

The Citizen

Vol. 43, No. 05 www.stuttgartcitizen.net

Olympian inspires young swimmers

It's not every day an Olympic medalist leads a Piranhas swim team workout.

ArmyFit helps build resilience

ArmyFit shows Soldiers, family members and civilians how to be "Army Strong."

**6
12**



Richard Herman

The nominees for the EUCOM Service Members and Civilians of the Year award pose for a photo opportunity with Maj. Gen. Mark Barrett, EUCOM chief of staff (center) and EUCOM Command Sgt. Maj. Randy Woods (far right) at the Patch Theater Jan. 31. The command announced their outstanding service members and civilians of the year during the ceremony.

EUCOM recognizes top service members, civilian employees

*U.S. European Command
Communication and Engagement*

every day and I look forward to more great things out of you in the future.”

U.S. European Command announced their outstanding service members and civilians of the year at a ceremony held at the Patch Theater Jan. 31.

Maj. Gen. Mark Barrett, the U.S. EUCOM chief of staff, presided over the ceremony.

He commented on how 2013 was a challenging year for the command, adding it was one of his most challenging in the 34 years he’s served in the U.S. Air Force.

Barrett said the challenges will remain in 2014, therefore he thanked the command for what they do every day.

“I do appreciate this headquarters and this staff on what you bring to the fight every single day,” Barrett said. “The enthusiasm, the morale, the good nature — it helps me quite a bit as I go through the daily work.

“I want to personally thank you for your outstanding support and let you know how much I appreciate your hard work and dedication,” he said.

Barrett said he looked forward to the great things to come from the U.S. EUCOM annual award nominees in the future.

“To our nominees,” he said. “Congratulations. Thank you for what you do

<p>MILITARY WINNERS</p> <p>Junior Service Member Airman 1st Class Gabrielle Baughman <i>Joint Intelligence Center-Europe Analytic Center</i></p> <p>Mid-level Noncommissioned Officer Petty Officer 1st Class Brian Lee <i>Manpower, Personnel and Administration Directorate</i></p> <p>Senior Noncommissioned Officer Master Sgt. Daniel Spencer <i>Joint Intelligence Center-Europe Analytic Center</i></p>	<p>CIVILIAN WINNERS</p> <p>Category I - GS 1-8 (GG, LN, and WG Equivalent) Kelly Hawkins <i>Directorate of Logistics</i></p> <p>Category II - GS 9-13 (GG, LN, and WG Equivalent) Abigail Goss <i>Directorate of Logistics</i></p> <p>Category III - GS 14-15 (GG, LN, and WG Equivalent) Linda Benedik <i>Directorate of Analysis and Assessments</i></p>
--	--

Stuttgart photographers take honors in Army-wide photo contest

*U.S. Army Garrison Stuttgart
Public Affairs Office*

To get the photo, Kozak spent four hours photographing her one-week-old niece Peyton.

The Army recognized the artistic eye of enlisted service members, commissioned officers and civilians alike for their simple and true captures of garrison life around the world in the 2013 Army Digital Photography Contest.

Those recognized included four photographers from the Stuttgart military community.

The U.S. Army Installation Management Command awarded recognition and prizes to active duty and civilian photographers for their entries in seven categories: Animals, Design Elements, Digital Darkroom, Military Life, Nature/Landscapes, People and Still Life.

Family member and Patch High School secretary Virginia Kozak won first place in the People category for “Sweet Dreams.”

“It’s always been one of my favorites from that shoot,” Kozak said. “It took honorable mention here in Stuttgart. I never in a million years thought it would win.”

Maj. Jared Lenz, chief of the Stuttgart Behavioral Health Clinic, won a second and two third place finishes in Still Life, People and Design Elements, respectively.

Lenz is no stranger to the competition, having placed at the Army-level in 2008 and 2009.

Military family members Cara Smith won second and third place for Animals and Still Life, respectively, while Laura Castro won honorable mention in the People and Digital Darkroom categories.

The winning entries in the 2013 Army Digital Photography Contest can be viewed at www.armymwr.com.



Virginia Kozak

Virginia Kozak, a secretary at Patch High School and an Army family member, captures the mood perfectly in “Sweet Dreams,” her 2013 Army Digital Photography Contest entry. The subject is her niece Peyton, who was one week old when the photo was taken. Three other members of the Stuttgart military community, Army Maj. Jared Lenz, and military family members Laura Castro and Cara Smith were also recognized in the annual Army-wide competition.

THE CITIZEN

This newspaper is an authorized publication for members of the Department of Defense. Contents of The Citizen are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Army. All editorial content in this publication is edited and approved for public release by the United States Army Garrison Stuttgart Public Affairs Office. Advertisements and private organizations noted in this publication are not part of Department of Defense.



Col. John P. Stack
U.S. Army Garrison Stuttgart Commander

R. Slade Walters
Director of Public Affairs

S. J. Grady
Command Information Chief
Managing Editor

Carola Meusel
Culture Editor

USAG Stuttgart Public Affairs Office
Building 2949, Panzer Kaserne

Telephone: +49 (0)7031-15-3105, DSN 431-3105
Fax: +49 (0)7031-15-3096, DSN 431-3096
Email: editorial@stuttgartcitizen.com
Website: www.stuttgart.army.mil
Facebook: www.facebook.com/USAGarrisonStuttgart

Army Post Office Mailing Address:
Unit 30401, APO AE 09107

German Mailing Address:
Panzer Kaserne, Geb. 2949, 3rd Floor, Panzerstrasse, 71032 Böblingen

Publisher
AdvantiPro GmbH

AdvantiPro
Publishing House • Advertising Agency

www.advantipro.com

The Citizen is a biweekly offset press publication published by AdvantiPro GmbH and printed by Oggersheimer Druckzentrum. Circulation is 7,000 copies.

Handelsregister: Zweibrücken, HRB 1824 Z Gerichtsstand Kaiserslautern
Ust-IdNr.: DE 229812354

John Thompson
Managing Director
Telephone: +49 (0) 631-3033-5530
Email: john@advantipro.de

Corinna Emser
Production Manager

Newspaper Layout/Designer
Alexander Pütz
Dipl. Designer (FH/University of applied sciences)

Display Advertising Contact
Jaqueline Samad
Telephone: +49 (0) 631-3033-5537
Email: ads@stuttgartcitizen.com

Classified Advertising Contact
Isabell Smith
Telephone: +49 (0) 631-3033-5531
Website: www.class-world.com

Mailing Address:
AdvantiPro GmbH
Europaallee 3
67657 Kaiserslautern

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army or the U.S. Department of Defense. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

The bullying antidote: modeling kindness

Commentary by **John C. Grabert, Ph.D.**
Stuttgart Behavioral Health Clinic

As a psychologist with Behavioral Health, I have the good fortune to hear children talk about their doubts and fears — I say good fortune because I hope together we can work on cultivating their courage and forge a new path to a stable self-esteem.

I am, however, dismayed with the increasing reports from children about the unkind behavior of their classmates.

It is good that the Stuttgart community has made a commitment against bullying, where respect for others is encouraged. Bullying or joining in bullying is not tolerated; bystander intervention and reporting bullying to an adult are supported.

Unfortunately, even with a joint school-community policy in place, there are gaps. Children continue to be unkind to other children — especially to those who are vulnerable. There have been reports of children with special needs being teased, and there are reports of emotionally hurtful interactions among children on the playground and on buses.

The playground and the school bus can be places where children experience relative independence and find out for themselves how interactions among children can unfold and develop. Sometimes they learn how to successfully manage the doubts and fears brought on by challenging peer interactions, which might include being teased or called a name, being told that someone else wants the swing (or the bus seat), being told scary stories, or hearing someone brag about watching a scary YouTube video clip or even playing a violent video game that “was not scary but, oh, so cool!” Unsuccessful coping with these experiences can set a child’s emotions and thoughts reeling.

While children are encouraged to report inci-

dences of bullying, some children believe it will do no good or fear it could result in more bullying. They also might not want others to think they are scared. Children might not trust to tell their parents about such experiences even when they have been feeling sad and troubled, and are directly asked.

Children are unkind to their peers for a variety of reasons. Sometimes it feels good to appear stronger or better than someone else; it can be a reflection of their own frustrations, their own lack of worthiness or unsatisfied needs.

Some children who experience unkind actions from peers are able to manage the vulnerability it provokes in them with resilience. Other children are not able to rise above the situation: They feel anxious, anticipate future provocations, and might even begin thinking poorly of themselves (“I am not liked by others and I don’t belong”). They grapple with self-doubts and fears.

It is known that children learn by observing their parents and other adults as they make their way in the world. As Dr. Brené Brown, author of “Daring Greatly” suggests, it is important for adults and parents to demonstrate or model what we want our children to become, rather than simply telling them how they should behave.

Through important everyday relationships children can learn about kindness. Adults can take advantage of these opportunities by practicing what we want to teach and by showing children what we want them to become. When they experience respect, validation and kindness we help children cultivate feelings of worthiness. We support positive thoughts about themselves. If children are happy with themselves, they might have fewer reasons to be unkind to classmates. Instead, they might take interest in the needs of their peers and even show compassion.

If you need parenting support, contact Behavioral Health Services at 430-2858/civ. 0711-680-2858.

SHARP
I AM THE FORCE BEHIND THE FIGHT

I Am Committed to Stopping Sexual Harassment and Sexual Assault.

I Am Living the Army Values.

I Am Protecting the Members of My Team.

L.A.M.

www.PreventSexualAssault.army.mil DoD Safe Helpline: 1-877-995-5247

LOYALTY DUTY RESPECT SELFLESS SERVICE HONOR INTEGRITY PERSONAL COURAGE



Maurice Wilkes (left) and Ike Nwangoro perform with the gospel choir during the USAG Stuttgart Gospel worship service Feb. 10 at the Panzer Chapel. The USAG Stuttgart Religious Support Office recently purchased \$64,000 in musical instruments with funds from an ecclesiastical equipment grant.

RSO awarded thousands in grant money

Story & photo by Gloria Colon-Buzatu
USAG Stuttgart Public Affairs Office

The U.S. Army Garrison Stuttgart Religious Support Office recently received a \$148,000 ecclesiastical equipment grant to enhance the spiritual well-being of the Stuttgart military community.

Every year the Army Chief of Chaplains Office collects residual offerings from all the Installation Command garrisons around the world and places the offerings in a grant account, according to Chaplain (Col.) Warren Kirby, the USAG Stuttgart command chaplain.

The grant program assists commanders with needed funds to improve facilities and worship services in constrained budgetary environments.

Like many grant programs, applying for an ecclesiastical equipment grant is a complicated and intense process. The time-consuming task, according to RSO officials, was worth it. The Stuttgart RSO received the largest grant award given this year.

"We did not want to pass up the opportunity to be 'blessed' from the Chief of Chaplains Office," said Chaplain (Lt. Col.), Steven Jerles, U.S. Army Garrison Stuttgart deputy command chaplain and grant project lead.

"We worked hard and sat down together as a team ... to identify our needs and justify what we needed. That's the process," Jerles said.

The RSO had August and September to plan and gather all the justifications required to meet the application deadline.

"It was no small task," said Andrea Spencer, U.S. Army Stuttgart RSO command chaplain administrator and grant project team member.

RSO chaplains and staff asked all chapel-sponsored organizations, such as Strong Bonds, a chaplain-led program, or Mothers of Preschoolers what they needed to enhance their capabilities and ministry.

"Justifying the needs was very intense. We had to research each item on whether it was cost effective to purchase in Europe or the U.S., how easy it would be to replace parts, and whether safety would be an issue," explained Spencer.

In all, the RSO requested 20 different types of equipment that included furniture, stools and DVDs for watch care, an RSO childcare program offered during worship services and special programs, and three grand pianos and other musical instruments.

"Music is a requirement as an element of worship and is an essential element of religion," said Garrison Command Chaplain Kirby.

Thanks to the grant, the Youth Ministry will now have musical instruments they didn't have before, such as guitars, bass guitars and a cajón (an inexpensive instrument for a full drum sound), according to Deputy Command Chaplain Jerles.

The chapels on Panzer Kaserne, and Patch and Robinson Barracks will each add a grand piano, digital keyboard, and digital multimedia projector with enhanced lighting for high-quality images.

"All three chapels will now have the same capability for video. The units that use the facilities for training, like for suicide prevention or any number of other training opportunities, now their capabilities increase as well," Jerles added.

The Garrison Command Chaplain compared the grant process to scripture (Matthew 7:7): "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."

"You get not if you ask not," Kirby said. "If we would have chosen to do nothing, we would have got nothing."

The USAG Stuttgart RSO offers Protestant, Church of God in Christ, Catholic and Jewish worship services. Other programs include Protestant Women of the Chapel and religious education classes. For more information, visit www.stuttgart.army.mil/RSO/RSO.html.

News & Notes

OHA survey to run March 1-31

The annual Overseas Housing Allowance Utility Expenses Survey for Germany will be conducted March 1-31. The survey is intended to measure the amount of compensation that service members receive from Overseas Housing Allowances to live in privately leased or rented residential housing.

The Defense Travel Management Office conducts the survey to identify how much service members spent in the previous year for electricity, heating fuel, water, trash removal and sewer fees. All service members, regardless of service affiliation, who reside in off-post housing are requested to complete the survey in order to accurately gauge the amount of OHA required. The survey is critical for ensuring OHA rates are properly set at overseas locations, and directly affects the amount of housing allowance each service member will receive.

Spouses are authorized to take the survey if their sponsor is deployed or unavailable.

Those who take the survey are required to report the average monthly cost of utilities. To complete the OHA utilities expense survey, you should use actual bills or records of your utilities.

On March 1, the survey can be accessed at www.defensetravel.dod.mil/site/oha-util-mar.cfm.

Apply now for EVIP

Headquarters, U.S. European Command, is accepting applications from U.S. citizens for the 2014 summer EUCOM Volunteer Internship Program.

Undergraduate and graduate students enrolled in accredited trade schools, colleges and/or universities will be exposed to the work environment of a joint combatant command while learning about the Department of Defense missions and responsibilities.

All positions will be located on Patch Barracks.

For more information, go to www.eucom.mil/intern, or contact Trevor J. Boyko, the EVIP manager at 430-5793, civ. 0711-680-5793 or email trevor.j.boyko.civ@mail.mil.

OSB or eSERB coming up? Better check "My Board File"

Captains and majors affected by the upcoming Officer Separation Boards and enhanced Selective Early Retirement Boards need to review and certify their records using the "My Board File" tool on the Human Resources Command website.

Across U.S. Army Europe, there are 575 majors and captains who are subject to the upcoming boards that will look at captains in year groups 06 through 08, and majors in year groups 99 through 03.

The captains' boards will meet from March 4-20, and the majors' boards will meet from April 22 through May 13.

The "My Board File" tool allows officers who will be considered by the upcoming boards to review and certify board documents. The selection board will also see this file, which includes the officer's official photo, officer record brief and documents from the performance section of the official military personnel file. If there are errors or missing documents in the "My Board File," officers will need to correct those records in their official files for their "My Board File" to be updated.

To make corrections, contact the S1. Your branch assignment officer can also assist if you need to update your OMPF or ORB.

Ask a JAG

If you have a legal question you would like to see answered in *The Citizen*, write "Ask a JAG" at ines.k.liefers2.ln@mail.mil.

By Capt. Chip Ladd (U.S. Army)
Stuttgart Law Center

Q: I am in love! I am a 19-year-old private who just arrived in Stuttgart from boot camp. I met a dreamy 24-year-old corporal. We Facebook constantly and find every excuse to meet during work. Is this permissible?

A: No. During Valentine season we may be tempted to abandon our normal duties and use official duty time to flirt. However, this romance may affect your unit's mission and may be prohibited by your service's fraternization policy. The core values such as service before self require that we always place the mission first.

While personal relationships between military members are normally matters of individual choice and judgment, they become matters of official concern when they adversely affect the military. These relationships can erode good order, discipline, respect for authority, unit cohesion or mission accomplishment.

Official duty time is considered an official resource, similar to government credit cards, computers or vehicles. Duty time shall be used for official purposes in accordance with the Joint Ethics Regulation (DoD 5500.7-R). Duty time should not be used for romance.

Additionally, relationships between personnel of different ranks are generally prohibited by service regulations such as Army Regulation 600-20, Air Force Instruction 36-2909, and Office of the Chief of Naval Operations Instruction 5370.2C. The key theme in all these regulations is that the relationship is prohibited if it adversely impacts the mission. Here, it could appear that the relationship with the corporal distracts you from your duties.

Relationships between personnel of different ranks are also prohibited if they involve, or appear to involve, the use of rank. They cannot be exploitive in nature. The military has traditionally only prohibited romantic relationships between officers and enlisted personnel. However, in 2014, standards may be enforced more strictly than in previous years as the military combats sexual harassment and assault among the ranks.

Personnel who engage in unprofessional relationships may receive negative evaluations, reprimands, bars to reenlistment or Uniform Code of Military Justice action. All personnel share in the responsibility for maintaining professional relationships. Although the senior member may be in the best position to terminate the relationship, both parties could be held accountable.

In this case, you just arrived from boot camp. It could appear that the corporal used rank to exploit your inexperience. Help the corporal end this relationship before it ends both of your careers. If the corporal refuses to end it, ask a supervisor for help.

This column is not intended as individual or specific legal advice. If you have specific issues or concerns, you should consult a judge advocate at 421-4152/civ. 0711-729-4152.

Job loss, divorce can mean loss of SOFA status

Stuttgart Customs Office

Some Americans want to remain in Germany even after their official connection to the U.S. military has ended. Maybe they lost their job with the Army, Air Force, Navy or Marines, their sponsor has left the country, or they have been divorced from a spouse who was stationed in Germany.

"Whatever the reason, personnel are required to properly out-process and relinquish any documents such as ID cards, ration cards, SOFA certificates, vehicle registrations, fuel cards and unused VAT forms that entitle them to tax-free privileges," said David Kuik, the chief inspector at the Stuttgart Customs Office. "Subsequent use of these documents to buy fuel, register vehicles or shop in U.S. forces sales facilities is illegal," he added.

People who are not German citizens also need to contact German immigration authorities if they plan to stay in the country after their official connections to the U.S. military have ended.

On the day that a U.S. civilian or contractor retires, resigns or is terminated from a U.S. government job, he or she loses their Status of Forces Agreement status in Germany, and tax and duty free entitlements (Exchange, commissary, Army Post Office, tax relief, U.S. Army Europe vehicle registration and fuel card, etc.).

This individual logistic support also ends on the day a dependent child turns 21 years of age (or 23 if enrolled in higher education) or whenever the child establishes a separate residence. The same applies when someone is divorced from a U.S. citizen with individual logistic support in Germany.

However, family members keep their logistic support for 90 days if their sponsor leaves Germany on a permanent change of station move or after

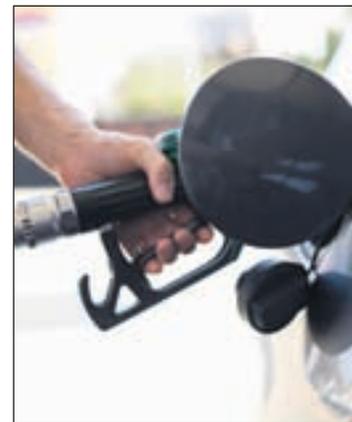
a spouse has died.

"Sponsors who are leaving Germany must tell their local U.S. Forces customs office if family members plan to stay in Germany beyond the 90 days," Kuik said.

He added that active duty Soldiers deploying on unaccompanied hardship tours can extend their family's logistic support in Germany until the sponsor returns. Exceptions are also available for family care providers who look after the children of military parents who have to deploy outside of Germany. Requests for exceptions should be submitted as early as possible to allow sufficient time for processing.

U.S. Government organizations have a responsibility to ensure that any employees who lose individual logistic support in Germany properly out-process and hand over relevant documents to the proper agencies. They should also report violations to their local U.S. Forces Customs Office.

For more information on loss of status or applying for an exception to policy for unaccompanied hardship tours, call the Stuttgart Customs Office at 431-2731 or 421-4317/civ. 07031-15-2731 or 0711-729-4317.



Photos.com

Purchasing tax-free fuel after a U.S. civilian or contractor retires, resigns or is terminated from a U.S. government job, is illegal.

Number of suicides in Army drops in 2013

By Lisa Ferdinando
Army News Service

The number of suicides in the Army dropped last year, compared to 2012, according to the Army deputy chief of staff, G-1.

Lt. Gen. Howard B. Bromberg said there were 301 suicides in the Army in 2013, while in 2012, there were 325 suicides Army-wide.

"We have seen an aggregate drop in suicides, and while not a declaration of success, it could indicate resiliency efforts are starting to take hold across the force," he said. "Ultimately, the Army acknowledges there is more work to do."

The figures are for the total Army — the active Army, the Army National Guard and Army Reserve.

Last year, 125 of the suicides were in the active Army; 117 in the Army National Guard; and 59 in the Army Reserve. For 2012, 165 of the suicides were in the active Army; 110 in the Army National Guard; and 50 in the Army Reserve.

Because of the complexity of the issue, the Army said it is difficult to identify specific reasons for the decrease. It is also difficult to determine what efforts might have contributed to the change. According to Bromberg, the Army's aggressive promotion of "help-seeking" behaviors may have something to do with it.

"I am optimistic that more Soldiers are seeking help and learning ways to address and cope with issues they may have," Bromberg said. "It's about what the Army is doing to prepare Soldiers."

"We are enhancing ways to recognize what Soldiers need to make them stronger and more resilient," he added.

In addition to its Ready and Resilient Campaign, which is designed to promote resilience and improve readiness, the Army has expanded access to behavioral health services, increased pre- and post-deployment screenings to improve the diagnosis and treatment of Soldiers, and is focused on identifying and treating traumatic brain injury and post-traumatic stress disorder.

Register for Women's Leadership Forum

The U.S. Army Garrison Stuttgart Special Emphasis Program committee will host the fifth annual Women's Leadership Forum March 27 from 8 a.m. to 5 p.m. in the Swabian Special Events Center on Patch Barracks.

Workshops will cover leadership skills, professional and personal development, strategic career planning and more.

During the forum, four local women in federal service who exemplify leadership will be honored.

Registration for the free leadership forum begins Feb. 24 and closes March 21. Seating is limited.

Register at <http://stuttgartwlf.eventbrite.com>.

For more information, send an email to Stuttgart_wlf@yahoo.com.

Who dunnit?

The Stuttgart Community Spouses Club will host a murder mystery dinner Feb. 25 at 6 p.m. in the Patch Community Club.

Cost for the evening is \$20, payable at the door. Reservation deadline is Feb. 21. To reserve, send an email to scsc4reservations@yahoo.com.

For more information, visit www.stuttgartspousesclub.org.

Apply for SCSC scholarships

The Stuttgart Community Spouses Club offers scholarships to Patch High School seniors and continuing education students. The deadline to apply is March 18.

To start the application process, follow the scholarship link at www.stuttgartspousesclub.org.

For more information, write to scsc.scholarship@gmail.com.

Celebrate Black History Month

During Black History Month, enjoy a free viewing of the film, "Iron Ladies of Liberia," on Feb. 25 from 11:30 a.m. to 1 p.m. in the Kelley Theatre.

A community-wide Black History Month observance will be held Feb. 27 from 11:30 a.m. to 1 p.m. in the Kelley Theatre. Volunteers are needed to prepare dishes that highlight African-American cuisine for a food sampling during the event.

To volunteer, contact Susan Kellett-Forsyth or Daisy Kone at blackhistorymonthvolunteers@gmail.com.

Adaptive sports teams wanted

The Warrior Transition Unit-Stuttgart will sponsor a wheelchair basketball and seated volleyball tournament Feb. 28 from 8:30 a.m. to 2:30 p.m. at the Patch Fitness Center. Teams or units are needed to participate; no experience is required. Entry is free and wheelchairs will be provided. Advance registration is required.

For more information, or to register, send an email to Linda.A.Steil.CTR@mail.mil.

Free tax assistance

The Stuttgart Tax Center offers free state and federal income tax preparation and filing for service members, Defense Department civilian employees, military retirees and their family members.

The tax center, located in Room 231, Building 3312, Kelley Barracks, is open Monday through Friday from 9 a.m. to 3 p.m.

Clients must download and fill out IRS intake sheet 13614-C, available at www.irs.gov.

Filers will also need to bring their ID cards, all tax forms, copies of social security cards and individ-

ual taxpayer identification numbers, last year's return and a bank card or canceled check with their routing and account numbers for direct deposit.

Tax center officials request that community members make appointments to avoid waiting to be seen.

Call 421-4588/civ. 0711-729-4588 to make an appointment.

Robinson Barracks town hall set for Feb. 27

The next U.S. Army Garrison Stuttgart Town Hall meeting will be held Feb. 27 from 7-9 p.m. in the Robinson Barracks Club's theater, Building 168.

During the meeting, members of the garrison staff and various installation services will be available to answer questions and discuss issues.

Community members may submit questions in advance on the USAG Stuttgart Facebook page on Feb. 25 and 26 using this hashtag: #Stuttgart-TownHall. Questions can also be posted 'live' during the town hall.

For more information, call 431-2018/civ. 07031-15-2018 or go to the garrison Facebook page.

Send your announcements to editorial@stuttgartcitizen.com.

Watch out for road work, construction zones

Any time there is construction on a road or highway, drivers and workers are at risk. Being able to identify the work zones can save lives; flashing lights, utility or emergency vehicles, orange signs, flags, barrels and cones are all serve to warn you.

Drivers need to slow down whenever they see flashing lights, or move over, if possible, to leave the lane beside the work zone open.

In some construction areas, lowered speed limits are posted and must be obeyed at all times.



10 tips for driving in work zones:

1. Pay careful attention to orange and electronic signs that give warnings and information.
2. Turn on your headlights to make your vehicle more visible.

3. Respect the posted speed limits, and slow to below the speed limit if conditions (traffic, weather) warrant it.

4. Stay alert and increase your following distance behind other vehicles.

5. Turn on your emergency flashers if you must come to a full stop.

6. Use correct merging techniques when changing lanes, and use your turn signals.

7. Respond promptly to flaggers and road workers.

8. Be extra cautious on uneven pavement or near drop-offs to avoid losing control of your vehicle.

9. Don't distract yourself with cell phones, navigation systems or stereos.

10. Expect the unexpected!



February

BLACK HISTORY MONTH

Civil Rights in America

March of the United States of America

Celebrate with
U.S. Africa Command &
U.S. Army Garrison Stuttgart
during a community-wide
observance

Feb. 27

11:30 a.m. to 1 p.m.

Kelley Theatre

For more information, call 421-2365

Olympic medalist shares tips with local swimmers



Kim Vandenberg, Olympic medalist, lets Stuttgart Piranhas swim team member Sarah Hutchinson try on a few of her medals.

USAG Stuttgart Public Affairs Office

Kim Vandenberg, champion swimmer and Olympic medalist, shared tips with more than 60 swimmers during two swimming clinics hosted by the Stuttgart Piranhas swim team Feb. 8 at Gartenhallenbad Maichingen.

Held just one week before the annual European Forces Swim League Championships, the clinic was attended by the U.S. military-affiliated members of the Stuttgart Piranhas swim team and members of the Maichingen Hippos, a local German community swim team.

Vandenberg was a member of the bronze medal-winning U.S. Olympic team in the women's 4x200-meter freestyle relay at the 2008 Summer Olympics and won a silver medal at the 2007 World Swimming Championships in the women's 200-meter butterfly.

Vandenberg provided instruction to the swimmers in the butterfly and the

freestyle, her specialty strokes.

According to organizers, the clinic was held to instruct and inspire both swimmers and coaches during the long winter when it is easy for swimmers to lose focus.

Vandenberg gives instruction to youth from both the U.S. Stuttgart Piranhas and German Maichingen Hippos swimming teams

"Kim's visit was a great morale boost at just the right time, especially since she came on the opening weekend of the winter Olympics in Russia. She let each and every swimmer pose for photos with her medals, but even better was that every single swimmer in attendance had a chance to race her in the pool," said Tricia Huebschman, mother of two of the swimmers and Stuttgart Piranhas secretary.

According to organizers, the Piranhas swim team spring season is scheduled to begin in March with "Road to Rio" as the year's theme because Rio de Janeiro is the location of the 2016 summer Olympics.



Vandenberg demonstrates proper technique during the Stuttgart Piranhas Olympic Swim Clinic held Feb. 8 at Gartenhallenbad Maichingen.

Party and Catering-Service

Kashmir
Indian Restaurant

Take away Lunch Special (Mo - Fri)

authentic indian cuisine

NEW LOCATION
ECHTERDINGEN Esslinger Str. 11 · Phone 0711-99 76 38 16
LEONBERG Leonberger Str. 97 · Phone 07152-90 32 32
Hours: 12.00 - 14.30 and 17.30 - 23.00

WWW.KASHMIR-RESTAURANT.DE

UPI2
RECHTSANWÄLTE
FACHANWÄLTE | NOTARE
FULL SERVICE LAW FIRM

U.S. & GERMAN ATTORNEYS
US & German Divorces • Support Issues
Wills and Probate • Employment • EEO • MSPB
Personal Injury • Contractor Issues • Tax

CALL 069-299-2069-0
email: maiss@up12legal.de

American Specialties
STEAKHOUSE * BEER * RIBS * LOBSTER

Route 66

Mon **CLOSED**
Tue **BBQ FOR YOUR BUDGET**
Wed & Sun **ALL YOU CAN EAT - SPARE RIBS**
Thur **AFTER WORK PARTY**
Fri **PITCHER TIME**

Take away * Catering

English Menu available!
Hornsteige 1 - 71069 Sindelfingen
Please call for reservations: 0 70 31-41 19 10
www.route66web.de | Open from 17:30

THE FIND-IT GUIDE

RECEIVE GREAT SAVINGS WITH COUPONS
Check out the huge variety of coupons inside The Find-It Guide.

Save 20%
Save 20%

AdvantiPro
Publishing House • Advertising Agency

Learn how to live and love 'ScreamFree'

Army Community Service will host Hal Runkel, author of the "ScreamFree Parenting" series, as he leads several workshops for the Stuttgart military community.

Runkel will teach a ScreamFree parenting workshop March 3 and a ScreamFree marriage workshop March 6. Both will be held from 6-8 p.m. in the Patch Community Club, Building 2345.

Free child care will be provided to those who register before Feb. 27. Children must be registered with Child Youth and School Services.

For more information or to register, call ACS at 431-3362/07031-15-3362.

Volunteer of the year nominations due

U.S. Army Garrison Stuttgart registered volunteer agencies are reminded that nominations are being accepted through March 15 for USAG Stuttgart Volunteers of the Year.

The recognition program honors community volunteers for their dedication and commitment and will highlight a youth, spouse, civilian, military member and military retiree as a Volunteer of the Year.

All nominees must be registered through the ACS Volunteer Corps Coordinator.

The annual USAG Stuttgart Volunteer Recognition Ceremony will be held April 24 from 5:30 to 6:30 p.m. at the Patch Community Club.

For more information, call 431-3362/civ. 07031-15-3362.

Volunteers sought for SCSC Spring Bazaar

The annual Stuttgart Community Spouses Club Spring Bazaar is set for March 14-16 at Patch Barracks and includes international vendors selling everything from furniture to cheese and wine.

The SCSC is looking for volunteers to assist with the setup of the Spring Bazaar on March 9-13, and during the bazaar, March 14-16.

Volunteering opportunities are available in a number of capacities, such as setting up tents and tables, checking ID cards, assisting in the finance office and selling raffle tickets. Most positions are open to adults over 18, but teens can volunteer by making home-baked goods or assisting volunteers and vendors. All volunteers will be entered in a volunteer-only raffle and will receive early VIP shopping privileges.

To find out more information on how to become a bazaar volunteer, log on to www.stuttgartspousesclub.org and click on the volunteer spot.

For more information, email sesc.bazaarvolunteer@gmail.com.

TARP briefings held next month

The 66th Military Intelligence Stuttgart Field Office will hold several Threat Awareness and Reporting Program briefings next month.

- March 11, Panzer Chapel
- March 12, Patch Chapel

• March 13, Kelley Theatre Briefings in English will be offered at 9 a.m., 11 a.m., 1 p.m. and 3 p.m. on each day, and should last approximately one hour.

The briefing is an annual requirement for all Defense Department employees, contractors and service members. Family members are not required, but highly encouraged to attend.

If your organization requires a brief in German, contact the Stuttgart Field Office at 431-3293.

Learn about BOSS

Single and unaccompanied enlisted service members from the Stuttgart community are invited to learn more about Better Opportunities for Single Service members during BOSS Day March 5 from noon to 3 p.m. The event, held at the Patch Community Club, includes lunch and the chance to win a prize.

For more information, call 430-7135/civ. 0711-680-7135.

Due to PCS soon?

For those who plan to relocate to a new duty station in the next several months, permanent change of station/preseparation briefings are scheduled for March 19, and April 2 and 16, and May 7 and 21 at 1 p.m. in Building 2913 on Panzer Kaserne.

All service members and civilians departing within the next four to five months should attend. Information will be provided from agencies such as transportation, customs, health and dental clinic, Tricare, vehicle registra-

tion, housing and Army Community Service. Army personnel will also receive a briefing on finance issues.

All separating Army personnel must attend this briefing to receive preseparation information. Advance registration is required.

For more information and to sign up, call 431-2599/civ. 07031-15-2599.

UMUC to offer new graduate programs

The University of Maryland University College plans to introduce two new graduate programs with face-to-face classes in Stuttgart.

A Master of Business Administration program will begin April 2 with a weekend format. This degree program requires 42 credits of coursework, with classes conducted during four 10-week terms per year.

UMUC will also introduce a cybersecurity master's degree program at a later date. The program requires 36 credits of coursework, with courses offered in three 12-week terms per year.

Learn more about the curriculum Feb. 27 from 11:30 a.m. to 2:30 p.m. in Room 423, Building 2915, Panzer Kaserne.

For more information, contact the UMUC Europe Office of Graduate Programs via email at graduateprograms-europe@umuc.edu or call the UMUC Stuttgart office at 431-2303/2305 or civ. 07031-15-2303/2305.

Send your announcements to editorial@stuttgartcitizen.com.

Efficient heating during winter



Cutting your energy consumption during winter can help the environment and your finances. By reducing the room temperature by 1°C, energy usage can be reduced by up to 6 percent. This reduces CO2 emissions, a major greenhouse gas that causes global warming.

The German Federal Environmental Agency (Umweltbundesamt) has published guidelines for more efficient heating: A moderate temperature of about 20 degrees Celsius/68 degrees Fahrenheit in the living and dining rooms, 17 C/63 F in the bedroom, and up to 22 C/72 F in the office and children's rooms is sufficient to still

feel comfortable.

At night and when the house is not occupied for several hours during the day, you can reduce the temperatures to about 18 C/64 F. If you are on vacation, you can even reduce the setting down to 15 C/59 F.

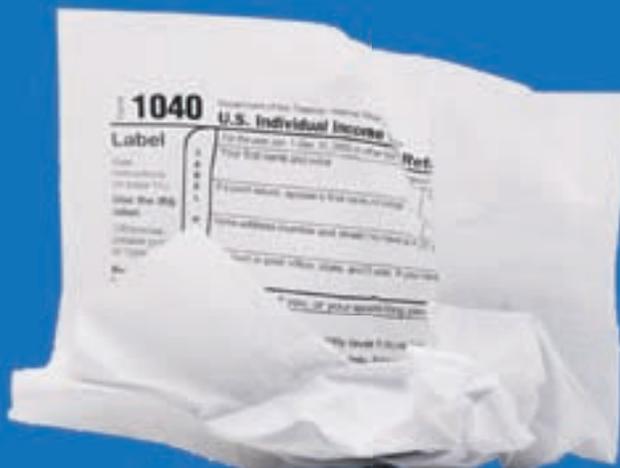
Don't forget that it is necessary to ventilate the rooms because of accumulated humidity, which can result in the growth of mildew. The proper way to ventilate is to open the windows completely a couple of times a day for about five minutes rather than having window in the tilt position for a longer time.



USAG Stuttgart Directorate of Public Works Environmental Division

The Stuttgart Tax Center offers free tax assistance

to service members, Defense Department civilian employees, military retirees and their family members



Open Monday – Friday
9 a.m. to 3 p.m.
Closed on federal holidays
Room 231
Building 3312
Kelley Barracks

To make an appointment, call the Stuttgart Tax Center at 421-4588 or civ. 0711-729- 4588

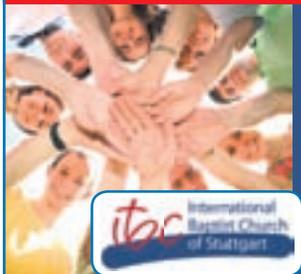
Bible Church of Stuttgart

Holding Forth the Word of Life Phil. 2:16



Sunday School 9:30 a.m. Sunday Morning Worship 11:00 a.m.
 Fellowship Coffee 10:30 a.m. Thursday Prayer Meeting 7:00 p.m.
 Pastor Bob Matthews | cell: 0176-567-34427 | office: 0711-93388243
 Schockenriedstrasse 42 | 70565 Vaihingen
www.bible-church-of-stuttgart.com

You are important at: International Baptist Church of Stuttgart



Worship Services
 Sunday - 0930 & 1130
 Saturday - 1800 (starting 8 March 2014)
 AWANA: Sunday 1700
 Pastor's Bible Study/Prayer Meeting:
 Wednesday 1900

Other Opportunities:
 Small Group & Bible Studies
 Men's, Women's & Young
 Adult Ministries

Untere Waldplätze 38 • 70569 Stuttgart-Vaihingen
 (across the street from Patch)
www.ibcstuttgart.de • 0711 - 687 - 4365

FIND THE CHURCH OF YOUR CHOICE!

Recently moved to Germany?
 Use your **FIND-IT GUIDE APP** to
 find spiritual guidance!
 Don't know how to get there?
 Use the **"Route" option** to get
 GPS directions from your
 present position.



The Find-It Guide App is available for
 iPhone, Android or BlackBerry

Stuttgart New Beginnings
 Worship, Connect, Serve

Our services are translated

Come out and join us on SUNDAY at 15:00
 We also meet during the week**
 Schwertstrasse 1/2
 71065 Sindelfingen

Pastors Alex & Evelyn Morales
 Email: pastor@stuttgartchurch.com
 Cell phones: 0152-5954-5304 or 0152-3872-8324

**Please visit our website for more information

WWW.STUTTGARTCHURCH.COM

Stuttgart Nuevo Comienzo
 Adora, Conéctate, Sirve

Los servicios son traducidos

STUTTGART MILITARY COMMUNITY CHURCH

MEETING AT WENDEPUNKT
 ROSENSTEINSTRASSE 10
 71032 BOBLINGEN

01732 388433
WWW.SMCCCHURCH.DE

JOIN US!
 SUNDAY EVENINGS 2:00PM

**A PLACE YOU CAN
CALL HOME**



Loren Preuss

Patch High School student Zoya Pennwell (left) and an international student research a resolution at the Prague Model UN Conference in January.

PHS students participate in Prague MUN conference

By Lexi Pache

Special to the Citizen

More than 25 Patch High School students traveled to the Jan Neruda School in Prague, Czech Republic, to take part in a mock United Nations conference last month.

The students, either in the Model United Nations class or belonging to the PHS MUN Club, spent the first semester of the school year in the classroom learning in-depth about geopolitics, parliamentary procedure and international affairs from PHS MUN instructor Lorean Preuss.

“[Modeled United Nations] is conducted so that students engage in activities related to topics and issues, and debate them in an organized manner, as if they were part of the real MUN. They practice researching topics and countries’ backgrounds, the special writing style used in the UN and debating, in preparation for the conference,” Preuss said.

The Prague conference brought together students from a variety of countries, including France, Egypt, Ukraine, Russia and the United States. Students were assigned countries to represent and were then divided into committees where they discussed current issues, and proposed and passed resolutions.

“I was one of the delegates for human rights, and we focused on children’s rights, racism and discrimination. But there were also committees

such as social, cultural, economical, environmental and security council,” said PHS senior Aly Littlejohn.

Student-delegates are expected to represent their country as realistically as possible.

“Basically you did what your country would do as a delegate and put aside your own beliefs,” Littlejohn said.

More experienced student-delegates can find themselves heading up a committee.

“I’ve been in MUN three years and this year I had the luxury of being a chair, which means I oversaw a committee of about 20 students who worked on forming a resolution, basically a piece of legislation at the United Nation level,” said PHS senior Jake Brooke.

Brooke’s committee tackled issues dealing with regulating global financial markets. “What they came up with was very innovative,” he said.

The conference helps to prepare students for positions that they may hold in the future.

“I’m very interested in pursuing a career in law and politics and plan to do congressional staff jobs. [MUN] taught me all about parliamentary procedure and unquestionably helped me improve my debating skills. I think it’s a monumental help for what I want to pursue,” Brooke said.

The conference also gave PHS students the opportunity to experience the cuisine, shopping, and history of Prague.

Victory Baptist Church
 Pastor F. Moser

Independent, Fundamental, KJV
 Serving the U.S. Military & English speaking
 community of Stuttgart, Germany since 1998

Service Times:

Sunday School.....10 am
 Sunday Preaching.....11 am
 Sunday Evening..... 6 pm
 Wednesday (Prayer & Bible study)..... 7 pm

****Children's Junior Church Sunday mornings****
****Keepers at home & Contenders for the Faith****
 Children's Program (monthly)

****Nursery provided each service****

Schulze-Delitzsch-Str. 30
 70565 Stuttgart-Vaihingen

Pastor's Phone: 0160-9278-8754
 Church Phone: 0711-696-0785
 E-mail: baptist@pjsnet.de
<http://victorybaptistchurchstuttgart.org>

**CHECK OUT
the online version
of
THE
FIND-IT
GUIDE**

www.finditguide.com



Maj. Leslie Oakes, the pediatric dentist at the Stuttgart Dental Clinic, encourages Anika Lindstrom, 5, to “open wide” during a dental screening at the Kelley Child Development Center Feb. 11. February is National Children’s Dental Health Month. During the month, Oakes and other providers from the dental clinic conducted dental screenings at the local elementary schools and child development centers, and talked to children about good oral habits.

Rachel Bradshaw

Make healthy choices today for a healthy smile tomorrow

By Maj. Leslie Oakes
Stuttgart Dental Clinic

Did you know that dental caries (more commonly known as “cavities”) is a disease? In fact, it is the most common chronic childhood disease, affecting almost 60 percent of 5-year-olds and 80 percent of Americans by the time they are 17.

Did you also know that cavities can be contagious? Children aren’t born with the bacteria that cause cavities. They acquire them from their parents, siblings, caregivers, or other children through the sharing of utensils, toys, or when parents clean off dirty pacifiers with their own saliva.

It is estimated that 51 million school hours are lost every year due to dental related illnesses. Cavities can be painful and can make it difficult for a child to focus in school. They can also lead to poor nutrition. Some cavities can lead to a severe infection with no other treatment option but to be “wiggled out.” This can lead to speech difficulty, further nutrition problems, decreased self-esteem and future orthodontic problems.

The good news is that almost all dental cavities can be prevented. De-

veloping good habits at an early age and scheduling regular dental visits will help children get a good start on a lifetime of healthy teeth and gums.

February is National Children’s Dental Health Month, and this year’s theme is “Join the Super Smile Team!” During the month of February, dental professionals all across the United States and on overseas military installations are focusing on children’s dental health by educating the children and communities on topics such as oral hygiene and fluoride, healthy dietary choices, sealant education and trauma prevention.

In honor of National Children’s Dental Health Month, providers from the Stuttgart Dental Clinic will spend the month performing dental screenings at the elementary schools, as well discussing good oral habits with students.

Following these simple tips will ensure that your child will be part of the “Super Smile Team”:

Brushing and Flossing: Children ages 0-2 years should brush twice a day with a “smear” amount of fluoride toothpaste, and children ages 2-5 years should use a “pea-size” amount. Children usually require help with brushing until 8 years old. Flossing should be incorporated into the daily

oral hygiene routine at least once a day as soon as your child has two teeth that touch. If your kids hate to brush but love games, the free dental app “Toothsavers Brushing Game” may help.

Fluoride: Children benefit from both topical and ingested forms of fluoride. Examples of topical fluoride are toothpaste and mouthrinse. It is encouraged that kids of all ages use a fluoridated toothpaste and rinse with a fluoride mouthrinse once they can confidently spit it out. Examples of ingested forms of fluoride are found in the drinking water and in fluoride supplements. This type of fluoride helps primarily the developing “grown-up” teeth. The drinking water on the military installations in U.S. Army Garrison Stuttgart is fluoridated, and drinking the tap water is encouraged. For those living on the economy, fluoridated drinking water can be purchased at the commissary (Culligan brand, red cap). But like all things, too much fluoride can be a bad thing — next time you are at the dentist, ask them to perform a fluoride assessment on your child.

Diet: Snacking on foods with minimal nutritional value and frequently sipping on sugary drinks leads to

tooth decay. Sugary foods and drinks should be consumed with meals. Never put your child to bed with a bottle, and use sippy cups only as a transitional tool until your child can use an uncovered cup. Children 1-6 years of age should consume no more than four to six ounces of 100 percent fruit juice per day, from a cup (not a bottle or covered cup) and as part of a meal or snack. Juice that is watered down can still cause cavities if sipped all day long.

Sealants: Sealants are recommended routinely at around 7 years of age. They help prevent cavities that form on the chewing surface of teeth. Ask your dentist if your child is ready for sealants.

Mouthguards: All children who play sports should wear a mouthguard. These can be purchased at any sporting goods store, and in some cases, a custom mouthguard can be made by your dentist.

Schedule regular dental visits. The American Academy of Pediatric Dentistry recommends all children have a dental exam no later than 12 months of age. This provides an opportunity to implement preventive health practices and reduce the child’s risk of preventable dental/oral disease.

Your community, your website.

military
IN GERMANY

militaryingermany.com

STUTTGART
realtors

HOMES FOR RENT
www.stuttgartrealtors.com
Contact 0179- 39 36 835

classified world Looking for a new home?
www.class-world.com

Immobilien-Büro Gaißert **IBG**
Inhaber: Peter und Anja Wilke

HOMES FOR RENT
honest~reliable~competent

Hauptstr.72
71093 Weil im Schönbuch
Telefon 07157-61273
Fax: 07157-66339
ibg.gaissert@t-online.de

WWW.IBG-GAISSERT.DE

home4rent
STUTTGART

Stay for a while

Fully Furnished Apartments • Short & Long Term
Free WiFi Internet/SAT-TV/AFN • Free Parking
VAT-Form Accepted • Credit Cards Accepted

No commission! No deposit!

www.lodging-accommodation.com
www.mylodge.de • info@mylodge.de • call 0177-2987986

Street parades, celebrations mark Germany's 'fifth' season

Story & photos by Carola Meusel
USAG Stuttgart Public Affairs Office

There are five seasons in Germany: spring, summer, fall, winter and Fasching (carnival).

Fasching or "Fastnacht" originates in the word "fasting" and marks the week leading up to Ash Wednesday, where the 40-day Lent before Easter begins.

For many Germans, Fasching represents the most cheerful time of the year. It's a time when citizens "let off steam," and live it up before Lent.

This year, Fasching will be celebrated from Feb. 27 to March 4 with fests, parades, music and many "foolish" events.

While the carnival season officially begins Nov. 11 at 11:11 a.m., the main events and parades peak

during the traditional Fasching week, starting on "Schmotziger Donnerstag" (Greasy Thursday) or "Weiberfasching," women's carnival. The Swabian word "schmotzig" means lard or grease and refers to the opulent food eaten during Fasching, such as "Fasnetsküchle" (Fasching doughnuts).

The remainder of the Fasching week is Fasching Saturday and Sunday, Rose Monday and Fat Tuesday.

In the evening of Fat Tuesday, the "Fastnacht," represented as a witch in southern Germany, is buried in a casket and the wild days end at midnight.

This year's Greasy Thursday, or "Weiberfastnacht," (Women's Fasching) will be celebrated Feb. 27.

Here in Stuttgart, Bad Cannstatt's "Kübelesmarkt" Fasching association will kick off the area's first Fasching event by setting up the "Narrenbaum," or fool's pole, at 6:30 p.m. at the Marktplatz, followed by a parade starting at 7 p.m. downtown.

Neuhausen, just 15 kilometers outside Stuttgart, is one of the most popular Fasching metropolises in the area. The town celebrates Greasy Thursday with the "Hexentanz," or witch's dance Feb. 27 at 7 p.m. at Schlossplatz (Schlossplatz, 73765 Neuhausen auf den Fildern).

During the event, Neuhausen's Fasching fools storm the town hall and force the mayor to hand over the keys of the city administration. In order to celebrate this symbolic event, a huge fire is lit.

During the various Fasching parades in southern Germany, "Narren," or Fasching fools with wooden masks in the image of witches, devils and grotesque animals can be seen in many towns. Be on the lookout for Narren walking up to you to either ruffle your hair or drop you a piece of candy.

This year, most street parades will begin March 2.

Fasching parades

- Wernau: March 1, 2 p.m.
- Murrhardt: Night parade March 1, 7 p.m.
- Böblingen: March 3, 1 p.m.
- Rottenburg am Neckar: March 2, 1:30 p.m.
- Neuhausen: March 2, 1:33 p.m.
- Weil der Stadt: March 2, 2 p.m.
- Rottweil: "Narrensprung" (fool's jump) March 3 at 8 a.m. and March 4 at 8 a.m. and 2 p.m.
- Stuttgart: March 4, 2 p.m.
- Hofen: March 4, 1 p.m.



A witch poses during last year's "Fasching" parade in Hofen. This year, the parade will be held March 4 at 1 p.m. During the various Fasching parades, "Narren," or Fasching fools with wooden masks in the image of witches, devils and grotesque animals can be seen in many towns.



Members of the "Gräbler" Fasching Society Neuhausen participate in last year's parade in downtown Neuhausen. Every year, some 5,000 fools from all over Germany participate in the parade, which is known as the largest Fasching parade in the greater Stuttgart area. This year's event will be held March 2 at 1:33 p.m.

2014 BOYS AND GIRLS SOCCER COLLEGE SHOWCASE CAMP

BITBURG GERMANY
MAY 24 - 26, 2014

COLLEGES COMMITTED TO ATTENDING:

- United States Military Academy - West Point (NCAA Div I)
- United States Naval Academy (NCAA Div I)
- United States Merchant Marine Academy (NCAA Div III)
- University of Wisconsin (NCAA Div I)
- University of North Carolina - Charlotte (NCAA Div I)
- Indiana University - Purdue University Indianapolis (NCAA Div I)
- Yale University (NCAA Div I)
- University of Dubuque (NCAA Div III)
- Northern Kentucky University (NCAA Div I)
- Marquette University (NCAA Div I)
- Bowling Green State University (NCAA Div I)
- University of Central Florida (NCAA Div I)
- University of Texas - Pan America (NCAA Div I)

College coaches will run 6-8 sessions (field - classroom sessions), provide individual feedback to players and give a presentation about athletics at universities, leadership and being a student athlete. Additionally, the coaches will provide information about the registration process with the NCAA Eligibility Center.

Follow up on our Facebook page for updates and where to add your personal video to showcase your skills.

Sportschule Bitburg • <http://sportschule-bitburg.de/>
Cost 300 Euro - includes room, board and training from college coaches

Facebook

<http://www.facebook.com/CollegeSoccerShowcaseCamp>

American Forces Network (AFN)

<http://spangdahlem.afneurope.net/Home/ArticleDisplayDD/tabid/1590/Default.aspx?aid=28032>

For additional information and registration please email collegesoccercamp@gmx.de

What's happening in FMWR

VAT Office to close for computer upgrade

The VAT/UTAP Office on Panzer Kaserne will be closed March 11 from 1-5 p.m. for a computer system upgrade.

For more information, call 431-3453/civ.07031-15-3453.

New drama at Kelley Theatre opens

The Stuttgart Theatre Center presents "84 Charing Cross Road" at the Kelley Theatre Feb. 21, 22, 28 and March 1, 7 and 8 at 7:30 p.m. Matinee performances will be held March 2 and 9 at 3 p.m.

The production is a "staged reading" of letters between a New York writer and an English bookseller. The correspondence blossoms into a long-distance friendship that spans two decades.

To reserve tickets, call 421-3055/civ. 0711-729-3055.

Play family bingo

The Patch Community Club is the place to be on the first Sunday of each month for family bingo and the chance to win valuable prizes for children and adults.

Card sales will start at 1 p.m.; the game starts at 3 p.m.

For more information, call 430-5433/civ. 0711-680-5433.

Yoga sampler

Sample three different yoga classes at the Patch Fitness Center Feb. 22 from 9 a.m. to noon.

The cost is \$15. No registration is required; pay at the door. Participants must be 18 or older.

For more information, call 430-7156/civ. 0711-680-7156.

RB craft time

Brewed Awakenings on Robinson Barracks will host a crafting circle March 4 from 10 a.m. to 2 p.m. Participants can socialize while working on craft projects with free coffee and pastries (while supplies last). A kids corner will be available for children to color and craft.

For more information, call 420-6037/civ. 0711-819-6037.

For more Family and MWR activities, visit their website at www.stuttgart.armymwr.com.



Coming to Patch Theater

Feb. 20 — Lone Survivor (R) 6 p.m.

Feb. 21 — Robocop 4 in 3D (PG-13) 6 p.m., Endless Love (PG-13) 8 p.m.

Feb. 22 — The Nut Job (PG) 2 p.m., Winter's Tale (PG-13) 4 p.m., About Last Night (R) 7 p.m.

Feb. 23 — Winter's Tale (PG-13) 2 p.m., About last night (R) 4:30 p.m., Endless Love (PG-13) 7:30 p.m.

Feb. 24 — Robocop 4 in 3D (PG-13) 6 p.m.

Feb. 25 — Closed

Feb. 26 — Robocop 4 (PG-13) 6 p.m.

Feb. 27 — Endless Love (PG-13) 6 p.m.

Feb. 28 — Pompeii in 3D (PG-13) 6 p.m., 3 Days to Kill (N/A) 2030

Mar. 1 — Walking with Dinosaurs (PG) 2 p.m., Pompeii in 3D (PG-13) 4:30 p.m., 3 Days to Kill (N/A) 7 p.m.

Mar. 2 — The Secret Life of Walter Mitty (PG) 2 p.m., Pompeii (PG-13) 4:30 p.m., 3 Days to Kill (N/A) 7 p.m.



FilmDistrict

Set in 79 A.D., "Pompeii" tells the epic story of Milo, a slave turned invincible gladiator who finds himself in a race against time to save his true love Cassia, the beautiful daughter of a wealthy merchant who has been unwillingly betrothed to a corrupt Roman senator. As Mount Vesuvius erupts in a torrent of blazing lava, Milo must fight his way out of the arena in order to save his beloved as the once magnificent Pompeii crumbles around him.

Family and MWR Advertisement

stuttgart.armymwr.com

CHARLIE'S ANGELS COMEDY TOUR
MARIA LISA CHRISTINA
ENTERTAINMENT

CHARLIE'S ANGELS COMEDY TOUR
Feb. 22 • Doors open at 7 p.m.
Patch Community Club

Perfect for a ladies night out or a FRG event! Come out for a night of humor, smiles and a lot of laughs. Food and beverages will be available for purchase. Intended for mature audiences!

DSN 430-2110 /CIV 0711-680-2110

OUTDOOR RECREATION

OBERAMMERGAU & GARMISCH SKI WEEKEND
Mar. 8 • Departs at 6 a.m.
Outdoor Recreation

Perfect for families and all skiing levels. Price includes transportation, lodging, breakfast, shuttles, and equipment rental from ODR. Lift tickets are not included and are the responsibility of the participant. Register by March 5.

DSN 431-2774 /CIV 07031-15-2774

SHOPPER'S PARADISE

SPRING BAZAAR
Mar. 14 -16
Patch Barracks

Over 75 vendors will offer antiques, home décor, jewelry, artwork, cheese, wine, ceramics, and more in the Patch Community Club, Patch Fitness Center and in the surrounding parking lots.

Hours: Fri.....10 a.m. to 8 p.m.
Sat.....10 a.m. to 7 p.m.
Sun.....11 a.m. to 4 p.m.

DSN 421-3153 /CIV 0711-729-3153

To follow us on Facebook go to www.facebook.com/familyandmwr and



THOUSANDS USING NEW ARMYFIT

By David Vergun

Army News Service

Since Comprehensive Soldier and Family Fitness launched its ArmyFit site last month, tens of thousands have logged on and are taking advantage of its features, designed to improve self-awareness in health and resilience.

In the first week alone, some 28,000 users visited the site where they took the Global Assessment Tool, or GAT 2.0, and many then went on to view the myriad help and resources offered, said Lt. Col. Daniel Johnston, program manager for ArmyFit.

GAT 2.0 is an online assessment that's been scientifically validated and accurately measures five dimensions of health, including the emotional, social, spiritual, familial and physical. The physical dimension consists of sleep, activity and nutrition, what Army Medical Command calls the "Performance Triad."

The metrics from those five dimensions are then aggregated through an algorithm that has been scientifically validated to accurately predict a person's life expectancy, Johnston said.

The assessment takes an average of 23 minutes to complete, is easy to do and the results are presented in colorful graphics depicting how the person rates in each of the five dimensions compared to his or her peers, he said.

The GAT 2.0 also scores a person's "real age" with their "actual age."

In other words, someone who is 35 years old but is especially strong on all or most of the categories might be several years younger in "real" but not "actual" age.

Each of those dimensions have been shown to be a strong predictor of life expectancy and quality of life and those taking GAT 2.0 will hopefully be motivated to use the advantages of ArmyFit's extensive information, programs and coaching.

Taking GAT 2.0 "is the first step in self-awareness and starts the on-boarding process to ArmyFit," Johnston said,

adding that taking GAT 2.0 annually is a requirement for every Soldier and it is also the first step in using ArmyFit.

As to the help that's offered after taking GAT 2.0, Johnston said there are some 5,000 pages of sites relevant to those five dimensions on ArmyFit and, he noted, within the first week those topical pages generated around 86,000 page views.

Those topical pages, he continued, connect people with organizations, groups and other users. Johnston emphasized that GAT 2.0 protects people's confidentiality and that those who do the assessment can choose whether or not to continue on the site and how much information they're willing to share.

LESSONS LEARNED

The original GAT, hosted on a site called "Soldier Fitness Tracker," was missing the "physical" dimension of sleep, activity, and nutrition. One of Johnston's first tasks was to build that "critically important" fifth dimension into a new GAT.

But while looking at building out the fifth dimension, Johnston discovered something else that disturbed him.

"I noticed right away that the site was archaic with very little follow-on training, advice or recommendations following completion of the GAT," he said.

"I just felt we were failing our Soldiers in terms of giving them great online feedback and training," he said. "It had become just another requirement to check the box, and see you next year. We needed to get our Soldiers engaged and provide them with some interactive content and information they needed to improve.

"So then my mission became much greater," he continued. "Not only did we need to enhance this assessment tool by making it truly global, we also needed to make the entire web platform much more engaging."

Johnston said he found solutions after doing a lot of research on the latest web engagement strategies, stuff like Web 3.0, and talking to a lot of users and experts.

His web developers also came up with a more enhanced graphical user interface. The site is easier to navigate and more appealing to the eye. It also includes shorter, more enticing videos, and the ability to interact with organizations, communities and persons, depending on the user's comfort level, he said.

Branding was important as well, he noted. So his team of developers changed the name of the site to ArmyFit, hoping to erase the memories of the older, clunkier site.

That all started about 18 months ago, he said.

His metrics analyst — the person who compiles the statistics on site visits, page views and so on — found after just the first

week that instead of spending 30 seconds to a minute, users were loitering after taking GAT 2.0 an average of 4.5 minutes — about a five-fold increase. And, there were about twice as many users as before.

USER INTERACTIONS

Spc. Ryan Bradley, a medic at Fort Bliss, Texas, said he found the content to be interesting and compelling.

After completing GAT 2.0, he said the site offered content appropriate to his needs.

"I've never before been able to connect spirituality in my life," he said. The site "linked me to information that explained self-awareness, valuing self and having a purpose for being. Now I understand what that pillar means."

Bradley also said he clicked around on family topics and that dimension brought up a lot of resources as well. "It wasn't at all bland and offered certain aspects I wanted to improve in my life and great suggestions."

ArmyFit was also good at "helping me set goals and get a sense of accomplishment as I moved toward achieving them."

After taking the original GAT for several years, Bradley said the new 2.0 version is "a lot more



Comprehensive Soldier and Family Fitness

Through ArmyFit, you can join online health and fitness communities that have a wide range of resources from both the Army and civilian world.

accurate in finding parts of my life I'd like to improve." He also said the RealAge data impressed him.

"I wish the site was there when I first came in the Army six years ago," he said.

Sgt. 1st Class Justin Littel found ArmyFit useful as well. He's currently attending the Army Senior Leader Course at Fort Gordon, Ga., and has been recommending the site to "over 50 NCOs at the leadership course."

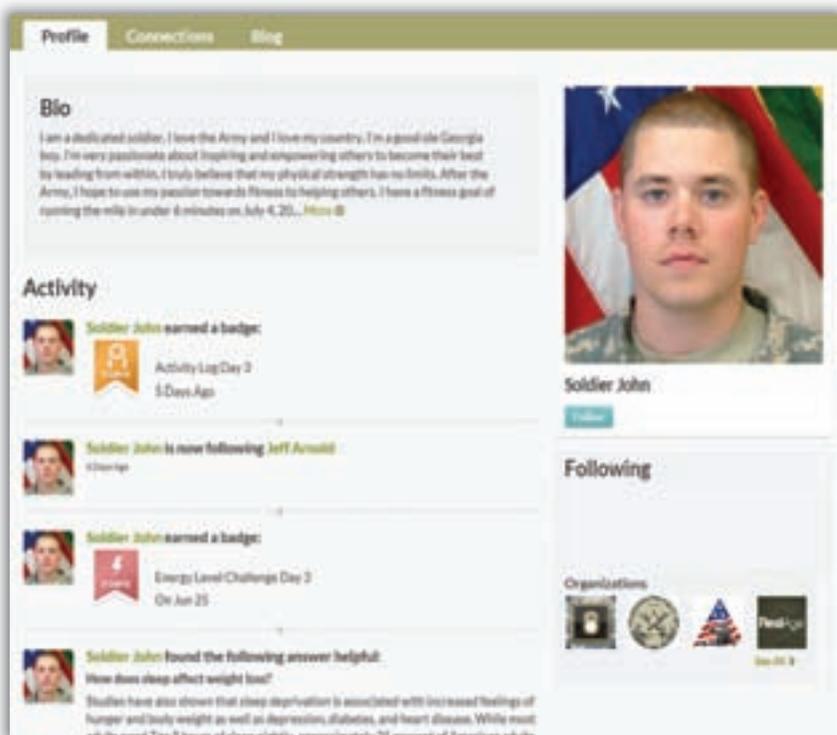
Like Bradley, Littel said he wishes ArmyFit had launched earlier. In his case, he said he needed to track his weight and diet.

So in the absence of ArmyFit, Littel said he was using Foodlog and LiveStrong, two sites that track diet and weight. But now he's using ArmyFit. ArmyFit "is similar but offers even more."

Before joining the Army, Littel was a Marine infantryman. He did five deployments to Iraq and Afghanistan and was in pretty good shape, but when he joined the Army, he said his new job in signals found him sitting at a desk most of the day and that's when his weight spiked and physical fitness level went down.

After injuring his ankle several times, he said "I took great pity on myself. It was a real low point in my life."

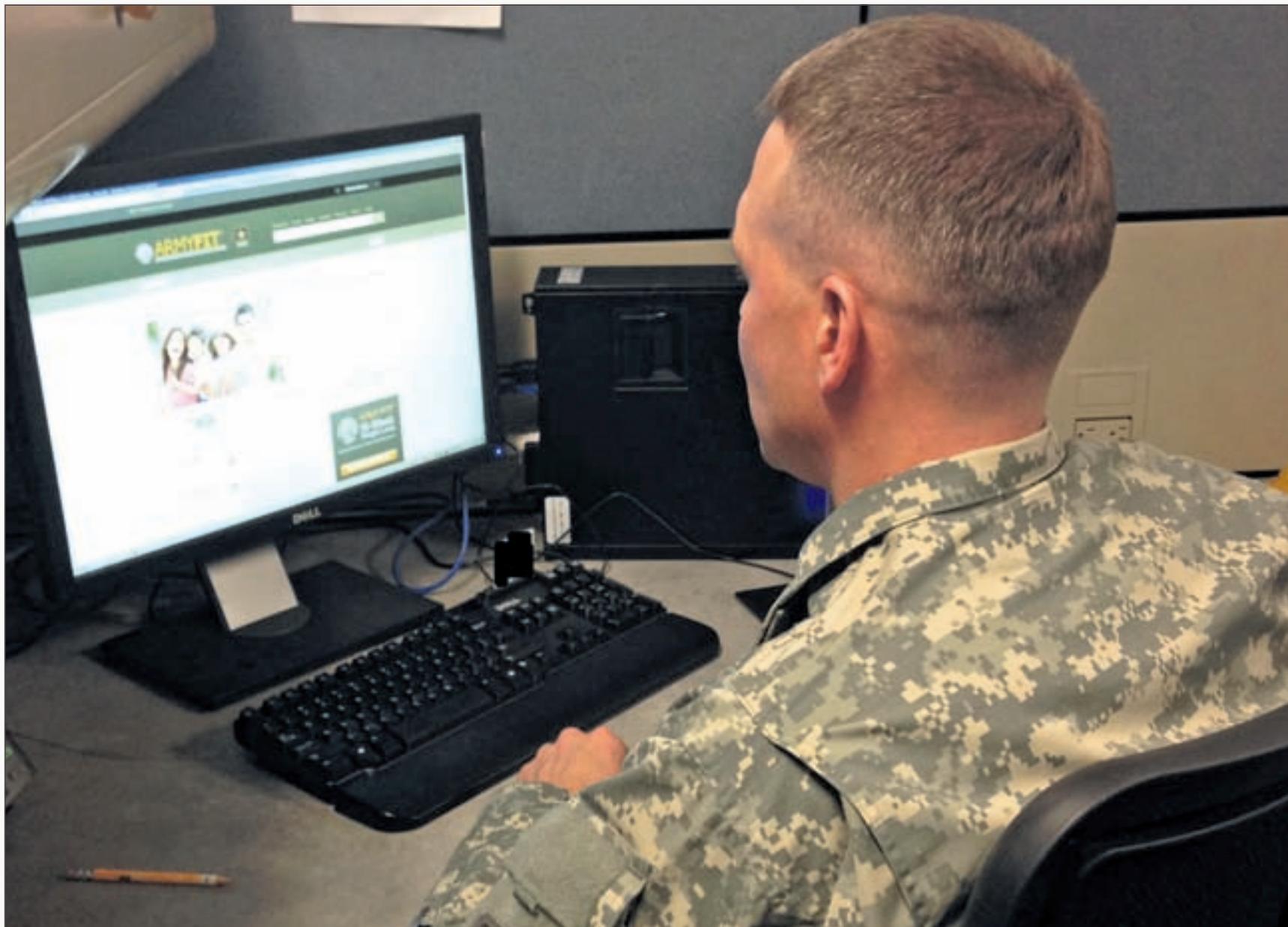
Then he said he got help from an Army nutrition-



Comprehensive Soldier and Family Fitness

Following completion of the GAT 2.0, you'll be entered into the ArmyFit online platform. Create your profile page to get started and share as much or as little about yourself as you want by selecting the privacy settings. You will automatically receive recommendations based on your GAT 2.0 score and RealAge results.

T SITE FOR SELF-IMPROVEMENTS



Comprehensive Soldier and Family Fitness

Sgt. 1st Class Daniel Mason uses the newly launched ArmyFit website. Since Comprehensive Soldier and Family Fitness launched its ArmyFit site, tens of thousands have logged on and are taking advantage of its features, designed to improve self-awareness in health and resilience.

ist who is an advocate of Performance Triad. He also received help from a master resilience trainer. And ArmyFit, of course.

Using the three programs, he said he dropped 50 pounds since last August.

He said his wife and six kids “are happy that I’m

happy. It’s made a huge difference in my outlook and well-being. I’m totally stoked.”

Littel said there’s still a stigma in the Army with seeking help and he thinks the more Soldiers use the tools of the site to improve themselves, the better the prospects for a culture shift.

WORK IN PROGRESS

Surveys and anecdotal evidence, Johnston said, point out “that we’re going in the right direction.”

Future plans include expansion of content that will provide “an ecosystem of knowledge from the Army, the Department of Defense and civilian accredited organizations.”

Several enhancements will be added to the site like financial readiness assessment tools, an installation profile dashboard for leaders to see trends and other metrics for their population to understand their unique needs, aids in navigation and so on, he said.

Whatever the future holds, Johnston promised that the site will always focus first on the Soldier, providing them “appropriate, customized content.”

Johnston encouraged members of the Army family to “let ArmyFit show you how to be ‘Army Strong.’”

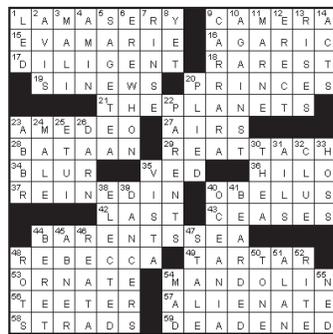
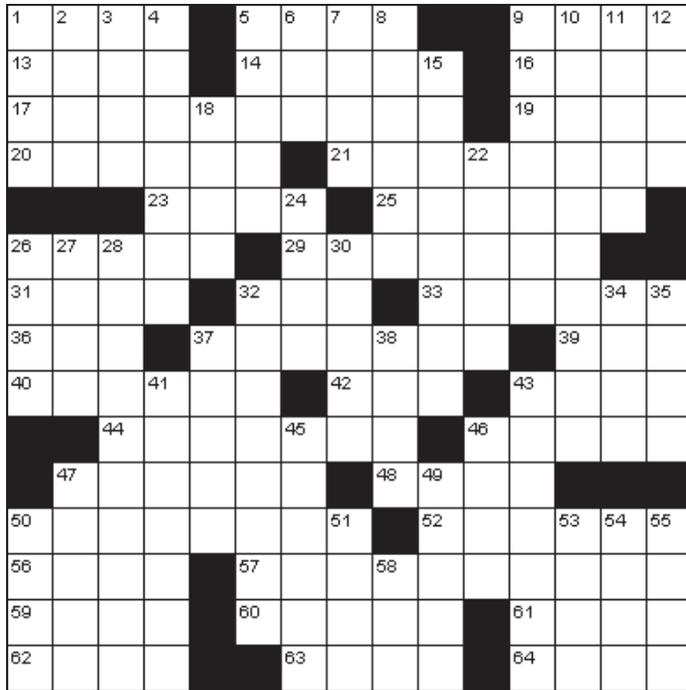


Comprehensive Soldier and Family Fitness

Upon completing GAT 2.0, users see graphics of where they rate in each of the five dimensions.

To access the ArmyFit site, visit <https://armyfit.army.mil>. Users may log in using CAC login or AKO username and password. Family members must be registered in DEERS. Those experiencing difficulties getting in or needing more information about GAT 2.0 or ArmyFit should contact CSF2 at <http://csf2.army.mil/contact.html>.

Crossword Puzzle



This is the solution to the crossword puzzle from February 6, 2014!

Courtesy of thinks.com

ACROSS

- 1 “___ You, Babe”
- 5 Conceal in the hand
- 9 Go after
- 13 Auntie on Broadway
- 14 Reporter’s coup
- 16 Blueprint
- 17 Seance prop
- 19 Frenzy
- 20 Bullock in Hollywood
- 21 Rational
- 23 Column crossers
- 25 Tread softly
- 26 Old paper currency
- 29 Less deliberate
- 31 Theatrical Coward
- 32 Music genre
- 33 Artificial
- 36 Be indisposed
- 37 Voice range
- 39 Definite article
- 40 Driveway surface
- 42 Make a selection
- 43 Noggin
- 44 Inns
- 46 Was given no alternative
- 47 Hollywood industry
- 48 Breslau’s river

50 Not decisive

- 52 Money-back deal
- 56 “Lucky Jim” novelist
- 57 Congealed
- 59 Acquires
- 60 More certain
- 61 Boulevard
- 62 Tofu source
- 63 Where Paris took Helen
- 64 Arsenal inventory

DOWN

- 1 Little rascals
- 2 Festive occasion
- 3 Arabian sultanate
- 4 Plant runner
- 5 “Fiddlesticks!”
- 6 Aviation hero
- 7 Plenty
- 8 Choral compositions
- 9 Pixies
- 10 Added details
- 11 American symbol
- 12 Patella’s place
- 15 Contrite
- 18 Farm yield
- 22 Vice President Agnew
- 24 Boutique

- 26 Catch
- 27 Coconut husk fiber
- 28 Einstein’s topic
- 30 Cook’s garb
- 32 Art of disputation
- 34 One of those things
- 35 Founder of Stoicism
- 37 Lop off
- 38 Lhasa ___ (small dog)
- 41 Actress Redgrave
- 43 “Major ___” (Shaw play)
- 45 Expired
- 46 Achilles’ weak point
- 47 Bit part for a star
- 49 “Advise and Consent” author
- 50 Jokers
- 51 Teri of “Tootsie”
- 53 Molecule component
- 54 Squad
- 55 Taro root
- 58 Earthy prefix?

A new benchmark of intelligent design

Order your all-new 2015 Audi A3

Style meets function with elegant cabin design, roomy luxurious interior, a panoramic sunroof, and Audi MMI® touch



Every inch is artfully crafted with the driver in mind

militaryautosource.com

Contact Your Local Sales Representatives:

STUTTGART | Hauptstrasse 189-B | Stuttgart 70563

Nicholas Morley | (07 11) 72 24 18 31 | Email: nmorley@militarycars.com

Glen Taylor | (07 11) 65 69 39 68 | Email: gtaylor@militarycars.com

Vehicle shown is for illustration only, and may contain optional equipment available at additional cost. Program and guarantees are subject to terms and conditions. Offered by Auto Exchange Kafffahrzeugs-Handels GmbH. (AX 8551 Citizen)

MAS
MILITARY AUTOSOURCE
Formerly Auto Exchange

Have fun with the locals



Carnival Parade

Tue, Mar 4

Stuttgart, City center

Experience Stuttgart's traditional Faschingsumzug (carnival parade) with costumed musicians and dancers starting at 2 p.m. on March 4. The carnival society "Möbelwagen" (moving van), which has been organizing the annual parades since 1897, is the oldest in the region of Württemberg. The parade will move through the whole city center and will end with a huge party. For more info in German see www.stuttgart.de.

EVENTS

Underground tour in Esslingen

Thu, Feb 20

Esslingen, Dicker Turm

Experience Esslingen's underground during the tour „Keller, Krypta, Katakomben“ (cellar, crypt, catacombs) on February 20. The tour will start at 5 p.m. from the "Dicker Turm" (big tower) at the castle and will lead to Esslingen's ossuary under the city archive, some excavations and many more secret locations. The tour is normally in German but when you inform the Tourist Information at your registration, they do a bilingual tour. Admission is €11. For more info call 0711-39693969 or see www.tourist.esslingen.de.

South American sauna night

Fri, Feb 21

Sinsheim, Thermen & Badewelt

Enjoy some hours of relaxation at the "Therme & Badewelt Sinsheim" (thermal and bath world) during the theme night "Viva Südamerika" (viva South America) on February 21 from 6 p.m. to 9 p.m. Latin music and dance shows will permanently ensure a great atmosphere. Don't miss the tropical infusions in the world's biggest sauna, the Koi-Sauna, which has more than 166 sqm. For more info in German see www.badewelt-sinsheim.de.

Carnival Party for kids

Wed, Feb 26

Stuttgart, Liederhalle

A special carnival party for kids will take place in the Liederhalle Stuttgart on February 26, starting at 3 p.m. Together with the Clown Luigi and the DJ Fröschlin, the children will have fun during games and dances. For more info contact Stuttgart's citizen club "Gesellschaft Zigeunerinsel" at 0711-6365133.

International Guggenmusik

Sat, Feb 22 – Sun, Feb 23

Schwäbisch Gmünd, City center

Visit the 31st International Guggenmusiktreffen (international Guggenmusik meeting) in Schwäbisch Gmünd's city center on February 22 and 23. Guggenmusik is a special kind of brass music, mainly played at carnivals. At this event more than 800 costumed musicians from Switzerland, Liechtenstein and Germany present their music during the parade, starting Saturday at noon and on Sunday at 11 a.m. at the Großsporthalle. For more info in German see www.schwaebisch-gmuend.de.

Segway city tour

Sat, Mar 1

Stuttgart, Rothebühlplatz

Stuttgart's special city tour on Segways will be starting on March 1 at 2 p.m.

from the railway stop Rothebühlplatz at the end of Königsstrasse. Experience the increasingly popular way of sightseeing in Germany's cities. In Stuttgart you will be passing historic places, parks, the castle and many more without taking one single step. Tickets are €75.

For more dates and times see www.seg-tour-stuttgart.com.

CONCERTS

Simple Minds

Thu, Feb 20

Göppingen, Werfthalle

See the Scottish band Simple Minds live at the Werfthalle Göppingen on February 20 at 8 p.m. With the song "Don't you (forget about me)" the band had its breakthrough. Today the band counts to one of the most famous bands of the 80s. For more info and tickets, see www.eventim.de.

One Republic

Tue, Feb 25

Stuttgart, Porsche-Arena

Don't miss the concert by the American Pop-Rock band One Republic in the Porsche-Arena Stuttgart on February 25. The band is famous for songs like "Apologize" and "Stop and Stare". For more info and tickets, see www.eventim.de.

Tom Odell

Thu, Mar 6

Stuttgart, LKA-Longhorn

Enjoy a concert by the British singer songwriter Tom Odell at the LKA-Longhorn at 8 p.m. on March 6. After his big hit "Another Love" from 2012, he now presents his album "Long Way Down". For more info and tickets see www.eventim.de.

SPORTS

Soccer

Sat, Feb 22

Stuttgart, Mercedes-Benz Arena

The soccer team VfB Stuttgart is playing a home game on February 22 at 3.30 p.m. The match will take place against Herta BSC. Both teams are ranked in the Erste Bundesliga (first national league). Get tickets and more info in German at www.vfb.de.

Euro Dance Festival

Wed, Mar 5 – Sun, Mar 9

Rust, Europa-Park

Don't miss Europe's biggest dance festival from March 5 to 9 in the theme park Europa-Park in Rust. About 400 dance workshops for Salsa, hip hop, tango, break-dance and many more will be offered as well as fantastic shows by the Tanzschule Gutmann. More details at www.euro-dance-festival.com.

5 tips for decluttering for your PCS move

Clutter can pile up a lot faster than you think. By sorting through your belongs before you move, you'll save time and money.

To help you with the decluttering process, here are five tips to consider before your PCS move.

1. Start in the Corner

A great way to declutter is by starting in the corner of the room and working your way around it. When you do this, clean off any surfaces, empty bins and repeat as you go layer by layer of the room. Eventually, you're going to end up in the middle of the room with nothing left to get rid of.

2. One-Year Box

If you're unsure whether you want to throw something away, simply throw it in a box and label it with a date that is a year from now. If that box is still unopened a year from when you packaged the box, then it's safe to get rid of the belongings inside. Remember if these items are usable, consider donating or gifting them before tossing them out.

Just because the items are no longer needed in your life doesn't mean others cannot put them to good use. Always consider selling on a local classifieds site or donating before just throwing away. It is a great way to help the lives of others, not to mention the nice tax write off you get.

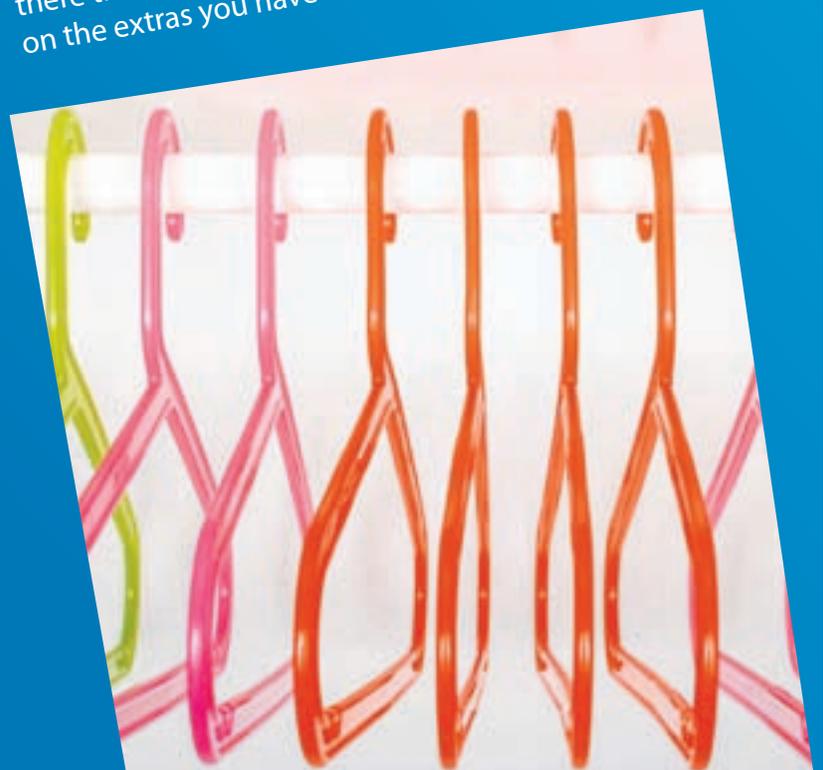
3. 15 Minutes a Day

Now is the time to sort through your belongings and dispose of items you no longer want or need. Every day, try to make it a habit to declutter for at least 15 minutes. By doing so, you'd be amazed at how fast you can get rid of stuff. Even if it's in small increments, the piles should slowly disappear. If you have more than 15 minutes to spare, consider creating a goal chart. On this chart, write down what you will want to accomplish every week. Every time you're able to achieve your goal, you'll feel a great sense of accomplishment.

4. Make Your Space Smaller

If possible, try to make your storage spaces as small as possible. If you have a lot of storage space, you'll often find that you're going to naturally fill it with belongings that will sit and collect dust. Today, minimizing your space is easier than before with the many storage solutions available on the market.

If a mess is growing up around you, really put in the time and research. There are many great systems out there that can help you get organized and cut down on the extras you have collected over the years.

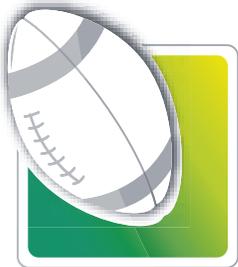




5. Hire Someone

As a last resort, you may want to consider bringing in a professional to help get rid of your clutter. Oftentimes, these professionals can recommend tips or help you cope if you have emotional attachments to certain items. Or perhaps swap roles with a friend and declutter each other's homes!

Decluttering your home is easier than ever if you take the action to do so. By applying the tips mentioned above, you should be able to take a fresh breath and feel free again. It is natural to build up a collection of goods over the years. We all need different items at different times in our lives, but taking a step back and seeing what is still necessary to your life is always a breath of fresh air.



Youth Activities

Take a look at what's going on in Stuttgart's schools.



Photo by Ed Thornburg

Dental Screening

Dr. Lum and his assistant, PFC Pettway, recently visited Böblingen Elementary Middle School to conduct their yearly dental screening. The dental team visited all of the elementary classes and introduced the students to the latest information about dental hygiene for children.



Photo by Ed Thornburg

Awards Ceremony

Böblingen Elementary Middle School 7th grade students proudly display certificates awarded to them for making the Principal's Honor Roll for the 2nd Quarter - 2013-14. The BEMS Principal's Honor Roll recognizes students who achieve a 4.0 grade point average for the quarter.



Photo by James Lloyd

Music Workshop

AVID students at Böblingen Elementary Middle School attended a Music Career Development Workshop January 28 which was hosted by Dan Crow, a writer and performer of children's songs. The workshop focused on the inner workings of the music industry and the processes and inspiration required in writing and publishing a song.

Take a look at what's going on in Stuttgart's schools.

Youth Activities



Photo by Amy Rush



Photo by Ed Thornburg

NASA Astronaut

Navy Captain and NASA Astronaut, Chris Cassidy, recently visited Böblingen Elementary Middle School. Captain Cassidy talked about his Space Shuttle mission in 2009 and his trip to the International Space Station aboard the Russian Soyuz space capsule in 2013. He stirred the imagination of the students with his humorous stories about living in the space station with his two Russian partners. He explained to the students that his days in space were filled with conducting important scientific experiments about life in space. He said that the work that is being done now will be for the benefit of future Astronauts and colonists of outer space. Thank you very much for your inspiration and being an "out of this world" role model for our students and the future Military Officers of our Armed Forces.



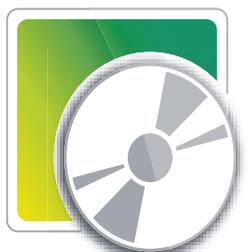
Photo by Amy Rush



Photo by Amy Rush

Resiliency Carnival

LEFT: Ryan and Edward practice their tennis strokes at the Resiliency Carnival held at the Patch Fitness Center. RIGHT: Kate, Sydney, and Zoe learn about fitness, health, nutrition, and took away some great prizes from the Resiliency Carnival held at the Patch Fitness Center.





Youth Activities

Take a look at what's going on in Stuttgart's schools.



Photo by Valerie Krunich

Auto Design

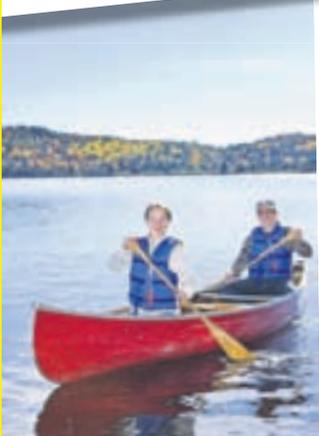
Ms. Krunich is at it again. She has got her AVID students thinking and creating. Using a limited amount of tape, straws, toothpicks, a sheet of paper and life savers, her BEMS AVID students had to use teamwork and creativity to create a car powered by a fan. In small groups, the students had to collaborate with each other in order to craft a vehicle designed to go the furthest. From left: Janis Zelcs, Kristin Whitt and Daniella Ratliff



Photo by Holly Erickson

Cozy Winter Home

The Böblingen Elementary Middle School students in Ms. Erickson's kindergarten class recently finished learning all about animal habitats. They read many books about how and where animals live and play. At the end of the unit, the children were able to vote on their favorite book. Ryan Riera, Nina Hughes, Kathrine Parker, and Amira Hanks all voted for the book, "A Bed for Winter," which is the story of a dormouse who is looking for a cozy, winter home.



Share your adventures with the community

Send your photo to content@stuttgartcitizen.com with "VACATION PHOTOS" in the subject line to have your photo published in The Citizen.

All submissions must include a caption with first and last names of everyone in the photo (only photos with people in them will be considered), when and where the photo was taken, and the name of the person who took the photo.

(Photos will be published on a space-available basis. By submitting your photo, you give permission that your photo can be printed in the newspaper and also be published online.)

classified world

class-world.com

All ads are displayed online!
 Take a look at the website to see if your favorite item is listed with photos!

- UNLIMITED, FREE private ads with photos
- Available 24/7 • Online & in print



Questions? Please call AdvantiPro at 0631 • 30 33 55 31 AdvantiPro GmbH takes no responsibility or liability whatsoever for any of the products and services advertised in The Citizen. Readers are responsible for checking the prices, qualifications, warranty and any other factor that might help decide whether to do business with an individual or company advertising herein.

AdvantiPro
 Publishing House • Advertising Agency

AUTOS

All ads and pics on class-world.com

Caution: Some Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

2006 Audi A-8 Quattro! Super Clean! ! Silver Color! Tan Leather! Great Service History! Long Wheel Base! Loaded! Navigation! Super Nice Ride! For More Information Contact Lawrence And Maria at (39) 3466494965 or Email mtjfrilana@googlemail.com Asking Price 17,000 EURO

2010 Nissan Sentra, Nissan, Sentra, 2010, Very nice car. 75000 miles, Automatic transmission. Excellent condition, Drives great in all road conditions. Very dependable and great gas mileage. Ph:0152 389 741 86, \$9200.00, jcambr@yahoo.com

2012 Mercedes-Benz M-Class 4MATIC contact me by email: abdulrahmat@hotmail.com

4 Alu rims with worn tires, The rims are Type Viper B5, 7Jx15 H2 for Daimler Benz. Very nice rims. Must go-they're in the way., €50, omarrstanley@aim.com

4 x Opel winterTires mounted on ENZO 6 1/2 J X 15 EH2+ Alu Wheels. Good Year Ultragrip 7+ 195/65 R15 M+S Reifen. Look New! Around 8-9 mm profile., 4 x Good Year Ultragrip 7+ 195/65 R15 M+S Winter Tires mounted on ENZO 6 1/2 J X 15 EH2+ Alu omarrstanley@aim.com

95' BMW 518i Automatic, gold, US-spec, 106,000mls, SR, CC, swiss papers, top condition, many new parts, 1796ccm, 4 cylinder engine, very economic, unique in equipment and style, 116 hp, 8 x tires for winter and summer on own alloys, phone:+491601401078

Calibra V6, long distances and garage car. 170 PS (2495 cm³). 133.000km, no accidents, sport suspension, 17? AZEV tires, sport exhaust, ABS, Traction Control, Airbags, power windows, air condition, power door locks, etc. (0)176 / 22843089

For sale is an Automatic Mercedes E200, 1999. Gorgeous blue-green color. German specs, inspections passed. No problems! Good shape - inside and outside. It has 270,000 km. We are in Wiesbaden. sergelana@gmail.com. Call 0176-69342-601 or 0176-69350-983.

For sale is an Manuel Mercedes E260 6 cylinder limousine, 1988.Red color. German specs, inspections passed guarantee. No problems! Good condition with heat seats, sunroof, CD, New Winter tires, New breaks and many new parts for the Engine, It has 336,000 km.Call 015117610336.

Manual Transmission. 22,000 Miles. Heated Seats. Fold in side mirrors. Rear Back Up Sensors. Blue Tooth Enabled. Connection cord for mp3/ipod. CD Player. Convenience keyless entry and start. Comes w/2 sets winter & summer runflat tires kvrcosmos@gmail.com

Mercedes E 200, Model 2000 Automatic, leather, power steering, breaks, windows, doors. Cruise control, Xenon lights, ABS, Stero, fully loaded. new oil change & batterie. new winter tires. none smoking car - Garage kept- good condition - only € 3.250 obo call 0172-676 2717

Mercedes E320, '00, Automatic, 144000 km, with alloy wheels, leather interior, DVDs in headrests, extra-fully loaded, & perfect mechanically!!! Super nice car! \$8400 (or 6200 Euros) Wiesbaden, 0176-69350-983.

Must Sell, Honda, Civic Coupe/ Spoiler, 2002, Good condition, Auto trans. power windows, new oil change, Euro 4 good for 2 years, Cd/Mp3, 4 extra tires with Alloy wheels (almost new), priced to sell 2990/best offerContact Suleiman at 015145913013 or suleiman_haider@hotmail.com

TODA K20A Valve Spring Set. Original price \$400.TODA racing parts. Never used Asking \$200 Ph.017622987498 /isabell_1_98@yahoo.com

Toyota reliability, great mileage 2.2 D4D turbo diesel engine, 6 speed transmission, front wheel drive, spacious interior. Rear seats fold flat. 2 sets of tires/wheels Only 68000k. 9,900Euro Call 016091323360 email cdpklaus@gmail.com

MOTORCYCLES

All ads and pics on class-world.com

Caution: Some Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

Lookin for Sportster parts or a bike which needs some work, basket case or sittin longer time too. BT Ultra Classic perhaps too. Just make me your offer what you have and we will see.

ANNOUNCEMENTS

All ads and pics on class-world.com

Adopt while stationed overseas! www.adopt-abroad.com Adoption Intl & foster care, home studies. Hague accredited. Caseworkers in Germany. US 1-888-687-3644

SingleOverseas.Com - Your Local Person-Person Connection, Sign up now and meet someone immediately. Free membership for all US military and affiliates overseas. Enhanced membership options available! www.SingleOverseas.com

Sunday, March 9th, the Roller Girls of the Apocalypse will begin their next session of Survival Training, open to all skaters and refs in the local commuting area of Kaiserslautern. You must be at least 18 to participate. To register please email us at: RECRUITING@RGADERBY.ORG

Portes du Soleil, France Ski Trip 7-9 Mar. €265per person. Bus departure from Vogelweh Bowling Alley on Fri afternoon returns Sun night. Includes transportation & hotel w/half-board. Contact Tyler at tyler.w.vance@gmail.com

Want to help start a new church for people who don't normally do church? We are forming a team of 25-30 people who are excited about doing something new! For more information read the website description and attend the Church Planting Round Table. March 1, 2014 from 3:30-8:30 p.m. FINDERHALLE Bahnhofstr. 61, 70771 Leinfeld (close to Vaihingen and Stuttgart Airport). See you there! r.loucks@icloud.com or Tel: 07171-1849863

ELECTRONICS

All ads and pics on class-world.com

12" Meade LX200 EMC Telescope, 416XT cam and access.: Tripod, Goto control, 201XT autoguider, Software, tele-extender, pol. filter, 3 eyepices, barlow lense, 2" diag-mirror, PC-23C cam, sunfilter, cases, car power, manuals, etc. Like new. Ask price €4999. Tel. 0157-89138494

Metal Slug Anthology, Wii game, played once, perfect condition - like new!, €15, coemser@gmail.com

Have you found your (German) dream home already?

We make it happen by providing you with our unique mortgage loan solution that has specifically been developed for the needs of U.S. citizens in Germany. We take care of your mortgage, insurance and banking needs. Trust our professionals to find the mortgage loan that best suits your needs. Our friendly and well trained staff offers you a very good service, advice and all the assistance you need (during and after the process), so you can just concentrate on moving in.

We have several satisfied American customers. Give us a try and convince yourself.

Gianclaudio Sena e. K., Allianz Generalvertretung
 Sietzener Hauptstr. 62, D-70771 L.-E. Sietzen
 petra.gehrung@allianz.de, www.sena-allianz.de
 Tel. 07 11.78 23 96 48, Fax 07 11.78 23 96 44

NEW OPENING:
 10€ Welcome Discount on all services

Great Lengths®
 Professionelle Haarverlängerung

COCOON

HAIRDRESSER • COSMETIC • WELLNESS

We look forward to your visit: Stuttgarter Str. 14 • 71032 Böblingen
 Tel. 07031-439905 • www.cocoon-haircare.de
 Hours: Tue + Wed 9 a.m. - 7 p.m. • Thu 9 a.m. - 8 p.m.
 Sat 8:30 a.m. - 4 p.m.

Monica A. Hansen
 Attorney at Law
FAMILY LAW SERVICE
 mhansenlaw@gmail.com
 0152-27 037 592

H&R BLOCK® Results – Guaranteed. At H&R Block, we stand behind our work. If we make a mistake, we will pay any additional interest and penalties. Plus, if the IRS should call you in for an audit, we will explain your audit notice and the documentation you need to provide, at no extra cost. We have experts on hand year around to help you. All prior years can be done as well.

Can your tax services give the same Guarantee?

Kurmarkerstr. 30 • 70569 Stuttgart-Vaihingen
Tel: 0711-6 87 30 96 or 0711-120 76 24 • Email: hrblockstuttgart@hotmail.com

KAROSSERIE VENEZIA
Wir sind spezialisiert auf alle Arten von Karosseriearbeiten.

Hanns-Klemm-Straße 5 • 71101 SCHÖNAICH • phone 07031.75900

- Venezia paint and body is your premier one stop choice for all auto repair and auto painting needs.
- We have proudly served those who serve for over 20 years. Please stop in for a cost estimate before you pay too much.
- Thank You, Team Venezia

- Custom Painting Available
- Windshield and Auto Glass Repair
- Hail Damage and Dent Repair
- Towing Service

www.karosserie-venezia.de

Totally Clean
We Do It Professionally!

Our Services:

- Car cleaning for shipping and sale
- Car repair of all models
- Organisation of car shipping
- Car and tire dealing
- Housekeeping for getting caution back

We accept VAT-forms and all major credit cards!

Totally Clean
Dornierstraße 14
71034 Böblingen (Hulb)
Germany

Telefon: 07031/385797
Mobil: 0172/7960911
E-Mail: totallyclean@gmx.de
Homepage: www.totally-clean.de

classified world Check out the **AUTO ADS** with photos online

Your classified ad portal!

www.class-world.com

ELECTRONICS
All ads and pics on class-world.com

Operating system Windows XP
Hard Drive 37GB spvendo@gmail.com

Rayman Raving Rabbits, Wii game, perfect condition, like new! €10, coemser@gmail.com

Raven Max / Sirius Retro Synthesizers each 650€. The Raven is a master keyboard (with Max extension). Sirius is a techno workstation with vocoder and much more. Both devices are in nearly new condition. Including original instruction and operation manuals. 0157-89138494

SONY S890 Bass Reflex Speakers, 2 Sony Bass Reflex Acoustic Lens 4 way 4 speaker system. Price is negotiable., \$300, omarrstanley@aim.com

Super Mario Galaxy, Wii game, perfect condition, like new! €15, coemser@gmail.com, €20

The Bigs Baseball, Wii Game, perfect condition, like new!, €10, coemser@gmail.com

The Bigs2 Baseball, Wii game, perfect condition, like new!, €10, coemser@gmail.com

Zelda Twilight Princess, Wii game, perfect condition, like new!, €15, coemser@gmail.com

FOR SALE
All ads and pics on class-world.com

Caution: Some Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

\$500 Prize, Calling all singers, Dancers, Instrumentalists, Poets, Comedians, RappersS. Apollo Amateur Night will be Feb 22, 2014 at Armstrong's Club. Searching for talent! Contact oo7dizzy77@gmail.com.

5 locomotives, 1 complete train set, 15 cars, layout, tools, parts, & supplies for established Z gauge enthusiast- great opportunity to invest in model railroading; especially if space is a concern. 016091323360

Apollo Amateur Night Tickets!, 22 February 2014 It's here once again! Get your tickets Now!!! For tickets Call: Kimara:015226103859 Jevon:01621655562 Rachel:015146647938

Beautiful hand-made felt shoulder bag in purple with flower design, medium size, jenniferwilking@hotmail.com

Beautiful hand-made purple/pink felt flower brooch, perfect stocking stuffer, can be pinned on jackets, scarves, bags and more. Absolutely wow! €12, jenniferwilking@hotmail.com

Bible study books etc, \$20, isabell_1_98@yahoo.com

Bob the Builder game, Get all ur 4 people home safe before u get sent back home. Game of fun for the little ones. Wendy bob muck and scoop, €4, isabell_1_98@yahoo.com

Coin collection, Selling my coin collection-Morgan, Walking Liberty, all kinds of American coins dating back to 1799. Must see. Also many, many other Silver coins. Also copper(cents)., \$, omarrstanley@aim.com

Comic Books for \$1! Graphic Novels for 1/2 cover price!@ Ramstein Community Center Flea Market on 22 Feb:100s of comic books for \$1! Tell me your fave @ write66@yahoo.com & I will bring! Great deals on comics & graphic novels not found anywhere in KMC!

Custom-made children's kindergarten bag with name. Send me a message if you are interested in a unique bag for your child. Perfect present. All bags are made using wet-felting technique with sheep wool, soap and water only! € neg, depending on design, jenniferwilking@hotmail.com

Engleby from Sebastian Faulks! Great book., €2, pic on class-world.com, coemser@gmail.com

Felt bag, gorgeous hand-made felt bag with blue design, medium size, €30, jenniferwilking@hotmail.com

Green suede handbag. With three compartments. Zipper top. \$20 017622987498 please leave a message if I do not answer. isabell_1_98@yahoo.com

Handbag: Classy black leather bag. Hardly used, perfect condition! €15, coemser@gmail.com

Labtop or plate table. Perfect when sitting on couch eating for to place labtop on. isabell_1_98@yahoo.com

Lace dress, eggshell/offwhite, size 6, never worn. For wedding/prom/summer night out. \$50; 017622987498 or isabell_1_98@yahoo.com Pic on www.class-world.eu

Looking for Metal detecting partner, Looking for someone interested in the hobby of metal detecting. Call Frank at 06145-5490684 or email me at sgt.frankieboyjr@hotmail.com.

Lotti Karotti, A totally crazy rabbit chase. Ages 4 to 8. Good condition., €7, isabell_1_98@yahoo.com

Numbers book, Vibrate color story book for children learning to count. Good condition, €3, isabell_1_98@yahoo.com

The Used Car Guys
Good Cars From Good Guys
VIEW OUR INVENTORY - UPDATED DAILY:
WWW.USEDCARGUYS.NET

BUY **TRADE** **FINANCE**
SELL

K-Town
0631 680 31 210
info@usedcarguys.net
Ramstein, West Gate
06371 613 177

Im Vogelsang 17
71101 Schönaich
+49 7031 413388

SCHROPP
FAHRZEUGTECHNIK
www.schropp-tuning.com

When it comes to cars we simply do it all. We offer our clients a complete program for their cars. Everything from a regular service to custom tuning on our inhouse dyno.

We take vatforms

We accept **visa** **mastercard**

We are located near **panzer kaserne**

SCT **SuperFlow**
Test Center
MORE POWER! LESS PULS!



FOR SALE

All ads and pics on class-world.com

New Dark Side Licence Plate. spvendor@gmail.com

Operation Game, A silly skill game. Ages 6+. , €5, isabell_1_98@yahoo.com

Small grey felt shoulder bag with mushroom design, perfect gift, €20 jenniferwilking@hotmail.com

ROTJ Imperial Shuttle, This is a vintage 1983 / 1984 Boxed Unused Complete article. The box has been opened but that's it. NO play use of any kind, its complete. omarrstanley@aim.com

Selling my old Beanie Babie collection. Most of them are bears. If you live in the K-Town area we can meet so you can have a look. Prices negotiable. 0157-89138494

Striped hand-made felt shoulder bag, large, trend colors, perfect gift, €30, jenniferwilking@hotmail.com

The Notebook from Nicholas Sparks - wonderful book!, €3, pic on class-world.com, coemser@gmail.com

Tommy Hilfiger Jacket for men, great condition, 100% cotton, size 54, €45 OBO, coemser@gmail.com

T-Shirt "America", perfect condition, like new, size small! €5, coemser@gmail.com



FURNITURE

All ads and pics on class-world.com

Antique Armoire, Nice antique Armoire. Bought 2000 for 1585 EUR in a antique shop with certificate. To be picked up in Kaiserslautern. Now only 850 EUR, drdos331@gmail.com

Antique cabinet, restored antique cabinet. 3 doors with mirror. 140cm wide, 2m high. Solid wood. To be picked up in Kaiserslautern. €350, drdos331@gmail.com

Antique German Radios, I am selling 5 antique German radios. From \$200 up Some are in working condition-some not. Make me an offer for each. Prices are negotiable., \$200, omarrstanley@aim.com

Beautiful sideboard, cherrywood veneer The sideboard is in very good condition with normal signs of usage. Very decorative, beautiful eye-catcher for your home. 97cm high, 193cm wide, 37cm deep, €350, drdos331@gmail.com

Clock, Clock from the 1940 Germany made chimes on full & 1/2 hour. Works perfect. Measures 25 inches tall x 11 inches wide x 7 inches deep. , \$250.00, spvendor@gmail.com

Color: Terracotta, 2,5 seats, storage space under recamiere. Size: 2,35 cm X 0,53cm, Recamiere size 1,60 cm, X 0,80 cm. ear nest.epps@t-online.de

Do you love photography as much as we do? Join us on Facebook. Post your best pictures, comment, discuss. Local area photo walks are planned. All are welcome and it's free! Facebook.com/KaiserslauternPhotographyClub

Foxy lady, small felt shoulder bag with fox design. Discover your wild side! All bags are completely environmentally friendly made with wool, soap and water only! €25, jenniferwilking@hotmail.com

German WWII Steel Helmets, I have 2 beautiful, impossible to find WWII Helmets. Send me an email for more details. You wont find these laying around anywhere!, omarrstanley@aim.com

Mantel clock from the 60 era. Key wind chimes on the half and full hour., \$70.00 spvendor@gmail.com

Original oil painting by Paul Morro Oil on canvas. The subject is a colorful bouquet of flowers in a gray vase. The picture is framed with a broad, elaborate wooden frame. 85 x 95cm. Purchased 1978 - now only 590€, drdos331@gmail.com

Sleeper Sofa, Queen size sleeper sofa, must pick up at Luxembourg American Cemetery. \$50.00, cahilldd@yahoo.com or (00352)26361883

Target practice, eco warrior shoulder bag, hand-made felt, environmentally friendly bag made using only wool, water and soap, €25, jenniferwilking@hotmail.com

Wardrobe, Old beautiful wardrobe, two doors, two draws. Solid wood. Made in Germany. Needs to be picked up in Kaiserslautern. €350, jorjy95_99@yahoo.com



JOBS

All ads and pics on class-world.com

We're hiring: Dental Hygienist (DH). Requirements: Native speaker or very good English skills, professional experience, friendly attitude. Position open with immediate effect. To get in touch, please call: 07034/20561 or e-mail us: jobs@oxidio.com. Dental Office Dr. Winkelmann has been providing high quality German dental care for 30 years: Specialized in meeting American standards, official MetLife TRICARE Provider, English speaking, professional staff. Visit www.oxidio.com to find out more.



PROFESSIONAL SERVICES

All ads and pics on class-world.com

Professional Services are offered by registered businesses as well as private people. To ensure a satisfactory service experience, please always ask for credentials and deny payments up front. For cleaning services, arrange for payments after a final walk-through and inspection of the clean house.

Need certified translations? E-Mail: certifiedtranslations@acor.de



WANTED

All ads and pics on class-world.com

Sunday, March 9th, the Roller Girls of the Apocalypse will begin their next session of Survival Training, open to all skaters and refs in the local commuting area of Kaiserslautern. You must be at least 18 to participate. To register please email us at: RECRUITING@RGADERBY.ORG

FLORE – CHEMIE GMBH
CARL SPAETER STR. 2 i - 56070 KOBLENZ (Germany)

A Leading Supplier to the Military - Community for more than 30 Years

Flore-Chemie Products Meet Green Procurement Standards and are widely used in Military Food Service Facilities, Maintenance Operations, and for any Application where Quality Cleaning, Lubricants, and Associated Products are needed

Please Visit Our Website – www.flore.de - If You Need:

- ALL KIND OF CLEANING SUPPLIES - DETERGENTS
- GREASE & OIL CUTTERS - DISINFECTANTS / WIPES
- GREASES - LUBRICANTS
- FLOOR SEALERS - WAXREMOVER
- DEODORIZERS - LAUNDRY DETERGENTS
- SMELLEX - DRAIN FREE • SOAPS (Hand & Body) – SOAP DISPENSER – GLASS CLEANER
- ABSORBENT - MATERIAL – ICE-FREE - ANTIFREEZE
- AND MANY ACCESSORIES LIKE PAPER CUPS, TOILET PAPER, AND PLASTIC TABLE WARE

WE OFFER FREE DELIVERY DIRECTLY TO YOUR FACILITY AND ACCEPT ALL GOVERNMENT PURCHASE CARDS

More Product Information is Available at Our Website - www.flore.de - Just Click on the Us Flag and Enter: User ID = DOD - Pass Word = DOD (ALL UPPER CASE)

US SUPPORT POC: Ms. Esther Back & Ms. Diana Zuter
Tel: 0049-261-889222 • Fax: 0049-261-8892299
E-Mail: us.support@flore.de

Flore-Chemie products are also available through the new Military SSSC website provided by AAFES Exchange Europe at <https://partners.aafes.com>

GSA - CONTRACT: GS - 07 - F 0122 J **** AAFES - CONTRACT: SD - 96 - 035 - 00 - 006 **** NAF - CONTRACT: 1 - 92 - A 0001

NEED DIRECTIONS?

Use the **FREE Find-It Guide App** to find stores, lawyers, doctors, restaurants, car dealers, etc.

Don't know how to get there?
Use the "Route" option to get GPS directions from your present position.

THE FIND-IT GUIDE Brought to you by

HIGH QUALITY GERMAN DENTAL CARE IS NOW RIGHT AT YOUR FINGERTIPS

- ✓ Specialized in meeting American standards
- ✓ Official TRICARE Provider
- ✓ English speaking, professional staff

Visit www.oxidio.com/welcome to find out more or call us to make an appointment.

JOIN OVER 2,000 FELLOW AMERICANS WHO TRUST OUR TREATMENT

Dr. Winkelmann

We're hiring: DENTAL HYGIENIST (DH) Requirements: Native speaker or very good English skills, professional experience, friendly attitude. Position open with immediate effect. Visit www.oxidio.com to find out more about us.

Dental Office
Dr. Reinhard Winkelmann
Blücherstraße 13
71116 Gärtringen

www.oxidio.com/welcome
Email: praxis@oxidio.com
Phone: 07034 20561

Your bill will be generated in English using the US code for dental services. **Your US insurance will understand it.** We are **MetLife TRICARE Provider** (www.metdental.com)

stay in touch
with your family

samsung galaxy tab 3 10.1

save € 30.00

€ 9.95

february easyMobile special

get connected with mobile broadband

Save € 30.00 on a Samsung Galaxy Tab 3 10.1 now only € 9.95* with an easyMobile voice or data plan. (regular price € 39.95)



Samsung Galaxy
Tab 3 10.1

€ 5 COUPON

save another € 5
with this coupon

get your tablet for € 4.95* in your local TKSShop



Böblingen ON-BASE

Panzer Shopping Mall
Mon - Sat: 10:00 - 19:00
Sun: 11:00 - 17:00



Böblingen OFF-BASE

Stuttgarterstr. 72
Next to Lidl Supermarket
Tues - Fri: 11:00 - 19:00
Sat: 10:00 - 16:00

*In combination with an easyMobile 360 payment plan (€ 15.00 monthly). The offer is only valid 01st February – 28th February 2014, while supplies last.

TKS

A KABEL DEUTSCHLAND
COMPANY

..... www.tkscable.com