

Bullying: Stuttgart Theatre Center play takes closer look at growing problem in schools

Story & photo by **Brittany Carlson**
 USAG Stuttgart Public Affairs Office

Those who have been keeping tabs on recent media coverage know that bullying is a rapidly growing concern in schools today. "Cyber-bullying" is the latest trend: using the Internet, social media and cell phones to ridicule or hurt others.

In an effort to bring awareness on bullying to the community, the U.S. Army Garrison Stuttgart Family and Morale, Welfare and Recreation Stuttgart Theatre Center is performing a one-act play about it: "The Secret Life of Girls," by Linda Daugherty.

The play focuses on middle-school girls who are both on the giving and receiving end of gossiping, name-calling, exclusion, cliques and cyber-bullying, as they try to fit in and discover who they are.

"I want the youth to be able to connect with it, [or] recognize someone that they know," said Barb Heidt, show director.

She also hopes parents will see the show and ask their children about whether or not they deal with bullying at school.

"I really wanted to facilitate a dialogue between parents and their children," she said. "This needs to be said."

The show, presented by the Stuttgart Entertainment Branch, will be performed Oct. 22 and 29 at 7:30 p.m. and Oct. 23 and 30 at 1 p.m. and 3 p.m. at the Kelley Theater on Kelley Barracks.

Following each one-hour performance will be a 15-minute "talk back" session on bullying, led by Joe Holder, a School Liaison Officer for Child,



Gossiping is a common way that girls bully each other at school. From left: Amy Young, Claire Levitt and Noelle Gilster rehearse their roles as gossiping middle-school girls for the play "The Secret Life of Girls," set to open this month.

See *Bullying* on page 4

Sgt. Tasha Mahdi embraces her son, Sayyid, 7, during the 208th Financial Management Company's redeployment ceremony Oct. 13. Sayyid Mahdi said his seventh birthday was a week before, but his best birthday present was having his mother return.



Photos by Birgit Thompson

208th FM Company returns

The 208th Financial Management Company returned from a 12-month deployment to Kuwait, into the arms of family Oct. 13, during a brief ceremony at the Panzer Fitness Center. For more photos, visit www.flickr.com/photos/usagstuttgart.



Family members of the 208th FM Company listen to the National Anthem as they eagerly await hugging the returned Soldiers during a redeployment ceremony Oct. 13.

Spc. Douglas Force greets his wife, Angel, and his newly adopted son, 3-week-old Hunter, during the 208th FM Company's redeployment ceremony Oct. 13. The company was deployed to Kuwait for a year.

INSIDE
THIS
EDITION

Pages 10-11

Run 4 Life unites community

Community members, military units and organizations flocked to Husky Field Oct. 1 in support of U.S. Army Garrison Stuttgart's first cancer awareness relay.



Daylight Saving Time ends

Most of Europe will move their clocks backward by one hour when daylight saving time ends on Sunday, Oct. 31. In Germany, daylight saving time ends at 2 a.m. (set clocks to 1 a.m.)



Safety is everyone's responsibility

Commentary by Lt. Gen. Rick Lynch
Installation Management Command commander

As Commanding General of IMCOM, my commander's intent is to provide the facilities, programs and services required to support Army readiness, sustain the all-volunteer force and provide the infrastructure for current and future mission requirements.



Lt. Gen. Lynch

Safety is key to accomplishing my intent. It involves the prevention of material loss, but the focus is really on saving lives.

In September, I spoke at the Army Senior Safety Tactical Symposium. It was my opportunity to say "thank you" to almost 500 safety professionals for the work they do to keep Soldiers, civilians and families safe.

A recent example of their effort was a six-month Army-wide fire safety campaign in 2009. The campaign was

launched to reverse the increasing number of military housing and facility fires, and succeeded in netting more than \$20 million in cost avoidance in the second half of the year.

However, we can never become complacent as long as we are still losing lives to preventable accidents.

Everyone is a safety officer. Everyone has an obligation to look out for themselves and the Soldiers, civilians and families around them, acting on the requirements in place: the Army Safety Program, AR 385-10 and IMCOM's Safety Program Regulation.

To improve safety efforts, there are six things I ask us all to consider.

First, we will not cut corners or funds to save money at the expense of our Safety Program. Rather, we should put money toward the right resources in order to improve it.

Second, when we allocate resources for safety programs, we need to make sure they reach Soldiers of all components; retirees, civilians and all their families. Only by reaching every member of our Army Family can we instill a culture that puts safety first.

Third, everyone must support the

Everyone is a safety officer. Everyone has an obligation to look out for themselves and the Soldiers, civilians, and families around them.

senior commanders, as they are responsible for the life of every Soldier, civilian and family member on their installation, and everyone must be actively involved in the Safety Program.

Fourth, leaders need to make sure the appropriate safety training is available to new motorcycle drivers. Motorcycle-driving simulators are necessary and should be made available at every IMCOM installation.

I have been a motorcycle driver my entire adult life and have never had a motorcycle accident. I firmly believe that it is not a matter of luck, but preparation. I drive my motorcycle only if I have the right frame of mind, the right protective equipment and a planned route.

Fifth, the Installation Management Campaign Plan 2.0 is being launched this month. The plan's Line of Effort on Safety calls for providing effective privately owned vehicle safety programs;

heightening safety awareness; employing hazard control measures; requiring and promoting safe, healthy practices, and support for the senior commander.

The LOE charges commanders and other officials to lead the way in changing behavior to prevent accidents, and to empower military community members to speak up when they see someone ignoring safety rules.

Sixth, I challenge all of you to look at the IMCP's Safety LOE and ask yourselves, "What are we missing?" We cannot be satisfied as long as we have a single accident.

If safety requirements are not adequate, we will improve them. If we are doing something ineffective out there, we will stop. But if no one tells me, we cannot correct the issue.

When you practice and teach others about safety, you are saving lives — and I cannot think of a higher calling.

THE CITIZEN

Col. Carl D. Bird

U.S. Army Garrison Stuttgart Commander

Public Affairs Officer

Larry Reilly

lawrence.reilly@eur.army.mil

Editor

Assistant Editor

Susan Huseman

susan.huseman@eur.army.mil

Brittany Carlson

brittany.carlson1@eur.army.mil

Contact Information

Telephone: 431-3105/civ. 07031-15-3105

Fax: 431-3096/civ. 07031-15-3096

E-mail: stuttgartmedia@eur.army.mil

Web site: www.stuttgart.army.mil

Office Location: Building 2949, Panzer Kaserne

U.S. Army Address: Unit 30401, APO AE 09107

German Address: USAG-S PAO, Panzer Kaserne,

Geb. 2949, 3rd Floor, Panzerstrasse, 71032 Böblingen

This newspaper is an authorized publication for members of the Department of Defense. Contents of The Citizen are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army. All editorial content in this publication is prepared, edited, provided and approved by the USAG Stuttgart Public Affairs Office. Private organizations noted in this publication are not part of Department of Defense.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The Citizen is a biweekly offset press publication published by AdvantiPro GmbH. Circulation is 6,000 copies. For **display advertising rates**, call Hanna-Maria Weills at civ. 0631-3033-5537, or e-mail ads@stuttgartcitizen.com. For **classified advertising rates**, call Sabrina Barclay at civ. 0631-3033-5531, e-mail class@stuttgartcitizen.com.

www.stuttgart.army.mil

ICE BOX

USAG Stuttgart command addresses top ICE comments

Galaxy Bowling Center — curtailment of hours during lunch

The Galaxy Bowling Center has received numerous comments about the curtailment of opening hours at lunch time, thus reducing the number of choices on Panzer Kaserne for lunch. This reduction of hours occurred due to recent severe staffing shortages.

The Galaxy Bowling Center Manager regrets that these actions were necessary and is working to add the hours in again. Lunchtime hours will be restored as soon as staffing levels permit.

The garrison has been proactive in increasing staffing levels at the Bowling Center by conducting a job fair with a focus on Bowling Center positions, hiring Local National employees, and marketing to the community, including to high school students.

Postal Services — Patch Barracks APO timely mail service

The Patch Barracks Army Post Office has received a number of comments regarding timeliness of service.

The Patch Barracks APO is the busiest of our four U.S. Army Garrison Stuttgart APOs. Our postal clerks' schedules are staggered during normal lunch hours to ensure our customers receive the best possible service during the lunch period. When not busy serving customers, APO personnel also work at the Community Mail Room to help

facilitate mail delivery to customers' mailboxes. Our postmaster routinely reviews the situation at the Patch Barracks APO and CMR to ensure that mail is received and delivered as expeditiously as possible.

Vehicle Registration — improvement in service

Satisfied Vehicle Registration customers submitted more than 80 comments on their experience at Vehicle Registration on Panzer Kaserne.

This has resulted in a Customer Satisfaction rating of 99 percent for the month of September — an example of truly outstanding customer service. This marks a complete turnaround from a few months ago, when the rating was substantially lower, and reflects the garrison commander's intent to provide outstanding customer service.

The garrison command group would like to extend a special "thank you" to the Vehicle Registration staff for their improved customer service skills and civility, commitment, courteousness, and dedication to duty. Their customers often cited them by name as providing exemplary service. Some of the comments mentioned that they were competent, polite, knowledgeable, pleasant, helpful and friendly.

Thank you again for all the hard work you do and for delivering on the commander's intent.

CFC-O kicks off in USAG Stuttgart



Larry Reilly

U.S. Army Garrison Stuttgart officially kicked off the Combined Federal Campaign-Overseas Oct. 6 during a tenants meeting on Patch Barracks. The key leaders cutting the cake are (from left): Col. Adam Copp, Marine Corps Forces, Europe; Fredrick Jones, Special Operations Command Africa; Capt. Cornelius Guinan, Special Operations Command Europe; Lt. Col. Robert Vitt, 52nd Signal Battalion.; Maj. George Self, USAG Stuttgart; Constance Baker, CFC-Overseas; Maj. Gen. Richard Sherlock, U.S. Africa Command; Brig. Gen. Greg Brundidge, U.S. European Command; Command Master Chief James Barnes, Defense Information Systems Agency; and Col. James Bright, Marine Corps Forces, Africa.

Air travelers must provide specific data to fly, per TSA

Defense Travel Management Office

This fall, the U.S. Department of Homeland Security Transportation Security Administration will complete implementation of the Secure Flight Program, which aims to enhance the security of domestic and international commercial air travel using improved watch list matching.

Effective Nov. 1, all passengers will be required to have Secure Flight Passenger Data in their reservation at least 72 hours prior to departure. Passengers will be unable to travel without providing this information.

SFPD includes the traveler's full name, date of birth, gender, and redress number, if applicable. The traveler's name on the boarding pass must match the name on the government-issued identification (i.e. driver's license, passport, or military identification). For example, if the identification used contains a full middle name, then the SFPD must reflect the full middle name.

To comply with this change, the Commercial Travel Office in U.S. Army Garrison Stuttgart is requiring travelers who contact the commercial travel office directly to make reservations to provide SFPD at the time the reservation is requested, effective Oct. 1.

Passengers who do not provide full information will not be able to make a reservation, according to USAG Stuttgart Transportation Officer Jerry Reed.

"They're going to be asked for their information for commercial travel and official travel," he added.

Reed reiterated that the passenger's name on the reservation must match the name on their passport or government-issued ID exactly. "If it doesn't match, you're not getting on the plane," he said.

In addition, travelers who book a reservation within 72 hours of the flight may experience delays in receiving a boarding pass, or may have to wait in line at the airport for their boarding pass.

Whether booking within or outside of 72 hours in advance, customers should immediately supply their correct information to limit delays, said Jeffrey Romero, USAG Stuttgart chief of logistic plans and operations.

The Defense Travel System was modified to capture and transmit the required SFPD in September 2009. Travelers making reservations in DTS must verify the SFPD is accurate and complete. Do not include rank, titles, suffixes (i.e. "CPT," "CMSgt," "Mr.," "Dr.," "Ms.," "Jr.," or "III") or special characters in the SFPD. This information will be saved to individual travelers' DTS TSA profile. The system will continue to prompt travelers to verify or update this information each time they attempt to make any travel reservations

About the Secure Flight Program

The goal of the Secure Flight program is to identify known and suspected terrorists and prevent them from boarding aircrafts or gaining access to secure areas of U.S. airports.

Under the program, TSA requires airlines to provide a traveler's SFPD via a secure web portal 72 hours before a flight's departure. Airlines are not allowed to issue a boarding pass until the SFPD is transmitted and an authorization to print a boarding pass is received from TSA. If cleared, travelers are able to print boarding passes up to 24 hours before departure. If a traveler does not pass the review, TSA may provide instructions to the airline to conduct enhanced screening at the airport or to deny flight access.

For additional information about TSA's Secure Flight Program, visit www.tsa.gov/what_we_do/layers/secureflight/index.shtm.

Editor's Note: Brittany Carlson, USAG Stuttgart Public Affairs Office, contributed to this story.

News & Notes

UMUC Europe National Test Center now open

The University of Maryland University College Europe at the Panzer Education Center opened a National Test Center in August. The test center allows ID cardholders to test out of certain general education requirements as they pursue a degree or certification. The test center offers exams through the College Level Examination Program, Dantes Subject Standardized Test program, and Pearson Vue.

Active duty service members can take each exam offered by CLEP/DSST once on a funded basis; subsequent exams must be paid for. Contractors and civilians must pay a fee. CLEP and DSST exams are offered weekly on Monday at 9 a.m. and 1:30 p.m. and Thursday at 9 a.m. Pearson Vue exams are offered on Tuesday at 9 a.m.

For more information, call 431-2303/civ. 07031-15-2303, or e-mail jivancie@europe.umuc.edu.

TMP relocating

The Transportation Motor Pool is currently scheduled to relocate from Building 3372 on Kelley Barracks to Building 3241 at the Stuttgart Army Airfield by Oct. 29 (pending new building construction completion).

For more information, call Karl-Heinz Mueller at 431-1340/civ. 07031-15-1340, or e-mail karlheinz.mueller@us.army.mil.

Deadline for Retroactive Stop Loss Special Pay extended

The deadline for eligible service members, veterans and their beneficiaries to apply for Retroactive Stop Loss Special Pay has been extended to Dec. 3, allowing personnel more time to apply for the benefits they've earned.

RSLSP was established to compensate military members whose service was involuntarily extended under Stop Loss between Sept. 11, 2001, and Sept. 30, 2009. Eligible members or their beneficiaries are required to submit a claim to their respective military service in order to receive the benefit of \$500 for each full or partial month served in a Stop Loss status.

To apply, or for more information on RSLSP, visit www.defense.gov/stoploss.

Stuttgart FMWR honored at worldwide arts competition

The U.S. Army Garrison Stuttgart Family and Morale, Welfare and Recreation Kelley Theatre Group was recently honored at the Festival of Arts Competition, held by the FMWR Command.

Stuttgart's "Man of LaMancha" play won:
3rd place: Best Musical

2nd place: Producers (Richard Roberts and Alan Buxkemper)

2nd place: Director (Roberts)

1st place: Musical Director (Buxkemper)

2nd place: Set Design (Roberts, Buxkemper)

3rd place: Lighting (Holger Schroder)

3rd place: Sound (Barb Heidt, Felix Loewy)

3rd place: Costume (Melissa Gitlin)

3rd place: Leading Actor (Ron Paoletti)

2nd place: Leading Actress (Lori Parsons)

For more information, visit www.armyfestivalofthearts.com.

Bullying

Continued from page 1

Youth and School Services in USAG Stuttgart.

"Everybody knows a bully, or has been bullied," said Holder, who became a SLO in August after being principal in a K-8 rural school in the U.S. He recently attended a conference on bullying and gang violence in Heidelberg, called "Community Strong," which gave him a toolbox of methods for dealing with bullies here in Stuttgart.

"It's more and more prevalent in school systems," he added.

A rising number of bullying cases nationwide caused the USAG Stuttgart command group and Department of Defense Dependents Schools officials to request more bullying prevention training for students here.

USAG Stuttgart Army Community Service, which already teaches cyber-bullying prevention to students in grades 7-12, was asked to teach bullying prevention as well.

"It's a big issue," said Monica Sadler, ACS Family Advocacy Program

Typically, if a bully starts to bully and if we have somebody to resist and defend, it won't escalate. In other words, somebody has to stand up.

Joe Holder

USAG Stuttgart SLO

PERFORMANCES:

October
22 & 29
at 7:30 p.m.

23 & 30
at 1 p.m. & 3 p.m.

STC STUTTGART THEATRE CENTER
www.stuttgartarmy.com

The Secret Life of Girls
A Drama by Linda Daugherty
Directed by Sarah Hold

manager. "We just hired a new FAP specialist and FAP educator. We're in the process of implementing a new program for this school year."

Meanwhile, ACS will continue to tell students about the dangers of cyber-bullying, which Holder believes is contributing to an increase in bullying in general.

"It's so much easier because you're not face to face," he said. "There's more anonymity."

In "The Secret Life of Girls", the "bully" is a girl named Stephanie who manipulates other girls with the traditional silent treatment and gossiping, but also through the Internet and cell phone technology.

"Basically, it's very manipulative bullying, not very outright, through texts, using people, using relationships to gain leverage," said Leah Boxley, 15, who plays Stephanie.

These are issues girls deal with in school every day, Boxley added. "I definitely think it's really relevant to middle school age years — there are

so many mean girls at school [then]," she said.

Boxley remembers being bullied when she attended a private school in the U.S., and hopes the play will help other girls being bullied to know that they're not alone.

"I really want it to be directed toward young girls, for them to basically know they're not the only ones going through this type of thing," she said.

"Hopefully, some girls will find an end to it [and] stand up to what they're struggling with," she added.

Bullying can be addressed, mitigated, and even unlearned, according to Holder.

"That's where, hopefully, the play will come in," Holder said.

During the talk-back sessions after each show, Holder will direct a "re-do" scene from the play, in which characters that didn't stand up to a bully in the show get the chance to try again, with help from the audience.

"Typically, if a bully starts to bully and if we have somebody to resist and

defend, it won't escalate," Holder said. "In other words, somebody has to stand up."

Although the play focuses on teen girls, Holder said it's important to remember that bullying happens with children of both sexes, at all ages. "It's across the board," he said. "It's not just girls bullying girls and boys bullying boys ... sometimes it's girls bullying boys [and vice versa]."

However, instances of bullying are highest during transition years in school, such as third and fourth grade, and again in seventh and eighth grade, Holder said.

Kathryn Nevins is another actress in the play who portrays the mother of Abby, the girl being bullied. The role is familiar to Nevins, who recalled when her own son had a hard time with bullying in elementary school.

"One day he came home and said 'I can't go to school tomorrow.' I said 'Why?' and he said 'They're going to beat me up,'" she said.

At that time, Nevins just went to the school to sort out the problem. However, as her children grew older, helping them was not as easy, she added.

Similarly, Nevins described the character of Abby's mother as "clueless" that her daughter is getting bullied, then unsure what to do when she finds out.

It's a picture of many real parents today, Nevins said. She hopes the show and the sessions will teach parents that talking to their kids really does help.

"I hope what people will do is remember to talk," she said.

In USAG Stuttgart, "The Secret Life of Girls" aims to provide a forum for this type of discussion, in hopes of ending and preventing bullying.

For ticket reservations, call the Stuttgart Theatre Center at 421-3055/civ. 0711-729-3055.

Army Suggestion Program offers cash for ideas

By Sgt. Joel Salgado

U.S. Army Europe Public Affairs Office

U.S. Army Europe Soldiers and civilian employees can be awarded up to \$25,000 by submitting their ideas to improve the Army through the Army Suggestion Program.

Soldiers, U.S. federal employees and local national civilian employees who are paid from appropriated funds are eligible to take part in the program, said Joseph "J.D." Jerdee, the Level 2 ASP actions coordinator for Installation Management Command Europe.

"The Army Suggestion Program is a program that encourages Soldiers, civilians, and any concerned individual to submit ideas that will result in increased efficiencies and reduced costs," Jerdee said.

Although the Army established the program in 1943, this could be a good time to take advantage of it because of the current emphasis on cost savings within the Department of Defense and the Army. For

example, the DoD finished accepting suggestions Sept. 24 from across the services — nearly 15,000 of them — that are eligible for cash awards under its INVEST cost-savings initiative.

According to the ASP website, all suggestions submitted through the program must benefit the Army or other U.S. government activities by identifying a problem and recommending a solution for it.

"Suggestions follow a review and approval process based on the level of the suggestion. In other words, if the suggestion is specific to the installation, it can be reviewed and approved or disapproved at that level," said Jerdee. "Ideas that require higher-level review for approval are forwarded through the system to the appropriate level."

If a suggestion is approved and implemented by the Army, an assessment is made to determine how much the initiative saves the Army. Depending on the amount saved, "suggesters" can earn up to \$25,000 for their ideas. Individuals who are not eligible for

cash awards may still be able to make suggestions and could receive a plaque or certificate for their ideas.

Army Regulation 5-17 (The Army Ideas for Excellence Program) outlines how that process works, who is eligible for cash awards for approved suggestions and how cash awards are determined. According to that regulation, the money is paid after final approval is granted, and comes from the appropriated funds of the individual's unit or organization. More information about determining cash awards can be found in AR 5-17, Table 5-1.

The program is ongoing, and suggestions can be made at any time. For more information, or to submit an idea, visit the ASP website at <http://asp.hqda.pentagon.mil/public/> (available to Army Knowledge Online registered users only).

In U.S. Army Garrison Stuttgart, suggestions can also be submitted to the garrison ASP coordinator, Joel Carnahan, by calling 431-3289/civ. 07031-15-3289, or e-mailing joel.carnahan@us.army.mil.

Star of children's tale shares with Stuttgart youngsters

By Tanya Fogg Young
Special to The Citizen

The friendship between an American pilot and a German schoolgirl that has now spanned more than 60 years serves as a symbol of an enduring partnership between the two countries.

An estimated 250 adults and children gathered Oct. 14 at Robinson Barracks Elementary/Middle School to hear U.S. Africa Command Commander Gen. William E. "Kip" Ward read the book, "Mercedes and the Chocolate Pilot," along with the book's main character, Mercedes Wild.

The pair presented the book together — with Gen. Ward reading a page first in English and then Mrs. Wild translating the same page in German — for the audience of American and German elementary and middle school students. The session was part of the "Tell Me a Story" initiative by the Military Child Education Coalition.

The book centered on the relationship established between then 7-year-old Mercedes Simon and an American pilot, Lt. Gail Halvorsen, who often dropped chocolate candy parachutes to the children as he flew over them during his Berlin Airlift missions.

The friendship between Halvorsen, now a 90-year-old retired colonel living in Utah, and Wild, now a 69-year-old grandmother, endures to this day, she said.

Visibly moved and her voice cracking with emotion, Wild expressed her gratitude for the opportunity to share her story with them.



Birgit Thompson

Gen. William E. "Kip" Ward (left), U.S. Africa Command commander, takes turns reading "Mercedes and the Chocolate Pilot" to American and German students with Mercedes Wild (center), whom the book is based on.

"Thank you for exposing the children to the story of one person showing kindness to others," Gen. Ward said to those assembled. "One gesture of kindness so many years ago still means so much."

Parent Kedra Segler brought her three children — Max, 11, a 6th-grader at RBEMS, 5th-grader Alexi, 10, and 4th-grader Pascal, 9, both Patch Elementary students — to the event.

"I couldn't let an opportunity like this go by," Segler said. "[Mrs. Wild] was so appreciative of something as simple as candy. Children will be children — even in times of war."

Caroline Childress, 13, said it was interesting to hear a first-hand account from someone who was a child during World War II. "It's an emotional story that helps put things together," said Childress, who is home-schooled. "I was really moved by the story."

At the conclusion of the reading, the children were broken into small groups to discuss the book and then were able to make their own candy parachutes. Parents and children received copies of the book signed by Ward and Wild and chocolate bars wrapped in miniature copies of the book cover as parting mementos of the event.

National Disability Employment Awareness Month

Garrison urged to hire individuals with disabilities

Story & photo by Brittany Carlson
USAG Stuttgart Public Affairs Office

Garrison and U.S. Army Europe officials challenged the Stuttgart military community to offer disabled persons more opportunities to work here during a National Disability Employment Awareness Month observance, hosted by the U.S. Army Garrison Stuttgart Equal Employment Opportunity Office Oct. 1.

The theme of the month is "Talent Has No Boundaries: Workforce Diversity Includes Workers With Disabilities."

It's a theme that hit close to home for the observance's guest speaker Erni Moya, director for EEO at the USAREUR Headquarters in Heidelberg. During the brief ceremony, held in the Patch Community Club, Moya shared some of her personal story, which included walking with leg braces as a child.

"Indeed there are challenges in life, but I believe that everything that happens to us makes us stronger," she said.

Moya credits the encouragement she received to get an education with helping her to be a leader in her field. That is the key to helping those with disabilities, she added.

"We need to encourage persons with disabilities to pursue their goals," she said.

Moya also mentioned that being disabled can include having cancer, which is why USAG Stuttgart EEO helped to host the community's first cancer awareness relay, "Run 4 Life," later that evening.

"It is important that we pursue any requirement for accommodation not only for cancer, but if we see any requirement for accommodation," she said.

Throughout the world, U.S. agencies have been employing disabled persons through the Workforce Recruitment Program, which allows them to hire disabled college students as summer interns.

The WRP is part of a nationwide effort to place more disabled persons in federal jobs under a recent Executive Order, signed by President Barack Obama in July. The order, titled "Increasing Federal Employment of Individuals with Disabilities," was created to "establish the Federal Government as a model employer of individuals with disabilities" and requires agencies to make additional efforts to hire and retain these individuals.

During the ceremony, a short video

on the WRP showed how disabled students can be accommodated in the workplace, from a special computer screen that enlarges text, to a raised desk that allows room for a wheelchair.

These are examples of what Moya would like to see in Stuttgart.

"Our world today is filled with challenges concerning our youth, but remarkably, we're living in a time of opportunity," she said. "My challenge to you today is to seek out a student to work in Stuttgart."

It can be challenging, but hiring a disabled person is worth the effort, according to Steve Matkowsky, garrison EEO program manager. He wasn't just saying that to support his program, either.

"I'm a targeted disabled veteran employee with low vision, sometimes referred to as legally blind," he said.

Hiring disabled persons is getting easier all the time, especially after the president made it a priority, Matkowsky added.

"If a manager wants to hire somebody with a targeted disability, they can," he said.

Matkowsky listed a number of ways this can be done. Schedule A is a special hiring authority in which employers can select the qualified applicant they



Erni Moya, director for EEO at USAREUR Headquarters, speaks during the EEO Disability Employment Awareness Month observance Oct. 1.

wish to hire by name. Employers can also use the Wounded Warrior Program and Veterans Readjustment Act to hire disabled veterans, Matkowsky said.

"The possibility of hiring is there," he said. "All they have to do is take a step."

For more information on WRP or hiring persons with disabilities, contact the USAG Stuttgart EEO at 430-2068/civ. 0711-680-2068.

Putting out fires: USAG Stuttgart children learn about fire safety

USAG Stuttgart Public Affairs Office

U.S. Army Garrison Stuttgart firefighters were very busy the week of Oct. 4-9, but it wasn't because of fires in the community.

They were teaching community youngsters, in kindergarten through third grade, about fire prevention during the annual Fire Prevention Week.

"So far this week, we've visited every elementary school, high school and child care center to discuss and demonstrate fire safety," said Leonard Fagan, USAG Stuttgart Department of Emergency Services assistant fire chief.

The firefighters brought their fire trucks to each facility to give children a chance to sit in the driver's seat and explore the vehicle.

Children were also able to see a firefighter dressed in full gear and a face mask, so they could become familiar with what a potential rescuer would look like during a fire, according to Daniel Reifschneider, DES fire inspector.

At the end of the week, the DES fire crew hosted an exhibition at the Panzer Mall that allowed children to put out a contained fire using a fire extinguisher.

However, the most important lesson the firefighters taught was to talk about fire safety at home, said Maj. George Self, USAG Stuttgart director of emergency services.

"If, at the end of this week, if every family took four to five minutes at their dinner table to discuss fire safety, this week would have been a success and we would all be a lot safer," he said. "Each family should discuss their family escape plan."

Editor's Note: Col. Joseph Mancy, Special to The Citizen, contributed to this article.



Col. Joseph Mancy

Joey Self (left), 7, takes the wheel of a parked fire truck, with the help of Daniel Reifschneider, a USAG Stuttgart DES fire inspector, during the Fire Prevention Week exhibition held at the Panzer Mall Oct. 9.



Col. Joseph Mancy



Brittany Carlson

[Above] Katherine Driscoll (left), 4, and Danielle Knellinger, 4, try on their new firefighting hats during a DES fire department visit to the Kelley CDC Oct. 6.

[Left] DES Fire Inspector Daniel Reifschneider (left) helps Sofia Lambrecht aim a fire extinguisher at a demonstration fire Oct. 9 at the Panzer PX.



Brittany Carlson

Andrew Croft (far left), 4, and Megan Hasenyager, 4, are introduced to a firefighter in full protective gear at the Kelley CDC Oct. 6 during Fire Prevention Week.

Austin Stringer (left), 3, holds a fire hose nozzle with the help of Daniel Reifschneider, DES fire inspector, while Pedro Torres, 3, looks on during a fire department visit to the Patch CDC Oct. 7.



Birgit Thompson



Brittany Carlson

Claire Thomas (far left), 4, and Ian Washburn, 4, clamber over the top of a fire engine during a garrison fire department visit to the Kelley CDC Oct. 6



Col. Joseph Mancy

Cedric Young (left), 7, takes a turn using a fire extinguisher, directed by Daniel Reifschneider, DES fire inspector, during a Fire Prevention Week demonstration Oct. 9.

Stuttgart BOSS program open to all service branches

Story & photo by Birgit Thompson
USAG Stuttgart Public Affairs Office

The Better Opportunities for Single Soldiers program in U.S. Army Garrison Stuttgart plays a vital role in providing quality of life, recreation and leisure activities to service members that are single and unaccompanied.

But it isn't just for Army Soldiers. Since the Stuttgart military community is home to not only the U.S. Army, but the Air Force, Navy and Marine Corps as well, the BOSS program is open to service members in all branches.

The program is funded by the Directorate of Family and Morale, Welfare and Recreation.

"We help out with the MWR activities like the flea markets, the Winterfest and other special events," said Steve Dunlap, BOSS program advisor. "We run concession stands that generate income for the organization."

"The funds made from these events go back to the BOSS program, so once or twice a year the program can fund trips, like the one we are planning right now — a ski trip to Obersdorf," he added.

BOSS members only pay a minimum fee to go on these trips, since they

are virtually paid for by the income generated during the year. It's one reason why Spc. Mike Votta, now the USAG Stuttgart BOSS President, joined.

"I wanted to meet people, travel and get involved within the community," he said.

BOSS also provides community service to others.

On Oct. 13, BOSS members handed out water bottles to Soldiers in the 208th Financial Management Company as they returned from a 12-month deployment to Kuwait.

On Oct. 23, the BOSS program will be involved in the Make a Difference Day program, sponsored by Army Community Service. BOSS members plan to make a difference at the Medical Transient Unit, part of the Regional Medical Center in Landstuhl, along with members of the German-American Kontakt Club.

BOSS and Kontakt, as well as other units, are collecting items to donate to the MTU for injured service members flown in from down range.

"This is not all we do for Landstuhl, however," Dunlap said. "Every few months, we go to the Landstuhl USO to cook meals for the Wounded Warriors up there. We feed them home-cooked meals, talk to them and just spend time [with them]."



BOSS members Spc. Mike Votta (center) and Steve Dunlap (right) pass out water bottles during the 208th Financial Management Co. redeployment ceremony.

"This is important because a lot of the service members there have never been to Europe. They are injured down range and then come to Germany to recuperate. Some of them feel lost. We want to make sure that they feel cared for."

The BOSS program has been growing in USAG Stuttgart, so a new meeting place was deemed necessary.

"The Department of the Army just funded a Warrior Zone on Patch Barracks, situated in the newly renovated food court," Dunlap said. "There, our

members will be able to use the Internet, have access to different gaming systems, and enjoy a separate movie room."

"With the convenience of being located directly adjacent to the foot court all bases have been covered," he added.

The tentative opening date for the Warrior Zone is March 2011.

BOSS meets on the second and last Tuesday of each month at 3 p.m. in the current BOSS Lounge, located in Building 2331 on Patch Barracks. Meetings are open to all interested service members.

Garrison news is now available via e-mail. To sign up for news flashes and briefs, send an e-mail to stuttgartmedia@eur.army.mil, with the subject: "add me to your mailing list."



International Baptist Church of Stuttgart
 Services:
 Sunday 9:30 AM & 11:30 AM • Wednesday 6:30 PM
 Untere Waldplätze 38 • 70569 Stuttgart (Vaihingen)
 Phone: +49 711 687 43 65
 Fax: +49 711 678 80 26
 E-Mail: email@ibcstuttgart.de
 Web: www.ibcstuttgart.de

"Show Us Your Ink!"

The Citizen is looking for USAG Stuttgart community members with military-inspired tattoos who would like to be part of a photo essay on tattoos in a future issue of *The Citizen*.

Suggestive or inappropriate tattoos will not be considered.


To apply, e-mail stuttgartmedia@eur.army.mil, and describe why your tattoos are important to you. Please include your contact information.

Saint Catherine's Anglican Church




The Reverend Kenneth Dimmick, Vicar
 Office: (0711) 7878783
 Mobile: (0) 151-5798-9140
 Please check the website for service schedule.
www.stcatherines-stuttgart.de
 'English language worship for people from all nations.'

Bible Church of Stuttgart
Holding Forth the Word of Life Phil. 2:16



SERVICES:
 Sunday School 9:30 a.m.
 Fellowship Coffee 10:30 a.m.
 Sunday Morning Worship 11:00 a.m.
 Thursday Prayer Meeting 7:00 p.m.

Schockenriedstrasse 42 • 70565 Vaihingen



Victory Baptist Church
 Pastor M.E. Thornaley
 Independent, Fundamental, KJV
 Serving the U.S. Military & English speaking community of Stuttgart, Germany since 1998

Service Times:
 Sunday School:10 am
 Sunday Preaching:.....11 am
 Sunday Evening:.....6 pm
 Wednesday (Prayer & Bible Study):.....7 pm
 Children's Junior Church Sunday mornings
 Baptists at Home & Campuses for the Faith
 Children's Program (Monthly)
 Nursery provided each service

Breitwiesen Str. # 13
 70565 Stuttgart-Vaihingen
 Pastor's Phone: 0177-811-2696
 Church Phone: 0711-489-3548
 E-mail: baptist@pjsnet.de
<http://baptist-stuttgart.com>



BETHEL BAPTIST CHURCH
 MAKING MUCH OF JESUS

Independent Baptist Church Serving the Stuttgart area

Sunday School 10 a.m.
 Morning Worship 11 a.m.
 Sunday Evening Service 6 p.m.
 Wednesday Evening 7 p.m.
 (Prayer and Bible study)
 Children's Programs and Nursery Provided
 Meeting at Regerstrasse 19
 70195 Stuttgart-Botnang
 Tel: 07032-954314
 Missionary Pastor- Dr. Harold Pierce (serving our Military and surrounding communities since 1998)

Outdoor Rec can help prepare you for the slopes

Story & photo by Larry Reilly
Public Affairs Office

Although the winter snow may be weeks away, now is the time to prepare skis and snowboards for the slopes.

U.S. Army Garrison Stuttgart Outdoor Recreation can help.

“We can wax and edge skis as well as snowboards. It may take some work, but we can even get out those deep cuts,” said Bruce Zabukovic, a recreational assistant for USAG Stuttgart Outdoor Recreation. “We also mount boot bindings to skis and snowboards or make the needed adjustments to the bindings to ensure the boots fit properly and the release gauges are set to the correct weight and skiing ability.”

For those skiers who don’t own skis, but still want to hit the slopes this year, the Outdoor Recreation facility, run by the USAG Stuttgart Directorate of Family and Morale, Welfare and Recreation, rents out skis on a daily, weekend, weekly and seasonal basis.

“We have more than 200 pairs of skis and snowboards available for skiers of all ages for the upcoming ski season and we encourage people to stop by early to get fitted for their skis,” said Jenn Young, Outdoor Recreation program manager.

“People can rent skis each time they go to the slopes, but if they plan to ski more than four differ-

ent weekends and take a couple of day trips this year, they can save money by getting a seasonal rental,” Young said.

In addition to preparing and renting skis, the ODR also offers ski lessons and schedules ski trips.

“We will offer lessons and day trips to numerous locations in Germany, Austria and France, and each month we will offer four-day weekend trips to such locations as Chamonix, France and Dolomites, Italy,” Young said.

“When we book four-day ski trips, such as our Thanksgiving weekend to Zermatt, Switzerland, we take into consideration more than just skiing,” she added. “We book hotels in ski resort areas that offer shopping options, skating rinks, swimming pools and various other types of entertainment.”

For those who wish to venture to the ski areas on their own, the personnel at Outdoor Recreation can provide the equipment and more.

“We are pretty familiar with the popular skiing areas and can help provide customers with directions and points of interest at the ski areas they plan to visit,” Young said.

For more information on upcoming ski trips or to rent skiing equipment, visit the Outdoor Recreation office in Building 2953 on Panzer Kaserne, or call 431-2774/civ. 07031-15-2774.



Bruce Zabukovic, a recreational assistant for USAG Stuttgart Outdoor Recreation, waxes a snowboard in preparation for the upcoming ski season.

AL REAL ESTATES

Your partner for relocation and housing, welcomes you to Stuttgart!

- See us for high-end, valuable homes. Houses and apartments are equipped with lights, curtains and built-in kitchens.
- We guarantee you housing within 90 days.
- We speak English and have assisted Americans with housing for over 10 years.
- Our landlords accept military and civilian housing contracts.
- We gladly provide information on bus routes, schools and services in your new neighborhood.
- If you choose to use your living quarters allowance (LQA) to buy, we guide you through the financing process.
- We can sell the home or rent it for you when you leave Stuttgart, saving you the hassle and paperwork!
- Military members, civilians and contractors get 100% financing with no down payment, based on a payback plan with LQA.

**Don't throw away LQA!
Buy instead of renting!**

Consider this example: Your home has a value of EUR 250,000. You can rent it for EUR 1650 per month, or buy it.

Rent for three years:
EUR 59,400 gone!

Purchase: You receive financing for EUR 250,000 and pay it back at EUR 1650 per month. With interest of 3,7% p.a. and an eradication factor of 4,17%, payback time is about 17 years. If you move after three years, you owe EUR 216,953. Sell the house for the purchase price and you will make a profit of EUR 33,047!

Generally, homes increase in value 1,5% to 2% per year.

Talk to us today about turning your LQA into equity!



We are proud to serve our customers! Contact us today!

Phone: 070 31-8 1828 04

Fax: 070 31-65 44 25

E-mail:
info@al-realestates.com

Web: www.al-realestates.com



Help give every
baby
a healthy start



Wirtschaftswunder
1st Local Brewery in Sindelfingen

- Come try our 3 homemade beers
- Great local specialties to munch on
- Special atmosphere to please our American customers
- German hospitality at its best

Wirtschaftswunder Sindelfingen Tel: 07031-63 20 360
Pfarrwiesenallee 14 info@wirtschaftswunder-sindelfingen.de
71067 Sindelfingen www.wirtschaftswunder-sindelfingen.de



Apart Business Hotel & Airport Hotel Filderpost

1,5 km from Airport
10 km from Stuttgart

3-stars Comfort Hotels

- Corporate housing
- Short term housing

APART BUSINESS HOTEL GMBH
Schoellstraße 4-6 , 70599 Stuttgart-Plieningen
Fon: +49 711 4584 0 / Fax: +49 711 4584 333
E-Mail: services@filderpost.de
www.filderpost.de / www.apart-hotel.de

Halloween events

The U.S. Army Garrison Stuttgart command announced that Halloween trick-or-treating will be celebrated on Oct. 30 from 5-8 p.m.

The following Halloween events are open to authorized US ID cardholders and their guests.

- Children's Halloween Party at the Galaxy Bowling & Entertainment Center Oct. 30 from 2-4 p.m. All children in costume get to bowl one free game.

For more information, call 431-2575/civ. 07031-15-2575.

- Adult Halloween Costume Party Oct. 30 from 9 p.m. to midnight at the Irish Pub on Panzer Kaserne. Prizes will be awarded to the guest with the best costume.

For more information, call 431-2575/civ. 07031-15-2575.

EurOpen 2010 news

Patch High School will participate in the EurOpen 2010 debate competition Nov. 7-12, but will no longer host the event Nov. 7.

Come to Kelley Club Grand Opening

The Grand Opening of the Kelley Community Club will be on Oct. 28 from 5-7 p.m. Food samples will be included.

Retiree council seeks president

The U.S. Army Garrison Stuttgart Retiree Council is

looking for presidential candidates for a two-year term.

To learn more, e-mail paul.griffen@eur.army.mil.

Get your flu shot

The U.S. Army Health Clinic Stuttgart will provide flu shots to the community on the following dates:

- Böblingen Elementary/Middle School: Oct. 21 from 7:30 a.m. to 3 p.m.
- Patch High School: Oct. 22 and 26 from 1-3 p.m.
- Patch Elementary School: Oct. 25 from 8 a.m. to 3 p.m. and Oct. 26 from 8-11 a.m.
- Patch Fitness Center: Oct. 27, and Nov. 2, 9 and 16 from 8 a.m. to 3 p.m.
- Panzer PX: Oct. 29 and Nov. 3, 10 and 17 from 8 a.m. to 3 p.m.
- Kelley Fitness Center: Oct. 28 and Nov. 4, 12 and 18 from 8 a.m. to 3 p.m.
- Robinson Barracks Fitness Center: Nov. 1 and 8 from 8 a.m. to 3 p.m.

Estate claim

Anyone having any claims on or obligations to the estate of Staff Sgt. Lee C. Przytulski of C/1-10 SFG (A), should contact the summary court martial officer, Capt. Bradley R. Ritzel, at 431-2693/civ. 07031-15-2693.

Take free automobile safety training

The U.S. Army Garrison Stuttgart Safety Office is offering free practical automobile safety training courses at the ADAC site near Leonberg

on Oct. 28 and Nov. 4.

Nominations will be accepted on a first-come, first-serve basis by e-mail or fax only. To submit a nomination, provide a full name, unit, e-mail address and telephone number to usagstuttgart-safety@eur.army.mil or fax it to 431-3131/civ. 07031-15-3131.

VA/DTAP workshop scheduled

A Veterans Affairs/Disabled Transition Assistance Program briefing is scheduled for Nov. 2 from 8 a.m. to 3 p.m. in the Army Career and Alumni Program office, located in Building 2915 on Panzer Kaserne.

For more information, call ACAP at 431-2191/civ. 07031-15-2191.

Health clinic closed for Veterans Day

The U.S. Army Health Clinic Stuttgart will close in observance of Veterans Day Nov. 11.

Contact the Military Police in case of an emergency at civ. 0711-680-116. For immediate health care needs, contact the Nurse Advice Line at 00800-4759-2330.

Join Stuttgart Community Chorus

The Stuttgart Community Chorus will begin holding rehearsal on Saturday, Oct. 23, from 1-3 p.m. in the Panzer Chapel. The chorus is open to anyone (age 16

Garrison families tape holiday messages



Carola Meusel

"Price"less: The Price family (Parents Cassie and Lt. Col. Stephen with daughters Natalie and Vivian) records a television and radio holiday greeting for loved ones during the Joint Hometown News Service visit to U.S. Army Garrison Stuttgart Oct. 8.

and up) interested in singing or accompanying the chorus with an instrument. Weekday and evening rehearsals may be scheduled for those unable to attend Saturday rehearsals.

For more information, e-mail StuttgartChorus@hotmail.com.

Panzer DFAC closed for training

The Panzer Dining Facility will be closed Oct. 28-29 for unit training.

Red Cross classes

- CPR and First Aid Instructor Class Oct. 26-29, from 9 a.m. to 5 p.m., and Nov. 1-4, from 9 a.m. to 5 p.m. The cost is \$100, which includes materials.

- CPR/Adult, Child, Infant, and AED for Adult and Child and Standard First Aid Class Oct. 30, from 9 a.m. to 5 p.m. The cost is \$40, including materials.

- Two-day Babysitting/CPR Class for children ages 11 and older Nov. 4 from 4-6 p.m. and Nov. 5 from 8:30 a.m. to 4:30 p.m. The cost is \$40, including materials.

Register at the American Red Cross Office in Room 314, Building 2915, on Pan-

zer Kaserne.

For more information, call 431-2812/civ. 07031-15-2812.

Earn your MBA

It's not too late to join the Stuttgart MBA program in October and November. For more information, contact your field representative, Erin Lipton, at Erin.Lipton@Phoenix.edu.

Ice hockey club starts new season

The Stuttgart Military Community Eishockey Club's 2010-11 season is underway. Players ages 14 and up are invited to participate. For more information, contact the club at smchokey@ymail.com or civ. 0711-680-7511.

Brownie Troop selling cookbooks

Girls in Brownie Troop 291 are now selling copies of their own "Stuttgart Girl Scouts Family Cookbook" as part of a fundraising project. Cookbooks cost \$10. For more information, or to order a cookbook, e-mail Kelly Clark at novafan@gmail.com, or call 0151-4044-7611.

Send community-wide announcements to stuttgart-media@eur.army.mil.

Halloween safety

- For greater visibility to drivers, decorate costumes and sacks with reflective tape.
- Costumes should be short enough to prevent children from tripping or falling. Hats and scarfs should be tied securely to prevent them from slipping over children's eyes.
- Children should wear sturdy, fitted shoes.
- Young children should always be accompanied by an adult or an older, responsible child. All children should walk, not run from house to house and use the sidewalk.
- Drivers should be especially cautious and reduce speed in residential areas during trick-or-treating hours.

USAG STUTTGART

S A F E T Y

CORNER

Run 4 Life: *Stuttgart cancer*

Story & photos by **Brittany Carlson**
USAG Stuttgart Public Affairs Office

Cancer doesn't discriminate. Liz Cruickshank will attest to that.

She was a healthy, 39-year-old mother of three, preparing to move to U.S. Army Garrison Stuttgart, when she found out she had renal carcinoid cancer, a rare form of the deadly disease. The cancer was found "accidentally" during a routine check-up.

But instead of giving up on life, she came up with the idea to hold a relay event symbolizing the fight for life, similar to "Relay for Life" events in the United States.

Her vision became a reality Oct. 1, when she was able to host USAG Stuttgart's first "Run 4 Life," with help from the Panzer Contemporary Service Cancer Support Group and USAG Stuttgart Equal Employment Opportunity Office Special Emphasis Committee.

"This is not a sad event," she said. "It's a positive event. It's about fighting. I'm still fighting."

Hundreds of community members, including "cancer warriors" — those who have survived or are battling cancer — flocked to Patch Barracks' Husky Field that sunny autumn evening to run (and walk) around the track in support of cancer awareness.

"For a person who's fighting cancer, to see other people who have beat the disease ... it gives you hope that you have a chance of making it," she said, as she watched lines of people signing up for the event. "I'm, like, tingling right now."

The main goal of the event was to inform community members about how widespread and destructive cancer really is, Cruickshank said.

"It's about people understanding the prevalence of cancer [to] stand up to cancer, sharing information to find a cure, and getting support to find a cure," she said.

The Run 4 Life was held in conjunction with Disability Employment Awareness Month and themed "Cancer Doesn't Discriminate." According to the U.S. EEO Commission, cancer is considered a disability under the Americans with Disabilities Act of 1990 "when it or its side effects substantially limit(s) one or more of a person's major life activities."

This is not a sad event. It's a positive event. It's about fighting. I'm still fighting.

Liz Cruickshank
Cancer warrior



Cancer warriors Liz Cruickshank (from left), Alma Fowler, Dena Taylor and Kirstan Mathison lead the warrior lap at the Run 4 Life cancer awareness relay, held Oct. 1 on Husky Field. For more photos, visit www.flickr.com/photos/...

Patch High School cheerleaders dance to pop music during the pre-relay entertainment before the Run 4 Life on Husky Field.



Hundreds of community members, including Army and Air Force support teams, participated from 6 p.m. to midnight.

The relay lasted from 6 p.m. to midnight, designed for teams to stagger different individuals on the track throughout the evening, illustrating that people should always be on the alert to detect cancer early on.

"You have to be vigilant," Cruickshank said. "That's where the luminarias come in."

Luminarias are typically paper bags with candles in them, sometimes used for remembrance. In USAG Stuttgart's Run 4 Life, the "luminarias" were chem lights, wrapped with the names of community members' loved ones who have been affected by cancer. The lights were placed around Husky Field and lit during the first lap: the "Warrior Lap."

"The luminarias are a way to remember people who are currently cancer warriors and people who have passed, and to light the field for us — to be vigilant," Cruickshank said.

Having chem lights highlighted the fact that USAG Stuttgart is a military community, and emphasized the idea of being a cancer

warrior, she added.

Before the relay, many community organizations and volunteers provided entertainment for participants.

Youth in the Child, Youth and School Services School of Knowledge, Inspiration, Exploration and Skills program displayed their skills in Irish step dance, pop dancing and playing the guitar.

The Patch High School cheerleading squad also performed a routine and led runners in some stretches.

Tammy Krome, Patch Theater Manager, acted as master of ceremonies and succeeded in getting some cancer warriors to join the children in dancing on the field.

MaxFracas, a local band, provided music during the relay.

About 60 volunteers came to the event.

Stuttgart Girl Scout and Boy Scout troops, the American Red Cross, Army Wellness Center Stuttgart, the PHS cross country team

and many others set up tables to sell baked goods, hot coffee and other fare to the relay participants.

"I'm excited about the turnout out there," Cruickshank said.

One Girl Scout set up a table where participants could write cards to cancer warriors in a Washington, D.C. area. Cruickshank said she had her Girl Scout Silver Award project.

"I'm trying to focus on the community [writing the cards]," Cruickshank said. "It's important to have people who are needier than you are."

The pre-event entertainment provided some momentum before the event's opening. Cruickshank gave participants cause to be optimistic.

During the ceremony, Major Anthony M. Bryson, sergeant major, offered words of encouragement to the community cancer warriors. Cruickshank persistently fought the

military community relay salutes warriors, promotes awareness



...round the track during ...usagstuttgart.

...eds of community ...ers, and many U.S. ...Garrison Stuttgart ...units, came out to ...rt the Run 4 Life in ...Oct. 1. The relay ran ...p.m. to midnight.

...tents on Husky Field to ...ogs, chicken soup and ...participants.

...t all the support that's ...k said.

...p a stand where people ...children suffering with ...n, D.C. hospital, as part ...r Award project.

...s on kids in the com- ...ds]," said Jasmine Tap- ...nt ... to realize people ...re."

...ertainment and booths ...nts of lighthearted fun ...ning ceremony, which ...e to reflect.

...ony, Command Sgt. ...ant, garrison command ...ed his praise to com- ...s. "Many of you have ...e battle against cancer



McKenna Smith (left), 7, and Samara McGee, 7, follow along with some choreographed stretching, led by the Patch High School cheerleading team, before the Run 4 Life relay begins Oct. 1 on Husky Field.

Tammy Krome (left), MC for the Run 4 Life, comforts Alma Fowler, cancer warrior, as she reads a poem titled "Ask Me About My Scars."



Gwynne Klotzsche, 10, performs an Irish dance as part of a Child, Youth and School Services group for Run 4 Life pre-relay entertainment.



[Above] Joseph Viana (left) and Chris Hopkins perform original songs during the Run 4 Life pre-relay entertainment. Both are guitar students with Child, Youth and School Services' School of Knowledge, Inspiration, Exploration and Skills.

[Left] Cancer warrior Sandy Leshinsky (left) helps man the sign-up booth at the Run 4 Life event.

and I salute you for your courage," he said.

Alma Fowler, the Cancer Support Group founder, read a poem titled "Ask Me About My Scars," by former group member Mimi Langenderfer.

Cruikshank read some statistics, including the fact that cancer was the leading cause of death in 2010, surpassing heart disease.

However, she said, if participants only remembered one piece of information, it should be this: "Cancer does not discriminate. Cancer does not care what color your skin is, what car you drive, how old you are," she said.

Her words set the stage for the main event: the Warriors' Lap, which kicked off the relay. As the sun set, and chem lights were illuminated around the track, cancer warriors in special black t-shirts walked around the track. In the background, the Patch High School Choir's rendition of "You Raise Me Up" sounded from center stage.

Then, other teams joined in, building

the group to a huge column of people on the track.

A total of 28 teams participated in the relay, including U.S. Africa Command C4; Marine Corps Forces, Europe; Marine Corps Forces, Africa; Special Operations Command-Africa, SOC-Europe and Defense Information Systems Agency.

While the Run 4 Life was a non-profit event, some units chose to raise money in support of finding a cure for cancer. For example, Naval Special Warfare Unit 2 raised \$700, which it will donate to "Stand up to Cancer," Cruikshank said.

Other teams donated their time and support.

"We are here in full force to support cancer awareness because one of our PTA members is currently struggling with cancer," said Elizabeth Casciaro, a teacher at Böblingen Elementary/Middle School, who ran with the BEMS team.

Still others counted it a blessing to be on the track at all.

Brian Wiese, 28, walked in the Run 4 Life as one of the youngest cancer warriors on the track. He survived non-Hodgkins lymphoma when he was 17 years old, and a junior in high school.

He said he's living proof that cancer doesn't discriminate. "You can do everything, have a super healthy lifestyle, and it'll get you," he said. "It's a tough, really difficult thing to go through."

It's been 11 years for Wiese since his battle with cancer, and he said it was good to think about life again from the perspective of a survivor.

"It's good to get back into the mindset," he said. "It's humbling . . ."

"I feel like I've been lucky," he added, enjoying a couple of hot dogs and some fruit on the field after the first few laps. "I feel like we're all lucky."

SOCEUR sponsors international SOF exercise

By Master Sgt. Donald Sparks
SOCEUR Public Affairs

Jackal Stone 10, a multi-national special operations forces military exercise, concluded in Poland and Lithuania on Sept. 27, marking the third consecutive year of the capstone training event for U.S. Special Operations Command Europe.

More than 1,100 SOF members from Croatia, Latvia, Lithuania, Poland, Romania, Ukraine and the United States participated in the exercise, held Sept. 13 – 27, aimed at enhancing the capabilities and interoperability among the participating forces.

Each year, SOCEUR conducts Jackal Stone, the largest and most comprehensive annual SOF exercise within Europe, to provide special operations forces the opportunity to train together and build mutual respect, while sharing doctrinal concepts, training concepts and various skill sets.

SOCEUR personnel provided key logistic, operational, medical, aviation, personnel and public affairs staff support to the host nations and four other countries participating in the exercise.

Col. Duke Christie, SOCEUR J-3, said the command conducted the Jackal Stone exercise with a counterinsurgency (COIN) and ground level-developed intelligence scenario for the first time this year, simulating conditions in COIN environments such as Afghanistan.

“The lessons we learned in running this exercise will enable us to create an even better plan for training U.S. and partner nation Special Operations Forces to operate on the irregular but highly lethal battlefields in the future,” Christie said.

At the tactical level, SOF units conducted high-action fast rope insertion/exertion system training; naval visit, board, search and seizure training; helicopter aerial refueling; and both water drop and free fall parachute training to improve their skills.

But perhaps even more importantly, SOF operators perfected some of their lower profile skills, too. For example, they worked to uncover clues from walk-in informants and conduct key leader engagements (also known as K.L.E.s) with role players acting as local officials. Most of the intelligence information in the exercise was only available through contact with role players who represented the local population.

Perfecting these myriad skills allowed them to better conduct more complex, surgical direct action and special reconnaissance missions and gain situational awareness of the enemy, in order to determine the humanitarian needs of the populace and support the overall counterinsurgency operation.

Christie said the exercise is critically important as part of SOCEUR’s mission to develop SOF that meet NATO standards for interoperability, especially at the operational level, and that this year’s event provided a model for next year’s Jackal Stone exercise.

“It is the best venue possible for capstone training of SOF in combined environments, in particular for advanced staff training in the CJSOTF [Combined Joint Special Operations Task Force],” Christie said. “Jackal Stone 11 should be even better, with further development of COIN operations as well as better role player and Information Operations support at all levels.”

As for the benefits of partner nation SOF personnel who took part in the exercise, Christie shared comments from a conversation he had with an experienced allied nation SOF officer who played a critical role running current operations in the CJSOTF Joint Intelligence and Operations Center.

“This is the first U.S.-sponsored exercise I have



Staff Sgt. Shelia L. Sledge

Two Croatian Special Forces members conduct a “High Altitude-Low Opening” jump at an altitude of about 9,000 feet from a MC-130H Talon II during the Jackal Stone 10 exercise at 21st Airbase in Swidwin, Poland.



Pfc. Christopher A. Calvert



Master Sgt. Donald Sparks

[Above] The U.S. flag bearer stands in front of a multi-national formation of nearly 300 special operations members during the Jackal Stone 10 Opening Ceremony held at the 21st Tactical Airbase in Swidwin, Poland.

[Left] Members of the Lithuanian, Polish, and U.S. Special Operation Forces use Rigid-hulled Inflatable Boats to conduct training in Klaipeda, Lithuania during Jackal Stone 10.

been on where the Americans were not always out front,” the officer said.

Another experienced professional, observing the initial field training exercises, said “This CJSOTF could go to war and operate successfully right now.”

Reflecting on the successes of this year’s Jackal Stone 10 exercise, Christie was particularly proud of how the exercise participants will be able to take the skills they learned and apply them to ongoing and future coalition operations.

“Jackal Stone 10 was a tremendous success, not because SOCEUR sponsored it, but because all participating nations sent some of their very finest special operations and regular forces personnel to plan, coordinate, and conduct the exercise,” Christie said. “And, because our Polish and Lithuanian host countries displayed superb flexibility in every way, while supporting the training flawlessly.

“This fully combined and integrated exercise is more than just the application of a training methodology; it actually forms a framework for future coalition SOF operations.”



Tech. Sgt. Marelise Wood

Apararescueman from the 352nd Special Operations Group based at Royal Air Force Mildenhall, U.K., helps stabilize “patients” during a casualty evacuation scenario during the Jackal Stone 10 exercise at Swidwin, Poland.

National Domestic Violence Awareness Month

Military launches domestic violence awareness campaign

By Donna Miles

American Forces Press Service

The Defense Department is observing National Domestic Violence Awareness Month in October by reminding the military community about resources and programs to help in preventing or stopping domestic violence.

Already this month, U.S. Army Garrison Stuttgart Army Community Service has been promoting awareness through the Purple Ribbon Campaign (the purple ribbon is a national symbol for domestic violence awareness) and the national Silent Witness Campaign.

“Silent witnesses” are life-sized silhouettes of men, women and children that have been domestic abuse victims; the cut-outs are displayed, along with the victim’s stories and statistics about domestic violence, during the month of October. In USAG Stuttgart, these silent witnesses have been seen — along with representatives from ACS to answer questions — at the Panzer Main Exchange, Panzer Dining Facility and Patch Dining Facility.

Upcoming events for the month include self-defense classes for adults (ages 18 and up) in the Patch Fitness Center. On Oct. 27, a Hapkido-style class will be taught at 6 p.m. and on Oct. 28 a Krav Magra-style class will be taught at 7:30 p.m.

The classes are physical self-defense classes, combined with assertive communication training and other prevention techniques, according to Mariana Graupmann, USAG Stuttgart Victim Advocate Coordinator.

President Barack Obama issued a National Domestic Violence Awareness Month proclamation Oct. 1, emphasizing the U.S. government’s commitment to reducing its prevalence, supporting victims and bringing offenders to justice.

“Ending domestic violence requires a collaborative effort involving every part of society,” he wrote. “This month — and throughout the year — let each of us resolve to be vigilant in recognizing

“Ending domestic violence requires a collaborative effort involving every part of society.”

Barack Obama

United States President
(in the National Domestic Violence Awareness Month proclamation)



Help prevent, end domestic violence

- Teach young people that violence is not acceptable.
- Promote general domestic violence awareness by talking to your friends and family about this issue.
- Offer support and understanding — not judgment — to a friend or family member that you may be concerned about.
- Support your friends and family by informing them of resources that can help them if they are experiencing relationship problems.
- Become active in domestic violence prevention activities on your installation or in your local community.
- Report to law enforcement or your local family advocacy program if you suspect abuse.
- To contact the U.S. Army Garrison Stuttgart Victim Advocate Coordinator, Mariana Graupmann, call 431-3342/civ. 07031-15-3342.

and combating domestic violence in our communities, and let us build a culture of safety and support for all those affected.”

Domestic violence is a national problem that cuts across socioeconomic, age, gender, ethnic, racial and cultural lines. National statistics reveal that it affects more than four million people a year, with almost 17,000 of them murdered by an intimate partner and an estimated 2,000 children dying at the hands of a caregiver.

The FBI reports that people are more likely to be assaulted in their own homes by someone they know and trust than on the street by a stranger. Typically, the injuries are more devastating.

But domestic violence isn’t always physical, officials emphasized. It can be more subtle: emotional, psychological or economic. Regardless of its form, it hurts individuals, ruins families and weakens communities.

The military faces the same challenges as society at large, particularly in light of the high operational tempo and the strain it puts on service members as well as their families. Defense Secretary Robert M. Gates acknowledged these stresses during a lecture at Duke University Sept. 29.

“As a result of the multiple deployments and hardships associated with Afghanistan and Iraq, large swaths of the

military — especially our ground combat forces and their families — are under extraordinary stress,” Gates said.

This comes with consequences, the secretary said, including “more anxiety and disruption inflicted on children, increased domestic strife and a corresponding rising divorce rate — which in the case of Army enlisted has nearly doubled since the wars began — and, most tragically, a growing number of suicides.”

The Defense Department has added muscle to its programs addressing all these issues, including domestic violence. This month, it’s stepping up its outreach to remind the military community about programs in place to prevent domestic violence and to ensure people know where to turn if they experience or witness it.

Installation family support centers offer a wide variety of programs and classes for military members and their families, and Military OneSource and Military Homefront provide online access to information and resources, officials noted.

In addition, the family advocacy program is responsible for addressing violence in military families through prevention, early identification, intervention, victim support and treatment for abusers. The program’s staff members work with commanders, military law

“Increased domestic strife and a corresponding rising divorce rate ... in the case of Army enlisted has nearly doubled since the wars began.”

Robert M. Gates
Defense Secretary

enforcement personnel, medical staff and family center staffers and chaplains, as well as civilian agencies, to provide a coordinated response to domestic abuse.

To protect those who might otherwise not file a report, the family advocacy program allows people to submit a “restricted report,” officials explained, to report domestic abuse by a service member without initiating law enforcement, or command notification or investigation.

Editor’s Note: Brittany Carlson, USAG Stuttgart Public Affairs Office, contributed to this story.

Discover horseback riding in Germany

English-language classes, 'horse whispering' offered locally

By Nicole Karsch-Meibom
Special to The Citizen

Winston Churchill once said, "No hour of life is wasted that is spent in the saddle."

It's a phrase that many children and adults have found to be true when they discover the world on horseback.

For those who haven't yet tried horseback riding, but would like to, the Stuttgart area provides many opportunities.

Horseback riding is a very popular sport in Germany; there are more than three million riders in the country. In addition, there are some 7,300 riding clubs, as well as a large number of pony rides and horse farms.

"It is a great sport and what makes it so special is the fact that you work with living creatures. So, every day you learn something new," said Thomas Michel, a professional rider for 40 years and manager of the riding club in Böblingen.

First-time riders may want to visit the Sonnenhof, near Pattonville. It offers a wide range of special courses, like "Pony Cuddling." The address is Sonnenhof 1, Stuttgart. For more information, call 0711-50-74620, or visit www.dersonnenhof.com.

Another option is the Ponyhof Müller, which owns 40 ponies of all sizes. The farm opens for visitors each Sunday at Stuttgarter Straße 103 in Ostfildern. For more information, call 0711-24-88722, or visit www.ponyhofmueller.com.

For more serious riding lessons,



Messe Stuttgart

A rider and her horse perform a dressage routine during one of the annual "Pferd Stuttgart" trade fairs at the Messe Stuttgart.

many local riding clubs are available. Usually, patrons have to pay a one-time admission fee as well as annual club fees. Lessons range from €18-30 for adults, but clubs offer bargain passes for 10 lessons. In addition, members are expected to donate several hours of volunteer work.

There is not a set dress code for riding horses, but there are a few rules of thumb.

"To start with riding, a pair of jeans and some solid shoes will do," Michel said. "But, wearing a safety helmet is mandatory."

Local facilities

Several riding facilities are located close to Stuttgart military community installations.

The Reit- und Fahrverein in

Böblingen offers lessons in English. It is located at Tiergartenstraße 4, Böblingen. For more information, call 07031-27-2657, or visit www.reitverein-boeblingen.de.

The Stuttgarter Reit- und Fahrverein, near Feuerbach, offers a trial period, but beginners must sign up on a waiting list. It is located at Am Kräherwald 110, Stuttgart. For more information, call 0711-25-73162, or visit www.stuttgarter-reit-und-fahrverein.de.

Reit- und Fahrverein Schönbuch, near Panzer Kaserne, also offers group pony lessons for children ages 5 and older, and "Mother and Child Riding." It is located at Tübinger Str. 112, in Holzgerlingen. For more information, call 0177-55-51180, or visit www.rvs-holzgerlingen.de.

Instructor Ina Schick has many American students at the At Reitstall Wolfhof, located at Steinenbronner Str. 91, in Schönaich. Admission is free. For more information, call 0176-66-678803, or visit www.wolfhof-schoenaich.de.

Visit 'horse whisperer'

For a different approach to riding, visit Lisa Peters, a "horse whisperer" located in Stuttgart-Feuerbach, at Grünwaldstr. 70. Peters teaches how to train horses by using treats instead of penalties.

"Horses are gentle, kind animals. If you understand how to become accepted as their leader, they will do what you want," she said.

For more information, call 0711-50-00202, or visit www.pferde.24-hs.de.

For observers

Those who prefer to stay out of the saddle can watch elite riders compete at the 26th International Equestrian Tournament, "Stuttgart German Masters," Nov. 17-21 at Mercedesstrasse 50 in Stuttgart. Top riders from all over the world will compete in dressage, jumping, vaulting and team driving.

For more information, visit www.stuttgart-german-masters.de.

In addition, horse lovers of all ages can learn about these animals at the "Pferd Stuttgart" trade fair for horses and riding at the Messe Stuttgart, next to the airport. The fair will run from Oct. 22-24, and will be open daily from 9 a.m. to 6 p.m.

For more information, call 0711-18560-0, or visit www.messe-stuttgart.de/pferd.

Stuttgart Nacht takes visitors on local journey Oct. 23

By Carola Meusel

USAG Stuttgart Public Affairs Office

You don't need to have a date to enjoy a night out in downtown Stuttgart.

The annual "Stuttgart Nacht" (Stuttgart Night) promises an eventful evening, including a multitude of cultural activities in the city.

This year's Stuttgart Nacht begins at 7 p.m. on Saturday, Oct. 23, and lasts until 2 a.m. Oct. 24.

The program includes more than 70 events, located in and around downtown Stuttgart, such as theater productions, guided city tours, concerts, exhibitions, lectures, movies, dancing and various parties in popular clubs.

"This night focuses on Stuttgart's diverse cultural life," said Maria Melber, event organizer.

Tickets cost €15 and include transportation, along with admission into every location. Shuttle buses run all night from the Stuttgart Stadtmitte (Rotebühlplatz), Siegle-Haus and Hauptbahnhof (main train station).

This year, the musical highlights range from a jazz concert at the Jazzclub & Bar Kiste (Hauptstätter

Strasse 35) and a "Balkan-Night" with Electro-Folk-Pop and Balkan-Reggae-Punk at the Laboratorium (Wagenburgstrasse 147) to classical music at the International Bachakademie Stuttgart (Johann-Sebastian-Bach-Platz).

"The concept of Stuttgart Nacht is to provide a colorful program, which gives all visitors the chance to pick and choose from a variety of different events," Melber said.

"Some of the locations are only accessible during Stuttgart Nacht," she added.

One example is the Klinikum Stuttgart (hospital) in Stuttgart Mitte, currently the largest hospital construction site in Germany. Visitors will be able to tour the construction site exclusively during Stuttgart Nacht.

For the first time, the Pragfriedhof, one of Stuttgart's largest cemeteries, dating back to 1873, will offer a special program, including a guided tour, a Gospel concert and a lecture and performance on the Mexican

"Dia de los Muertos" (Day of the Dead).

Baden-Württemberg's State Parliament in downtown Stuttgart will also open its doors for the public, with modern jazz concerts, art and comedy.

"It's going to be an exciting night," Melber said.

Stuttgart's energizing night life promises patrons a multi-faceted evening out and might motivate them to plan many more.

For more information, or to purchase tickets, visit www.stuttgartnacht.de or call 0711-6015-444. Tickets can also be purchased during the event.



What's happening in FMWR

Halloween costume help available

Need help creating a Halloween costume? A costume "Question and Answer" session is scheduled for Oct. 23 from noon to 3 p.m. at the Patch Multi-Crafts Center.

Bring a partially-finished costume for hands-on help from the experts.

For more information, call 430-5270/civ. 0711-680-5270.

Meet board game designer Phil Eklund

Meet board game designer Phil Eklund Oct. 23 from noon to 4:30 p.m. at the Patch Library. Eklund works for Sierra Madre Games and will lead a free discussion about designing and publishing board games, followed by a demonstration of his newest release, High Frontier.

For more information, call 430-4454/civ. 0711-680-2256.

Register for CYS Services winter sports

Register for Child, Youth and School Services winter sports now through Nov. 12. Sign up for basketball (ages 3-15), cheerlead-

ing (ages 4-15) and wrestling (ages 6-14). Participants must be enrolled with CYS Services with a valid physical through March 15, 2011.

For more information, call 430-7480/civ. 0711-680-7480.

Improve your running

A Running Technique Clinic will be held every third Wednesday of each month at Patch Fitness Center. Clinics are 11:15 a.m. to 12:45 p.m. or 4:15-5:45 p.m. The cost is \$20. The clinic is suitable for all skill levels.

For more information, call 430-7136/civ. 0711-680-7136.

Get ready for life after high school

The "R U Ready for Life After High School" program, sponsored by the USAG Stuttgart School Liaison Office, will host a workshop Oct. 26 from 11-11:30 a.m. in the Patch Theater on the tools necessary for life after high school. High school students and parents are welcome.

For more information, call 430-7465/civ. 0711-680-7465.

For MWR updates, e-mail mwrmarketing@eur.army.mil.

photos.com



Coming to Patch Theater

Oct. 21 — Step Up 3D* (PG-13) 6 p.m.

Oct. 22 — Eat, Pray, Love (PG-13) 6 p.m., Red (PG-13) 9 p.m.

Oct. 23 — FMWR Comedy Night LIVE: Bengt Washburn at 8 p.m. and Dave Goldstein at 9 p.m. For free tickets in advance, visit www.stuttgartmwr.com.

Oct. 24 — Nanny McPhee Returns (PG) 2 p.m., Scott Pilgrim vs. The World (PG-13) 4 p.m., Eat, Pray, Love (PG-13) 7 p.m.

Oct. 25 — Red (PG-13) 6 p.m.

Oct. 26 — Scott Pilgrim vs. The World (PG-13) 6 p.m.

Oct. 27 — Eat, Pray, Love (PG-13) 6 p.m.

Oct. 28 — The Switch (PG-13) 6 p.m.

Oct. 29 — Nanny McPhee Returns (PG) 6 p.m., Hereafter (PG-13) 9 p.m.

Oct. 30 — Nanny McPhee Returns (PG) 4 p.m., Lottery Ticket (PG-13) 7 p.m., Hereafter (PG-13) 9 p.m.

Oct. 31 — Nanny McPhee Returns (PG) 2 p.m., Lottery Ticket (PG-13) 4



Summit Entertainment

p.m., Hereafter (PG-13) 7 p.m.

Nov. 1 — Hereafter (PG-13) 6 p.m.

Nov. 2 — Lottery Ticket (PG-13) 6 p.m.

Nov. 3 — Vampires Suck (PG-13) 6 p.m.

*"Step Up 3D" will be shown in 2D at AAFES theaters.

Family & MWR Featured Events

www.stuttgartmwr.com



CULTURE

THE SECRET LIFE OF GIRLS

A drama by Linda Daugherty, directed by Barb Heidt

Oct. 22 & 23 7:30 p.m.

Oct. 29 1 p.m. Oct. 30 3 p.m.

Stuttgart Theatre Center on Kelley

PHOTOGRAPHY CONTEST

Stuttgart Photography Contest

Submission deadline: October 31

Patch Arts & Crafts Center

To book Theatre tickets call:

DSN 421 2825, CIV 0711 729 2825

For more information about the Photo Contest call:

DSN 430 5270, CIV 0711 680 5270



ENTERTAINMENT

COMEDY NIGHT

Join Stuttgart's favorite stand-up comedian, Bengt Washburn

November 6

Saturday 8 p.m. RB Club

DAVE GOLDSTEIN COMEDY

Stand-up Comedy

October 23

Saturday 8 p.m. AAFES Theater on Patch

Both shows are appropriate for 18 years and older.

For more information call:

DSN 430 2110, CIV 0711 680 2110



HALLOWEEN

KIDS COSTUME PARTY

Free game of bowling and shoe rental for kids in costume

October 30 Saturday 2-4 p.m.

Galaxy Bowling & Entertainment Center

PARTY WITH A COSTUME CONTEST

Adult Costume Party

October 30

Saturday 8 p.m. - 12 a.m.

Irish Pub (in Galaxy Bowling Center)

For more information call:

DSN 421 3154, CIV 0711 729 3154



Tackle football now open to ages 9-14

By Tanya Fogg Young
Special to The Citizen

The Stuttgart Cowboys tackle football team, in its inaugural season, has a 5-0 record and is focused on walking away as victors in the championship game in Bamberg Nov. 13.

With a 21-player roster of boys between the ages of 12-14 — some playing tackle football for the first time, the Cowboys have handily beaten teams from other military communities that have well-established programs.

U.S. Army Garrison Stuttgart Child, Youth and School Services now sponsors two tackle football teams: the Cowboys and Texans (for boys ages 9-12).

The Cowboys have remaining games on Oct. 23 and 30. The playoffs will be Nov. 6 and the championship game will be in Bamberg Nov. 13.

“We started the season playing two of the toughest teams: Mannheim and Heidelberg,” said Jeff Kaczmarek, 13, Cowboys quarterback and an 8th-grader at Robinson Barracks Elementary/Middle School. “I think people thought it was going to be an easy game with Stuttgart on the schedule, since we are a new team. Now, I think there’s definitely more fear of us.”

Cowboys head coach Kenneth McDaniel, buoyed by the team’s success, said that providing an opportunity for youngsters here to play tackle football is paramount.

“The kids need this developmental stage now before reaching high school,” said McDaniel, whose sons Akeem, 14, a Patch High freshman and Ahmad, 12, a RBEMS 7th-grader, play for the Cowboys. “I love flag football, coached it for 10 years and won championships, but the contact of tackle [football] can’t

be duplicated.”

With equipment and uniforms on loan from the Heidelberg CYS Services, the two teams practice on a field at Robinson Barracks three days a week for one and a half hours each day.

Parents carpool and drive the players to all of the Saturday games — none of which are played in Stuttgart.

The efforts are well worthwhile for the parents and coaches, including Tederail Walker II, head coach of the younger Stuttgart Texans football team. Walker coaches a 20-player roster of boys, some of whom have never played any type of football before.

“If our kids are trying to get scholarships later on, they have to learn football fundamentals,” Walker said. “You can’t wait until [age] 14 or 15 to finally put on pads and tackle or until 9th grade to learn blocking schemes.”

While the younger Stuttgart Texans, with a 1-3 record, haven’t fared as well as the Cowboys, Walker’s son Jahaad, 9, is still excited about his first season playing tackle football.

“At first, I was kind of scared to tackle at practice, but it felt good tackling somebody in a game,” the RBEMS 3rd-grader said. “I want to keep playing.”

Adam McDermott’s sons Adam Jr., 12, an RBEMS 7th-grader, plays for the Cowboys, and Aiden, 9, a Patch Elementary 3rd-grader, plays for the Texans.

“I hope there is a future for it,” McDermott said of the tackle football program. “I look at the great teams and great program we’ve got and the coaches doing such an outstanding job and I hope it will continue.”

McDaniel also hopes the program will be offered in years to come, and encourages the Cowboys to make the most of their time on the team.

“I tell them this opportunity is not just theirs but also for those kids who wanted to play but couldn’t and those who want to play next year,” he said.



Anya Kaczmarek

Jeffrey Kaczmarek (#11) runs the ball for the USAG Stuttgart Cowboys, followed closely by Mannheim players, during a game in Mannheim on Sept. 11.

SPORTS SHORTS

Pumpkin Run set for Oct. 30

The 2010 Great Pumpkin Run, sponsored by U.S. Army Garrison Stuttgart Family and Morale, Welfare and Recreation, will be held Oct. 30 at Husky Field on Patch Barracks. Both the 5K and 10K races will start at 9 a.m.

Participants must be age 6 or older for the 5K, and 15 years old or older for the 10K. No entries will be accepted after Oct. 24.

For more information, call 430-7136/civ. 0711-680-7136.

Baseball clinic

Stuttgart American Little League will host a baseball clinic Nov. 11-14 for youths from 12-18 years of age. If there is sufficient interest, a baseball clinic for children under 12 and a softball clinic may be offered.

For exact times, cost and more information, contact Larry Tannenbaum at tannenbl.ctr@eucom.mil.

3 on 3 basketball tourney on Nov. 6

U.S. Army Garrison Stuttgart Sports and Fitness will host a 3 on 3 basketball tournament Nov. 6 at the Patch Fitness Center. Registration is limited to the first 16 teams (maximum number of players on each team is five).

There is no registration fee, but teams must sign up by Oct. 29.

For more information, call 430-4512/civ. 0711-680-4512.

STUTTGART
realtors

HOMES FOR RENT
www.stuttgartrealtors.com
Contact 0179- 39 36 835

HOMES 4 YOU
Invest your LQA, BAH, OHA
NO money down
www.homes4-you.com
phone: +49 (0)1803 - 33 39 06

INVEST IN YOUR FUTURE

- Use your LQA/OHA/BAH to purchase your home in Germany
- Individual planning
- Available to servicemembers, government civilians and contractors
- Financing available Germany wide with 0% down
- Property acquisition in Kaiserslautern, Wiesbaden, Mainz, Mannheim, Heidelberg and Stuttgart



martin.sattelberger@mlp.de
Tel: 06 21 - 15 03 00 58

Immobilien-Büro Gaißert

Inhaber: Peter und Anja Wilke



HOMES FOR RENT
honest~reliable~competent

WWW.IBG-GAISSERT.DE

Hauptstr.72
71093 Weil im Schönbuch
Telefon 07157-61273
Fax: 07157-66339
ibg.gaiSSERT@t-online.de

YES

We've been making loans of up to \$10,000 to active duty military for over 60 years.



“We love to say yes”®

Click today... cash tomorrow® www.militaryloans.com

MAKE-A-WISH.

wish.org

Share the Power of a Wish®

Joeda, 18
I wish to be in the Coast Guard



A CHC participant, provided as a public service.

To see more community photos, visit www.flickr.com/photos/usagstuttgart.

NICKEL
US & GERMAN ATTORNEYS
 US & German Divorces • Support Issues • Wills and Probate
 Employment • Personal Injury • Contractor Issues • Tax
CALL 069-299-2069-0
 OR email: maiss@nickelonline.de

luz Tire Service & Motorbikes



Glockenblumenstr. 3
 70563 Stuttgart
 Tel.: 07 11-73 15 70
 E-Mail: info@luz-reifendienst.de
 Web: www.luz-reifendienst.de
 Hours: Mon - Fri: 8 a.m. - 12 p.m. / 1 - 6 p.m.
 Sat: 8:30 a.m. - 1 p.m.

Wanna drive a **600hp Porsche** or a open wheel formula car?



SPORTSCAR EVENTS

Sportscar events offer you the ultimate challenge to sit behind the wheel of these stunning racecars on the formula one circuit of Hockenheim, near Heidelberg. Instructors will guide you through the world of speed and racing. Enjoy your race day! Limited places available.

Call 0 70 31/8 18 28 03
 or email us: info@sportscar-events.de
 VAT Forms accepted! Americans welcome - we speak English!

SALES REPRESENTATIVE

AdvantiPro is looking for a **SALES REPRESENTATIVE** in the Stuttgart area.

Are you outgoing, familiar with the area, speak German & English, have basic computer skills, own a car and a cell phone and like to work independently? If you also have sales experience, we want to hear from you!


Submit your resume by email to: John@advantipro.de
 Or by mail to:
AdvantiPro GmbH • John Thompson
 Europaallee 3 • 67657 Kaiserslautern

JOB



AdvantiPro

www.advantipro.de



University of Opportunity





Since 1965, Colorado Technical University has been the university of choice for career-motivated students. Today, we have over 32,000 students in a wide range of Undergraduate and Graduate programs.

- Regionally accredited institution of higher learning
- Respected military affiliations & awards – DANTES, SOC member, GoArmyEd, GI Jobs and MAE
- Advanced and emerging technologies, such as our award winning* Virtual Campus, allows you the freedom and flexibility to access coursework and live class sessions around the clock – no matter where you live or serve
- Military Support Team – Trained to assist with Education Benefits, Prior Learning Assessment, Military Enrollment and more

Chat live with an advisor 24/7

coloradotech.edu/overseas

CTU OFFERS 100% ONLINE DEGREE PROGRAMS



Colorado Technical University™

On Campus. Online. Anywhere. Anytime.

Colorado Springs, CO | Denver, CO
 Pueblo, CO | Sioux Falls, SD

*CTU's Virtual Campus was recognized as "Best of the Best" in the Education and Academia category of the 2009 Computerworld Honors Program.
 Colorado Technical University is accredited by the Higher Learning Commission and a member of the North Central Association (30 North LaSalle Street, Suite 2400, Chicago, Illinois 60602-2504) www.ncahigherlearningcommission.org. Programs vary by campus and degree level. CTU does not guarantee employment or salary. CEC2373693 131-25492 09/10



Classified World

www.class-world.eu



PRIVATE ADS ARE FREE!

RATES FOR COMMERCIAL ADS ARE VERY REASONABLY PRICED!

Other ways to place an ad: 1. Phone: **0631 • 30 33 55 31** | 2. Fax: **0631 • 30 33 55 35** | 3. In Person: **AdvantiPro GmbH, Europaallee 3, 67657 Kaiserslautern**
AdvantiPro GmbH takes no responsibility or liability whatsoever for any of the products and services advertised in the Citizen. Readers are responsible for checking the prices, qualifications, warranty and any other factor that might help you decide whether to do business with an individual or company advertising herein.

HOUSES FOR RENT

All ads & pics can be viewed @ www.class-world.eu

AUTOS

All ads & pics can be viewed @ www.class-world.eu

MOTORCYCLES

All ads & pics can be viewed @ www.class-world.eu

ANNOUNCEMENTS

All ads & pics can be viewed @ www.class-world.eu

Row house Stuttgart-Killesberg. 15 min Patch, 5min RB, 15min Kelley and 5min Stuttgart Hauptbahnhof. 4BR, 2.5baths, lrg back yard, 150sqm w/BIK w/granite

1999 Mercedes C180 Station Wagon. German Spec, 70100 km, ~43500 miles. Excellent Mech. Cond. Many extras! Inspection complete. \$8800. 0163-590-2215! 2000€ +util 0176-47081841

1999, Honda Accord, VIN: \$3,500 1HGCG6651XA130020, Mileage: 76528. Transmission: Automatic (crosekolly@yahoo.com)

2010 BMW 335i, 11K mls, blue-water met, blk buffalo leather, fully loaded w/ Premium Package& GPS. \$39,5K 0173/6668083

I am looking for a used Toyota 4runner, or Nissan Xterra with around 30-60k miles 2004 or newer 0151-23567017

Mini Cooper Convertible '06, \$16,750, US Specs, 24K easy miles; Excellent Condition; manual trans; English Racing Green, black power top; Harmon Kardon CD-stereo; new front tires; Chrome package & Climate package, heated seats 06371-8020-103; 0151-2130-9917; cjhebner@yahoo.com

We Tow Cars For Free - we buy all cars even damaged and non-op cars. "Licensed". Help with Customs and Veh Reg paperwork Call anytime 0163-556-3333

2003 Road King Police 100th Anniversary 31,474 miles Custom Paint new tires \$11,500 Negotiable Call Rob@ 0173-7468598 dasmiffs90@hotmail.com

2009 Ducati 848 (Euro Spec) White, 1,547 mi., aftermarket exhaust and fuel control system. PCSing, \$12,000 obo. +49-171-680-6217/dbdestef@hotmail.com

Kawasaki Ninja EX250F7F, Year 2007, Black, Excellent Condition with very few miles, 2.500 Dollars obo. Call 0170/5502670

New Club Forming - if you are interested in joining a fun group and meeting interesting people from a variety of backgrounds and interests then LNO (ladies night out) Stuttgart is for you...what we do is meet once a month for dinner and conversation at a different restaurant ...we share interesting stories and laugh...on occasion we will do a tour in conjunction with dinner...if you are interested in joining...please send an e-mail to Isabel at Inostuttgart@yahoo.com, our first outing will be in January.

The fun and easy way to sell your items: www.class-world.eu

Stokes Agency...

All Your Insurance Needs In One Office

- Loans up to \$10,000 •
- Take a Vacation / Buy a used car •
- Fly Home! •

Kurmarkerstr. 30
70569 Stuttgart - Vaihingen
Tel: 0711-6873096 • Back gate of Patch

The Citizen is a family newspaper. Ads that advertise products or services related to illicit activities will be removed by AdvantiPro Quality Control personnel, and they will not be put in print.

europe.WSJ.com

New ambition.
New investment.
New editor.
New columnists.
New features.
New look.
New edge.

World economies are changing. Politics is changing. The environment is changing. Leadership is changing. Business is changing. Media is changing. In a world of change, you need to stay in touch, you need to know who to trust. The Wall Street Journal Europe is changing to better leverage the global resources of News Corporation, to be more accessible, to be more influential, to be more entertaining, to be more helpful, to be the voice of global business in Europe.

Subscribe now to receive up to 60% off the cover price. Simply call +44(0) 207 309 7799 or visit www.services.wsje.com/aw09 and quote code AAPAK074AN.

THE WALL STREET JOURNAL.

EUROPE

NEWS FOR NEWS MAKERS

FOR SALE -- MISC

All ads & pics can be viewed @ www.class-world.eu

2 Twin Beds. Brand new mattress and bedding. Used wood headboards & frames. Vaihingen \$1000. OBO 015112495924 970-399-7355

AFN / PowerVu Receiver - American Forces Network Hi - I am looking for a PowerVu receiver with valid subscription. (with valid authorization for afn tv)if you or someone else can help me then please let me know ptech@gmx.co.uk or icq 430974952

Double bed w/ headboard / footboard. Two mattresses. Linens included. Available now for pick up. \$85 Kevin/Barbara 0711.75857105 sadami@cox.net

Fitz & Floyd Signature Coll Cookie Jar, Halloween Witch w/ Cat, retired. In the box. \$230 0711-729-2402 or 421-2402 martin.kahn@gsa.gov

Hi - I am looking for a PowerVu receiver with valid subscription.if you or someone else can help me then please let me know ptech@gmx.co.uk or icq430974952

Ladie's bicycle blue in color, multi-geared. Available now for pick up \$125 Kevin/Barbara sademi@cox.net 0711.75857105

PCS: SpongeBob Bouncer (Inflatable) 8x8 feet w/ auto air 45 sec. Max weight 200lbs. US: 120 Volts \$100.00 or OBO. Email: martinez200811@yahoo.com

PCSing - printer: Brother MFC-5100C Color Fax, Printer, Scanner, Copier, PC Fax. \$20.00 Contact Email: Thomas0765@googlemail.com

Sponge Bob Inflatable Bouncer 100.00 or OBO. This is 120Volts. Call: 0711-2070-8813 or 0711-680-2955. Email: thomas0765@gmail.com

PETS
All ads & pics can be viewed @ www.class-world.eu

2 female rabbits with cages free to good home. You can take one or both. Please contact me for pics or more info at mistysteffens@yahoo.com

Dino is a 9-month old rescued pup looking for a home. He already had to go through some tough times in his young life. espositorita@hotmail.com

Doby is a rescued 1-year-old pup. He loves running and playing soccer. He is looking for a family. Please help him! espositorita@hotmail.com

WANTED

All ads & pics can be viewed @ www.class-world.eu

AFN / PowerVu Receiver - American Forces Network Hi - I am looking for a PowerVu receiver with valid subscription. (with valid authorization for afn tv)if you or someone else can help me then please let me know ptech@gmx.co.uk or icq 430974952

Hi - I am looking for a PowerVu receiver with valid subscription.if you or someone else can help me then please let me know ptech@gmx.co.uk or icq430974952

Pet sitter needed for my 50lb dog. I will be traveling on 12/13- 1/06. He is house trained. Will pay \$350. Call 01607850727

We are looking for someone to pick up our daughter from kindergarten @ 3 daily in Vaihingen. Email info@bottlelink.com for more info.

JOBS

All ads & pics can be viewed @ www.class-world.eu

Civil engineer mngr seeking job. Speaks English & Italian fluently. Master's, security clearance & 6+yrs exp. (0)1746234189 / amandamccarty1981@gmail.com

Read your newspaper online!

Visit: www.stuttgartcitizen.com

THIS ADVERTISING SPACE COULD BE YOURS!

Stokes Agency...
All Your Insurance Needs In One Office

- Auto Insurance
- American Companies
- Renters Ins.
- Financial Planning
- All types of Life Insurance
- Loans- Up to \$10,000

Kurmarkerstr. 30
70569 Stuttgart-Vaihingen
Tel: 0711-6873096 • E-mail: stokesagency@yahoo.com

Your full service provider for

- remodelling • painting • gardening • moving • any kind of relocating assistance

 Stuckateurgeschäft Lutz GmbH • Fon 07031/655756
info@lutzstuckateur.de • www.lutzstuckateur.de

 **Dr. Peterson**
K-Town: 0631.89 29 122
Heidelberg: 06221.65 73 36
www.dr-peterson.com

19% off with VAT form
LIPOSUCTION
2,199,- €

Offer valid SEPTEMBER - OCTOBER 2010
ALSO BREAST LIFTING . FOLDS . BOTOX . MEN'S CHEST...
FREE CONSULTATION

 **Kashmir**
Authentic Indian Cuisine

Leonbergerstr. 97 (2nd floor)
71229 Leonberg
Tel: 07152-903232
www.kashmir-restaurant.de
info@kashmir-restaurant.de

Opening hours:
daily 12:00-14:30
17:30-23:00

- Lunch Special (Mon - Fri) •
- Tandoori & Curry Special •
- Party & Catering Service • Take away •

FALL 2010

EVERY MONDAY
BIDDY'S TRIVIA QUIZ NIGHT

EVERY TUESDAY
TEXAS HOLD'EM POKER

EVERY WEDNESDAY
KARAOKE PARTY

EVERY THURSDAY
LONG ISLAND ICE TEA NIGHT

EVERY FRIDAY
LIVE DJ

EVERY SUNDAY
SUPER GUINNESS SUNDAY

BIDDY EARLY'S IRISH PUB
Marienstr. 28 | 70178 Stuttgart
Phone: 0711-6 15 95 83 | Biddyyearlys.com



Classified World
Your online classified ad portal

1. Post your ad – you can SEE IT ONLINE IMMEDIATELY!
2. Your ad will ALSO be IN PRINT (on a space available basis)!
3. Your ad will ALSO be SEEN by readers in K-TOWN, WIESBADEN, BAUMHOLDER & GEILENKIRCHEN

www.class-world.eu

SPOOKY SALES AT TKS

OCT. 22 - NOV. 7, 2010

SIGN UP FOR SERVICE
AND RECEIVE A COUPON
FOR A TKS PURCHASE.



SURF'N'TALK SIGN-UP BONUS

€ 5.00 discount



SURF'N'TALK VISION SIGN-UP BONUS

€ 10.00 discount



SURF'N'TALK VISION + MOBILE CONTRACT SIGN-UP BONUS

€ 15.00 discount

DISCOUNT VALID ON YOUR CHOICE OF HARDWARE OR ACCESSORIES

TKS | A KABEL DEUTSCHLAND
COMPANY

AAPEX Concessionaire

min. purchase must be of higher or equal value, offer valid till
Nov 30, 2010; cannot be used on invoices; non-transferable, non-cashable