,000 U.S. troops took part in the war; 299 lost their lives.

The U.S. is still in good standing with many of the countries involved in the Coalition of the Willing today, and we can only hope those relationships — however fragile — continue to flourish into the future.

See more at: <http://www.dodlive.mil/index.php/2016/01/6-things-to-know-about-operation-desert-storm/#sthash.w3252tPw.dpuf>

## REGISTER NOW FOR ABSENTEE VOTING

Through the Federal Voting Assistance Program, service members, their eligible family members and overseas citizens are able to vote from anywhere in the world. Stuttgart community members interested in voting in 2016 elections should submit their requests for absentee voting by Jan. 31. Absentee ballot registration is available for your respective state at: [www.fvap.gov](http://www.fvap.gov).

New voters can also register at through FVAP to vote. All citizens over age 18 are eligible to vote. In 22 states, 17-year-olds can vote in the February primary elections, provided they will be 18 by Election Day, Nov. 8, 2016.

For more information on overseas voting or assistance with absentee ballots, contact the Installation Voting Assistance Officer Building 2913, Panzer Kaserne at DSN: 431-2865/civ. 07031-15-2865.

## UPDATE RECORDS IN NEW YEAR

The U.S. Army Garrison Directorate of Human Resources reminds all service members to review their personnel and financial military records in the New Year to ensure all information reflects their current life situation. Marital status, dependents, emergency notification points of contact, and addresses are just a few of the common areas that should be reviewed.

U.S. Army Soldiers, regardless of component, are required to update their individual Army Military Human Resource Record annually. The review should ensure their record are accurate, free of errors, and representative of all required documents. Records may be viewed via Army Knowledge Online.

## ANTITERRORISM SURVEY

The Department of the Army's antiterrorism branch has released an anonymous and voluntary "micro" survey to broadly measure antiterrorism awareness across the Army. Results will be beneficial to determine what is working or not, and what changes should be made to be more effective. The five-question survey should take less than two minutes to complete, and is open to all military community members, including active-duty and retired soldiers, Department of Defense civilians, government contractors, and family members. Antiterrorism experts highly encourage everyone to participate to gain as much data as possible, which will help gauge overall antiterrorism awareness within the Army. The survey

ends Feb. 3 and is available at <http://AntiterrorismAwarenessSurveys.ANSER.org>.

## USAREUR HALF-DAY FEB. 8

U.S. Army Europe (USAREUR) will observe a half-day schedule following the Super Bowl Mon, Feb. 8. The duty day, Feb. 8 begins at 1 p.m. Civilian employees are encouraged, but not required, to take annual leave or compensatory time. Subordinate commanders and supervisors will ensure each place of duty is fully manned no later than 1 p.m. Normal duty hours will resume on Tue, Feb. 9. Personnel should check with their chain of command for their individual units policy on training holidays.

## NEW TEMP LOCATION FOR PATCH PHARMACY

The Stuttgart Army Health Clinic Patch Pharmacy has moved to a new temporary location in Building 2300 on Patch Barracks. Effective Jan. 4, people in need of pharmacy services enter through the main door on the newly renovated center section of the clinic. The pharmacy is expected to move to its permanent location in April. Patch Pharmacy hours are 7:30 a.m. to 5 p.m. Monday to Thursday, and 7:30 a.m. to noon on Friday.

## HEARING EXAMS

Stuttgart health Clinic reminds military community members that Medical Readiness conducts hearing exams Monday-Thursday from 1-4 p.m. For more information, contact Medical Readiness at DSN: 590-1604/civ. 06371-9464-1604.

## TRICARE COPAYS CHANGE FEB. 1

Military pharmacies and TRICARE Pharmacy Home Delivery will remain the lowest cost pharmacy option for TRICARE beneficiaries when some TRICARE pharmacy copays change in 2016. On Feb 1, 2016, most copays for prescription drugs at Home Delivery and retail network pharmacies will increase slightly.

The 2016 National Defense Authorization Act (NDAA) requires TRICARE to change its prescription copays. All drugs at military pharmacies, and generic drugs through Home Delivery, are still available at no cost to beneficiaries. Copays for brand name drugs through Home Delivery increase from \$16 to \$20, for up to a 90-day supply. At retail pharmacies, generic drug copays go from \$8 to \$10, and brand name drug copays go from \$20 to \$24 dollars, for up to a 30-day supply. Copays for non-formulary drugs and for drugs

at non-network pharmacies will also change.

Beneficiaries can save up to \$208 in 2016 for each brand name prescription drug they switch from retail pharmacy to Home Delivery. Home Delivery offers safe and convenient delivery of your prescription drugs right to your mailbox.

To see the new TRICARE pharmacy copays, learn more about the TRICARE Pharmacy benefit, or move your prescription to Home Delivery, visit [www.tricare.mil/pharmacy](http://www.tricare.mil/pharmacy).

## SPRING SPORTS REGISTRATION

Jan. 25 – Feb. 26: Child & Youth Services (CYS) Sports, Patch Barracks. Keep your child (ages 3 – 15) active, sign them up for spring sports. Choose between baseball, softball, track, soccer or tennis. Prices vary for sports and age. For more information visit Parent Central Services. Register at Parent Central Services or via webtrac Season runs from April 15 – May 31. Physical must be valid until May 31. Contact DSN: 430-7480/civ. 0711-680-7480.

## SIGN-UP, DEREGISTER FOR ATHOC

AtHOC has Self Service sign-up available with Common Access Cards (CAC) online. Service members may also enter a dependent (one additional account). AtHoc alerts users with emergency notifications multiple ways through computers pop-ups, voice calls to landline and mobile phones, emails and text messages. Follow the step-by-step instructions on [stuttgart-citizen.com](http://stuttgart-citizen.com), search AtHoc. Contact the Emergency Management Protection Branch officer at DSN: 431-2031/civ. 0703-115-2031, or contact your local commands Protection office.

## iREPORT EUROPE

Report is a theater-wide reporting system that Soldiers, civilians, contractors and family members in Europe can use to report suspicious behavior to the appropriate authorities. iReport is available online and as a mobile app, visit [www.eur.army.mil/iReport](http://www.eur.army.mil/iReport).

To report an imminent threat or crime in progress, immediately contact the military police or reach host-nation law enforcement by dialing commercial in Germany: 112.

## NEW ONSITE COURSE AT PANZER ED CENTER

The University of Oklahoma is offering a new onsite course in International Finance at the Education Center on Panzer Kaserne. This course can be applied to the International Relations graduate degree, or taken

on a non-degree basis. The first course begins March 8-13, students can enroll through Feb. 8. The class times are Mon-Friday 6-9:30 p.m. and Sat-Sun 8:30 a.m. to 4:30 p.m. For more information contact OU at DSN: 431-3304 or email: [apstuttgart@ou.edu](mailto:apstuttgart@ou.edu).

## FINANCIAL READINESS CLASSES

For Department of Defense personnel, financial readiness is the ability to manage finances and plan for unexpected changes, like a moves or deployments. The Stuttgart Army Community Service Financial Readiness Program helps people prepare by offering training on how to save and invest money, establish savings goals, debt elimination strategies, and saving for emergencies. All classes take place from 2 p.m. to 3:30 p.m. in Building 2915 on Panzer Kaserne. To pre-register or for more information, call DSN: 431-3362/civ. 07031-15-3362. Upcoming classes are:

Feb. 3 – Principles of Personal Finance: Budgeting

Feb. 10 – PCS Finances for Junior Enlisted Families

## KELLEY BARRACKS ROAD CONSTRUCTION

Contractors began the process of laying new communication lines on Kelley Barracks, Jan. 25 on Maplestrasse. The construction will take place in four phases, and is expected to be completed by March 28. During this time, commuters should expect only one lane of traffic to be open in the area where work is occurring. Parking in the affected area will be closed. Construction areas will be marked by barriers at least 24 hours in advance.

- Phase 1: Jan 25 to Feb. 8 — area in front of Building 3308

- Phase 2: Feb. 8 to 22 — area in front of Building 3307

- Phase 3: Feb. 22 to March 7 — area in front of Buildings 3305 and 3306

- Phase 4: March 7 to 28 — area in front of Buildings 3304 and 3305

## SOLDIER FOR LIFE SEEKS VOLUNTEERS

The U.S. Army Garrison Soldier for Life Retiree Council in USAG Stuttgart seeks volunteers to fill the rolls of President, Vice President, and council member. Soldiers bring with them invaluable skills to include the Warrior Ethos and Army Values. They are Soldiers for Life Veterans that remain strong, strengthen our communities and inspire future generations to serve. For more information on volunteering, contact DSN: 421-5005/civ. 0711-7295005.

## SPRING BAZAAR SEEKS VOLUNTEERS

Stuttgart Community Spouses' Club (SCSC) is gearing up for the 2016 Spring Bazaar shopping event held on Patch Barracks, March 18-20. Volunteers are needed for setup, the main event and tear down, March 13-20. Volunteering opportunities are available in a number of capacities including checking ID cards, helping in the finance office, assisting with hospitality for the vendors and selling raffle tickets. While most positions are only open to those over 18, there are other opportunities to help. Teens can earn volunteer hours by making home baked goods or helping serve the many volunteers and vendors. All volunteers are provided the added benefits of being entered into a "volunteer only" raffle and Early Bird shopping, March 18 from 8-10 a.m. before the Bazaar opens. Hundreds of volunteers are needed. This is an opportunity for units, High School sports teams and clubs to serve the community and receive volunteer hours March 13-20. For information on how you or your organization can help volunteer at the Spring Bazaar, visit [www.stuttgartspringbazaar.org](http://www.stuttgartspringbazaar.org), click the Volunteer Spot link or email scsc.bazaarvolunteer@gmail.com.

## SCSC SCHOLARSHIPS

Applications for Stuttgart Community Spouses Club Scholarships for the 2015-2016 academic year are open for eligible applicants including all high school graduating seniors, continuing education students (not older than age 23), and spouses. SCSC Scholarships are merit based awards. The selection process is based on academic achievement, extracurricular activities, community leadership, community service, work experience and a personal essay. Applicants must be ID card holders sponsored by an active duty member, government civilian, or contractor within the Stuttgart military community. See application for complete eligibility requirements on the SCSC website, [www.stuttgartsousesclub.org](http://www.stuttgartsousesclub.org). Applications may also be picked up at the Stuttgart High School counselor's office, Army Community Services, Patch Thrift store, Education Center and on-post library. Submission deadline: March 4, 2016. For more information email: scsc.scholarship@gmail.com.

## SCSC WELFARE GRANTS

The Stuttgart Community Spouses' Club is accepting applications for Welfare grants from any organization that would like to apply for project funding. Applications are available through April 2016 and must be received by the 15th of each month for

consideration. Applications and submission instructions, can be found at [www.stuttgartsousesclub.org](http://www.stuttgartsousesclub.org) under the Welfare tab or by emailing scsc.welfare@gmail.com.

## DECA SCHOLARSHIPS

The Commissary's Scholarships for Military Children Program is now accepting applications from eligible students (Opened, Dec. 15). A total of 700 scholarship grants, each worth \$2,000, will be awarded for the 2016-17 school year. At least one scholarship will be awarded at every commissary location where qualified applications are received. Additional recipients will be selected based on a prorated basis, so more scholarships will be awarded at those commissaries with larger numbers of applicants. To qualify for consideration, applicants must be a dependent, unmarried child, younger than 21 — or 23, if enrolled as a full-time student at a college or university — of a service member on active duty, a Reserve or Guard member, retiree or survivor of a military member who died while on active duty, or survivor of a retiree. Application deadline: Friday, Feb. 12, 2016. For more information, students or sponsors can visit [www.militaryscholar.org](http://www.militaryscholar.org).

## FEBRUARY EXCHANGE VENDORS

Feb. 1-7: French Wine, Landrock Oil Paintings, Nathalie's Leather Bags, Katerina's Fashion Jewelry, Home Sweet Home Furniture, Mike's Gift Items, Marla's Cork Gift Items

Feb. 8-14: Marla's Cork Gift Items, Janice's Fashion Jewelry, Theo's Danish Cheese, Belux Pans and Pots, Dupre Aviantin Posters

Feb. 15-21: Janice's Fashion Jewelry, Lino's Italian Wine, Martin's Wood Burning, Eva's Polish Pottery, Koenen's Antique Items

Feb. 22-28: Krystal's Amber Jewelry, Petra's Home Décor, Giovanni's Italian Masks, Maher's Wool Sweaters, Koenen's Antique Items

Tent Event Feb. 1-28: Turkish Bazaar

## USO 75TH CELEBRATION

Join the cake cutting ceremony for the United Service Organizations 75th anniversary, Feb. 4 from 2-2:45 p.m. at the USO Center, Building 2915 on Panzer Kaserne. The USO has proudly been serving our service men and women and their families for the past 75 years. Open to all ID cardholders in the Stuttgart military community.

Feb. 4: CYS Services Mobile Registration. Parent Central Services, RB SAC. 12:15 – 2:15 p.m. If you live on RB, CYS Services wants to save you the drive and give you the opportunity to enroll in CYS Services programs:

SKIES, Youth Sports, EDGE and more on Robinson Barracks. You must be registered with CYS Services and be able to verify registration. For more information contact Parent Central Services DSN 430-7480/CIV 0711-680-7480.

Feb. 6: Community Wide Flea Market, Kelley Fitness Center, 10 a.m. – 2 p.m. Buy, sell or trade. This is the perfect place to check out great bargains or make some extra cash. DSN 430-2110/CIV 0174-248-9940.

Feb. 11: The Great Date, ACS, Patch Community Club, 6 – 10 p.m. The Army Community Service (ACS) Family Advocacy Program (FAP) and the Family Life Center (FLC) present "The Great Date." Join the FLC and FAP for a night of dinner and dancing. Reconnect with your partner and learn communication skills while enjoying a fun-filled night out. Child care may be provided to those who register before Jan. 21, 2016. Children must be registered with CYS to receive care. Event registration deadline is Feb. 4 DSN 431-3518/CIV 07031-15-3518.

## SIGN UP FOR USAG STUTTGART EMAIL

U.S. Army Garrison's community online and print news publication, The Citizen is updated daily with announcements on services, programs, events and information for the Stuttgart

military community living both on and off-post. People are encouraged to use a non-.mil email to ensure delivery of information on garrison news, announcements, programs, events, and activities. Those who have previously subscribed with an email that ends in mail.mil may no longer received updates due to recent computer and operating system restrictions. Visit [www.stuttgarcitizen.com](http://www.stuttgarcitizen.com) on the homepage right panel to sign up to stay informed.

## OPERATION SPREAD THE LOVE

The Stuttgart Community Spouses' Club Barracks Cheer Committee is collecting individually wrapped candy for distribution to single and unaccompanied military personnel in the Stuttgart military community for Valentine's Day.

Candy donation drop off dates and locations open Feb. 1-5 at the following locations: Stuttgart High School, Patch Middle School, Robinson Barracks Elementary School and Broadway Café, Building 3320 Theater Center on Kelley Barracks. Volunteers are also welcome to help assemble or distribute the candy goodie bags on Feb. 6, contact scsc.barracks@gmail.com.

*Do you have something to announce? Contact the USAG Stuttgart Public Affairs Office for assistance.*

## COMING TO PATCH THEATER

### Thursday January 28

Star Wars: The Force Awakens (PG-13) 1900

### Friday January 29

Kung Fu Panda 3 in 3D (PG) 1800

The Finest Hours in 3D (PG-13) 2100

### Saturday January 30

Kung Fu Panda 3 in 3D (PG) 1500

The Finest Hours in 3D (PG-13) 1800

Fifty Shades of Black (R) 2100

### Sunday January 31

Kung Fu Panda 3 (PG) 1600

The Finest Hours in 3D (PG-13) 1900

*Editor's note: The movies listing was the most current at the time of publication. Dates are subject to change.*

*Please check with your local theater online for the most up-to-date schedule:*

[https://www.shopmyexchange.com/reel-time-theatres/Patch-Barracks-\(Stuttgart\)-1371010](https://www.shopmyexchange.com/reel-time-theatres/Patch-Barracks-(Stuttgart)-1371010)



© 2016 - Disney /  
Photo courtesy of Movieweb.com

**The Finest Hours** – It is the incredible true story of the U.S. Coast Guard's most dangerous sea rescue. The film is an adaptation of the best selling book by Michael J. Tougas and Casey Sherman. In the winter of 1952, a powerful nor'easter capsized the oil tankers, SS Pendleton and SS Fort Mercer, off the coast of Massachusetts. A group of intrepid sailors, led by Bernie Webber (Chris Pine), took a rescue boat into the storm.



© 2016 - Dreamworks /  
Photo courtesy of Movieweb.com

**Kung Fu Panda 3** – When Po's long-lost panda father suddenly reappears, the reunited duo travels to a secret panda paradise to meet scores of hilarious new panda characters. But when the supernatural villain Kai begins to sweep across China defeating all the kung fu masters, Po must do the impossible – learn to train a village full of his fun-loving, clumsy brethren to become the ultimate band of Kung Fu Pandas!

# SOCAFRICA soldier earns 'Best Female Shooter'

By Special Operations Command Africa  
Public Affairs

On Nov. 28, more than 400 military and civilian men and women from 50 nations competed in the 32nd International Shooting Competition in Cologne, Germany.

Among these participants was U.S. Army Staff Sgt. Heather Buchwalder, a special duty Non-Commissioned Officer with Special Operations Command Africa. She took home the award for Best Female Shooter. She beat out 50 other women.

Buchwalder was part of a four-person team made up of a German Reservist and two civilian females. The weapons used in competition comprised of a G36, the German standard issue weapon, a P8 Pistol, similar to the U.S. military M9 issue, and an AGSHP (G36) Simulator.

Each competitor was required to shoot 10 rounds of the G36 in three minutes lying in the prone position. For the P8 Pistol they had to shoot six shots standing and six rounds kneeling

from 20 meters. The score was the best of 10 shots. For the AGSHP simulator participants were required to fire 10 rounds in 30 seconds from 100 meters.

"This was a great experience" said Buchwalder. "The Germans were really nice and made everyone feel at home. They took a lot of time and care to make sure people knew how to operate their weapons."

Buchwalder was first introduced to the German weapons two years ago when she participated in the German Schützen Schurr where she earned a Gold German shooting badge. Even though Buchwalder had experience with German weapons, this was her first shooting completion. In fact, she hadn't fired a weapon until she joined the military more than eight years ago. Where, by the way, she routinely qualifies expert.

This may have been Buchwalder's first shooting competition, but coming from a large family with older brothers she is used to having to compete. Routine play around the house would generally result in a competition and

even an occasional broken bone or two-usually her brothers. Needless to say she doesn't shy away from any type of competition, especially physical competition. Some of her hobbies include dirt bike riding, cross-country horse jumping and Alpine skiing.

The family environment of this event is one of the reasons many of the same teams return year after year.

The best part of the competition was the camaraderie, said Buchwalder. Even though people came from different nations to compete, everyone shared in the fun and could appreciate the challenge of this special event. This was definitely a friendly competition, she said.

They were a couple of other U.S. civilian and military members who participated, but she hopes to build a SOCAFICA team for next year.

"I'm absolutely hoping to build a team for next year, anyone who wants to take part please let me know. I'd really like to beat the Swiss since they usually take home all the awards."

Well, because of her not this year.



Staff Sgt. Heather Buchwalder, a special duty NCO with Special Operations Command Africa, holds the trophy she won for the "Best Female Shooter" during a recent shooting competition. She was part of a four-person team that competed against more than 400 civilian and military men and women at the 32nd International Shooting Competition in Cologne, Germany on Nov. 28. Buchwalder beat 50 other women to win the award. — Courtesy photo

# Soldiers bolster Djiboutian English language skills

By U.S. Air Force Staff Sgt Victoria Sneed  
Combined Joint Task Force-Horn of Africa

More than 10 members of the 403rd Civil Affairs Battalion, Delta Company, joined local students for an English language discussion group at the Diplomatic Institute in Djibouti, Jan. 12, 2015.

The U.S. military members participated in the intermediate and advanced courses, helping students practice their new language skills with native speakers.

"[Civil affairs] liaise between the U.S. military and government officials, people of influence, local leaders, religious, civil and military," said U.S. Army Capt. Tommy Stephens, 403rd Civil Affairs Battalion team chief. "The majority of these students are working toward positions in government and business."

By increasing the skills of the local populace, civil affairs helps create an environment that enables continued economic growth and sustained broad-based development.

"We aren't here to force our solutions onto our African partners," said Stephens. "We try to help them sustain themselves."

The class is a networking opportunity for both sides of the conversation in both a professional and personal capacity.

"When [U.S. military members] come here, they become friends with us," said Fatouma Djamah, Diplomatic Institute English language student. "It is interesting to know what their life is like, how they live in Djibouti and what they do in our country."

In addition to making acquaintances, military members gain a sense of accomplishment for helping out the local populace.

"A lot of the people who come here want to use English to improve their lives," said U.S. Army Maj. William Jones, 403rd Civil Affairs Battalion chief. "It gives me fulfillment being a part to make their lives better."

The knowledge gained in these exchanges can expand beyond the bounds of the classroom and impact others in the community.

"I have children, and I want to teach them to speak English," said Djamah. "I want for my children to go to university abroad. If they don't speak English, it may be hard for them."

Helping Djiboutians learn English enables them to increase their knowledge, potentially elevating their position in the community.

"A lot of them want to learn English because they believe it will make their lives better," said Jones. "It may give them economic opportunities they never had before."

The course isn't purely about

education; it is a chance for military members and Djiboutian locals to learn about each other on a personal level by sharing similarities and differences.

"It was fun to talk with them about

our lives," said Stephens. "They want to know more about us and what we do, where we're from or what kind of pets we have. They are so interested in us, and I'm fascinated with them."



U.S. Army Maj. William Jones, 403rd Civil Affairs Battalion team chief, clarifies a phrase for Djiboutian students during an English discussion group at the Diplomatic Institute in Djibouti, Jan. 12, 2016. The English discussion groups not only help students practice their newly acquired language skills with native speakers, but they also acquaint them with U.S. military members on a personal level. — Photo by Staff Sgt. Victoria Sneed

# Obama points to U.S. strength in State of the Union address

By Jim Garamone

DoD News, Defense Media Activity

In his final State of the Union address to the nation, President Barack Obama said the United States is the most powerful nation on Earth.

"We spend more on our military than the next eight nations combined," Obama said. "Our troops are the finest fighting force in the history of the world. No nation dares to attack us or our allies because they know that's the path to ruin."

When the world faces problems — whether manmade or natural — the people of the world do not look to Beijing or Moscow for leadership, the president said. "They call us," he said.

The world is a dangerous place, but that's not the result of a weakening American military or the rise of other world powers, Obama said.

"In today's world, we're threatened less by evil empires and more by failing states," he said.

The Middle East is in turmoil as nations there deal with disputes that date back millennia, Obama said. China is a growing power. Russia is rebuilding its military and using it in Ukraine and Syria. The international system born out of World War II is struggling, and the United States must work with allies to remake it, he said.

## Terror networks present threat

Terror networks like al-Qaida and the Islamic State of Iraq and the Levant pose a direct threat to the American people, "because in today's world, even a handful of terrorists who place no value on human life, including their own, can do a lot of damage," the president said.

But he put the threat from these groups in perspective. "As we focus on destroying ISIL, over-the-top claims

that this is World War III just play into their hands," he said. "Masses of fighters on the back of pickup trucks and twisted souls plotting in apartments or garages pose an enormous danger to civilians and must be stopped. But they do not threaten our national existence."

Such hyperbole plays into the hands of the terror groups, the president said.

"We don't need to build them up to show that we're serious, nor do we need to push away vital allies in this fight by echoing the lie that ISIL is representative of one of the world's largest religions," Obama said. "We just need to call them what they are — killers and fanatics who have to be rooted out, hunted down and destroyed."

## U.S.-led coalition confronts ISIL

The U.S.-led coalition is working across all domains to confront and destroy ISIL, he said.

"For more than a year, America has led a coalition of more than 60 countries to cut off ISIL's financing, disrupt their plots, stop the flow of terrorist fighters and stamp out their vicious ideology," the president said. "With nearly 10,000 air strikes, we are taking out their leadership, their oil, their training camps and their weapons."

The U.S.-led coalition is training, arming and supporting forces that are reclaiming territory in Iraq and Syria, Obama said.

"If you doubt America's commitment — or mine — to see that justice is done, ask Osama bin Laden," the president said.

## Putting terror groups on notice

Terror groups should know that "when you come after Americans — we go after you," he said. "It may take time, but we have long memories and



*Photo by The White House*

our reach has no limit."

The president said American security policy must look beyond current conflicts to prevent future conflicts. Instability is a curse in many parts of the world and some of these places could become havens for new terrorist ideologies.

"The world will look to us to help solve these problems, and our answer needs to be more than tough talk," Obama said.

But the United States can't just take over and rebuild every unstable country or region, he said. "That's not leadership; that's a recipe for quagmire, spilling American blood and treasure that ultimately weakens us," he said. "It's the lesson of Vietnam, of Iraq — and we should have learned it by now."

## Using patient, disciplined strategy

Obama said the nation must continue with the patient and disciplined strategy that uses every element of American national power. That strategy allows the United States to act unilaterally when necessary, he said, but relies on mobilizing allies and partners on issues of global concern.

"That's our approach to conflicts like Syria, where we're partnering with local forces and leading international efforts to help that broken society pursue a lasting peace," the president said.

This approach has worked in preventing a nuclear-armed Iran, he added, and was used to stop the spread of Ebola in West Africa.

"American leadership in the 21st century is not a choice between ignoring the rest of the world except when we kill terrorists or occupying and rebuilding whatever society is unraveling," he said. "Leadership means a wise application of military power and rallying the world behind causes that are right. It means seeing our foreign assistance as part of our national security, not charity."

America leads by example, the president said.

"That is why I will keep working to shut down the prison at Guantanamo," he said. "It's expensive. It's unnecessary. And it only serves as a recruitment brochure for our enemies."

*Follow Jim Garamone on Twitter: @GaramoneDoDNews*

# Marshall Center seminar addresses Russia, European security

By Christine June

George C. Marshall European Center for Security Studies

Russia's continuing aggression in Ukraine, concerns among its neighbors and NATO allies, and Russia's newly published national security strategy that identifies NATO as a threat are all elements of the changing security dynamics in Europe — and topics for discussion at the Marshall Center's first European Security Seminar-East here yesterday.

"These changes are forcing us to rethink concepts of security cooperation, economic interdependence and

the prospects for continued European and Euro-Atlantic cooperation and integration," said retired U.S. Army Lt. Gen. Keith Dayton, director of the George C. Marshall European Center for Security Studies here, a German-American partnership. "As the situation is new, we must think anew, and armed with this new thinking, face the coming challenges, real and imagined."

The seminar included 58 participants representing the respective ministries of defense or ministries of foreign affairs from 28 countries. Dayton said Germany asked specifically for the Marshall Center to conduct the

seminar to "examine the challenges emanating from the east."

The idea for this seminar, and a sister seminar — European Security Seminar-South, which is scheduled for May — came from discussions held in Berlin in 2014, citing shared U.S. and German concern about the changing security environment in Europe, Dayton said.

"These participants are high-level officials who are dealing with these problems every day," said U.S. Army Col. John Knightstep, ESS-E deputy director. "We are giving them time to share, reflect and think of possible

changes or alternatives to current European-Atlantic policies and new strategies for the region."

## Regional conflicts, vulnerabilities, disorder

Dr. Ralf Roloff, senior German professor at the Marshall Center's College of International and Security Studies said the ESS-East and ESS-South are "of utmost importance for European regional security today."

"[The] overall intent for both seminars," he said, "is to bring more

**See MARSHALL CENTER — PAGE 12**

## Safety Corner: Stay visible with reflective belt, clothing

By Jewell Hicks

Joint Base San Antonio Safety Office

Travelling to work during the hours of darkness increases the risk for people driving, as well as for people walking or jogging.

It's important for drivers to pay special attention to the path ahead and expect the unexpected. Pedestrians and joggers need to assess the risk as well and have situational awareness of their surroundings also.

Pedestrians and joggers should be familiar with reflective equipment requirements for ensuring their safety during the hours of decreased visibility.

Pedestrians should use paths or sidewalks along roadways, walk facing oncoming traffic when paths or sidewalks are not available and wear reflective outer garments during periods of darkness or reduced visibility, according to Department of Defense Instruction 6055.4, DOD Traffic Safety Program, which is applicable to all services.

The instruction also requires the use of applicable fluorescent or reflective personal protective equipment by all DOD personnel exposed to traffic hazards as part

of their assigned duties, such as marching troops, police, firefighters, emergency medical services, road construction crews, electricians or telephone repair personnel working on outside overhead lines.

Each of the military services also has specific guidance related to pedestrian safety and the wear of reflective materials during limited hours of visibility.

According to Army Regulation 310-85, personnel running and not in formation are required to wear a reflective outer garment and/or equipment during hours of limited visibility. The regulation further states that fluorescent or reflective PPE will be provided to and used by all personnel who are exposed to traffic hazards as part of their assigned duties; for example, marching, running, and jogging troops (not in formation).

In Air Force Instruction 91-207, the rules for individuals jogging, running or walking on roadways at night or in inclement weather (e.g., fog, rain, sleet, snow, etc.) is to wear clothing/accessories containing retro-reflective properties visible from the front and back. All individuals who are exposed to traffic hazards as part of their assigned duties shall wear a highly visible outer garment during the day and



*Photo by Coprid/Shutterstock.com*

outer garment containing retro-reflective material at night.

Operational Navy Instruction 5100.12J stresses that at night or in periods of reduced visibility, personnel are encouraged to wear brightly colored, fluorescent or other reflective garments when running, jogging, walking or traveling near roadways.

The DOD and all individual service guidance also prohibit the use of portable headphones, earphones, cellular phones, iPods or other listening and entertaining devices (other than hearing aids) while walking, jogging, running, bicycling, skating or skateboarding on roadways. In ac-

cordance with service regulations, headsets and personal stereos are prohibited when wearing physical fitness uniforms at all times.

During the hours of darkness - whether as a result of the hour we moved forward on the clock or just during the regular hours of limited visibility - it is critical for pedestrians and joggers to wear clothing or accessories for ensuring you are as visible as possible to vehicle operators.

The choice you make whether driving or walking does matter and may save your life or the life of someone else. Stay seen and stay safe.

## Health Beat: Tips for healthy fitness center use

By Military Health System Communications Office

For many people, the start of a new year means making the resolution to get in better shape and maintain a healthy lifestyle. This may also include going to a local gym or signing up for a health club membership. There are however, potential health risks at these facilities.

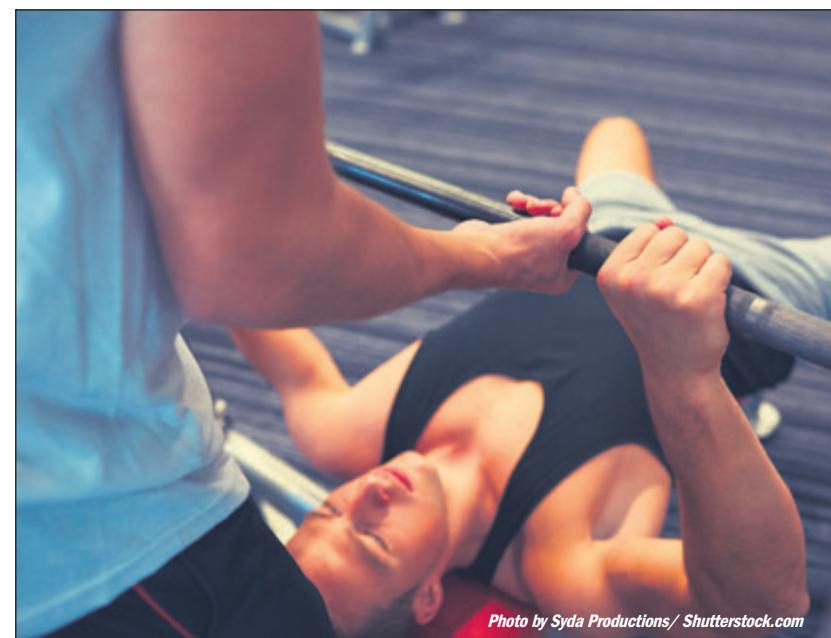
"Most injuries that are related to workouts are chronic injuries," said Army Maj. Jesse DeLuca, a sports medicine specialist at Fort Belvoir Community Hospital in Fort Belvoir, Virginia. "From dropping weights on your feet, to pulled muscles, these are the things that occur most often."

DeLuca suggests for those who are starting a new regimen, start off slow, and establish a routine that you will be able to perform on a consistent basis. "Listen to your body," he said. "And don't try to jump into a workout that's going to be too demanding on you physically. You may end up injuring yourself, and negate any progress you've made. Start slow, and go slow in the beginning. I know, with it being the new year, everyone wants to go hard. However, high-intensity workouts can lower your immune system, and make some more vulnerable to colds, flu and other infection."

Keeping your workout gear clean is another helpful tip from DeLuca. "Change the towel that you use every day, because it can be a source of infection," he said. "Always make sure you spray inside your gym bag when you're carrying those gym clothes to and from workout facilities. Lysol or any type of disinfectant is good. Also, do not share equipment, because that's a good way to spread germs and infection. And it's always good gym etiquette to wipe down any equipment or machines you use in the gym afterward."

DeLuca also suggests wearing shower shoes when taking a shower, or when you're not wearing gym shoes or regular shoes. "Whether it's a tile or carpeted surface, it's always good to have on some type of footwear, because you have people coming in from outdoors, or other areas of the gym that may be more susceptible to germs that can be transferred from the bottom of shoes onto floor surfaces. I would also recommend making sure you wipe your shower shoes after using them, to make sure they're dry, and drying your feet before putting on socks and other shoes."

When it comes to diet and nutrition, DeLuca says you have to break it down into two categories: performance measures and/or medical purposes. "If you have diabetes or



*Photo by Syda Productions/Shutterstock.com*

high blood pressure, consult with your physician so he/she can help set guidelines, and make you aware of any risk factors," he said. "With regard to performance, it all depends on how your body metabolizes food. Some people are able to consume a light meal before a workout, while others are able to eat a heavy meal. In addition, if you want to restore your muscle health in a relatively short period of time after a workout, you don't have to do anything fancy; a glass

of chocolate milk is capable of restoring glycogens."

DeLuca also urges people to be sure to consume plenty of fluids while working out. "Keeping your body hydrated is very important, even in the winter," he said. "You don't have to drink gallons of water, however, when you do feel thirsty, be sure to replenish the fluids in your body. This will help optimize your performance, and go a long way toward helping you accomplish your fitness goals."

### Hansel and Gretel v. Mary Witch

Third graders from Stuttgart Elementary School are learning the American judicial system. Recently, students performed a mock trial, "Hansel and Gretel v. Mary Witch," to help reinforce the lessons and share with other classmates the idea of criminal trials and how to listen for facts. In the scenario, Mary Witch was accused of kidnapping. After all of the evidence had been presented to the visiting jury, Miss Witch was set free by a hung jury.

Left to right, Georgia Rawcliffe, Finnegan Curry, William Newkirk, Carson Miller, Cody Williams, Aidan Kuborek, and Gabriel Mizerani, and their teacher, Daniel L'Esperance. — *Department of Defense Dependents Schools courtesy photo*



### Patch Middle School needs mentors

Patch Middle School is looking for volunteer mentors for its inaugural mentorship program.

The Patch Middle School Mentoring Program's mentors and students meet 11:40 a.m. to 12:25 p.m. once a week to eat lunch and participate in planned activities led by a classroom teacher and program sponsor.

By joining the "Patch Wolf Pack" mentors helps students build positive caring relationships and improve their attitudes toward school and others.

Activities include physical and academic challenges or games that involve the mentors and students working together, solving problems, and getting to know each other.

All activities and materials will be provided. Mentors are asked to attend an orientation and to participate in the program each week.

People interested in learning more about the program should contact the School Liaison Office at DSN: 430-7465/civ. 0711-680-7465.

### Field Trip!

Leah Rilat, along with classmates from Patch Middle School, recently took a field trip to Schloss Lichtenstein. During the visit, the sixth-graders explored the social and economic cultures of the period. Lichtenstein Castle is situated on a cliff near Honau on the Swabian Alb. There has been a castle on the site since 1200.

— *Department of Defense Dependents Schools courtesy photo*



# Winter driving: Prepare for a smart, safe commute

Europe's roadways are covered with fog, sleet, snow and ice in the winter, making the season a challenging one for drivers who lack road experience in Europe or are new to a wintry environment.

As freezing temperatures approach, they bring the dangers of slippery roads and limited visibility, hampering daily commutes and trips.

Before planning a long road trip, new and experienced drivers in Europe should practice and prepare before venturing out.

The most common accidents in winter are collisions and skidding off the road, which is often caused by following too closely

and driving too fast for weather conditions.

Some people think that following too closely means tailgating, but that isn't necessarily true. Stopping distances can be up to 18 times longer than on a dry road, so rear-ending someone can result from brakes applied a long way away.

A good starting point is putting at least five seconds of time between your vehicle and the vehicle in front, and increasing the distance as conditions deteriorate.

To lessen the risk of becoming another statistic, here are a few winter driving tips:

→ Clear all of your windows and mirrors

→ Steer gently to maintain control of a vehicle on icy patches of road

→ Anticipate icy roads in the morning, especially if there has been some fog overnight

In the Alps and higher regions, drivers will encounter areas where tire chains are required – acquire and practice putting chains on if traveling into these areas

In addition to U.S. Army Europe required equipment, other recommended items to stock in vehicles, include:

→ Snow shovel

→ Ice scraper and brush

→ Tow chain or strap

→ Tire chains

→ Flashlight (with extra batteries)

→ Jumper cables

→ Abrasive material (cat litter, sand, salt or traction mats)

→ Recommended warning vest or flashing yellow light.

→ An empty coffee or similar type can containing candles, matches (in a watertight container) or a lighter, and high-energy food (such as chocolate or dried fruit)

→ Blankets to keep warm, if you become stranded in your vehicle

*Information courtesy of the U.S. Army Europe Safety Office.*



## MARSHALL CENTER

Continued from Page 9

awareness to what is really going on in the region — to pulse the region — then provide to our stakeholders better information about what is a possible policy that could achieve European regional security."

Roloff explained that the seminars aim to go beyond bringing people together to develop a common understanding. "We are going to develop comprehensive strategies with the participants to address conflicts, vulnerabilities and the disorder in those particular regions," he said.

## Publishing strategies, recommendations

The seminars will ask participants will express their perspectives on the current situation and then identify the implications of all these developments with the shared and joint neighbors, the European Union, NATO, Partnership for Peace Consortium countries, and the main partners of the Marshall Center — Germany and the United States. At the end of the five-day seminar, the participants present their strategies and policy recommendations on how to engage, contain and deter Russia's resurgence in eastern Europe.



Dr. Ralf Roloff, senior German professor at the Marshall Center's College of International and Security Studies, welcomes 58 participants from 28 countries to the new European Security Seminar-East, held Jan. 11, 2016, at the George C. Marshall European Center for Security Studies in Garmisch-Partenkirchen, Germany. — Photo by Karl-Heinz Wedhorn

Roloff said the recommendations will be published and presented to the Munich Security Conference in February.

"The Munich Security Conference is a really important and big event on the annual calendar of security policy and international diplomacy," he said. "It's the most important and

prestigious security conference on the globe."

He said conference attendees typically include heads of state, diplomats, senior flag officers and journalists. This year, the MSC's title is "The New Dynamic in the East; Conflicts, Vulnerability and Disorder; Russia and The West."

## How to stay informed: Stuttgart winter weather notifications

By USAG Stuttgart Public Affairs

Winter weather has arrived in Stuttgart.

People can find out about installation road conditions and closures each day on the following channels:

U.S. Army Garrison Stuttgart's Facebook Page: By 5:30 a.m., and throughout the day when conditions warrant a change, notifications are posted to the garrison Facebook page, search: USAGarrisonStuttgart.

AFN Radio: Announcements air on American Forces Network Stuttgart (102.3 FM). You can also listen online using AFN 360.

Telephone Hotline: Community members can call the Weather and Road Condition Hotline at 431-3744 or civ. 07031-15-3744.

As a reminder, only installation roads are surveyed, check local community resources for road conditions in your immediate area. View the link to the Baden-Württemberg road conditions and traffic status website on the homepage at [www.stuttgart.army.mil](http://www.stuttgart.army.mil), scroll to Status: Roads & Schools.

# Jazz exhibit traces music from 1920 to today

By Laura Cambiago-Spangler  
USAG Stuttgart Public Affairs

Picture an art exhibit where people of all ages stroll from painting to painting with a dreamy smile on their faces, swinging to the sound of their "secret" music. Anyone who would like to try that should not miss "I Got Rhythm, Art and Jazz since 1920," running through March 6 at the Kunstmuseum, the modern art museum in downtown Stuttgart.

Many people may be familiar with the glass cube building on Stuttgart's main square that can take on a fascinating glow when the neon lights shine through at night. Others may have enjoyed the food and panoramic view from the restaurant on the top floor. While some people may have already seen other exhibits there. However, "I Got Rhythm" seeks to tops them all with its visual and musical art.

The title is borrowed from the Gershwin brothers' signature song and sums up the curators' design of a multi-media time trip spanning 100 years.

After buying a ticket at the counter, visitors receive an audio guide to compliment the self-guided tour. All guided-tour texts and recordings are available in English. After hitting play, visitors can start exploring the exhibit rooms. Scanning the Q-codes next to

the paintings will activate a dedicated menu with information on the painter or painting, a further recording on the associated musician, and a song to experience the interrelations between the two art forms.

The journey begins one floor up with the roots of jazz music and its establishment as first popular phenomenon in the roaring 1920s. The life energy of the new music excited young people, but it also enthralled the upper middle class and intellectuals on both sides of the Atlantic. The art scene could not resist being inspired by jazz, translating its sound and spirit into visual representations of dance halls, clubs and iconic performers like Josephine Baker.

The next level of the exhibit spans the parallel changes taking place as free jazz and abstract art gain mainstream recognition in the 1950s. Even non-enthusiasts of modern art will find it easier to appreciate the highlights of this section, with selected works by Andy Warhol and Jackson Pollock. At the third floor, the exhibit explains how the legacies feed into pop culture as classic jazz and modern art become more intertwined and is summed up in a wall showcasing record covers of many pop hits of the 1970s.

The fourth and last part of the exhibit is devoted to today's musical and



Photo © Ernie Barnes Family Trust

art scene. Fittingly enough, iPads are put at the visitors' disposal here as an additional medium for exploring the latest developments in both art forms. This section is especially appreciated by younger visitors, who can thus trace the roots of rap and hip hop back to the songs that enthused their parents — and to those loved by their grandparents before them.

*Oh, I've got rhythm  
I've got music*

*I've got daisies in green pastures  
I've got starlight  
I've got sweet dreams  
I've got my man  
Who could ask for anything more?  
I've got rhythm, I've got rhythm*  
(Ira Gershwin, 1928)

Entry fee for the exhibit is 12€ for adults and free for kids 13 years and younger. For more information, visit: [www.kunstmuseum-stuttgart.de](http://www.kunstmuseum-stuttgart.de).

# Is Valentine's Day celebrated in Germany?

By Isabella Weibel  
Special to The Citizen

*Editor's Note: Isabella Weibel is a Stuttgart High School career practicum intern for the USAG Stuttgart Public Affairs Office.*

Yes! Cupid will make his rounds in Germany on Feb. 14 to celebrate Valentine's Day, but this holiday is not half as popular in Germany as in the United States, according to U.S. Army Garrison Stuttgart Community Relations Specialist, Laura Cambiago-Spangler.

The most popular Valentine's Day or Valentinstag gift in Germany is heart shaped chocolates, though flowers and lingerie are also gift choices. Roses are a favorite, with Air Cargo Week's Airline News reporting on Feb. 14 last year, "Lufthansa Cargo was expected to transport 907 tons of roses to Germany for the day." Sharing

cards is also common among couples, families and friends.

**Translations to celebrate with:**  
Happy Valentine's Day! = Alles Gute / Liebe zum Valentinstag!  
Flowers = ein Strauss Blumen  
To kiss = küssen  
To love = lieben  
I love you! = Ich liebe Dich!

## Valentine's Day is Feb. 14

Valentine's Day is almost here. Here are a couple ways to celebrate this year with services and activities available across USAG Stuttgart.

## Valentine's Day Sale: Pre-orders available Jan 24-Feb 13

Place pre-orders for roses, balloon bouquets or Valentine's Day baskets at the Patch Arts and Crafts Center for pick-up on Valentine's Day. Customers spending \$25 or more will be entered into a drawing held Feb. 12. Five

winners will receive a Valentine's Day themed jumbo basket. Customers do not need to be present to win. For more information, contact Patch Arts & Crafts Center in Bldg. 2329 at DSN:430-5270/civ. 711 680-5270.

## Youth Valentines basket 10:30-11:30 a.m., Feb. 6

Patch Barracks Arts and Crafts Center is holding a Youth Valentine basket making class, open to ages 10-14. For more information, contact Patch Arts & Crafts Center in Bldg. 2329 at DSN:430-5270/civ. 711 680-5270.

## Faux Stained Glass Hearts 3:30-4:30 p.m., Feb. 11

Make art for your windows for Valentine's Day and show off your talents. Using decoupage, construction paper, and tissue paper, create a one-of-a-kind Valentine to display on your window.

Cost: \$10; materials included. Participants are requested to register for the class one week in advance, in person, over the phone, or online using WebTrac at <https://webtrac.mwr.army.mil/webtrac/Stuttgartrectrac.html>.

For more information, contact Patch Arts & Crafts Center in Bldg. 2329 at DSN:430-5270/civ. 711 680-5270.

## Valentine's Scotch Doubles Tournament 1-4 p.m., Feb 13

The Galaxy Bowling Center Valentine's Scotch Doubles Tournament is open to all ID card-holders 18 years and older. Cost is \$30 per couple. Single people can also enter in different teams. Cash prizes will be handed out to 1st, 2nd, and 3rd place teams. For more information contact DSN: 430-7135/civ. 0711-680-7135.

# Party on: Celebrate

By Teri Weiss & Carola Meusel  
USAG Stuttgart Public Affairs Office

*Editor's note: Megan Brown contributed to the article.*

There are five seasons in Germany: spring, summer, fall, winter and Fasching, the latter is known as the most cheerful time of the year.

In Germany, the terms vary regionally: Fasching, Fastnacht, Fasnet (Swabia, Southern Germany), or Karneval (Rhineland region) and are derived from different sources.

The term Fasching dates back to 1200 and originated from the Germanic word "vaschanc" or "vaschang," meaning "Fastenschank," which translates to the last serving of alcoholic beverages before Lent.

Fastnacht translates to "Nacht vor dem Fasten," or the night before fasting. The Swabian word "Fasnet" comes from the Old German word "fasen," meaning to be foolish, silly or wild.

The origin of the word Karneval, or carnival, is uncertain. Some believe that it may have come from ancient Greek Dionysus processions and floats resembling ships, which the Romans later called a "carrus navalis." Others think it may be based on the Latin term "carne levare," which means away with meat, hence carnival.

No matter what you call it, for most Germans it's a time when citizens "let off steam" and live it up during the week before Ash Wednesday, when the 40-day Lent before Easter begins. This year, Fasching will be celebrated from Feb. 4-9 with fests, parades, music and many "foolish" events.

The Fasching season officially begins Jan. 7, one day after Epiphany, or Three King's Day. In some areas, however, Fasching guilds commemorate the beginning of Fasching on Nov. 11 at 11:11 a.m. with local and ceremonial events that prepare for the official start of the foolish season in January.

During the middle ages, the number 11 represented the "Narrenzahl," or fool's number. Why 11? The number is sandwiched between the 10 biblical commandments and the 12 apostles of Jesus and, therefore, is not a holy number, according to an official of the "Gräbler" Fasching guild in Neuhausen.

The Swabian way of celebrating the foolish season delves into the local lore of the Alemannic Fasnet, which has its roots in the Black Forest region. Here, the main events and parades

peak during the traditional Fasching week, starting on "Schmotziger Donnerstag" (Greasy Thursday) or "Weiberfasching," women's carnival. On Weiberfasching, women have the right to freely cut off men's ties with scissors and kiss any man they wish to during the day. It's also an opportunity for women to enjoy a girl's night out and symbolically take control for a day.

The Swabian word "schmotzig" means lard or grease and refers to the opulent food eaten during Fasching, such as "Fasnachtsküchle" or Krapfen (Fasching doughnuts).

The remainder of the Fasching week is

Fasching Saturday and Sunday, Rose Monday and Fat Tuesday.

During the evening of Fat Tuesday, the "Fastnacht," represented as a witch in southern Germany, is buried in a casket and the wild days end at midnight.

This year's Greasy Thursday, or "Weiberfastnacht," (Women's Fasching) will be celebrated Feb. 4.

Here in Stuttgart, Bad Cannstatt's "Kübelesmarkt" Fasching guild will kick off the area's first Fasching event by setting up the "Narrenbaum," or fools' pole, at 6:30 p.m. downtown at the Marktplatz, followed by a parade starting at 7 p.m.

Neuhausen, just 15 kilometers outside of Stuttgart, is one of the most popular Fasching metropolises in the area. The town celebrates Greasy Thursday with the "Hexentanz," or witch dance, Feb. 4 at 7 p.m. at Schlossplatz (Schlossplatz, 73765 Neuhausen auf den Fildern).

During the event, Neuhausen Fasching fools storm the town hall and force the mayor to hand over the keys to the city. In order to celebrate this symbolic event, a huge fire is lit.

During the various Fasching parades in Southern Germany, "Narren" or Fasching fools, with wooden masks in the images of witches, devils and grotesque animals can be seen in many towns. In Swabia and Southern Germany, the costumes are called "Häs."

Be on the lookout for Narren who will walk up to you and either ruffle your hair, paint your face, take away your hair band, or drop you a piece of candy.

This year, most street parades will be held between Feb. 7 and 9.

## GOOD TO KNOW

Many towns between the Black Forest and the Swabian Alb have celebrated Fasching in their own special way since 1500.

## Fools' Jump

In Rottweil, Baden-Württemberg's oldest town, thousands of masked and costumed Narren, or fools, crowd the streets and fill the squares and pubs on Rose Monday and on Fat Tuesday for the famous "Narrensprung," or fool jump. At the crack of dawn everyone gathers in the main square and marches to drum and pipe music, banging an instrument throughout the town.

# e ‘Fasching’ Feb. 4-9

## ‘Schuddig’

Some Narren dress in bright red and yellow costumes and wear hats with long feathers. The “Schuddig” is a demon wearing a red-fringed cloth, a wooden mask and a large hat covered with shells. Typically, the Schuddig parades through town frightening onlookers with inflated pigs’ bladders and jostling them.

## Feather Jack

In some towns throughout Baden-Württemberg, groups of “Wohlauf,” or well-being fools, stroll around in long nightgowns and sleeping caps. Near the Bodensee, or Lake Constance, Hänsel figures crack long whips, while “Federhannes,” or Feather Jack, and “Biss,” or Bite, cavort as two dressed-up giant roosters who frolic about, pecking, crowing and carrying on. Festivities crest with parades, costume balls and the planting of the Narrenbaum, or fools’ pole.

## “Narrenruf”

Typically, the “Narrenruf” can be heard during the various Fasching parades and festivities throughout Germany. The Narrenruf is a saying that “Narren,” or fools, use to greet and interact with viewers in the crowd. Each Fasching guild has its own local or regional saying. Many times, visitors can find the local Narrenruf listed in the event program. Consider learning the local Narrenruf to join the fun.

## “Weiberfasching”

“Weiberfasching,” women’s carnival, or “Altweiberfasching,” Old Women’s Day, dates back to 1824, when the “Wäscherinnen,” or laundry women, in Beuel, a city district in Bonn (North Rhine-Westphalia), founded the “Alte Damenkomitee,” or Old Women’s Committee, to achieve their right to participate in the solely male Karneval, or carnival, activities. To this day, the Beueler “Laundry Princess” storms the town hall along with her women’s committee to symbolically take charge of the city.

### Sources:

[www.aboutgerman.net](http://www.aboutgerman.net)  
[www.alemannische-fasnet.de](http://www.alemannische-fasnet.de)  
[www.scillamaennle.de](http://www.scillamaennle.de)  
<http://militarygingermany.com>  
<http://monkeysandmountains.com/celebrating-old-womens-day-in-germany>



Photo by Manfred Steinbach / Shutterstock.com

## FASCHING PARADES, PARTIES, CONCERTS

- **Wernau:** Feb. 6, 2 p.m.
- **Murrhardt:** night parade Feb. 6, 7 p.m.
- **Böblingen:** Feb. 8, 1 p.m.
- **Rottenburg am Neckar:** Feb. 7, 1:30 p.m.
- **Neuhausen:** Feb. 7, 1:30 p.m.
- **Weil der Stadt:** Feb. 7, 2 p.m.
- **Hechingen:** Feb. 9, 2 p.m.
- **Rottweil:** “Narrensprung” (fool’s jump) Feb. 8 at 8 a.m.; and Feb. 9 at 8 a.m. and 2 p.m. (at Rottweil’s historic downtown area, Schwarzes Tor, 78628 Rottweil).
- **Stuttgart:** Feb. 9, 2 p.m.
- **Hofen:** Feb. 9, 1 p.m.
- **Bad Cannstatt:** Feb. 9, 2:30 p.m., children’s Fasching parade, Marktstrasse (historic downtown area)

## OTHER EVENTS

- **Neuhausen:** Restaurant Saalbau, “Schmotziger Donnerstag” with “DJ Told,” Feb. 4, 8 p.m.
- **Neuhausen:** Restaurant Saalbau, Fasching Party with “Red Chucks” and “Guggenmusik” (carnival music), Feb. 6, 7 p.m.
- **Neuhausen:** Restaurant Saalbau, Rose Monday party “Fasnet X” Feb. 8, 7 p.m. Tickets for the events cost between €5 and €12 and can be purchased by calling civ. 07158-948194. Restaurant Saalbau is located at
- Kirchstrasse 4, 73765 Neuhausen auf den Fildern.
- **Bad Cannstatt:** “Närrischer Wochenmarkt” (weekly market with Fasching entertainment and music), Feb. 4, 10 a.m. to 1 p.m. at Marktplatz.
- **Bad Cannstatt:** “Rathaussturm,” Fasching fools storm the historic town hall, Feb. 4, 6 p.m.
- **Bad Cannstatt:** “Kübelesrennen” (Fasching marathon with “fools” of the “Kübelesmarkt” Fasching guild), Feb. 4, 7:30-9 p.m. at Marktplatz. On Feb. 4 (“Schmotziger Donnerstag”), various restaurants and bars in downtown Bad Cannstatt offer music and Fasching parties until 2 a.m.
- **Stuttgart:** Rose Monday party, Feb. 8, 7 p.m. at “Mash” (restaurant, bar, club) at Bosch Areal (Forststrasse 7, 70174 Stuttgart)
- **Stuttgart:** Rose Monday party, Feb. 8, 3 p.m. at Calwer Eck Restaurant and Brewery (Calwer Str. 31, 70173 Stuttgart)
- **Stuttgart:** “Monster-Guggen-Konzert” (concert), Feb. 8, 6 p.m. at Marktplatz in front of Stuttgart’s town hall (Marktplatz 1, 70372 Stuttgart).
- **Stuttgart:** “Faschingsparty,” or fool’s party, Feb. 9, 3:30 p.m. at the Dinkelacker Schwabenbräu Brewery (Hohenstaufenstrasse entry, 70178 Stuttgart).

## USO Fasching Trips

### Fasnacht in Lucerne Switzerland Feb. 4

Lucerne’s Carnival dates orient themselves around the century-old Catholic Mardi-Gras. Arrive just in time for the kick-off parade bright and early on “Dirty Thursday.” A loud boom will signal the beginning of “Carnival” at 5 a.m. Colorful costumes cross the bridges from all directions and young and old alike jump around in celebration. Then spend the day in the city visiting the Fasnachtsmarkt with the famous Gugger concerts, food and drink, ‘witches’ tea, masks, Fasching clothing and all kinds of interesting finds. Gugger concerts are groups of colorfully clothed and masked musicians, playing recognizable tunes not quite in tune or in beat. They go around the city in disorderly formations and interact with the crowds. Tour price includes transportation, and USO Escort. Tourist Passports are required. Trip departs at 12:30 a.m. and returns at 6 p.m. Cost for all seats is \$60.

### Rosenmontag Parade in Mainz Feb. 8

Travel to Mainz to take in the spectacle that is the Rosenmontag (Rose Monday) Parade. The Mainzer Fasnacht is the Mainzer Carnival, the famous fifth season. Traditionally, the “fifth season” begins November 11 at 11:11 a.m., the eleventh day of the eleventh month at the eleventh hour. Festivities are briefly overshadowed by Christmas celebrations, but resume in earnest in the New Year, and culminate in the days before Ash Wednesday. One of the largest carnival events in Germany, the Mainz Carnival, has an unusual emphasis on political and literary humor and commentary. The Rose Monday parade is the highlight of the carnival season and should not be missed. The route covers huge portions of the city and the costumed members of the various carnival societies delight the crowds with candy, fruit, treats, and favors thrown from the mammoth floats. Arrive early enough to stake out a good spot along the parade route and stay for the day to enjoy the festivities. Tour price includes transportation, and USO escort. Trip departs at 7 a.m. returning at 8 p.m. Cost for adults is \$40, children cost \$30.

For information or to book, visit the USO Center Building 2915, Panzer Kaserne or contact DSN: 431-3505/civ. 07031-15-3505.

# Youth Activities

Take a look at what's going on in Stuttgart's schools.



## FIELD TRIP

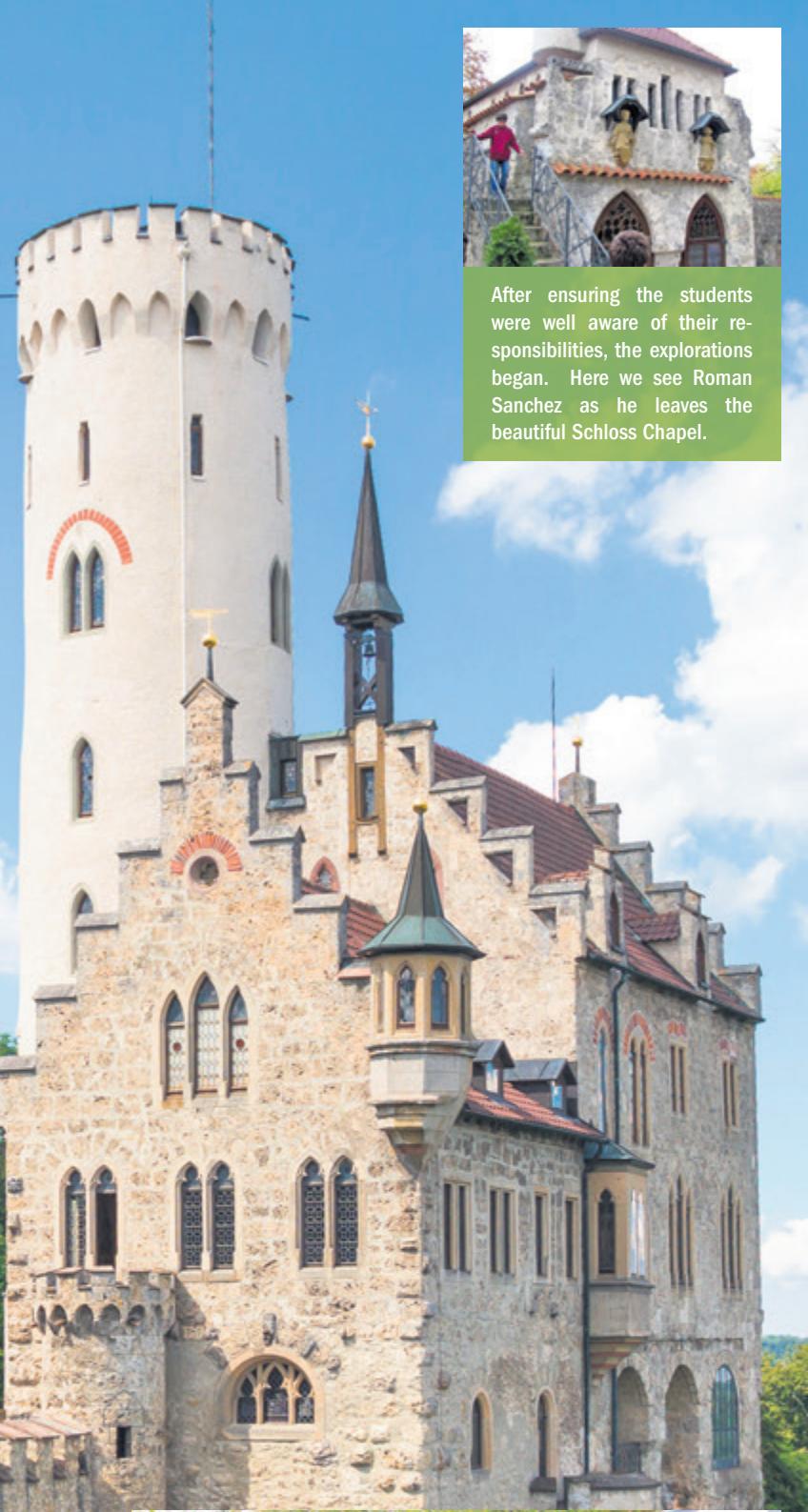
The 6th graders at Patch Middle School recently enjoyed an educational field trip to Schloss Lichtenstein. The purpose of the trip was to explore past cultures, both socially and economically. — *Photo by Melissa Richardson*



Safety is a big part of any student field trip and especially when visiting a Gothic castle. Here we see Patch Middle School Science teacher Mr. Lee Dodd recapping the important points before allowing the students to begin their exploration of Schloss Lichtenstein.



*Castle Lichtenstein photo by Sasa Komlen/Shutterstock.com*



After ensuring the students were well aware of their responsibilities, the explorations began. Here we see Roman Sanchez as he leaves the beautiful Schloss Chapel.



After a full day of studying the cultural and economic history of this wonderful castle, it was time for the students to return to school and recap their new adventure with friends and family. Schloss Lichtenstein is located in the Swabian Alb just south of Reutlingen. If you decide to make this a weekend getaway, be sure to check out the nearby Nebelhöhle Caves.



## OWL PELLETS

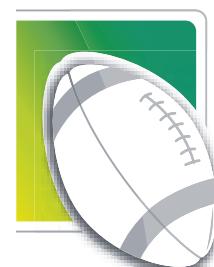
Patch Middle School student-scientist-detectives in Ms. Scholdei's seventh grade science class, examine owl pellets in hopes of determining and reconstructing their skeletal structures. With this hands-on learning activity, students will also be summarizing the characteristics of levels of organization within ecosystems including populations, communities, habitats and niches. The future scientists from left are: Eli Bernier, Linnea Meier, Jarrison Smith (foreground). (Ciarra Suddeth and Anya Williams are in the background.) — Photo by Ed Thornburg



## SPELLING BEE

Patch Middle Schools Spelling Bee was a hard fought academic contest. The competition lasted for 27 rounds and the last five standing were, back row from left, Joshua Eddy, Mary Milby and Jack Lindstrom; front row from left Alana Ginter and Liesel Barkei. Congratulations to the winner Mary Milby and runner-up Liesel Barkei. Congratulations also go out to Ms. Sharon Gilber and the PTA for sponsoring this wonderful event. — Photo by Ed Thornburg

# Youth Activities



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BRONCOS** VS **CAROLINA  
PANTHERS**

**SUPER  
50  
BOWL**

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PHIL SIMMS' ALL-IRON TEAM  
**LIVE: SUN, FEB 7, 7PM**

THE SUPER BOWL TODAY  
**LIVE: SUN, FEB 7, 8PM**

THE SUPER BOWL TODAY  
**LIVE: SUN, FEB 7, 8PM**

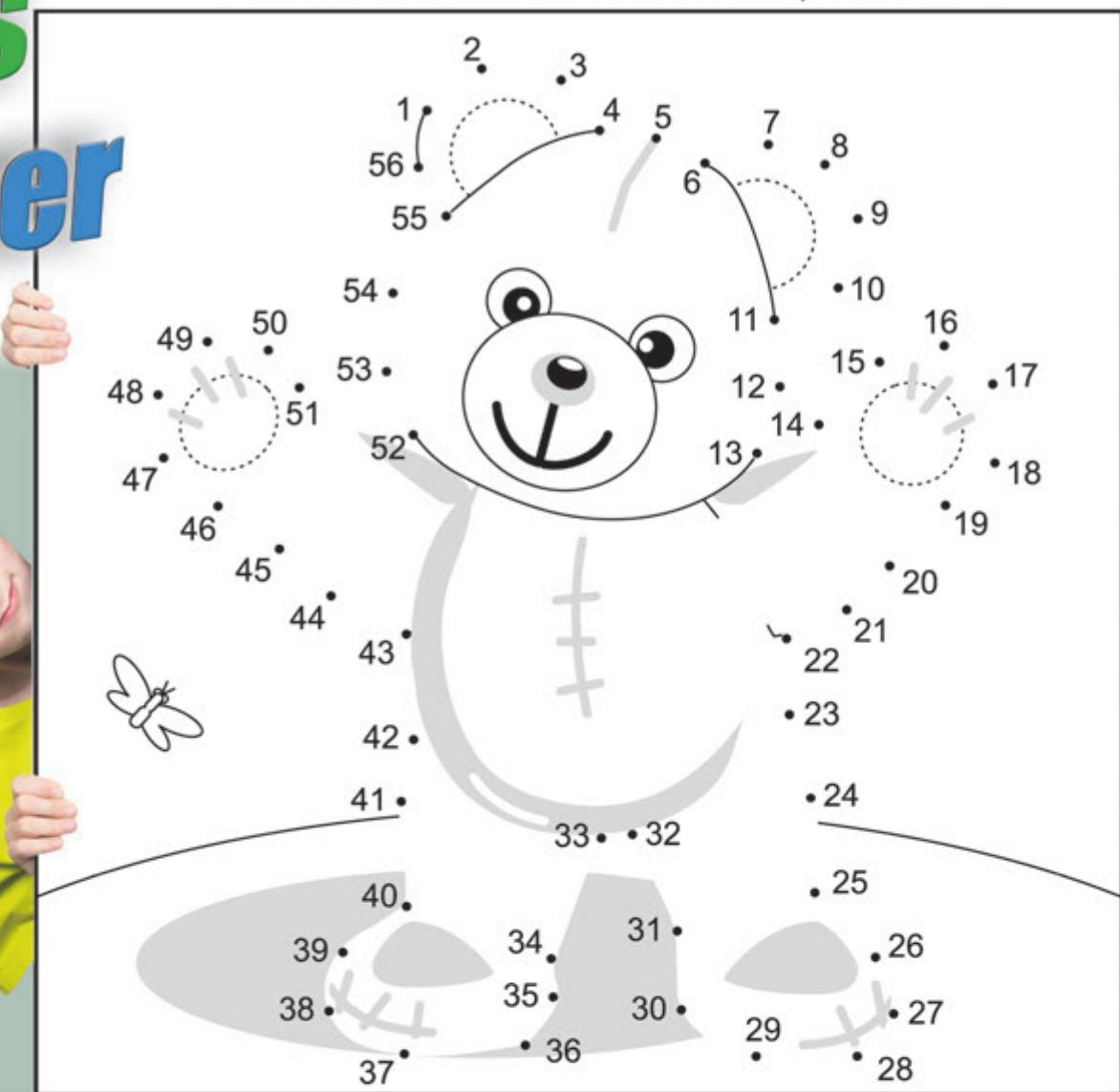
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**Country Home Baiersbronn:** built 1992, 250sqm, 2BR, 2.5baths, livrm, dinrm, BIK+closets, floor heat, wellnessrm w/sauna+whirlpool, wine cellar, office, hobbyrm, fenced+landscaped. 465000€, 07449913773 Tom & Ilka Fremin

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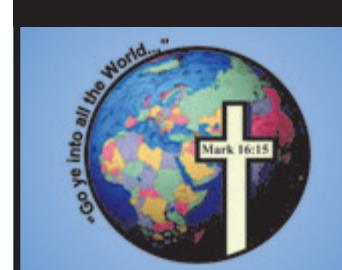
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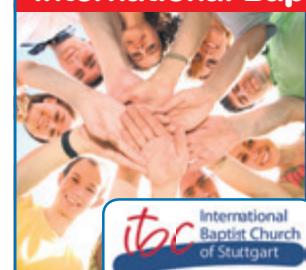
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**2011 Honda Accord EX V-6**, \$14,000 OBO. Automatic, U.S. and German specs will pass inspection. Dealer maintained, lots of extras, call Carlos 06204-919085 or e-mail [ckvillanueva@arcor.de](mailto:ckvillanueva@arcor.de)

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**Super Suzuki, \$9000**, christopher.nordvall@googlemail.com



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# Have fun with the locals

## Western music concert

**Thu, Feb 11**

### Stuttgart, Kultur und Kongresszentrum Liederhalle

There's one thing all movie critics agree on: the score is just as important as the scenery and if both are simply breathtaking then, well, what else could we ask for? Stuttgart's 21st Century Symphony Orchestra invites you to a musical evening at the Kultur und Kongresszentrum Liederhalle that will soothe and spark your wanderlust at the same time. World famous Western movie soundtracks from *How The West Was Won* to *Once Upon A Time In The West* among many others await your eyes and ears on February 11 from 8 p.m. For more information and to get tickets go to [www.stuttgart.de](http://www.stuttgart.de)

Photo by successo images / Shutterstock.com

## EVENTS

### Ice skating

**Fri, Jan 28**

### Karlsruhe, Schlossplatz

Do not miss your chance to have a last go on your ice skates. The Schlossplatz in Karlsruhe offers visitors an ice rink under the stars until the end of January. The last day will be January 31. The ice rink is open from 10 a.m. to 9 p.m. and til 10 p.m. on Friday and Saturday. For more information go to [www.karlsruhe-tourismus.de](http://www.karlsruhe-tourismus.de)

### City tour

**Fri, Jan 29**

### Stuttgart, city center

Do you want to see more of the city of Stuttgart but don't want to drive your own car? Try the city tour in Stuttgart. You can literally hop on and hop off. From the months of April to October you can enjoy this tour on a daily basis, giving you the chance to see everything in your own pace. Enjoy top locations such as the Palace Square, Linden Museum, Neckar-Käptn Riverboats and so much more. Ticket price per person for a 24-hour ticket is €15 and with the STUTTCARD €12. 2 children up to 14 years of age are free of charge, if accompanied by an adult. Each additional child is €10. For more information about the city tour go to [www.stuttgart-tourist.de](http://www.stuttgart-tourist.de)

### Sekt tour

**Sat, Jan 30**

### Esslingen, Kessler Sekt

The Kessler Sekt wine cellars are one of the oldest cellars in Germany. Why not join the tour on January 30. The tour is approximately 90 minutes. You will be able to taste their different kinds of sekt. Tours are also held in English, French and

Italian. These tours are booked out fast, so be sure to get your ticket soon for your group. Prices vary pending the size of the group. The times for the tours are between 10 a.m. and 4 p.m. For more information go to [www.kessler-sekt.de](http://www.kessler-sekt.de)

### Day of the grandparents

**Sun, Jan 31**

### Stuttgart, Kunstmuseum

Stuttgart's museum of art invites you to learn about their exhibitions and most importantly to get creative yourself. Simply pack your child, grandchild, parent, grandparent on any last Sunday of the month from 3 p.m. and make sure to bring clothes that don't mind getting a little paint on them. Admission costs between €1.50 and €3. To find more information go to [www.stuttgart.de](http://www.stuttgart.de)

### Customer wine tasting

**Mon, Feb 1**

### Stuttgart, Travertinkeller

Stuttgart's vineyard Travertinkeller invites you to their annual wine tasting, presenting newest creations and snacks for €15 on February 1 from 6 p.m. until approximately 8:30 p.m. Number of participants is limited. For more information and to reserve your spot to go [www.stuttgart.de](http://www.stuttgart.de)

### Culinary walks

**Sat, Feb 6**

### Stuttgart, city center

If you are looking to enjoy a bit of culture then join the culinary walk in Stuttgart. The culinary walk is offered from January 25 until December 31, 2016. This tour will take you through the streets of Stuttgart and to top it off also includes a full meal. You will be hearing some interesting facts about Stuttgart's specialties, its past and present. For more information go to [www.stuttgart.de](http://www.stuttgart.de)

tion see [www.stuttgart-tourist.de](http://www.stuttgart-tourist.de) or call 0711 222 81 00 to reserve. A maximum of 10 participants is needed. Price is €38. For more information about the tour go to [www.stuttgart-tourist.de](http://www.stuttgart-tourist.de)

### Kid's carnival on ice

**Sun, Feb 7**

### Stuttgart, Eiswelt

All Children 12 or younger are invited to this year's kids carnival at the Eiswelt (ice world) in Stuttgart Degerloch on February 7 between 2 p.m. and 4 p.m. Admission is free for everyone in a costume and great prizes await the most creative ones at the end of the afternoon. Join the fun. For more information go to [www.stuttgart.de](http://www.stuttgart.de)

### Yoga and Tai Chi

**Sun, Feb 7**

### Stuttgart, SKG Botnang

All fitness enthusiasts are welcome to stay fit and warm during the winter months and join the Sports at the Park group indoors every Sunday for a mindful Yoga and Tai Chi session with certified instructors who have organized this event at the SKG Botnang Gymnastikhalle for everyone that would like to work out outdoors but is secretly looking for an excuse to go inside. Well, here it is: Join the fun from 11 a.m. to 12 p.m. for only €3 per person. For more information go to [www.stuttgart.de](http://www.stuttgart.de)

### Schweine Museum (Pigs Museum)

**Thu, Feb 11**

### Stuttgart, Schweine Museum

On the agenda today! Pigs. Come to the Schweine Museum in Stuttgart where everything is about pigs. The pig museum will exhibit everything from stuffed pigs, piggy banks, pig stamps, pig decorations and so much more. You will learn about

## CONCERTS

### David Guetta

**Sun, Jan 31**

### Stuttgart, Hanns-Martin-Schleyer-Halle

This French international DJ is hitting up the decks on January 31 in Stuttgart. See him live as he presents his fresh electro / house tunes to get everyone moving. Show starts at 7:30 p.m. The ticket price starts at €63.55. For more information go to [www.eventim.de](http://www.eventim.de)

## SPORTS

### Basketball

**Sat, Jan 30**

### Ludwigsburg, Arena Ludwigsburg

Neckar Riesen literally translates to Neckar Giants and that's exactly what they are; tall, strong and ready to play against Basketball Löwen Braunschweig on January 30 from 8:30 p.m. Tickets start at €14, visit [www.mhp-riesen-ludwigsburg.de](http://www.mhp-riesen-ludwigsburg.de) to get more info and reserve your spot or seat at their home stadium, the Arena Ludwigsburg, for an action-packed basketball game.

### Ice hockey

**Fri, Feb 5**

### Stuttgart, Eiswelt

Watch the Stuttgart Rebels play against EHC Zweibrücken in an action-packed ice hockey game at Eiswelt Stuttgart on February 5 from 7 p.m. For more information and tickets from €8 go to [www.stuttgart.de](http://www.stuttgart.de)

More events on: [www.MilitaryInGermany.com](http://www.MilitaryInGermany.com)

**COOKING**  
*with Klaus!*



## Flaedlesuppe

### Ingredients (for 4 people)

1 ½ cup flour  
2 eggs  
1 cup of water  
¼ teaspoon salt  
¼ teaspoon ground white pepper  
1/8 teaspoon nutmeg  
¼ cup parsley or chives, chopped  
½ tablespoon margarine for greasing pan with every pancake

Mix together all ingredients to make a thin batter. Heat a non-stick pan with ½ tablespoon margarine. Once it is hot, add about 1/3 cup of batter, depending on the pan size. Tilt and move the pan around quickly until the batter covers the pan. The thickness should be similar to a French crepe. When the bottom is a golden color, flip or turn the Flaedle and let cook until golden brown. Be careful not to get your pan too hot. Use all the batter. Let the pancakes cool. This is very important; do not put hot pancakes into your hot stock or broth since they will fall to pieces and make a mess. Once cool, roll them up and then slice them into ½" slices.

### Broth from scratch (ingredients for 4 people)

1 lb suppenfleisch or beef meat for broth  
2 medium carrots, sliced in half lengthways  
1 stalk of celery, cut in half lengthways  
½ leek cut lengthways  
1 onion, cut in half so that you see all the rings of the onion, unpeeled, browned in a pan with no fat with the cut side down  
5 liters water  
½ teaspoon ground white pepper  
2 teaspoon salt  
1/8 teaspoon nutmeg

Put 4 liters of water in a pot along with the meat. Then start to heat. As the meat begins to cook, foam will rise to the surface – remove this. Once the water boils, reduce the temperature, then add vegetables and spices. Allow the broth to simmer for 3 hours. Water will evaporate. Add more water as it does. Do not put a lid on the pot. This will keep the broth clear. Test the taste of the broth to make certain the spices are the level you enjoy. Remove all the vegetables and meat. Vegetables can be discarded. Cut the meat into small ½" pieces. Put 1 tablespoon into a deep bowl. Add ½ cup sliced flaedle and pour warm broth over the mixture and serve. You can garnish with chopped parsley or chives.

## Apfel Beignets

### Ingredients (for 4 people)

2 apples, peeled, cored and cut in ½" rings  
2 cups of flour  
1-1/2 cup milk  
1 tablespoon sugar  
½ teaspoon ground cinnamon  
2 eggs  
Enough oil to fill a deep pan 2 inches

Make the batter from all ingredients except apples and oil. Place apples into batter and turn them around with a fork. If the batter doesn't stick well, put a ½ cup of flour on a plate and turn the apples in the flour on. Then put them back into the batter.

Heat the pan with oil to medium high heat. Put the apple rings into the hot oil. Make sure they don't overlap or stick to the bottom of the pan. After 2 minutes they are golden brown. When you take them out, you can toss them in a cinnamon sugar mixture to give a nice cinnamon flavor. For serving, you can add vanilla ice cream on top and a bit of whipped cream. Enjoy. These are typically done in the winter, with a nice coating of cinnamon sugar.

*Enjoy your meal!*

All ads and pics on [class-world.com](http://class-world.com)

**2012 Toyota Rav4 "Limited"** V6 SUV with AWD, \$24,695, US spec, Automatic, Cruise Control, Power Seat, Alloy, Navigation, Glass Sunroof, Perfect Condition, Call: 0176-22730967, Email: [info@europeanmotors.org](mailto:info@europeanmotors.org), Web: <http://www.europeanmotors.org>

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**4Sale By Owner**, \$5000, [traci\\_beri@yahoo.com](mailto:traci_beri@yahoo.com), 2002 Audi A2, turbo Diesel, 187000km, 75 HP, leather Seats, heated Front seats, PDC, New timing belt, oil just changed, Sony touch display With CD/DVD, Bluetooth, hands-free calling etc.

  
**A Grey, 2003, 1.9 TDI VW Touran Van**, with 159,000 miles. Runs fantastic...perfect for traveling Europe. Seats five with lots of room for luggage in the back. Gets over 950 km per tank of fuel (diesel). Call 0170-2082928 /[emr1115@yahoo.com](mailto:emr1115@yahoo.com)

**Austin Mini 4Sale**, \$2200, [steveleemoore@yahoo.com](mailto:steveleemoore@yahoo.com), 1986 Austin Mini for restoration only. Engine runs but needs clutch to drive. Many new parts (carb, ignition and many others) and the body has been stripped to bare metal for paint.

**BMW 316i, 4-door**, 5-speed, blue met, power steering, electric windows FT, sunroof, ABS, air bags, and we deliver anywhere with cash in hand, my ph is 0175-3213199 Call or e-mail, \$1500, [ddundkk@hotmail.de](mailto:ddundkk@hotmail.de)

**Volvo XC90 D5** Aut. Summum 7 seater, 185hp €12000, [wernst1@gmx.net](mailto:wernst1@gmx.net)

**BMW 525i Model** 2000, new German inspection, power steering, power locks, air cond, leather interior, seat heating, power windows, alloy rims w/ new summer tires, new battery and brakes. €1800. 0152-06467728

**BMW R1150 RT**, 2001 Silver (German spec) 38000 KM; Excellent condition/garage kept/no accidents/falls; hard side cases and top case; heated grips, Throttle-meister (cruise control) \$5500/ OBO; email for pics/[thomas621@comcast.net](mailto:thomas621@comcast.net); Stuttgart area

**Camper For Sale**, €39,000, [ed\\_thornburg@yahoo.com](mailto:ed_thornburg@yahoo.com), 2013 Bürstner IXEO TIME 670G, Fiat Ducato 2.3 MJET 35 148 PS diesel, 6 speed automatic: 23,000 km. Camper is loaded with options and under warranty.

**Chrysler PT Cruiser**, diesel, 2.2l, standard, AC, no rust, no accident, 190000k, winter+summer tires, leather seats w/heat, pet+smoke free, 5l on 100km, €2500, [stefandsanya@gmail.com](mailto:stefandsanya@gmail.com) or 0151-45261009

**Daihatsu silver met**, 4-door, 5-speed, 1.0 ltr, year 2002, air cond, summer tires and winter tires, CD player, ABS, air bags, \$1250, and we deliver anywhere with cash in hand, [ddundkk@hotmail.de](mailto:ddundkk@hotmail.de)

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**Ford Focus 1999**, 4-door, 5-speed, all-weather tires, ABS, power steering, German TÜV till Jan 2017, my phone 0175-3213199, \$1500, [ddundkk@hotmail.de](mailto:ddundkk@hotmail.de)

**Ford Ka - Model 2004**, €1380, [stefandsanya@gmail.com](mailto:stefandsanya@gmail.com). Ford 140.000km, silver, 5speed, very clean. Great car for the winter, new winter tires, front-wheel drive, phone calls 0152-06786080

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**Mitsubishi Eclipse GL**, New New New, German TÜV, no US inspection needed, Red, 2.0 LTR, 16 VAL, air cond, 2-door, 5-speed, electr windows, KMS 163,000, \$1700, [ddundkk@hotmail.de](mailto:ddundkk@hotmail.de)

**Nissan Almera TINOdi**, 2002, German specs, pw.windows, 2nd owner, no accidents, TÜV summer/2016, AC, 5seat, standard, great travel car, no rust, POV inspection guaranteed, €2400, full tank goes 1100km, call 0151-45261009 or [stefandsanya@gmail.com](mailto:stefandsanya@gmail.com)

**Opel Astra, burgundy**, 2-door, 5-speed, ABS, air cond., radio, TÜV till 2016, and we deliver anywhere with cash in hand, my phone is 0175-3213199, \$1200, [ddundkk@hotmail.de](mailto:ddundkk@hotmail.de)

**Porsche 944, \$5200**, [steveleemoore@yahoo.com](mailto:steveleemoore@yahoo.com), car looks great, runs like a top and has had a recent timing belt service. The interior is clean with a crack-free dash and a working sunroof. Failed USEUR inspection due to small oil leak.

**WV Passat Wagan 1999**, 1.6 liter, Silver, 5-speed, ABS, power steering, air cond, winter tires, German TÜV, lots of new parts and dealer maintenance, elect.windows front, keyless entry, \$2250, [ddundkk@hotmail.de](mailto:ddundkk@hotmail.de)

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# Seven resolutions for experiencing Germany

by Gemma McGowan

MilitaryInGermany.com contributing writer



*Photo by Aysegicmeli/Shutterstock.com*

Each year, many people set New Year's resolutions, some they keep and some they don't. To have an incredible experience while stationed in Germany, here are seven New Year's resolutions you should definitely keep!

- Shop at German food stores.** Perhaps, try to shop for your groceries there for a full month. Strive to always try a new item not found in American food stores.



*Photo by racorn/Shutterstock.com*

- Find and take a cheap flight somewhere.** Check out "Tips on Booking a Cheap Ryanair Flight" at [www.MilitaryInGermany.com](http://www.MilitaryInGermany.com). Find a free long weekend and book a destination that has the best price. You will discover and explore a new place that you normally would not have chosen. Or for the more daring, go on a "Blind Booking" flight with Eurowings. Here you book your flight at random with one low, fixed price starting at €33. You are able to select a category of what type of trip you would like to take, and then you find out your surprise destination at the end of the booking. To try Blind Booking, visit [www.eurowings.com/skysales/BlindBooking.aspx?culture=en-GB](http://www.eurowings.com/skysales/BlindBooking.aspx?culture=en-GB)

- Gather your flip flops and take a beach holiday.** Beaches in Europe can be a different experience than the ones we are used to in the U.S. Catch some rays in mainland Spain or Italy or even discover the beauty of German beaches.



*Photo by racorn/Shutterstock.com*

- Feel the speed of an ICE train.** Travel to a new city on a fast German ICE train while sitting back and relaxing. Have a croissant and sip some wine. They even have "Saver-tickets" starting at €29 when you travel within Germany.



*Photo by Nickolay Vinokurov/Shutterstock.com*

- Plan an epic road trip.** Pack the car with drinks and food, and plan your gas stops with the Esso Fuel finder. Travel on famous routes such as the German Romantic Road, or do it the old fashion way and just grab a map and go.



*Photo by Lorelyn Medina/Shutterstock.com*

- Explore your own town.** Small villages have amazing charm and history just waiting to be discovered. See where the locals go, perhaps a park or lake. Join them in the local pubs or family owned restaurants. Like they say, "strangers are just friends you haven't met yet!"



*Photo by Irena13/Shutterstock.com*

- Learn new German words.** Learn more than the basic vocabulary or phrases like "Wo ist der Bahnhof?" which means "Where is the train station?" You can also learn words that will help you be more a part of the conversation. Here are some ideas:

- Exactly — "Genau" (geh-NOW)
- Maybe — "Vielleicht" (feel-LAISHT)
- Nice — "Schoen" (schun)
- All right — "Alles klar" (AHL-us klahr)
- Great! — "Toll!" (tol)
- Fine — "Prima" (PREE-ma)
- Fantastic — "Fantastisch" (fan-TAHS-tish)
- Likewise — "Gleichfalls" (GLAISH-fahls)
- Doesn't matter — "Macht Nichts" (MAHKT-nishts)
- No difference — "Ganz Egal" (GAHNZ-ay-gahl)
- All is well — "Alles Gut" (AHL-us goot)
- Fabulous — "Fabelhaft" (FAH-bull-hahft)



*Photo by Andrey\_Popov/Shutterstock.com*



**Hair Dryer.** 3Heat + 2Speed Settings. Cold Shut Button. Concentrator + Finger Diffusor Attachment. Lightweight. Super Quiet. Removable End Cap. 1875 Watt. User Guide. Orig. Box. \$20. chefsteven2015@gmail.com

**Premium Aluminium. Dolby** Digital/EX Decoder. Pro Logic II. 100 Watts x 10. AF/FM Tuner. 40 Station Random + Direct Tuning. Remote Control. User Guide. Dual Voltage. Excellent Working. \$395. chefsteven2015@gmail.com

**Printer, Scanner Lexmark** S605, \$70, Like new condition. Ink cartridges low. jcambr@yahoo.com

**Tablet, Samsung 7inch** with case. \$80 da1af@hotmail.com

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**FOR SALE**

All ads and pics on [class-world.com](http://class-world.com)

**Caution:** Some Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

Garmin 360 Navigation, \$50, spvendor@gmail.com

**Auto-Pieper**

## DEAL OF THE MONTH

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jason.lappin@t-online.de  
07 11-620 48 85

**Aeropostale long sleeve.** Pink. On the front are pictures of peace signs and the label name is shown. Size M. Barely worn. Good condition. For pics see [www.class-world.com](http://www.class-world.com). €9. janina.wuttke@gmx.de

**Treadmill - Proform** 635 CW, \$349, timboney\_52@hotmail.com, well maintained/functioning treadmill. Adjusts for speed & slope. Cross fit ski poles adjustable for tension. Emergency situation stop.

**Two (2) AFN Decoders For Sale**, \$250 a piece or best offer, bubbajoe20@hotmail.com, 0176-536-67-833

**220V Heaters, excellent** condition, \$18, I have 5, laauminstiry@hotmail.com

**3 Drawer Wide Cart White.** With 4 Rollers. Compl. Size: 25"H x 22"W x 15"D. Each Drawer: 7"H x 19.5"W x 13.5"D. Lots Of Storage Space. Very Sturdy. Made in USA. \$25. chefsteven2015@gmail.com

**30 Clothes Hangers** Wood. Heavy Duty Quality. \$15. chefsteven2015@gmail.com

**Aeropostale long sleeve.** Pink. On the front are pictures of peace signs and the label name is shown. Size M. Barely worn. Good condition. For pics see [www.class-world.com](http://www.class-world.com). €9. janina.wuttke@gmx.de

**African Indonesian & Turkish** items for sale, call: 06374-991073 pls. leave message

**Beautiful hand-made purple/pink** felt flower brooch, perfect gift, can be pinned on jackets, scarves, bags and more! €12, for pics see [class-world.com](http://class-world.com) jenniferwilking@hotmail.com

**Bicycle Trailer, for 2 kids,** rarely used, excellent condition, suitable for all bikes, €50, for pics go to [class-world.com](http://class-world.com), jenniferwilking@hotmail.com,

**Black knitted pullover.** Size XS but fits also for size M. €5. See [www.class-world.com](http://www.class-world.com) for pictures. Janina.Wuttke@gmx.de

**Blanket Horse.** 72" x 52". Reversible. Heavy Quality. Machine Washable. Machine Dry At Low Heat. Great Condition. \$25. chefsteven2015@gmail.com

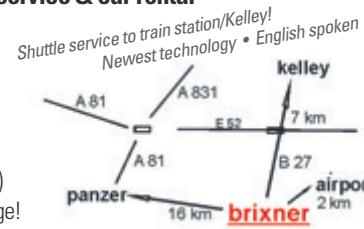
**Burton Carbon, Snowboard** bindings. Medium (MSRP: \$279) Used one season. Long-fiber glass-reinforced nylon

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**FOR SALE**All ads and pics on [class-world.com](http://class-world.com)

**Candle Holder.** Iron Base with Glass Cylinder. 9" High. \$25. chefsteven2015@gmail.com

**Canon Camera w/Case.** Canon Camera Sure Shot 85 Zoom. User Guide. Orig. Box. Case Logic Camera Case 3 Pockets (2 Zipper Pockets). Belt Loop. Very Sturdy. \$50. chefsteven2015@gmail.com

**Chopper.** Stainless Steel Blades. Stainless Steel Body for Durability. Orig. Box. NEW. \$20. chefsteven2015@gmail.com

**Collection of leather bound**, signed by the author, 1st edition books, mint cond. Over 100 different books. Authors include: Norman Mailer, William F. Buckley, Joseph Heller, Elie Wiesel, Donald Mc Dunne, John Updike, Tom Wolfe, etc. \$ 15.000 - serious inquiries only! Call: 0631-940213 or 0151-270-19822

**Comforter Set.** Buttons connect the 2 Comforter into 1. Great Quality. 75" x 54". Orig. Packed. \$50. chefsteven2015@gmail.com

**Complete set ram** golf clubs + bag and c-5 pullcart, \$100 OBO. Also extra 4 drivers + 4 irons + 1 hybrid + lots of extras. ckvillanueva@arcor.de or call 06204-919085 chefsteven2015@gmail.com

**Cooks 10 Eggs at Once,** Non-stick 4egg Poaching Tray, 3egg Omelet Tray, Brush. Stainl.Steel Lid, On/Off Switch, Audible Alert, Standby Mode, Easy Cleanup, 2Egg Holders, Beaker with Piercing Pin, User Guide, Orig. Box, chefsteven2015@gmail.com

**Covered Low Casserole** 16cm+20cm, Covered High Casserole 16cm+20cm+24cm, Saucerman 16cm. Cold Handles of Stainless Steel. Dishwasher and Oven Safe. Original Box \$350. chefsteven2015@gmail.com

**Custom-made children's** kindergarten bag with name. Send me a message if you are interested in a unique bag for your child. Perfect present. All bags are made using wet-felting technique with sheep wool, soap and water only! € neg, depending on design, jenniferwilking@hotmail.com

**Glass Coasters Set** of 4. \$12. chefsteven2015@gmail.com

**Eco warrior shoulder** bag, handmade felt, environmentally friendly bag made using only wool, water and soap, €25, jenniferwilking@hotmail.com

**Electric Kettle 1.7ltr.** 1500 Watts On/Off Light Automatic Shut-off Dual Water Windows Cordless (Lifts off Base for cordless pou-ring) User Guide Orig. Box \$25. chefsteven2015@gmail.com

**Engraved w/Steffi Graf** Design (3 Different Motifs). 3.5" High. 95% Pewter. \$50. chefsteven2015@gmail.com

**For That Special Collector** a Beautiful The United States Commemorative Presidential Collection, spvendor@gmail.com

**Foxy lady, small felt shoulder** bag with fox design. Discover your wild side! All bags are completely environmentally friendly made with wool, soap and water only! €25, jenniferwilking@hotmail.com

**Glass Cat Pair.** Can be used with Metal Stake (incl.) or without. 32" High. Goebel, Germany. \$75 chefsteven2015@gmail.com

**Griddle Cuisinart, Dual** Temperature Controls for Grill/Panini and Griddle, Reversible Nonstick Plates Switch from Grill to Griddle, Integrated Drip Tray for Easy Storage, User Guide, Orig. Box, NEW, \$75, chefsteven2015@gmail.com

**Guitars, Accessories, Pedals,** Electronic Drum Kit, and more, \$1, guitarman@gmail.com

**Hollister strapless top.** White color, size M. With ribbons to tie a bow on the back. €15. For pics see www.class-world.com. Contact janina.wuttke@gmx.de

**Large Dell Computer Bag**, \$30, laauministry@hotmail.com



**Intake manifold, never used**, for a civic type R or a Acura Acura RSX type S PRC \$120, isabell\_1\_98@yahoo.com or 017622987498



**Marilyn Monroe Box** 12" x 8". \$20. chefsteven2015@gmail.com

**Milk Frother** for 8 oz. frothed milk and 12 oz. steamed milk. Dishwasher Safe Removable Milk Pitcher with see-through lid. Frothing and Heating Disks. 3 Temperature. User Guide + Orig. Box. \$50. chefsteven2015@gmail.com

**Must sell 65 year old flawless solitaire .45 carat diamond ring** set in white gold. Asking best offer \$795. Will accept \$ or €. Call: 06332-41560 from 9 - 18:00.

**New hybrid elliptical** trainer and reclining stationary bike 590\$, Alessis 110V/220V digital performance/studio piano w/chair, music stand, stool, hard case 750\$, call 06374-991073 pls leave a message

**Nike Sports Bag** Large. Black. 3 Compartments. 2ft. Long x 1ft. High x 1ft. Wide. \$45. chefsteven2015@gmail.com

**Org. Thomas Sabo** Charm, price new was 49€, never used, was a bday present, selling price €20, for pics please see class-world.com, s.vogl75@web.de

**Oversized Cardigan** from Review. Black and white stripes. For pictures visit www.class-world.com. €10. janina.wuttke@gmx.de

**Porcelain. 24 Carat** Gold Trim. 3.5" Diameter. Handpainted. \$35. chefsteven2015@gmail.com

**Like New Poker** Chips with carrying case, \$20.00, spvendor@gmail.com

**Sheep Pendulum Clock**, Makes Sheep Sound and Sheep Appears every Hour (Noise can be muted). Orig. Box. NEW. \$50. chefsteven2015@gmail.com

**Small BBQ Grill**, \$15, laauministry@hotmail.com

**Small grey felt shoulder bag** with mushroom design, perfect gift, €20 jenniferwilking@hotmail.com

**Snow Shovel**, \$13, laauministry@hotmail.com

**Steam Iron. 1700Watts** Power. Stainless Steel Soleplate. Variable Steam Control. Pro Vertical Steam. Spray Button. 3 Way Smart Auto Off. Extra Large Water Tank (8.4oz.). Self Clean. Made in Germany. Excellent Working. User Guide. Orig. Box

**Super Mario kart** lunch cooler, \$8,017622987498



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**FOR SALE**All ads and pics on [class-world.com](http://class-world.com)

**Super Mario Kart Wii Reversible throw.** Fitted sheet pillow case and lining. Never used. Paid over \$100, asking \$65.017622987498.

**Swarovski lion inspiration of africa,** collectible including box and sign, no damages €350, billy.smith@gmx.de

**Swarovski Pegasus-From the 1998 "Fabulous Creatures" Series.** Retired in 1998, Asking \$500. Ph. 06374/944828



"The Frosty Wild" painting, 30x30cm, price €35, Original with frame acrylic, location KL, call 0160-95222731

**The Swarovski Pierrot** measures 8". This is the first edition of "Masquerade" series. Retired in 1999. isabell\_1\_98@yahoo.com

**Toaster, 4Slice Long Slot,** 7 Adjustable Shade Settings, Bagel + Frozen Buttons, Toast + Cancel Buttons, Removable Crumb Tray, User Guide, Orig. Box, \$25, chefsteven2015@gmail.com

**Tray. Plush Cushion** Base provides comfort and stability. 17.5" x 13.5". \$20. chefsteven2015@gmail.com

**Various music CDs** for sale, all from the 2000er years. Single CDs from Nelly Furtado, Christina Aguilera etc. for €3, music samplers like Bravo Hits and The Dome €4. For a picture of the selection see [www.class-world.com](http://www.class-world.com). Contact janina.wuttke@gmx.de

**Viking Sword. Handle and Blade** Engraved on both Sides. Real Steel. With Black Wall Display Mount. Made in Spain. \$275. chefsteven2015@gmail.com

**Wall Decor Picture.** Hand Crafted. Deer Hide. Made In Siberia. \$85. [chefsteven2015@gmail.com](mailto:chefsteven2015@gmail.com)

**Washer & Dryer,** \$360, 2in1 LG combo, [laauministry@hotmail.com](mailto:laauministry@hotmail.com)

**WMF Knife Set with Storage Block (Wood).** 9 Pieces. Blades made from Forged Special Blade Steel. Made in Germany. Orig. Box. \$350

**WMF Napkin Holder.** Stainless Steel. Orig.Box. \$25 [chefsteven2015@gmail.com](mailto:chefsteven2015@gmail.com)

**FURNITURE**All ads and pics on [class-world.com](http://class-world.com)

**American Bedroom Set,** €190, (or make offer), consisting of dresser with 3part mirror, and 2 night tables, solid oak with brass handles, very beautiful 06302-5554 [francuml@yahoo.com](mailto:francuml@yahoo.com)

**Antique 100 yr.old German china cabinet,** matching dining table with 4 chairs. See photo on KA classifieds web page. Contact Eric and Mia at 063759949674, €950, [eyates9761@aol.com](mailto:eyates9761@aol.com)

**Antique Bench, with cushion seat,** storage space and wheels. See photo on KA classifieds web page. Contact Eric and Mia at 063759949674, €600, [eyates9761@aol.com](mailto:eyates9761@aol.com)

**Antique Brittany French Bench** for 300\$, antique French Louis XIV Schrank 650\$, antique Brittany French table 600\$ and 8 antique French Brittany leather seat+leather back chairs 600\$, antique German dark oak buffet 500\$+matching side board 250\$, or both 700\$. Call 06374-991073 pls leave message

**Antique corner desk.** See photo on KA classifieds web page. Contact Eric and Mia at 063759949674., €150, [eyates9761@aol.com](mailto:eyates9761@aol.com)

**Antique reproduction secretary desk.** See photos on KA classifieds web page. Contact Eric and Mia at 063759949674., €120, [eyates9761@aol.com](mailto:eyates9761@aol.com)

**For Sale: Hudson Leather Sofa & Love Seat (Like New),** \$1,700 OBO, Cell: 0176-31634600

**Metal Coat Rack with Brass Buttons** Very Sturdy 69"H. x 16"W. \$95. [chefsteven2015@gmail.com](mailto:chefsteven2015@gmail.com)



**Couch Relax Chair,** €199, great furniture use as a relax chair or bed diff moves, cover washable, like new, was new 398 euro at mobel martin, from a smoke and pet free home, cell 0151-45261009 [stefandsanya@gmail.com](mailto:stefandsanya@gmail.com)

**Serta Perfect Sleeper / Quilt Top - full size & storage bed,** solid wood, very sturdy, buyer coordinates delivery. Can be transported in mini van or SUV. I can help assemble the bed. (Dimensions in inches: 87 x 57 x 51) motivated to sell! 300€, [hp2ronin@gmail.com](mailto:hp2ronin@gmail.com)



**Waterbed for sale,** €500, [jpbertz@yahoo.com](mailto:jpbertz@yahoo.com), Ssolid cheery wood water bed 2m wide/2.2m long.

**Wooden bookshelf.** See photo on KA classifieds web page. Contact Eric and Mia at 063759949674, \$150, [eyates9761@aol.com](mailto:eyates9761@aol.com)



**Zither,** €950 (or make offer), [francuml@yahoo.com](mailto:francuml@yahoo.com), 06302-5554 near Sembach

**PETS**All ads and pics on [class-world.com](http://class-world.com)

There have been reports of pets being sold from breeding facilities that are not managed at the highest professional standards. Please choose your pet carefully. Make sure you check the credentials of the people selling the pet, and get proper paperwork showing shots and/or other proof of healthy condition. For further advice, consult your Veterinarian.

**WANTED**All ads and pics on [class-world.com](http://class-world.com)

**Donations for Romanian Charity** wanted for 10 March in Ramstein - all in excellent condition please: 220V electrical household, tablet, laptop, printer. Other items welcome. Thank you! [pachete\\_SUA\\_Romania@carepackagesforromania.org](mailto:pachete_SUA_Romania@carepackagesforromania.org)

**Free car for Romanian Charity.** Will fly into Ramstein at the beginning of March and would like to drive a car to our charity partners in Romania. Can you help? Danke! [pachete\\_SUA\\_Romania@carepackagesforromania.org](mailto:pachete_SUA_Romania@carepackagesforromania.org)

**MRE (Meal Ready to Eat)** Wanted!!! Offers to: 0170-1910484



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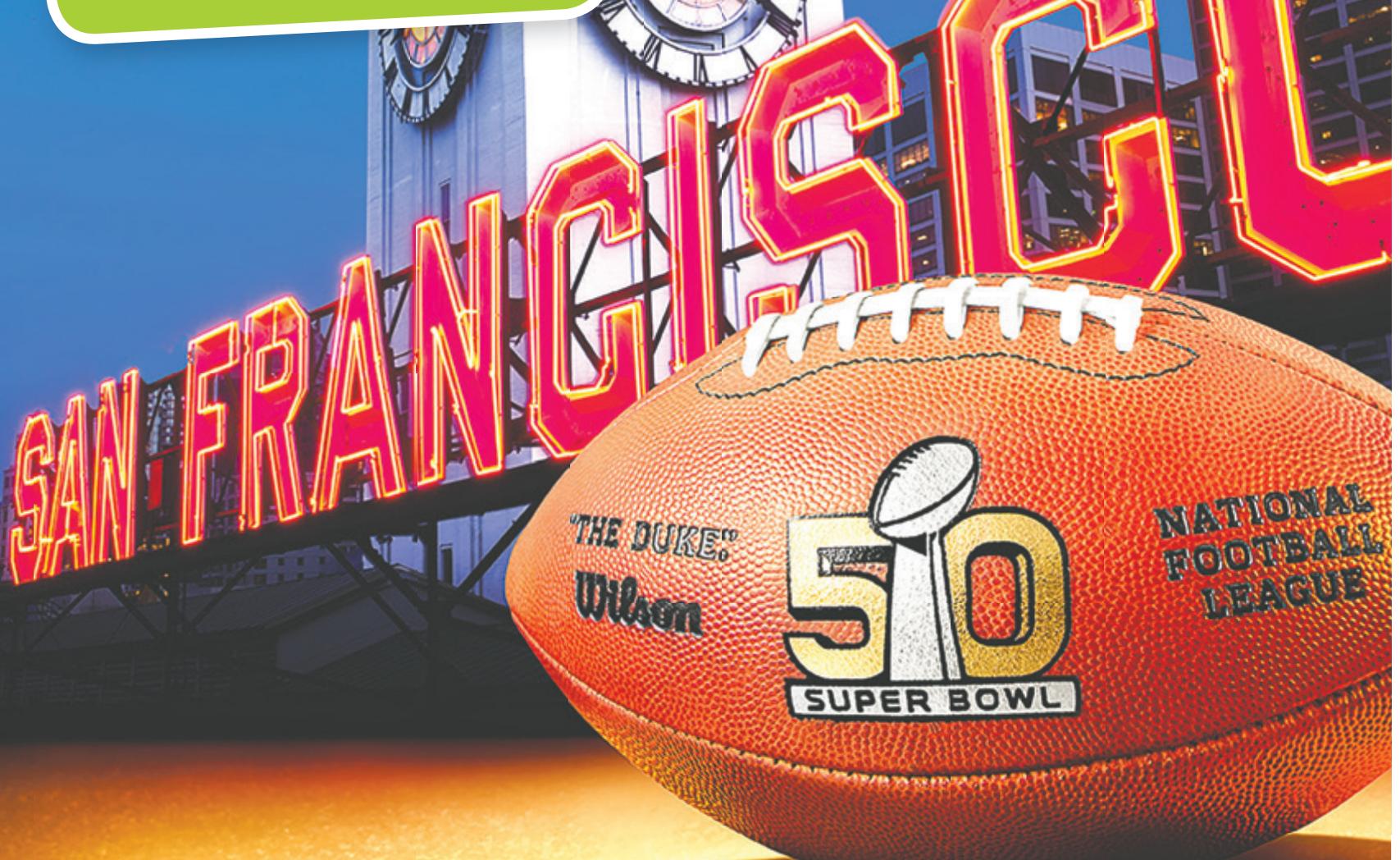
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## 4 Super Bowl Events

### Feb. 7: Super Bowl 50 Party 8 p.m.

Are you ready for some football? Don't miss Super Bowl 50 at the Patch Community Club.

- \* Live DJ plays hits 8 p.m. - 12 a.m.
- \* Free finger food to enjoy all night long.
- \* Big game will be shown on 4 large screens in the Backlot Bar.
- \* Don't miss the opportunity to win \$1,000 in prizes.
- \* Exciting drawings every 30 minutes starting at 12 a.m.
- \* Receive a raffle ticket when you purchase a beverage (alcoholic or non-alcoholic) starting at 8 p.m.
- \* Game starts at 12:30 a.m.

Patch Community Club,  
Patch Barracks, Bldg. 2345  
DSN 430-5433  
CIV 0711-680-5433

### Feb. 7: Super Bowl Sunday Sale 12 - 4 p.m.

This is the Super Bowl of all sales. All merchandise will be 25% off and clearance 75% off. Spend \$50 and enter the drawing. Drawing will be pulled every half hour and you must be present to win. The frame shop will not be open during the sale and sale does not include:

\* Consignment, class fees, ceramics, balloons and framing.

Patch Arts & Crafts Center,  
Patch Barracks, Bldg. 2329  
DSN 430-5270  
CIV 0711-680-5270

### Feb. 7: Super Bowl 50 Party 9 p.m.

\* Come out and watch Super Bowl 50 with BOSS. Games will be played and BOSS Swag will be available.

\* Brats and hamburgers available for purchase. Soft drinks are free.

BOSS & Warrior Zone,  
Patch Barracks, Bldg. 2505  
DSN 430-7135  
CIV 0711-680-7135



### Feb. 7: Super Bowl 50 Party 10 p.m.

Join in the Super Bowl Party festivities.

\* Free pizza slices (pepperoni and cheese).

\* Game shown on large screens in the Irish Pub and Bowling Center.

\* Over \$1,000 in prizes including Kindle Fire Tablets, 40" TV, XBOX 1, iPhone Docking Station, Digital Camera and more. Drawings every 30 minutes starting at 11 p.m. Earn a drawing ticket with each purchase. Must be present to win.

\* DJ will play great music prior to the game.

\* Game starts at 12:30 a.m. and fun continues until one hour after the game.

Galaxy Bowling & Entertainment Center, Panzer Kaserne, Bldg. 2998  
DSN 431-2575  
CIV 07031-15-2575

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## **Feb. 20: Snow Day Trip**

### **Express to Oberstdorf, Germany**

\$89 adults, \$79 youth (17 and under), \$45

SWPC / ASAP (LIMITED SEATS). Price includes transportation via commercial bus ONLY. Lift tickets, meals and other recreational expenses are responsibility of patron. ODR equipment rental: \$20 per adult and \$15 per youth. Get fitted for your gear the week of the trip for ski / snowboard equipment. **Register by Feb. 12.**

Trip departs at 6 a.m. and returns at approximately 10 p.m.



## **Feb. 27: Snow Day Trip**

### **Express to Ehrwald, Austria**

\$89 adults, \$79 youth (17 and under) \$45 SWPC/ASAP

(LIMITED SEATS). Price includes transportation via commercial bus ONLY. Lift tickets, meals and other recreational expenses are responsibility of patron. ODR equipment rental: \$20 per adult and \$15 per youth. Get fitted for your gear the week of the trip for ski / snowboard equipment. **Register by Feb. 19.**

Trip departs at 5 a.m. and returns at approximately 11 p.m.



## **Feb. 12 - 15: Ski and Scuba Adventure**

\$299 adults, \$249 youth (17 and under) \$150 SWPC/ASAP (LIMITED SEATS). Price includes transportation, lodging (based on quad occupancy in bungalow), half-board meals, unlimited pool use, sauna, access to mini-golf, bowling and equipment rental from ODR. Lift tickets, other meals, and Scuba class expenses are responsibility of patron (intro to Scuba and Scuba Certification must be reserved ahead of time through Outdoor Recreation). Half-board includes breakfast and dinner with non-alcoholic drinks. Get fitted for your gear the week of the trip for ski / snowboard equipment. **Register by Feb. 3.**

Trip departs at 9 a.m. Friday and returns at approximately 9 p.m. on Monday.

## **Feb. 13: Molding Machine Safety Class,**

10 a.m. - 12 p.m. The Kelley Arts and Crafts Woodshop is offering free Molding Machine Safety Classes, perfect for rounding corners and adding carvings to your next wood project. Call the Kelley Arts and Crafts, sign up and learn how to use the machine to perfect your one of a kind project.

## **Kelley Arts and Crafts Woodshop,**

Kelley Barracks, Bldg. 3319

DSN 421-2519

CIV 0711-729-2519

## **OUTDOOR RECREATION,**

Panzer Kaserne Bldg. 2953

Take the SWPC pledge and get 50% off your trip.

Call ODR for more details.

DSN 431-2774

CIV 07031-15-2774



For more information visit our website:  
[stuttgart.armymwr.com](http://stuttgart.armymwr.com)



## **Feb. 12 - 15: Tournament of Champions 6 - 9:30 p.m.**

Get your team together and bring your "A" game to the Tournament of Champions. This is the largest basketball event in USAG Stuttgart and Army Europe. There will be over 20 teams throughout IMCOM-Europe competing for the championship title in both men's and women's categories. Trophies for 1st & 2nd place and MVP for both categories. Teams are open to I.D. cardholders 18 and older.

**Register by Feb. 8.**

**Event location: Patch, Panzer and Kelley Fitness Centers.**

**Registration fee is \$300 per team.**

For more information call:

DSN 430-7136 / CIV 0711-680-7136

Feb.  
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## **Feb. 18: Galaxy Bow Center 6 p.m.**

Roll on down to  
Center for great  
and beverages av  
Zone Snack Bar. Fo  
[stuttgart.armymwr.c](http://stuttgart.armymwr.c)  
DSN 430-7135 / CIV 0

## **Feb. 15: Dominoes in the Irish Pub**

Come out and have a gre  
Tournament. Only \$10 to p  
2nd place wins \$40 an  
valued gi

## **Feb. 1 - 29: National Black History Month Special**

During the month of February get  
double stamps on your loyalty  
card when you purchase  
any combo meal.

## **Feb. 13: Valentine's Scotch Doubles Tournament 1 - 4 p.m.**

This is a game for partners. One starts the  
frame and the other one finishes. The  
competitions consists of 3 games. Scores  
will be added at the end and prizes will be awarde  
1st, 2nd and 3rd place teams.

**Galaxy Bowling & Entertainment Center**  
**Panzer Kaserne, Bldg. 2998**  
DSN 431-2575  
CIV 07031-15-2575

## **Feb. 18: BOSS Golf Clinic 9 a.m.**

Come join BOSS for a fun filled day at the Stuttgart  
Course. Instruction will be provided by Stuttgart's  
PGA Pro Marco Spellacy. Free transportation to c  
from the golf course. **Register by Feb. 16.**

DSN 430-7135 / CIV 0711-680-7135



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### Feb. 5: Madden Gaming Tournament 6 p.m.

is hosting their first ever Madden Gaming Tournament in honor of Super Bowl 50 and you don't want to miss it. Come pick your team and let the games begin. Sign-ups start at 6 p.m. and starts at 6:30 p.m. Prizes for 1st, 2nd and 3rd place winners. The winner will receive an Exchange gift card.



### DSS Bowling Night at the Galaxy & Entertainment Center

Join the Galaxy Bowling & Entertainment Center for some bowling action with BOSS. Food available for purchase at the Strike Room. For more BOSS events go to: [www.bossbowling.com](http://www.bossbowling.com) or call 711-680-7135.

### Bowling Tournament

Feb 7 - 10 p.m.  
at time at the Dominoes play. 3rd place wins \$20, and 1st place wins \$75 giftcards.



**BOSS & Warrior Zone**  
Patch Barracks, Bldg. 2505  
DSN 430-7135 / CIV 0711-680-7135



**WARRIOR  
ZONE**



### SUNDAY BRUNCH

Sundays from noon - 3 p.m.  
Enjoy a delicious meal and exquisite desserts in a cozy atmosphere.

Includes a glass of champagne, soft drinks, beer, wine and water.

**€ 34,- per person**

Children 7 - 12: € 15,- / children 6 or under: FREE

Parking is included in the price

For reservations, please contact us directly at +49 7031-6960 or e-mail your request to: [stuttgart.marriott@marriott.com](mailto:stuttgart.marriott@marriott.com)

No Federal endorsement implied.

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## FOREIGN SERVICE BENEFIT PLAN

*Caring for Your Health Worldwide®*

AMERICAN  
FOREIGN  
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FOREIGN SERVICE BENEFIT PLAN

# The Plan that Serves you Overseas and at Home

- Foreign claims paid based on provider billed amount and at in-network coinsurance level
- Personalized customer service
- Preventive care paid at 100% when using an in-network or foreign provider
- Acupuncture, chiropractic and massage therapy benefits
- Wellness incentives that lower out-of-pocket costs
- Online claims filing and EFT reimbursement

This is a brief description of the features of the Foreign Service Benefit Plan. Before making a final decision, please read the Plan's Federal brochure (RI 72-000). All benefits are subject to the definitions, limitations and exclusions set forth in the Federal brochure. Proud FMWR Sponsor-Sponsorship does not imply endorsement by USAG Stuttgart, Department of the Army, or Department of Defense.



Learn more at [www.AFSPA.org/FSBP](http://www.AFSPA.org/FSBP)

## **Stuttgart Family and MWR programs, events, classes and activities**

### **Massage Therapy**

The Stuttgart Fitness Centers offer hot stone massage, deep tissue massage, a Swedish massage and more. Make an appointment at Patch, Panzer or Kelley Fitness Center and get the massage you deserve. \$100 for 90 min, \$75 for 60 min, \$45 for 30 min. For more information, call DSN 431-2724 CIV 07031-15-2724.

### **Ladies Night at RB**

Every 2nd and 4th Wednesday of each month. Come out to the RB Club from 6 – 11 p.m. and meet your neighbors, spend time together and enjoy free chips and nuts. The first house cocktail (non-alcoholic) is on the house. Finger foods and drinks are available for purchase. For more information, call DSN 420-6037 CIV 0711-819-6037.

### **Customer**

### **Appreciation Day**

The Backlot Bar in the Patch Community Club wants to thank all customers every Wednesday with free finger foods from 5 - 7 p.m. Stop in after work to relax and wait for traffic to die down. For more information, call DSN 430-5433 CIV 0711-680-5433.

### **After Hours Fun at the Backlot Bar**

The Backlot Bar in the Patch Community Club is offering after hours fun for everyone. Tuesdays from 7 – 9 p.m., enjoy pool tournaments, fussball matches and dart contests. Every Thursday is Ladies Night from 8 - 11 p.m. The first house cocktail (non-alcoholic) is on the house and bartenders can whip up delicious cocktails for your enjoyment. Every Friday, challenge yourself and others at Karaoke Night from 8 - 11 p.m. Finally, on Saturday from 8 p.m. – 2 a.m., come out to the Backlot Bar and move to different beats each week, 1st & 3rd Saturday of the month Country & Western, 2nd 80's & 90's, 4th R&B, Pop and Latino, and 5th Top 40s. For more information, call DSN 430-5433 CIV 0711-680-5433.

### **Used Car Auctions**

The Panzer Auto Skills Center offers a bid lot with used cars for sale via closed bid auction. Customers can place bids on used vehicles. For details on bid process, call DSN 431-2555 CIV 07031-15-2555.

### **Building an Eco-Friendly Car**

If you are in the 6 – 12th grade and are interested in building a cool car, contact the RB Youth Center. You will learn how cars work, how they are made and how to build a car of the future, and you will be a part of a team that will engineer an Eco-friendly car that will be on display. Classes are held every Tuesday and Thursday from 3:30 - 5:30 p.m. on Robinson Barracks. Register at any USAG Stuttgart Youth Center. For more information, call DSN 420-7189 CIV 0711-819-7189.

### **The Photo Studio**

Capture those special moments. Make an appointment today for quality portraits at the Patch Photo Studio. They offer family portraits, unit photos, team photos (Basic team packages start at \$12), new baby photos, artistic portraits, location shoots, dance and event photos, passport photos and equipment and studio rental. DSN 430-2328 CIV 0711-680-2328.

### **Java "Coffee on Wheels"**

The Java Café offers a Conference Package with delivery available for Panzer, Kelley and Robinson. Package includes 3 Lt. Airpod Bold Roast or Mild Roast Starbucks Coffee \* (your choice) 12 assorted pastries of your choice and 12 cups (condiments included). Price is \$29.95 and you will receive one complimentary Loyalty Card Value worth \$4 off your next purchase. For more information, call DSN 430-8365 CIV 0711-680-8365.

### **Join a Book Club**

The Patch Library has organized a Coffee and Books Club on the 4th Monday of every month from 3:30 - 4:30 p.m. at the Java Café. Come and meet other people who love to read and discuss the selected monthly title and any other new books that we have discovered. For more information, call DSN 430-7138 CIV 0711-680-7138.

### **Towing Service**

The Panzer Auto Skills Center has competitively priced towing service available. Hours of operation are, Wednesday – Friday, 2 p.m. - 8 p.m., Saturday – Sunday, 10 a.m. - 6 p.m. For more information, call DSN 431-2555 CIV 07031-15-2555.

### **BOSS Meetings**

The Better Opportunity for Servicemembers (BOSS) program holds their meetings on the first and third Wednesday of every month, 11:45 a.m. – 12:45 p.m. at the Warrior Zone, Patch Barracks, Bldg. 2505 (Swabian Special Events Center). Meeting is open to all single or unaccompanied Servicemembers. Discuss travel and volunteer opportunities and meet other people with similar interests. For more information, call DSN 430-7135 CIV 0711-680-7135.

### **Instructors Wanted!!!!**

SKIES Unlimited, CYS Services. Seeking qualified instructors to teach piano, voice, dance (pop/hip hop), art, swimming, martial arts, speech therapy, foreign languages or other child/youth specialized programs. Become a SKIES Unlimited instructor and share your area of expertise with the children and youth of the Stuttgart Community. Must be 18 years old or older. If you are interested, please call DSN 430-6281 CIV 0711-680-6281 or email stuttgartcys@googlemail.com.

### **Army Community Service (ACS) Classes**

ACS offers dozens of free classes on topics such as stress management, scream free parenting, conflict resolution, special needs, financial forums, healthy cooking for diabetics and German immersion. ACS also offers support groups and community information. Some of the upcoming classes and services are listed below, but for more information, visit [www.stuttgart.armymwr.com](http://www.stuttgart.armymwr.com) or call DSN 431-3362 CIV 07031-15-3362.

### **Become a volunteer today!**

Enhance your networking skills, learn about the community, explore a new career field and build and enhance your resume. DSN 431-3362 CIV 07031-15-362.

### **Marketing Your Volunteer Experience on your Resume**

Let ACS show you how to add your valuable volunteer hours to your resume. Class is held on Feb. 9 at ACS, Panzer Kaserne, Bldg. 2915 from 11:30 a.m. - 1 p.m. For more information, call DSN 431-3362 CIV 07031-15-3362.

### **English as a**

### **Second Language**

Every Monday and Thursday from 9 - 11 a.m., take advantage of free English classes that are open to community members wanting to sharpen their English skills. Classes are free and include a textbook. For more information contact ACS, Panzer Kaserne, Bldg. 2915, or call DSN 431-3362 CIV 07031-15-3362.

### **Infant Massage**

Bonding isn't necessarily an instantaneous reaction after giving birth; it is an ongoing process. Infant massage encourages a good relationship by supporting verbal and non-verbal communication and prolonged eye contact. It gives parent and child time to be together. Class is held Feb. 1, 8, & 22 at ACS, Panzer Kaserne, Bldg. 2915 from 10 – 11 a.m. Registration is not required. For more information, call DSN 431-3518 CIV 07031-15-3518.

### **Employment Readiness Lunchtime Series – Navigating USAJOBS**

(Federal Employment), Looking for a job on USAJOBS can be a little intimidating, but don't you worry, ACS can help. Come to the Navigating USAJOB (Federal Employment Class) and learn how to maneuver through the site with ease and get a step closer to the job of your dreams. Class is held at ACS on Feb. 2 from 11:30 a.m. – 1 p.m. For more information, call DSN 431-3362 CIV 07031-15-3362.

### **Baby Bumps**

Stop by ACS on Feb. 3 from 11:30 a.m. – 12:30 p.m., to join the Baby Bumps class. This group is for pregnant women at any stage. It focuses on education and support related to pregnancy and encourages socializing and bonding. Guest speakers and topics vary month to month. Registration is not required. For more information, call DSN 431-3518 CIV 07031-15-3518.

### **Breastfeeding Basics**

On Feb. 11 from 5:30 - 8:30 p.m., discover the importance of breastfeeding for you and your baby! Gain tips on how to get started as well as how to overcome challenges, such as returning to work while breastfeeding. Call DSN 431-3518 CIV 07031-15-3518 to register.